

Online Library Cruise Ship
SOS: The Life Saving
Adventures Of A Doctor At Sea

Cruise Ship SOS: The Life Saving Adventures Of A Doctor At Sea

**'Packed with tales of derring-
do ... a riveting read'**

**INDEPENDENT Who are you
going to call if it all goes
wrong on holiday? Meet
Doctor Ben MacFarlane. His
job is to bring people back to
Britain after holiday
disasters, gap year crises,
embarrassing incidents on
business trips and all the
other things that can go**

**wrong when we head off
overseas. Holiday SOS is his
story - a year in the life of a
very British flying doctor.
Follow Ben as he grabs his
medical bag and flies to
glamorous locations -
helping to pick up the pieces
after another holiday
emergency. Dramatic,
hilarious or wildly
unexpected, for flying
doctors, emergency
medicine doesn't just take
place in intensive care wards
- it can happen just across
the aisle on your next flight.
LIFE Magazine is the
treasured photographic**

magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today's people and events. They have free access to share, print and post images for personal use.

After Mama Lee Wachtstetter's husband died she considered living alone in her big house on 10 acres in Florida, moving into an upscale retirement community, or spending all

her time on a luxury cruise ship. Turns out, the choice was easy. Cruising fulltime wasn't prohibitively expensive, plus she'd be guaranteed the best food, twice-daily maid service, attentive health care (the ship's doc makes "house" calls), nightly dancing, top-notch entertainment, educational classes, and visits to hundreds of exotic ports annually. So she sold her house and all her stuff to lead what may be the ultimate senior life. In the 12 years since then and during the hundreds of

cruises she took with her husband during their 50-year marriage, she has seen it all. A ship caught fire in the South China Sea. A tuk-tuk driver "kidnapped" her in Thailand. She has weathered hurricanes, typhoons and even a rogue wave in the Mediterranean. She has witnessed fights in the formal dining room and thievery in the guest laundry. She has sailed from Alaska to Antarctica, from Buenos Aires to Bom Bom Island. She can recommend "must sees" and "don't bothers." She has a list of

rules for happy living, and there's even a Mama Lee diet. You'll find all these things and more in this entertaining, informative, and inspirational memoir. Join Mama Lee, an 89-year-old great-grandma, as she recounts her adventures and shares her secrets for cruising through life. Explore the history of ocean liners through the objects that bring them to life. Liners represented the ambitions of their nations in peace and war; their design, interiors and fittings incorporated the finest

contemporary technological and artistic features. In peacetime they carried celebrities, vacationers and emigrants; while in war they carried thousands of troops - and then war brides seeking new lives. A History of Ocean Liners in 50 Objects takes in evolving technology, supreme luxury and fine cuisine, as well as hardship and the burning hope for a better life. There is peril, disaster and death, international pride and competition, glory and war. The objects tell a fascinating story, showing how the

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functional sea voyage has evolved from the late nineteenth and early twentieth century to the huge cruise industry we have today.

**Cruise Ship Stories
Outdoor Life: The Complete
Survival Book Collection
An Anecdotal-autobio-
memoir**

**Memoir of an Assault
Helicopter Aircraft
Commander in Vietnam
Abandoned Ship**

**Welcome Aboard!
The Highs And Lows Of Life
As An Airport Doctor**

An exhilarating insight into the

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life of a doctor at Heathrow Airport, where the truth is often stranger than fiction. For over a decade, Stephanie Green was a doctor on-call for one of the world's busiest airports, confronting dramatic, bizarre and sometimes heart-breaking situations. During her 24-hour shifts at Heathrow, Dr Green had to be ready for anything: from finding an abandoned suitcase leaking blood onto the carousel, to discovering a man smuggling heroin in a corset. It's a job that brought her into contact with all walks of life; her patients included drug mules

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and fugitives, schizophrenics and stowaways, refugees and tourists. And with the threats of a nerve agent poisoning or a Level Four viral epidemic always in the back of her mind, Dr Green found herself on the frontline where the decisions are made about who - or what - was allowed to leave the airport's borders.

THE HEATHROW DOCTOR reveals the thrilling drama that takes place behind-the-scenes of an airport and what is needed to make critical decisions in this hidden no-man's land of geopolitics, terror, tragedy and medicine.

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*Previously published as
'Flight Risk'.

Parker Cruse despises cheaters. It might have something to do with her boyfriend sleeping with her twin sister. After a wedding day prank involving a strong laxative, that ends the already severed relationship between the twins, Parker decides to grow up and act twenty-six. Step One: Move out of her parents' house. Step Two: Find a job. Opportunity strikes when she meets her new neighbor, Gus Westman. He's an electrician with Iowa farm-boy values and a gift for

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saying her name like it's a dirty word. He also has a wife. Sabrina Westman, head of a successful engineering firm, hires Parker as her personal assistant. Driven to be the best assistant ever, Parker vows to stay focused, walk the dog, go to the dry cleaners, and not kiss Gus-again. Step Three: Don't judge. Step Four: Remember- when life happens, it does it in a heartbeat. On January 13, 2012, the Costa Concordia — a thousand foot long luxury cruise ship, twice the size of the Titanic — ventured into shallow water and smashed into the rocks of

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a tiny island off the coast of Italy, throwing the four thousand passengers and crew members into a state of chaos. The captain and officers all abandoned ship, leaving the few remaining castaways to fend for themselves as the boat toppled onto its side and water flooded into the passenger decks. In the wee hours of the night, newlyweds Benji Smith and Emily Lau feared for their lives, desperate and terrified after a malfunctioning lifeboat left them stranded on the sinking ship. By this point, the other lifeboats had all gone.

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They had been left behind. This thoughtful memoir — hailed by The Daily Telegraph as "a compelling, minute-by-minute account of the chaotic evacuation" — tells the remarkable story of the couple's harrowing escape, as they clung to a rope and rappelled down the hull of the doomed vessel. But the astonishing story continues, as they find themselves stranded in Rome and ignored by the United States Embassy. With only the clothes on their backs, they relied upon the kindness of strangers to help them find food and shelter,

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clothing and medical attention. And finally a ticket home. But even then, in the safety of their own home, they would find their sleep haunted by nightmares and their days crippled by anxiety and insecurity. And even as they struggled to overcome PTSD, they would simultaneously find themselves in a battle with the news media to even have their story told. Praised by Newsweek/The Daily Beast for its "honest reflection and frightening detail", this gripping, triumphant story is ultimately a spiritual tale, the story of a pair of survivors

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who find hope and meaning in the aftermath of a tragedy. Originally, Life is Just a Bowl of Memories was meant only for the author's family - because, as close as his family is, and was, there is much they never knew. The writing style is as if the author and reader are having a conversation.

I May Be Homeless, But You
Should See My Yacht
Dead in the Water
An intimate account of the
Costa Concordia shipwreck
The Ups, Downs, and All
Arounds
Death Cruise

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A Daughter's Memoir of
Adventure, Sailing, and
Survival

Spirit of Survival : One
Family's Chilling Account of
the Costa Concordia Disaster

"A triumph of investigative
journalism." —Tom Wright, New York
Times bestselling coauthor of Billion
Dollar Whale "Truly one of the most
nail-biting, page-turning, terrifying
true-crime books I've ever read." —Nick
Bilton, New York Times bestselling
author of American Kingpin From
award-winning journalists Matthew
Campbell and Kit Chellel, the
gripping, true-crime story of a
notorious maritime hijacking at the
heart of a massive conspiracy—and the
unsolved murder that threatened to

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unravel it all. In July 2011, the oil tanker *Brillante Virtuoso* was drifting through the treacherous Gulf of Aden when a crew of pirates attacked and set her ablaze in a devastating explosion. But when David Mockett, a maritime surveyor working for Lloyd's of London, inspected the damaged vessel, he was left with more questions than answers. How had the pirates gotten aboard so easily? And if they wanted to steal the ship and bargain for its return, then why did they destroy it? The questions didn't add up—and Mockett would never answer them. Soon after his inspection, David Mockett was murdered. *Dead in the Water* is a shocking expose of the criminal inner workings of international shipping, told through the

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lens of the Brillante hijacking and its aftermath. Through first-hand accounts of those who lived it—from members of the ship's crew and witnesses to the attacks, to the ex-London detectives turned private investigators seeking to solve Mockett's murder and bring justice to his family—award-winning Bloomberg reporters Matthew Campbell and Kit Chellel piece together the astounding truth behind one of the most brazen financial frauds in history. The ambitious culmination of more than four years of reporting, *Dead in the Water* uncovers an intricate web of conspiracy amidst the lawless, old-world industry at the backbone of our new global economy. Quality of life (QOL) research in tourism has gained much momentum

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over the last two decades. Academics working in this area research issues related to tourists and host communities. Practitioners are becoming increasingly interested in understanding the science that allows them to develop better marketing and managerial programs designed to enhance the quality of life of tourists. Tourism bureaus and government agencies are increasingly interested in issues of sustainable tourism, specifically in understanding and measuring the impact of tourism on the quality of life of the residents of the host communities. This handbook covers all relevant topics and is divided into two parts: research relating to travelers/tourists, and research relating to the residents of

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host communities. It is the only state-of-the-art reference book in its field and will prove invaluable to academics interested in QOL research, as well as tourism practitioners interested in applying the science of QOL in the tourism industry.

A true story of how in 2020 my life working as a cruise ship musician changed and my dramatic last minute escape to safety! Read, how the cruise line industry got disrupted and join me, as I relive my true escape from the ship I worked on to freedom. Learn how the cruise lines treat their loyal workers during these testing times. Find out, why normal cruising won't be possible any longer. Support stranded seafarers with the purchase of this book! It was supposed to be just

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another contract for seasoned cruise ship entertainer Chris Kruse. In January 2020, he joined a vessel in Panama to perform onboard for ten weeks. But the spread of a lung disease in even the remotest parts of the world lead to all kinds of unforeseen challenges. Is singing possible, while wearing a face mask? How can guests dance with each other if they need to keep six feet distance? And what happens when countries close their borders to cruise ships and airports shut down? After the captain announced to guests onboard, the cruise line would temporarily cease operations in just two days, these 48 hours became the most dramatic time for Chris, who did not want to be trapped on a ghost ship for weeks or

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months to come. And so, he planned the impossible - his emergency escape!

about the author: Chris Kruse is a professional cruise ship entertainer, who has performed for audiences all over the world. During his over 15 years at sea, he has visited more than 130 countries and all seven continents. Chris has released several albums and appeared on numerous national and international television shows. As an author, Chris Kruse has released "SOS in Panama - The 2020 Cruise Ship Armageddon", a true story based on his dramatic escape from a ship in 2020. His newest book is called "Cruise Like the Crew - 22 Unconventional Cruise Hacks and Crew Secrets to Save Money on Your Vacation".

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This volume examines autonomy and the role it plays in philosophy, as well as public policy.

Girl Overboard

A Memoir

The Real Story of the Morro Castle Disaster and Its Deadly Wake

A True Story of Hijacking, Murder, and a Global Maritime Conspiracy

Travellers' Health

Fourteen

The Life-Saving Adventures of a Travelling Doctor

Discover the profound and moving portrait of one doctor's life and work in the NHS

'Wonderful - insightful and compassionate' Dr Richard Shepherd,

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*bestselling author of
Unnatural Causes*

_____ They can't
teach you how to be a
doctor at medical school
. . . As a junior
doctor, Dr Tom Templeton
learnt how to do his job
from books, professors
and other doctors and
nurses. But the most
important lessons -
tolerance, kindness,
resilience and bravery -
he learnt from his
patients. Here, he
shares the stories of
just 34, and how they
changed his life while

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he was helping theirs.
From a stillbirth to the
old woman who lived a
century, from the
inhabitants of stately
homes to the homeless,
these stories whether
heartwarming or
heartbreaking, funny or
tragic, are always
inspiring and
illuminating. We are all
patients, but discover
for the first time how
the doctors see us . . .

_____ 'An admirably
told story' Spectator
'Informative and
personal, humbling and

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healing' Observer

Traces a young man's effort to escape the dangers of the streets and his own nature after graduating from Yale, describing his youth in violent 1980s Newark, efforts to navigate two fiercely insular worlds and life-ending drug deals. 75,000 first printing.

This fast-paced thriller about a girl who investigates her friend's disappearance during their cruise ship vacation is Ruth Ware's

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The Woman in Cabin 10
for teens—and it's a
paperback original! When
Izzy meets Jade on a
cruise to Bermuda, her
new daredevil friend
turns Izzy's boring
family vacation into the
trip of a lifetime.
Until Jade goes missing.
The investigators claim
Jade fell overboard, but
Izzy knows better. Her
friend had
secrets—secrets that
might have gotten her
killed. As Izzy digs
deeper into Jade's
disappearance, she

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*realizes that someone
doesn't want her to find
the truth. And if she's
not careful, Izzy might
not get off this ship
alive. Underlined is a
line of totally
addictive romance,
thriller, and horror
paperback original
titles coming to you
fast and furious each
month. Enjoy everything
you want to read the way
you want to read it.
If you have been at sea
for more than 26 years,
you're bound to have a
lot of stories to*

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tell! This is

particularly true for a man who has worked as waiter aboard cruise liners for more than two decades! In this book Mr. Rade - Johannes in real life - allows us the luxury of participating in his various experiences over the years. He narrates in a very lively and vivid manner and is candid about what impressed him the most. No matter whether he is recounting an anecdote regarding his initial cruise

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employee application or taking us on a wild romp throughout his career, stories involving the world champion and record holder in eating lobsters, the 'esteemed' colleagues who are always good for a joke, the numerous international, sometimes bizarre guests - Johannes always strikes the right tone. He makes you feel as though you are actually at his side in the restaurants or on the various decks aboard the ship. You will

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frequently laugh out loud at his outlandish antics. And even when he refers to serious topics such as the 'Man overboard' alarm, he addresses these subjects with compassion. Let this book take you away on an imaginary cruise to Jamaica, through the Panama Canal, to the Cayman Islands and numerous other destinations. And who knows - maybe this autobiographical tale will inspire you to take a real cruise some

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day. In any case

Johannes's book will
undoubtedly arouse your
interest in a cruise and
perhaps even tempt you
to book one! A book,
that should not be
judged by the first few
pages, a book that
offers more and more
incredible true stories
as you read on and on
!!!314

Holiday SOS

*How to stay healthy
abroad*

S.O.S.

*(How to Survive Anything
& How to Survive Off the*

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Grid Manuals)

**The Heathrow Doctor
Handbook of Tourism and
Quality-of-Life Research
Cruise Ship SOS**

If you are reading this intro, then I take it that you have an interest in cruise ships. It could be you want to work on a cruise ships, you want to or have taken a cruise, maybe you are looking for tips on cruising or maybe you just like fun stories about cruise ships. If you are interested in any of those items I just listed, then this book is for you. Before we begin our journey, I guess I should tell you a little bit about myself and why I have written this book. For my cruise ship experience, I worked about 12 years on cruise ships around the world and 2 years working in shore

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side offices in Florida. I worked with 4 different cruise lines and worked as a scuba instructor/dive manager, shore excursion manager and then in the shore side offices as an IT geek, and finally a few years as an IT officer (yeah, I know, scuba instructor to computer geek, what can I say, it has been an interesting journey). Stories in this book include ones about: Getting a job on cruise ships Life on board ships On board romance Hurricanes Running aground Adrift at sea Kick backs Falling overboard Living on a tropical island Crazy things the crew and passengers do and much much more..... I also have photos about my life at sea that can be seen at:

www.cruiseshipstories.com Looking at these photos will bring my sea

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faring stories even more to life.

Fortunately, few of us on shore or in a boat have ever looked out to sea and seen a wave as tall as a 10-story building racing toward us, and in that instant known that there was no way to outrun it, no way to survive, and that our life was about to come to an end. Yet, such waves exist, waves that appear suddenly in the open ocean, waves big enough to break the back of modern crude oil tankers or bulk container ships and send them to the bottom before an SOS can be sent. Recently two large cruise ships were front page news when they suffered damage and injured passengers after being hit by rogue waves. Still more horrific was the disaster that overtook Southeast Asia on December 26, 2004, huge waves, hundreds of thousands dead.

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This book traces the origins of waves, explaining how calm seas change to stormy seas under the influence of winds, how waves propagate, the effect of currents, tides, and earthquakes, and how ships and offshore structures respond to extreme waves. There is one hundred real life stories included in the book to illustrate the important topics-stories from U.S. Navy admirals responsible for nuclear aircraft carriers, to Brad Van Liew, who sailed single-handed through the most dangerous oceans in the world, to win the recent "Around the World Alone" race. There are ships that were hit and survived, and other vessels that did not survive. Each incident entails heroism, mostly unsung, beyond that which we can imagine experiencing.

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Tsunami are not a result of rogue waves, but arise from earthquakes or submarine landslides. In the open ocean, a tsunami might pass undetected; it is only as it nears shallow waters near coastlines that its true terror and power are revealed. Here, in shallower water, large waves can occur. By understanding the mechanism of tsunami formation and propagation- and knowing the warning signs-many lives can be saved. New research using satellites to scan the world's oceans and measure wave heights has revealed that giant waves-so-called rogue waves, 20 to 30 meters (65 to nearly 100 feet) high-are not only real and not a figment of a sailor's imagination, but they occur far more frequently than previously believed. They can occur anywhere,

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when conditions are right, rising up suddenly to strike a ship, perhaps sinking it, before dissipating once again into the endless waves we are accustomed to seeing. What defines a rogue wave is exactly this-it appears suddenly, seemingly out of nowhere, and is two or three times higher than that average height of the waves preceding or following it. Sadly, there is no single standard for the structural design of merchant ships to resist heavy seas. Consequently, different classes of vessels have varying abilities to survive a rogue wave encounter. Most commercial vessels are not designed to withstand waves much greater than 10 to 11 meters (35 feet) in height, and as a consequence a surprising number of large ships are lost every month-sometimes

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several a week-somewhere in the world, due to rough weather and encounters with extreme waves. The tragic loss of crews-typically 30 sailors on a modern merchant vessel-is a scandal that unfortunately receives scant attention. Today, with new knowledge concerning extreme waves, we have the ability to ensure that vessel losses become a rare event. Advanced warning systems and education of coastal populations can likewise greatly reduce the death toll from tsunami.

In Cruise Confidential, Brian David Bruns spills the dirt — or in this case, the dirty water — on those romantic, fun-filled vacations at sea. His hilarious chronicle of the year he spent working for Carnival Cruise Lines takes readers down into the areas where the crew works and

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lives, leaving readers gasping with laughter as they're assaulted nonstop with events that range from the absurd to the utterly bizarre.

Stewards fighting over food. Cutlery allowances and other nonsensical rules. What the crew calls those onboard (no, it's not "passengers"). And of course, the sex. An abundance of ready, willing, and able bodies eager for action on a vessel replete with nooks and crannies leads to love in some mighty strange, and seemingly impossible, places. Breezy, entertaining, and informative, Cruise Confidential is essential reading for those planning a cruise or for anyone who just needs a good laugh.

'The perfect book if you love to travel.' Travel Writer and TV Weather Presenter Sian Lloyd.*Can I flirt my way to an upgrade?Where*

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are the safest seats on a plane? Will the cabin crew spike my drink if I'm rude? Why do those loud bongs ring out just before take-off? Can you really be too fat to fly? Business or pleasure, nervous or frequent flyer - wherever you're going and whoever you're flying with one thing is for sure: life is very different at 35,000 feet. So what's really going on up in the air? What do your cabin crew get up to when the galley curtains are closed? Where do they all go when you're waiting for lunch? Do they really have handcuffs in the cockpit? How can a packet of crisps save everyone's life in an emergency? Where's the fuel tank, what happens to the dead bodies, why do planes have headlights and should you be worried about the little round hole in the window beside your seat? Packed

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with facts and full of inside knowledge Welcome Aboard! spills the beans on a lifetime of high altitude secrets. Real life cabin crew Neil Jackson says why flight attendants will never lend you their pen, what goes on in the luxury First Class cabin - and when it's safe to join the mile high club. He explains how planes work, what's not allowed on the flight deck, why vegetarians never get upgraded - and why the toilets make that horrible sucking sound when you flush. He aims to answer every question you've ever had about flying - so don't check-in and don't take-off without it!' This inside information is fantastic, a brilliant read,' Ben MacFarlane, travel doctor and author of Holiday SOS and CruiseShip SOS.'It's got all the answers!' Jennie Jordan, cabin

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crew and author of *Flying High and Sky High*.

Men Against the Sea

Extreme Waves

Crime Stories on the Open Seas

The Short and Tragic Life of Robert Peace

Autonomy: Volume 20, Part 2

LIFE

Life Is Just a Bowl of Memories

Alex Rudd presents us with a window into the world of the freelance GP and the challenges they face. With moments that stir admiration and sadness, this timely and insightful memoir is as thought-provoking as it is entertaining.

An American family describes the events leading up to and after their ordeal on the Costa Concordia cruise ship, which sunk off the coast of Tuscany in January 2012, killing thirty-

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two passengers.

SOS Men Against the Sea is a superbly dramatized chronicle of 29 ships the loss of which history, by and large, passed by. Few have ever heard of the Cospatrick, a fully rigged ship destroyed by fire off the Cape of Good Hope in 1874 with the loss of 400 lives, or the steamer Utopia which skewered itself on the ram-bow of a warship in Gibraltar Bay and sank in five minutes taking 500 souls with it. A similar loss of life occurred when the Russian cruise liner Admiral Nakimov collided with a bulk carrier in the Black Sea in 1986. There was no loss of life when the cruise liner Oceanis sank off the coast of Transkei, thanks to the actions of a few non-seamen who displayed the true spirit of the Birkenhead. A total of

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5,683 lives were lost when these ships went down. This book is their epitaph. The luxury cruise ship Transylvania takes six days to cross the Atlantic - just enough time for the passengers to find their sea-legs and lose their heads. Whether it's husbands pining for their mistresses back on shore, stewards with a raging cabin fever or mothers sweating to outshine their daughters, they transform the Transylvania into a floating purgatory of Pacific proportions. S.O.S. is Joseph Connolly's brilliant boat-bound comedy, a novel of holiday-makers and holiday-haters running aground on each other's lives and loves. 'Getting away from it all' is hopeless - and hilarious - when you've brought it all on board with you.

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*The Life-saving Adventures of a Doctor
at Sea*

Falklands War - Get STUFF

*The profound and uplifting memoir
about the patients who changed one
doctor's life*

When the Dancing Stopped

*Enhancing the Lives of Tourists and
Residents of Host Communities*

*A History of Ocean Liners in 50
Objects*

Coming All the Way Home

**Who gets the call if it all goes
wrong at sea? Meet Dr Ben
MacFarlane. After spending a
year as a repatriation doctor,
he's heading around the world as
a ship's doctor - and with 3,000
passengers and crew to look
after he's in for the most exciting**

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trip of his life. On one dramatic voyage he deals with broken bones and broken hearts, and picks up the pieces after fights in the crew bar and freak accidents on shore leave. So join Ben and his colleagues and find out why ship's doctors think bar stools should carry health warnings, why the casino can be safer than the sick bay in a storm and why no amount of sharks, pirates or tidal waves will ever be as dangerous as the midnight buffet.

After spending a year as a repatriation doctor, Dr MacFarlane is now sailing off around the world as a ship's doctor. Told with warmth and

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humour, find out the incredible true stories of what happens to patients when it all goes wrong at sea.

Winner of 5 independent book awards, including NIEA, Next Generation Indie, Independent Press Award, Beverly Hills Book Awards and Readers' Favorites
After her mother and father divorce at age seven, Leslie quickly learns the hard lessons of being Dad's favorite. The abuse begins at age nine and doesn't end until she begins to fight back, finally, at age fourteen. Her father, a larger-than-life Norwegian, assumed full custody of Leslie and her two sisters and moved the family

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from their 63-acre rustic ranch in Northern California to a 45-foot sailboat in Southern California. The family spent two years living aboard their boat preparing for the trip of their father's dreams: a trip around the world. On February 5, 1975, the family set sail for French Polynesia. Intense and inspiring, Fourteen is a coming-of-age adventure story about a young girl who comes into her own power, fights back against abuse, becomes an accomplished sailor, and falls in love with the ocean and the natural world. The outer voyage is a mirror of her inner journey, and her goal is to find the strength to endure in a

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dangerous world, and within a difficult family.

A sailor's diary from the Falklands War 1982, telling the truth with tongue-in-cheek humour. The book charts the voyage taken by the RMS St. Helena (a ship taken up from trade - STUFT). She supported HMS Brecon and HMS Ledbury in minehunting/sweeping, and other ordnance clearance, including diving on the wrecks of sunken warships.

12 Years of Working on Cruise Ships, Behind the Crew Only Door, Getting Jobs on Ships, Life on Board

***An Unmet Public Health Problem
Doctor in the House***

***Cabin Crew Secrets: Answering
Every Question You Ever Had
about Flying!***

When Life Happened

34 Patients

***A Brilliant Young Man Who Left
Newark for the Ivy League***

***Our ability to travel to
the remotest parts of the
world has been
transformed, but the
health risks are ever
changing and increasing,
and there may be no one to
help when things go wrong.
Whether you are travelling
abroad for business or
pleasure, this book
provides essential,
detailed, practical advice***

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SOS: The Life Saving
Adventures Of A Doctor At Sea

for journeys all over the world. This fifth edition is a complete revision of a best-selling, comprehensive and trusted guide. Travellers need to be increasingly well informed about health problems they may encounter abroad. Malaria prevention, the latest vaccine information and advice, cruise ship travel, jet lag, skiing, and accidents and injuries abroad: this book covers every important issue in travel medicine, with the emphasis firmly on self-help and prevention. This

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new edition brings together state-of-the-art background information and specialist advice from more than 70 leading experts from several countries, now in a more compact format. It is also available in an electronic edition. Travellers' Health is the standard source for the well-prepared traveller. New for 2020, The Complete Survival Book Collection combines the best in emergency readiness and disaster survival with sustainable living and survival practices. This

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collection pairs up two of the best books in surviving and thriving, whether facing a natural disaster or creating your own home away from it all. Writer Tim MacWelch brings us the know-how in survival and homesteading from the editors of Outdoor Life. How to Survive Anything, a comprehensive guide to surviving anything from the normal to the rare, brings us everything from confronting wild animals to living through a meteor impact. How to Survive Off the Grid gives the reader

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the know-how to engage in sustainable living and housing off the grid, ranging from backyard chicken coops to building and living in your own distant cabin retreat.

Cruise Ship SOS The Life-Saving Adventures of a Doctor at Sea Hodder

In 1968, twenty-one-year-old Fred McCarthy transitioned from the monastic life of a seminary student to that of a U.S. Army helicopter gunship commander in Vietnam. Despite preparation from a family tradition of decorated

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combat service, a strong sense of patriotism, a love for aviation, and a desire for adventure, he got far more than he bargained for. Written after 50 years of reflection, reading, and study, this memoir tells both a universal story about war, adventure, and perseverance and, also shares the intensely personal experience of the Vietnam War and its legacy for those who fought in it. McCarthy describes many of his missions, reflects on the nature of being a combat helicopter

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**pilot, and processes the
experience through his
poetry, letters home, and
reflective analysis.**

**Reflections of a Life in
Medicine**

**Sleep Disorders and Sleep
Deprivation**

SOS in Panama

**The 2020 Cruise Ship
Armageddon**

**The Life-Saving Adventures
of a Doctor at Sea**

Wait and Sea

Cruise Ship S. O. S.

*Clinical practice related to sleep
problems and sleep disorders has
been expanding rapidly in the last
few years, but scientific research
is not keeping pace. Sleep apnea,
insomnia, and restless legs*

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syndrome are three examples of very common disorders for which we have little biological information. This new book cuts across a variety of medical disciplines such as neurology, pulmonology, pediatrics, internal medicine, psychiatry, psychology, otolaryngology, and nursing, as well as other medical practices with an interest in the management of sleep pathology. This area of research is not limited to very young and old patientsâ€"sleep disorders reach across all ages and ethnicities. Sleep Disorders and Sleep Deprivation presents a structured analysis that explores the following: Improving awareness among the general public and health care professionals.

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Increasing investment in interdisciplinary somnology and sleep medicine research training and mentoring activities.

Validating and developing new and existing technologies for diagnosis and treatment. This book will be of interest to those looking to learn more about the enormous public health burden of sleep disorders and sleep deprivation and the strikingly limited capacity of the health care enterprise to identify and treat the majority of individuals suffering from sleep problems. Who gets the call if it all goes wrong at sea? Meet Dr Ben MacFarlane. After spending a year as a repatriation doctor, he's heading around the world as a ship's doctor - and with 3,000

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passengers and crew to look after he's in for the most exciting trip of his life. On one dramatic voyage he deals with broken bones and broken hearts, and picks up the pieces after fights in the crew bar and freak accidents on shore leave. So join Ben and his colleagues and find out why ship's doctors think bar stools should carry health warnings, why the casino can be safer than the sick bay in a storm and why no amount of sharks, pirates or tidal waves will ever be as dangerous as the midnight buffet.

Documents the story of the luxury liner that burned off the coast of New Jersey in 1934, revealing how the Morro Castle's captain died under mysterious circumstances seven hours before

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the ship caught fire and how many of the crew abandoned ship.

Collects stories written by such members of the International Association of Crime Writers as Agatha Christie, Nancy Pickard, John Lutz, Piet Teigeler, Barbara Collins, Jan Burke, and John Mortimer

Cruising Is Fun

Get a Life

Cruise Confidential

A Hit Below the Waterline: Where the Crew Lives, Eats, Wars, and Parties -- One Crazy Year Working on