

Luce Dei Tantra Tantraloka

Questo libro nasce dal desiderio di scrivere degli appunti per coloro che mi seguono nell'apprendimento dello Yoga, appunti su argomenti di cui si parla durante le lezioni. Spesso infatti mi viene chiesto quali libri consultare, quali guide, quali autori... Cio mi induce a ritenere fondata l'esigenza di un piccolo trattato che illustri i primi elementi dello Yoga ed i principi su cui si fonda. E così ho iniziato a mettere insieme i miei appunti, cercando di dar loro una veste uniforme. Ed allora eccolo qui."

This book is the first consistent theological treatment of the subject of Hindu thought known to itself as Trika or Triadism and popularly as Kashmir Saivism. Few Indic theologies equal it in architectonic power and mystical profundity. Its highest category and goal is consciousness or Light whose foremost characteristic is Freedom. This goal can be attained through four ways (upayas). The theology of these ways pertains to Gnostic or knowledge oriented Triadism whose prime theologian is Abhinavagupta the emperor of Indic speculation.

Abhinavagupta, a leading figure in Kashmir Saivism is increasingly being recognised as one of the chief contributors to the evolution of Indian thought. In his encyclopaedic work the Tantraloka 'Light on the Tantras' he describes the various tantras of his day and places at their apex the most extreme of them, the Kula ritual which proposes the use of wine and meat and intercourse with women of the lowest castes. In Abhinavagupta's esteem of the Kula ritual just the shadow side of genius an aberration best forgotten? This work is a translation-the first into english of any chapter of the Tantraloka of Abhinavagupta's version of the Kula ritual.

The Groucho Letters

The Tantras?ra of Abhinava Gupta

Desideri, passioni & spiritualità

Daemons Are Forever

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Samarasya

Letters from and to Groucho Marx

Provides a comparative philosophical study of the thought of the two principle theorists of monistic Kashmiri Shaivism, Utpaladeva and Abhinavagupta, and also formulates a conception of the nature of philosophy as a means of intercultural and interreligious dialogue.

Neste livro, Carlos Alberto Tinoco traz, aos amantes e curiosos do Yoga, breve histórias sobre grandes Mestres, do oriente ao ocidente. Com técnica impressionante, o autor deixa-nos embarcar pela vida e conversão de pessoas que foram movidas pela força e pelo poder transformador do Yoga.

• Explains how the primal energy generated by physical desire can be used to achieve enlightenment • Reveals the techniques used by Tantric adepts to attain mastery over breath, thought, and all physical processes Nothing can match the explosive energy created in the body by pure desire. For millennia, Tantric adepts have harnessed this force as a means of attaining the summits of the mystical life. The energies fueled by passion are used to nourish the inner flame that burns away the egotistical perception of the mind. Desire explores the subtle techniques of Tantra that enable the seeker to attain the triple mastery of the breath, thought, and the natural processes of the body. Tantrics believe that the body is the temple and divinity lies at its heart. In order to arrive at profound awareness, the body needs to be perfectly tuned and working toward a state of perfect fluidity. Desire reveals many of the secret practices intended for this purpose that have been passed down in the major Tantric treatises such as the Vijnanabhariva Tantra and Ch'an master Chinul's treatise on the Secrets of Cultivating the Mind, including the important techniques of the ritual sexual observances known as Maithuna.

leadership spirituali : vie, modelli, metodi

The SpandaKarika with Four Commentaries: The SpandaSamdoha by Ksemaraja, The SpandaVrtti by Kallatabhatta, The SpandaVivrti by Rajanaka Rama, The SpandaPradipika by Bhagavadutpala

Significance of the Tantric Tradition

Proceedings of the XIth World Sanskrit Conference (Turin, April 3rd-8th, 2000).

Hindu Practice

BNI.

Kiss of the Yogini

В течение тысячелетий последователи тантризма использовали силу страсти как средство для достижения вершин мистического познания. А энергию, порождаемую ею, - для поддержания внутреннего огня, сжигающего эгоистические представления ума, и соединения с божественным началом. В своей книге Даниэль Одье исследует техники тантры, которые позволяют в совершенстве овладеть управлением дыханием, мышлением и энергетическими процессами в нашем организме. Ведь, согласно тантризму, чтобы прийти к глубокой осознанности, необходимо в первую очередь идеально настроить свое тело. Автор раскрывает многие из тайных практик, которые содержатся в главных тантристских трактатах, а также описывает важные техники сексуального ритуала, известного как майтхуна. Тантризм - путь без страха и табу, объединяющий весь человеческий опыт с радостью, удовольствием, любовью и полнотой жизни.

On understand the Tantrism in light of the Tantrāloka of Abhinavagupta.

Beginning with an introduction to the scriptural background of the Śaiva religion, this volume presents a translation accompanied by a re-edition of the Sanskrit text with the help of

two manuscripts not consulted before, and a running commentary. A fragment of the Śrīkaṇṭī is transcribed in an appendix.

The Mystical Theology of the Śaivism of Kashmir

Catalogo dei libri in commercio

Hindu Spirituality

The Cult of Khaḍgarāvaṇa

Abhinavagupta

The Oxford History of Hinduism: Hindu Practice

The Doctrine of Vibration

This Inspirational Guide To An Open, Critical Exchange Between India And The West Is Framed As A Tribute To Dr. Bettina Baumer, An Eminent Scholar Of Indology. Comprising 32 Essays, Segregated Into Three Sections Indian Philosophy And Spirituality, Indian Arts And Aesthetics, And Interreligious And Intercultural Dialogue.

Traditions of asceticism, yoga, and devotion (bhakti), including dance and music, developed in Hinduism over long periods of time. Some of these practices, notably those denoted by the term yoga, are orientated towards salvation from the cycle of reincarnation and go back several thousand years. These practices, borne witness to in ancient texts called Upaniṣads, as well as in other traditions, notably early Buddhism and Jainism, are the subject of this volume in the Oxford History of Hinduism. Practices of meditation are also linked to asceticism (tapas) and its institutional articulation in renunciation (saṃnyāsa). There is a range of practices or disciplines from ascetic fasting to taking a vow (vrata) for a deity in return for a favour. There are also devotional practices that might involve ritual, making an offering to a deity and receiving a blessing, dancing, or visualization of the master (guru). The overall theme—the history of religious practices—might even be seen as being within a broader intellectual trajectory of cultural history. In the substantial introduction by the editor this broad history is sketched, paying particular attention to what we might call the medieval period (post-Gupta) through to modernity when traditions had significantly developed in relation to each other. The chapters in the book chart the history of Hindu practice, paying particular attention to indigenous terms and recognizing indigenous distinctions such as between the ritual life of the householder and the renouncer seeking liberation, between 'inner' practices of and 'external' practices of ritual, and between those desirous of liberation (mumukṣu) and those desirous of pleasure and worldly success (bubhukṣu). This whole range of meditative and devotional practices that have developed in the history of Hinduism are represented in this book.

Br> Man and His Becoming According to the Vedanta by Guénon, René; Nicholson, Richard C. (Translator) Terms of use A study of the constitution and development of the human being from the metaphysical point of view, with special reference to Vedantic doctrine. Descriptive content provided by Syndetics"! a Bowker service.

Vishveshvaranand Indological Journal

An Analysis of the Doctrines and Practices Associated with Kashmir Shaivism

Os Mestres do Yoga

Contacts and Exchanges in the Eurasian Pandemonium

Kundalini

Teachings of the Kashmiri Mahamudra Tradition

Postclassical and Modern

Cutting across distinctions of schools and types, the author explains the central feature of Kashmir Saivism: the creative pulse of the all-pervasive Consciousness called Siva. This is also the central theme of the Hindu Tantras, and Dyczkowski provides new insight into the most literate and extensive interpretations of the Tantras. This book is significant from four points of view.

First, it breaks new ground in Indian philosophy. According to the Spanda Doctrine, the self is not simply witnessing consciousness as maintained by Sankhya and Vedanta, but is an active force. Second, the ultimate reality is not simply a logical system of abstract categories, but is living, pulsating energy, the source of all manifestation. Third, the work elaborates the dynamic aspect of consciousness. It supplies an excellent introduction to the texts and scriptures of Kashmir Saivism. Fourth, it suggests a Yoga for the realization of self.

Reissued as a thirtieth anniversary commemoration of the comedic master's death, a whimsical fan's collection of his personal letters includes his correspondences with such figures as Harry Truman, Jerry Lewis, and T. S. Eliot. Reprint. 15,000 first printing.

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Bulletin d'études indiennes

Appunti Di Hatha Yoga

The Tantric Path to Awakening

Man and His Becoming According to the Vedanta

A Contemporary Interpretation of Monistic Kashmiri Saiva Philosophy

The Oxford History of Hinduism

Rediscovering God with Transcendental Argument

• Shares vivid, experiential descriptions of the author's sessions with master Lalita Devi wherein she imparted the essential principles of the Mahamudra to him physically, verbally, and energetically • Presents new translations of the most significant sacred books, including the Shiva Sutras, the Pratyabhijna Hrdayam Sutra, and the Spandakarika, each presented in language that preserves their spontaneous mystic flow • Pairs the author's intellectual study of the sacred texts with direct transmissions from his teacher, with each perspective shedding light on the other In 1975, in an isolated Himalayan forest, Daniel Odier met Lalita Devi, a tantric yogini who took him on a mystical journey beyond the limits of sexual experience to transcend the ego, recognize the true self, and rediscover the Divine nature of absolute love. Now, Odier shares the secret teachings and self-realization practices of the Kashmiri Mahamudra (meditation on the mind itself) and the Pratyabhijna (the School of Sudden Recognition). The author offers vivid descriptions of his sessions with Lalita Devi wherein she imparted the essential principles of the Mahamudra and the yoga of emotions to him physically, verbally, and energetically. Lalita Devi knew the principal texts of Kashmiri Shaivism by heart. New translations of the most significant sacred books, including the Shiva Sutras, the Pratyabhijnahrdayam, and the Spandakarika, are provided by Odier along with chants and poems from the yogini tradition. Presented in language that preserves their spontaneous mystic flow and restores their original ancient female origins, Crazy Wisdom of the Yogini offers a profound inside look at authentic tantric teachings.

Desideri, passioni & spiritualità esplora in profondità come il desiderio e la passione facciano parte della via del tantrismo kashmiro. Daniel Odier si basa sui testi classici dei grandi maestri storici e sulla tradizione di cui ha ricevuto trasmissione dalla yogini Lalita Devi. L'approccio unico del tantrismo kashmiro mira all'unione e all'esplorazione di tutte le emozioni umane e della via spirituale. Nel libro Daniel Odier offre anche preziosi consigli pratici e alcuni esercizi di yoga che permettono di comprendere che non esiste contraddizione tra piacere e yoga. Il corpo liberato diviene così lo strumento ideale della realizzazione mistica.

Luce dei tantra. TantralokaGli AdelphiKiss of the Yogini"Tantric Sex" in its South Asian ContextsUniversity of Chicago Press

L'unità dell'essere

The Triadic Heart of Siva

Supplemento ... agli Annali

Arts & Humanities Citation Index

"Tantric Sex" in its South Asian Contexts

An Analysis of the Doctrines and Practices of Kashmir Shaivism

gli dei del Tibet più magico e segreto

Kundalini's power lies dormant in humans until it is awakened. The awakened Kundalini expresses the primal divine impulse and ultimately joins the individual with the divine. The development of the book parallels the development of the Kundalini within. Part One exposes the awakening and unfolding of the Kundalini; Part Two describes the piercing of the energy centers and the stages of ascent through the body; and Part Three examines Kundalini's relation to sexual expression. The

book provides a deep understanding of Tantra and of the underlying purpose of Tantracism. The author carefully considers the Caryakrama practices of sexual expression as a means of awakening and controlling Kundalini. Silburn draws together passages from the Trika, Krama, and Kaula systems ranging through Abhinavagupta and Lalla and provides both translation and commentary for them. Chapters on the Chakras, the Nadis, and on mantras further elucidate the topic and lead to a forceful conclusion: Kundalini is the source of ultimate human knowledge and power.

Featuring chapters by an international team of leading scholars in the field, this is a comprehensive reference guide to Hindu Studies.

For those who wonder what relation actual Tantric practices bear to the "Tantric sex" currently being marketed so successfully in the West, David Gordon White has a simple answer: there is none. Sweeping away centuries of misunderstandings and misrepresentations, White returns to original texts, images, and ritual practices to reconstruct the history of South Asian Tantra from the medieval period to the present day. *Kiss of the Yogini* focuses on what White identifies as the sole truly distinctive feature of South Asian Tantra: sexualized ritual practices, especially as expressed in the medieval Kaula rites. Such practices centered on the exchange of powerful, transformative sexual fluids between male practitioners and wild female bird and animal spirits known as Yoginis. It was only by "drinking" the sexual fluids of the Yoginis that men could enter the family of the supreme godhead and thereby obtain supernatural powers and transform themselves into gods. By focusing on sexual rituals, White resituates South Asian Tantra, in its precolonial form, at the center of religious, social, and political life, arguing that Tantra was the mainstream, and that in many ways it continues to influence contemporary Hinduism, even if reformist misunderstandings relegate it to a marginal position. *Kiss of the Yogini* contains White's own translations from over a dozen Tantras that have never before been translated into any European language. It will prove to be the definitive work for persons seeking to understand Tantra and the crucial role it has played in South Asian history, society, culture, and religion.

Scrittura di paesaggio

Panorama

Abhinavagupta's Philosophy of Revelation

Maestri

The Energy of the Depths

The Central Philosophy of Tantrism

This book explores one of the most explicit and sophisticated theoretical formulations of tantric yoga. It explains Abhinavagupta's teaching about the nature of ultimate reality, about the methods for experiencing this ultimate reality, and about the nature of the state of realization, a condition of embodied enlightenment. The author uncovers the conceptual matrix surrounding the practices of the Kaula lineage of Kashmir Shaivism. The primary textual basis for the book is provided by Abhinavagupta's Paratrisikalaghuvrtti, a short meditation manual that centers on the symbolism of the Heart-mantra, SAUH. Paul Eduardo Muller-Ortega is Assistant Professor of Religious Studies at Michigan State University.

The term hindu is referred to the religious life of the people of India, and Spirituality understood as wisdom about the way back into the ground of pluralism of religious forms. These two volumes are structured along the division between the classical and the postclassical. Twenty seven scholars from around the world shed light on the spiritual beauty of Hinduism's poetry art and temples, festivals and music, as well as the contributions of modern pioneers such as Swami Vivekananda Sri Aurobindo, Mahatma Gandhi and others.

A richly illustrated tapestry of interwoven studies spanning some six thousand years of history, Dæmons Are Forever is at once a record of archaic contacts and transactions between humans and protean spirit beings—dæmons—and an account of exchanges, among human populations, of the science of spirit beings: dæmonology. Since the time of the Indo-European migrations, and especially following the opening of the Silk Road, a common dæmonological vernacular has been shared among populations ranging from East and South Asia to Northern Europe. In this virtuoso work of historical sleuthing, David Gordon White recovers the trajectories of both the "inner demons" cohabiting the bodies of their human hosts and the "outer dæmons" that those same humans recognized each time they encountered them in their enchanted haunts: sylvan pools, sites of geothermal eruptions, and dark forest groves. Along the way, he invites his readers to reconsider the potential and promise of the historical method in religious studies, suggesting that a "connected histories" approach to Eurasian dæmonology may serve as a model for restoring history to its proper place at the heart of the discipline of the history of religions.

The Kula Ritual, as Elaborated in Chapter 29 of the Tantrāloka

The Continuum Companion to Hindu Studies

Triadic Mysticism

Luce dei tantra. Tantraloka

An Edition and Annotated Translation of Mālinīśloklavārttika I, 1-399

Kaula Tantricism of Abhinavagupta in the Non-dual Shaivism of Kashmir

Desire

Cutting across distinctions of schools and types, the author explains the central feature of Kashmir Shaivism: the creative pulse of the all pervasive Consciousness called SAiva. This is also the central theme of the Hindu Tantras, and Dyczkowski provides new insight into the most literate and extensive interpretations of the Tantras.

In his Doctrine of Vibration, the author presents a synthesis of Kashmir Shaivism—an overview with Spanda as the central theme. Spanda is the vibratory dynamism of the absolute consciousness. In this book the author focuses on the school of Kashmir Shaivism that presents this doctrine as its cardinal principle and whose literature consists essentially of the works translated here. In his Introduction and in his exposition of the four commentaries, the author shows both how the Spanda tradition contributes to the other schools of Kashmir Shaivism and how it is different from them. He presents for the first time a detailed treatment of this tradition and an analysis of its development. The aim is to offer a method that affords access by the general reader to the wonderful world of the Spanda Yogi through which she travels to the liberating realization of her authentic identity vibrant with the vitality of the universal pulse of Shiva. Mark S. G. Dyczkowski took his first degree at Banaras Hindu University and then his doctorate at Oxford. He is presently associated with Sampurnananda Sanskrit University in Varanasi. He is the author of *The Doctrine of Vibration: An Analysis of the Doctrine and Practices of Kashmir Shaivism*; *The Canon of the Saivagama and the Kubjika: Tantras of the Western Kaula Tradition*; and *The Aphorisms of Shiva: The Shiva Sutra with a Commentary by Bhaskara*, all published by SUNY Press.

Il tempio oracolare di gNas-chu

The Stanzas on Vibration

Kashmir Shaivism

Annunci di pubblicazioni di prossima edizione

Crazy Wisdom of the Yogini