

## Download Free Good Food: Pressure Cooker Favourites

# Good Food: Pressure Cooker Favourites

*Whether you are new to the electric pressure cooker or are looking to get more out of yours, this is your go-to reference for perfectly pressure-cooked and delicious food. Incorporate from-scratch cooking into your busy life with 120 recipes that include all the traditional favorites, plus a range of international dishes—and the best cheesecake recipe you will ever taste! Are you looking for more creative ways to cook with your*

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*electric pressure cooker or Instant Pot (or any other brand of multicooker?) Do you have a pressure cooker that has been sitting in your cupboard since your wedding shower? This is the perfect pressure-cooking companion. Millions of people visit This Old Gal blog to access Jill's simple-to-make and satisfying pressure cooker recipes, and now you can have her classic favorites at your fingertips, along with brand-new, never-before-seen recipes. Want to learn how to make Bacon Butternut Pasta? How about Drive-Thru Tacos? Beef Stroganoff? Or Chicken Tikka*

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*Masala? With step-by-step recipes that have been extensively tested and perfected, Jill will show you how to use your pressure cooker to make anything—appetizers, pastas, meats, grains, breakfast, desserts, and more (including pot-in-pot recipes). You'll find tried and true pressure cooker favorites, plus an array of flavors from around the world in Indian, Mexican, Thai, Italian, Chinese, and Jewish dishes. You'll never be at a loss for a delicious meal! This Old Gal Tips throughout give variations, shopping tips, substitutions, and recipe and*

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*cooking time adjustments. There's even space to jot down your cooking notes. This Old Gal's Pressure Cooker Cookbook demystifies the electric pressure cooker, setting you free to explore its endless possibilities for creative cooking. By cooking food at temperatures that are far higher than conventional ovens pressure cookers drastically reduce cooking times enabling us to cook in a cheaper, healthier and greener way. Pasta and rice can be made from scratch in less than 10 minutes; thrifty cooks can tenderise flavoursome cheap*

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*cuts in just 20 minutes and pulses can be cooked without having to soak them. As a busy working mother, Guardian writer Catherine Phipps is wholly reliant on her pressure cooker to produce quick and easy one-pot meals for her family. Her authoritative guide is aimed at those who are new to pressure cookers as well as established fans. Alongside recipes ranging from pot-roast chicken and seafood risotto to Boston baked beans, pulled pork sandwiches and Scotch eggs, and even cheesecake and chocolate pots, Catherine offers handy tips on how to adapt conventional*

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*recipes for the pressure cooker, safety ideas and a guide to using certain ingredients. With colour photography throughout, this is an indispensable partner for every pressure cooker owner.*

*Eating healthy gets a whole lot easier with this delicious collection of 75 recipes—each one photographed—for nutritious and satisfying meals made quickly in your electric pressure cooker, all developed by a certified nutritionist and cookbook author for maximum health and flavor. In *The Fresh and Healthy Instant Pot Cookbook*, Megan Gilmore*

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*presents recipes that use easy-to-find, whole-food ingredients for simple weeknight meals from morning to night—through the revolutionary cooking power of the Instant Pot, an electric, programmable multicooker. There are gluten-free options for each recipe, and all recipes are free of refined sugar and many of the most common food allergens, yet don't scrimp on flavor. With dishes like Korean Chicken Bowls, Eggplant Parmesan Bake, Peanut Butter Crunch Granola Bars, Flourless Banana Oat Bread, and One-Pot Chocolate Cake and Frosting, following a healthy diet while*

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*enjoying your favorite whole foods has never been more achievable. Every recipe is photographed in this highly visual and information-rich collection, and also includes nutritional information (calories, fat, carbs, fiber, and protein) and detailed timing for prep, coming to pressure, cook time, and release time.*

*Laura Pazzaglia's Hip Pressure Cooking offers over 200 surefire recipes designed to work in the Instant Pot, electric pressure cookers, multi-cookers with pressure programs, and stove top pressure cookers, too! In fact, the recipes were tested*

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*across multiple pressure cookers - Instant Pot, Fagor, WMF and Kuhn Rikon - to ensure delicious results no matter what you have in your kitchen. That's right, the once-lowly and maligned pressure cooker is making a comeback! This relic of your grandparents' kitchen is not only improved and safer than ever before, but it saves time, creates more flavor, and conserves energy. Laura Pazzaglia wasn't thinking of all this when she tried pressure cooking for the first time, but after watching a friend make dinner in 10 minutes, Pazzaglia knew she had found*

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*the solution to her time-crunched life. In fact, she cooked so much she began offering recipes and advice on a website she created. At the time, pressure cooking recipes didn't emphasize aesthetics; while the food might be delicious, it was often unappealing in presentation. But Pazzaglia not only figured out how to make pressure cooked food appealing, she gained a large following for her recipes and techniques while doing it! A culmination of Pazzaglia's experience, Hip Pressure Cooking offers everything from tasty recipes*

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*featuring fresh ingredients to special cooking techniques perfected over the years to basic tips on operating your pressure cooker where she walks you through every step of the process. The secret is out—and now you too can discover the potential of this super appliance with this revolutionary guide to cooking with pressure!*

*The Big Book of Instant Pot Recipes*

*Instant Pot Cookbook 2019*

*The Prairie Homestead Cookbook*

*Damn Delicious*

*75 Recipes for Classic Southern*

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*Favorites Using Your Pressure  
Cooker, Multicooker, and Instant  
Pot®*

*200 Fast and Foolproof Recipes  
for Every Brand of Electric  
Pressure Cooker*

*The Best Pressure Cooker  
Recipes on the Planet*

**\*\*\*55% OFF for Bookstores! LAST  
DAYS\*\*\* Do you like to prepare food  
at home and reducing significantly what  
gets spent on eating out? How about  
combining this with a family gathering  
around the table for some delicious  
meals? Well, the versatility of the  
Pressure Cooker will help you achieve it  
effortlessly! Your Customers Never  
Stop to Use this Awesome book! This  
revolutionary kitchen gadget is a highly  
efficient, modern-day invention that**

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**performs various cooking functions such as steaming, rice cooking, slow cooking, sautéing, and so forth. The Pressure Cooker utilizes the pressure of superheated steam to cook your favourite meals. The growing global awareness of healthy eating encourages manufacturers to produce more efficient kitchen devices. We are the generation that is constantly on the hunt for new ideas and intelligent solutions to improve our health, save time and energy. The secret lies in a simple approach - we should connect two major points: healthy food and the right cooking method. In addition to providing extremely tasty food, pressure cooking can greatly improve your health. So, grab your pressure cooker and get ready to explore the magnificent world of quick, easy and healthy cooking! Buy it Now and let your**

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customers get addicted to this

**An essential guide for your beloved, time-saving pressure cooker divided into three parts: a beginner-friendly section of pressure-cooked building blocks like beans, stocks, grains, and vegetables that can be assembled into simple dishes, such as salads, soups, quesadillas, burgers, and more; a chapter of 40+ hearty main courses made start to finish in the pot; and a final chapter of desserts cooked entirely in the appliance. Recipes include instructions for both types of pressure cookers (stovetop and electric), including the cult favorite Instant Pot®. The kitchens of Martha Stewart present an authoritative volume packed with brilliant, effortless recipes that yield maximum flavor and require minimal time. Every recipe is rigorously tested, beautifully photographed, and will work**

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**for any type of pressure cooker. If you're new to pressure cooking, this book makes the experience foolproof and fearless. Perfect for beginners, the book begins with staples that traditionally require long cooking times, such as whole grains, dried beans, and stocks, that are finished much more quickly in the pressure cooker. In this first chapter, you'll find the master cooking techniques for these affordable, accessible ingredients -- the results become building blocks for many creative recipes and meal prep, ready to be transformed into countless, easy meals that will serve you throughout the week. The rest of the book is full of one-pot recipes -- dishes that once seemed like long weekend affairs or were too labor intensive to muster on a weeknight are now ready in a flash: braised short ribs that fall off the bone**

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**after only an hour; rich pork and pinto bean chili made with dried beans, no pre-soaking required; and a creamy, perfectly cooked risotto ready in six minutes, without constant stirring.**

**Demonstrating the incredible versatility of the appliance, Martha Stewart's Pressure Cooker has a sweet ending -- a chapter devoted solely to desserts, such as cakes, puddings, and more.**

**With an electric pressure cooker, you can cook up all your family's favorite dishes in a fraction of the time...chicken & dumplings, barbecue pulled pork, even down-home green beans that taste like they cooked all day.**

**Good Food: Pressure Cooker**

**Favourites Random House**

**75 Big-Flavor Dishes That Require Minimal Work**

**500 Everyday Recipes for Beginners and Advanced Users. Try Easy and**

# Download Free Good Food: Pressure Cooker Favourites

**Healthy Instant Pot Recipes.**

**Hip Pressure Cooking**

**Best Instant Pot Cookbook**

**100 Simple Recipes for Spectacular**

**Results -- with Photographs of Every  
Step**

**Easy, Quality, and Delicious Recipes.**

**Mouth Watering and One-Pot Meals in  
Minutes for Busy People**

**Pressure Cooker Cookbook**

***The Electric Pressure  
Cooker Cookbook is your  
resource for learning all  
the shortcuts to make a  
delicious meal in a  
fraction of the usual  
time—with over 200 new  
family-friendly recipes  
from the world's leading  
blogger on pressure***

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***cooking Barbara Schieving (of PressureCookingToday.com). These recipes are big on flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and nutritious ingredients. The Electric Pressure Cooker Cookbook features loads of tips and tricks that help you get the most from your pressure cooker, no matter what brand you own. If you're a busy parent or can't find time to make dinners after work, then***

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***you will love the Shortcut Dinners and 30-Minute Meals sections. With the terrific weeknight meals on the fly, you'll also adore the Sunday Suppers perfect for special weekend gatherings. Find recipes for every taste and diet: Robust meat and chicken dishes Vegetarian mains and sides Healthy breakfasts Tasty sandwiches, wraps, and tacos Soothing soups and stews And a big chapter full of quick and easy desserts Whether you're***

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***an experienced pressure cooker user or completely new to this time-saving device, you will return to this cookbook again and again for recipes your whole family will love. Mouthwatering Meals with 15 Minutes of Prep or Less Flavor-forward, fuss-free meals come together effortlessly with this indispensable guide to creating restaurant-quality dishes with your multi-cooker. From Lemon-Paprika Smothered Pork Chops to Lobster Fettuccini, each***

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***fresh and time-saving recipe in this versatile collection requires just 15 minutes or less of prep work, so you can enjoy satisfying, gourmet flavors on even the busiest weeknights. The variety of options for both pressure cooking and slow cooking offers a solution for every occasion, whether you need dinner in an instant or want to prep it and forget it. Let Turkey Egg Roll Meatballs slowly simmer on a lazy afternoon, or whip up***

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***some Tex-Mex Chorizo Chilaquiles in a fraction of the time. Impress guests with Balsamic Burst Tomato & Basil Bucatini, or dig into a comforting plate of Bourbon Pot Roast Nachos. With step-by-step instructions and packed with easy, approachable recipes for meats, pastas, soups, sides and staples, Quick Prep Cooking with Your Instant Pot® makes mealtime foolproof, hassle-free and fun. Jill Winger, creator of the***

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***award-winning blog The Prairie Homestead, introduces her debut The Prairie Homestead Cookbook, including 100+ delicious, wholesome recipes made with fresh ingredients to bring the flavors and spirit of homestead cooking to any kitchen table. With a foreword by bestselling author Joel Salatin The Pioneer Woman Cooks meets 100 Days of Real Food, on the Wyoming prairie. While Jill produces much of her own food on her Wyoming***

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***ranch, you don't have to grow all—or even any—of your own food to cook and eat like a homesteader. Jill teaches people how to make delicious traditional American comfort food recipes with whole ingredients and shows that you don't have to use obscure items to enjoy this lifestyle. And as a busy mother of three, Jill knows how to make recipes easy and delicious for all ages. "Jill takes you on an insightful and delicious journey of***

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***becoming a homesteader. This book is packed with so much easy to follow, practical, hands-on information about steps you can take towards integrating homesteading into your life. It is packed full of exciting and mouth-watering recipes and heartwarming stories of her unique adventure into homesteading. These recipes are ones I know I will be using regularly in my kitchen." - Eve Kilcher These 109 recipes include her family's favorites, with maple-glazed pork***

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***chops, butternut Alfredo pasta, and browned butter skillet corn. Jill also shares 17 bonus recipes for homemade sauces, salt rubs, sour cream, and the like—staples that many people are surprised to learn you can make yourself. Beyond these recipes, The Prairie Homestead Cookbook shares the tools and tips Jill has learned from life on the homestead, like how to churn your own butter, feed a family on a budget, and experience***

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***all the fulfilling  
satisfaction of a DIY  
lifestyle.***

***Tasting Table calls the  
Instant Pot “the hottest  
kitchen tool since George  
Foreman’s pint-size grill”  
and everyone from Ruth  
Reichl to top food  
bloggers rave about its  
efficiency, convenience,  
and affordability. Now,  
with this licensed  
cookbook—one of the  
most comprehensive  
published to date—you  
can discover exactly how  
much this miracle  
appliance can do. This full-***

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***color cookbook features recipes for all the functions of the Instant Pot, from everyday staples to surprising new dishes. You'll find more than 175 recipes for everything from breakfast to dessert, including delicious soups and stews, vegetable mains and sides, jams and yogurts—even an entire cheesecake. This must-have cookbook is the perfect companion to the best-selling kitchen appliance to come along in decades.***

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***Incredibly Delicious  
Pressure Cooker Recipes  
for the Whole Family***

***Food for Humans***

***This Old Gal's Pressure  
Cooker Cookbook***

***Instantly Southern***

***Instant Pot Recipe***

***Collection***

***200 Easy Foolproof***

***Recipes***

***75 Easy Recipes for Light***

***Meals to Make in Your***

***Electric Pressure Cooker***

*The Ultimate Pressure-Cooker*

*Cookbook Nobody knows more*

*about pressure cookers than*

*Vickie Smith, creator of the*

*leading pressure-cooker Web*

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*site, MissVickie.com. Now, at last, Miss Vickie has gathered all of her pressure-cooker wisdom into a book. Whether you're a pressure-cooker newcomer or a longtime fan, you'll find all the recipes, techniques, and tips you need for a lifetime of great pressure-cooker meals. Miss Vickie's Big Book of Pressure Cooker Recipes is jam-packed with nearly 400 fast, tasty, foolproof recipes, ranging from one-pot meals like Chicken and Rice with Mushrooms to Sweet and Sour Pork, Navy Bean Soup, and Chocolate Malt Cheesecake. Miss Vickie's detailed recipe instructions and special*

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*techniques, such as "pan in pot" pressure cooking, guarantee that each dish comes out perfectly cooked--and perfectly delicious. But Miss Vickie gives you more than just great recipes. Her book also provides in-depth guidance on every aspect of choosing and using a pressure cooker, including A buyers' guide to modern pressure cookers Step-by-step pressure-cooker instructions Pressure-cooker safety Basic and advanced pressure-cooking techniques Common mistakes in pressure cookery Adapting recipes to the pressure cooker Tips, tricks, and troubleshooting Offering*

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*hundreds of recipes that are proven to work--and proven delicious--plus plain-English answers to all of your pressure-cooker questions, Miss Vickie has created the single most useful pressure-cooker book ever published. It's a resource you'll turn to again and again as you explore the world of pressure-cooker possibilities and pleasures.*

*Get the recipes everyone is talking about in the debut cookbook from the wildly popular blog, Skinnytaste. Gina Homolka is America's most trusted home cook when it comes to easy, flavorful recipes that are*

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*miraculously low-calorie and made from all-natural, easy-to-find ingredients. Her blog, Skinnytaste is the number one go-to site for slimmed down recipes that you'd swear are anything but. It only takes one look to see why people go crazy for Gina's food: cheesy, creamy Fettuccini Alfredo with Chicken and Broccoli with only 420 calories per serving, breakfast dishes like Make-Ahead Western Omelet "Muffins" that truly fill you up until lunchtime, and sweets such as Double Chocolate Chip Walnut Cookies that are low in sugar and butter-free but still totally indulgent. The Skinnytaste*

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*Cookbook features 150 amazing recipes: 125 all-new dishes and 25 must-have favorites. As a busy mother of two, Gina started Skinnytaste when she wanted to lose a few pounds herself. She turned to Weight Watchers for help and liked the program but struggled to find enough tempting recipes to help her stay on track. Instead, she started “skinny-fying” her favorite meals so that she could eat happily while losing weight. With 100 stunning photographs and detailed nutritional information for every recipe, The Skinnytaste Cookbook is an incredible resource of fulfilling, joy-inducing*

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*meals that every home cook will love.*

*With [this book], you'll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes-- from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes-- plus vegetarian, gluten-free, and Paleo-friendly options-- [this book] is your go-to guide for fuss-free, all-in-one cooking.*

*Enjoy Deliciously Simple Family Favorites With New Edition - Instant Pot Cookbook 2019 In this instant pot cookbook, you'll find 2019's most mouth-watering,*

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*quick and easy Instant Pot recipes, which require 5-ingredients or less, meaning you spend less time in the kitchen and more with your family. In the interest of good health, recipes within include mostly fresh and whole food. A small amount of processed food is utilized, like canned mushrooms and dried beans For your satisfaction, this instant pot recipe book includes: Over 75 Easy, time-saving and family-pleasing instant pot recipes for beginners and advanced users 5-Ingredient well-tested, weekday-friendly recipes that are both inspiring and trustworthy*

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*Simple breakfast ideas, yummy lunch & desserts, meat, poultry, grains & rice and other instant pot favorites Special chapter for seafood lovers Every recipe lists serving quantity, prep time, cook time, easy to follow ingredients listing, preparation instructions, recommended variations or substitutions, images and nutritional information on a per serving basis Instant Pot Cookbook 2019 will make you feel more comfortable, not only using your pressure cooker but also making tasty, healthy meals. Everyone, regardless of diet, can be a part of the pressure cooker revolution, and this book proves*

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*it! So, whether you are new to pressure cooking, or are already an expert and simply want new recipes, we've got you covered.*

*\*\*\*Please note: Book is available in 2 Paperback formats - Black and White and Full color.*

*Choose the best for you \*\*\* full-color edition - Simply press "See all formats and versions" above the price. Press left from the "paperback" button black and white version - is the default first*

*Use these healthy and easy recipes and start cooking today!*

*The Quick and Easy Pressure Cooker Guide for Smart People - Healthy, Easy, and Delicious Instant Pot Recipes*

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*Miss Vickie's Big Book of  
Pressure Cooker Recipes  
100 Super Easy, Super Fast  
Recipes*

*Nom Nom Paleo*

*The Instant Pot® No-Pressure  
Cookbook*

*Delicious Dishes from Your Slow  
Cooker, Pressure Cooker,  
Multicooker, and Instant Pot®  
Simple Dinners for Every Day (A  
Cookbook)*

***Whether you're new to the  
Instant Pot or it's already  
your favorite kitchen  
appliance, you'll find plenty  
to love in the Instant Pot  
Favorites cookbook. Enjoy  
family-friendly recipes like***

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***Easy Meatballs, Chicken Enchilada Chili or One-Pot Pasta with Sausage, weeknight wonders you can whip up in no time.***

***Discover hearty soups and stews that cook quickly instead of simmering for hours. Whole-grain breakfasts, flavorful vegetables and irresistible rice dishes take only minutes under pressure.***

***The book includes a helpful introduction which explains the basics of Instant Pot cooking, and also contains pressure cooking time charts for common ingredients (beans, grains,***

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***vegetables, meat, poultry and seafood). More than 115 fabulous recipes and full-page photos.***

***Hardcover, 256 pages***

***A New York Times cookbook best-seller. Nom Nom Paleo is a visual feast, crackling with humor and packed with stunningly photographed step-by-step recipes free of gluten, soy, and added sugar. Designed to inspire the whole family to chow down on healthy, home-cooked meals, this cookbook compiles over 100 foolproof paleo recipes that demonstrate how fun and flavorful cooking with***

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***wholesome ingredients can be. And did we mention the cartoons? Nom Nom Paleo kicks off with a fresh introduction to Paleo eating, taking readers on a guided tour of author Michelle Tam's real-food strategies for stocking the kitchen, saving time, and maximizing flavors while maintaining a Paleo lifestyle. Also, sprinkled throughout the book are enlightening features on feeding kids, packing nutritious lunches, boosting umami, and much more. But the heart of this book are Michelle's award-***

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***winning primal Paleo recipes, 50 percent of which are brand-new --- even to diehard fans who own her bestselling iPad cookbook app. Readers can start by marrying their favorite ingredients with building blocks like Sriracha Mayonnaise, Louisiana Remoulade, and the infamous Magic Mushroom Powder. These basic recipes lay the foundation for many of the fabulous delights in the rest of the book including Eggplant "Ricotta" Stacks, Crab Louie, and Devils on Horseback. There's***

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***something for everyone in this cookbook, from small bites like Apple Chips and Kabalagala (Ugandan plantain fritters) to family-sized platters of Coconut Pineapple "Rice" and Siu Yoke (crispy roast pork belly). Crave exotic spices? You won't be able to resist the fragrant aromas of Fast Pho or Mulligatawny Soup. In the mood for down-home comforts? Make some Yankee Pot Roast or Chicken Nuggets drizzled with Lemon Honey Sauce. When a quick weeknight meal is in order, Nom Nom Paleo can show you how to***

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***make Crispy Smashed Chicken or Whole-Roasted Branzini in less than 30 minutes. And for a cold treat on a hot day, nothing beats Paleo-diet-friendly Mocha Popsicles or a two-minute Strawberry Banana Ice Cream. Eating healthy doesn't mean sacrificing flavor. This book gives you "Paleo with personality," and will make you excited to play in the kitchen again. Going far beyond soups and stews, this cookbook introduces readers to the versatility and adaptability of this miraculous kitchen gadget. It's filled with***

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*recipes that will spice up your cooking, including dishes inspired by cuisines from around the world like Biryani with Currants and Cashews, Chorizo Hominy Grits, and Shakshuka with Harissa and Feta.*

*Pressure cooking allows you to create easy, tasty meals that would otherwise require hours of effort. Pressure cooker conforms to today's busy rhythm of life better than many kitchen gadgets, because it combines speed and high quality cooking. These qualities have made pressure cookers an*

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***indispensable helper in the kitchen. Useful Features and Benefits of Pressure Cooker. Cooking in a pressure cooker has a lot of advantages compared to ordinary methods of cooking. Here are the main ones: 1. In a pressure cooker, you can boil, simmer, fry, or steam, almost any product. 2. A pressure cooker is a great way to cook fast. For some products, the cooking time is reduced by a quarter. 3. Easy to use. A pressure cooker is very easy to use: just close. Pressure cookers are equipped with a number***

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*of devices that provide both security and ease of use.*

*The automatic safety valve maintains the optimum level of pressure inside during the cooking*

*process.4. Save energy.*

*When cooking in a pressure cooker, it needs less electricity for cooking.5.*

*The pan is suitable for cooking dishes that require long and slow cooking such as boiled and stewed meat, goulash, beans, and for foods that require quick and intense cooking such as risotto or steamed*

*vegetables.6. Pressure cookers allow you to keep*

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***the nutritional value of each product by minimizing evaporation of fluid and loss of vitamins and mineral salts. 7. Simple care. The pot can be washed by hand and in the dishwasher. Pressure cookers are ideal for cooking mouthwatering beef stew, rice, soups, vegetables, and other family favourites. Why not try a pressure cooker recipe tonight? Hope you enjoy it! Here Is A Preview Of What You'll Learn...  
Seafood Recipes Spicy Fish Soup with Tomatoes Shrimp Soup with Cabbage and***

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***Paprika Clam Chowder  
Stewed Calmari Fillet of  
Sole on a Bed of Vegetables  
Beef Recipes Beef Stew  
with Wine and Vegetables  
Hungarian Goulash Lamb  
Stew Lamb Vindaloo Pork,  
Root Vegetables, and  
Apples Pork with  
Vegetables and Herb Rice  
Chicken, Duck, and Turkey  
Recipes Chicken with Rice  
and Vegetables Lemon  
Thyme Chicken Chicken  
Curry Duck Soup with  
Cannellini Beans Turkey  
with Gravy Rice and Soups  
Butternut Squash Risotto  
Zucchini Risotto Green Pea  
Soup with Mint Croutons***

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**Tags:**  
**Pressure Cooker Recipes ,  
Power Cooker, Power  
Pressure Cooker, Electric  
Pressure Cooker, Pressure  
Cooking, Best Pressure  
Cooker, Cuisinart Pressure  
Cooker, Electric Rice  
Cooker, Pressure Cooker  
Chicken, Pressure Cooker  
Recipes for Electric  
Pressure Cookers, Great  
Food Fast, Delicious  
Chicken Recipes, Delicious  
and Healthy Recipes,  
Pressure Cooker Recipes  
for Electric Pressure  
Cookers, Delicious Pressure  
Cooker Recipes, Pressure**

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***Cooker Dessert Recipes,  
Dinner In 30 Minutes,  
Delicious And  
Mouthwatering Recipes,  
Healthy And easy To Make  
Recipes, Homemade Meals  
in Minutes, Cookbook,  
Delicious, Recipes for  
Beginners, Vegetarian  
Recipes, Recipes, Quick  
Recipes, Easy Recipes, Main  
Dishes, Soups, Salads,  
Delicious, Healthy, Healthy  
Living, Noodle, Breakfast,  
Vegetable, Simple Recipes,  
Health, Energy  
100+ Fabulous New Recipes  
for the Pressure Cooker,  
Multicooker, and Instant  
Pot® : A Cookbook***

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***The Skinnytaste Cookbook  
The Ultimate Instant Pot  
Pressure Cooker Cookbook  
Quick Prep Cooking with  
Your Instant Pot  
The Instant Pot® Electric  
Pressure Cooker Cookbook  
The Pressure Cooker Recipe  
Book  
100 Low-Stress, High-  
Flavor Recipes  
The Greatest Collection of  
Recipes for Your Instant  
Pot® Four of your favorite  
authors have banded  
together to bring you this  
must-have collection of  
Instant Pot® recipes that  
showcases the versatility  
and ease that a multi-***

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*function cooker can bring to your kitchen. Packed with 240 recipes, each with its own beautiful photograph, this is your one-stop shop for crowd-pleasing mains, hearty soups and stews, fresh and vibrant sides, homemade sauces and so much more—all made possible by your Instant Pot®. You hold in your hands the only resource for easy, delicious home cooking you'll ever need.*

*The debut cookbook by the creator of the wildly popular blog **Damn Delicious** proves that*

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*quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak &*

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***Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn delicious!'***

***Want to make hot, delicious meals without even turning on the oven? You can, using a pressure***

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***cooker! Pressure cooking allows you to create easy, tasty meals that would otherwise require hours of effort. A pressure cooker is a great way to cook fast. Simply stated, a pressure cooker works by building up steam in a pot, which creates pressure that cooks the food at a very high temperature, thus reducing the time up to 70%-90%. When the cooker's lid is locked into place and the cooking liquid begins to boil, the steam that is generated is literally trapped inside the pot***

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*with nowhere to go except through the food. The fibers and molecules in the food are broken down quickly, and as a result, cooking occurs in record time. Other benefits of pressure cooking are that fewer vitamins and nutrients are lost during the process because the steam condenses in the pot instead of escaping into the air, and food remains juicy, tender, and flavorful. Pressure cookers are ideal for cooking mouth-watering stews, roasts, rice, pasta, fish, and other*

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*family favourites. Why not try a pressure cooker recipe tonight? Hope you enjoy it! Here Is A Preview Of What You'll*

*Learn...SOUPS*

*RECIPESBroccoli Cream*

*SoupPotato Cream Soup with*

*CornChicken Mushroom Soup*

*with Wild RiceCabbage Soup*

*with Bacon and BeansShrimp*

*Soup VegetablesCream*

*Salmon Soup with Green*

*PeasCHICKEN, BEEF, AND*

*LAMB RECIPESAsian Chicken*

*with GingerChicken with*

*Vegetable StewChicken with*

*Red and Green Bell*

*PeppersMoroccan Lamb with*

*Beans and LentilsBeef*

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***Braised in Beer***  
**RICE AND**  
**VEGETABLES RECIPES**  
**Beef**  
**stew with Rice and Bell**  
**Peppers**  
**Brown Rice with**  
**Vegetables**  
**Rice with Dried**  
**Cherries**  
**Ratatouille**  
**Brussels**  
**Sprouts with**  
**Bacon**  
**DESSERTS**  
**Fruit Compote**  
**Your favorite Southern**  
**recipes just got a lot**  
**easier thanks to your**  
**multicooker and Instant**  
**Pot(R)! Sheri Castle**  
**streamlines go-to Southern**  
**dishes to be one-button**  
**easy for cooking in an**  
**Instant Pot(R),**  
**multicooker, pressure**  
**cooker, or slow cooker.**  
**From jambalaya to deviled**

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*eggs and praline  
cheesecake, in Instantly  
Southern you'll find 85  
ways to get fresh,  
delicious, and soulful  
breakfasts, lunches, and  
dinners on the table with  
less fuss than ever.  
Featuring supermarket  
staples such as winter  
squash, beef chuck roast,  
pork shoulder, and sweet  
potatoes, as well as  
signature Southern  
ingredients like okra,  
greens, beans, and  
Bourbon, these dishes are  
easy to know and love.  
Whether you're cooking for  
company or your family on*

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*a hectic night, there are plenty of tempting options for every meal throughout the day. \* BREAKFASTS:*

*Shrimp and Stoneground Grits; Ham and Cheese Bread Pudding; Hummingbird Coffee Cake with Pineapple Cream Cheese Glaze \**

*HEARTY MAINS: Holiday Ham with Ginger-Peach Glaze; Chicken and Fluffy Dumplings; Bourbon and Cola Beef Short Ribs \**

*SOUPS, SALADS, and HEALTHY SIDES: Winter Squash Soup with Apple Butter Cream; Barley, Peach, and Cherry Salad with Sweet Tea Vinaigrette; Quick Greens*

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**\* *DESSERT!:* Red Velvet  
Cheesecake; Salted Caramel  
Banana Pudding; Pineapple-  
Upside Down Cake**

**80 Proven American  
Favourite Recipes. Easy,  
Delicious, Healthy Recipes  
That Anyone Can Cook.**

**Cookbook For Beginners and  
Advanced Users (Recipe  
Book for Instant Pot)**

**The Everything Pressure  
Cooker Cookbook**

**Light on Calories, Big on  
Flavor**

**Fast, Fresh, and Flavorful  
Simple Recipes for  
Heritage Cooking in Any  
Kitchen**

**75 Modern Recipes for Your**

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### ***Pressure Cooker, Slow Cooker, and Instant Pot The Modern Proper***

*Recipes to pair with your pressure cooker for full-flavored dinners that are ready in minutes, quick-cooking risottos, and fork-tender stews in under an hour. What's the newest secret weapon for people who want hearty, slow-cooked food but don't have hours to spend in the kitchen? You guessed it the pressure cooker! Anyone with a taste for good, filling food made quickly will find the pressure cooker indispensable for getting dinner on the table. And this welcome guide will help them do it with more than four hundred easy-to-follow recipes from stocks and sauces to vegetables and tender meats, and even elegant desserts like crême brûlée—plus tips on selecting*

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*and safely using pressure cookers. This authoritative compendium offers a modern take on a tried-and-true method, with recipes that prove that less cooking time doesn't mean less delicious. Who knew cooking could relieve so much pressure? "A must-have for any first-time pressure cooker user with a family that includes young children. I don't know many cookbooks that adapt themselves to a baby's needs but this one does, and superbly too."*

*—Pressure Cooker Pros, "Best Pressure Cooker Cookbooks"*

*Get the most out of your Instant Pot or multi-cooker! Sanders provides easy-to-follow recipes that get delicious family meals to your table in almost no time at all. Comfort foods, creative side dishes, even desserts-- these recipes will make*

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*your pressure cooker your favorite  
appliance!*

*Master Your Instant Pot Max and  
Enjoy These 600 Recipes for Any  
Budget! This complete guide to your  
Instant Pot Max has more than 600  
recipes from hearty breakfasts to  
healthy sides, from centerpiece  
stews and roasts to decadent  
desserts -- for Your Pressure Cooker.  
With this cookbook, you will cook  
better, tastier and faster meals for  
yourself and your family. The  
complete Instant Pot Max Pressure  
Cooker Cookbook tells you: What is  
the Instant Pot Max Pressure  
Cooker? Instant Pot Max features  
Control Panel Benefits of Instant Pot  
Max Common FAQs and Tips 30-Day  
Meal Plan And this cookbook  
contains the following categories:  
Breakfast & Brunch Poultry Meat:*

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*Beef, Pork & Lamb Fish & Seafood  
Vegetables & Side Dishes Snacks &  
Appetizers Soup & Stew Sous Vide  
Desserts Get a copy of this great  
Instant Pot Max Pressure Cooker  
Cookbook and makes Tasty Food  
easy for You and Your Whole Family!  
Tags: instant pot cookbook 2020,  
instant pot bariatric cookbook,  
instant pot duo nova cookbook,  
instant pot duo recipe book, instant  
pot duo crisp cookbook, instant pot  
duo cookbook, instant pot dump and  
go cookbook, keto instant pot  
cookbook 2020, instant pot blender  
cookbook, instant pot pressure  
cooker recipes, instant pot favorites  
cookbook*

*Be Smart - Get the Most From Your  
Pressure Cooker! It's time to  
embrace the art of cooking with your  
Instant Pot Pressure Cooker. Instant*

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*Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes teaches you how to use this revolutionary kitchen tool. You'll also discover a wealth of Delicious, Easy, and Healthy Instant Pot Recipes for every meal of the day! The Instant Pot is faster than other cooking methods because it uses both pressure and heat to cook your food. It can cut your cooking times in half - or more! This insulated pressure cooker uses very little water and energy to cook your food. It can save you up to 70% on energy costs. Not only does the Instant Pot save you money, it also helps you slim down. You'll get more nutrients from your pressure-cooked meals because the Instant Pot steams food quickly and evenly. Your food will*

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*even retain more of its beautiful, natural color! Here's a preview of what you'll get from this book: The History of Instant Pot Instant Pot Parts and Design What to Look for When Buying an Instant Pot The Differences in Pressure Cooking How to Clean Your Instant Pot Tasty Breakfast Recipes Hearty Lunch Recipes Delightful Dinner Recipes Healthy Instant Pot Snack Recipes Get ready to enjoy amazing pressure-cooked breakfasts like Breakfast Quinoa, Egg Muffins, and Quick Hard-Boiled Eggs. Your lunches can include Cilantro Lime Rice, Collard Greens, and Pot Roast. For dinner, you can look forward to Asian Pepper Steak, Ratatouille Vegetable Stew, and Pressure Cooker Spaghetti! Don't wait - Read Instant Pot Cookbook: The Quick And Easy*

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*Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes Today!*

*Easy Recipes for Fast and Healthy Meals*

*Martha Stewart's Pressure Cooker 240 Must-Try Dishes for Your Multi-Function Cooker*

*Pressure Cooker Recipes*

*Fast, Fresh and Foolproof Recipes for Your Electric Pressure Cooker*

*Healthy Pressure Cooker Cookbook for Beginners: The Best Recipes for Living and Eating Well*

*The Easy Pressure Cooker Cookbook*

Are you looking for the Best Instant Pot Cookbook with Pictures and easy detailed recipes? Then you are in the right path! Finally! First Instant-Pot Recipe Book with INDEX This Instant Pot Recipe Book contains 80 recipes from selected best categories: 10

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Delicious and Healthy Breakfast recipes 12 Great Variety of Vegetables, Grains, and Beans recipes 10 Soups, Chilis, and Stews recipes 15 Seafood and Poultry recipes 8 Sauces and Stocks recipes 10 Desserts/Bread recipes Also in this Instant-Pot Cookbook which is Great on Kindle you will find how to make American Favorite dishes such as: Instant pot Beef Stew Instant pot Pork Chops Instant pot Pasta Instant pot Mac and Cheese Instant pot Pork Roast Whole chicken Instant Pot Instant pot Healthy Breakfast Porridge Instant-pot Yogurt and many other Instant pot easy recipes Each recipe: Made for anyone with a Busy Lifestyle Has detailed Easy-to-Follow instructions with ingredients list, picture, cooking time, nutrition information and allergen statements.

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This Cookbook for Instant Pot Pressure Cooker helps you to know What is an Instant Pot, How to use Electric Pressure Cooker and How to Cook favorite dishes step by step easily and confidently. Additionally this Instant-Pot Recipe Book contains detailed information about the Electric Pressure Cooking Time Chart (Instant Pressure Cooker Times). Using this chart, you can easily understand the time and pressure required to cook your food. Another chart is a Conversion Table that helps to compare three different Cooking Methods stovetop/oven, pasta making and slow cooker with the Instant Pot. Just Click on "Buy now with 1-Click®" And Start Your Happy Cooking! I hope you will enjoy the recipes covered in this Instant Pot cooking guide. Full-color edition -

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Click "See all formats and versions" right above the price. Black and White version - is the default first. Pressure cookers will boost flavor and cut cooking time a whopping 70 percent - but only if you know how to use them. In this cookbook, author Pamela Rice Hahn teaches you about the joys of cooking with a pressure cooker. No longer the dangers they once were, these time-saving devices are godsend to busy cooks everywhere. In no time, you can whip up: Roasted Red Bell Pepper Pesto Cranberry-Braised Turkey Breast Balsamic Pork Chops with Figs Halibut in Black Olive Sauce Peanut Butter and Fudge Cheesecake For that slow-cooked taste in far less time, a pressure cooker is the perfect solution. Veteran cookbook author Hahn has been conjuring up recipes

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using her pressure cooker for years. With a full spectrum of pressure cooker recipes at your fingertips, you can create delicious breakfast, lunch, dinner, and dessert dishes in no time flat!

With over 50,000 subscribers on her YouTube channel, Flo Lum has 3 years of experience creating simple and delicious Instant Pot recipes that have helped and inspired thousands of viewers. Did you buy an Instant Pot because everyone seems to have one? Is it sitting idle in your cupboard? Whether you are new to pressure cooking or a seasoned cook, you will enjoy making these flavourful recipes for your family. These easy recipes are just some of our family favourites and we hope they will be yours too. It brings me great joy to teach and inspire people

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to make simple and delicious meals!"You make the THE BEST Instant pot videos! You actually season your food and use more advanced techniques, instead of throwing it all in and making a bland mess. Please keep sharing them. I'm getting one for Christmas and I'm watching all of your videos to prepare.[]" - bizaeralkia, YouTube subscriber"Have made several of your instant pot recipes and a big thumbs up to you. Well done. We are enjoying them and look forward to many more.[]" - Doris Powell, YouTube subscriber"Thanks so much for sharing your story. I started watching your instant pot videos and have learned a lot, been entertained, and reminded of Grandma wisdom I had forgotten over the years. So many practical and sensible recipes

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and ideas from such a young couple.

Please keep sharing your story!☐" -

Starla Manley, YouTube

subscriber"Flo and Dude, thank you

so much for sharing your delicious

recipes! Though I have Instant Pot

cook books, I often cook from your

YouTube videos. Thank you again!!☐"

- Randy Fukuda, YouTube

subscriber"LOVE your channel!

Thanks for sharing :) I watched all of

your instant pot videos, after 2

months of having one I finally found

the confidence to open it and cook

something. I've never looked back

:)☐" - Virginia Perkinson, YouTube

subscriber

**NATIONAL BESTSELLER**The easiest-

to-follow Instant Pot cookbook ever:

100 delicious recipes with more than

750 photographs guiding you every

step of the way Jeffrey Eisner's

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popular Pressure Luck Cooking website and YouTube channel have shown millions of home cooks how to make magic in their Instant Pots. Now Eisner takes the patient, fun, step-by-step approach that made him an online phenomenon and delivers a cookbook of 100 essential dishes that will demystify pressure cooking for Instant Pot users of all abilities--and put an astounding dinner on the table in a flash. Every flavor-filled recipe in this book is illustrated with clear photographs showing exactly what to do in each step. There are no surprises: no hard-to-find ingredients, no fussy extra techniques, and nothing even the most reluctant cooks can't master in moments. What you see is truly what you get, in delicious and simple dishes such as: Mac & Cheese Quick

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Quinoa Salad French Onion Chicken  
Eisner's popular Best-Ever Pot Roast  
Ratatouille Stew And even desserts  
such as Bananas Foster and Crème  
Brulée.

600 Quick, Easy and Delicious  
Instant Pot Recipes for Smart People  
on a Budget

The Step-by-Step Instant Pot  
Cookbook

Good Food: Pressure Cooker  
Favourites

Pressure Cooker

Instant Pot Miracle

Simple and Delicious Pressure  
Cooker Family Favourites for  
Beginners and Experienced Cooks

The Pressure Cooker Cookbook

**Inspired by her viral New  
York Times article "Why Do  
Cooks Love the Instant**

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**Pot(R)? I Bought One to Find Out," Melissa Clark's Dinner in an Instant has all new recipes that bring her signature flavor-forward dishes to everyone's favorite countertop appliance. Dinner in an Instant gives home cooks recipes for elevated dinners that never sacrifice convenience. Beloved for her flawless recipes, Melissa Clark turns her imagination to the countertop appliances that have won American hearts from coast to coast. Recipes include Fresh Coconut Yogurt, Japanese**

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**Beef Curry, Osso Buco, Smoky Lentils, Green Persian Rice with Tahdig, and Lemon Verbena Cr me Brulee. Dinner in an Instant provides instructions when possible for making the same dish on both the pressure cooker and slow cooker settings, allowing home cooks flexibility. Symbols guide the reader toward Paleo, Vegan, Vegetarian, and Gluten Free dinners. Fresh, approachable, and classic, Dinner in an Instant is Melissa Clark's most practical book yet. Making dinner for the**

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**family is a whole lot easier and delicious with these healthy recipes for your slow cooker, pressure cooker, multicooker, and Instant Pot®. In Instant Family Meals, cookbook author and mom-of-two Sarah Copeland shows home cooks how to make dinner time a less stressful proposition with 75 inspired breakfasts, snacks, dinners, and even desserts thanks to the speed and efficiency of the multicooker, pressure cooker, slow cooker, and Instant Pot®. Sarah's straightforward**

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**instructions, encouraging advice, and time saving tips make meal planning, prep, and cooking that much easier. Dishes like Cacio e Pepe Risotto, Double Vegetable Pot Roast, Late Summer Bean Stew with Fresh Mint, and 10-Minute Pistou with Pasta and Herbs bring an elevated touch and any-night practicality to family meal time favorites. Beyond dinner, Sarah explores hands-off breakfasts like All-Purpose Breakfast Frittata and Coconut Rice Porridge with Bananas and Raspberry Jam, desserts**

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**such as Easy Caramel Flan and Summer Berry Crumble, and cozy drinks like French Hot Chocolate and Spiced Cider. Instant Family Meals is the busy, modern family's go-to resource for arriving at the kind of meal that fuels not just tonight's ballet lesson or the next soccer game, but a whole delicious way of living.**

**Get the most out of your time in the kitchen with these 100 fast, instant-classic dinners that everyone will love. For pretty much everyone, life gets busy—but you still**

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**want to cook up a good meal, ideally one that's accessible, efficient, and doesn't sacrifice any of the delicious flavors you love. The creators of the popular website The Modern Proper are all about that weeknight dinner, and now, they're showing you how to reinvent what proper means and be smarter with your time in the kitchen to create meals which will bring friends and family together at the table. The Modern Proper will expand your "go-to" list and help you become a more intuitive, creative cook.**

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**Whether you're a novice or a pro, a busy parent or a workaholic, this book will arm you with tools, tricks, and shortcuts to get dinner on the table. Every ingredient is easy to find, plus you'll find plenty of swaps and options throughout. Each of the 100 recipes (some all-time fan favorites and many brand-new) includes prep time, cook time, and quick-reference tags. These include: -Stuffed Chicken Breast with Mozzarella and Creamy Kale -Stir-Fried Pork Cutlets with Buttermilk Ranch -Sweet**

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**Cider Scallops with Wilted Spinach -Tofu Enchiladas with Red Sauce -And more!**

**With recipes to feed a crowd, an entrée for every palate, a whole chapter of meatballs, and plenty of pantry essentials, The Modern Proper is the new essential cookbook for any and all food lovers.**

**The "Prophet of Pressure Cooking" Debra Murray brings you 200 incredible pressure cooking recipes for your family table.**

**Preparing delicious suppers and magnificent desserts doesn't have to be work - with the magic of a**

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**pressure cooker and this book of easy-to-follow recipes, you can have soon-to-be family favorites ready in a fraction of the time!**

**\*Perfect to use with the Instant Pot or any other pressure cooker brand!**

**\*Make mealtime easy with 200 incredible recipes!**

**\*Includes 75 full-color photos throughout \*Wow your family and guests with hearty stews, healthy vegetables, nourishing one-pot-wonders, and sumptuous desserts - all from a pressure cooker!**

**\*Finally, spend more time enjoying delicious meals**

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**than it took to prepare them. These triple-tested recipes are the saving grace of busy families. With The Best Pressure Cooker Recipes on the Planet, you can savor incredible meals without the pressure!**

**120 Easy and Delicious Recipes for Your Instant Pot and Pressure Cooker**

**Dinner in an Instant**

**Instant Family Meals**

**Instant Pot Favorites**

**Best Instant Pot Recipes Book**

**From Gourmet to Everyday, 175 Must-Have Recipes**

**Instant Pot Cookbook**

Consummate home cook and magazine

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**editor Suzanne Gibbs shows us how to use a pressure cooker to create slow-cooked flavour in a fast-paced world. Pressure cookers allow us to cook quickly, cheaply and efficiently. The food is cooked in liquid at high temperatures, which shortens cooking time by up to 70 per cent. Because the method seals in flavour and nutrition, cheaper ingredients can be used to great effect. Here Suzanne selects more than 80 of her favourite pressure-cooker recipes, and describes the process from beginning to end. Learn how to cook an osso bucco in 25 minutes, a chicken tagine in 15 minutes and a delicious bread and butter pudding in 20 minutes. Packed with information on practicalities, such as choosing, using and cleaning your cooker, and fully illustrated with beautiful photography. The Pressure Cooker Recipe Book is a**

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**must-have guide for anyone balancing the constraints of time and money with a desire to create delicious healthy meals for themselves, their friends and their families.**

**"500 recipes for any budget. Recipes are listed step by step in a clear and understandable manner. With this cookbook, you will cook better, tastier and faster meals for yourself and your family."--Amazon.com.**

**If you have little time to cook, but want delicious and hearty meals then a pressure cooker is the perfect way to enjoy tender and wholesome dishes. With only a short amount of prep time you can tuck in to tasty homemade meals. Good Food: Pressure Cooker Favourites is crammed with tender casseroles, satisfying soups and mouth-watering stews. In Pressure Cooker Favourites you will find a whole range**

## **Download Free Good Food: Pressure Cooker Favourites**

**of seafood, chicken, game and vegetarian dishes and with each recipe triple-tested by the experts at Good Food you are guaranteed success every time. Both speedy and delicious these recipes are the perfect companion to a busy lifestyle.**

**200 Triple-Tested, Family-Approved, Fast & Easy Recipes**

**Fast and Easy Instant Pot Pressure Cooker Recipes for Busy Cooks.**

**5-Ingredient Instant Pot Favorites That are Both Delicious and Simple**

**Instant Pot Pressure Cooker Cookbook**

**The Fresh and Healthy Instant Pot Cookbook**

**The Electric Pressure Cooker Cookbook**

**Instant Pot Max Pressure Cooker Cookbook**