

## **200 Juices Smoothies Hamlyn All Colour Cookbook Hamlyn All Colour Cookery**

*Gluten-free is the way to be for many of those who suffer from coeliac disease, gluten allergies and even those who simply want to cut wheat from their diet. With over 200 delicious recipes, Hamlyn All Colour: 200 Gluten-Free Recipes showcases how easy life can be when eating gluten-free, and beautiful photographs and clear instructions make this book perfect for every cook at all ability levels. With recipes such as breakfast cereal bars, Thai coconut chicken, Victoria sandwich cake, chocolate caramel shortbread and lemon drizzle cake, this book enables home cooks to create healthy meals at home without sacrificing flavour.*

*130 superfood smoothies--made super easy. Blend health into every day with a smoothie recipe book featuring a whopping 130 recipes that feel like you're drinking liquid goodness. The chapters are organized by each of the 15 included superfoods--like berries, avocados, yogurt, and cinnamon--and every smoothie is labeled according to the health benefits it offers, from weight loss to boosting energy and reducing inflammation. Discover how many basic and affordable ingredients at your local grocery store are actually superfoods and learn the powerful differences each one can make in your smoothies--and in your health. A smoothie recipe book that's truly super: Make smoothies fun again--Whether you're a smoothie newbie or stuck in a smoothie rut, this smoothie recipe book will help you make yours a high-flavor success. Blissful blending--The ingredients are affordable and easy to find, and the recipes are quick to make. Troubleshooting tips--Get a list of common problems with smoothies (too thick, too sour, too grainy) and what you can do to fix them. Raise the goodness factor with a smoothie recipe book that offers unprecedented options for supercharged smoothies.*

*Italians are famous for their fabulous food and their passion for cooking - ingredients must be fresh and seasonal, cooking techniques must merely enhance the delicious natural flavour of food. Italian cuisine has also become hugely popular in the UK, with an Italian restaurant appearing on nearly every high street. From antipasti to indulgent desserts, this book provides you with 200 delicious ideas for re-creating that authentic Italian flavour in your own home. Each dish is accompanied by easy-to-follow instructions and a full page colour photograph to ensure perfect results every time. As parents, we all know that children can be notoriously difficult to cook for. Many of us fall into the habit of cooking the same dishes over and over again, simply because we cannot bear the idea of scraping wasted food into the bin at the end of a meal. However, a child's formative years are when they learn to accept and like new foods, and it is therefore of great importance to encourage them with new tastes and different textures as often as you can. Hamlyn All Colour Cookbook: 200 Recipes for Kids has been put together with this in mind, but also with the knowledge that children are generally fussy creatures and like their food to be simple and to look good. Each recipe has been photographed to show*

*you exactly what you will be cooking (and what they will be eating), and has of course been tested for child-appeal. To prevent your children getting bored by the same meals, we have also added a creative variation at the end of each recipe.*

**57 1/2 Recipes from Our Kitchen to Yours**

**60 Healthy Drinks Smoothies Recipes for Weight Loss Diet**

**Easy Mix-and-match Smoothie Recipes for a Healthier You**

**Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More!**

**Juice Collection**

**The Ultimate Milkshake Recipe Book**

The blender now has a permanent spot on kitchen counters in no small part due to the rise of smoothies as a snack fave. Strawberry is the most popular smoothie flavor, while chocolate is the milkshake fave. Although most smoothies share banana as a common ingredient, for milkshakes, it's, well, milk! (Though that milk might be in the form of ice cream.) Whether you're having your smoothie as part of breakfast or as a snack, and whether your shake is a treat or a dessert, grab a straw and enjoy.

Got a sweet tooth? No problem! This book offers many delightful milkshake recipes that will definitely satisfy your sweet cravings. All you need is good blender and just a few common ingredients and you are ready to create your own fabulous milkshakes at home. It has a great selection of flavors from chocolate to coffee to fruit flavored milkshakes. This awesome book covers everything you need and the recipes here are very easy to follow that even your kids will enjoy making them. A must have recipe book! Go ahead and grab a copy NOW!

"Drinking daily juices and smoothies is a great way to get all the vitamins and nutrients you need to maintain a balanced diet, as well as being an easy and delicious way to keep hunger at bay. Hamlyn All Colour Cookbook: 200 Juices & Smoothies gives you a huge choice of quick, simple recipes that use all your favourite fruits and vegetables to ensure that your diet will never get dull!"--Publisher's description.

Hamlyn All Colour 200 Ten-Minute Meals offers a fantastic range of tasty, nutritious and filling meals that will have you binning your takeaway menu for good. With vegetarian recipes as well as Meat, Poultry and Fish based meals, the recipes will suit all tastes and guarantee a great meal in minutes. Choose from a delicious selection, including Spicy Cajun popcorn chicken, Creamy leek and butterbean gratin and Chocolate mint mascarpone tart. Whether it's supper for one or an impromptu dinner with friends, 200 Ten-Minute Meals has a huge variety of traditional favourites, exotic treats and brand-new recipes to build up your repertoire for busy week nights.

**200 Gluten-Free Recipes**

**Yummy, Fun, and Nutritious!**

**Over 200 Delicious Recipes**

**200 Student Meals**

## **Over 200 Drinks for Health & Vitality**

### **Hamlyn All Colour Cookbook**

Soup is the ultimate comfort food: warm, filling and satisfying. It is also extremely good for you - most soups are low in fat and packed with nutrients, especially if they are homemade. 200 Super Soups provides you with recipes for everything from classic favourites, such as Potato and parsley soup, to exotic new ideas. The book also contains a section on chilled soups, perfect for when the weather begins to get warmer. Each recipe is accompanied by easy-to-follow instructions and a full page color photograph to ensure perfect results every time.

It's a multicooker--it's an air fryer--it even has a built-in crisping element! Welcome to your newest all-in-one cooking appliance obsession, the Ninja Foodi. This officially licensed book is the ultimate guide to cooking with the Foodi--with 125 recipes from Food Network celebrity chef Justin Warner who helped test and design the appliance along with full color photos. Finally, a one-step countertop cooking appliance that truly does it all. The 125 recipes in the Foodi cookbook offer air-frying, pressure-cooking, and slow-cook recipes from breakfast through dinner. Approachable and friendly, you'll find guidance for making air-fried French toast sticks as well as perfect Japanese-style omelets; golden-brown and crisp-topped macaroni and cheese; miso-glazed cod; Singapore-style mei fun; crispy-fried chicken wings; taquitos; and even crème brûlée! Eclectic, worldly, and easy enough for every day, The Ultimate Ninja Foodi Cookbook offers something for everyone.

JJ Smith, author of the #1 New York Times bestseller 10-Day Green Smoothie Cleanse, provides an all-new and accessible detox system that rids the body of unwanted fat and bacteria for renewed energy and lasting weight loss. In the tradition of certified weight loss expert and nutritionist JJ Smith's 10-Day Green Smoothie Cleanse, Think Yourself Thin, and Green Smoothies for Life, comes the 7-Day Apple Cider Vinegar Cleanse. This revolutionary cleanse includes meals and drinks that help support the body's natural detoxification process and promote a healthy environment for good bacteria in the body. All of the new and delicious 25 recipes for breakfast, lunch, dinner, and snacks will effectively help rid of your body of toxins and unwanted fat in just 7 days, jumpstarting your journey to permanent weight loss.

Reached the Amazon Top 100 list. Rated 5 Stars by Grady Harp: Amazon Hall of Fame, Top 100 Reviewer; "Stop thinking and start whizzing." Movie Maker "Rik," Amazon Vine Voice "Just terrific, and well priced! Tons of feel great recipes, but TWO of them are particularly outstanding! Read on!"

200 Thai Favourites

## Hamlyn All Color Cookbook Juices and Smoothies

Hamlyn All Colour Cookery: 200 Recipes for Kids

Simple Superfood Smoothies: A Smoothie Recipe Book to Supercharge Your Health

Everyone likes to eat healthily and eat well, but sometimes it's difficult to combine the two without your diet becoming repetitive. However, help is at hand in the form of Hamlyn All Colour Cookbook: 200 Low Fat Recipes, a cookbook crammed with low-fat recipes. Choose from 200 simple, healthy, tasty meals including Thai-style Haddock Parcels with Coconut Rice, Chargrilled Lamb with Hummus & Tortillas, Monkfish Brochettes with Cannellini Beans & Pesto and Spicy Goan Aubergine Curry. And once you've enjoyed your main course, treat yourself to a wide selection of low-fat desserts such as the Mango & Passion Fruit Trifle or Chocolate & Nectarine Soufflé Cake. Every recipe is accompanied by a full-page colour photograph and clever variations and ideas so that you have over 200 meals to choose from, meaning you and your family can stay healthy and happy without going hungry! Drinking daily juices and smoothies is a great way to get all the vitamins and nutrients you need to maintain a balanced diet, as well as being an easy and delicious way to keep hunger at bay. "Hamlyn All Colour Cookbook: 200 Juices & Smoothies" gives you Cupcakes are a delectably indulgent treat - and so quick and easy to make! From colourful cakes to keep the kids entertained to sophisticated recipes for special occasions - Hamlyn All Colour Cookbook: 200 Cupcakes has something for everyone. Why not treat yourself to some gorgeous mocha cupcakes or delight a friend on their birthday with some maple, pecan and white chocolate muffins? Each recipe is accompanied by easy-to-follow instructions and a full page colour photograph to ensure perfect results every time. Check out some of the other titles in the series: 200 5:2 Diet Recipes (ISBN 978-0-600-63347-1) 200 Cakes & Bakes (ISBN 978-0-600-63329-7) 200 Family Slow Cooker Recipes (ISBN 978-0-600-63057-9) 200 Halogen Oven Recipes (ISBN 978-0-600-63344-0) 200 One Pot Meals (ISBN 978-0-600-63339-6) 200 Pasta Dishes (ISBN 978-0-600-63334-1) 200 Super Soups (ISBN 978-0-600-63343-3) 200 Veggie Feasts (ISBN 978-0-600-63337-2) 200 Barbecue Recipes (ISBN 978-0-600-63332-7) 200 Gluten-Free Recipes (ISBN 978-0-600-63342-6) 200 Juices & Smoothies (ISBN 978-0-600-63330-3) 200 Slow Cooker Recipes (ISBN 978-0-600-63349-5) 200 Student Meals (ISBN 978-0-600-63340-2) 200 Super Salads (ISBN 978-0-600-63348-8) 200 Thai Favourites (ISBN 978-0-600-63346-4)

Hamlyn All Colour Cookbook: 200 Super Salads provides 200 varied salads for every occasion including healthy summer salads, exotic fruit salads and warm salads for winter. Beautiful photographs and clear instructions make this book perfect for every cook. Presented in a handy format with easy-to-follow recipes, 200 Super Salads is great value for money. Check out some of the other titles in the series: 200 5:2 Diet Recipes (ISBN 978-0-600-63347-1) 200 Cakes & Bakes (ISBN 978-0-600-63329-7) 200 Family Slow Cooker Recipes (ISBN 978-0-600-63057-9) 200 Halogen Oven Recipes (ISBN 978-0-600-63344-0) 200 One Pot Meals (ISBN 978-0-600-63339-6) 200 Pasta Dishes (ISBN 978-0-600-63334-1) 200 Super Soups (ISBN 978-0-600-63343-3) 200 Veggie

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Healthy Quick & Easy Smoothies

Hamlyn All Colour Cookery

Top 100 Amazing Recipes Milkshakes and Smoothie

The Ultimate Ninja Foodi Pressure Cooker Cookbook

The Best Smoothies for Weight Loss Book

Healthy Smoothie Recipe Book

This funky carton contains a huge collection of over 200 quick and tasty juices and smoothies, all of which provide essential nutrients needed to help maintain your health and vitality. From energy-boosting juices such as Celery, Tomato and Red Peppers, to the more exotic, vitamin-packed Mango, Orange, Cranberry and Honey, there's something here for everyone. Bursting with delicious recipes and arranged into three recipe-specific books so that you can select the right Fruity, Veggie or Smoothie recipes whenever you want them, the Juice Collection is a cute but crucial addition to any kitchen.

Drinking daily juices and smoothies is a great way to get all the vitamins and nutrients you need to maintain a balanced diet, as well as being an easy and delicious way to keep hunger at bay. Hamlyn All Color Cookbook: 200 Juices & Smoothies gives you a huge choice of quick, simple recipes that use all your favorite fruits and vegetables to ensure that your diet will never get dull! Every mouthwatering recipe is accompanied by fantastic color photography, and it's all bound in a handy format, making this great-value book ideal for all!

Whether you want to boost your energy levels, detoxify your system or simply quench your thirst, Juices and Smoothies shows you the tasty and easy way to drink 5-a-day. With no loss of all the essential nutrients found in fresh fruit and vegetables, these quick and easy-to-make recipes will refresh and revitalise you, helping you stay healthy and happy throughout the day. As well as over 200 fantastic recipes, this book also contains useful information on how to select the best ingredients, advice on buying the right type of juicer, and a complete index of ingredients so that you can find the right juices and smoothies for you.

Hamlyn All Colour Cookery: 200 Juices & Smoothies Hamlyn All Color Cookbook Hamlyn

Over 200 Drinks for Health and Vitality

Lose Up to 15 Pounds in 7 Days and Turn Your Body into a Fat-Burning Machine

Hamlyn All Colour Cookery: 200 Ten-Minute Meals

100 No-Fuss Recipes Under 300 Calories You Can Make with 5 Ingredients

Fresh, Wholesome, No-Sugar-Added Drinks Your Child Will Love

Hamlyn All Colour Cookery: 200 Fast Chicken Dishes

**Everyone enjoys a fancy tippie from time to time, whether partying among friends or taking a moment alone to relax, but sometimes you need more than just a rum & coke. This book provides you with 200 recipes to create the perfect drink for any occasion, from a minty Mojito or classic Margarita to a sophisticated Champagne Cocktail or exotic Russian Spring Punch. With full-page colour photographs and easy-to-follow recipes, Hamlyn All Colour Cookbook: 200 Cocktails is the essential guide to impressing your guests and making your drinks toast of the town.**

**Rid your body of toxins and lose weight in the process with this latest addition to the Hamlyn All Colour series. 200 Juice Diet Recipes provides a selection of juice recipes to help you slim down or simply cleanse your system.**

**Is losing weight something that is on your agenda? Do you want to do it but enjoy great tasting treats at the same time? This book has everything you need! For anyone who has ever tried to lose weight, the hardest thing to sacrifice is the taste of something nice and indulgent. This is where many diets end their days, with something you know you shouldn't eat but can't help yourself. The good news for dieters is that there are certain treats that are actually good for you and taste great, meaning you can stay on track with your weight loss program. Inside the pages of The Best Smoothies for Weight Loss Book, you'll find a range of great tasting smoothies that are good for you and will actually help you lose weight, including such delights as: Orange antioxidant refresher Fresh purple fig smoothie Tomato, grape and lime Banana, almond and dark chocolate Fat-burning green smoothie Chia seed smoothie And many more... Smoothies are an excellent way to give your body what it needs when it comes to fibre, vitamins and nutrients, and they are the perfect tool for fighting all sorts of diseases and medical conditions. Packed with 60 recipes, all with full-colour photos and detailed instructions and ingredients, The Best Smoothies for Weight Loss Book is all you will need to make sure you get the nutrition your body craves, all in one delicious hit. Scroll up now and click Add to Cart for your copy of this amazing book!**

**Barbecuing is one of the most easy, enjoyable and healthy ways to cook food, but most amateur chefs simply stick to grilling sausages and flipping burgers. Hamlyn All Colour Cookbook: 200 BBQ Recipes is packed with hundreds of inspirational recipes and variations that will guarantee you never have a boring barbie again. The book includes delicious ideas for main courses, accompaniments and desserts as well as vegetarian options and healthy salad choices, home-made marinades and appetizers that are great served at dinner parties. With stunning colour photography for each recipe and presented in a handy format, 200 BBQ Recipes**

is fantastic value for money. Check out some of the other titles in the series: 200 5:2 Diet Recipes (ISBN 978-0-600-63347-1) 200 Cakes & Bakes (ISBN 978-0-600-63329-7) 200 Family Slow Cooker Recipes (ISBN 978-0-600-63057-9) 200 Halogen Oven Recipes (ISBN 978-0-600-63344-0) 200 One Pot Meals (ISBN 978-0-600-63339-6) 200 Pasta Dishes (ISBN 978-0-600-63334-1) 200 Super Soups (ISBN 978-0-600-63343-3) 200 Veggie Feasts (ISBN 978-0-600-63337-2) 200 Cupcakes (ISBN 978-0-600-63335-8) 200 Gluten-Free Recipes (ISBN 978-0-600-63342-6) 200 Juices & Smoothies (ISBN 978-0-600-63330-3) 200 Slow Cooker Recipes (ISBN 978-0-600-63349-5) 200 Student Meals (ISBN 978-0-600-63340-2) 200 Super Salads (ISBN 978-0-600-63348-8) 200 Thai Favourites (ISBN 978-0-600-63346-4)

125 Recipes to Air Fry, Pressure Cook, Slow Cook, Dehydrate, and Broil for the Multicooker That Crisps  
200 Barbecue Recipes

200 Juice Diet Recipes

Over 100 Healthy Green Smoothie Recipes to Look and Feel Amazing

The Ultimate Party Drink Book

7-Day Apple Cider Vinegar Cleanse

*Provides over two hundred healthy drink alternatives for kids, including such beverages as blackberry banana blast, pineapple tangerine twister, and green veggie goodness. Now in a handy-sized new format sure to appeal to a young adult crowd, this popular healthy drink book (more than 250,000 copies sold) will help boost your vigor and vitality. More than 200 scrumptious yet simple-to-prepare recipes make it easy to get the recommended daily portions of fruits and vegetables, with their important enzymes, vitamins, and minerals. Need a jolt of energy? Try a "rocket fuel" smoothie made with mango and pineapple juice or a cheerful "raspberry ripple." Get bonus protein with a banana and peanut butter smoothie, or revitalize after an evening out with the "all nighter." Tempting photographs showcase each colorful, tantalizing taste treat, and tips on choosing and preparing ingredients and equipment are included.*

*Good food is essential for good health - even when you're a student living in uni accommodation. The Hamlyn All Colour Student Meals cookbook is the ultimate reference for healthy and delicious recipes that are easy enough for a first time cook to follow - and tasty enough that a cheap takeaway will become a thing of the past. It contains over 200 mouth-watering dishes and includes everything from traditional favourites like Shepherd's Pie to more exotic fare that is sure to impress your friends, plus entire sections on*

sweet treats and drinks. With clear step-by-step instructions, plus preparation and cooking times, making great food as a student has never been easier. Check out some of the other titles in the series: 200 5:2 Diet Recipes (ISBN 978-0-600-63347-1) 200 Cakes & Bakes (ISBN 978-0-600-63329-7) 200 Family Slow Cooker Recipes (ISBN 978-0-600-63057-9) 200 Halogen Oven Recipes (ISBN 978-0-600-63344-0) 200 One Pot Meals (ISBN 978-0-600-63339-6) 200 Pasta Dishes (ISBN 978-0-600-63334-1) 200 Super Soups (ISBN 978-0-600-63343-3) 200 Veggie Feasts (ISBN 978-0-600-63337-2) 200 Barbecue Recipes (ISBN 978-0-600-63332-7) 200 Cupcakes (ISBN 978-0-600-63335-8) 200 Gluten-Free Recipes (ISBN 978-0-600-63342-6) 200 Juices & Smoothies (ISBN 978-0-600-63330-3) 200 Slow Cooker Recipes (ISBN 978-0-600-63349-5) 200 Super Salads (ISBN 978-0-600-63348-8) 200 Thai Favourites (ISBN 978-0-600-63346-4)

Satisfy your anytime cravings with a smoothie! On a summer day, after an intense workout, or on a lazy afternoon, nothing refreshes better than a cold smoothie. Unfortunately, it can often take a lot of time and effort to make and enjoy them. But not the smoothie recipes in *Healthy, Quick & Easy Smoothies*. You won't need more than 10 minutes and no more than 5 ingredients to make any smoothie in this book—and they're all under 300 calories! *Healthy, Quick & Easy Smoothies* includes these features: 100 mouthwatering recipes for tropical fruit, berry, combination, and green smoothies Complete nutritional data to help with your weight loss goals Expert information from Dana Angelo White, nutritionist for the Food Network, on why smoothies are better than juices and how to best make smoothies Every recipe contains complete nutritional data to help you plan your meals and meet your daily dietary needs. Many recipes also offer modifications you can make—but the healthy, quick, and easy promises never change. And because you have so many delicious smoothies to choose from, your blender is sure to occupy a permanent place on your countertop!

*200 Slow Cooker Recipes*  
*Smoothies for Life!*  
*Nutribullet Recipe Book*  
*Smoothies & Juices*

## ***201 Healthy Smoothies and Juices for Kids***

### ***Innocent Smoothie Recipe Book***

Blend Your Way to Better Health! Join the millions of health-conscious individuals who have already discovered the tasty, nutritional, revitalizing goodness of smoothies. In *Smoothies for Life*, Daniella Chace and Maureen Keane (coauthor of the million-copy bestseller *Juicing for Life*) show you how to make high-energy, delicious smoothies right in your own home! All you need is a blender (or food processor), a few, simple ingredients, and you're ready to embark on a new taste and nutrition adventure. Learn how you can:

- Beat fatigue with Mocha Magic
- Build athletic endurance with Tropical Elixir
- Lose weight with Peachy Almond Freeze
- Boost immunity with Rasanana Berry
- Reduce stress with Ginseng Soother
- Improve your memory with Pink Hurricane
- Detoxify your body with Watermelon Cooler

And much more! These tantalizing smoothies contain creative combinations of antioxidant-rich fruits, healing tinctures, flavorful extracts, and natural sweeteners — and they are always delicious. Once you start, you'll be drinking these smoothies for life! Includes information for adding revitalizing herbs such as ginkgo, echinacea, goldenseal, and kava!

Over 100 green smoothie recipes packed with vitamins, minerals, superfoods, and antioxidants Green smoothie recipes for weight loss, energy, detoxing, improving digestion, beauty, and more Step-by-step instructions for purchasing a blender, preparing produce and blending your own green smoothie ingredients A guide to shopping for produce, and when to buy organic Smoothies for all seasons and occasions, including Berry Basket Breakfast Smoothie, Banana-Walnut Wonder, Cucumber-Melon Cooler, and kid-friendly recipes like Chocolate-Covered Cherry This is the second beautiful book of smoothie and juice recipes from the innovative team behind Innocent, the UK's largest growing food and drink company.

Would you like to cut down on convenience food? Want to eat home-cooked meals but just don't have the time or energy to prepare them after a busy day? Then a slow cooker could be the solution for you. Requiring only minimal preparation, a slow cooker will cook your ingredients throughout the day or overnight, producing a delicious meal that will be ready to eat as soon as you are. *Hamlyn All Colour: 200 Slow Cooker Recipes* provides over 200 recipes for you to enjoy, with delicious ideas for breakfasts and light bites, meat dishes, vegetarian meals, fish and seafood dishes and desserts. Check out some of the other titles in the series: *200 5:2 Diet Recipes* (ISBN 978-0-600-63347-1) *200 Cakes & Bakes* (ISBN 978-0-600-63329-7) *200 Family Slow Cooker Recipes* (ISBN 978-0-600-63057-9) *200 Halogen Oven Recipes* (ISBN 978-0-600-63344-0) *200 One Pot Meals* (ISBN 978-0-600-63339-6) *200 Pasta Dishes* (ISBN 978-0-600-63334-1) *200 Super Soups* (ISBN 978-0-600-63343-3) *200 Veggie Feasts* (ISBN 978-0-600-63337-2)

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200 Juices & Smoothies  
200 Italian Favourites  
200 Super Salads  
200 Low Fat Dishes  
200 Cupcakes  
200 Super Soups

*Thai food is globally renowned for its distinctive flavours and delicious mix of spicy and sour tastes. No matter what your level of ability, experiencing this wonderful cuisine need not be limited to restaurant visits - Hamlyn All Colour Cookbook: 200 Thai Favourites will allow you to re-create that authentic Thai flavour in your own home. From firm favourites such as red curry with roasted duck to the more exotic such as red snapper with three-flavour sauce, this book has a dish to suit everybody. Each recipe is accompanied by easy-to-follow instructions and a full page colour photograph to ensure perfect results. Check out some of the other titles in the series: 200 5:2 Diet Recipes (ISBN 978-0-600-63347-1) 200 Cakes & Bakes (ISBN 978-0-600-63329-7) 200 Family Slow Cooker Recipes (ISBN 978-0-600-63057-9) 200 Halogen Oven Recipes (ISBN 978-0-600-63344-0) 200 One Pot Meals (ISBN 978-0-600-63339-6) 200 Pasta Dishes (ISBN 978-0-600-63334-1) 200 Super Soups (ISBN 978-0-600-63343-3) 200 Veggie Feasts (ISBN 978-0-600-63337-2) 200 Barbecue Recipes (ISBN 978-0-600-63332-7) 200 Cupcakes (ISBN 978-0-600-63335-8) 200 Gluten-Free Recipes (ISBN 978-0-600-63342-6) 200 Juices & Smoothies (ISBN 978-0-600-63330-3) 200 Slow Cooker Recipes (ISBN 978-0-600-63349-5) 200 Student Meals (ISBN 978-0-600-63340-2) 200 Super Salads (ISBN 978-0-600-63348-8)*  
*This funky carton contains 3 books packed with delicious juices and smoothies, all in an innovative package. Containing a huge collection of over 200 quick and tasty juices and smoothies, each recipe's ingredients provide essential nutrients needed to help maintain your health and vitality. From energy-boosting juices such as Celery, Tomato and red Peppers, to the more exotic, vitamin-packed Mango, Orange, Cranberry and Honey, there's something here for everyone. Bursting with delicious recipes and arranged into three recipe-specific books so that you can select the right Fruity, Veggie or Smoothie recipes whenever you want them, the Juice Collection is a cute but crucial addition to any kitchen.*

*Drinking daily juices and smoothies is a great way to get all the vitamins and nutrients you need to maintain a balanced diet, as well as being an easy and delicious way to keep hunger at bay. Hamlyn All Colour Cookbook: 200 Juices & Smoothies gives you a huge choice of quick, simple recipes that use all your favourite fruits and vegetables to ensure that your diet will never get dull! Every mouthwatering recipe is accompanied by fantastic colour photography, and it's all bound in a handy format, making this great-value*

*book ideal for all!*

*Bruce Weinstein is a guy who knows how to party. And his key to partying is choosing the right drink. Spiked or zero proof, Bruce has shaken, stirred, blended, or ladled concoction for every occasion and everyone on your guest list. The cocktail traditionalist will savor Bruce's world-class Bloody Mary, while those on the cutting edge will sip one of his twelve exotic and tasty variations of this favorite libation. His classic martini comes with no fewer than fifteen spin-offs. Got a crowd coming over? No problem. Just pull out the punch bowl and fill it with Groovy Banana Wine Punch or teetotaling Pink Plum Lemonade. On a hot summer day, serve a blended tropical Papaya Smoothie or Orange Jewellious. Or blast away winter's chill with a warming coffee, tea, or fruit juice toddy. From an intimate dinner for two to a block-party bash, raise your glass and celebrate with Bruce Weinstein's *The Ultimate Party Drink Book*.*

*Over 750 Recipes for Cocktails, Smoothies, Blender Drinks, Non-Alcoholic Drinks, and More*

*200 Cocktails*

*Hamlyn All Colour Cookery: 200 Juices & Smoothies*

*The Green Smoothie Recipe Book*

In Juices and Smoothies you'll find a huge selection of over 200 quick and tasty juice and smoothie recipes, all containing essential nutrients to help maintain your health and vitality. From energy-boosting juices such as Celery, Tomato and Red Peppers to the more exotic, vitamin-packed Mango, Orange, Cranberry and Honey, there's something here for everyone. With tips on juicing and nutritional information for each recipe, this book shows you how to get the most from your juicer.

Make the most of your time with this new collection of fast recipes from the ever-popular Hamlyn All Colour series. Chicken is a versatile and inexpensive ingredient that is both nutritious and easy to prepare, making it an ideal solution for a quick-fix dinner. With a collection of recipes that take up to 30 minutes to cook, Hamlyn All Colour Cookbook: 200 Fast Chicken Dishes offers a variety of fresh ideas for a swift meal.

Healthy Smoothie Recipe Book: Easy Mix-and-Match Smoothie Recipes for a Healthier You From registered dietician Jennifer Koslo, Author of The 21-Day Healthy Smoothie Plan Enjoy nearly endless options for imaginative and healthy smoothies with more than 100 nutritious, easy-to-make recipes. The Healthy Smoothie Recipe Book is packed with tasty mix-and-match ideas for crafting creative smoothies--from brain-boosting breakfasts to supercharged afternoon snacks. Whatever you crave, The Healthy Smoothie Recipe Book is your go-to guide for creating customizable smoothies that are perfect for you. Cutting calories? Choose low-fat ingredients for lighter versions. Spicing things up? Handy spice charts give your smoothies an extra kick. Stumped for ideas? Mix-and-match charts help you customize smoothies to your tastes. Smoothie troubleshooting tips: Too thick? Too bland? Too watery? There's a smoothie solution for that. Handy dietary labels: Colorful icons match smoothies to health goals, from weight loss, immune boosting, and more. Jennifer Koslo, PhD, RD, CSSD, is a registered dietitian, a board certified specialist in sports dietetics, and a nationally recognized nutrition expert who has impacted hundreds of people's lives through her nutrition consulting work and her writing.