

Bounce: Mozart, Federer, Picasso, Beckham, And The Science Of Success

Bounce LPMozart, Federer, Picasso, Beckham, and the Science of SuccessHarper Collins

"This is a terrific book" - Kara Swisher An acclaimed tech reporter reveals the inner workings of Amazon, Facebook, Google, Apple, and Microsoft, showing how the tech titans used to compete with the tech titans using their own playbook. At Amazon, "Day One" is code for inventing like a startup, with little regard for legacy. Day Two is, in Jeff Bezos's own words, "stasis, followed by irrelevance, followed by excruciating, painful decline, followed by death." Most companies today are set up for Day Two. They build advantages and defend them fiercely, rather than invent the future. But Amazon and fellow tech titans Facebook, Google, and Microsoft are operating in Day One: they prioritize reinvention over tradition and collaboration over ownership. Through 130 interviews with insiders, from Mark Zuckerberg to hourly workers, *Always Day One* reveals the tech giants' blueprint for sustainable success in a business world where no advantage is safe. Companies today can spin up new products at record speed -- thanks to artificial intelligence and cloud computing -- and those who stand still will be picked apart. The tech giants remain dominant because they've built cultures that spark continual reinvention. It might sound radical, but those who don't act like it's always day one do so at their own peril. Kantrowitz uncovers the engine propelling the tech giants' continued dominance at a stage when most big companies begin to decline. And he shows the way forward for everyone who wants to compete with--and beat--the titans.

Ideas are everywhere, but those with the greatest problem-solving, business-transforming, and life-changing potential are often hard to identify. Even when we recognize good ideas, applying them to everyday obstacles—whether in the workplace, our homes, or our civic institutions—can seem insurmountable. According to Matthew Syed, it doesn't have to be this way. In Rebel Ideas, Syed argues that our brainpower as individuals isn't enough. To tackle problems from climate change to economic decline, we'll need to employ the power of "cognitive diversity." Drawing on psychology, genetics, and beyond, Syed uses real-world scenarios including the failings of the CIA before 9/11 and a communication disaster at the peak of Mount Everest to introduce us to the true power of thinking differently. Rebel Ideas will strengthen any kind of team, while including advice on how, as individuals, we can embrace the potential of an "outsider mind-set" as our greatest asset. Matthew Syed is the Sunday Times bestselling author of Black Box Thinking, Bounce, and The Greatest. He writes an award-winning newspaper column in The Times and is the host of the hugely successful BBC podcast Flintoff, Savage and the Ping Pong Guy. Die A Little tells the story of Lora King, a schoolteacher, and her brother Bill, a junior investigator with the district attorney's office. Lora's comfortable, suburban life is jarringly disrupted when Bill falls in love and marries a glamorous yet mysterious young woman named Alice Steele, a Hollywood wardrobe assistant. Lora soon begins to suspect that things aren't all they seem with Alice. Spurred on by inconsistencies in Alice's personal history, Lora finds herself lured into the dark alleys and mean streets of seamy Los Angeles. She uncovers a shadowy world of drugs, prostitution, and ultimately, murder. But the deeper Lora digs to uncover Alice's secrets, the more her own life begins to resemble Alice's sinister past - and present.

Dare to Be You

The Art of Turning Tough Times into Triumph

Empire State of Mind

Bounce

Taking People Innovation from the Locker Room Into the Boardroom

The Quest for Sporting Perfection

52 Tips for Improving Your Skills

The Skinny on Success is a compilation of the best thinking on the subject of success. Relying on thought leaders from ancient Rome to the present day, this book pulls back the curtain on success and separates the wheat from the chaff. If you want the real story, pick it up and invest one hour. It will be on of the best hours you have ever spent!

A new edition of the bestselling classic—published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain—the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the ‘rational’ side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic - stripped of depth, colour and value.

Sylvia Duckworth is a Canadian teacher whose sketchnotes focus on social media by storm. Her drawings provide clarity and provoke dialogue on many topics related to education. This book contains 100 of her most popular sketchnotes with links to the original downloads that can be used in class or shared with colleagues. Interspersed throughout the book are Sylvia's reflections on each drawing and what motivated her to create them, in addition to commentary from other educators who inspired the sketchnotes. To see samples of the drawings in this book, please visit [siles.google.com/view/sketchnotesforeducators/home](https://www.sylvia-duckworth.com/view/sketchnotesforeducators/home)

World-renowned Stanford University psychologist Carol Dweck, in decades of research on achievement and success, has discovered a truly groundbreaking idea—the power of our mindset. Dweck reveals what all great parents, teachers, CEOs, and athletes already know: how a simple idea about the brain can create a love of learning and a resilience that is the basis of great accomplishment in every area.

Why Most People Never Learn from Their Mistakes--But Some Do

The Mind Management Program to Help You Achieve Success, Confidence, and Happine ss

Disciplines of a Godly Man (Updated Edition)

Black Box Thinking

W.C. Handy

A New Theory of Leadership

Why have all the sprinters who have run the 100 meters in under ten seconds been black? What's one thing Mozart, Venus Williams, and Michelangelo have in common? Is it good to praise a child's intelligence? Why are baseball players so superstitious? Few things in life are more satisfying than beating a rival. We love to win and hate to lose, whether it's on the playing field or at the ballot box, in the office or in the classroom. In this bold new look at human behavior, award-winning journalist and Olympian Matthew Syed explores the truth about our competitive nature—why we win, why we don't, and how we really play the game of life. Bounce reveals how competition—the most vivid, primal, and dramatic of human pursuits—provides vital insight into many of the most controversial issues of our time, from biology and economics, to psychology and culture, to genetics and race, to sports and politics. Backed by cutting-edge scientific research and case studies, Syed shatters long-held myths about meritocracy, talent, performance, and the mind. He explains why some people thrive under pressure and others choke, and weighs the value of innate ability against that of practice, hard work, and will. From sex to math, from the motivation of children to the culture of big business, Bounce shows how competition provides a master key with which to unlock the mysteries of the world.

At a time when the U.S. education system consistently lags behind its international peers, Dumbing Down America shows exactly why America can't keep up by providing a critical look at the nation's schools through the eyes of the children whose minds are languishing in countless classrooms. Filled with specific examples of how gifted children are being shortchanged by a nation that believes smart kids will succeed on their own, Dumbing Down America packs a powerful message: If we want our nation to prosper, we must pay attention to its most intelligent youth. With more than 35 years of experience working with and for gifted children, author James R. Delisle provides a template of what can and must happen in America's schools if they are to fulfill their mission of educating every child to the fullest potential. Dumbing Down America is a must-read for any individual who believes that the unfulfilled promises to gifted children must begin to be met in America's schools today, not someday.

Point blank, this is a punchy, no-holds-barred book for young men that lays out the call and command to be disciplined, godly, and so-called for Jesus. Addressing topics such as purity in one's thought-life, peer pressure, and perseverance as a Christian, this specially adapted work stands to influence a struggling generation. Using the same no-nonsense approach that made R. Kent Hughes' Disciplines of a Godly Man a positive influence on thousands of adults, this adaptation by Kent, his son Carey, and veteran youth leader Jonathan Carswell outlines the disciplines necessary to help a young man align every facet of his life with the fundamental truths of the Bible. It not only teaches how to live a life of Christian discipline, but also instills the desire to do so into a young heart longing to live a life of integrity, meaning, and fulfillment. This book brings the authority of a trusted name with a new flavor that will engage a younger audience.

No man in life gets anywhere unless he has a goal in his mind. Success is no exception. Seasoned pastor R. Kent Hughes's inspiring and best-selling book Disciplines of a Godly Man—now updated with fresh references and suggested resources—is filled with godly advice aimed at helping men grow in the disciplines of prayer, integrity, marriage, leadership, worship, purity, and more. With biblical wisdom, memorable illustrations, and engaging study questions, this practical guide will empower men to take seriously the call to godliness and direct their energy toward the things that matter most.

How Market-Based Management Built the World's Largest Private Company

Always Day One

Powered by Happy

How to Get and Stay Happy at Work (Boost Performance, Increase Success, and Transform Your Workday)

The Captain Class

The Master and His Emissary

Mozart, Federer, Picasso, Beckham, and the Science of Success

WHAT IF YOU COULD BECOME AWESOME AT (ALMOST) ANYTHING? It's not as impossible as you might imagine. If you're the kind of person who thinks ... I need a special type of brain to do math You're either good at sports or you're not I don't have a musical bone in my body Challenge the beliefs that hold you back! Whatever you want to be good at, the right mindset can help you achieve your dreams. Times journalist, two-time Olympian, and bestselling author Matthew Syed demonstrates how grit, resilience, and a positive mindset can help in every aspect of your life—from school to friendships to sports to hobbies. Using examples of role models from Serena Williams to Mozart, You Are Awesome shows how success is earned rather than given, and that talent can be acquired through practice and a positive attitude. Practical, insightful, and positive, this is the book to help you build resilience, embrace your mistakes, and grow into a more successful, happier YOU!

"Of all the people you will know in a lifetime, you are the only one you will never leave nor lose. To the question of your life, you are the only answer. To the problems of your life, you are the only solution." This is the premise of Jo Couderet's brilliant book, hailed by psychiatrists and layman alike as a breakthrough in the field of self-understanding. No other book is comparable in its intelligent synthesis of knowledge of the workings of the human mind in terms designed to be of immediate and practical benefit to the reader.

From the bestselling, award-winning author of You Are Awesome comes the much-anticipated follow-up, Dare to Be You. What would you dare to try if you stopped worrying about fitting in? If you're the kind of person who thinks: I don't like standing out from the crowd ... I wish I could be more like the cool kids ... There's no point trying to change things ... then this book is for you. Because guess what? There's no such thing as normal. Drawing examples from sport, science and even business, Dare to Be You empowers young readers to follow their own path, love what makes them different and question the world around them. With You Are Awesome's trademark mix of hilarious text, stylish illustration, personal insights and inspiring real-life examples, including Greta Thunberg and Malala Yousefzai, Matthew Syed introduces children to the power of diverse thinking. When you stop doubting yourself, things change and your world opens up. This groundbreaking, practical and positive book will help kids develop the inner confidence to grow into happy adults who know – and, more importantly, LIKE – themselves. Praise for You Are Awesome, children's book of the year 2019 and Sunday Times no. 1 bestseller: "A very funny and inspiring read! Brilliantly practical with a wide variety of examples that make it relevant for both boys and girls (and adults)!" – Online customer review "Genuinely funny and engaging ... It's a must read." – Online customer review

A manual for building a faster brain and a better you! The Little Book of Talent is an easy-to-use handbook of scientifically proven, field-tested methods to improve skills—your skills, your kids' skills, your organization's skills—in sports, music, art, math, and business. The product of five years of reporting from the world's greatest talent hotbeds and interviews with successful master coaches, it distills the daunting complexity of skill development into 52 clear, concise directives. Whether you're age 10 or 100, whether you're on the sports field or the stage, in the classroom or the corner office, this is an essential guide for anyone who ever asked, "How do I get better?" Praise for The Little Book of Talent "The Little Book of Talent should be given to every graduate at commencement, every new parent in a delivery room, every executive on the first day of work. It is a guidebook—beautiful in its simplicity and backed by hard science—for nurturing excellence."—Charles Duhigg, bestselling author of The Power of Habit "It's so juvenile to throw around hyperbolic terms such as 'life-changing,' but there's no other way to describe The Little Book of Talent. I was avidly trying new things within the first half hour of reading it and haven't stopped since. Brilliant. And yes: life-changing."—Tom Peters, co-author of In Search of Excellence

How Jay Z Went from Street Corner to Corner Office, Revised Edition

New Insights into Genetics, Talent, and IQ

The Champion's Mind

Thinking Body, Dancing Mind

Dumbing Down America

Dare Self-Doubt, Fearlessly Follow Your Own Path and Be Confidently You!

Talent Is Overrated

From Bridgewater Associates to Netflix, some of North America's largest companies admit to being heavily influenced by concepts from pro sports. So what do they know that other organizations don't? The answer is simple: people innovation is the new competitive advantage. Through in-depth interviews and meticulous research, Where Others Won't dives deeper than ever before into professional sports from around the world to uncover 50 easily implementable people strategies to help you win. Whether it's recruitment, leadership, culture or high-performance, sports has been quality-testing people strategies for decades. You'll hear first-hand accounts from executives, coaches and players, including Southampton president Ralph Krueger, former Detroit Pistons president Joe Dumars, former Denver Broncos general manager Ted Sundquist, Utah Jazz coach Igor Kokoskov, former Green Bay Packer Na'il Diggs, former Sunderland and Burnley captain Steven Caldwell, former Richmond leader Daniel Jackson, NCAA soccer coach Gary Curney, and Paris St-Germain defender Ashley Lawrence. Are you willing to look where others won't?

Why do many people and companies crumble in the face of difficulty, while others use adversity to bounce back even stronger? Here from New York Times bestselling author Keith McFarland is a leadership fable for those wary of fables, a story that rejects pat, heard-it-before advice and shows-in a startlingly fresh way—how to use challenges to make both yourself and your organization stronger. Mike Maloney, division manager for Boston-area tech firm CRX, returns from a business trip late one night feeling demoralized. His unit is about to lose its biggest customer and its most valuable employee. Mike wonders how much longer he and his staff can keep up their relentless work schedule and meet upper management's new request for cost cuts. Something has to give. Hoping to blow off steam, he heads to a gym, where he runs into Joe, a former army Ranger. After listening to Mike vent about the cards he's been dealt, Joe begins tutoring him in lessons from the battlefield. It is through a series of conversations that the opportunity exists to rethink a situation and make real progress. Over the next two weeks, Joe turns Mike's view of himself and his company upside down. Despite his by League MBA and extensive experience running combat units, Mike has a lot to learn from this young grunt just back from Afghanistan. For example, he learns that under pressure, people experience two kinds of anxiety—one that hurts performance and one that helps it. Mike uses the insight to get his troops running toward the sound of gunfire, and in the process, learns that "bounce" can happen outside the workplace, too. With Joe's help, he finds his own personal bounce. Drawing inspiration from such sources as the work of M.I.T. social scientist Ed Schein, the film Saving Private Ryan, and his own experiences as a CEO leading companies, McFarland cleverly weaves a story whose practical insights can be put to use immediately. With an invaluable wrap-up section at the book's end that analyzes each of the key ideas and shows how they can be applied in work and personal life, Bounce may be the most indispensable guide to facing challenges ever written. From the Hardcover edition.

The classic guide to sharpening your mind and raising your performance—on the green, and in the game of life. "The best sports psychology book ever written about golf."—Inside Golf W. Timothy Gallwey's bestselling Inner Game books—with more than one million copies sold—have revolutionized the way we think about sports. As he did in his phenomenally successful The Inner Game of Tennis, Gallwey provides methods that can be applied to situations beyond the green. The Inner Game of Golf delivers strategies to achieve potential—both in the crucible of competition and in everyday life. With Gallwey as a guide, you'll learn how to • defeat your mental demons and find clarity under pressure • dispel tensions that can sabotage your performance • build confidence and overcome insecurities that can hijack your best instincts • employ the art of "relaxed concentration" to improve your swing, your game, and your life No matter what your skill set, Gallwey's pioneering strategies, real-life examples, and illuminating advice are perfect for anyone who strives to be a champion on and off the course.

Why fight the way you can rise to it? Let go of the obsession to win—and you will be victorious. Acknowledge your vulnerabilities—and turn them into strengths. Find the courage to risk failure—and begin your journey to success. That is the secret of the TaoAthlete, and in this remarkable book Tai chi expert Chungliang Al Huang and renowned professional and Olympic sports psychologist Jerry Lynch teach you the time-honored principles of successful performance—whether on the playing field, in the office, or in your relationships. By mastering the unique strategies and mental exercises of the TaoAthlete, you'll unlock the extraordinary powers of body, mind, and spirit that will lead you to victory in any field of endeavor. Praise for Thinking Body, Dancing Mind "This gives you a positive mental perspective and provides good food for your mind—unconscious and conscious."—Phil Jackson, coach of the Los Angeles Lakers "Warning: If you're completely content with your life, don't read this book. But if you'd like to break through to higher levels of performance, understanding, and happiness ... this book is magic."—Larry Dossey, M.D., author of Meaning & Medicine and Healing Words "In six months my level of performance has grown more than in the previous ten years of athletic training. Using Taoist principles of performance has pushed me to levels I never dreamed possible."—Steven Gottlieb, all-American 1989 NCAA Tennis Division III champion "Bringing Eastern thought to the Western world of sport really works. . . . My game has improved immensely."—Vince Strath, offensive guard, Houston Oilers, NFL "The Tao is responsible for me turning my life around, athletically and personally. I am now able to believe in myself and perform to my capability."—Regina Jacobs, U.S. Olympic Track Team

Die A Little

Rebel Ideas

You Are Awesome Journal

John Delaney and the Betrayal of Irish Football: The Inside Story

The War on Our Nation's Brightest Young Minds

Why Not You?

Zadie Smith's White Teeth

THE NO.1 BESTSELLER! I read it in one sitting, it's a superb book' Eamon Dunphy, The Stand 'An astonishing exposé' Martin Ziegler, The Times Over the course of fifteen years, John Delaney ran the Football Association of Ireland as his own personal fiefdom. He had his critics, but his power was never seriously challenged until 2019, when Mark Tighe and Paul Rowan published a sequence of stories in the Sunday Times containing damaging revelations about his personal compensation and the parlous financial situation of the FAI. Delaney's reputation as a great financial manager was left in tatters. He resigned under pressure, and the FAI was left hanging for a massive ball game from the Irish taxpayer. Champagne Football is a gripping, sometimes darkly hilarious and often engaging piece of reporting by the award-winning journalists who finally pulled back the curtain on the FAI's mismanagement. _____ "Excellent" Irish Sun "A jaw-dropping story ... brilliant" Irish Times "Essential reading" Irish Daily Star "Astounding ... Side-splittingly hilarious" Guardian "A damning account" Sunday Independent "An instant classic, one of the all-time great Irish sports books" Alan Eagle "Excellent ... includes staggering detail" Daily Mail "A cracking read ... [A]n incredible amount of jaw-dropping detail" Matt Cooper "One of the most hotly-anticipated sport books of the year" Brendan O'Connor "A masterpiece" Tommy Martin "At last, the truth of his ruinous reign has been rigorously and painstakingly exposed" Irish Times "An absolutely extraordinary book" Eoin McDevitt, Second Captains "Remarkable. The desperate story of Irish football" but also a book about how Ireland works. Outstanding" Don Fanning

Apart from the headline-making book from Patrick Lencioni When It was published ten years ago, the Five Temptations of a CEO was like no other business book that came before. Highly sought-after management consultant Patrick Lencioni deftly told the tale of a young CEO who, facing his first annual board review, knows he is failing, but doesn't know why. Refreshingly original and utterly compelling, this razor-sharp novelette plus self-assessment (written to be read in one sitting) serves as a timeless and potent reminder that success as a leader can come down to practicing a few simple behaviors that are painfully difficult for each of us to master. Any executive can learn how to recognize the mistakes that leaders can make and how to avoid them. The lessons of The Five Temptations of a CEO are as relevant today as ever, and this special anniversary edition celebrates ten years of inspiration and enlightenment with a brand new introduction and reflections from Lencioni on the new challenges in business and leadership that have occurred in the past ten years. Is true greatness obtainable from everyday means and everyday genes? Conventional wisdom says no, that a lucky few are simply born with certain gifts. The new science of human potential suggests otherwise. Forget everything you think you know about genes, talent, and intelligence, and take a look at the amazing new evidence. Here, interweaving cutting-edge research from numerous scientific fields, David Shenk offers a new view of human potential, giving readers more of a sense of ownership over their accomplishments, and freeing parents from the bonds of genetic determinism. As Shenk points out, our genes are not a "blueprint" that dictate individual destinies. Rather we are all the product of interplay between genes and outside stimuli—a dynamic that we can influence. It is a revolutionary and life-changing message.

Offers an accessible and informative introduction to the popular novel.

Changing the Way You Think to Fulfill Your Potential

The Complexity of Greatness

What Really Separates World-Class Performers from Everybody Else

Bounce LP

The Chimp Paradox

Beyond Talent or Practice

The Four-Step Solution to Unlocking Your Natural State of Happiness

Peek inside the mind of Dexter Morgan—police forensic analyst, family man, serial killer, and the star of Showtime's most-watched series—with essays from seventeen psychologists and avid fans. Aimed at Dexter devotees and armchair psychologists, The Psychology of Dexter takes on the psychological complexities of the popular series with an eye towards insight and accessibility. It analyzes not just the title character, but his family, coworkers, and even his viewers. What makes Dexter tick? What makes a show about a serial killer so appealing to those of us at home. And do we need to be worried about our own Dark Passengers? From the implications of faking normalcy (could it be behind Dexter's still-in-progress emotional growth?) to where the show weighs in on the psychological debate between nature and nurture, this book gives fans a peek inside Dexter's psyche. Think you know Dexter? The Psychology of Dexter will make you think again.

What are the origins of greatness? Few other questions have caused such intense debate, controversy, and diversity of opinions. In recent years, a large body of research has accumulated that suggests that the origins of greatness are extraordinarily complex. Instead of talent or practice, it's talent and practice. Instead of nature or nurture, it's nature via nurture. Instead of practice, it's deliberate practice. Instead of the causes of greatness in general, it's the determinants of greatness specific to a field. The Complexity of Greatness brings together a variety of perspectives and the most cutting-edge research on genes, talent, intelligence, expertise, deliberate practice, creativity, prodigies, savants, passion, and persistence. A variety of different domains are represented, including science, mathematics, expert memory, acting, visual arts, music, and sports. This book demonstrates that the truth about greatness is far more nuanced, complex, and fascinating than any one viewpoint or paradigm can possibly reveal. Indeed, it suggests that the time has come to go beyond talent or practice. Greatness is much, much more.

Ever wonder why certain athletes stand out as a cut above the rest, able to outperform in clutch, game-deciding moments. These athletes prove that raw athletic ability doesn't necessarily translate to a superior on-field experience—its the mental game that matters most. Sports participation—from the recreational to the collegiate Division I level—is at an all-time high. While the caliber of their games may differ, athletes at every level have one thing in common: the desire to excel. In The Champion's Mind, sports psychologist Jim Attwells, PhD, offers the same advice he uses with Olympians, Heisman Trophy winners, and professional athletes, including: • How to get in a "zone," thrive on a team, and stay humble • How to progress within a sport and sustain long-term excellence • Customizable pre-performance routines to hit full power when the gun goes off or the puck is dropped With hundreds of useful tips, breakthrough science, and cutting-edge workouts from the world's top trainers, The Champion's Mind will help you shape your body to ensure a longer, healthier, happier lifetime.

A bold new theory of leadership drawn from elite captains throughout sports—named one of the best business books of the year by CNBC, The New York Times, Forbes, strategybusiness, The Globe and Mail, and Sports Illustrated "The book taught me that there's no cookie-cutter way to lead. Leading is not just what Hollywood tells you. It's not the big pregame speech. It's how you carry yourself every day, how you treat the people around you, who you are as a person."—Mitchell Trubisky, quarterback, Chicago Bears Now featuring analysis of the five-time Super Bowl champion New England Patriots and their captain, Tom Brady The seventeen most dominant teams in sports history had one thing in common: Each employed the same type of captain—a singular leader with an unconventional set of skills and tendencies. Drawing on original interviews with athletes, general managers, coaches, and team-building experts, Sam Walker identifies the seven core qualities of the Captain Class—from extreme doggedness and emotional control to tactical aggression and the courage to stand apart. Told through riveting accounts of pressure-soaked moments in sports history, The Captain Class will challenge your assumptions of what inspired leadership looks like. Praise for The Captain Class "Wildly entertaining and thought-provoking . . . makes you reexamine long-held beliefs about leadership and the glue that binds winning teams together."—Theo Epstein, president of baseball operations, Chicago Cubs "If you care about leadership, talent development, or the art of competition, you need to read this immediately."—Daniel Coyle, author of The Culture Code "The insights in this book are tremendous."—Bob Myers, general manager, Golden State Warriors "An awesome book . . . I find myself relating a lot to its portrayal of the out-of-the-norm leader."—Carli Lloyd, co-captain, U.S. Soccer Women's National Team "A great read . . . Sam Walker used data and a systems approach to reach some original and unconventional conclusions about the kinds of leaders that foster enduring success. Most business and leadership books lapse into clichés. This one is fresh."—Jeff Immelt, chairman and former CEO, General Electric "I can't tell you how much I loved The Captain Class. It identifies something many people who've been around successful teams have felt but were never able to articulate. It has deeply affected my thoughts around how we build our culture."—Derek Falvey, chief baseball officer, Minnesota Twins

The Life and Times of the Man who Made the Blues

Advice from a Failure

The Skinny on Success

Champagne Football

Taosports for Extraordinary Performance in Athletics, Business, and Life

The Inner Game of Golf

The Genius in All of Us

Combining six decades of clinical experience with cutting-edge research, two acclaimed leaders in the field of psychology have developed a revolutionary approach to happiness—one that's accessible and practical enough to apply at home, yet powerful enough to create a profoundly positive transformation in our lives. Doctors George Pratt and Peter Lambrou have been delivering successful results to professional athletes, top executives, celebrities, and nearly 45,000 other patients with their four-step process. Now, their revolutionary solution will help readers identify and diffuse the negative "blocking beliefs" that are standing between them and the happiness they want to achieve.

What can Roger Federer teach us about the secret of longevity? What do the All Blacks have in common with improvised jazz musicians? What can cognitive neuroscientists tell us about what happens to the brains of sportspeople when they perform? And why did Johan Cruyff believe that beauty was more important than winning? Matthew Syed, the 'Sports Journalist of the Year 2016', answers these questions and more in a fascinating, wide-ranging and provocative book about the mental game of sport. How do we become the best that we can be, as individuals, teams and organisations? Sport, with its innate sense of drama, its competitive edge, its psychological pressures, its sense of morality and its illusive quest for perfection, provides the answers.

Nobody wants to fail. But in highly complex organizations, success can happen only when we confront our mistakes, learn from our own version of a black box, and create a climate where it's safe to fail. We all have to endure failure from time to time, whether it's underperforming at a job interview, flunking an exam, or losing a pickup basketball game. But for people working in safety-critical industries, getting it wrong can have deadly consequences. Consider the shocking fact that preventable medical error is the third-biggest killer in the United States, causing more than 400,000 deaths every year. More people die from mistakes made by doctors and hospitals than from traffic accidents. And most of those mistakes are never made public, because of malpractice settlements with nondisclosure clauses. For a dramatically different approach to failure, look at aviation. Every passenger aircraft in the world is equipped with an almost indestructible black box. Whenever there's any sort of mishap, major or minor, the box is opened, the data is analyzed, and experts figure out exactly what went wrong. Then the facts are published and procedures are changed, so that the same mistakes won't happen again. By applying this method in recent decades, the industry has created an astonishingly good safety record. Few of us put lives at risk in our daily work as surgeons and pilots do, but we all have a strong interest in avoiding predictable and preventable errors. So why don't we all embrace the aviation approach to failure rather than the health-care approach? As Matthew Syed shows in this eye-opening book, the answer is rooted in human psychology and organizational culture. Syed argues that the most important determinant of success in any field is an acknowledgment of failure and a willingness to admit that we are stuck in a relationship with failure that impedes progress, halts innovation, and damages our careers and personal lives. We rarely acknowledge or learn from failure—even though we often claim the opposite. We think we have 20/20 hindsight, but our vision is usually fuzzy. Syed draws on a wide range of sources—from anthropology and psychology to history and complexity theory—to explore the subtle but predictable patterns of human error and our defensive responses to error. He also shares fascinating stories of individuals and organizations that have successfully embraced a black box approach to improvement, such as David Beckham, the Mercedes F1 team, and Dropbox.

The only pocket-sized book packed with ways to boost not only workplace happiness, but also your—and your company's—performance Research has shown that employee happiness improves the bottom line, but how can a time-crunched, stressed-out employee wedge in a little joy? Instrumental for anyone working, whether in a cubicle or a corner office, Powered by Happy offers a quick hit of optimism for the workday, which will help your career. Employee engagement expert Beth Thomas has crafted a powerful little book filled with upbeat coaching, practical advice, and proven techniques. "Powered by Happy provides a step by step, tip by tip strategy for figuring out what gives us joy and how to create an environment in which we can find it—all day, every day, in any situation, no matter what challenges we face." -Larry Israelite, talent management executive "Here is a practical collection of strategies and approaches that will support and enliven the lives of employees and managers." -Elliott Masie, chair, The Learning Consortium "Look hard into the mirror, be honest with yourself, follow Beth's advice, and become more productive and honestly happy!" -Steven M. Lyman, vice-president, American Eagle Outfitters

Disciplines of a Godly Young Man

Mindset

The Greatest

You Are Awesome

Code to Joy

Genius Explained

The Five Temptations of a CEO, 10th Anniversary Edition

What if everything you know about raw talent, hard work, and great performance is wrong? Few, if any, of the people around you are truly great at what they do. But why aren't they? Why don't they manage businesses like Jack Welch or Andy Grove, play golf like Tiger Woods or play the violin like Itzhak Perlman? Asked to explain why a few people truly excel, most of us offer one of two answers: hard work or a natural talent. However, scientific evidence doesn't support the notion that specific natural talents make great performers. In one of the most popular Fortune articles in years, Geoff Colvin offered new evidence that top performers in any field - from Tiger Woods and Winston Churchill to Warren Buffett and Jack Welch - are not determined by their inborn talents. Greatness doesn't come from DNA but from practice and perseverance honed over decades. And not just plain old hard work, but a very specific kind of work. The key is how you practice, how you analyze the results of your progress and learn from your mistakes, that enables you to achieve greatness. Now Colvin has expanded his article with much more scientific background and real-life examples. He shows that the skills of business - negotiating deals, evaluating financial statements, and all the rest - obey the principles that lead to greatness, so that anyone can get better at them with the right kind of effort. Even the hardest decisions and interactions can be systematically improved. This new mind-set, combined with Colvin's practical advice, will change the way you think about your job and career - and will inspire you to achieve more in all you do.

"I'm not a businessman-I'm a business, man." --Jay-Z Some people think Jay-Z is just another rapper. Others see him as just another celebrity/mega-star. The reality is, no matter what you think Jay-Z is, he first and foremost a business. And as much as Martha Stewart or Oprah, he has turned himself into a lifestyle. You can wake up to the local radio station playing Jay-Z's latest hit, spritz yourself with his 9IX cologne, slip on a pair of his Rocawear jeans, lace up your Reebok S. Carter sneakers, catch a Nets basketball game in the afternoon, and grab dinner at The Spotted Pig before heading to an evening performance of the Jay-Z-backed Broadway musical Fela! and a nightcap at his 40/40 Club. He'll profit at every turn of your day. But despite Jay-Z's success, there are still many Americans whose impressions of him are foggy, outdated, or downright incorrect. Surprisingly to many, he honed his business philosophy not at a fancy B school, but on the streets of Brooklyn, New York and beyond as a drug dealer in the 1980s. Empire State of Mind tells the story behind Jay-Z's rise to the top as told by the people who lived it with him- from classmates at Brooklyn's George Westinghouse High School; to the childhood friend who got him into the drug trade; to the DJ who convinced him to stop dealing and focus on music. This book explains just how Jay-Z propelled himself from the bleak streets of Brooklyn to the heights of the business world. Zack O'Malley Greenburg draws on his one-on-one interviews with hip-hop luminaries such as DJ Clark Kent, Questlove of The Roots, Damon Dash, Fred "Fab 5 Freddy" Brathwaite, MC Serch; NBA stars Jamal Crawford and Sebastian Telfair; and recording industry executives including Craig Kallman, CEO of Atlantic Records. He also includes new information on Jay-Z's various business dealings, such as: *The feature movie about Jay-Z and his first basketball team that was filmed by Fab 5 Freddy in 2003 but never released. *The Jay-Z branded Jeep that was scrapped just before going into production. *The real story behind his association with Armand de Brignac champagne. *The financial ramifications of his marriage to Beyonce. Jay-Z's tale is compelling not just because of his celebrity, but because it embodies the rags-to-riches American dream and is a model for any entrepreneur looking to build a commercial empire.

Your inner Chimp can be your best friend or your worst enemy...this is the Chimp Paradox Do you sabotage your own happiness and success? Are you struggling to make sense of yourself? Do your emotions sometimes dictate your life? Dr. Steve Peters explains that we all have a being within our minds that can wreak havoc on every aspect of our lives—be it business or personal. He calls this being "the chimp," and it can work either for you or against you. The challenge comes when we try to tame the chimp, and persuade it to do our bidding. The Chimp Paradox contains an incredibly powerful mind management model that can help you be happier and healthier, increase your confidence, and become a more successful person. This book will help you to: —Recognize how your mind is working —Understand and manage your emotions and thoughts —Manage yourself and become the person you would like to be Dr. Peters explains the struggle that takes place within your mind and then shows you how to apply this understanding. Once you're armed with this new knowledge, you will be able to utilize your chimp for good, rather than letting your chimp run rampant with its own agenda.

Charts Handy's rise from a rural Alabama childhood to become one of the most celebrated songwriters of the twentieth century, responsible for such iconic songs as "St. Louis Blues," "Memphis Blues," and "Beale Street Blues."

Where Others Won't

Suspenseful and evocative novel of Hollywood's sleazy underbelly

The Science of Success

The Little Book of Talent

A Leadership Fable

Sketchnotes for Educators

The Psychology of Dexter

This study controversially suggests genius is made not born by tracing the lives of famous figures.

How Great Athletes Think, Train, and Thrive

The Power of Thinking Differently

The Power of Diverse Thinking

How the Tech Titans Plan to Stay on Top Forever

The Divided Brain and the Making of the Western World, Second Edition