

## ***Ibuprofene Mon Amour: Eemicranie E Sogni Facili***

Provides a day-by-day, act-by-act account of the landmark music festival, with details on the pre-festival organization and preparation, interviews and quotes from participants, and discussion of media coverage and the festival's legacy.

Woodstock

Bread of Dreams Food and Fantasy in Early Modern Europe University of Chicago Press

Food and Fantasy in Early Modern Europe

***In this fascinating and original new book, Sam Willis and James Daybell lead us on a journey of discovery that tackles some of the greatest historical themes - from the Tudors to the Second World War, from the Roman Empire to the Victorians - but via entirely unexpected subjects. You will find out here how the history of the beard is connected to the Crimean War; how the history of paperclips is all about the Stasi; how the history of bubbles is all about the French Revolution. And who knew that Heinrich Himmler, Tutankhamun and the history of needlework are linked to napalm and Victorian orphans? Histories of the Unexpected not only presents a new way of thinking about the past, but also reveals the everyday world around us as never before.***

***Bread of Dreams***

***In a rich and engaging book that illuminates the lives and attitudes of peasants in preindustrial Europe, Piero Camporesi makes the unexpected and fascinating claim that these people lived in a state of almost permanent hallucination, drugged by their very hunger or by bread adulterated with hallucinogenic herbs. The use of opiate products, administered even to infants and children, was widespread and was linked to a popular mythology in which herbalists and exorcists were important cultural figures. Through a careful reconstruction of the everyday lives of peasants, beggars, and the poor, Camporesi presents a vivid and disconcerting image of early modern Europe as a vast laboratory of dreams. "Camporesi is as much a poet as a historian. . . . His appeal is to the senses as well as to the mind. . . . Fascinating in its details and compelling in its overall message."—Vivian Nutton, Times Literary Supplement "It is not often that an academic monograph in history is also a book to fascinate the discriminating general reader. Bread of Dreams is just that."—Kenneth McNaught, Toronto Star "Not religion but bread was the opiate of the poor, Mr. Camporesi argues. . . . Food has always been a social and mythological construct that conditions what we vainly imagine to be matters of personal taste. Our hunger for such works should tell us that food is not only good but essential to think and to read as if our lives depended on it, which they do."—Betty Fussell, New York Times Book***

***Review***