

## After A Parent's Suicide: Helping Children Heal

This constructive guide offers much-needed information and clinically-tested advice for those struggling to cope in the aftermath of a suicide. Written in clear language, this book presents the facts and demonstrates how to deal with feelings of guilt, anger, bewilderment, and shame. Also included is an anniversary memorial service that enables family members to recommit themselves to life.

Before Their Time is the first work to present adult children survivors' (defined as eighteen or above at the time of the parent's death) accounts of their loss, grief, and resolution following a parent's suicide. In one section, the book offers the perspectives of sons and daughters on the deaths of mothers; in another, the perspectives of sons and daughters on the deaths of fathers. In a third section, four siblings reflect on the shared loss of their mother.Each of these survivors faces the common difficulties associated with losing a loved one by suicide. They also experience difficulties specific to their status as both adult and child. Topics such as the impact of the parent's suicide on adult children's personal and professional choices, marriages and parenting, sibling and surviving parent relationships are explored with sensitivity and insight. Various coping skills, including humor, are described.The writers describe feelings of regret and responsibility related to their parent's suicide. They express concern about other family members' vulnerability to suicide. They speak openly about the fears and stresses they face and how they cope with them.The authors ranged in age from nineteen to thirty-six at the time of the parent's death. Between one and twenty-five years have passed since that tragedy.In addition to the first-person narratives, the book includes a resource section with a national listing of suicide survivor support groups; an overview of existing research on survivors of suicide by John L. McIntosh, past president of the American Association of Suicidology; and an essay on elderly suicide by David C. Clark, secretary-general, International Association for Suicide, and editor-in-chief of Crisis. The book is introduced with a Foreword by Rev. Charles Rubey, founder and director of Loving Outreach to Survivors of Suicide. Author note: Mary Stimming, Assistant Professor of Religious Studies at Dominican University, gives lectures and workshops on suicide and religion. >P>Maureen Stimming, Associate Director of Career Services at Chicago-Kent College of Law, served as a therapist in a residential mental health treatment center before completing graduate studies in psychology. Prior to her work at Kent, she served as a counselor in the Chicago parochial school system.

Every 85 minutes someone in the UK takes their own life, but what happens to those left behind? In a society where suicide is often viewed with fear or disapproval, it can be difficult for those personally affected by a suicide death to come to terms with their loss and seek help and support. A Special Scarlooks in detail at the stigma surrounding suicide and offers practical help for survivors, relatives and friends of people who have taken their own life. Fifty bereaved people tell their own stories, showing us that, by not hiding the truth from themselves and others, they have been able to learn to live with the suicide, offering hope to others facing this traumatic loss. This new, revised edition includes new material on: ‘ counselling survivors of suicide ’ group work with survivors. The new material incorporates the latest research findings which have added significantly to our understanding of the impact of suicide, an area which the UK Government has targeted for action in the mental health arena. This new edition will continue to be an invaluable resource for survivors of suicide as well as for all those who are in contact with them, including police and coroner's officers, bereavement services, self-help organisations for survivors, mental health professionals, social workers, GPs, counsellors and therapists. Alison Wertheimer has been working as a freelance writer and researcher since 1987, after working in the voluntary sector for twenty years. She has a private counselling practice, is a supervisor with a bereavement counselling service and runs workshops on the impact of suicide bereavement.

Considers the impact of the loss of a parent during childhood or adolescence, offering advice on how to assess one's situation and come to terms with a parent's death in order to live a more healthful and peaceful adult life. Reprint. 15,000 first printing.

I Wasn't Ready to Say Goodbye Companion Workbook

The Way I Am

Hope and Healing After Suicide

Crying in H Mart

A Story for Child Survivors and Those who Care for Them

A Special Scar

Paraprofessional Counselors' Perceptions of Storybooks to Facilitate Children's Communication Following Parental Suicide

The Forgotten Mourners

When people die by suicide, they leave behind family and friends who suddenly find themselves mourning the person's loss and wondering what happened. This guide addresses many personal issues related to a death by suicide, including telling others, working through the grief, finding what helps people to heal, and grieving in children and youth. This Ontario guide also outlines practical things that need taking care of, such as arranging a funeral and dealing with the deceased's personal, legal and financial matters. A resource section lists organizations, websites and books that may help.

If you have experienced the death of a loved one from suicide, this book is for you. With contributions of many people who have been through the experience and two Psychologists who have helped hundreds of people bereaved by suicide, this book takes the reader through the first few days, weeks, months and years.

Albert Y. Hsu wrestles with emotional and spiritual questions surrounding suicide, ultimately pointing survivors to the God who offers comfort in our grief and hope for the future. This revised edition now includes a discussion guide for suicide survivor groups.

This book fills a critical gap in our scientific understanding of the grief response of parents who have lost a child to traumatic death and the psychotherapeutic strategies that best facilitate healing. It is based on the results of the largest study ever conducted of parents surviving a child's traumatic death or suicide. The book was conceived by William and Beverly Feigelman following their own devastating loss of a son, and written from the perspective of their experiences as both suicide-survivor support group participants and facilitators. It intertwines data, insight, and critical learning gathered from research with the voices of the 575 survivors who participated in the study. The text emphasizes the sociological underpinnings of survivors' grief and provides data that vividly documents their critical need for emotional support. It explains how bereavement difficulties can be exacerbated by stigmatization, and by the failure of significant others to provide expected support. Also explored in depth are the ways in which couples adapt to the traumatic loss of a child and how this can bring them closer or render their relationship irreparable. Findings suggest that with time and peer support affiliations, most traumatically bereaved parents ultimately demonstrate resilience and find meaningful new roles for themselves, helping the newly bereaved or engaging in other humanitarian acts. Key Features: Offers researchers, clinicians, and parent-survivors current information on how parents adapt initially and over time after the traumatic loss of a child Presents data culled from the largest survey ever conducted (575 individuals) of parents surviving a child's suicide or other traumatic death Investigates the ways in which stigmatization complicates and prolongs the grieving process Addresses the tremendous value of support groups in the healing process Explores how married couples are affected by the traumatic loss of their child

Helping Children and Families After a Suicide

Adult Children's Experiences of Parental Suicide

Or Even Starts Talking about It

How to Ask for Help, Recognize Warning Signs, and Navigate Grief

Reactions, Consequences, and Care

A Mother's Faith Journey After Her Daughter's Suicide

Bereavement

Devastating Losses

*Nick, a kindhearted nineteen-year-old, walked from his college campus to a tall bridge and jumped into the Mississippi. The lost body, the subsequent jumpers . . . suddenly the unthinkable became unfathomable. Linda Pacha takes you on a powerful journey through her son's heartbreaking life story----including ongoing bullying, not fitting in, and ultimately suffering from mental health issues----as well as her family's grief process, offering guidance to save others from suicide and help those grieving in the aftermath of loss. Her hope is that you will benefit from these insights gained from hindsight to help yourself, your family, or your friends.Suicide prevention----Access to real-life examples of suicide warning signs missed in Nick's last behaviors and communications; discussion of mental health issues as a risk factor; an inside look at private challenges and bullying; and ways to help those struggling to stay alive. Self-help/grief after loss----Recommendations on navigating the grief process, including the challenging steps back into society, new family dynamics, and necessary choices after loss; explanation of the stigma, judgment, and misconceptions of mental health and suicide; and ways to help loss survivors. Tips for a better tomorrow----Practical suggestions for reducing the pressure we put on ourselves and our youth and for creating a more compassionate world.*

*When children lose someone they love, life is never the same. In this sympathetic book, the authors advocate an open, honest approach, suggesting that our instinctive desire to "protect" children from the reality of death may be more harmful than helpful.*

*Whether you are struggling with fresh grief at a loved one's death by suicide or your loss happened years ago, you should know that you are not alone. 5 million Americans are affected—directly or indirectly—by this tragedy each year. And it sends us on a lifelong search for answers, both to the practical questions and the deepest question of all: Why? In this definitive guide book, Michael F. Myers, MD, a leading psychiatrist, and Carla Fine, author of the acclaimed No Time to Say Goodbye: Surviving the Suicide of a Loved One, combine their perspectives as a physician and a survivor to offer compassionate and practical advice to anyone affected by suicide.*

*In the last thirty years, the suicide rate among young people has tripled. In this book addressed to the young survivors of this epidemic, Earl A. Grollman, the internationally known lecturer, writer, and grief counselor, and Max Milkov, a psychotherapist and pastoral counselor, offer solace and guidance to adolescents who are confronted with someone of their own age who is contemplating or has committed suicide.*

*Coping with Your Grief*

*Chasing Death: Losing a Child to Suicide*

*Before Their Time*

*A Suicide Bereavement Book for Children and Parents*

*Dying to Be Free*

*How Parents Cope With the Death of a Child to Suicide or Drugs*

*Information for Parents and Other Care Givers*

*Coming to Terms with the Death of a Parent*

The suicide of a parent has life-long consequences, few more traumatic scenarios exist, and counselors often struggle for ways to help clients deal with its effects. Few understand the pain and life-altering effects of these tragedies better than children who have experienced the suicide of a parent. Despite this, there are few texts that incorporate and evaluate the first-person accounts of grief following a suicide while advancing a method for helping. Losing a Parent to Suicide analyzes stories of parent suicides and explores the grief and coping processes that follow, discovering the strategies, methods and modes of therapy that have empowered grieving individuals and helped them rebuild their lives.

This newly revised edition of the book is designed for adult caregivers to read to surviving youngsters following a suicidal death. The story allows individuals an opportunity to recognize normal grieving symptoms and to identify various interventions to promote healthy ways of coping with the death of a special person. Although the language used in the book is simplistic enough to be read along with children and ultimately stimulating family discussion, it can be beneficial to all who have been tragically devastated by suicide. It is recommended for this book to be utilized in conjunction with therapy.

A companion workbook to the bereavement classic. Lacey's Sister, 3/29/13 David's Sister, 10/26/12 Bella, 8/21/12 A sibling loss to suicide is even more unique because the sibling(s) left behind are often forgotten mourning the loss of their brother or sister alone in the shadows of their parents grief. This book discusses some of the challenges sibling survivors of suicide will face, both individually and as a family unit, including -- What can I expect during the grieving process as a sibling survivor of suicide? -- How can I set boundaries to take care of myself? -- Will my relationship with my parents change? -- How do I answer questions about my now-deceased sibling? -- What can I do to get through the holidays and anniversaries? -- How do I keep my brother or sister alive in my life, without him or her physically present? These questions and more are answered directly from the authors experiences following the loss of her eighteen year-old brother to suicide in November 2001. Hopefully, her experiences will give sibling survivors of suicide a bit of strength, hope, and peace in navigating the long road to healing ahead.

After Suicide

Hope and Healing After Loss

Living When a Young Friend Commits Suicide

Losing a Parent to Suicide

Understanding the Consequences and Caring for the Survivors

Transition to a New Adult Identity

Transcending the Trauma, Living with the Loss

Grieving a Suicide

***here are over 38,000 suicide deaths each year in the United States alone, and the numbers in other countries suggest that suicide is a major public health problem around the world. A suicide leaves behind more victims than just the individual, as family, friends, co-workers, and the community can be impacted in many different and unique ways following a suicide. And yet there are very few professional resources that provide the necessary background, research, and tools to effectively work with the survivors of a suicide. This edited volume addresses the need for an up-to-date, professionally-oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity. Topics covered include the impact of suicide on survivors, interventions to provide bereavement care for survivors, examples of promising support programs for survivors, and developing a research, clinical, and programmatic agenda for survivors over the next 5 years and beyond.***

***List of Tables, List of Figures, Series Editor's Foreword, Preface, What It Means to Be a Parent After a Child Has Died, The "Mothers Now Childless" Study: Research Design and Findings, When a Child Dies, Does Grieving Ever End? One Death - A Thousand Strands of Pain: Finding the Meaning of Suffering, Bereaved Parents' Search for Understanding: The Paradox of Healing, Confronting a Spiritual Crisis: Where is God When Bad Things Happen? Confronting an Existential Crisis: Can Life Have Purpose Again? Deciding to Survive: Reaching Bottom - Climbing Up, Remembering With Love: Bereaved Parents as Biographer, Reaching Out to Help Others: Wounded Healers, Reinviting the Self: Parents Ask, "Who Are We Now?"; The Legacy of Loss, References, Resources, Appendices, Index.***

***A well researched, thoughtful guide for parents and caregivers who are supporting grieving children and families after a death by suicide. This guide offers practical suggestions on how to talk with children of all ages about suicide-loss as well as guidance for schools on supporting grieving children in a school setting. All profits go back to Chesapeake Life Center, a non-profit that supports grieving children and families.***

***What do you do when your father dies by suicide while you are in the hospital awaiting the birth of your triplets? What do you do when you can't attend your father's funeral because physician orders include complete bed rest? What do you do when you realize that you experienced a devastating loss and that you are not alone in that experience? You write a book and dedicate your life to helping others affected by suicide! Barbara Rubel's fictional characters in But I Didn't Say Goodbye are a compilation of what individuals may experience throughout their lifetime as a suicide loss survivor. But I Didn't Say Goodbye: Helping Families After a Suicide tells the story, from the perspective of an eleven-year-old boy, Alex, and his family, as they are rocked by suicide and reeling from the aftermath. Through Alex's eyes, the reader will see the transformation of feelings after going through a death by suicide. New to the third edition, each chapter ends with Alex reflecting 10 years later on his experience, introducing family members and friends in his recollections. Barbara Rubel has combined our modern academic theories of grieving, and the research that supports those theories, and then translated them into a readable story for anyone bereaved by suicide. The revised edition is an evidence-informed and contemporary treatment of a devastating form of loss that uses the artful device of a hypothetical case study to render it in human terms. Through the story, the reader will understand what losing someone to suicide might be like for a family, how to make meaning in the loss, and ways to experience personal growth. This self-help book was revised to provide guidance and education for clinicians (e.g., mental health providers, social workers, psychologists, school counselors, and case managers) and families to help suicide loss survivors. Part 1 offers a basic understanding of suicide postvention, suicide loss survivors, complicated grief, mourning theories, the American death system, and the impact on clinician survivors. Chapters have been substantially updated, based on mourning models and the latest research. The chapters in Part 2 build upon one another sequentially, from the day of the suicide to the anniversary of the death. At the end of each chapter, there are follow-up questions to explore in counseling sessions, support groups, therapy sessions, or at home. Also, at the end of each chapter, Alex, at the age of 21, reflects back on how his father's death by suicide has changed his life, wounding him, but also helping him to grow.***

***The Hidden Strengths of Learning and Succeeding at Your Own Pace***

***For Parents and Professionals Helping Child Suicide Survivors***

***SAVING OURSELVES from SUICIDE - BEFORE and After***

***Finding Courage, Comfort & Community After Unthinkable Loss***

***After a Parent's Suicide***

***Why Did Daddy End His Life? Why Did He Have to Die?***

***Bad Science, Bad Medicine, and the Enduring Mistreatment of the Mentally Ill***

***Grief After Suicide***

A step by step guide how to help children and families after a suicide from the first painful days to 5 years later. A detailed list of resources and support services is provided.

A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • NEW YORK TIMES BEST SELLER • From the indie rockstar of Japanese Breakfast fame, one of TIME's Most Influential People of the year, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band—and meeting the man who would become her husband—her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

In recent years, researchers have consistently shown the success of bibliotherapy in helping increase children's and parents' understanding and communication about death. However, this efficacy has not been demonstrated specifically with grief related to suicide. No fieldtherapy-related research specifically addresses children's grief associated with a parent's suicide.

"The book is well organized, well detailed, and well referenced; it is an invaluable sourcebook for researchers and clinicians working in the area of bereavement. For those with limited knowledge about bereavement, this volume provides an excellent introduction to the field and should be of use to students as well as to professionals," states Contemporary Psychology. The Lancet comments that this book "makes good and compelling reading. . . . It was mandated to address three questions: what is known about the health consequences of bereavement; what further research would be important and promising; and whether there are preventive interventions that should either be widely adopted or further tested to evaluate their efficacy. The writers have fulfilled this mandate well."

A Healing Guide for Families after a Suicide

After Suicide Loss

A Parent's Guide to Raising Grieving Children

Surviving the Suicide of a Loved One

A Mother's Quest for Comfort, Courage and Clarity After Suicide Loss

Helping Children Heal

A Memoir

But I Didn't Say Goodbye

Chart topping and headline-making-rap artist Eminem shares his private reflections, drawings, handwritten lyrics, and photographs in his New York Times bestseller The Way I Am Fiercely intelligent, relentlessly provocative, and prodigiously gifted, Eminem is known as much for his enigmatic persona as for being the fastest-selling rap artist and the first rapper to ever win an Oscar. Everyone wants to know what Eminem is really like-after the curtains go down. In The Way I Am, Eminem writes candidly, about how he sees the world. About family and friends; about hip-hop and rap battles and his searing rhymes; about the conflicts and challenges that have made him who he is today. Illustrated with more than 200 full-color and black-and-white photographs-including family snapshots and personal Polaroids, it is a visual self-portrait that spans the rapper's entire life and career, from his early childhood in Missouri to the basement home studio he records in today, from Detroit's famous Hip Hop Shop to sold-out arenas around the globe. Readers who have wondered at Em's intricate, eye-opening rhyme patterns can also see, first-hand, the way his mind works in dozens of reproductions of his original lyric sheets, written in pen, on hotel stationery, on whatever scrap of paper was at hand. These lyric sheets, published for the first time here, show uncult genius at work. Taking readers deep inside his creative process, Eminem reckons with the way that chaos and controversy have fueled his music and helped to give birth to some of his most famous songs (including "Stan," "Without Me," and "Lose Yourself"). Providing a personal tour of Eminem's creative process, The Way I Am has been hailed as "fascinating," "compelling," and "candid."

When a parent dies, most adults are seized by an unexpected crisis that can trigger a profound transformation. Using in-depth interviews and national surveys, Dr Umberson explains why the death of a parent has strong effects on adults and looks at protective factors that help some individuals experience better mental health following the death than they did when the parent was alive. This is the first book to rely on sound scientific method to document the significant adverse effects of parental death for adults in a national population. Exploring the social and psychological risk factors that make some people more vulnerable than others, readers will come to view the loss of a parent in a new way; as a turning point in adult development.

From the chief medical correspondent of ABC News, an eloquent, heartbreaking, yet hopeful memoir of surviving the suicide of a loved one, examining this dangerous epidemic and offering first-hand knowledge and advice to help family and friends find peace. Jennifer Ashton, M.D., has witnessed firsthand the impact of a loved one's suicide. When her ex-husband killed himself soon after their divorce, her world—and that of her children—was shattered. Though she held a very public position with one of the world's largest media companies, she was hesitant to speak about the personal trauma that she and her family experienced following his death. A woman who addresses the public regularly on intimate health topics, she was uncertain of revealing her devastating loss—the most painful thing she'd ever experienced. But with the high-profile suicides of Kate Spade and Anthony Bourdain, Dr. Ashton recognized the importance of talking about her experience and the power of giving voice to her grief. She shared her story with her Good Morning America family on air—an honest, heartbreaking revelation that provided comfort and solace to others, like her and her family, who have been left behind. In Life After Suicide, she opens up completely for the first time, hoping that her experience and words can inspire those faced with the unthinkable to persevere. Part memoir and part comforting guide that incorporates the latest insights from researchers and health professionals, Life After Suicide is both a call to arms against this dangerous, devastating epidemic, and an affecting story of personal grief and loss. In addition, Dr. Ashton includes stories from others who have survived the death of a loved one by their own hand, showing how they survived the unthinkable and demonstrating the vital roles that conversation and community play in recovering from the suicide of a loved one. The end result is a raw and revealing exploration of a subject that's been taboo for far too long, providing support, information, and comfort for those attempting to make sense of their loss and find a way ahead.

Covers: children and grief; when and why to talk to children; what words to use; viewing the body; the funeral and afterwards; further reading and NSW contact numbers.

Supporting Children After a Suicide Loss

No Time to Say Goodbye

Touched by Suicide

Suicide

Supporting Children After Suicide

Late Bloomers

The Experiences of People Bereaved by Suicide

Rebuilding Your Family After the Death of a Loved One

*Written by a mother who lost her 21 year old son to suicide, this book deals with the themes of suicide loss through the lens of the author's personal grief. Addressing the process of post-traumatic growth, this memoir provides the bereaved with therapy exercises and creative activities to help them come to terms with their loss. Although it deals directly with losing a child, much of the book pertains to grief generally, especially complicated grief after a sudden death, and thus provides comfort to any reader who has lost a close one to suicide or anyone interested in young people struggling with mental health. Organised thematically, it addresses the many issues and stages involved in the grieving process and ends each chapter with a variety of beneficial yoga, breathing and therapy activities. This allows readers to dip in and out of the book, and go at their own pace - replicating the fact that grief is not a linear journey but an iterative one that goes back and forth. This book is a lifeline for anyone struggling to process loss.*

*Honest, gentle advice for those who have survived an unspeakable loss—the suicide of a loved one. Surviving the heartbreak of a loved one's suicide - you don't have to go through it alone. Authors Beverly Cobain and Jean Larch break through suicide's silent stigma in Dying to Be Free, offering gentle advice for those left behind, so that healing can begin.*

*A groundbreaking exploration of what it means to be a late bloomer in a culture obsessed with SAT scores and early success, and how finding one's way later in life can be an advantage to long-term achievement and happiness. We live in a society where kids and parents are obsessed with early achievement, from getting perfect scores on SATs to getting into Ivy League colleges to landing an amazing job at Google or Facebook--or even better, creating a startup with the potential to be the next Google or Facebook or Uber. We see software coders becoming millionaires or even billionaires before age 30 and feel we are failing if we are not one of them. But there is good news. A lot of us--most of us--do not explode out of the gates in life. That was true for author Rich Karigaard, who had a mediocre academic career at Stanford (which he got into by a fluke), and after graduating, worked as a dishwasher, nightwatchman, and typing temp before finally finding the inner motivation and drive that ultimately led him to start up a high-tech magazine in Silicon Valley, and eventually to become the publisher of Forbes magazine. There is a scientific explanation for why so many of us bloom later in life. The executive function of our brains doesn't mature until age 25--and later for some. In fact our brain's capabilities peak at different ages. We actually enjoy multiple periods of blooming in our lives. Based on several years of research, personal experience, and interviews with neuroscientists and psychologists, and countless people at different stages of their careers, Bloom reveals how and when we achieve full potential--and why an algorithmic acuity in math is such an anomaly in terms of career success.*

*This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.*

*The Forever Decision - for Those Thinking about Suicide and for Those who Know, Love, Or Counsel Them*

*A Loved One's Search for Comfort, Answers, and Hope*

*Sibling Survivors of Suicide*

*A Practical Guide for People Who Have Lost Someone to Suicide in Ontario*

*A Guide for Parents and Caregivers*

*What Forever Means After the Death of a Child*

*I'll Write Your Name on Every Beach*

*Using Lived Experiences to Inform Bereavement Counseling*

A loving mother shares her personal story of God's healing in the midst of grief and tragedy following a loved one's suicide.

Schizophrenics in the United States currently fare worse than patients in the world's poorest countries. In Mad in America, medical journalist Robert Whitaker argues that modern treatments for the severely mentally ill are just old medicine in new bottles, and that we as a society are deeply deluded about their efficacy. The widespread use of lobotomies in the 1920s and 1930s gave way in the 1950s to electroshock and a wave of new drugs. In what is perhaps Whitaker's most damning revelation, Mad in America examines how drug companies in the 1980s and 1990s skewed their studies to prove that new antipsychotic drugs were more effective than the old, while keeping patients in the dark about dangerous side effects. A haunting, deeply compassionate book—now revised with a new introduction—Mad in America raises important questions about our obligations to the mad, the meaning of “insanity,” and what we value most about the human mind.

Drawing on her own ordeal following her husband's suicide, as well as the experiences of other survivors and the knowledge of professionals, the author offers guidance through the various stages of the process of grieving and reconciliation. Reprint.

This book, which is written for children between the ages of five and twelve years, provides a resource that parents and caregivers can use to support and guide their children through the difficult process of suicide bereavement. Explaining suicide is not a task that parents are usually prepared for. Parents and caregivers often feel lost and overwhelmed at the prospect of having to discuss suicide with their children. Written from the perspective of a child, this illustrated story provides a fictional character for children to relate to. The story guides children through the difficult emotions they may feel, but often find difficult to express. It ends by reassuring children that they can survive the pain of their loss, even though it currently feels unbearable. Parents and caregivers should read this book with their children. This book provides a means to explain suicide and suicide bereavement in a way that children can understand, while also giving children permission to talk openly about their loss. The goal is to increase the sense of connection between parents and caregivers and their children and to help children feel understood and supported. In the supplementary parents guide, the author answers some of the common questions that arise for parents and caregivers, and covers specific examples of how they can respond to their children when discussing the suicide.

Never the Same

Death of a Parent

Life After Suicide

Goodbye Jeanine

Surviving, Coping and Healing After the Sudden Death of a Loved One

Mad in America

Someone I Love Died by Suicide

Helping Families After a Suicide

Explores the complex emotional issues children face after a parent commits suicide and offers practical advice on how the remaining parent and other family members can help them cope.