

Baby On The Way (Sears Children's Library)

Renowned pediatrician and bestselling author Dr. Robert Sears teams up with HappyBaby, the organic baby food company, in this invaluable guide to green parenting. HappyBaby shows new parents the healthiest, most eco-friendly way to raise their babies and protect them from environmental toxins.

HappyBaby proves that green parenting is not only the very best approach when it comes to baby's health and happiness, it's remarkably easy to do—good for parents, good for the environment, and good for your precious child.

Advice for new mothers on nurturing their newborns through their first three months is presented by America's foremost childcare experts. This guide includes a checklist of essential baby care items and a plan for postpartum depression, and presents reliable advice in an easy Q & A format.

"Originally published as The business of baby."

Explains to prospective older siblings

about a new baby's needs and demands, and suggests ways that they can participate in the new arrival's care.

Foreword by William Sears, M.D.

On Becoming Baby Wise

Everything You Need to Know about Your Baby--from Birth to Age Two

ON BECOMING BABY WISE - 25TH A

What Baby Needs

The Golden House

The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night

A fully revised edition of the Dr. Sears guide to breastfeeding, a perennial favorite of parents for nearly two decades From pediatric experts Martha Sears, R.N., and William Sears, M.D., a comprehensive, reassuring, authoritative information on: How to get started breastfeeding, with illustrated tips for latching on Increasing your milk supply Breastfeeding when working away from home Pumps and other technology associated with breastfeeding Making sure your nursing baby gets optimum nutrition, including the most recent information about the importance of omega-3 fatty acids and "milk-oriented microbiota" Nutrition and fitness for moms Nighttime breastfeeding Breastfeeding and fertility Toddler nursing and weaning Special circumstances And much more... Breastfeeding contributes to nurturing a smarter and healthier baby, and a healthier and more intuitive mommy. Isn't that what every child needs, and

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every parent wants?

NEW YORK TIMES BESTSELLER • A modern American epic set against the panorama of contemporary politics and culture—a hurtling, page-turning mystery that is equal parts *The Great Gatsby* and *The Bonfire of the Vanities* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR • PBS • HARPER ' S BAZAAR • ESQUIRE • FINANCIAL TIMES • THE TIMES OF INDIA On the day of Barack Obama ' s inauguration, an enigmatic billionaire from foreign shores takes up residence in the architectural jewel of “ the Gardens, ” a cloistered community in New York ' s Greenwich Village. The neighborhood is a bubble within a bubble, and the residents are immediately intrigued by the eccentric newcomer and his family. Along with his improbable name, untraceable accent, and unmistakable whiff of danger, Nero Golden has brought along his three adult sons: agoraphobic, alcoholic Petya, a brilliant recluse with a tortured mind; Apu, the flamboyant artist, sexually and spiritually omnivorous, famous on twenty blocks; and D, at twenty-two the baby of the family, harboring an explosive secret even from himself. There is no mother, no wife; at least not until Vasilisa, a sleek Russian expat, snags the septuagenarian Nero, becoming the queen to his king—a queen in want of an heir. Our guide to the Golden ' s world is their neighbor René, an ambitious young filmmaker. Researching a movie about the Golden ' s, he ingratiates himself into their household. Seduced by their mystique, he is inevitably implicated in their quarrels, their infidelities, and, indeed, their crimes. Meanwhile, like a bad joke, a certain comic-book villain

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embarks upon a crass presidential run that turns New York upside-down. Set against the strange and exuberant backdrop of current American culture and politics, *The Golden House* also marks Salman Rushdie ' s triumphant and exciting return to realism. The result is a modern epic of love and terrorism, loss and reinvention—a powerful, timely story told with the daring and panache that make Salman Rushdie a force of light in our dark new age. Praise for *The Golden House* “ [A] modern masterpiece . . . telling a story full of wonder and leaving you marveling at how it ever came out of the author ' s head. ” —Associated Press “ Wildly satiric and yet piercingly real . . . If F. Scott Fitzgerald, Homer, Euripides, and Shakespeare collaborated on a contemporary fall-of-an-empire epic set in New York City, the result would be *The Golden House*. ” —Poets & Writers “ A tonic addition to American—no, world!—literature . . . a Greek tragedy with Indian roots and New York coordinates. ” —San Francisco Chronicle

A guide that helps parents focus on their children's unique strengths and inclinations rather than on gendered stereotypes to more effectively bring out the best in their individual children, for parents of infants to middle schoolers. Reliance on Gendered Stereotypes Negatively Impacts Kids Studies on gender and child development show that, on average, parents talk less to baby boys and are less likely to use numbers when speaking to little girls. Without meaning to, we constantly color-code children, segregating them by gender based on their presumed interests. Our social dependence on these norms has far-reaching effects, such as leading

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girls to dislike math or increasing aggression in boys. In this practical guide, developmental psychologist (and mother of two) Christia Spears Brown uses science-based research to show how over-dependence on gender can limit kids, making it harder for them to develop into unique individuals. With a humorous, fresh, and accessible perspective, *Parenting Beyond Pink & Blue* addresses all the issues that contemporary parents should consider—from gender-segregated birthday parties and schools to sports, sexualization, and emotional intelligence. This guide empowers parents to help kids break out of pink and blue boxes to become their authentic selves.

There is a better way to feed your baby. *Super Nutrition for Babies* gives parents the latest science-verified nutritional recommendations for feeding their child. Based on a program used at one of the largest holistic practices in the country, this book provides information on all aspects of nutrition and feeding, including introducing meat in a child's diet, healthier alternatives to dairy and soy, starting solid foods, establishing a regular eating schedule, dealing with picky eating, and the best foods for every age and stage so your baby gets the best nutrition to minimize illness and optimize sleep, digestion, and brain development.

The Complete Guide to a Good Night's Rest for the Whole Family

The Vaccine Book

HappyBaby

The First Three Months

A Month-by-month Guide

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The Birth Book

Everything You Need to Know to Have a Better-behaved Child--from Birth to Age Ten

A thought-provoking combination of practical parenting information and scientific analysis, *Our Babies, Ourselves* is the first book to explore why we raise our children the way we do--and to suggest that we reconsider our culture's traditional views on parenting. New parents are faced with innumerable decisions to make regarding the best way to care for their baby, and, naturally, they often turn for guidance to friends and family members who have already raised children. But as scientists are discovering, much of the trusted advice that has been passed down through generations needs to be carefully reexamined. In this ground-breaking book, anthropologist Meredith Small reveals her remarkable findings in the new science of ethnopediatrics. Professor Small joins pediatricians, child-development researchers, and anthropologists across the country who are studying to what extent the way we parent our infants is based on biological needs and to what extent it is based on culture--and how sometimes what is culturally dictated may not be what's best for babies. Should an infant be encouraged to sleep alone? Is breast-feeding better than

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bottle-feeding, or is that just a myth of the nineties? How much time should pass before a mother picks up her crying infant? And how important is it really to a baby's development to talk and sing to him or her? These are but a few of the important questions Small addresses, and the answers not only are surprising, but may even change the way we raise our children.

"Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book--fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk--can teach you too!"--Back cover.

Elizabeth Pantley's breakthrough approach for a good night's sleep with no tears, enhanced with videos of the author answering parents' most asked questions! This enhanced eBook includes 14 exclusive videos by the author "At long last, I've found a book that I can hand to weary parents with the confidence that they can learn to help their baby sleep through the night--without the baby crying it out."

--William Sears, M.D., Author of The Baby Book "When I followed the steps in this book,

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it only took a few nights to see a HUGE improvement. Now every night I'm getting more sleep than I've gotten in years! The best part is, there has been NO crying!" --Becky, mother of 13-month-old Melissa

There are two schools of thought for encouraging babies to sleep through the night: the hotly debated Ferber technique of letting the baby "cry it out," or the grin-and-bear-it solution of getting up from dusk to dawn as often as necessary. If you don't believe in letting your baby cry it out, but desperately want to sleep, there is now a third option, presented in Elizabeth Pantley's sanity-saving book *The No-Cry Sleep Solution*. Elizabeth's successful solution has been tested and proven effective by scores of mothers and their babies from across the United States, Canada, and Europe. And now in response to weary parents asking for a little more guidance, Elizabeth has created fourteen brand-new videos exclusive to this enhanced ebook. Each of these three- to four-minute videos appears at the end of their specific chapter, summarizing what you have learned for quick recall or for those desperate moments when you've run out of ideas and need advice ASAP! Elizabeth gives you words of wisdom, tricks and tips, and soothing mantras, all that will help you get your baby

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sleeping. Tips from The No-Cry Sleep Solution: Uncover the stumbling blocks that prevent baby from sleeping through the night Determine--and work with--baby's biological sleep rhythms Create a customized, step-by-step plan to get baby to sleep through the night Use the Persistent Gentle Removal System to teach baby to fall asleep without breast-feeding, bottlefeeding, or using a pacifier The No-Cry Sleep Solution offers clearly explained, step-by-step ideas that steer your little ones toward a good night's sleep--all with no crying.

A guide by two pediatricians who have raised eight children together discusses self-esteem, spanking, divorce, single parenting, travel, and baby-sitting, and offers advice on how to prevent, as well as stop, problem behavior. Tour.

Preemie Parents

Becoming a Father

The Discipline Book

Your Baby, Your Way

How Biology and Culture Shape the Way We Parent

How to Nurture & Enjoy Your Family

Attachment Parenting

Distinguished pediatrician Dr Robert Bucknam, M.D. and co-author Gary Ezzo are two of the world's

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leading experts on baby sleep and feeding patterns. Millions of new mothers across the globe are coming toward this new brand at an increasing pace as they find and share the life changing success they are achieving with their newborns. This updated Anniversary edition celebrates 25 years with Bucknam and Ezzo's groundbreaking approach which has found favor with over six million parents in all 50 states and has been translated into 20 languages around the world. For 25 years, *On Becoming Babywise* has been the de facto newborn parenting manual for naturally synchronizing your baby's feeding time, waketime and nighttime sleep cycles, so the whole family can sleep through the night. In his 28th year as a licensed Pediatrician, Dr. Robert Bucknam, M.D. along with co-author Gary Ezzo, demonstrate how order and stability are mutual allies of every newborn's metabolism and how parents can take advantage of these biological propensities. In particular, they note how an infant's body responds to the influences of parental routine or the lack thereof. Early chapters start with explorations of everyday aspects of infant management such as the three basic elements of daytime activities for newborns: feeding time, waketime, and naptime. Practical discussions then focus on broad and niche topics including feeding philosophies, baby sleep problems, baby scheduling challenges, nap routines, sleep training multiples, baby sleeping props, Colic and Reflux and many other dimensions which impact breast feeding

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schedules, bottle feeding tips, and baby sleeping training. Five resource Appendixes provide additional reference material: 1) Taking care of baby and mom 2) A timeline of what to expect and when 3) Baby Sleep Training Problems and Solutions 4) Monitoring Your Baby's Growth 5) Healthy Baby Growth Charts On Becoming Babywise is more than an infant-management concept. It is a mindset for successful parenthood. It can help any parent develop a plan that meets both the needs of a new baby and of the entire family. These principles have worked for millions of parents and, when applied with common sense to your unique situation, can work wonderfully for you too! Recommended by doctors across the country.

You Can Go to the Potty clearly introduces the basic steps of toilet learning in a natural, non-pressured way. Written by the authors of the acclaimed Sears Parenting Library, it features reassuring text and lively, full-color illustrations.

When a family brings a new baby home, there are many changes. Older siblings may find it hard to understand the needs of the new baby, as well as the demands placed on mom and dad. Based on the attachment-parenting theories of the foremost authorities on parenting and childcare, William Sears, M.D., and Martha Sears, R.N., this book clearly explains baby's needs. The text emphasizes how siblings can be helpers to both baby and parents, while forging their own relationships with "their baby," and outlines the positive aspects of being an

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older girl or boy. Here is a warm, insightful book that will help the whole family joyously and lovingly welcome the newest member into their lives.

Part of a two-book debut of the Sears Children's Library picture books, this title provides helpful information for young children expecting a new brother and sister. Full color.

The New Childhood

The Attachment Parenting Book

The Portable Pediatrician

BabyCalm™, ₤

The Complete Book of Christian Parenting and Child Care

Raising Kids to Thrive in a Connected World

Everything You Need to Know About Your Baby from Birth to Age Two

Certified sleep consultant Natalie Willes, known also as The Baby Sleep Trainer, shares her effective and efficient sleep training method in her new book,

Getting Your Baby to Sleep the Baby Sleep Trainer

Way. Thousands of families throughout the world have

used the Baby Sleep Trainer method to help their

infants and toddlers learn to sleep through the night

and take healthy naps, all with the fewest tears

possible. Backed by thorough scientific data and years

of professional experience, the Baby Sleep Trainer

Method offers parents a tried and true solution for

children aged 16 weeks through 3.5 years. Step-by-

step, comprehensive contents include: The science of

baby sleep habits How to prepare your child's room for

optimal sleep Discussions on cortisol and crying in

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*babies Creating healthy sleep habits with newborns
Exactly when and how to start sleep training for
nighttime sleep and naps Tips and tricks for multiples
Troubleshooting common sleep training issues and
pitfalls Detailed eat-wake-sleep schedules for children
on 3, 2, and 1 nap Sleep training toddlers and children
in beds Praise for the Baby Sleep Trainer method: "My
5 month old was waking up every 2-3 hours at night
and I was seriously sleep deprived. My sleep
deprivation was affecting every aspect of my life. I
read several books on sleep training, as well as blogs
and websites. I was at my wits end. After following the
program for two weeks, my child was consistently
sleeping 11-12 hours a night and was on a consistent
schedule during the day! This program has literally
given me my life back." - McKel Neilsen "Two months
ago I was at the end of my sleep rope with our
6-month-old, boy/girl twins. Exhausted doesn't begin
to explain it, I felt desperate. After using the Baby
Sleep Trainer Method we feel like we have our lives
back. The babies are happy and well rested, and so are
we! We have our evenings back to cook dinner, spend
time with our 4-year-old daughter, hang out together,
and actually do things we enjoy. The process took
commitment but has been absolutely worth every bit
of it." - Beth Oller, MD "Using the Baby Sleep Trainer
Method, my daughter quickly went to a routine nap
schedule during the day and sleeping through the
night from 6:30pm to 6:30am! Also, rather than the
exhausting and often unsuccessful rocking or soothing
or feeding to sleep, we were able to put her down*

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awake in her crib and she would fall asleep on her own in just a few minutes. It was just incredible." - Online Review

*What if, despite the best of intentions, we are raising our children to succeed in a world that no longer exists? *The Toddler Brain* helps parents recognize the connection that exists between their own parenting behaviors and their child's ability to acquire valuable twenty-first-century skills. Dr. Laura A. Jana draws on studies and stories from pediatrics, neuroscience, social science, and childcare, as well as the world of business and innovation to show parents how to equip their children with seven key skills. Dr. Jana explores the importance of play and curiosity, imagination and empathy, and strategically strengthening children's neural connections in their first five years.*

This total child care book offers Christian-centered, medically authoritative advice on every aspect of parenting, from choosing an obstetrician to disciplining teenagers. As parents of eight children, William and Martha Sears draw on thirty years of practical and professional experience, resulting in a valuable reference book no family should be without. Offers guidance for new fathers by addressing common questions and concerns, including a father's role at night, balancing work and family, becoming a role model, and interacting with a newborn.

The Baby Book

Everything You Need to Know to Have a Safe and Satisfying Birth

A Novel

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The Sears Baby Book

The Baby Sleep Book

The Premature Baby Book

Instinctive Care for Your Baby and Young Child

"Parents of fussy or difficult children, take heart, best-selling childcare experts William and Martha Sears have written a book just for you. Drawing on more than twenty years of paediatric practice and their experiences with their own high-need children, they provide: Creative ways to soothe a fussy baby; Information on medical causes of infant fussiness--from infections to food sensitivities; Effective ways of coping with common high-need personality traits and behaviour; Proven strategies for discipline--getting connected to your child early, providing structure, setting limits, knowing when to say yes and when to say no; Tips on learning how to talk and listen. Real-life stories and advice from parents of high-need children In *The Fussy Baby Book* Dr. William and Martha Sears acknowledge the difficulties you face but show you how responsive parenting can turn these challenges into advantages for both you and your child. The Searses prove that difficult children can provide the most rewarding parenting experiences of all"--Publisher's description.

Everything you need to know about getting your baby or toddler to sleep -- from America's foremost baby and childcare

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experts. Babies don't automatically know how to sleep through the night; they need to be taught. The Sears family has learned from decades of pediatric practice, bolstered by their own parenting experiences, that different babies have different nighttime temperaments -- and, of course, different families have different lifestyles. Instead of espousing the kind of "one method fits all" approach advocated in other baby sleep guides, the Sears family explains how you can create a sleep plan that suits the needs of your entire family. With a sharp focus on the practical tools and techniques, The Baby Sleep Book covers such topics as: The facts of infant sleep vs. adult sleep Figuring out where, when, and how your child sleeps best Fail-safe methods for soothing a crying infant How to make night nursing easier, and how to stop Nighttime fathering tips Whether co-sleeping makes sense for you Nap-time strategies that work Medical and physical causes of night waking Sleep habits in special situations such as traveling, teething, and illness

America's foremost baby and childcare experts, William Sears M.D. and Martha Sears, R.N., explain the benefits -- for both you and your child -- of connecting with your baby early. Would you and your baby both sleep better if you shared a bed? How old is too old for breastfeeding? What is a father's role in nurturing a newborn? How does early attachment foster a child's eventual

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independence? Dr. Bill and Martha Sears -- the doctor-and-nurse, husband-and-wife team who coined the term "attachment parenting" -- answer these and many more questions in this practical, inspiring guide. Attachment parenting is a style of parenting that encourages a strong early attachment, and advocates parental responsiveness to babies' dependency needs. The Attachment Parenting Book clearly explains the six "Baby B's" that form the basis of this popular parenting style: Bonding, Breastfeeding, Babywearing, Bedding close to baby, Belief in the language value of baby's cry, and Beware of baby trainers. Here's all the information you need to achieve your most important goals as a new parent: to know your child, to help your child feel right, and to enjoy parenting. A breakthrough approach for a good night's sleep--with no tears There are two schools of thought for encouraging babies to sleep through the night: the hotly debated Ferber technique of letting the baby "cry it out," or the grin-and-bear-it solution of getting up from dusk to dawn as often as necessary. If you don't believe in letting your baby cry it out, but desperately want to sleep, there is now a third option, presented in Elizabeth Pantley's sanity-saving book The No-Cry Sleep Solution. Pantley's successful solution has been tested and proven effective by scores of mothers and their babies from across the United States, Canada, and Europe. Based on her research, Pantley's guide provides you

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with effective strategies to overcoming naptime and nighttime problems. The No-Cry Sleep Solution offers clearly explained, step-by-step ideas that steer your little ones toward a good night's sleep--all with no crying. Tips from The No-Cry Sleep Solution: Uncover the stumbling blocks that prevent baby from sleeping through the night Determine--and work with--baby's biological sleep rhythms Create a customized, step-by-step plan to get baby to sleep through the night Use the Persistent Gentle Removal System to teach baby to fall asleep without breast-feeding, bottlefeeding, or using a pacifier

The Breastfeeding Book

The Organic Guide to Baby's First 24 Months

26 Ways to Grow with Your Premature Baby

The New Way to Calm Crying and Help Your

Newborn Baby Sleep Longer

Parenting Beyond Pink & Blue

Everything You Need to Know About Your

Child's Health

A Guide for Parents on Sleep Techniques, Feeding Schedules, and Bonding with Your New Baby

"Discover the positive prescription for curing sleepless nights and fussy babies. Recommended by doctors across the country." - Back cover.

Congratulations! You are about to become, or recently became, a new mom. But now what? You may feel overwhelmed by all the advice given to you by friends, family members, online sites, and the slew of contradicting

information about calming a crying baby, getting on a feeding schedule, and training your infant to sleep through the night. BabyCalm™ (a company founded in 2007 in England by Sarah Ockwell-Smith and expanding to the United States this year) runs classes that aim to turn stressed-out parents and crying babies into happier parents and calmer babies. In BabyCalm™, Ockwell-Smith sets out to provide new mothers with the inspiring ethos and methods of her successful company.

BabyCalm™ aims to empower new parents to raise their baby with confidence. Focused primarily for new mothers (but with a plethora of sound advice for fathers as well), Ockwell-Smith provides a wealth of information—starting with trusting your maternal instincts above all else—on calming your crying baby, implementing sleep training techniques, facilitating a feeding schedule, bonding with your new infant, understanding your baby's essential needs, and much more. Including parenting tips from around the world as well as ways in which to create confident children, BabyCalm™ is the only book you'll need to set you on the solid path of good (and stress-free) parenting during your baby's first year.

The "baby bible" of the post-Dr. Spock generation, already embraced by hundreds of thousands of American parents, has now been revised, expanded, and brought thoroughly up-to-date -- with the latest information on everything from diapering to day care, from midwifery to hospital birthing rooms, from postpartum nutrition to infant development. Dr. Bill and Martha Sears draw from their vast experience both as medical professionals and as the parents of eight children to provide comprehensive

information on virtually every aspect of infant care. Working for the first time with their sons Dr. Bob and Dr. Jim, both pediatric specialists in their own right, the Seares have produced a completely updated guide that is unrivaled in its scope and authority. The Baby Book focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the questions of greatest concern to today's parents. The Baby Book presents a practical, contemporary approach to parenting that reflects the way we live today. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. The Baby Book is a rich and invaluable resource that will help you get the most out of parenting -- for your child, for yourself, and for your entire family. Book jacket. Offers new mothers professional guidance on home health care, postpartum depression, breast-feeding problems, work options, and similar issues.

Women's Feelings & Needs After Childbirth: A Support and Resource Guide

Everything You Need to Know About Your Premature Baby from Birth to Age One

The Classic Reference Guide Utilized by Over 1,000,000 Parents Worldwide. Book one

The Fussy Baby Book

Super Nutrition for Babies

Parenting Your High-Need Child from Birth to Five

The Pregnancy Book

America's bestselling "baby bible" -- an encyclopedic guide to the first two years of your

baby's life. The million-copy bestseller by "the man who remade motherhood" (TIME) has now been revised, expanded, and bought thoroughly up-to-date -- with the latest information on everything from diapering to day care, from midwifery to hospital birthing rooms, from postpartum nutrition to infant development. The Seares draw from their vast experience both as medical professionals and pas parents to provide comprehensive information on virtually every aspect of infant care. The Baby Book focuses on the essential needs of babies -- eating, sleeping, develpment, health, and comfort -- as it addresses the questions of greatest concern to today's parents. The topics covered include: preparing for a safe and healthy birth bonding with your baby feeding your baby right soothing your fussy baby getting your baby to sleep understanding your baby's development treating common illnesses babyproofing your home understanding toddler behavior dealing with temper tantrums toilet training working parenting first-aid procedures and much more Unrivaed in its scope and authority, The Baby Book presents a practical, contemporary approach to parenting that reflects the way we live today. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that bests suits you and your child. Their book is a rich and invaluable resource that will help you get the most of of parenting -- for your child, yourself, and for your entire family.

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Covers topics ranging from the emotional effects of pregnancy and bodily changes to fetal development and what to expect during delivery

The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines' side effects Expanded discussions of combination vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations The Vaccine Book provides exactly the information parents want and need as they make their way through the vaccination maze. A complete guide to the concept of attachment parenting, which argues that parental responsiveness to a baby's needs leads to a well-adjusted child, offers tips on breastfeeding on demand, responding to a baby's cries, minimizing parent-child separation, and avoiding baby "gadgets." Original.

Taking Charge of Your Pregnancy, Childbirth, and Parenting Decisions for a Happier, Healthier Family

The Happiest Baby on the Block

How to Raise Your Kids Free of Gender Stereotypes

The Baby Book, Revised Edition

Nurture the Skills Today that Will Shape Your Child's Tomorrow

Our Babies, Ourselves

The No-Cry Sleep Solution Enhanced Ebook

*A provocative look at the new, digital landscape of childhood and how to navigate it. In *The New Childhood*, Jordan Shapiro provides a hopeful counterpoint to the fearful hand-wringing that has come to define our narrative around children and technology. Drawing on groundbreaking research in economics, psychology, philosophy, and education, *The New Childhood* shows how technology is guiding humanity toward a bright future in which our children will be able to create new, better models of global citizenship, connection, and community. Shapiro offers concrete, practical advice on how to parent and educate children effectively in a connected world, and provides tools and techniques for using technology to engage with kids and help them learn and grow. He compares this moment in time to other great technological revolutions in humanity's past and presents entertaining micro-histories of cultural fixtures: the sandbox, finger painting, the family dinner, and more. But most importantly, *The New Childhood* paints a timely, inspiring and positive picture of today's children, recognizing that they are poised to create a progressive, diverse, meaningful, and hyper-connected world that today's adults can only barely imagine.*

*The classic guide of the post-Dr. Spock generation has been revised to include the latest information on virtually every aspect of infant and baby care. *THE BABY BOOK* is unrivaled in its scope and authority, and presents a practical, contemporary approach to parenting that reflects the way we live today. Focusing on the essential needs of babies--eating, sleeping, development, health, and comfort--it addresses the questions of greatest concern to parents. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration*

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you need to develop the parenting style that best suits you and your child. THE BABY BOOK is a rich and invaluable resource that will help you get the most out of parenting--for your child, for yourself, and for your entire family.

Gives expectant parents an overview of the options available, offering up-to-the-minute advice on such matters as physical and emotional preparation, the father's role, avoiding a cesarean birth, and other information

Imagine you are up at three o'clock in the morning with a sick child. Wouldn't it be nice to have expert advice readily at hand to help get you through the night? Encyclopedic in scope, The Portable Pediatrician features timely and practical information on every childhood illness and emergency, including when to call the doctor, what reassuring signs can help you know your child is okay, how to treat your child at home, and much more -- all in a convenient A-to-Z format. Among the scores of topics covered: teething; sprains and broken bones; nosebleeds; measles; ear infections; choking; rashes; colic; headaches; eating disorders; fever; hip pain; warts; allergies; obesity; seizures; Asperger's Syndrome; bronchitis; masturbation; sunburns; pneumonia; speech delay; lice; vomiting; asthma; heart defects; blisters; sleep problems; and more. The Searses' guide parents and caregivers from a child's infancy through the teen years, teaching them what to expect at regular checkups as well as how to boost a child's well-being, devise a family health plan, work effectively with their pediatrician, and more. Distinguished by the Searses' trademark comprehensiveness, reliability, and accessible, comforting one, this book is a must-have for all families who want to keep their children healthy and happy. Look for The Portable Pediatrician app! Available for download from iTunes, it offers a complete browsable A-Z list of pediatric concerns, illnesses, and emergencies; a searchable database, growth charts; a portable medicine cabinet; helpful advice about pediatric checkups; and more.

Baby on the Way

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The Right Way to Feed Your Baby for Optimal Health

Mothering the New Mother

Getting Your Baby to Sleep the Baby Sleep Trainer Way

America's Foremost Baby and Childcare Experts Answer the Most Frequently Asked Questions

The Toddler Brain

A Commonsense Guide to Understanding and Nurturing Your Baby

This major new addition to the Sears Parenting Library is a comprehensive, authoritative, and reassuring guide for parents of premature babies. 20 line drawings & photos.

Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed—and now, so has the new-baby bible. Announcing the completely revised third edition of *What to Expect the First Year*. With over 10.5 million copies in print, *First Year* is the world's best-selling, best-loved guide to the instructions that babies don't come with, but should. And now, it's better than ever. Every parent's must-have/go-to is completely updated. Keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, *First Year* is easier-to-read, faster-to-flip-through, and new-family-friendlier than ever—packed with even more practical tips, realistic advice, and relatable, accessible information than before. Illustrations are new, too. Among the changes:

Baby care fundamentals—crib and sleep safety, feeding, vitamin supplements—are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning (elimination communication), baby-led weaning, and green parenting (from cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today's dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and "For Parents" boxes that focus on mom's and dad's needs. Throughout, topics are organized more intuitively than ever, for the best user experience possible.

What to Expect the First Year

You Can Go to the Potty

Making the Right Decision for Your Child

Everything You Need to Know About Nursing

Your Child from Birth Through Weaning