

## L'apprendista Macrobiotico Ricette Illustrate E Consigli Per Scoprire La Cucina Macrobiotica E Vegana

*Wer ist er? Was will er? Er tritt einen Schritt näher an mich heran und ich begreife, dass ich ihn kenne. Ich habe ihn seit Jahren nicht mehr gesehen, aber ich habe ihn nie vergessen. Er ist dunkel, reich und mächtig und er hat ein Geheimnis. Ärger steigt in mir hoch. Wer glaubt er, dass er ist, dass er einfach so hier auftaucht? Aber als ich meinen Mund öffne, um ihn anzuschreien, berühren sich unsere Lippen und ich kann mich nicht von ihm lösen ... Was Leser/innen über Charlotte Byrd sagen: "Diese Bücher machen süchtig! Super heiß und aufregend, spannend mit Plottwists, die einen überraschen ..." \*\*\*\*\* "Habe es in einem durchgelesen!" \*\*\*\*\* "Unglaublich! Das Buch hat mich verrückt gemacht, mein Herz hat die ganze Zeit wie wild gepocht und ich bin immer noch gefangen in der Geschichte und fühle mich wie ein Laubblatt im Wind, das nur darauf wartet, wieder durch die Luft gewirbelt zu werden von einem der besten Gründe, mich von der Arbeit abzulenken und mich zu verlieren." \*\*\*\*\* "Diese Buchreihe ist so aufregend und fesselnd. Die atemberaubenden Plottwists, die puren Emotionen und die nervenaufreibende Spannung nehmen mit jedem Buch dieser verlockenden Reihe weiter zu. Ich habe so sehr für Nicholas und Olivia mitgeföhlt. Die Figuren haben sich in mein Herz geschlichen, während sie gleichzeitig meinen Verstand durcheinander gebracht haben. Die fesselnde Geschichte zieht einen schnell in ihren Bann und bringt einen in die Welt des Paares. Bereite dich am besten jetzt schon auf den Cliffhanger und das Warten auf das sechste und letzte Buch in dieser erstaunlichen Reihe vor." \*\*\*\*\**

*Not a thief or a criminal. At least, not anymore. But here I am doing the things that I promised myself I would never do again. Nicholas Crawford made me an offer I couldn't refuse. He is dangerous and damaged but so am I. Our relationship is an addiction that we have to feed. Now, things are about to get even more complicated. Allegiances will be tested. Lies will be told. Truths will be revealed. We have both made promises that we can't keep. The secrets we have uncovered only scratch the surface, and I'm afraid to find out what lies below. All is not what it seems but I have to figure out the truth before it's too late. Dive into the decadent and delicious 3rd book of the new and addictive Tell Me series by bestselling author Charlotte Byrd. What readers are saying about Charlotte Byrd: "Extremely captivating, sexy, steamy, intriguing, and intense!" \*\*\*\*\* "Addictive and impossible to put down." \*\*\*\*\* "I can't get enough of the turmoil, lust, love, drama and secrets!" \*\*\*\*\* "Fast-paced romantic suspense filled twists and turns, danger, betrayal and so much more." \*\*\*\*\* "Decadent, delicious, & dangerously addictive!" \*\*\*\*\**

*Proposes illnesses and maladies are the result of improper diet and presents a macrobiotic diet, heavily dependent on whole grains and whole foods, that will speed healing by maintaining a balance of the universal forces, yin and yang.*

*A father and daughter explore their neighborhood, talking and asking questions as they go.*

*Exploring the Limits of the Cosmos*

*Uno chef per Gaia. La gioia della cucina per diabetici celiaci e appassionati*

*L'apprendista macrobiotico. Ricette illustrate e consigli per scoprire la cucina macrobiotica e vegana*

*Phantom Self*

*Fridge Love*

*A Grammar and Workbook*

*Dark, moody and original, a story of family, survival, and getting on with life... Flynn Sinclair understands pack loyalty – for years as his Alpha father's enforcer, he has done things in the name of duty that he can't ever forget. But the vast expanse of Alaska offers him a peace he's never known. Alone, removed from pack life, he can focus on his research and try to forget his life before. But duty has a way of inviting itself in, and Flynn finds himself doing two reckless things in one week: leaving the safety of Alaska to save his brother Connor's life, and unwittingly falling in love with Evie Thompson, a woman who doesn't deserve to be drawn into his terrifying world. Connor carries news of their father's descent into madness, and it looks like neither geography nor Flynn's attempts at disengagement will put off a confrontation. Flynn had finally begun to believe that he might deserve something good in his life – something like Evie – but to move forward in the light, he must first reconcile with the dark.*

*When Binks the raccoon loses his way in the forest, his friend Belle the fairy is unable to come to his aid, until a tiny lightning bug helps light her way.*

*An inspirational selection of quotations on love from the works of one of the world's most celebrated authors.A beautiful and thought-provoking collection of quotes on the eternal subject of love, selected from the works of one of the world's most widely read and respected authors. With beautiful full-colour artwork throughout, Love contains inspirational quotes from such beloved Coelho titles as Eleven Minutes, The Valkyries, The Zahir and, of course, the international bestseller The Alchemist. Known as an alchemist of words, Paulo Coelho has an extraordinary and insightful perspective on life, and his words have inspired and won over millions of readers worldwide. Visually stunning and enlightening, this is a must-have book for Coelho fans to treasure.*

*In a book that marks the author's 20th year of uncovering suppressed information, he takes the manipulation of the human race and the nature of reality to new levels of understanding and calls for humanity to rise from its knees and take back the world from the sinister network of families and non-human entities that covertly control us from cradle to grave. Original.*

*Der perfekte Fremde*

*Basic Italian*

*Tell Me Co Flight*

*Looking into Inner Space*

*Einstein's Unfinished Revolution*

*LOSE Weight, Gain Energy and Feel Young*

*I'm a man who takes what he wants. What do I want? Her. Olive Kernes owned me a debt and she thought that she had paid it back. But now I want more. I want more than just her time. I want more than just her body. Her new life has torn us apart. Now, it's up to me to make things right. I will make the pieces of our love fit back together if it's the last thing I do. But can I do it in time? Dive into the dangerous 5th book of the new and addictive TELL ME series by bestselling author Charlotte Byrd. What readers are saying about Charlotte Byrd: "Extremely captivating, sexy, steamy, intriguing, and intense!" "Addictive and impossible to put down." "I can't get enough of the turmoil, lust, love, drama and secrets!" "Fast-paced romantic suspense filled twists and turns, danger, betrayal and so much more." "Decadent, delicious, & dangerously addictive!" "Beware of spoilers in the reviews below that are without spoiler alerts.\* What readers are saying about Charlotte Byrd: "Extremely captivating, sexy, steamy, intriguing, and intense!" "Addictive and impossible to put down." "I can't get enough of the turmoil, lust, love, drama and secrets!" "Fast-paced romantic suspense filled twists and turns, danger,*

*betrayal and so much more." "Decadent, delicious, & dangerously addictive!" "Beware of spoilers in the reviews below that are without spoiler alerts.\**

*Sensor networks continue to grow in importance for modern communication networks. The fruit of recent efforts aimed at miniaturization and highly advanced functionality, smart dust sensor networks offer powerful, cost-effective solutions to densely distributed, high-resolution applications. In chapters carefully selected from the popular Handbook of Sensor Networks, Smart Dust: Sensor Network Applications, Architecture, and Design supplies a sharply focused reference on the applications, design, and performance of smart dust that is ideal for specialists in the field. Providing a succinct survey of the principles and technologies associated with smart dust networks, this book focuses on eight main areas: applications; architecture; protocols; tracking technologies; data gathering and processing; energy management; security, reliability, and fault tolerance; and performance and design aspects. Following a look at the opportunities and challenges facing the field, expert contributors authoritatively cover sensor network management, miniaturizing sensor networks with MEMS, sensor network architecture, energy-efficient technologies, positioning and tracking, comparison of cooperative computing in sensor networks, dynamic power management, low-power design for smart dust networks, and more. Smart Dust: Sensor Network Applications, Architecture, and Design details the applications and technologies that are at the frontier of modern sensor networks. It is an ideal reference for anyone interested in designing, planning, or building emerging sensor and communications networks.*

*Enjoy food that's fresh from plot to plate, not flown halfway round the world The sweetest carrots, the juiciest tomatoes, the most tender green beans – all these and many more delicious vegetable varieties can be yours: sown in your own garden, reared with your own hand, and savoured by all. Growing your own vegetables provides delicious food fresh from the soil without costing the earth. Packed with natural goodness, newly pulled carrots, freshly picked peas or potatoes dug straight from the ground are a healthy and inexpensive alternative to tasteless supermarket fare. And it couldn't be easier. Discover how planning and preparation, basic tools and the most rudimentary gardening ability can transform an allotment, garden, patio, or even an urban balcony into a homegrown haven. Choose your crop from easy-to-grow varieties that require minimum effort but deliver excellent results. You don't need green fingers to grow great food.*

*The "genius" national bestseller on the art of caring less and getting more -- from the author of Calm the F\*ck Down and F\*ck No (Cosmopolitan). Are you stressed out, overbooked, and overwhelmed by life? Fed up with pleasing everyone else before you please yourself? It's time to stop giving a f\*ck. This brilliant, hilarious, and practical parody of Marie Kondo's bestseller The Life-Changing Magic of Tidying Up explains how to rid yourself of unwanted obligations, shame, and guilt -- and give your f\*cks instead to people and things that make you happy. The easy-to-use, two-step NotSorry Method for mental decluttering will help you unleash the power of not giving a f\*ck about: Family drama Having a "bikini body" Iceland Co-workers' opinions, pets, and children And other bullsh\*t! And it will free you to spend your time, energy, and money on the things that really matter. So what are you waiting for? Stop giving a f\*ck and start living your best life today! Discover more of the magic of not giving a f\*ck with The Life-Changing Magic of Not Giving a F\*ck Journal.*

*Modern Italian Grammar*

*Human Race Get Off Your Knees*

*The Woodland Folk Meet the Elves*

*Selected Quotations*

*A Practical Guide*

*History of the Zulu War*

*'Basic Italian' provides readers with the basic tools to express themselves in a wide variety of situations. The book contains 23 individual grammar points in lively and realistic contexts.*

*Provides a tour of the potential universes that could exist as a part of Einstein's theory of general relativity and introduces the physicists and mathematicians whose latest discoveries and ideas about physics and astronomy promote the concept of the "multiverse." 12,000 first printing.*

*Recounts the adventures that ensue when the elves pop out of the tree where they've been shut up for years and settle down with the woodland folk.*

*How we eat is such a fundamental part of what we are, yet, in our present time-poor culture of prepackaged fast foods, food can become an expensive symptom of alienation and disempowerment. It doesn't have to be this way! The Vegan Book of Permaculture gives us the tools and confidence to take responsibility for our lives and actions. Creating a good meal, either for ourselves or to share, taking time to prepare fresh, wholesome home- or locally grown ingredients with care and respect can be a deeply liberating experience. It is also a way of taking back some control from the advertising agencies and multinational corporations. In this groundbreaking and original book, Graham demonstrates how understanding universal patterns and principles, and applying these to our own gardens and lives, can make a very real difference to both our personal lives and the health of our planet. This also isn't so very different from the compassionate concern for "animals, people, and environment" of the vegan way. Interspersed with an abundance of delicious, healthy, and wholesome exploitation-free recipes, Graham provides solutions-based approaches to nurturing personal effectiveness and health, eco-friendly living, home and garden design, veganic food growing, reforestation strategies, forest gardening, reconnection with wild nature, and community regeneration with plenty of practical ways to be well fed with not an animal dead! This is vegan living at its best.*

*Red Moon*

*About Time*

*Ask Me*

*Natural Healing Through Macrobiotics*

*The Spiritual Teacher in the Cards*

*Using Regression for Physical, Emotional, and Spiritual Healing*

*I owe him a debt. The kind money can't repay. He wants something else: me, for one year. But I don't even know who he is... 365 days and nights doing everything he wants...except that. "I'm not going to sleep with you," I say categorically. He laughs. "I'm going to make you a promise," his eyes challenge mine. "Before our time is up, you'll beg me for it."*

*What readers are saying about Charlotte Byrd: "Extremely captivating, sexy, steamy, intriguing, and intense!" \*\*\*\*\* "Addictive and impossible to put down." \*\*\*\*\* "I can't get enough of the turmoil, lust, love, drama and secrets!" \*\*\*\*\* "Fast-paced romantic suspense filled twists and turns, danger, betrayal and so much more." \*\*\*\*\**

*"Decadent, delicious, & dangerously addictive!" \*\*\*\*\**

*"Beware of spoilers in the reviews below that are without spoiler alerts.\**

*The unique (unifying) principle, called yin/yang by the ancient Chinese, is the missing key that joins religion and science, man and God, philosophy and daily life. This is George Ohsawa's first book originally published in French in 1931.*

*The vast majority of us unknowingly suffer from a slave mentality. We constantly experience the psychological phenomena of cognitive dissonance, where our beliefs and behaviour are in conflict, and Stockholm syndrome - the traumatic bonding with a captor. Our ability to decode reality is linked to what we are able to perceive. Icke believes our reality has been hijacked by an invisible force the Gnostics used to call Archons. He maintains that we are headed towards a cashless world and human settlements which are projected as local community initiatives but are actually centralized systems of control. Our health is being systematically weakened: if you are sick, you are easier to control. Icke's dystopian view of the future assumes that the masses will stay glued to their TVs, locked forever into the hive mind of the Matrix, which says "I have no power". Can humanity break free? Through truth and love we can become who and what we really are.*

*Rooted in centuries-old principles, the macrobiotic diet consists of simple yet highly nutritious foods such as whole grains, vegetables, and beans, selected and prepared in harmony with the seasons. From lightly sautéed spring greens and sea vegetables and refreshing summer salads, to harvest vegetables and hearty winter stews, The Changing Seasons Macrobiotic Cookbook provides hundreds of easy-to-follow and flavorful recipes for complete and balanced macrobiotic meals. A combination of great taste and whole foods, this is traditional macrobiotic cooking at its best.*

*Grow Vegetables*

*Sensor Network Applications, Architecture and Design*

*Rethinking Time, Space, Consciousness, and the Illusion of Death*

*Love*

*Black Limit*

*Center of the Cyclone*

*In this long-out-of-print counterculture classic, Dr. John C. Lilly takes readers behind the scenes into the inner life of a scientist exploring inner space, or " far-out spaces, " as Lilly called them. The book explains how he derived his theory of the operations of the human mind and brain from his personal experiences and experiments in solitude, isolation, and confinement; LSD; and other methods of mystical experience. It also includes glimpses into Lilly's friendship with such 1960s' notables as Oscar Ichazo, Ram Dass, Timothy Leary, Albert Hofmann, Fritz Perls, and Claudio Narajo. Written for the non-specialist, Center of the Cyclone shows an important, modern thinker at his most personal and profound.*

*A one-of-a-kind guide to organizing your fridge—including practical tips for meal prep and storage, plus more than 100 recipes—that makes it easier to eat better, save money, and get the most out of your food Practicing "fridge love" is a roadmap to eating healthier, saving money, and reducing food waste while enjoying a beautiful and harder-working fridge. This book—part organizational guide and part food-prep handbook—is your guide. Author Kristen Hong adopted a nutrient-dense, plant-based diet in an effort to lose weight and improve her health. But amidst the demands of day-to-day life and a busy family, she found it impossible to stick to. The solution? A smarter, better-organized fridge that served her real-life needs. In this invaluable resource, you will discover how a beautifully organized fridge can make your life—including healthy eating for the whole family—easier. It covers general fridge organization (for all models and configurations) as well as shopping tips, storage guidelines, the best meal-prep containers, and more than 100 easy plant-based recipes made for meal prepping.*

*Examines the ramifications of Einstein's relativity theory, exploring the mysteries of time and considering black holes, time travel, the existence of God, and the nature of the universe*

*Presents a clinically tested fourteen-day plan designed to help establish acid-alkaline balance in the body, lose weight, and discover a healthier approach to eating in general, including daily menus and more than forty recipes.*

*L' Enneagramma Biologico® (the Biological Enneagram)*

*Beyond Biocentrism*

*The 9 Personality Types and Illness*

*Prayers for Parents and Children*

*Organizing Your Refrigerator for a Healthier, Happier Life--With 100 Recipes*

*How Major Corporations and Government Plan to Track Your Every Move with RFID*

*The benefits of regression therapy extend far beyond the clearing of symptoms. Often, the result is healing at all levels—physical, emotional, and spiritual. Mirrors of Time, by Brian Weiss, M.D., allows you to take regression therapy to the next level. Now you can go back through time by recalling past events that may have led to difficulties in the present. Through the process of remembering, symptoms diminish, and a strong sense of relaxation and well-being often emerges. Even past-life memories can be elicited by these exercises, and regular practice will enhance your physical and emotional health and open up spiritual vistas that can bring new meaning to your life. An audio download is included that goes beyond meditation and visualization exercises—it contains the actual regression techniques Dr. Weiss uses with his patients. By reading Mirrors of Time and practicing the exercises on the accompanying audio, you'll find that you'll be filled with more peace, joy, and love—and virtually all aspects of your everyday life will benefit!*

*The salient features and the principal events of the Zulu war are referred to in this volume. Long and uninteresting details respecting minor operations are omitted, and an attempt is made to furnish a readable book, which gives a fair view of the causes, origin, and progress of the war. It must be borne in mind that South African Kafir wars constitute one tragedy in various acts. The Zulu campaigns are merely last links of a chain. The war with Cetuywayo is identical in principle with those waged with Gaika, T'Shambie, Dinga'an, Krelil, and Sandilili. The tide of savagery has been periodically rolled back, and it was either necessary that this should be done, or that white men should abandon Southern Africa. The fatuous policy of Lord Glenelg caused the wars of 1846 and 1852, and there is in essence no difference between it and the policy advocated by the opponents of Sir Bartle Frere.*

*Filmmaker Alejandro Jodorowsky's insights into the Tarot as a spiritual path • Works with the original Marseille Tarot to reveal the roots of Western wisdom • Provides the key to the symbolic language of the Tarot's "nomadic cathedral" • Transforms a simple divination tool into a vehicle for self-realization and healing Alejandro Jodorowsky's profound study of the Tarot, which began in the early 1950s, reveals it to be far more than a simple divination device. The Tarot is first and foremost a powerful instrument of self-knowledge and a representation of the structure of the soul. The Way of Tarot shows that the entire deck is structured like a temple, or a mandala, which is both an image of the world and a representation of the divine. The authors use the sacred art of the original Marseille Tarot—created during a time of religious tolerance in the 11th century—to reconnect with the roots of the Tarot's Western esoteric wisdom. They explain that the Tarot is a "nomadic cathedral" whose parts—the 78 cards or "arcana"—should always be viewed with an awareness of the whole structure. This understanding is essential to fully grasp the Tarot's hermetic symbolism. The authors explore the secret associations behind the hierarchy of the cards and the correspondences between the suits and energies within human beings. Each description of the Major Arcana includes key word summaries, symbolic meanings, traditional interpretations, and a section where the card speaks for itself. Jodorowsky and Costa then take the art of reading the Tarot to a depth never before possible. Using their work with Tarology, a new psychological approach that uses the symbolism and optical language of the Tarot to create a mirror image of the personality, they offer a powerful tool for self-realization, creativity, and healing.*

*The nine personality types and diseases according to The Biological Laws of Dott. HamerWhy is it always me that falls ill?Why do some symptoms seem to accompany us throughout our lives as if we had some kind of predisposition towards certain 'diseases' rather than others?Is there a relationship between conflict content, our personal awareness of, and response to, this conflict, and personality? In other words, how exactly does the personality 'fall sick'?How does this process take place?What purpose might it serve? The Biological Enneagram brings together the nine personality types as described by the Enneagram and the biological process known as 'disease' in the light of the Five Biological Laws of R.G. Hamer*

*The Universal Way of Love, Happiness & Peace*

*Past Lives, Present Lives*

*Changing Seasons Macrobiotic Cookbook*

*The Alkaline Cure*

*The Unique Principle*

*Tell Me to Stay*

*Prayers for Parents and Children is a wonderful companion for parents who are looking for prayers to help their children on the journey through childhood. These are verses for every occasion; for the mother to speak for the incarnating soul as it prepares to be born, and for the baby after its birth; for the very young and older children; prayers for morning and evening; and graces to be spoken at the table. The context for the prayers is provided by Rudolf Steiner's lecture at the end of the book, which gives insight into the larger cosmic relationships in which the individual is involved before birth, during life, and after death.*

*Is this the end of us? I found a woman I can't live without. We've been through so much. We've had our set backs. But our love is stronger than ever. We are survivors. But when they take her from me at the altar, right before she is to become my wife, everything breaks. I will do anything to free her. I will do anything to make her mine for good. But is that enough? And what if it's not? Praise for Charlotte Byrd "This series thrilled me from the first page and had me completely engrossed. The pacing and plot was excellent. It had the perfect amount of twists and turns, luring me into the fantasy of this amazing book. The story was well-crafted, starting off with characters I fell in love with. I instantaneously bonded with the heroine and of course Mr. Black. YUM. It's sexy, it's sassy, it's steamy. It's everything. I loved every second of it and was so thrilled to have had such a treat." - Khardine Gray, bestselling romance author "Her words make me ache and yearn for more." - Dancer in the Dark "The story is dark and enticing, taking me deeper into a world from which I never want to emerge." - Lover of Alpha "Addictive and damaged, their love burns slowly but deeply." - Heroes and Alphas "Their chemistry sizzles right from the beginning. He's the gorgeous and dangerous stranger we all need in our life." - Making Words Up "Her words made me fall in love. It stayed me!" - Sizzling Books "Left my head spinning! I never wanted it to end!" - Heartbreakers and Heroes*

*Big Brother gets up close and personal. Do you know about RFID (Radio Frequency Identification)? Well, you should, because in just a few short years, this explosive new technology could tell marketers, criminals, and government snoops everything about you. Welcome to the world of spychips, where tiny computer chips smaller than a grain of sand will trace everyday objects?and even people?keeping tabs on everything you own and everywhere you go. In this startling, eye-opening book, you'll learn how powerful corporations are planning a future where: Strangers will be able to scan the contents of your purse or briefcase from across a room. Stores will charge prices as you approach-squeezing extra profits out of bargain shoppers and the poor. The contents of your refrigerator and medicine cabinet will be remotely monitored. Floors, doorways, ceiling tiles, and even picture frames will spy on you?leaving virtually no place to hide. microchip implants will track your every move?and even broadcast your conversations remotely or electroshock you if you step out of line. This is no conspiracy theory. Hundreds of millions of dollars have already been invested in what global corporations and the government are calling "the hottest new technology since the bar code." Unless we stop it now, RFID could strip away our last shreds of privacy and usher in a nightmare world of total surveillance?to keep us all on Big Brother's very short leash. What critics are saying about Spychips, the book: Spychips "make[s] a stunningly powerful argument against plans for RFID being mapped out by government agencies, retail and manufacturing companies." ?Evan Schuman, CIO Insight "The privacy movement needs a book. I nominate Spychips." ?Marc Rotenberg, EPIC "Brilliantly written; so scary and depressing I want to put it down, so full of fascinating vignettes and facts that I can't put it down." ?Author Claire Wolfe Spychips "makes a very persuasive case that some of America's biggest companies want to embed tracking technology into virtually everything we own, and then study our usage patterns 24 hours a day. It's a truly creepy book and well worth reading." ?Hiawatha Bray, Boston Globe "You REALLY want to read this book." ?Laissez Faire*

*This new edition of the Modern Italian Grammar is an innovative reference guide to Italian, combining traditional and function-based grammar in a single volume. With a strong emphasis on contemporary usage, all grammar points and functions are richly illustrated with examples. Implementing feedback from users of the first edition, this text includes clearer explanations, as well as a greater emphasis on areas of particular difficulty for learners of Italian. Divided into two sections, the book covers: traditional grammatical categories such as word order, nouns, verbs and adjectives language functions and notions such as giving and seeking information, describing processes and results, and expressing likes, dislikes and preferences. This is the ideal reference grammar for learners of Italian at all levels, from beginner to advanced. No prior knowledge of grammatical terminology is needed and a glossary of grammatical terms is provided. This Grammar is complemented by the Modern Italian Grammar Workbook Second Edition which features related exercises and activities.*

*Spychips*

*Cooking in Harmony with Nature*

*The Life-Changing Magic of Not Giving a F\*ck*

*How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do*

*The Book of Macrobiotics*

*Smart Dust*

*A guide to using knowledge of past lives to assist modern relationships offers advice on how to conduct self-regression sessions without drugs or hypnosis and how to overcome fear, jealousy, and abuse. Original.*

*this revised edition includes a new chapter on the Spiritual World.*

*Biocentrism shocked the world with a radical rethinking of the nature of reality. But that was just the beginning. In Beyond Biocentrism, acclaimed biologist Robert Lanza, one of TIME Magazine's "100 Most Influential People in 2014," and leading astronomer Bob Berman, take the reader on an intellectual thrill-ride as they re-examine everything we thought we knew about life, death, the universe, and the nature of reality itself. The first step is acknowledging that our existing model of reality is looking increasingly creaky in the face of recent scientific discoveries. Science tells us with some precision that the universe is 26.8 percent dark matter, 68.3 percent dark energy, and only 4.9 percent ordinary matter, but must confess that it doesn't really know what dark matter is and knows even less about dark energy. Science is increasingly pointing toward an infinite universe but has no ability to explain what that really means. Concepts such as time, space, and even causality are increasingly being demonstrated as meaningless. All of science is based on information passing through our consciousness but science hasn't the foggiest idea what consciousness is, and it can't explain the linkage between subatomic states and observation by conscious observers. Science describes life as a random occurrence in a dead universe but has no real understanding of how life began or why the universe appears to be exquisitely designed for the emergence of life. The biocentrism theory isn't a rejection of science. Quite the opposite.*

*Biocentrism challenges us to fully accept the implications of the latest scientific findings in fields ranging from plant biology and cosmology to quantum entanglement and consciousness. By listening to what the science is telling us, it becomes increasingly clear that life and consciousness are fundamental to any true understanding of the universe. This forces a fundamental rethinking of everything we thought we knew about life, death, and our place in the universe.*

*Macrobiotics*

*The Vegan Book of Permaculture*

The Fairies Tell Us About... Compassion  
The Lion Sleeps No More  
Mirrors of Time  
The Comte de St Germain