

Career Counseling (Theories Of Psychotherapy)

This landmark book provides the latest thinking among the leading figures in career counseling psychology on theoretical issues and their practical applications. Twenty-eight contributions address: the integration of career counseling theory and practice, how major counseling theories are proving useful in career intervention, the use of career assessment instruments, and new directions in theory and practice.

Unique in the way it links five major career development and choice theories to a fictional case client, this user-friendly text is ideal for counselors engaged in helping clients make wise career choices. Thoroughly updated, the Third Edition of Career Theory and Practice takes a multicultural approach as it blends theory, practical examples, and specific cases, helping readers apply a wide range of career development theories to counseling clients.

Praise for the First Edition: "For those of you who wonder if the counselling approach is of much use for career guidance, this book should be informative. The importance of working with insight into client feelings is exemplified by insights into the need to address and work through feelings so that blocks to career interest and good decision-making can be overcome... The book outlines basic counselling skills and more complex ones and many straightforward exercises: ways of generating career options; career drivers and satisfiers; decision-making exercises; and guidelines for investigating careers... This text has made me more aware of the importance of thinking in terms of counselling and group counselling in the work I do relating to careers? - Guidance Matters Career counselling is often mistakenly described as giving people advice on finding the best career path. This fully revised and updated second edition of Career Counselling explains what career counselling actually is, why people seek it, and indicates the many contexts where it is used. It describes in detail the skills, tools and techniques of career counselling, useful to both professional career counsellors and those for whom career counselling is just part of their work. This practical guide examines the issues typically brought to career counselling, and includes a completely new chapter on the role of career counselling within organisations. Other areas covered include: o the dilemmas of independent and in-house career counsellors o screening and contracting o ways of facilitating decision-making and managing 'blocks'? o self-management and continuing professional development. Career Counselling, Second Edition stresses the importance of adopting a `whole person'? approach whilst maintaining a career focus. Illustrated throughout by case studies from the authors? experience, the book draws on approaches ranging from the humanistic work of Carl Rogers to solution-focused counselling. The book contains an invaluable resources section and includes a brand new appendix containing photocopiable exercises which practitioners and their clients can use in conjunction with their counselling sessions. Robert Nathan is Managing Director of Career Counselling Services, London.

This book sets out to provide context for innovating counseling for self- and career construction. It gives readers insight into the theory underlying an innovative, integrative qualitative-quantitative approach to career counseling. Three key ideas recur throughout the book. First, the idea of not dispensing "advice" to people—instead, enabling them to advise themselves. Second, the idea of listening for instead of to people's stories to help them choose and construct careers and themselves and shape their career identities. Third, the idea of helping people connect what they know about themselves consciously with what they are aware of subconsciously. The book confronts some of the main challenges posed by Work 4.0 on the workplace but also foreshadows the imminent advent of Work 5.0. It endeavors to promote career counselors' ability to help people "thrive" at a time when many speculate that work itself is at risk, occupational contexts no longer "hold" workers in the way they used to, and the coronavirus pandemic is disrupting the workplace.

A Handbook of Culture, Context, and Cases

Career Construction Theory

Toward Life-Enhancing Work, Relationships, and Identity

Foundations, Perspectives, and Applications

Career Counseling: A Holistic Approach

Applying Career Development Theory to Counseling

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Presenting the subject matter in a way that is relevant to all counseling students, Vernon Zunker uses an innovative holistic or " whole person " approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client's best career fit. The thoroughly revised and updated Ninth Edition of this classic book includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam.

Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Accessible, practical, and succinct, CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY, 2nd Edition thoroughly prepares students for career counseling in today's marketplace. Maximizing student success, the text supports learning and understanding through its unique Career Diamond pedagogical model that helps students synthesize and apply career counseling theories. Cutting-edge case studies demonstrate the use of techniques and the application of theory. The new edition includes updated research, new coverage of the economic crisis, and an all-new Chapter 17 Professional Issues: Ethics and Research. The text also offers thorough coverage of special populations--such as clients in the welfare-to-work program--and the impact of the global economy. Offering comprehensive coverage in a concise format, this popular text remains extremely student friendly with an emphasis on process. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This accessible look at " how to do career counseling " clearly defines the profession and the competencies counselors need to pursue as part of their training. Straightforward and accessible, Essential Elements of Career Counseling focuses on the practice of career counseling, examined through the basic techniques and resources useful in supporting the theories of career choice and development. The use of the Internet as a career counseling tool is emphasized; emerging issues such as Web-based counseling are explored; and case studies illustrate authentic counseling strategies and techniques in action. This edition features a new look at such areas as using group counseling methods in job searches and using the resume to inspire the development of career stories, providing a highly practical look at the practice of career counseling today.

"This is a must-have for any researcher in vocational psychology or career counseling, or anyone who wishes to understand the empirical underpinnings of the practice of career counseling." -Mark Pope, EdD College of Education, University of Missouri - St. Louis past president of the American Counseling Association Today's career development professional must choose from a wide array of theories and practices in order to provide services for a diverse range of clients. Career Development and Counseling: Putting Theory and Research to Work focuses on scientifically based career theories and practices, including those derived from research in other disciplines. Driven by the latest empirical and practical evidence, this text offers the most in-depth, far-reaching, and comprehensive career development and counseling resource available. Career Development and Counseling includes coverage of: Major theories of career development, choice, and adjustment Informative research on occupational aspirations, job search success, job satisfaction, work performance, career development with people of color, and women's career development Assessment of interests, needs and values, ability, and other important constructs Occupational classification and sources of occupational information Counseling for school-aged youth, diverse populations, choice-making, choice implementation, work adjustment, and retirement Special needs and applications including those for at-risk, intellectually talented, and work-bound youth; people with disabilities; and individuals dealing with job loss, reentry, and career transitions Edited by two of the leading figures in career development, and featuring contributions by many of the most well-regarded specialists in the field, Career Development and Counseling: Putting Theory and Research to Work is the one book that every career counselor, vocational psychologist, and serious student of career development must have.

Integrating Career and Personal Counseling

Understanding Career Counselling

Counseling Theory and Practice

Introduction to Career Counselling & Coaching

Theory and Practice of Counseling and Psychotherapy

Career Counseling

Individuals seeking career counseling often present with a complex array of issues, and thus it is often difficult for counselors to separate career satisfaction and development from other mental health issues. Career, Work, and Mental Health examines this tightly woven connection between mental health issues and career development and offers practical ways for counselors to blend career and personal counseling. Taking this integrative approach, author Vernon Zunker offers step-by-step procedures for delivering effective intervention strategies - tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.

A must-read for practicing counselors and counselors-in-training, APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING demonstrates how to apply principles of career development in a counseling setting! Highly praised for its clear writing style, useful case examples and diversity coverage, Sharf strikes the ideal balance between theory and application. The book's companion Web site reinforces key concepts with discussion questions, tutorial quizzes, and relevant links.

From the publisher. APA offers the Theories of Psychotherapy Series as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history, key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasizes solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration.

`[This is an exciting book, written in clear, accessible style. It's an informative guide for anyone wishing to explore career counselling as a topic and process' - Professional Manager 'This is an excellent book - practical yet scholarly. It is a must-read for anyone who wants to understand how to facilitate the career development of other people in formal or informal settings' - John Arnold, Professor of Organisational Behaviour, Loughborough University 'At a time when the career counselling profession has been under some pressure in the UK, it is good to have an up-to-date text which cogently outlines the strong base of theory, research and practice upon which this professional activity is built. Jenny Kidd's lucid text will provide an invaluable resource for new entrants to career counselling and related fields, as well as for established practitioners' - Professor Tony Watts, Senior Fellow and Life President, National Institute for Careers Education and Counselling, Cambridge Understanding Career Counselling explores the theory, research and practice of career counselling from a British perspective and brings them together in one concise volume. The book addresses exactly what is meant by the term 'career' in the 21st century and the implications this has for those working with clients at different stages of their career. This book is unique in that it clearly relates career theories to career counselling, which is often an unclear area for trainees. Divided into two clear parts, the first provides a comprehensive account of theories of career development and career counselling and their implications for practice. Taking a critical approach, it also shows how research informs our understanding of the field. In the second part, career counselling skills, tools and techniques are described, including the use of assessment tools and the internet. The book also covers ethical issues and evaluation. Understanding Career Counselling is invaluable for students undergoing training in career guidance, career counselling, outplacement counselling or career coaching, but it will also be a use to students on occupational psychology and human resource management courses. In addition, experienced career practitioners wishing to find out more about recent developments within their profession. Jennifer Kidd is a Reader in Organizational Psychology and Course Director of the MSc Career Management and Counselling programme at Birkbeck, University of London

Postmodern Career Counseling

Group Career Counseling

Career Development and Counseling

Cognitive and Behavioural Approaches

Connecting Conscious Knowledge with Subconscious Insight

Learning Through Case Studies

Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

*This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients' diverse needs in today's challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions, and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a "Practical Application Guide" in each of these chapters facilitate classroom learning and discussion. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here.*

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This text provides, from a rehabilitation perspective, comprehensive coverage of the dominant theories and techniques related to the occupational development, vocational behavior, and the organizational factors that impact the career development and employment of individuals with disabilities. It is designed for the CORE-mandated required course on employment and career development for the Master's Degree in rehabilitation counseling and for Licensed Professional Counselor certification. As the only book in rehabilitation and counseling that broadly addresses career development and employment of individuals with disabilities, it is a major contribution to the literature.

Topics covered include major constructs in career development and employment of disabled individuals, theoretical foundations, occupational assessment, information and evaluation, intervention strategies, and populations and settings. To facilitate learning and promote application of theories and techniques, each chapter includes chapter objectives, discussion and review questions, and case studies. An instructor's manual is also included. Key Features: The only book in rehabilitation and counseling to provide comprehensive coverage of career development and employment and disability-related theory and research Fulfills CORE-mandated requirements and Professional Counselor licensure Authored by respected leaders in the field Provides chapter objectives, case examples, and discussion questions in each chapter along with instructor's manual

Are you a career counsellor or coach in need of a new skills set to help meet the challenges of supporting clients? This book is for you. It is the first to combine the theory & practice of CBT with career counselling, presenting cognitive & behavioural approaches to help clients think & act more effectively in challenging situations in order to obtain their goals. Providing clear, practical strategies & a wealth of materials that can be used with clients in one-to-one or group settings, the book introduces: - theory of cognitive & behavioural psychological approaches within the context of career counselling - motivational techniques to help clients succeed at interview - how to help clients make effective vocational/educational choices & excel in the workplace - professional issues i.e., assessment tools, ethical issues, evaluation - self-management, using CBT techniques on yourself. This is essential reading for trainees studying for a careers guidance qualification, as well as CBT trainees wishing to go on to career counselling. Steve Sheward is a Careers Counsellor & CBT Therapist working in the NHS. He was previously director of the Connexions Service in South London. Rhena Branch is an experienced CBT Therapist & author, teaching the MSc in RECBT at Goldsmith's University.

Counseling and Action

A New Perspective for Career Development, Counseling, and Public Policy

Career, Work, and Mental Health

Motivational Career Counselling & Coaching

Processes and Techniques

Career Theory and Practice

In response to the complexities of social change that have become evident in the 21st century, there is a need for innovation in career theory that takes into account new perspectives and the fluctuating contexts of people's lives. Contemporary Theories of Career Development: International Perspectives brings together the contributions of theorists from around the globe whose work represents current, cutting-edge international approaches to career development theory. Emphasizing the new perspectives that are needed for this field to be relevant in a contemporary era, this book considers the cultural applications of theory in a diverse range of populations. Structured in three parts with chapters written by internationally renowned leaders in the field, this collection features a critical examination of the current history of the field; thirteen theory chapters, each enhanced by a case study; and a final chapter that draws the previous chapters together through key themes, broadening the reader's knowledge of theoretical perspectives and their interrelations. Each theory chapter author comments on and critiques his or her own theory, inviting readers to engage with these theories at both a practical and theoretical level through the case studies. Detailed, with reader-friendly descriptions and supplemented by international research, case examples, and discussion questions, Contemporary Theories of Career Development: International Perspectives is the ideal reference work for students studying the topic as well as a stimulus for researchers and practitioners looking to implement the theories in their work.

A practical introduction for those training in the field of career development, career counselling and career coaching, this book will take your students through established and emerging theory and the different contexts in which career work takes place introducing the key skills, techniques and models they'll need. Professional issues such as the use of digital technologies highlight the contemporary context of careers work and all of this is brought to life through engaging case studies and reflective questions, highlighting the practical applications of what is being learnt.

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic,

Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This award-winning, bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions, including the 2014 American Counseling Association Code of Ethics, CACREP/CORE accreditation standards, DSM-5, the Affordable Care Act, and many other important changes. It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio-cultural changes. The only resource of its kind, it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors, counselor educators, clinical supervisors, psychologists, and social workers. The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education, research, and practice. It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates, in 93 chapters, both contemporary insight and practical strategies for working with the complexity of real-life issues related to assessment, diagnosis, and treatment of diverse clients. New chapters address military and veteran health issues; evidence-based practice for training; counseling transgender individuals, partners, and families; counseling caregivers; social justice; and so much more. In addition to being a quick-access resource for all counseling professionals, the second edition serves as a concise, accessible reference for graduate students preparing for certification and licensure exams. It features an expanded, comprehensive self-exam of over 340 multiple-choice items based on the CORE/CACREP core content and knowledge areas for counselor education and training. New to the Second Edition: Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM-5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self-exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence-based practices for counseling New chapter on behavioral health and health disparities in the U.S. New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary, alternative, and integrative approaches New information on counseling LGBTQ couples, partners and families Key Features: Covers all key foundational content for CACREP/CORE-accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars, educators, and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics, Affordable Care Act, DSM-5, and revisions to licensure requirements in many states

The Psychology of Working

Career Counseling and Development in a Global Economy

Counseling and Psychotherapy Theories in Context and Practice

Practice with Diverse Clients

Innovating Counseling for Self- and Career Construction

Career Counseling Interventions

Developed for helping professionals, Counseling Theory and Practice explains what it means to be an effective helper, discusses foundations of classic counseling and psychotherapy theories, provides an overview of emerging theories, and gives students the opportunity to develop their own approaches to counseling and psychotherapy practice. The book is organized into four primary sections, each addressing theoretical schools. Section 1 explores psychodynamic approaches, including psychoanalysis, Jungian therapy, and Adlerian therapy. Section 2 is devoted to existential-humanistic approaches such as existential therapy, Gestalt therapy, and person-centered counseling, while Section 3 discusses cognitive-behavioral approaches, including behavior therapy, cognitive behavior therapy, rational-emotive behavior therapy, and reality therapy. Section 4 describes post-modern therapies and examines the relatively new approaches of narrative therapy, solution-focused brief therapy, and relational cultural therapy, a form of feminist therapy. The final chapter explores a number of more recent and emerging theories. In support of the textbook, Counseling Theory and Practice features a Cognella Active Learning component that provides students with videos, reflection exercises, PowerPoint slideshows, flashcards, and quizzes in a digital environment. These additional materials give students an accessible way to study outside of the classroom in their own time and at their own pace. Informative and engaging, Counseling Theory and Practice is well-suited to courses for both pre-service professionals and those already in the field. For a look at the specific features and benefits of Counseling Theory and Practice, visit cognella.com/counseling-theory-and-practice-features-and-benefits.

*“This book establishes a new standard. The focus on ‘holism, diversity, and strengths’ sets a fresh direction for the field that will inspire today’s counselors. Distinct from other texts both in terms of style and ease of use, Career Counseling provides a practical model that connects theory, practice, and resources in hopeful and affirming ways, while offering readers new skills and insights.” –Rich Feller, PhD University Distinguished Teaching Scholar, Colorado State University Past President, National Career Development Association “Gysbers, Heppner, and Johnston have continued their excellent contributions to the field with this 4th edition. Their approach is highly practical for counselors in helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals and as a textbook for graduate counseling programs.” –Kenneth F. Hughey, Phd Kansas State University “We invite all students, professionals, and researchers to read this volume to enrich their practice, research, and the values by which they should be inspired to persist in being active agents of change in the world.” –Laura Nota, PhD, and the Larios Vocational Psychology Team University of Padova, Italy The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.*

‘This book should be viewed as essential reading for anyone interested in developing their understanding of the field of career counselling and developing their own approach. Practitioners will find much they might want to consider incorporating into their own work’ – British Journal of Guidance and Counselling ‘As a career counsellor working with clients of all ages and situations, I found Larry Cochran’s new work both pragmatic and intellectually stimulating... [he] provides fresh insight into the essence of career counselling, examining the past to be able to understand the present in order to plan for the future. Written in an accessible style... this book is certainly something which encourages further re

Since its beginnings after WWII, Counseling Psychology has grown to become an applied specialty within psychology with unique areas of emphasis. This book introduces readers to the field by presenting its history, emphases, trends and relationships to other areas within psychology, followed by seminal articles that have significantly influenced counselors and researchers. The volume is organized around the six general themes of history and professional development, personal counseling, career counseling, cross-cultural counseling, counseling process and outcome, and internationalizing Counseling Psychology. In presenting articles representing these six themes that have defined counseling psychology, readers are given an essential overview to the past, the present and future directions of this applied specialty in psychology.

Life Portraits of Attachment, Adaptability, and Identity

The Professional Counselor’s Desk Reference, Second Edition

Contemporary Theories of Career Development

From Theory to Practice

International Handbook of Career Guidance

Handbook of Innovative Career Counselling

Designed to help readers apply career development theories to their work with career counseling clients, Career Theory and Practice: Learning Through Case Studies links major career development and choice theories to a fictional case client. Authors Jane L. Swanson and Nadya A. Fouad use this case study approach throughout the book to provide an integrative thread that illustrates similarities and differences between the featured theories. The Third Edition has been updated and substantially expanded to be a primary text for a graduate course in Career Development and Counseling. “Jane L. Swanson and Nadya A. Fouad do a masterful job of bringing theory to life through the lived stories of actual career clients. I very much appreciated the book’s format, the examples, the discussion questions, and the richly developed case examples.” —Mary J. Heppner, University of Missouri, Columbia, commenting on the First Edition “The case study method is very effective. Students can see firsthand how the theories are interpreted and applied. Often they get a better understanding of their own lives and career history.” —Anne Zachmeyer, Rochester Institute of Technology “Theory discussion is complete and usable for students; the quality of the text is strong.” —Meredith J. Drew, Centenary College

Academic textbook paper backDescribes a theory of vocational behavior

Apply the major psychotherapy theories into practice with this comprehensive text Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos—each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, Counseling and Psychotherapy Theories in Context and Practice is an illuminating text with outstanding practical value.

A monograph that describes the practice of career counseling according to career construction model

Theories of Psychotherapy & Counseling: Concepts and Cases

Handbook of Vocational Psychology

Essential Elements of Career Counseling

Putting Theory and Research to Work

Theory, Research and Practice

Theory and Practice in a Multicultural World

APA offers the Theories of Psychotherapy Sense as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasize Solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration. Book jacket.

Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. Dr. Sharf demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help readers understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of the theorists helps explain how the theorists view human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This handbook offers a comprehensive review on career guidance, with an emphasis on the applied aspects of guidance together with research methods and perspectives. It features contributions from more than 30 leading authorities in the field from Asia, Africa, America, Australasia and Europe and draws upon a wide range of career guidance paradigms and theoretical perspectives. This handbook covers such subjects as educational and vocational guidance in a social context, theoretical foundations, educational and vocational guidance in practice, specific target groups, testing and assessment, and evaluation.

This book examines a topic widely regarded as the most pressing in career counselling today, i.e., how to ensure that everyone receives career counselling and that all workers have the opportunity to engage in sustainable, decent work. The author holds that career counselling should not only advance workers’ self- and career construction, helping them design successful career-lives and make social contributions, and live purposeful lives - it should also expound new theoretical approaches and interventions. Furthermore, the book criticizes global society for overlooking the basic needs of many workers, especially the most vulnerable and disadvantaged. An important feature of the book is its emphasis on promoting a creative and innovative approach to career counselling so as to better answer contemporary career-related questions. It offers guidance on how to advance entrepreneurship and help workers develop critical thinking, curiosity, creativity, collaboration, and communication skills. In this way the book promotes innovation in career counselling and maps the way forward in a theoretical and practical manner that helps clients ‘flourish’ rather than merely ‘survive’ in turbulent times impacted by the fourth wave in psychology, career counselling, the economy, as well as the 4th industrial revolution (Work 4.0).

Practices and Principles

Counseling Psychology

The Oxford Handbook of Career Development

Custom Career Counseling and Development Central Connecticut State

Career Construction Counseling Manual

Career Counselling

Vocational psychology, which is the science that helps inform social policy about work issues, improve career interventions and conduct research is glad to have this handbook. The third edition, with cutting edge contributors examines the field now and p

Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today’s diverse world. Career Development and Counseling is part of SAGE’s Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/epseries.

Goes beyond traditional [job hunt strategies] to provide innovative solutions targeted to specific populations This graduate text for courses in career counseling is distinguished by its emphasis on creative interventions tailored to the unique needs of diverse populations. With a focus on career as a cornerstone of personal identity, the book explores the specific meaning of careers within different cultures and examines the challenges faced by/and potential solutions for--individuals with diverse backgrounds and needs. It describes unique interventions that allow counseling students to visualize and actualize career counseling with a wide range of clients and demonstrates techniques targeted to each population that can be put into practice immediately. The text provides demographic information regarding specific job-seeking groups including such [traditional] populations as college graduates and working parents, as well as groups that encounter special challenges such as stay-at-home parents returning to work, formerly incarcerated individuals, people with disabilities, teen mothers, African American, Hispanic and Asian males and females, older adults, LGBT individuals, and many others. Over fifty creative, innovative interventions that have been successfully applied help counselors to provide effective career development strategies with each population. Chapters include a vignette representing each population, group demographics, a history of career paths and obstacles, unique needs of the group, supports already in place, and specific career counseling assessment and interventions. The book also provides abundant resources for additional study. In addition to its value to career counselors, the text will also be useful to personal counselors who often deal with their clients’ career issues during treatment. Key Features: Provides in-depth exploration of underserved populations who hold unique career development needs Includes innovative career counseling interventions that move beyond standard [job hunt strategies] or [resume preparation tips] Explores life stage concerns related to career development across multiple diverse identities Gives readers step-by-step details on implementing over 40 innovative career counseling techniques Presents case studies that provide clear examples of the application of relevant interventions "Abstract: The handbook seeks to provide a state-of-the-art reference point for the field of career development. It engages in a trans-disciplinary and international dialogue that explores current ideas and debates from a variety of viewpoints including socio-economic, political, educational, and social justice perspectives. Career development is broadly defined to encompass both individuals’ experience of their own careers, and the full range of support services for career planning and transitions. The handbook is divided into three sections. The first section explores the economic, educational, and public policy contexts within which careers are enacted. The second section explores the rich conceptual landscape of career theory. The third section addresses the broad spectrum of helping practices to support both individuals and groups including career guidance, career counseling, and career learning interventions. Keywords: Career; career development, career counseling, career guidance, career learning, career theory, public policy, social justice”--

A Narrative Approach

International Perspectives

Holism, Diversity, and Strengths

Handbook of Career Counseling Theory and Practice

Career Development, Employment, and Disability in Rehabilitation

Skills, Strategies, and Techniques

In this original and major new work, David Blustein places working at the same level of attention for social and behavioral scientists and psychotherapists as other major life concerns, such as intimate relationships, physical and mental health, and socio-economic inequities. He also provides readers with an expanded conceptual framework within which to think about work. As a result, this creative new synthesis enriches the discourse on working across the broad spectrum of psychology's concerns and agendas, and especially for those readers in career development, counseling, and policy-related fields. This textbook is ideal for use in graduate courses on counseling and work or vocational counseling. Engaging in action is at the heart of our most meaningful experiences. And given the fast-paced, goal-driven nature of modern society, engagement in action is also central to how we perceive ourselves. Action has traditionally been viewed as an end product of the counseling process, but now a bold new redefinition makes counseling not only a driver of action, but a catalyst. This update on the multiple roles of action in counseling with an action-based framework for enhancing progress between client and professional. Grounded in the core concepts of contextual action theory as well as key aspects of counseling (e.g., identity, intentionality, emotion), the book explicates an approach that is responsive to client complexities and the larger social context. From theory to practice, illustrating levels of engagement in action as counselor and client negotiate goals and work toward their realization. And an especially useful section offers guidelines for intervening with specific populations and addressing particular issues. Among the topics covered: Designing projects for career construction. Agentic action in context. Counseling and social meaning. The action of mindfulness in counseling. A contextual action theory perspective on self-efficacy in individual counseling. Counseling processes and procedures through the lens of contextual action theory. With its forceful argument for a quantum leap in both theory and practice, Counseling and Action is transformative reading for professionals, educators, and students in counseling, psychotherapy, psychology, and counseling.