

New Wine: The Spiritual Roots Of The Twelve Step Miracle

In the final book of this series, author Guy Kettelhack offers moving and triumphant stories of individuals in their third year of sobriety. Through these stories, Kettelhack brings alive the ongoing process of building self-esteem and explores what this process means at this point in recovery--"turning it over" to a Higher Power, doing service, developing an increasingly positive attitude toward health, relationships, and family, and creating a new definition of success in sobriety. "We begin to discover," writes Kettelhack, "the greatest adventure sobriety offers us: discovering who we are and what we have the capacity to become." Guy Kettelhack has written seven books on recovery. He is completing a Master's degree in psychoanalysis, and is an analyst-in-training at the Boston and New York Centers for Modern Psychoanalytic Studies. A graduate of Middlebury College, Kettelhack has also done graduate work in English literature at Bread Loaf School of English at Oxford University. He lives in New York City.

A handbook for newcomers to Alcoholics Anonymous providing program principles and historical references.

The first in a series of three recovery guides, First-Year Sobriety uses personal stories to show that despite their differing experiences, all are united in the process of living without alcohol or drugs. First-Year Sobriety uses the voices of many women and men who are struggling in the often baffling territory of their first year of sobriety to show that despite their differing experiences, all are united in the process of giving life without alcohol or other drugs a chance. These are people who are alternately amazed, appalled, delighted, depressed, illuminated, disturbed, or simply thrown by their first days, weeks, and months of sobriety. Author Guy Kettelhack explores the challenges all seem to face: learning to break through loneliness, isolation, and fear; finding ways to deal with anger, depression, and resentment; and learning how to deal with a new and sometimes overwhelming happiness. Kettelhack has written seven books on recovery. He is completing a Master's degree in psychoanalysis, and is an analyst-in-training at the Boston and New York Centers for Modern Psychoanalytic Studies. A graduate of Middlebury College, Kettelhack has also done graduate work in English literature at Bread Loaf School of English at Oxford University. He lives in New York City. Early AAs founded their pioneer program on basic ideas from the Bible. What did they study? What did they learn? How did they

approach the possible biblical subjects? There are historical answers, and this book provides them. More important, how can someone in A.A. or a 12 Step program study the Bible in the way the pioneers did and achieve the same 75% to 93% documented success rates among seemingly hopeless medically incurable alcoholics who went to any lengths to establish their relationship and fellowship with God. This book shows you how to do it today!

A companion to Dick B.'s most popular book, The Good Book and The Big Book: A.A.'s Roots in the Bible. This guidebook shows you how and where to study the Bible as the highly-successful early AAs did.

*The First Nationwide Alcoholics Anonymous History Conference
New Path-- Familiar Road Signs-- Our Creator's Guidance
God, the Pioneers, and Real Spirituality
New Wine*

*Destroying the Spirit of Rejection
The Good Book - Big Book Guide Book
God, Sam Shoemaker, and A.A.*

One of the earliest and most valuable discoveries by author Dick B. in his search for facts about the early A.A. program, which had such great successes, was the many varied, and important Christian and other books read, studied, and circulated by Cofounder Dr. Bob among early AAs and their families. These are of great importance and utility today if you are to be healed of alcoholism. They cover the Bible, Jesus, prayer, healing, alcoholism, daily devotions, Quiet Time, the Oxford Group, Rev. Sam M. Shoemaker, conversion, and other relevant religious topics. Dick discovered them in the homes of Dr. Bob's children, read and analyzed and categorized them, and listed them in this title. Other books were mentioned elsewhere as having been read and circulated by Dr. Bob, and are included.

One-of-a-kind bibliography, research, and history resource containing explicit information about author Dick B.'s 16 years of research: (1) Collecting over 25,000 books and materials on the roots of A.A. (2) Using them in the publication of his more than 120 articles, and over 30 audio talks. (3) Describing where he went for history, where it is located, who was interviewed, and what it contains. (4) It lists Dick used in his writing; all of the background titles involved in A.A.'s use of the Quiet Time, Oxford Group life-changing program, Anne Smith's Journal, Rev. Sam Shoemaker's teachings, religious literature AAs read, the United Christian Endeavor Movement, Carl Jung, William James, William D. Silkworth, Richard Peabody, Emmet Fox and many other New Thought influences. (5) It lists all the books in A.A. found in Bob's library and collections--a list found nowhere else. (6) It contains manuscript archives and libraries and personal collections all over the U.S. and England. (7) This is a huge collection of temperance books and literature described. (8) Topical books about A.A., about A.A., about alcoholism, about "spirituality," about the Bible, religion, and clergy. (9) Included are records of Dick's notes and interviews. (10) Almost this e

collection of materials has been donated to and can now be found and studied at the Bill W. Library, which is part of The Wilson House (birthplace of Bill W.) in East Dorset, Vermont. Taken together, this reference volume and the actual materials in the Bill W. Library, constitute the largest and most complete record of early A.A. historical materials in the world today, other than the Library of Congress items.

New Wine

Dick B. is today regarded as the leading A.A. historian. He is a writer, Bible student, retired attorney, and active recovered member of the A.A. fellowship. He has brought to the history table: (1) His strong belief in the Creator, Christianity, and the Bible as the main source book for truth. (2) His long and fervent work with newcomers in helping them to overcome their alcoholism with the power of God. (3) His talents in writing and research that emerged from his work at the University of California where he received a Phi Beta Kappa key, his editorship of the Stanford Law Review, and his vigorous work in writing and presenting legal briefs before many many courts. This mid-point title had been followed by and added up to 33 A.A. history titles so far. This book is foundational.

Spirituality and Chemical Dependency shares current thinking on how spirituality is used in recovery from alcoholism and other forms of chemical dependency. The 12-Step programs have been the most successful form of treatment thus far; you will find insight in this book to be revealing as to why. Each of the contributors has devoted a significant part of his or her life to help those suffering from chemical addiction. In each chapter, the author gives ideas on specific aspects of spirituality in the 12-Step program and answers the ever-important question "So what?!" to provide guidelines for how to use spirituality in the addicted person.

Second Year Sobriety

Dr. Bob and His Library

The Golden Text of A.A.

Proven Help for Alcoholics and Addicts

When Early Aas Were Cured And Why

V. C. Kitchen, the Oxford Group, and A.A.

Turning Point

Dick B. is a writer, historian, Bible student, retired attorney, and active recovered member of A.A. He and his son Ken devoted many years to researching the role, life, writings, and contributions of Rev. Samuel M. Shoemaker to Alcoholics Anonymous. The quest took Dick B. to Shoemaker's churches in Pittsburgh and New York, to the Episcopal Church Archives in Austin, Texas, to Hartford Seminary, to Princeton University, and to the family and friends of this great Episcopal rector and preacher. In all, Dick B. has published 33 books on the history of early A.A.

Dick B.'s second great discovery concerned the contents of the spiritual journal that Anne Ripley Smith had kept, shared, and used to teach Bill W., other AAs, and their families the underlying principles of A.A. The notebook lay unnoticed by historians and AAs alike even though it held the key to what early A.A. was really like--as related by the lady who was there as teacher, founder, and recorder. Dick B. is a writer, historian, Bible student, retired attorney, and active recovered member of A.A. He regards the Anne Smith discovery as perhaps the greatest of his

historical finds and subjects in helping AAs to recover today.

The story of Father Ed Dowling, S.J., the Jesuit priest who served for twenty years as sponsor and spiritual guide to Bill Wilson, the co-founder of Alcoholics Anonymous. An icy evening in December 1940 saw the first meeting of two extraordinary spiritual leaders. Father Ed said that the graces he received from meeting Bill Wilson were as great as those he had received from his ordination as a priest, and Bill in turn described encountering the Jesuit as being like a second conversion experience, where he could feel the transcendent presence of God filling the entire room with grace. The good priest taught Wilson about St. Ignatius Loyolas Spiritual Exercises, about the eternal battle between good and evil which the Spanish saint described in that book, and explained the Jesuit understanding of the way we can use our deepest emotions to receive guidance from God while serving on that battlefield. The co-founder of the twelve step movement in turn supplied Father Ed with some of the most valuable tools he possessed for carrying out small group therapy on a wide range of different kinds of troubled people. Together the two men discussed Poulains Graces of Interior Prayer and Bills attempts to make spiritual contact with both spooks and saints, and explored the world of LSD experiences and the teachings of the Catholic, Hindu, and Buddhist mystics in Aldous Huxleys Perennial Philosophy. And we will see how Father Ed, with his deep social conscience, helped Bill W. turn his book on the Twelve Traditions into a Bill of Rights for the twelve step movement, and how he laid out his own spiritual vision of Alcoholics Anonymous at the A.A. International in St. Louis in 1955. Explores the concept of Restorative Justice in diverse spiritual traditions.

Early Akron AAs wanted "The James Club" to be the name of their fellowship. The Bible's Book of James was their favorite; they also studied it, Jesus' Sermon on the Mount, and 1 Corinthians 13. These three Bible segments were considered "absolutely essential" to their program. This book takes each verse in James, the Sermon, and 1 Cor 13, and shows the influence of such verses on A.A. language.

A Sixteen-Year Research, Writing, Publishing, and Fact Dissemination Project

Bill Wilson ' S Sponsor

His Excellent Training in the Good Book As a Youngster in Vermont

First Year Sobriety

Cured

The Good Book in Alcoholics Anonymous Yesterday and Today (a Bible Study Primer for AAs and Other 12-steppers)

A Major A.A. Spiritual Source

The story of A.A.'s birth at Dr. Bob's Home in Akron on June 10, 1935. It tells what early AAs did in their meetings, homes, and hospital visits; what they read; and how their ideas developed from the Bible, the Oxford Group, and Christian literature. It depicts the roles of A.A. founders and their wives, and of Henrietta Seiberling, and T. Henry & Clarace Williams. Foreword by John F. Seiberling Finally--a history that ties together the events in New York and Akron during A.A.'s formative years from 1931-1939. It tells of the Bud Firestone Miracle and the 1933 Oxford Group events in Akron. Then of the early meetings in New York and Akron. It details the specific contributions to A.A. that T. Henry and Clarace Williams, Henrietta Seiberling, Bill Wilson, and Dr. Bob and Anne Smith made at A.A.'s Akron birthplace. It covers the when, where and how of A.A.'s birth. There are details as to surrenders, hospitalization, meetings, literature, Bible study and

prayer and meditation, and what the Akron people did in their homes. And there are precise traces from the Bible, the Four Absolutes, Christian writers, and the Oxford Group into the Twelve Steps and the Big Book. This book is about what Akron gave to A.A. and what A.A. can attribute to its Akron birthplace.

A fresh interpretation of the healing process established by the Twelve Steps, with an eye toward the social, cultural, and psychological factors that affect men--and thus their recovery from addiction. In *A Man's Way through the Twelve Steps*, author Dan Griffin uses interviews with men in various stages of recovery, excerpts from relevant Twelve Step literature, and his own experience to offer the first holistic approach to sobriety for men. Readers work through each of the Twelve Steps, learn to reexamine negative masculine scripts that have shaped who they are and how they approach recovery, and strengthen the positive and affirming aspects of manhood. This groundbreaking book offers the tools needed for men to work through key issues with which they commonly struggle, including difficulty admitting powerlessness, finding connection with a Higher Power, letting go of repressed anger and resentment, contending with sexual issues, and overcoming barriers to intimacy and meaningful relationships. *A Man's Way through the Twelve Steps* offers practical advice and inspiration for men to define their own sense of masculinity and thus heighten their potential for a lifetime of sobriety.

Living the Twelve Traditions In Today's World

Intended for use by recovery newcomers, educational and religious alcoholism programs, recovery groups and treatment centers, and substance abuse agencies. Here, for the first time, is a simple, accurate, concise statement of the origins, trends, changes, and detours leading up to, involved in, and evolving from A.A.'s Big Book and Twelve Step spiritual program of recovery. A must for introducing the A.A./12 Step subject usefully

Dick B. is a writer, historian, Bible student, retired attorney, and recovered AA. He is active in the fellowship and has sponsored more than 100 men in their recovery. He has devoted 18 years to investigating, researching, analyzing, and disseminating the facts about early A.A. origins, roots, history, principles, and practices. He has published 33 titles and more than 170 articles on the subject and frequently speaks within and outside the fellowship. He is the leading A.A. early history scholar.

The Friendship of Fr. Ed Dowling, S. J. and Bill Wilson in Letters

The Spiritual Roots of the Twelve Step Miracle

The Books Early AAs Read for Spiritual Growth

The Conversion Of Bill W.

A New Way Out

Making Known the Biblical History and Roots of Alcoholics Anonymous

A Biography of Alcoholics Anonymous Cofounder Bill Wilson

Dick B.'s latest exploration of, and report on the solid evidence that early AAs were cured of alcoholism and said so for the first decade after their founding. This title tells HOW. It explains the many reports of

religious healings through the ages, the many in or observers of A.A. who proved that they were cured, the myths about God, alcoholism, and "no cure," and the key origins, roots, and elements of the early Akron Christian Fellowship where the cures occurred. A book for believers who know God's power and want to know how it was applied in the healing of alcoholism by A.A. pioneers

Victor C. Kitchen was a New York City advertising executive who wrote one of the Oxford Group's most important books. He also went to the same Oxford Group meetings as Bill Wilson, who later became the co-founder of Alcoholics Anonymous. This is a book about A. A.'s roots in the Oxford Group, as seen through the pages of Kitchen's work. It explains how the key ideas, which the two movements shared, arose out of the evolution of the modern evangelical movement. The author begins with John Wesley's Aldersgate experience in 1738 and traces this understanding of the healing power of grace down to Kitchen's and Bill W's time, traversing en route the world of nineteenth century revivalism, the Keswick holiness movement, and the early twentieth century foreign missionary effort. The great theme, around which all of this is centered, is that of God's grace as the power to change human character itself. This book shows what faith and grace are really about. It shows how even faith mixed with doubt can lead us into true spiritual awakening, and it explains the basic nuts and bolts required to obtain a constant conscious contact with a God of our understanding. "Each century produces a small handful of great spiritual books. I believe strongly that *Changed by Grace* is going to prove one of the greatest of our present century. The best way to describe it is to say that it does for us today what William James' *Varieties of Religious Experience* did for the world of a hundred years ago."-John Barleycorn in *The Waynedale News*.

This book proposes a way to think and speak about God in and through our contemporary, secular society, bridging the theist/atheist divide by considering the divine through the lens of aesthetics. It represents a timely contribution to Continental philosophy of religion that includes some of the most respected and important voices in the field.

The Soul of Sponsorship explores the relationship of Bill Wilson, cofounder of Alcoholics Anonymous, and his spiritual adviser and friend, Father Ed Dowling. Many might consider that such a remarkable individual as Bill Wilson, who was the primary author of AA literature, would be able to deal with many of life's problems on his own. Reading *The Soul of Sponsorship* will illuminate and answer the question of how Father Ed, an Irish Catholic Jesuit priest who was not an alcoholic, was able to be of such great help to Bill Wilson. Part of AA's Twelfth Step reminds us "to carry this message to alcoholics," and *The Soul of Sponsorship* illustrates how sober alcoholics still need the principles of the Twelve Steps brought to them by friends, sponsors, and spiritual advisers. Some of the problems faced by Bill Wilson were: depression in recovery dependency issues whether or not to experiment with LSD the place of money and power in AA knowing God's plan and will learning from mistakes Father Ed taught Bill the importance of "discernment." In Father Ed's Jesuit tradition, discernment was a gift, passed down to him from St. Ignatius, the founder of the Jesuits, who described his own struggle with discernment in *Spiritual Exercises of St. Ignatius*. The Twelve Steps of AA and the *Spiritual Exercises of St. Ignatius* presuppose that there is a caring God whose will can be known. The act of tuning in to God's action at one's center is discernment. The big question is, how do you know your Higher Power is speaking and revealing Himself through your feelings and desires? What Bill learned from Father Ed can be found in books and articles he wrote for AA. For the good of AA and himself, Bill learned to listen to his desires, be aware of his inner dynamics, and tune into the action of God within. Doing this meant learning to recognize and identify his personal movements--those inner promptings and attractions often called emotions or affections--which are part of ordinary human experiences. The person who helped Bill grow in discernment was Father Ed, the Jesuit priest with a cane who limped into the New York AA clubhouse one sleet-filled November night in 1940. The two "fellow travelers," Father Ed Dowling and Bill Wilson, gave each other perhaps the greatest gift friends can give: calling on each to know who he is--before God.

New Wine
The Spiritual Roots of the Twelve Step Miracle
Hazelden Publishing & Educational Services
The Comments of Dick B.

Spirituality and Chemical Dependency Why Early A.A. Succeeded

A History of Early A.A.'s Spiritual Roots and Successes

How Positive Thinking Reshaped Modern Life

The Oxford Group & Alcoholics Anonymous

A.A. Co-founder Dr. Bob stated he had had "excellent training" in the Bible as a youngster in St. Johnsbury, Vermont. This title is a guide to that training and to the multi-volume resource compendium that describes the major influences on his training. They include the Town of St. Johnsbury, the Congregational Churches, his own church--the North Congregational Church, Sunday School, Christian Endeavor Society, the enormous impact of the Fairbanks family on the community and church and educational system, Dr. Bob's own deep family involvement in the church and town activities, the St. Johnsbury Academy, the town library (Athenaeum) and Fairbanks Museum, the YMCA, and the Great Awakening of 1875 that brought revivals, Gospel meetings, conversions, prayer, and Bible study to the fore.

The Good Book and the Big Book: A.A.'s Roots in the Bible is the most popular of Dick B.'s 42 titles. It traces the precise A.A. Big Book and 12 Step language that came from the Bible. Christians and AAs alike acclaim this title's thorough review of early A.A. sources showing the Bible's role in A.A.'s recovery ideas. This book demonstrates how God helps alcoholics recover if they want His help. And you thought last year was hard! This book offers encouragement, insight, and wise company for those whose second year of sobriety coincides with the added complications of a worldwide pandemic. In this second volume, people in recovery share their experiences and insights in dealing with long-suppressed feelings of anger, loss, guilt, love, and self-acceptance. This second volume in Kettelhack's series takes on the "terrible twos." Here people in recovery share their experiences and insights in dealing with long-suppressed feelings of anger, loss, guilt, love, and self-acceptance. Kettelhack shows how "sticking with it"--persevering with the struggle to deal with new feelings and refusing to give in to addictive impulses--ultimately creates the sense of life as an ongoing adventure, one more vivid, exciting and sustaining than had ever been thought possible. Guy Kettelhack has written seven books on recovery. He is completing a Master's degree in psychoanalysis, and is an analyst-in-training at the Boston and New York Centers for Modern Psychoanalytic Studies. A graduate of Middlebury College, Kettelhack has also done graduate work in English literature at Bread Loaf School of English at Oxford University. He lives in New York City. This book traces A.A.'s "real" Bible-based pioneer program. It highlights the early view that relief from alcoholism and addictions can be obtained, and a cure received, by turning to God. The author discloses his own recovery and deliverance within the rooms of A.A. and applauds the great and unique role of the society during the 20th Century.

This is a book unlike any of the many recent biographies of A.A. co-

founder William Griffith Wilson (known as Bill W.). It is filled with information about Bill's religious education, experiences, and beliefs from childhood forward. Thus Bill's knowledge of his grandfather Willie's conversion on Mount Aeolus and deliverance from alcoholism, the involvement of Bill's grandparents--the Wilsons and the Griffiths--in the life of the little East Congregational Church on the lawn between the two families' houses, the reading of the Bible by Bill's grandfather Fayette Griffith and by Bill and his boyhood friend Mark, Bill's attendance at the Congregational Sunday School and his attendance at Temperance of revival meetings, his five (yes, five) self-described spiritual experiences including his decision for Christ at Calvary Rescue Mission and his "hot flash" conversion experience at Towns Hospital, his conversations with his famous doctor William D. Silkworth about the Great Physician Jesus Christ and cure of alcoholism through Christ, Bill's extensive involvement with the Oxford Group and particularly Rev. Sam Shoemaker, and Bill's intensive involvement in prayer, Bible study, the use of devotionals, and seeking of guidance with Dr. Bob and Anne Smith at the Smith Home in Akron, particularly in the summer of 1935. All these, and more, are told in this exciting and little-known story about Wilson and God. Was Bill converted to Christ? Did Bill believe in the Creator? Did the Creator have an impact on Alcoholics Anonymous through Bill Wilson? Did the Hand of the Creator touch the lives of Wilson and of the A.A. Fellowship? Your most detailed questions and the answers about these subject have never been addressed by A.A. historians in any depth. But A.A. historian and writer, Bible student, retired attorney, and recovered AA Dick B. presents this--his thirtieth published title--as a crowning historical piece on A.A., church, religion, God, Jesus Christ, and the Bible as they really existed at and before the founding of Alcoholics Anonymous on June 10, 1935

Bill Wilson : His Life and the Creation of Alcoholics Anonymous
Our Growing Opportunity in the 21st Century
God and Alcoholism

Dr. Bob Of Alcoholics Anonymous

Good Morning!

When All That Changes Is Everything

Getting Started in AA

In The Language of the Heart, Trysh Travis explores the rich cultural history of Alcoholics Anonymous (AA) and its offshoots and the larger "recovery movement" that has grown out of them. Moving from AA's beginnings in the mid-1930s as a men's fellowship that met in church basements to the thoroughly commercialized addiction treatment centers of today, Travis chronicles the development of recovery and examines its relationship to the broad American tradition of self-help, highlighting the roles that gender, mysticism, and bibliotherapy have played in that development.

Dick B. is a writer, historian, Bible student, retired attorney, and recovered AA who has devoted 18 years of his life to digging out and publicizing the real biblical roots of the early A.A. fellowship. In early AA, Quiet Time was a must. God's guidance was a must. And the A.A. pioneers followed the rules

of the Bible in pursuing fellowship with their Creator. Dick has published 33 titles on the history subject.

There ?s a new way out of addictions, alcoholism, and life-controlling problems. Disappointed and discouraged, many today would abandon A.A., 12 Step programs, treatment, and therapy because of low success rates. But there is a far better way: look to the history, principles, and practices of early A.A. with its documented 75% to 93% success rate among medically incurable alcoholics who really tried. That?s when A.A. did work. Also, look to the history, principles, and practices of the world-wide societies which spawned A.A. ideas and were highly effective?the Salvation Army, the Rescue and Gospel Missions, United Christian Endeavor Society, Young Men?s Christian Association. You will see a common thread. You?ll see it in early A.A. too. And this book will tell you about it. Then, look to the history, principles, and practices of churches, clergy, para-church, Christ-centered, and Christian recovery programs. Look to the histories of healing by religious means. It dates from the Old Testament and follows through to today. When people relied upon the Creator, accepted Christ, called upon God in Jesus? name for cure, and believed, they received. A New Way Out leads to the power of God, the name of Jesus Christ, the love of God and neighbor, and serving others. It applauds the good things in A.A. and 12 Step programs. It respects the good things in religion. It grounds you in the historical elements of recovery by the power of God and then points you to support groups and church armed as you will be with those elements of each that worked in the earliest days, and those that don?t work today.

From the millions-strong audiences of Oprah and The Secret to the mass-media ministries of evangelical figures like Joel Osteen and T. D. Jakes, to the motivational bestsellers and New Age seminars to the twelve-step programs and support groups of the recovery movement and to the rise of positive psychology and stress-reduction therapies, this idea--to think positively--is metaphysics morphed into mass belief. This is the biography of that belief. No one has yet written a serious and broad-ranging treatment and history of the positive-thinking movement. Until now. For all its influence across popular culture, religion, politics, and medicine, this psycho-spiritual movement remains a maligned and misunderstood force in modern life. Its roots are unseen and its long-range impact is unacknowledged. It is often considered a cotton-candy theology for New Agers and self-help junkies. In response, One Simple Idea corrects several historical misconceptions about the positive-thinking movement and introduces us to a number of colorful and dramatic personalities, including Napoleon Hill and Norman Vincent Peale, whose books and influence have touched the lives of tens of millions across the world.

In this thoroughly researched and groundbreaking biography of Bill Wilson, cofounder of Alcoholics Anonymous, acclaimed author Susan Cheever creates a remarkably human portrait of a man whose life and work both influenced and saved the lives of millions of people. Drawn from personal letters and diaries, records in a variety of archives, and hundreds of

interviews, this definitive biography is the first fully documented account of Bill Wilson's life story. Alcoholics Anonymous is a worldwide organization that since 1935 has helped people break free from the destructive influence of intoxicating and addictive substances. This great wave of comfort and help that has covered the world had its beginning in one man, born shortly before the start of the twentieth century. Utilizing exhaustive research, Cheever traces Bill Wilson's life beginning with his birth in a small town in Vermont, where, following the breakup of his parents' marriage, he was raised primarily by his grandparents. Handsome and intelligent, with a wit and charm that both women and men responded to, he seemed at the outset to be capable of achieving anything he wanted. Wilson, however, also suffered from deep-seated insecurity, and once he was away from the provincial Vermont town, he found that alcohol helped relieve his self-doubts and brought out the charm and wit that had made him a favorite in school. "Help" eventually turned to dependence, and years after his first beer -- consumed at a Newport, Rhode Island, dinner party -- Bill Wilson finally had to come to terms with the fact that, while he loved the way alcohol made him feel, his life was spiraling out of control. Through a painful process of trial and error, using a blend of experiences, ideas, and medical knowledge gained through several hospitalizations, he was able to stop drinking. A few months later, when he met Dr. Robert Smith of Akron, Ohio, and was able to help him stop drinking also, Alcoholics Anonymous was born. Each man found in the other the support he needed to overcome the hold alcohol had on them. Together they discovered the power they had to help other alcoholics. Success did not come overnight, however, and as Cheever compellingly relates, Wilson had many struggles in a life fraught with controversies, including experiments with LSD and an unconventional fifty-three-year marriage. As one of the most influential and important thinkers of the twentieth century, Bill Wilson changed the way our society deals with addiction, and his ideas in turn have benefited countless individuals and their families. His life was complex, and in Susan Cheever's fascinating biography, he emerges as a man of great passion and courage; it is a story fully told for the first time.

Anne Smith's Journal, 1933-1939

A Design for Living that Works

Principles Before Personalities

Father Ed Dowling

Bill W.

The Good Book and The Big Book

Quiet Time, Morning Watch, Meditation, and Early A.A.

A.A.'s life-changing program derived almost exclusively from the precepts of A First Century Christian Fellowship (also known as the Oxford Group) of which A.A. was an integral part in its early years. This book is the only study devoted exclusively & specifically to the Oxford Group origins, ideas, principles, practices, & specific impact on A.A., its Big Book, &

its Twelve Steps.

The most exhaustive bibliography (with brief summaries) of all the books known to have been read and recommended for spiritual growth by early AAs in Akron and on the East Coast. Early AAs were cured of Alcoholism. For a decade, the pioneers said so. Alcoholism can still be cured; and this book explores in detail the myth that revisionists, therapists, and treatment folk have perpetuated while ignoring that the original cures were achieved by reliance on the Creator. The whole meaning, history, and detours of the cure situation are thoroughly explored.

Draws on interviews with Bill Wilson's wife to provide a close-up look at a man whose work transformed the lives of thousands of people but who led a complex, sometimes turbulent private life. Reprint. 15,000 first printing.

"In Destroying the Spirit of Rejection best-selling author John Eckhardt exposes this malicious spirit so you can learn how to be set free, restore the broken places in your life, and walk in the blessing and abundance of God. No matter how much your life has been devastated, no matter how much desolation, ruin, pain, hurt, and rejection has come into your life, God is able to restore and heal you." -- Back cover

Introduction to the Sources and Founding of Alcoholics

Anonymous

My Name is Bill

Changed by Grace

Getting Comfortable Now That Everything Is Different

New Light on Alcoholism

The Art of Anatheism

Finding Out Who You Really Are

Dick B. is regarded as the leading historian of A.A. today. He is a retired attorney, Bible student, and recovered AA who has sponsored over 100 men in recovery. He has published 33 titles on the history of early A.A.'s spiritual roots and successes. He frequently speaks before recovery audiences throughout the United States.

Spiritual Roots of Restorative Justice, The

More on the Creator's Role in Early A.a

Living the Twelve Traditions in Today's World

The Akron Genesis of Alcoholics Anonymous

Third Year Sobriety

A Man's Way through the Twelve Steps

One Simple Idea