

Read Free Help Me Say  
Goodbye: Activities For  
Helping Kids Cope When A  
Special Person Dies

# Help Me Say Goodbye: Activities For Helping Kids Cope When A Special Person Dies

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*Franny takes her time saying goodbye to the only school she has ever attended, remembering everything that has made it special.*

*RJ's mouth is getting him*

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*into a lot of trouble. A  
rude comment at school  
earned him a detention,  
and an incensitive remark  
at home earned him a  
scholding and made his  
sister cry. It's time RJ*

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*starts using a social filter when he speaks. He soon realizes he doesn't have to verbalize every thought that pops into his head. In fact, the less said the better!*

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*In a simple, cheerful conversation with nature, a young boy observes how the season changes from winter to spring in Kenard Pak's Goodbye Winter, Hello Spring. As days*

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*stretch longer, animals  
creep out from their warm  
dens, and green begins to  
grow again, everyone  
knows—spring is on its  
way! Join a boy and his  
dog as they explore nature*

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*and take a stroll through  
the countryside, greeting  
all the signs of the  
coming season. In a series  
of conversations with  
everything from the  
melting brook to chirping*

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*Helping Kids Cope When A  
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birds, they say goodbye to  
winter and welcome the  
lushness of spring.

*32 pages of coloring,  
puzzles, mazes, and  
activities for children  
based around the Goodbye*



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*to Goodbyes Storybook by  
Lauren Chandler ---a true  
story about how Jesus came  
to give his friends life  
after death.*

*Ollie the Octopus Loss and  
Bereavement Activity Book*

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*I Wasn't Ready to Say  
Goodbye Companion Workbook*

*Telling the Time Activity  
Book*

*The Big Book of Nature  
Activities*

*Surviving, Coping and*

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*Healing After the Sudden  
Death of a Loved One  
2021 Year of the Ox |  
Juvenile | Activity Book  
for Kids | Ages 3-10 |  
Spring Festival  
But I Didn't Say Goodbye*

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"A wealth of ideas for adults to engage children and themselves in the wonders of the natural world with suggested activities for all seasons."?Robert Bateman, artist and author of Life Sketches: A Memoir The Big

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Book of Nature Activities is a comprehensive guide for parents and educators to help youth of all ages explore, appreciate, and connect with the natural world. This rich, fully illustrated compendium is packed with

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crafts, stories, information, and  
inspiration to make outdoor

learning fun! The Big Book of  
Nature Activities features: ·

Nature-based skills and activities  
such as species identification,  
photography, journaling, and the

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judicious use of digital technology · Ideas, games, and activities grounded in what's happening in nature each season · Core concepts that promote environmental literacy, such as climate change and the

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mechanisms and wonder of evolution, explained using a child-friendly, engaging approach .

Lists of key species and happenings to observe throughout the year across most of North America



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Practical guidance and  
compassionate support for pet  
owners before, during, and after  
the death of a beloved  
companion animal • Explores  
how best to prepare for the death  
of your pet, including recognizing

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changes in your animal's well-being, palliative care at home, taking care of your pet's remains, ceremonies, and more

- Offers practical exercises and activities, such as what to discuss with the vet when

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euthanasia is anticipated, how to retain a center of inner calm when making decisions, and how to find the courage to say goodbye when the time comes • Addresses the emotional components of the bereavement

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process--fears beforehand, guilt and anger afterward--and offers advice on self-care throughout. Our pets are members of our families. The death or separation from a beloved animal friend--whether anticipated or

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unexpected--can unleash a roller coaster of emotions. In this compassionate guide based on 20 years' experience helping individuals and teaching veterinary professionals, Angela Garner offers practical support

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and guidance to help you prepare for your pet's death ahead of time, do your best by your animal friend when the time comes, and work through your grieving process afterward. The author explores how best to

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prepare for the death of your beloved pet, including recognizing changes in your pet's well-being, palliative care at home, taking care of your pet's remains, ceremonies, and more. She discusses natural

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death and euthanasia and offers exercises and activities to help you work through difficult issues, such as what to discuss with the vet and how to stay focused on your pet's welfare when euthanasia is anticipated.



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Sharing her own experiences and those of others, she explores practices to help you cope with fears and overwhelming emotions, retain a center of inner calm when making crucial decisions, and

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find the courage to say goodbye when it is time. Angela Garner also addresses the different emotional components of the bereavement process--fears beforehand and guilt and anger afterward--and includes a

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compassionate discussion about children and pet loss as well as how to support a grieving companion animal in the family. Offering step-by-step support throughout, this guide brings hope and reassurance that, while

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grief may feel insurmountable, you will come out the other side to once again reengage with life. When a loved one dies, children are faced with a kaleidoscope of feelings, thoughts, and questions. Struggling with these

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issues can be overwhelming without guidance, support, and creative forms of expression.

This bereavement book contains simple, effective activities to help children and parents communicate about death and

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the grieving process. Through  
these activities, children will

learn how to grow and thrive  
after the loss of a loved one.

Join the call for a better world  
with this New York Times  
bestselling picture book about a

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school where diversity and inclusion are celebrated. The perfect back-to-school read for every kid, family and classroom! In our classroom safe and sound. Fears are lost and hope is found. Discover a school

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where all young children have a place, have a space, and are loved and appreciated. Readers will follow a group of children through a day in their school, where everyone is welcomed with open arms. A school where



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students from all backgrounds learn from and celebrate each other's traditions. A school that shows the world as we will make it to be. "An important book that celebrates diversity and inclusion in a beautiful, age-appropriate

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way." = Trudy Ludwig, author of  
The Invisible Boy

Screen-Free Playtime Activity  
Book

More Than 100 Brain-Building  
Activities for Busy, Happy Kids  
Bear Hugs for Saying Goodbye

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Same, Same But Different  
Jamboree Activity Guide B

Includes DSM-5 Updates

Hello Goodbye Dog

***A time-saving resource,  
fully revised to meet the  
changing needs of mental***

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health professionals The  
Special Person Dies  
Child Psychotherapy  
Treatment Planner, Fifth  
Edition provides all the  
elements necessary to  
quickly and easily  
develop formal treatment  
plans that satisfy the

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*demands of HMOs, managedcare  
companies, third-party  
payors, and state and  
federalagencies. New edition  
features empirically  
supported, evidence-  
basedtreatment interventions  
including anxiety,*

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*attachment disorder, gender  
identity disorder, and more  
Organized around 35  
behaviorally based  
presenting problems including  
academic problems, blended  
family problems, children  
of divorce, ADHD, and more*

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*Over 1,000 prewritten  
treatment goals, objectives,  
and interventions—plus space  
to record your own treatment  
plan options Easy-to-use  
reference format helps  
locate treatment  
plan components by behavioral*

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*Helping Kids Cope When A  
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problem Includes a sample  
treatment plan that conforms  
to therequirements of most  
third-party payors and  
accrediting  
agenciesincluding CARF, The  
Joint Commission (TJC), COA,  
and the NCQA



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*For Zara's dog, Moose,  
nothing is more important  
than being with his favorite  
girl. So when Zara has to go  
to school, WHOOSH, Moose  
escapes and rushes to her  
side. Hello, Moose!  
Unfortunately, dogs aren't*

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*allowed at school and Moose  
has to go back home.*

*Goodbye, Moose. But Moose  
can't be held back for long.  
Through a series of  
escalating escapes, this  
loyal dog always finds her  
way back to Zara, and with a*

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*little bit of training and  
one great idea, the two  
friends find a way to be  
together all day long.*

*Say GOODBYE to just any old  
boring "Chinese New Year  
Coloring" activity  
worksheets and say HELLO to*

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the exciting world of  
"Chinese Lunar Calendar"  
worksheets!

What do you do when your  
father dies by suicide while  
you are in the hospital  
awaiting the birth of your  
triplets? What do you do

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when you can't attend your  
father's funeral because

*physician orders include  
complete bed rest? What do  
you do when you realize that  
you experienced a  
devastating loss and that  
you are not alone in that*

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experience? You write a book  
and dedicate your life to  
helping others affected by  
suicide! Barbara Rubel's  
fictional characters in *But  
I Didn't Say Goodbye* are a  
compilation of what  
individuals may experience

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throughout their lifetime as  
a suicide loss survivor. But

*I Didn't Say Goodbye:*

*Helping Families After a*

*Suicide tells the story,*

*from the perspective of an*

*eleven-year-old boy, Alex,*

*and his family, as they are*

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*rocked by suicide and  
reeling from the aftermath.  
Through Alex's eyes, the  
reader will see the  
transformation of feelings  
after going through a death  
by suicide. New to the third  
edition, each chapter ends*



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*with Alex reflecting 10  
years later on his  
experience, introducing  
family members and friends  
in his recollections.*

*Barbara Rubel has combined  
our modern academic theories  
of grieving, and the*

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*research that supports those theories, and then translated them into a readable story for anyone bereaved by suicide. The revised edition is an evidence-informed and contemporary treatment of a*

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*devastating form of loss  
that uses the artful device  
of a hypothetical case study  
to render it in human terms.  
Through the story, the  
reader will understand what  
losing someone to suicide  
might be like for a family,*

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*Helping Kids Cope When A  
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how to make meaning in the  
loss, and ways to experience  
personal growth. This self-  
help book was revised to  
provide guidance and  
education for clinicians  
(e.g., mental health  
providers, social workers,

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*psychologists, school  
counselors, and case  
managers) and families to  
help suicide loss survivors.  
Part 1 offers a basic  
understanding of suicide  
postvention, suicide loss  
survivors, complicated*

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grief, mourning theories,  
the American death system,  
and the impact on clinician  
survivors. Chapters have  
been substantially updated,  
based on mourning models and  
the latest research. The  
chapters in Part 2 build

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*upon one another sequentially, from the day of the suicide to the anniversary of the death. At the end of each chapter, there are follow-up questions to explore in counseling sessions, support*

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*groups, therapy sessions, or at home. Also, at the end of each chapter, Alex, at the age of 21, reflects back on how his father's death by suicide has changed his life, wounding him, but also helping him to grow.*



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*Preparing for the Transition  
of Your Beloved Pet*

*Oh No! Time to Go!*

*My Moving Activity Journal:  
Activities, Games, Crafts,  
Puzzles, Scrapbooking,  
Journaling, and Poems ...for  
Kids on the Move! Second*

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Helping Kids Cope When A  
*Edition*

*Time to Say Goodbye*

*An Activity Book for Kids*

*When a Loved One Enters*

*Hospice Care*

*A Book of Goodbyes*

*Activities to Help Children*

*Cope with Grief & Loss*

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*From bestselling author Todd Parr, a poignant and reassuring story about loss. Through the lens of a pet fish who has lost his companion, Todd Parr tells a moving and wholly accessible story about saying goodbye. Touching upon the host of*

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*Helping Kids Cope When A  
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emotions children experience,  
Todd reminds readers that it's  
okay not to know all the answers,  
and that someone will always be  
there to support them. An  
invaluable resource for life's  
toughest moments.

*A companion workbook to the*

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*bereavement classic.*

*An art therapy and activity book for children coping with death. Sensitive exercises address all the questions children may have during this emotional and troubling crisis. Children are encouraged to express in*

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*pictures what they are often  
incapable of expressing in words.*

*Calling the super busy, the  
stressed out, the overtired. You  
know you're made for a more  
fulfilling life. With this book,  
you'll know where to start. You  
wake up tired. Your to-do list is*

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*too long. The commitments—and the laundry—are piling up, but your energy keeps dwindling. You feel like you're simply making it through the days, not living or enjoying any part of them. In *Say Goodbye to Survival Mode*, you'll find both practical*

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ideas and big-picture perspective  
that will inspire you to live life on  
purpose. As a wife, mother of  
three, and founder of the wildly  
successful blog  
MoneySavingMom.com, Crystal  
Paine has walked the road from  
barely surviving to living with



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*intention. With the warmth and candor of a dear friend, she shares what she's learned along the way, helping you: feel healthier and more energetic by setting priorities and boundaries eliminate stress with savvy management of your time,*

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money, and home get more done  
by setting realistic goals and  
embracing discipline rediscover  
your passions—and the  
confidence to pursue them  
Packed with straightforward  
solutions you'll use today and  
inspirational stories you'll

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*remember for years, Say  
Goodbye to Survival Mode is a  
must for any woman who's ever  
longed for the freedom to enjoy  
life, not just survive it.*

*Goodbye, Vietnam*

*A Year-Round Guide to Outdoor  
Learning*

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*Helping Kids Cope When A  
Special Person Dies*  
*A Therapeutic Story with  
Activities for Children Aged 5-10*

*The Montessori Method for  
Positive Dementia Care*

*Gotta Go, Buffalo*

*Activities for Helping Kids Cope  
when a Special Person Dies*

*Chinese New Year Activity*

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Helping Kids Cope When A  
*Coloring Book for Kids*

Special Person Dies  
Contains a variety of  
activities for preschool  
age children to help  
them say goodbye to  
parents at school and  
feel more comfortable

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with separation.

Adding honor as a factor  
in raising kids ...and  
parent-child  
relationships. Dr. Scott  
Turansky and Joanne  
Miller offer a thorough

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program for establishing  
honor as a basis of  
family life – not just  
children honoring  
parents, but parents  
respecting children and  
children honoring each

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other. Even if honor  
seems a long way off in  
your household, you will  
find practical  
suggestions here to  
bring that goal a little  
closer – suggestions for



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kids of all ages. Honor  
is the biblical value  
that will bring about  
good behavior. It's more  
than just changing what  
kids do; it's changing  
the deeper issues of the

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heart that triggered the  
behavior.

Elliot lives in America,  
and Kailash lives in  
India. They are pen  
pals. By exchanging  
letters and pictures,

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they learn that they  
both love to climb  
trees, have pets, and go  
to school. Their worlds  
might look different,  
but they are actually  
similar. Same, same. But

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different! Through an  
inviting point-of-view  
and colorful, vivid  
illustrations, this  
story shows how two boys  
living oceans apart can  
be the best of friends.

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Proven exercises to help ease international relocation. Relocating to a foreign country for school or work offers in an opportunity to expand your world view and

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develop useful strategies for adaptation. Preparing for such a move requires both attention to the logistical details and emotional preparation

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for the experience of  
living in a new culture.

52 Activities for  
Successful International  
Relocation is the only  
book of activities that  
focuses on issues of

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international  
relocation. These  
exercises--grounded in  
research and field-  
tested--were designed to  
help international  
relocation trainers and



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educators create programs that aid the transition from a familiar culture to a new one. Sections include predeparture preparedness exercises

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to reduce "culture shock," in-country support excercises, and reentry activities to prepare individuals to readjust to life back home. Whether you're

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using this book in a  
business, education, or  
HR setting, 52

Activities for  
Successful International  
Relocation will help  
your student or employee

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manage the practical and  
emotional challenges of  
cultural change.

Say Goodbye to Whining,  
Complaining, and Bad  
Attitudes... in You and  
Your Kids

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A Book of Firsts

When It's Time to Say  
Goodbye

A Story Celebrating Love  
and Universal Connection

Scarlet Says Good-Bye

Helping Families After a

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## Why Did You Die?

Say goodbye to screens and hello to fun! There's no better way for kids to put down their devices and fire up their creativity than with this engaging workbook of colorful, kid-friendly activities. The Screen-

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Free Playtime Activity Book from Glenda Horne is bursting with puzzles and games guaranteed to chase the boredom away. Inside you'll find dozens of on-the-page adventures including dot-to-dots, wordfinds, crosswords, coloring pages, drawing pages, find-the-differences, mazes, and more! • More than 100

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different activities to fill their day with creativity and learning • Enriching puzzles and games for brain-building, screen-free breaks • A convenient way to entertain kids at home and on the go

In a magical underwater forest lived a colourful and loveable Octopus called Ollie, who loved swimming with his



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friends and spending time with his mum and dad, Orla and Orson the Octopuses. Until one day, Orla started to get very sick. The doctors did everything they could to help her, but very sadly, Orla died. Ollie had so many thoughts and feelings spinning around in his head, and his heart was hurting. This activity book has been

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developed by expert child Psychologist and bestselling author Dr. Karen Treisman. The first part of the book is a colourful illustrated therapeutic story about Ollie the Octopus, with a focus on Ollie making sense of and processing the loss of his mum, Orla. This is followed by a wealth of creative activities and

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colourful photocopiable worksheets for children and the people supporting them to explore aspects of loss, grief, death, and bereavement, and how to find ways to understand and cope with them. The final section of the book is full of advice and practical strategies for parents, carers, and professionals on how to help children

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aged 5-10 to begin to understand the complex and multi-layered feelings surrounding loss and bereavement, and what they can do to help navigate them through their grief journey. This activity book is complemented by a standalone picture book of Ollie's story, also available from Jessica Kingsley

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Publishers (Ollie the Octopus, ISBN  
9781839970238).

A lyrically told, beautifully illustrated book that brings comfort to children--and adults--who have lost someone they love After Old Turtle swims his last swim and breathes his last breath, and the waves gently take him away, his friends lovingly

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remember how he impacted each and every one of them. As the sea animals think back on how much better Old Turtle made their lives and their world, they realize that he is not truly gone, because his memory and legacy will last forever. Jago's gorgeous illustrations accompany Cece Meng's serene text in a book that wi

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help children understand and cope with the death of a loved one. Praise for Always Remember: "Without mentioning a deity or religion, the text discusses how people remember those who have died and how their lives live on beyond them.

Understated, unsentimental, and gently done."--Kirkus Reviews "A sweet and

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poignant story with multiple layers for delving deeper."--School Library Journal

"This makes a comforting choice for families dealing with loss."--Booklist

Two best friends understand that saying goodbye to one experience means saying hello to the next, but that does not make it easier when one friend has to move away.



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Helping Kids Cope When A  
Special Person Dies  
9 Simple Strategies to Stress Less, Sleep  
More, and Restore Your Passion for Life  
Help Me Say Goodbye  
Always Remember

Experiential Activities for Intercultural  
Learning  
The Goodbye Book

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Goodbye: Activities For

Helping Kids Cope When A  
Special Person Dies  
The Child Psychotherapy Treatment  
Planner

**A young boy presents the different ways his family members and others say goodbye, then describes the worst goodbye he ever**

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Helping Kids Cope When A  
Special Person Dies

**experienced. By the author of  
Some Helpful Tips for a Better  
World and a Happier Life.**

**The need for new approaches,  
methods, and techniques in  
cross-cultural training and  
intercultural education are**

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Special Person Dies

**virtually insatiable, especially  
for experiential activities. The  
emphasis in this book is on  
activities that foster the  
development of intercultural  
awareness and cross-cultural  
sensitivity, helping learners**

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**understand some of the principal dimensions of intercultural communication, cross-cultural human relations, and cultural diversity. The selections include simulations, case**

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**studies, role plays, critical incidents, and individual and group exercises. A number address relatively complex workplace issues; others focus on intercultural dynamics in educational contexts. Some are**

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**printed here for the first time;  
others are culled from less  
accessible sources. They range  
from basic introductory  
activities to those that  
facilitate the exploration of  
intercultural issues in**

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**significant depth. In an  
introductory essay, Sheila  
Ramsey, an experienced  
scholar and trainer, examines  
the nature of intercultural  
training and lays out a  
conceptual framework for**



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**assessing its effectiveness. The rest of the book is made up of activities organized around six facets of intercultural contact: cultural differences for beginners, understanding oneself as a cultural person,**

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**the intercultural perspective,  
working across cultures, cross-  
cultural "foul-ups," and  
returning home. Each section  
opens with an introduction,  
followed by activities. Each  
activity includes, at a**

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**minimum, objectives,  
audience, materials required,  
setting, time required, and  
procedure for facilitation.  
Many of the activities include  
handouts or illustrations. This  
book will be especially valuable**

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**for trainers and educators who want to further ground their work in a solid theoretical base and at the same time augment their resources to expand their repertoire.**

**Follow Tom and Karen Brenner**

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**as they help people living with  
dementia, their families and  
caregivers navigate this  
challenging condition using  
techniques first developed by  
Maria Montessori. This  
positive and inspiring book**

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**values the person being cared for and offers methods and strategies to engage them and help families and caregivers connect.**

**"When Mai's family discovers that Vietnam government**

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**soldiers will soon apprehend  
her father and grandmother,  
the family slips away in the  
night. They trudge through the  
swamps of the Mekong Delta  
toward the sea. The gut-  
wrenching trip to Hong Kong**

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**is just another step toward a new life, which the family eventually finds. Whelan's characters are distinctive, and her story is riveting, haunting, and memorable, reflecting the human virtues of**



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Special Person Dies  
**determination, hope, love, and  
courage in the face of the most  
devastating of circumstances  
and injustices."--Booklist.**

**Positive Activities that Ease  
Separation Anxiety  
All Are Welcome**

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**A Silly Book of Fun Goodbyes**  
**A Grief Activity Workbook for**  
**Kids and Their Families**  
**Goodbye Brings Hello**  
**Forever Friend**  
**52 Activities for Successful**  
**International Relocation**

## Read Free Help Me Say Goodbye: Activities For

### Helping Kids Cope When A Special Person Dies

When a child has to say goodbye to someone she loves, the process can be easier with a friend at her side. Join Scarlet, her best friend Elby, and the critter gang as they say goodbye to someone Scarlet loves.

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Helping Kids Cope When A  
Special Person Dies

Follow them as they learn about hospice services and do some activities along the way. This beautifully illustrated, hardcover edition will become a treasured family keepsake. Use it to remember your child's thoughts

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Helping Kids Cope When A  
Special Person Dies

and save it to share years later. Includes a story about Scarlet, activities, journal page, and place to write a letter to a loved one. This book won a ClearMark Award and the Mom's Choice Awards Gold.

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Say Goodbye to Being Shy is a book for children who struggle with extreme to occasional shyness. Shyness is a barrier to social and academic development which can prevent children from reaching their

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Goodbye: Activities For

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Special Person Dies

greatest potential. Say Goodbye  
to Being Shy offers focused  
activities with clearly stated  
purposes designed to move  
children from feelings of shyness  
to developing competence and  
skill. Simple, fun activities to help

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Helping Kids Cope When A  
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kids: Accept themselves; Be assertive when necessary; Make new friends.

A write-in activity book of puzzles, activities and stickers to help children learn all about telling the time - from reading



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different kinds of clocks to working out how long things take. Puzzles include a time-travelling maze, cupcakes to decorate and colour-by-numbers jungle birds. Fun, puzzle-based learning makes mastering the

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Goodbye: Activities For  
Helping Kids Cope When A  
Special Person Dies

tricky task of telling the time more accessible and less daunting. Includes a practice clock to cut out and make. With quick quizzes and sticker rewards, so children can regularly practice what they've

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learnt and feel positive about  
what they've achieved.

An American Indian Youth  
Literature Honor Title A Best  
Book of the Year in Publishers  
Weekly, School Library Journal,  
Kirkus Reviews, and Horn Book

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A 2020 Boston Globe-Horn Book  
Award Honor Title by Cree-Métis  
author/illustrator Julie Flett's  
smooth and lyrical words and  
gorgeous... images truly capture  
the warmth and solidarity of the  
female protagonists in this tender

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Helping Kids Cope When A  
Special Person Dies

intergenerational friendship story. The Horn Book When a young girl moves from the country to a small town, she feels lonely and out of place. But soon she meets an elderly woman next door, who shares

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her love of arts and crafts. Can the girl navigate the changing seasons and failing health of her new friend? Acclaimed author and artist Julie Flett's textured images of birds, flowers, art, and landscapes bring vibrancy and

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warmth to this powerful story,  
which highlights the fulfillment of  
intergenerational relationships  
and shared passions. An activity  
guide is available at  
[greystonebooks.com](http://greystonebooks.com) for FREE  
download. A brief glossary and

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pronunciation guide to Cree  
words that appear in the text is  
provided on the copyright page.

□Cycling from spring to spring,  
[Julie Flett's] subtle, sensitive  
story delicately traces filaments  
of growth and loss through



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Goodbye: Activities For

Helping Kids Cope When A  
Special Person Dies  
intergenerational friendship, art  
making, and changing moons  
and seasons. □ □ Publishers

Weekly (starred review)

The Invisible Web

Birdsong

My Anti-Stress Year

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Helping Kids Cope When A  
Special Person Dies

A Workbook to Help Kids  
Overcome Shyness

Say Goodbye to Survival Mode  
52 Weeks of Soothing Activities  
and Wellness Advice

Goodbye to Goodbyes Colouring  
and Activity Book: Packed with

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Goodbye: Activities For  
Helping Kids Cope When A  
Puzzles and Activities  
Special Person Dies

Help Me Say

GoodbyeActivities for  
Helping Kids Cope when a  
Special Person Dies

My Moving Activity Journal  
is an all-in-one scrapbook,  
journal, and activity book

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Helping Kids Cope When A  
Special Person Dies

that guides kids through a family relocation and entertains them during the busy time of planning a move. The journal uses encouraging and interactive activities and helpful icons to direct young movers

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through journaling, exploring and discovering, geography, arts and crafts, and games and puzzles. Each activity addresses specific moving concerns in a fun and creative way. The activity journal is carefully written

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to help children discover answers and find skills within themselves, all while having fun and processing the move. Given this interactive format, the activity journal is adaptable to all ages.

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Like Bernie Waber's COURAGE  
and Davis' KINDERGARTEN  
ROCKS!, this inspiring,  
vibrantly illustrated gift  
book is perfect for  
celebrating life's  
milestones, both great and  
small—especially that first

## Read Free Help Me Say Goodbye: Activities For

Helping Kids Cope When A  
Special Person Dies

day of kindergarten. There are many ways of letting go. With each goodbye, a new hello. From being pushed on a swing to learning how to pump your legs yourself, from riding a beloved trike to mastering your first bike



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Goodbye: Activities For  
Helping Kids Cope When A  
Special Person Dies

ride, from leaving the comforts of home behind to venturing forth on that first day of school, milestones are exciting but hard. They mean having to say goodbye to one moment in order to welcome the next.

## Read Free Help Me Say Goodbye: Activities For

Honest and uplifting, this cheerfully illustrated ode to change gently empowers readers to brave life's milestones, both large and small.

Make goodbyes fun with animal rhymes and colorful

## Read Free Help Me Say Goodbye: Activities For

Helping Kids Cope When A  
Special Person Dies

lift-the-flap illustrations!  
-So long!- -See you later!-

There are so many ways to  
say goodbye! Lift the flaps  
in this colorful book to  
discover favorite animals  
(and maybe a few new ones,  
too) and fun goodbyes.

## Read Free Help Me Say Goodbye: Activities For

Helping Kids Cope When A  
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Children and grown-ups alike will be giggling before you can say, -Toodle-Loo, Kangaroo!- Haily and Kevin Meyers are the husband and wife team behind the dazzling baby product line, Lucy Darling

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Helping Kids Cope When A  
Special Person Dies

(lucydarling.com). Haily's design work can be seen on their unique monthly sticker designs, nursery art prints, baby memory books, and multiple baby products. Their work has been featured in Pregnancy and Newborn

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magazine, Red Tricycle, Babiekins Magazine, Cool Mom Picks, KIWI magazine, Mollie Makes magazine, Fresh Style magazine, Mom Trends, HGTV Canada, and specialty baby shops worldwide. They live in Arizona.

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Goodbye: Activities For  
Helping Kids Cope When A  
Special Person Dies  
I Can't Believe You Said  
That!

Goodbye Winter, Hello Spring  
Say Goodbye to Being Shy  
Goodbye, School  
You Say Goodbye and We Say  
Hello  
Goodbye, Friend! Hello,

Read Free Help Me Say  
Goodbye: Activities For  
Helping Kids Cope When A  
Friend!

*The hardest part of loving an animal is having to saying good-bye. This activity book helps parents have conversations with children about their love and feelings regarding the death of a beloved dog. Dr. Mary Gardner and Coleen Ellis have not*



## Read Free Help Me Say Goodbye: Activities For

*Helping Kids Cope When A  
Special Person Dies*

*only taken their personal experiences of losing a pet into consideration for the 23 activities in this book, but they have also taken a peek into the child of today and how they would express their grief, to include technology ideas. Use these activities to not only help your child, and*

## Read Free Help Me Say Goodbye: Activities For

Helping Kids Cope When A  
Special Person Dies

*family, in expressing the various emotions felt with the loss of a pet family member, but also as a way to normalize every one of those emotions. This book is the perfect resource to give everyone permission to share their story, and memories. Activities included are: Story about*

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*Helping Kids Cope When A  
Special Person Dies*  
my dog Write a blog Create a video  
Emotional word find Crossword  
puzzle Maze of feelings Craft  
projects with dog collar Shadow box  
creation Paper bag scrap book Seed  
paper creation Favorite things list  
Bucket List Tribute table Shoebox  
memory box Memorial light ... and

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*Helping Kids Cope When A  
Special Person Dies*

*more After a child creates a blog,  
video story or other craft projects -  
they can share them on the Forever  
Friend platform. Dr. Mary Gardner is  
a small animal veterinarian whose  
professional goal is to increase  
awareness and medical care for the  
geriatric veterinary patient and to*

## Read Free Help Me Say Goodbye: Activities For

*help make the final life stage to be as peaceful as possible, surrounded with dignity and support for all involved. A University of Florida graduate, she discovered her niche in end of life care and is the co-founder and CTO of Lap of Love which is a national organization*

## Read Free Help Me Say Goodbye: Activities For

*dedicated to veterinary hospice and euthanasia in the home. Dr. Gardner and Lap of Love have been featured in Entrepreneur Magazine, The New York Times, the Associated Press, The Doctors and numerous professional veterinary publications. She is co-author of the textbook "The*

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Goodbye: Activities For  
Helping Kids Cope When A  
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*Treatment and Care of the  
Veterinary Patient", and the author  
of a book dedicated to pet owners It's  
Never Long Enough: A practical  
guide to caring for your geriatric  
dog. Coleen Ellis is a pioneer in the  
pet loss industry. Her foray into  
helping grieving pet lovers started in*

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*Helping Kids Cope When A  
Special Person Dies*

*1998 with a chance encounter with a pet parent facing the death of her beloved pet. It was the beginning of a vision of how to best meet the needs of pet parents in their desire to mourn, memorialize and pay tribute to their beloved pets when they die. In 2004, the experience of*



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Special Person Dies

*the death of Mico guided her in starting the nation's first stand-alone pet funeral home. Soon, publications such as Kates-Boylston's Pet Loss Insider deemed her the "most well known pet funeral director" and a true "pet loss pioneer." Two Hearts Pet Loss Center was founded in 2009*

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*Helping Kids Cope When A  
Special Person Dies*  
to guide people who wished to do the  
same in providing meaningful pet  
death care services in their  
communities. Two Hearts was also  
started to aid in being an educational  
resource in the pet grief discipline.  
In 2009, she received the first Death  
and Grief Studies Certification

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Helping Kids Cope When A  
specializing in Pet Loss

Special Person Dies  
Companioning by Dr. Alan Wolfelt as  
well as releasing her first book, *Pet  
Parents: A Journey Through  
Unconditional Love and Grief*. She is  
also Certified in Thanatology and is a  
Certified Pet Loss Professional.

Discover the secrets to de-stress with

## Read Free Help Me Say Goodbye: Activities For

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Special Person Dies

*My Anti-Stress Year. It includes massages, light therapy, breathing techniques, meditation, feng shui, coloring pages, and other activities that will help you say goodbye to the grind of week-to-week worries. For fifty-two weeks, this book takes you on a journey of wellness and self-*

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*Helping Kids Cope When A  
Special Person Dies*

*discovery. My Anti-Stress Year helps  
you organize your week into four  
sections: Time for anti-stress Time  
for art therapy Planning your path to  
wellness Improving your living space  
In My Anti-Stress Year, you'll find  
new relaxation exercises, soothing  
coloring and painting, wellness*

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*Helping Kids Cope When A  
Special Person Dies*  
advice, and sound recommendations  
to combat stress with efficiency and  
grace. Start improving you today!  
From the author of the million-copy-  
selling phenomenon *The Invisible  
String* comes a moving companion  
title about our connections to each  
other, to the world, and to the

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*universe. For twenty years, the modern classic The Invisible String has helped hundreds of thousands of children and adults understand that they are connected to the ones they love, no matter how far apart they are. Now, the author of that bestselling phenomenon uses the*

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*Helping Kids Cope When A  
Special Person Dies*

*same effective bonding technique to explain the very best news of all: All of our strings to one another are interconnected in The Invisible Web. "It breathes as we breathe, pulsating all over our Earth, the single heartbeat of life and love. And do you know what that makes us all? One*



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*Very Big Family!" This uplifting inspirational title for all ages puts the concept of "six degrees of separation" into a new context that urges readers to recognize, respect, and celebrate their infinite, unbreakable bonds with the entire human family. Don't miss these other*

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*books by Patrice Karst!The Invisible  
StringThe Invisible String Workbook:  
Creative Activities to Comfort, Calm,  
and ConnectThe Invisible Leash: A  
Story Celebrating Love After the  
Loss of a Pet*