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The Iliad is an ancient Greek epic poem in dactylic hexameter, traditionally attributed to Homer. Set during the Trojan War, the ten-year siege of the city of Troy (Ilium) by a coalition of Greek states, it tells of the battles and events during the weeks of a quarrel between King Agamemnon

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and the warrior Achilles.

From the author of Man's Search for Meaning, one of the most influential works of psychiatric literature since Freud. Holocaust survivor Viktor E. Frankl is known as the founder of logotherapy, a mode of psychotherapy based on man's motivation to search for meaning in his life. The author discusses his ideas in the context of other prominent psychotherapies and describes the techniques he uses with his patients to combat the "existential vacuum." Originally published in 1969 and compiling Frankl's speeches on logotherapy, The Will to Meaning is regarded as a seminal work of meaning-centered therapy. This new and carefully re-edited version is the first since 1988.

Brimming with more than 20 exciting, educational activities and projects that

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focus on techy and electronics topics, this is the perfect inspirational guide for young experimenters. Build your own bristlebot, power a propeller motorboat, make a matchbox microphone, and construct a crane by following step-by-step instructions and using affordable equipment. Maker Lab STEM will engage budding scientists as they experiment, invent, trial and test technology, electronics, and mechanics at home. Simple steps with clear photographs take readers through the stages of each low-cost project, with fact-filled panels to explain the science behind each one and to fascinate them with real-world examples. With an increasing focus across school curricula on encouraging children to enjoy and explore STEM subjects (science, technology, engineering, and maths),

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Maker Lab STEM is the perfect companion for any inquisitive child with an interest in technology and how it works.

John Dewey's Democracy and Education addresses the challenge of providing quality public education in a democratic society. In this classic work Dewey calls for the complete renewal of public education, arguing for the fusion of vocational and contemplative studies in education and for the necessity of universal education for the advancement of self and society. First published in 1916, Democracy and Education is regarded as the seminal work on public education by one of the most important scholars of the century.

The Literature of Possibility
Thinking, Being, Acting Seeing -
Profound Insights and Powerful

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Thinking from Fifty Key Books

Your shortcut to the most important ideas on the mind, personality, and human nature

Never Too Late to be Great

The Breakdown

A Novel

The Little Book of Psychology

One of the world's great mathematicians shows why math is the ultimate timesaver—and how everyone can make their lives easier with a few simple shortcuts. We are often told that hard work is the key to success. But success isn't about hard work — it's about shortcuts. Shortcuts allow us to solve one problem quickly so that we can tackle an even bigger one. They make us capable of doing great things. And according to Marcus du Sautoy, math is the very art of the shortcut. Thinking Better is a celebration of how math lets us do more

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with less. Du Sautoy explores how diagramming revolutionized therapy, why calculus is the greatest shortcut ever invented, whether you must really practice for ten thousand hours to become a concert violinist, and why shortcuts give us an advantage over even the most powerful AI. Throughout, we meet artists, scientists, and entrepreneurs who use mathematical shortcuts to change the world. Delightful, illuminating, and above all practical, *Thinking Better* is for anyone who has wondered why you should waste time climbing the mountain when you could go around it much faster.

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More activities. The examples in My Psychology also helps students to understand how core concepts are personally meaningful through thoughtful applications and fresh everyday examples. As part of the book's emphasis on the APA guidelines for undergraduate courses, coverage of culture and diversity is infused throughout the book and highlighted with Diversity Matters flags in every chapter. In addition, a full chapter on Diversity in Psychology explores key topics in depth. In its Second Edition, My Psychology is proven to

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from every triumph and tribulation, and over the years have developed an effective and easy-to-understand guide to help entrepreneurs through the startup journey from inception to sale. Complete with personal anecdotes and real-life advice from the business playing field, *Shortcut Your Startup* outlines Courtney and Carter's ten key "Startup Switchups" that flip traditional advice on its head:

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Percent Better · Gain Buy-in
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work, and how we create a sense of self. 50 Psychology Classics explores writings from some iconic figures such as Freud, Adler, Jung, Skinner, James, Piaget and Pavlov, but also highlights the work of contemporary thinkers such as Gardner, Gilbert, Goleman and Seligman. 50 Psychology Classics will further your understanding of human nature and yourself.

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Kahlil Gibran's *The Prophet* to Eckhart Tolle's *The Power of Now*. The first and only bite-sized guide to the very best in spiritual writing, this one-of-a-kind collection includes personal memoirs and compelling biographies of such diverse figures as Gandhi, Malcolm X and Black Elk; Eastern philosophers and gurus including Krishnamurti, Yogananda, Chogyam Trungpa and Shunryu Suzuki; and Western saints and mystics such as St. Frances of Assisi, Hermann Hesse and Simone Weil. The last fifteen years have been a golden age in the genre of personal

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begin their own adventure.

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Loose-Leaf Version of My Psychology

50 Inspirational Books to Transform Your Life from Timeless Sages to Contemporary Gurus

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Scam Me If You Can

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Behavioral finance presented in this book is the second-generation of behavioral finance. The first generation, starting in the early 1980s, largely accepted standard

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finance's notion of people's wants as "rational" wants—restricted to the utilitarian benefits of high returns and low risk. That first generation commonly described people as "irrational"—succumbing to cognitive and emotional errors and misled on their way to their rational wants. The second generation describes people as normal. It begins by acknowledging the full range of people's normal wants and their benefits—utilitarian, expressive, and emotional—distinguishes normal wants from errors, and offers guidance on using shortcuts and avoiding errors on the way to satisfying normal wants. People's

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normal wants include financial security, nurturing children and families, gaining high social status, and staying true to values. People's normal wants, even more than their cognitive and emotional shortcuts and errors, underlie answers to important questions of finance, including saving and spending, portfolio construction, asset pricing, and market efficiency. A fresh look at the history of psychology placed in its social, political, and cultural contexts A History of Modern Psychology in Context presents the history of modern psychology in the richness of its many contexts. The authors resist the traditional storylines of

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great achievements by eminent people, or schools of thought that rise and fall in the wake of scientific progress. Instead, psychology is portrayed as a network of scientific and professional practices embedded in specific temporal, social, political, and cultural contexts. The narrative is informed by three key concepts—indigenization, reflexivity, and social constructionism—and by the fascinating interplay between disciplinary Psychology and everyday psychology. The authors complicate the notion of who is at the center and who is at the periphery of the history of

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psychology by bringing in actors and events that are often overlooked in traditional accounts. They also highlight how the reflexive nature of Psychology—a science produced both by and about humans—accords history a prominent place in understanding the discipline and the theories it generates. Throughout the text, the authors show how Psychology and psychologists are embedded in cultures that indelibly shape how the discipline is defined and practiced, the kind of knowledge it creates, and how this knowledge is received. The text also moves beyond an exclusive focus on the development of North American

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and European psychologies to explore the development of psychologies in other indigenous contexts, especially from the mid-20th-century onward.

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The bestselling Games People Play is the book that has helped millions of people understand the dynamics of relationships, by psychiatrist Eric Berne. We all play games. In every encounter with other people

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we are doing so. The nature of these games depends both on the situation and on who we meet. Eric Berne's classic *Games People Play* is the most accessible and insightful book ever written about the games we play: those patterns of behaviour that reveal hidden feelings and emotions. Wise and witty, it shows the underlying motivations behind our relationships and explores the roles that we try to play - and are forced to play. *Games People Play* gives you the keys to unlock the psychology of others - and yourself. You'll become more honest, more effective, and a true team player. A brilliant, amusing, and clear

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catalogue of the psychological theatricals that human beings play over and over again' Kurt VonnegutEric Berne was a prominent psychiatrist and bestselling author. After inventing his groundbreaking Transactional Analysis, he continued to develop and apply this new methodology leading him to publish Games People Play. This became a runaway success and Berne leaves a remarkable legacy of over 30 other books and articles, as well as the founding of the International Transactional Analysis Association. Dr Berne's other works include Principles of Group Treatment, A Layman's Guide to

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Psychiatry and Psychoanalysis',
and What Do You Say After You Say Hello? He died in 1970.

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uncommitted—to read

[Wapshott's] work and not

learn something new."—John

Cassidy, The New Yorker As

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the stock market crash of 1929 plunged the world into turmoil, two men emerged with competing claims on how to restore balance to economies gone awry. John Maynard Keynes, the mercurial Cambridge economist, believed that government had a duty to spend when others would not. He met his opposite in a little-known Austrian economics professor, Freidrich Hayek, who considered attempts to intervene both pointless and potentially dangerous. The battle lines thus drawn, Keynesian economics

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would dominate for decades and coincide with an era of unprecedented prosperity, but conservative economists and political leaders would eventually embrace and execute Hayek's contrary vision. From their first face-to-face encounter to the heated arguments between their ardent disciples, Nicholas Wapshott here unearths the contemporary relevance of Keynes and Hayek, as present-day arguments over the virtues of the free market and government intervention rage with the

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same ferocity as they did in the 1930s.

The updated edition of the bestselling book that has changed millions of lives with its insights into the growth mindset “Through clever research studies and engaging writing, Dweck illuminates how our beliefs about our capabilities exert tremendous influence on how we learn and which paths we take in life.”—Bill Gates, GatesNotes After decades of research, world-renowned Stanford University psychologist

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Carol S. Dweck, Ph.D., discovered a simple but groundbreaking idea: the power of mindset. In this brilliant book, she shows how success in school, work, sports, the arts, and almost every area of human endeavor can be dramatically influenced by how we think about our talents and abilities.

People with a fixed mindset—those who believe that abilities are fixed—are less likely to flourish than those with a growth mindset—those who believe that abilities can be developed. Mindset

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reveals how great parents, teachers, managers, and athletes can put this idea to use to foster outstanding accomplishment. In this edition, Dweck offers new insights into her now famous and broadly embraced concept. She introduces a phenomenon she calls false growth mindset and guides people toward adopting a deeper, truer growth mindset. She also expands the mindset concept beyond the individual, applying it to the cultures of groups and organizations. With the

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right mindset, you can motivate those you lead, teach, and love—to transform their lives and your own.

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Beauvoir to contemporary thinkers Michael Sandel, Peter Singer and Slavoj Zizek, 50 Philosophy Classics explores key writings that have shaped the discipline and had an impact on the real world. Philosophy can no longer be confined to academia, and 50 Philosophy Classics shows how powerful it can be as a tool for opening our minds and helping us think. Whether you are fascinated or daunted by the big questions of how to think, how to be, how to act and how to see, this is the perfect

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introduction to some of humanity's greatest minds and their landmark books.

In this seminal work, published by the C.I.A.

itself, produced by

Intelligence veteran

Richards Heuer discusses three pivotal points.

First, human minds are ill-equipped ("poorly wired")

to cope effectively with

both inherent and induced uncertainty. Second,

increased knowledge of our

inherent biases tends to

be of little assistance to

the analyst. And lastly,

tools and techniques that

apply higher levels of

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DOORS. If you can't trust yourself, who can you trust? Cass is having a hard time since the night she saw the car in the woods. It was on the winding rural road, in the middle of a downpour, and a woman was sitting inside—the woman who was killed. She's been trying to put the crime out of her mind; what could she have done, really? It's a dangerous road to be on in the middle of a storm, and she probably would have been hurt herself if she'd stopped. Not only that, her husband would be

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*furiously if he knew she'd broken her promise not to take that shortcut home. But since then, she's been forgetting every little thing. Where she left the car; if she took her pills; even the alarm code. The only thing she can't forget is that woman, the woman she might have saved, and the terrible nagging guilt. And the silent calls she's receiving, or the feeling that someone's watching her... You won't be able to put down B. A. Paris's *The Breakdown*, the next chilling, propulsive novel*

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Success

*Are you at risk of being scammed? Former con artist and bestselling author of *Catch Me If You Can* Frank Abagnale shows you how to stop scammers in their tracks. Maybe you're wondering how to make the scam phone calls stop. Perhaps someone has stolen your credit card number. Or you've been a victim of identity theft. Even if you haven't yet been the target of a crime, con artists are always out there, waiting for the right moment to steal your information, your money, and your life. As one of the world's most respected authorities on*

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the subjects of fraud, forgery, and cyber security, Frank Abagnale knows how scammers work. In Scam Me If You Can, he reveals the latest tricks that today's scammers, hackers, and con artists use to steal your money and personal information--often online and over the phone. Using plain language and vivid examples, Abagnale reveals hundreds of tips, including:

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- The only time you should ever use a debit card*
- The one type of photo you should never post on social media*
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Goldman Sachs Business Book of the Year Prize 2008 The Snowball is the first and will be the only biography of the world's richest man, Warren Buffett, written with his full cooperation and collaboration. Combining a unique blend of "The Sage of Omaha's" business savvy, life story and philosophy, The Snowball is essential reading for anyone wishing to discover and replicate the secrets of his business and life success. Warren Buffett is arguably the world's greatest investor. Even as a child he was fascinated by the concept of risk and probability, setting up his first business at the age of six. In 1964 he bought struggling Massachusetts textile firm Berkshire Hathaway and grew it to be the 12th largest corporation in the US purely through the exercise of sound investing principles - a feat never

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equalled in the annals of business. Despite an estimated net worth of around US\$62 billion, Buffett leads an intriguingly frugal life taking home a salary of only £50,000 a year. His only indulgence is a private jet, an extravagance he wryly acknowledges by calling it "The Indefensible". In 2006, he made the largest charitable donation on record, with most of it going to the Bill & Melinda Gates Foundation. The Snowball provides a comprehensive, richly detailed insight one of the world's most extraordinary and much loved public figures.

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reader to a place of resolution"—DAVID PERLMUTTER, MD, #1 New York Times bestselling author of *Grain Brain*, and, *Brain Maker* "a massive achievement and a giant step forward for addiction medicine"—ANNIE GRACE, author of *This Naked Mind* Drug overdose is now the leading cause of death for Americans under fifty. Even as opiate addiction skyrockets, more people than ever before are hooked on alcohol, sedatives, cigarettes, and even screens. The face and prevalence of addiction has changed and evolved, but our solutions to addiction are stuck in the past. We've been treating addiction as a black or white issue, a disease you either suffer from or will

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*never suffer from. The problem with this model is that it doesn't account for the incredible forces working against all of us, pushing all of us toward addiction: stress, undernourishment, sleep-deprivation, vitamin D deficiency, and isolation, not to mention a flawed medical system and corrupt pharmaceutical companies doling out prescriptions at every turn. The truth: Addiction is a disease that, like many others, exists on a spectrum. We are more vulnerable to becoming addicted to substances at certain points in our lives and based on the evidence provided in *The Addiction Spectrum*, most effective at kicking addiction when we take a holistic approach. With the help of the 13-point plan and individual protocols detailed in this book, you have the power to change your destiny. No one understands this*

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more than Dr. Paul Thomas, who recovered from alcohol addiction early in his career and founded one of the most effective rehabilitation centers for teens and young adults in his hometown of Portland, OR. Named one of the top family doctors and one of the top pediatricians in the country, Dr. Paul is also board-certified in both integrative medicine and addiction medicine. This unique combination of specialties is intentional: Dr. Paul has devoted his entire life and career to saving lives. Using the best conventional medicine alongside the new science of alternative health, Dr. Paul has treated thousands of patients with the life-saving solutions provided in The Addiction Spectrum. Addiction is a compendium of often devastating circumstances that have gone unchecked by society for far too long.

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This book is a positive light and guide to overcoming not only addiction but the challenges and obstacles that affect us all.

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