

# Instant Pot® Obsession: The Ultimate Electric Pressure Cooker Cookbook For Cooking Everything Fast

**NATIONAL BESTSELLER** The easiest-to-follow Instant Pot cookbook ever: 100 delicious recipes with more than 750 photographs guiding you every step of the way Jeffrey Eisner's popular Pressure Luck Cooking website and YouTube channel have shown millions of home cooks how to make magic in their Instant Pots. Now Eisner takes the patient, fun, step-by-step approach that made him an online phenomenon and delivers a cookbook of 100 essential dishes that will demystify pressure cooking for Instant Pot users of all abilities--and put an astounding dinner on the table in a flash. Every flavor-filled recipe in this book is illustrated with clear photographs showing exactly what to do in each step. There are no surprises: no hard-to-find ingredients, no fussy extra techniques, and nothing even the most reluctant cooks can't master in moments. What you see is truly what you get, in delicious and simple dishes such as: Mac & Cheese Quick Quinoa Salad French Onion Chicken Eisner's popular Best-Ever Pot Roast Ratatouille Stew And even desserts such as Bananas Foster and Crème Brûlée.

This complete and AUTHORIZED guide to your Instant Pot, "the perfect gift for your friend who's obsessed with her new Instant Pot," has more than 350 recipes for breakfasts, lunches, dinners, snacks, and even desserts--for every size and model of Instant Pot (NBC) More than five million people worldwide use Instant Pots to get food onto their table fast. But only The Instant Pot Bible has everything you need to revolutionize the way you cook with your favorite machine. Every one of the 350+ recipes gives ingredients and timings for all sizes and models of Instant Pot, including the Instant Pot MAX, which cooks even more quickly. And you get exciting new recipes that utilize the MAX's unique Sous Vide setting. The Instant Pot Bible is the most comprehensive Instant Pot book ever published, with recipes for everything from hearty breakfasts to healthy sides, from centerpiece stews and roasts to decadent desserts. Bestselling authors and pressure-cooking experts Bruce Weinstein and Mark Scarbrough offer customized directions and timings for perfect results every time. And many recipes can also use the slow-cook setting to let the machine cook while you do other things. These innovative "road map" recipes for classics such as vegetable soups, chilis, pasta casseroles, oatmeal, and more let you customize flavors and ingredients to make each of your family members' favorites. Need dinner in an instant? No problem--more than 175 recipes come together in just a few minutes or just a few steps. Not to mention vegan and vegetarian, keto-friendly, and gluten-free options galore. You'll find: Buffalo Chicken Soup Turkey Chili Verde Classic Mac and Cheese Dan Dan Noodles Thai-Inspired Pulled Chicken Breasts Smoky Chickpeas and Potato Curry Sous Vide Strip Steaks with Chives and Garlic Poached Salmon with Horseradish Sauce Teriyaki-Style Braised Flank Steak Red Beans and Rice No-Drain Mashed Potatoes Classic Cheesecake And many more... The Instant Pot changed the way you cook. The Instant Pot Bible helps you make the most of it. For the complete guide to cooking meals in your Instant Pot with ingredients straight out of your freezer, don't miss their latest book: FROM FREEZER TO INSTANT POT.

The Instant Pot Has Never Been So Sweet—From Cakes and Pies to Brownies and Puddings Featuring forty brand-new dessert recipes from bestselling cookbook author Laurel Randolph, Instant Pot Desserts will inspire you to use your electric pressure cooker in a whole new way. Have dinner in the oven? Make dessert on the countertop at the same time. Is it too hot to bake? Use your cooker to make a cake without heating up your kitchen. From cheesecake to bread pudding to pie, you'll be amazed what sweet treats you can make in your Instant Pot. Perfect for beginners and pros alike, you won't need a bunch of extra equipment to make these desserts. Randolph includes lots of tips and tricks for "baking" in your pressure cooker, including Instant Pot basics, how to cook pot-in-pot, and recommended pans and accessories. Instant Pot Desserts features tantalizing color photos and instructions for different sizes and models of the Instant Pot. Plus, the all-new cookbook features plenty of tasty vegan, gluten-free, and no-added-sugar options so everyone can indulge their sweet tooth. Recipes include: Strawberries and Cream Cheesecake Chocolate-Orange Lava Cakes Peach Dumplings Brownie Pie With Peanut Butter Swirl Mini Flans Tiramisu Rice Pudding Sticky Date Cake and more!

The Electric Pressure Cooker Cookbook is your resource for learning all the shortcuts to make a delicious meal in a fraction of the usual time—with over 200 new family-friendly recipes from the world's leading blogger on pressure cooking Barbara Schieving (of PressureCookingToday.com). These recipes are big on flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and nutritious ingredients. The Electric Pressure Cooker Cookbook features loads of tips and tricks that help you get the most from your pressure cooker, no matter what brand you own. If you're a busy parent or can't find time to make dinners after work, then you will love the Shortcut Dinners and 30-Minute Meals sections. With the terrific weeknight meals on the fly, you'll also adore the Sunday Suppers perfect for special weekend gatherings. Find recipes for every taste and diet: Robust meat and chicken dishes Vegetarian mains and sides Healthy breakfasts Tasty sandwiches, wraps, and tacos Soothing soups and stews And a big chapter full of quick and easy desserts Whether you're an experienced pressure cooker user or completely new to this time-saving device, you will return to this cookbook again and again for recipes your whole family will love.

**Instant Pot Recipes Cookbook**

**How to Cook No-Prep Meals in Your Instant Pot Straight from Your Freezer**

**Easy Recipes for Cakes, Pies, and Decadent Breakfast Treats**

**The 5-Ingredient Instant Pot Cookbook: Simple Recipes to Get Meals on the Table Faster**

**Great recipes to make for any meal in your electric pressure cooker**

**80 Tacos, Burritos, Fajitas and Other Flavor-Packed Recipes**

**200 Fast and Foolproof Recipes for Every Brand of Electric Pressure Cooker**

The ultimate in slow-cooker books--with 500 recipes, each adapted for three sizes of appliance. From breakfast to soups, mains to grains, vegetables to desserts, this guide is the only book you'll ever need to master your slow cooker or crockpot. Millions of people are turning to slow cookers for their weeknight meals yet often can't find recipes that match their exact machine. Adapting recipes meant for a different-size cooker doesn't work--getting the right level of spice in your Vietnamese soup or keeping pulled pork tender requires having ingredients in the right proportion. But now, Bruce Weinstein and Mark Scarbrough have decoded slow cookers, and each of their recipes includes ingredient proportions for 2-3 quart, 4-5 quart, and 6-8 quart machines, guaranteeing a perfect fit no matter what machine you own. Each recipe is labeled for its level of difficulty and nutritional value, and they cover every kind of dish imaginable: delicious breakfast oatmeals,

*slow-braised meats, succulent vegetables, sweet jams and savory sauces, decadent desserts. This is the slow cooker book to end them all.*

**THE INSTANT NATIONAL BESTSELLER •** *Brittany Williams lost more than 125 pounds using her Instant Pot® and making all her meals from scratch. Now she shares 125 quick, easy, and tasty whole food recipes that can help you reach your weight loss goals, too! Brittany Williams had struggled with her weight all her life. She grew up eating the standard American staples—fast, frozen, fried, and processed—and hit a peak weight of 260 pounds. When her 4-year-old daughter’s autoimmune disease was alleviated by a low-sugar, dairy-free, grain-free, whole-food-based diet, Brittany realized she owed her own body the same kind of healing. So on January 1, 2017, she vowed to make every meal for a year from scratch, aided by her Instant Pot®. She discovered that the versatility, speed, and ease of the electric pressure cooker made creating wholesome, tasty, family-satisfying meals a breeze, usually taking under thirty minutes. Not only did the family thrive over the course of the year, Brittany lost an astonishing 125 pounds, all documented on her Instant Loss blog. Illustrated with gorgeous photography, Instant Loss Cookbook shares 125 recipes and the meal plan that Brittany used for her own weight loss, 75% of which are recipes for the Instant Pot® or other multicooker. These recipes are whole food-based with a spotlight on veggies, mostly dairy and grain-free, and use ingredients that you can find at any grocery store. The clearest guide to navigating your Instant Pot® or other multicooker that you’ll find, Instant Loss Cookbook makes healthy eating convenient—and that’s the key to sustainable weight loss.*

**NEW YORK TIMES BEST SELLER •** *Celebrated food blogger and best-selling cookbook author Deb Perelman knows just the thing for a Tuesday night, or your most special occasion—from salads and slaws that make perfect side dishes (or a full meal) to savory tarts and galettes; from Mushroom Bourguignon to Chocolate Hazelnut Crepe. “Innovative, creative, and effortlessly funny.” —Cooking Light Deb Perelman loves to cook. She isn’t a chef or a restaurant owner—she’s never even waitressed. Cooking in her tiny Manhattan kitchen was, at least at first, for special occasions—and, too often, an unnecessarily daunting venture. Deb found herself overwhelmed by the number of recipes available to her. Have you ever searched for the perfect birthday cake on Google? You’ll get more than three million results. Where do you start? What if you pick a recipe that’s downright bad? With the same warmth, candor, and can-do spirit her award-winning blog, Smitten Kitchen, is known for, here Deb presents more than 100 recipes—almost entirely new, plus a few favorites from the site—that guarantee delicious results every time. Gorgeously illustrated with hundreds of her beautiful color photographs, The Smitten Kitchen Cookbook is all about approachable, uncompromised home cooking. Here you’ll find better uses for your favorite vegetables: asparagus blanketing a pizza; ratatouille dressing up a sandwich; cauliflower masquerading as pesto. These are recipes you’ll bookmark and use so often they become your own, recipes you’ll slip to a friend who wants to impress her new in-laws, and recipes with simple ingredients that yield amazing results in a minimum amount of time. Deb tells you her favorite summer cocktail; how to lose your fear of cooking for a crowd; and the essential items you need for your own kitchen. From salads and slaws that make perfect side dishes (or a full meal) to savory tarts and galettes; from Mushroom Bourguignon to Chocolate Hazelnut Crepe Cake, Deb knows just the thing for a Tuesday night, or your most special occasion.*

*Whip up delicious meals in an instant You'd love to prepare a mouthwatering feast for every meal, but life is busy and that's just not realistic, right? This Instant Pot cookbook begs to differ. It's filled with super easy recipes that are mostly hands-off, so you can cook quick, flavorful meals for breakfast, lunch, dinner, and even dessert. What sets this easy Instant Pot cookbook apart: An intro to the Instant Pot--Learn how to get the most out of your Instant Pot with a crash course in everything from scaling recipes up or down to the pros and cons of the preset buttons. Family-friendly recipes--Discover a range of dishes that only use simple ingredients and are sure to delight the entire family, whether you want a fast breakfast or an indulgent dinner. Speed and ease--Prioritize convenience with a number of quick prep, one-pot, and five-ingredient recipes, some of which can be ready in 30 minutes or less. Create tasty, home-cooked meals even on the busiest of weeknights with this simple, stress-free Instant Pot cookbook.*

*Instant Pot for Two Cookbook*

*Amazing Mexican Favorites with Your Instant Pot*

*More than 350 Recipes and Strategies: The Only Book You Need for Every Model of Instant Pot*

*The Ultimate Electric Pressure Cooker Cookbook for Cooking Everything Fast*

*Instant Pot: IP Electric Pressure Cooker*

*The Essential Instant Pot*

*Sweet Recipes for Your Electric Pressure Cooker*

*It's a multicooker--it's an air fryer--it even has a built-in crisping element! Welcome to your newest all-in-one cooking appliance obsession, the Ninja Foodi. This officially licensed book is the ultimate guide to cooking with the Foodi--with 125 recipes from Food Network celebrity chef Justin Warner who helped test and design the appliance along with full color photos. Finally, a one-step countertop cooking appliance that truly does it all. The 125 recipes in the Foodi cookbook offer air-frying, pressure-cooking, and slow-cook recipes*

**from breakfast through dinner. Approachable and friendly, you'll find guidance for making air-fried French toast sticks as well as perfect Japanese-style omelets; golden-brown and crisp-topped macaroni and cheese; miso-glazed cod; Singapore-style mei fun; crispy-fried chicken wings; taquitos; and even crème brûlée! Eclectic, worldly, and easy enough for every day, The Ultimate Ninja Foodi Cookbook offers something for everyone.**

**Create tasty vegetarian meals for two with your Instant Pot The Instant Pot makes it convenient to whip up small-batch, veggie-forward meals without lots of dishes, leftovers, or time spent in the kitchen. Whether you're a full-time vegetarian or simply want to eat more greens, The Instant Pot Vegetarian Cookbook for Two streamlines mealtime with perfectly scaled, meat-free dishes for your Instant Pot. Featuring simple instructions and basic ingredients, these versatile recipes can be made with either a 3- or 6-quart Instant Pot. The Instant Pot Vegetarian Cookbook for Two includes: Tips on cooking for two--Get smart suggestions for planning meals, stocking your kitchen, and shopping for groceries in small batches. Instant Pot guidance--Learn everything your Instant Pot can do, find answers to frequently asked questions, and get pointers for safe and successful cooking. A focus on nutrition--Find nutritional information for every recipe in this Instant Pot vegetarian cookbook, plus tips for adapting dishes to be vegan, gluten-free, and more. Explore flavors ranging from regional American favorites to diverse cuisines around the world, with The Instant Pot Vegetarian Cookbook for Two.**

**From nutritious breakfasts to decadent desserts, Everyday Instant Pot —authorized by Instant Pot—presents a go-to collection of delicious, well-tested recipes for anytime cooking with an electric pressure cooker. The Instant Pot has become an instant classic, a must-have item for home cooks everywhere. Everyday Instant Pot presents an indispensable collection of well-curated recipes that are easy to follow and yield delicious, consistent results. From comforting classics like One-Pot Bolognese, French Dip Sandwiches, and Texas Beef Chili, to lighter fare such as chicken braised with citrus and olives, gingery salmon, and zesty and bright wild rice salad, you'll find plenty of inspiration for getting the most out of your pressure cooker. The well-tested recipes include all the basics—like yogurt, eggs, jam, rice, beans—as well as dishes for every meal of the day. You'll learn the fundamentals and benefits of cooking various cuts of meat—such as pork shoulder, chicken thighs, or beef chuck—in an Instant Pot. Along with a basic cooking method for each cut as well as a selection of flavor profiles—such as Korean, Mexican, Indian, Thai, and Mediterranean—that work well with it and suggestions for serving. With this comprehensive “building block” approach, and collection of inspiring recipes to draw on, you'll become an Instant Pot expert in no time.**

**Recipe List: Breakfast & Basics: Breakfast Quinoa Steel-Cut Oats (w/ variations: apple cinnamon; chocolate; banana maple) Yogurt Hard/soft-boiled eggs Baked Eggs with Spinach & Ham Jam Baked French Toast Prosciutto, Potato & White Cheddar Frittata Rice (white rice; brown rice; wild rice) Hummus Polenta Creamy Mashed Potatoes (buttermilk; Cheddar; horseradish, sour cream; Irish-style) White beans; Black beans; Chickpeas; Lentils Chicken stock; Vegetable stock; Beef stock Bone broth Main Dishes: Beef Maple-Bourbon Short Ribs Korean-Style Sesame Short Ribs BBQ Brisket Sandwiches French Dip Sandwiches Beef & Broccoli Barbacoa Tacos Meatballs & Tomato Sauce (with Spaghetti Squash) One-Pot Pasta with Bolognese Pork Five-Spice Pork Ribs Pulled Pork & Green Chile Tamales Sweet & Spicy Mexican Chile Carnitas (with salsa verde) Beer (or cider) Braised Pork Sausages (serve with mashed potatoes) Jambalaya with Andouille Sausage Poultry Thai Green Chicken Curry Burmese-Style Noodles with Chicken & Coconut Pulled Chicken Sliders (with kale & cabbage slaw) Chicken Adobo Burrito Bowls Butter Chicken with Cauliflower & Brown Rice Braised Chicken with Fennel, Oranges & Olives Turkey Breasts and Stuffing Fish & Vegetarian Braised Salmon with Lemon & Ginger Indian Fish Curry Chorizo & Seafood Paella Risotto (lemon & basil; artichoke & spinach) Cheddar & Gruyere Mac-n-Cheese Artichokes Stuffed with Bread Crumbs & Pancetta Zesty Wild Rice Salad Vegetable Ragout Soups & Stews Chicken Pho with Lemongrass & Bok Choy Smoky Seafood Chowder Lentil & Vegetable Dahl Curried Cauliflower Soup Fully Loaded Baked Potato Soup Tom Ka Soup Pork Ramen Chicken-Tortilla Soup White Bean Cassoulet with Sausage & Bacon Texas Beef Chili Pot Roast/Boeuf Bourguignon Dessert Salted Dark Chocolate Peanut Butter Swirl Pots de Crème Coconut Rice Pudding with Toasted Pistachios Meyer Lemon-Gingersnap Cheesecake Apple-Cinnamon & Raisin Bread Pudding Coffee Crème Brûlée Fudge Brownie Cake**

**MASTER YOUR INSTANT POT If you own an Instant Pot(r), you already know how amazing it is and you are READY for an Instant Pot(r) cookbook that pairs perfectly with your favorite pot. With Instant Pot Cookbook: Easy Electric Pressure Cooker Recipes for Fast, Healthy and Delicious Meals you'll learn to create an inspiring variety of healthy, easy-to-make pressure cooker recipes. With this book, you'll take simplicity one step further with instructions for creating more delicious, time-saving meals than ever before. Use this Instant Pot(r)**

**cookbook to make EVERY meal, ANY day of the week using your trusty Instant Pot. This book will keep you entertained for YEARS to come, as it offers delicious recipe and meal ideas for every occasion year-round. Inside this Instant Pot Cookbook, you'll find: 100+ no-fuss meals requiring minimal ingredients - many of which take 30 minutes or less Instant Pot Guide making the most of Instant Pot for healthy and delicious dishes. Variations on selected recipes to make your favorite go-to's new again Tasty options for breakfast, lunches, snack and desserts - ranging from convenient to creative and healthy to down-home Only the best recipes for an Instant Pot with minimal costs and time spent Recipes are listed step by step in a clear and understandable manner with simple and clear instructions With this cookbook, you can cook everything you want in the Instant Pot. You will cook better, tastier and faster meals for yourself and your family. This is a cookbook that is perfect for beginners or long-time enthusiasts. With Instant Pot Cookbook: Easy Electric Pressure Cooker Recipes for Fast, Healthy and Delicious Meals, you finally have an Instant Pot cookbook you can indulge in again and again. Pick Up Your Copy Now To Experience The Numerous Benefits Of The Instant Pot! Tags: keto diet, instant pot, instant pot recipes, instant pot cookbook, paleo instant pot cookbook, mexican slow cooker cookbook, paleo cooking with your instant pot jennifer robins, dinner in an instant melissa clark, thai slow cooker cookbook, instant pot pressure cooker by roy fisher, instant pot cookbook by roy fisher, instant pot recipes by roy fisher, instant pot cookbook by paul chase, instant pot recipes by paul chase, instant pot cooker by roy fisher, instant pot by roy fisher, instant pot cookbook by vincent brian, instant pot cookbook Michelle Sanders, the essential instant pot cookbook Coco Morante, instant pot miracle The Editors at Houghton Mifflin Harcourt, the ultimate vegan cookbook for your instant pot Kathy Hester, crock pot Jacob Marcus, air fryer cookbook Kristen Carthredge, instant pot cookbook and beginner's guide Dexter Jackson, complete electric pressure cooker cookbook, 101 instant pot recipes Jenny Thomas, clean eating Emma Katie, healthy air fryer cookbook Dana Angelo White, bacon cookbook Bonnie Scott, the 5 ingredient keto crock pot cookbook, instant pot for two cookbook Shon Brooks, cold night warm belly, instant pot(r) electric pressure cooker cookbook Laurel Randolph, indian instant pot(r) cookbook Urvashi Pitre, instant pot(r) obsession Janet A. Zimmerman, electric pressure cooker, pressure cooker recipes, instant pot bible, instant pot books, instant pot beans, instant pot desserts, instant pot diabetics, instant pot electric pressure cooker, instant pot ebook, instant pot easy recipes, instant pot for 2 by shon brooks, instant pot Indian cookbook, instant pot Indian recipe book, instant pot obsession cookbook, instant pot quick recipes, instant pot potato recipes, instant pot pancakes, chicken recipes, healthy recipes, dinner ideas, pasta recipes, vegan recipes, soup recipes, dessert recipes, salad recipes, breakfast recipes, cake recipes, easy chicken recipes, recipes for chicken, chicken breast recipes, ground beef recipes**

**205 Easy, Quick and Delicious Pressure Cooker Recipes for Two**

**Easy & Delicious Instant Pot Duo Evo Plus Recipes For Fast And Healthy Meals (Beginners Friendly)**

**Easy Recipes for Fast and Healthy Meals**

**The Everything Pressure Cooker Cookbook**

**The Electric Pressure Cooker Cookbook**

**Perfectly Portioned Recipes for Your Favorite Pressure Cooker**

**The Ultimate Instant Pot Desserts Cookbook**

Satisfy your sweet tooth with delicious desserts made in your Instant Pot Everyone loves dessert, but baking can feel time-consuming--especially when you want a sweet treat fast. The Ultimate Instant Pot Desserts Cookbook is here to show you how to whip up smooth cheesecakes, silky puddings, quick fruit pies, and more, right on your countertop! With so many options, you might never go back to the oven for dessert! What sets this Instant Pot recipe book apart from other dessert cookbooks: An Instant Pot primer--Learn why your Instant Pot is perfect for baking, thanks to its many features. You'll go over parts, control panels, and step-by-step cooking methods. Simple recipes--Whether you're looking for elegant dinner party desserts, treats for after-school snacks, or a sweet addition to brunch, you'll find a variety of time-saving recipes that feature easy-to-find ingredients. Bake with just a few tools--Although some recipes require a hand mixer or food processor, all the actual cooking is done in your Instant Pot for fast, delicious desserts. Take easy baking to a whole new level using The Ultimate Instant Pot Desserts Cookbook.

Delicious, Authentic Mexican Meals Made Better in Half the Time Enjoy the flavors of Mexico at home with minimal effort and time by harnessing the power of your Instant Pot®. Simply toss meat, spices and veggies into the pot, and in a matter of minutes, you'll be sitting down to mouthwatering tacos, burritos, fajitas, tamales and more, packed with hearty fillings and your favorite toppings. Cookbook author Emily Sunwell-Vidaurri and her husband, chef Rudy Vidaurri, share 80 family recipes for making the most popular Mexican dishes the quick and easy way. With Rudy's deep-rooted Mexican heritage and Emily's experience as a busy mom and food blogger, this cookbook brings you the best of both worlds: authenticity and practicality. Use Shredded

Chipotle Beef (Tinga de Res) for your new go-to weeknight tacos, Shepherd's-Style Pork (Al Pastor) for next-level burritos and Red Beef Chili (Chili Colorado) for crowd-pleasing nachos. Each dish has the rich and vibrant flavors you love, streamlined for today's health-conscious home cook. All of the recipes are gluten-free, swapping heavy carbs and processed ingredients for real foods that will nourish your family. With such a huge selection of fantastic main dishes, plus soups, sides and desserts, every night can be a fiesta!

The Ultimate Instant Pot Cookbook with 800 Recipes for Beginners & Advanced Users Do you want to make an effortless progress in your kitchen regardless of the occasion? Do you want to save time cooking healthy meals on any budget? In this pressure cooker cookbook you will find: Simple and quick solutions as to how to use your Instant Pot effectively Easy-to-cook and delicious-to-taste instant pot recipes Improved techniques on how to cook in the most efficient way using the Instant Pot Thanks to this great cooking device, the Instant Pot, cooking quick and budget-friendly meals is easier than ever. No matter if you're a solo eater, or if you cook for the whole family or friends - you'll always find dozens of recipes to satisfy everyone. In this instant pot recipe book you will find 800 recipes in these categories: Brunch & Side Dishes to die for Easy Pasta and Rice recipes Something for Fish & Seafood lovers Tons of tasty Pork, Beef, Lamb and Poultry recipes Beans & Grains recipes for quick meals Effortless Soups, Stews & Chilis Vegetables & Vegetarian pressure cooker recipes Delicious Snacks & Appetizers Quick-to-prepare Desserts Finally there's your All-on-one Instant Pot recipes cookbook, for any occasion for any guest for any budget! Get the best-selling instant pot cookbook now and master your Instant Pot!

The Greatest Collection of Recipes for Your Instant Pot® Four of your favorite authors have banded together to bring you this must-have collection of Instant Pot® recipes that showcases the versatility and ease that a multi-function cooker can bring to your kitchen. Packed with 240 recipes, each with its own beautiful photograph, this is your one-stop shop for crowd-pleasing mains, hearty soups and stews, fresh and vibrant sides, homemade sauces and so much more—all made possible by your Instant Pot®. You hold in your hands the only resource for easy, delicious home cooking you'll ever need.

Quick Prep, One-Pot, 5-Ingredient, 30-Minute Recipes

Foolproof, Quick and Easy 800 Instant Pot Recipes for Beginners and Advanced Users

The Instant Pot® Electric Pressure Cooker Cookbook

From Freezer to Instant Pot: The Cookbook

Instant Pot Duo Evo Plus Cookbook

The Quick and Easy Pressure Cooker Guide for Smart People - Healthy, Easy, and Delicious Instant Pot Recipes

The Dutch Oven Cookbook

Do you find yourself in situations where you don't have time to slave all day over a stovetop cooker? If you are, the Instant Pot is made just for you! One of the Instant Pot's strengths is its ability to give Simple, Easy, Quick, Edible and Incredible Meals At The Touch Of A Button. The Instant Pot undoubtedly makes meal time (breakfast, lunch or dinnertime) easier, quicker, and less stressful, with the bonus of having fewer dishes to wash. In this book, you'll find over 60 Easy Instant Pot Recipes specially put together for you. This is a perfect newbie and oldie Instant Pot Recipes to spice up your amazing cooking experience with your electric cooking appliance. The recipes are divided into six categories: 1. Instant Pot Easy Recipes 2. Instant Pot One Pot Recipes 3. Instant Pot Chicken Recipes 4. Instant Pot Rice Recipes 5. Instant Pot Egg Recipes 6. Instant Pot Fruits and Vegetables These recipes are perfect for: \* Appetizers\* Breakfast/brunch\* Lunch and dinner\* Main course \* Side dishes\* Desserts\* Weeknight dinners\* Weeknight meals\* Busy weeknights\* Last minute meal emergencies (quick lunch, dinner, or snack)\* Sports parties, game days, men/ladies night out\* Holidays and dinner parties\* Gatherings, potlucks, picnics... You'll enjoy making these recipes because they are: 1. Easy to prepare with simple and accessible ingredients 2. Addictive to eat and filling 3. Versatile, budget and family-friendly 4. Healthy and made with mostly whole, real ingredients 5. Comforting, soothing, homey 6. Super flavorful with every bite These recipes are lifesavers and are so addictive to eat. Pamper yourself and impress your family and guests with these recipes!!! TAGS: instant pot cooking, instant pot recipe cookbook, instant pot recipes for two, instant pot quick recipes, instant pot for one, instant pot for two, instant pot for 2, instant pot obsession cookbook, instant pot electric pressure cookbook, instant pot electric pressure cooker cookbook, instant pot cookbooks for beginners, instant pot cookbook for two, instant pot cooker, instant pot book, instant pot family cookbook, essential instant pot cookbook, instant pot electric pressure cooker recipes, instant pot cookbook healthy, instant pot recipes book, instant pot recipe cookbook

Your beloved Instant Pot® has completely changed how you get food on the table and now only one question remains.... what are you going to make next? In the pages of Instant Pot® Obsession--the most complete Instant Pot® cookbook yet--you'll take simplicity one step further with instructions for creating more delicious, time saving meals than ever before. Use this Instant Pot® cookbook to make EVERY meal, ANY day of the week using your trusty Instant Pot®. Inside Instant Pot® Obsession you'll find: More than 70+ recipes ranging from convenient to creative and healthy to down-home--including many grain-free and dairy-free recipes Variations on selected recipes to make your favorite go-to's new again Tasty options for breakfasts, lunches, snacks, and desserts many of which take 30 minutes or less Expert Instant Pot® guidance from us. Whether you're in the mood for french toast cups or vanilla-almond yogurt, baked potato soup or orange chicken, let us show you how to make the most of your perfect pot. With Instant Pot® Obsession, you finally have a Instant Pot® cookbook you can indulge in again and again. "Best Instant Pot® cookbook so far! Very helpful. I find the recipes practical and they've turned out well for us. Really appreciate the cooking charts in back of the book. Also contains many helpful hints and tips. Will help you use your Instant Pot® with confidence."

The ultimate INSTANT POT convenience cookbook, FULLY AUTHORIZED with 75 recipes for delicious meals straight from your freezer to the table in minutes, no thawing required, from the bestselling authors of the INSTANT POT BIBLE. Have you ever come home at the end of a long day, pulled an ice-coated lump of meat out of the freezer, and thought, "Can I eat this

tonight?" With this book and your Instant Pot, the answer is a resounding "Yes." Here, you'll find 75 recipes and tons of strategies for cooking quick, flavorful one-pot meals with frozen ingredients, all with zero thaw time and no advance prep necessary. Each recipe gives timings and ingredients for every 6- and 8-quart model of Instant Pot, including the new Instant Pot Max. Just open your freezer, lock on the lid, and cook! You'll be eating dinner in no time. The Instant Pot transformed the way you feed your family. Now you can get even more out of your Instant Pot with these delicious, straight-from-the-freezer, one-and-done meals for every occasion. These satisfying meals include hearty stews and casseroles, savory roasts, healthy sides, and everything in between. You'll enjoy: Butternut Squash Bisque Ground Beef Lo Mein Ziti with Sausage and Peppers Italian-Style Braised Pork Chops French Dip Sandwiches Chicken Fajitas Sweet and Sour Shrimp And much more!

With [this book], you'll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes-- from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes-- plus vegetarian, gluten-free, and Paleo-friendly options-- [this book] is your go-to guide for fuss-free, all-in-one cooking.

200 Deliciously Simple Recipes for Your Electric Pressure Cooker

The Great American Slow Cooker Book

100 Simple Recipes for Spectacular Results -- with Photographs of Every Step

Instant Pot Desserts

The Essential Indian Instant Pot Cookbook

Authentic Flavors and Modern Recipes for Your Electric Pressure Cooker

The Smitten Kitchen Cookbook

Pressure cookers will boost flavor and cut cooking time a whopping 70 percent - but only if you know how to use them. In this cookbook, author Pamela Rice Hahn teaches you about the joys of cooking with a pressure cooker. No longer the dangers they once were, these time-saving devices are godsend to busy cooks everywhere. In no time, you can whip up: Roasted Red Bell Pepper Pesto Cranberry-Braised Turkey Breast Balsamic Pork Chops with Figs Halibut in Black Olive Sauce Peanut Butter and Fudge Cheesecake For that slow-cooked taste in far less time, a pressure cooker is the perfect solution. Veteran cookbook author Hahn has been conjuring up recipes using her pressure cooker for years. With a full spectrum of pressure cooker recipes at your fingertips, you can create delicious breakfast, lunch, dinner, and dessert dishes in no time flat!

An authorized vegan Instant Pot cookbook for easy, flavorful, and healthy recipes with your electric pressure cooker Including homemade staples and one-pot meals to sides and desserts, Marina Delio of Yummy Mummy Kitchen helps you create go-to recipes in your Instant Pot that are entirely plant-based and nourishing. Weeknight meals are full of flavor for both vegan and meat-eaters alike. Many recipes are free of oil, gluten, soy, and nuts, making them perfect for families with food sensitivities. With a breadth of cuisines and colorful fruits and veggies, you can whip up Crunchy Granola with Easy Vanilla Yogurt Jars, Veggie-Loaded Lentil Stew, Easy Yellow Curry with Sweet Potato, Chickpeas, and Spinach, or Creamy Polenta that pairs well with any entree. Don't forget about dessert with dairy-free Chocolate Fondue or oil-free and gluten-free Individual Apple Crisps. With the push-button convenience of an Instant Pot, you can pressure cook, steam, and saute an entire meal in record time.

With an electric pressure cooker, you can cook up all your family's favorite dishes in a fraction of the time...chicken & dumplings, barbecue pulled pork, even down-home green beans that taste like they cooked all day.

In this follow-up to their successful Cast Iron Skillet Cookbook, Sharon Kramis and Julie Kramis Hearne show off the many virtues of that beloved kitchen standby, the Dutch oven. Whether the model in hand is a well-used and blackened garage-sale find, or the latest celery-green beauty from Le Creuset, the dutch oven really is the best pot in your kitchen. This is the pot for slow cooking, simmering pot roasts and flavorful braises and stews. Moving effortlessly from stovetop to oven, the dutch oven is the pot you will reach for to cook comfort food classics all-year long.

Recipes for the Best Pot in Your Kitchen

The Ultimate Ninja Foodi Pressure Cooker Cookbook

100 Low-Stress, High-Flavor Recipes

125 Recipes to Air Fry, Pressure Cook, Slow Cook, Dehydrate, and Broil for the Multicooker That Crisps

The Recipes and Meal Plans I Used to Lose over 100 Pounds Pressure Cooker, and More

Perfectly-Portioned Recipes for 3-Quart and 6-Quart Models

103 Plant-Based Recipes for Your Instant Pot

The official Instant Pot® Cookbook for every dinner duo. Cooking for two is a lot easier with your Instant Pot®--especially when recipes are perfectly portioned for you, too! The Instant Pot® Cookbook for Two makes it easier and tastier than ever to spend quality time together over a real homemade meal. From Artichoke and Spinach Risotto to Teriyaki Chicken with rice, these rich and delicious recipes ensure no leftovers, no waste, and no guesswork when it comes to weekday meals. Plus, most recipes take only ten minutes or less to prep and are table-ready in under an hour, giving you more time to spend enjoying your company. The Instant Pot Cookbook for Two includes: A HANDY OVERVIEW covers Instant Pot® best practices, shopping tips for two, troubleshooting advice, and how to scale recipes up or down. 80+ RECIPES work with all models of the 3-quart Mini and 6-quart Lux, Duo, and Ultra. RECIPE TIPS throughout explain how to double recipes, use up ingredients, modify cooking times (if needed) for Mini and larger Lux models,

and divide the labor to speed prep. Catch up on your day, re-connect or just wind down with a good meal. It's more than just sitting down to eat, it's a chance to really be together. Celebrate the joys of Latin cooking and healthy eating with Latin Comfort Foods Made Healthy! Following in the footsteps of her highly successful books Simply Delicioso, Delicioso, and Latin D'Lite, cooking personality and Telemundo star Chef Ingrid Hoffmann is excited to announce Latin Comfort Foods Made Healthy, a collection of more than 100 diabetes-friendly Latin dishes. Latin Comfort Foods Made Healthy celebrates the joys of cooking and eating through healthy ingredients and recipes that are bursting with flavor. These classic Latin dishes are satisfying and demonstrate Ingrid's philosophy of easy, simple recipes with a healthy twist. Latin Comfort Foods Made Healthy presents a smart and easy approach to healthy eating, an approach perfected and practiced by Chef Ingrid for many years. The Latino diet tends to be carbohydrate heavy, which is a concern for people with diabetes. But, with a focus on pure and clean ingredients, Chef Ingrid turns traditional Latin cuisine into nutritious, diabetes-friendly meals that put protein, whole grains, and fresh vegetables as the stars. Enjoy a variety of Latin dishes, including energizing breakfasts, exciting appetizers, hearty entrées, and sweet treats. This book is not a "diet" book—it is a tool to teach you to "eat yourself healthy." Latin Comfort Foods Made Healthy offers exactly what the title suggests: comfort foods—the kinds of food Latinos were raised with and crave. But with a few tricks and tips from Chef Ingrid, you can make these foods in less time with healthier ingredients. The tastes and aromas of these recipes are Simply Delicioso!

Going far beyond soups and stews, this cookbook introduces readers to the versatility and adaptability of this miraculous kitchen gadget. It's filled with recipes that will spice up your cooking, including dishes inspired by cuisines from around the world like Biryani with Currants and Cashews, Chorizo Hominy Grits, and Shakshuka with Harissa and Feta. 101 tried-and-tested recipes for your electric multi-cooker that will change your life! Expert nutritionist Jenny Tschiesche's tried-and-tested recipes provide a wealth of ideas for family meals from a 15-minute risotto to a leg of lamb. It can sauté vegetables in five minutes and cook a whole chicken in 20 so is it any wonder that the Instant Pot has taken the online community by a storm! The cult phenomenon that is the multifunctional electric cooker is able to slow cook, steam, pressure cook and even sauté. The combination of steam and pressure cooks food fast, making everything from tender roasts through to perfectly cooked curries in a flash. For active people and busy families it's a miraculous time saver. Textures and tastes, which would otherwise take hours, can be created in minutes and healthy, nutritious meals are just a press of a button away!

Instant Loss Cookbook

Instant Pot Cookbook

130 Best Instant Pot Dinner Recipes (Electric Pressure Cooker Recipes, Instant Pot Recipes, Instant Pot Obsession Cookbook)

Easy Electric Pressure Cooker Recipes for Fast, Healthy and Delicious Meals

70+ Quick, Easy, Delicious and Healthy Recipes

101 Recipes for your Instant Pot®

The Ultimate Instant Pot Cookbook

**This authorized collection of 75 simplified Indian classics for the immensely popular electric pressure cooker, the Instant Pot, is a beautifully photographed, easy-to-follow source for flavorful weekday meals. The Essential Indian Instant Pot Cookbook is your source for quick, flavorful Indian favorites and contemporary weekday meals. With 75 well-tested recipes authorized by Instant Pot covering every meal of the day, this is a go-to resource for classic chicken, lamb, and vegetarian curries; daals, soups, and seafood like fennel and saffron spiced mussels; breakfast delights like spicy frittata and ginger almond oatmeal; and sweet treats like rose milk cake and fig and walnut halwa.**

**Over 100,000 copies in print--from the publisher of the bestselling Instant Pot® Electric Pressure Cooker Cookbook comes Instant Pot® Obsession, the latest Instant Pot® Cookbook for making ANYTHING. Your Instant Pot® has completely changed how you get food on the table.... so what are you going to make next? In the pages of Instant Pot® Obsession--the most complete Instant Pot® cookbook yet--simplicity goes one step further to create more meals, and save even more time, than ever before. Use this Instant Pot® cookbook to make EVERY meal, ANY day of the week, with: More than 120 creative recipes like French toast cups, baked potato soup, and orange chicken Variations on selected recipes to make your favorite go-to's new again that you won't find in any other Instant Pot® cookbook Tasty options for breakfasts, lunches, snacks, and desserts—many of which take 30 minutes or less Expert Instant Pot® guidance from Janet Zimmerman, author of the popular Healthy Pressure Cooker Cookbook This Instant Pot® cookbook will show you how to make the most of your perfect pot. With Instant Pot® Obsession, you finally have an Instant Pot® cookbook you can indulge in again and again. "Best Instant Pot cookbook so far! Very helpful. I find the recipes practical and they've turned out well for us. Really appreciate the cooking charts in back of the book."--AMomWhoReads, Verified Customer Review "Excellent Instant Pot cookbook...it's full of recipes and provides information on using the Instant Pot that didn't come with the pot itself."--Anne B. Depalma, Verified Customer Review**

**The Instant Pot is not an appliance designed to feed large families only. It is also perfect for satisfying the cravings of hungry couples. If your Instant Pot is set to collect dust in your kitchen, then this book will show you how to get your money's worth on this appliance even if you are not cooking for a crowd. "Instant Pot for Two Cookbook: 205 Easy, Quick and Delicious Pressure Cooker Recipes for Two" contains carefully selected recipes that are perfectly tailored to feed two hungry tummies without having tons of leftovers to stock your freezer with. If sharing a meal with your loved one is a treat for your, then this book will be a total jackpot. From why you shouldn't be afraid to cook for two in the Instant Pot to the ultimate tips that will make this process a pleasant experience, this cookbook will guide you every step of your way while preparing delectable meals for the person you love the most. Inside you will find: ♦ Boosting Breakfast Recipes ♦ Nourishing Soups and Stews ♦ Incredible Poultry Recipes ♦ Easy-to-Fix Red Meat Recipes ♦ Memorable Seafood Recipes ♦ Filling Vegetarian Recipes ♦ Side Dishes that are Great for Pairing ♦ Satisfying Snacks and Appetizers ♦ Mouthwatering Desserts The best part? All of these recipes can be transformed into the fanciest restaurant-grade meals with the minimum effort. Sounds like a deal you can't miss? Click the "buy now" button and surprise your loved one with the most delightful dishes ever.**

**A collection of 200 easy, delicious recipes for the incredibly popular Instant Pot, packaged in a gorgeous hardcover format with more than 80 stunning photographs throughout. The well-tested, fully authorized recipes in The Ultimate Instant Pot Cookbook cover a range of flavors and occasions, making this the ultimate collection of recipes for the home cook who values the convenience of an electric pressure cooker. This**

is the only book you'll need when looking for tried-and-true classics like creamy tomato soup, ground beef stroganoff, chicken mushroom casserole, or peach cobbler; international favorites like carnitas, chicken tikka masala, or refried beans; and crave-worthy treats like French toast casserole and triple chocolate cheesecake. There are even easy entertaining recipes, like artichoke-spinach dip, and special occasion recipes such as the classic Thanksgiving favorites of mashed potatoes, creamed corn, and more. With special sections of vegetarian recipes and jams, jellies, and pickles, this collection goes deeper than other Instant Pot books and has something for everyone. And recipes for every meal of the day, from breakfast to dessert, make this book your one-stop source for mouthwatering meals all day long. Printed on high-quality paper and bound in a hardcover format filled with beautiful photographs, this is truly the ultimate book for gifting or self-purchase, and destined to become the beloved Instant Pot cookbook.

Super Easy Instant Pot Cookbook

The Ultimate Instant Pot® Cookbook for Two

The Instant Pot Bible

Everyday Instant Pot

The Step-by-Step Instant Pot Cookbook

The Healthy Pressure Cooker Cookbook

Instant Pot® Obsession

*The Instant Pot(R) Mini has the same features as the #1 selling multicooker--at a compact size that's great for smaller families, couples, and singles. But how should home cooks convert recipes for this little machine? Custom-made for the mini, this cookbook features 100 perfectly proportioned recipes plus authorized operating basics. The delicious dishes range from French toast to Mongolian Beef to cheesecake.*

*Be Smart - Get the Most From Your Pressure Cooker! It's time to embrace the art of cooking with your Instant Pot Pressure Cooker. Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes teaches you how to use this revolutionary kitchen tool. You'll also discover a wealth of Delicious, Easy, and Healthy Instant Pot Recipes for every meal of the day! The Instant Pot is faster than other cooking methods because it uses both pressure and heat to cook your food. It can cut your cooking times in half - or more! This insulated pressure cooker uses very little water and energy to cook your food. It can save you up to 70% on energy costs. Not only does the Instant Pot save you money, it also helps you slim down. You'll get more nutrients from your pressure-cooked meals because the Instant Pot steams food quickly and evenly. Your food will even retain more of its beautiful, natural color! Here's a preview of what you'll get from this book: The History of Instant Pot Instant Pot Parts and Design What to Look for When Buying an Instant Pot The Differences in Pressure Cooking How to Clean Your Instant Pot Tasty Breakfast Recipes Hearty Lunch Recipes Delightful Dinner Recipes Healthy Instant Pot Snack Recipes Get ready to enjoy amazing pressure-cooked breakfasts like Breakfast Quinoa, Egg Muffins, and Quick Hard-Boiled Eggs. Your lunches can include Cilantro Lime Rice, Collard Greens, and Pot Roast. For dinner, you can look forward to Asian Pepper Steak, Ratatouille Vegetable Stew, and Pressure Cooker Spaghetti! Don't wait - Read Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes Today!*

*The Instant Pot is one of a kind, with several cooking advantages. The Instant pot has the rare ability as a single kitchen machine to do the work of several other household cooking appliances: the electric pressure cooker, rice cooker, slow cooker, steamer, yogurt maker, saute pan and a warmer in one pot. The instant pot comes with a stainless steel internal design that makes it an awesome cooking appliance. It is designed in such a way that only the stainless steel houses the food; this makes the risk of hazards from plastic and Teflon non-existent. The Instant pot is clean, super fast and a reliable machine. In this book you will have access to 1. Quick and easy to make instant pot recipes. 2. A step by step approach to making exotic meals and international dishes in your instant pot. 3. A Gourmet's chef approach to cooking, yet easy to make as a rookie chef. 4. 130 simple, sumptuous, and exciting instant pot dinner meals. 5. Poultry dinner recipes, beef and lamb dinner recipes, one pot dinners, bean, soups & chili dinner recipes, pork dinner recipes, rice and pasta dinner recipes, side dishes and many more. Get your instant pot ready, and a copy of "Instant Pot Cookbook: 130 Best Instant Pot Dinner Recipes (Electric Pressure Cooker Recipes, Instant Pot Recipes, Instant Pot Obsession Cookbook)" for an exciting cooking journey.*

*Easy & Delicious Instant Pot Duo Evo Plus Recipes For Fast And Healthy Meals (Beginners Friendly)*

*100 Quick and Easy Recipes with Big Flavor*

*More than 100 Diabetes-Friendly Latin Favorites*

*Nourishing Meals Made Fast*

*Vegan in an Instant*

*The Modern Multi-cooker Cookbook*

*Instant Pot(r) Obsession*

*The Instant Pot(r) Vegetarian Cookbook for Two*

**A cookbook giving quick pressure cooker recipes. Also includes tips on cleaning and taking care of your pot.**

**Unlock the power of your Instant Pot with delicious 5-ingredient recipes With an Instant Pot and a handful of well-chosen ingredients, you can quickly and easily create flavorful meals the whole family will enjoy. The 5-Ingredient Instant Pot Cookbook shows you how. You'll find recipes for a mouthwatering variety of both American comfort food classics and dishes inspired by cuisines around the globe--all made with just 5 main ingredients or less. Instant Pot basics--Get started with a quick primer on how to use all the features of your Instant Pot, scale recipes up or down, troubleshoot common issues, and**

**more. Truly easy recipes--Discover set-and-forget recipes that require minimal prep and just a few nutritious ingredients you can find at your local grocery store. Recipe tips and tricks--Explore pointers for storing leftovers, switching up flavors with different ingredients, and saving even more time in the kitchen. Simplify mealtime with this versatile 5-ingredient cookbook for your Instant Pot.**

**500 Easy Recipes for Every Day and Every Size Machine: A Cookbook**

**The Big Book of Instant Pot Recipes**

**Insanely Amazing and Finger-Licking Meals at the Touch of a Button**

**240 Must-Try Dishes for Your Multi-Function Cooker**

**Latin Comfort Foods Made Healthy/Clásicos Latinos a lo Saludable**

**Best Instant Pot Cookbook**

**The Instant Pot ® No-Pressure Cookbook**