## Our Inner Ape: The Best And Worst Of Human Nature

Visit the author's Web site at www.ourinnerape.com It's no secret that humans and apes share a host of traits, from the tribal communities we form to our irrepressible curiosity. We have a common ancestor, scientists tell us, so it's natural that we act alike. But not all of these parallels are so appealing: the chimpanzee, for example, can be as vicious and manipulative as any human. Yet there's more to our shared primate heritage than just our violent streak. In Our Inner Ape, Frans de Waal, one of the world's great primatologists and a renowned expert on social behavior in apes, presents the provocative idea that our noblest qualities—generosity, kindness, altruism—are as much a part of our nature as are our baser instincts. After all, we share them with another primate: the lesser-known bonobo. As genetically similar to man as the chimpanzee, the bonobo has a temperament and a lifestyle vastly different from those of its genetic cousin. Where chimps are aggressive, territorial, and hierarchical, bonobos are gentle, loving, and erotic (sex for bonobos is as much about pleasure and social bonding as it is about reproduction). While the parallels between chimp brutality and human brutality are easy to see, de Waal suggests that the conciliatory bonobo is just as legitimate a model to study when we explore our primate heritage. He even connects humanity's desire for fairness and its morality with primate behavior, offering a view of society that contrasts markedly with the caricature people have of Darwinian evolution. It's plain that our finest qualities run deeper in our DNA than experts have previously thought. Frans de Waal has spent the last two decades studying our closest primate relations, and his observations of each species in Our Inner Ape encompass the spectrum of human behavior. This is an audacious book, an engrossing discourse that proposes thought-provoking and sometimes shocking connections among chimps, bonobos, and those most paradoxical of apes, human beings.

From the New York Times bestselling author of Mama's Last Hug and Are We Smart Enough to Know How Smart Animals Are?, a provocative argument that apes have created their own distinctive cultures In The Ape and the Sushi Master, eminent primatologist Frans de Waal corrects our arrogant assumption that humans are the only creatures to have made the leap from the natural to the cultural domain. The book's title derives from an analogy de Waal draws between the way behavior is transmitted in ape society and the way sushi-making skills are passed down from sushi master to apprentice. Like the apprentice, young apes watch their group mates at close range, absorbing the methods and lessons of each of their elders' actions. Responses long thought to be instinctive are actually learned behavior, de Waal argues, and constitute ape culture. A delightful mix of intriguing anecdote, rigorous clinical study, adventurous field work, and fascinating speculation, The Ape and the Sushi Master shows that apes are not human caricatures but members of our extended family with their own resourcefulness and dignity.

"New York Times best-selling author and world-renowned primatologist Frans de Waal explores sex and gender in both humans and other animals. Though many scholars now argue that gender differences are purely a product of socialization, primatologist Frans de Waal illustrates in Different the scientific, evolutionary basis for gender differences in humans, drawing on his decades of experience working with our closest ape relatives: chimpanzees and bonobos. De Waal illuminates their behavioral and biological differences, and compares and contrasts them with human behavior: male domination and territoriality in chimpanzees and the female-led pacific society of bonobos. In his classic conversational style and a narrative rich in anecdotes and wry observations, de Waal tackles topics including gender identity, sexuality, gender-based violence, same-sex rivalry, homosexuality, friendship, and nurturance. He reveals how evolutionary biology can inform a more nuanced-and equitable-cultural understanding of gender. Ultimately, he argues, our two nearest primate relatives are equally close to us, and equally relevant. Considering all available evidence, we can learn much about ourselves and embrace our similarities as well as our differences"--

Sit. Stay. LEAD!The Presidogs of the United States of Pawmerica is a re-imagining of history, telling the story of the forty-four men who have led this nation as if they were furry, fun-loving dogs. How would a rambunctious pooch have handled the Embargo Act of 1807? Or the Cuban Missile Crisis? Or a Civil War?! This coffee table book answers these questions, as well as provides the reader with an endless supply of historical and pawlitically charged puppy puns. Consti-CHEW-tion, anyone? Since every president is matched to a different breed of dog, this full color volume provides the reader with a concise personality profile for each represented breed. It's a great gift idea for animal lovers, history buffs, goofballs, hipsters, and children of all ages. Learn about history! Learn about dogs! All while laughing your silly head off. The Presidogs of the United States of Pawmerica is a guirky, educational and thoroughly adogable read for the whole family!

A Path for Evolving Souls Living Through Personal and Planetary Upheaval

All Eye's on U

The Book on Internal STRESS Release

Get Powerful Health and Nutritional Secrets

The Chimp Paradox

A Houston Zoo Volunteer's Diary of Love as an Orangutan Mom

A zoo volunteer shares her diary of 12 years working in the World of Primates at the Houston Zoo. She helped raise three orangutan babies and a baby siamang gibbon, and was loved, hugged, and peed on by all four. When she wasn't helping with the babies, she helped clean orangutan cages and continues to do so. In this book she shares her experience learning about the orangutans; watching their interactions with each other, the keepers, other volunteers, and vet staff. Orangutan means "person of the forest" and that's how she thinks about her orange ape buddies. They are her friends. This diary lets you share her experiences as a zoo volunteer; the best non-paying job in the world according to her.

VISIONARIES ARE THE KEY TO MAKING OUR WORLD A BETTER PLACE! In compelling, concise, easy-to-read chapters, Visionary: Making a Difference in a World that Needs You makes the case that ordinary people can create extraordinary change in the world by learning and applying four basic principles distilled from visionaries of our past and present. You'll discover: The major difference between a visionary and a dreamer A step-by-step process for finding how you are best suited to make a difference in the world A step-by-step process for crafting an inspiring vision for you or your organization A step-by-step process for creating a practical roadmap to achieving your vision Four questions you must answer before people will buy-in to your vision Six characteristics of someone who has found their purpose How busy people can still make a difference in the world Filled with practical, actionable strategies and exercises. This book will guide you to a life of meaning, contribution, vision and purpose.

Explores what our two closest relatives in the animal kingdom -- the chimpanzee & the bonobo -- can tell us about our own human nature aspects of human nature -- power, sex, violence, kindness & morality -- through our two closest cousins in the ape family. For nearly 20 years, Frans de Waal has worked with both the famously aggressive chimpanzee & the lesser-known, egalitarian, erotic, matriarchal bonobo, two species whose DNA is nearly identical to that of humans. He brings these apes to life in this book, revealing their personalities, relationships, power struggles & games. An engrossing narrative that explores what their behavior can teach us about ourselves & each other. Illustrations.

One of the world's foremost primatologists explores what our two closest relatives in the animal kingdom - the chimpanzee and the bonobo - can tell us about the duality of our own human nature

Wildlife in Central America 2

Rediscover the Constitution and Get America Out of Its Fiscal Death Spiral

Attack of the Cicadas

The Best and Worst of Human Nature

Creative Stress

How to Discover Its Hidden Order

The Instant-Series Presents "Instant Genius" How to Think Like a Genius to Be One Instantly! When you hear the word "genius" - what immediately pops into your mind? Perhaps, people like Albert Einstein, Isaac Newton, Leonardo da Vinci, and Thomas Edison just to name a few. What did all these folks have? What was the common factor that made them a genius? And is possible for you to also be like them? Now what is a genius? Geniuses are, first and foremost, extraordinary individuals... They are always somewhat ahead of their time, and their contributions to the world have shaped society into what we know it as of today with all the remarkable fleets of advanced achievements unheard of in the past - just look at how far we have come with modern medicine, science, technologies, etc. And geniuses have helped mankind evolved into more intelligent beings - pushing us to all strive for even greater possibilities. So how to become a genius? The widely-accepted notion is...you're either born with a genius IQ or not; however, being a genius has less to do with your level of intelligence. Everybody has their own form of genius. The key is how to unlock that inner genius of yours. Within "Instant Genius": \* How to easily create a custom "genius trigger button" step-by-step, so you can activate it to turn on your full-intellectual mental capacity at will, at anywhere, and at anytime. \* How to channel your inner genius through the power of your subconscious mind, by doing the "subconscious self-session" technique to open doors to new ways of thinking. \* How to use personalized "visual mental imprints" as your sources of inspirations and motivations to spark your creative genius to generate unlimited innovative ideas. \* How to develop genius reflexes to handle any complex problem and come up with ingenious solution to have people look up to you, always wanting to hear what you have to say. \* How to optimize your mind to work in relentless genius mode with full concentration and inexhaustible energy where obstacles no longer exist, through an in-depth "4-stages process" you can implement whenever you want. \* Plus, custom practical "how-to" strategies, techniques, applications and exercises on how to think like a genius. ...and much more. All of us has the potential to be our own geniuses. You just only need to be guided on how to unleash that genius brain power within you - to finally realize what you're truly capable of. You will be amazed and even surprised yourself.

Why is revenge such a pervasive and destructive problem? How can we create a future in which revenge is less common and forgiveness is more common? Psychologist Michael McCullough argues that the key to a more forgiving, less vengeful world is to understand the evolutionary forces that gave rise to these intimately human instincts and the social forces that activate them in human minds today. Drawing on exciting breakthroughs from the social and biological sciences, McCullough dispenses surprising and practical advice for making the world a more forgiving place. Michael E. McCullough (Miami, Florida), an internationally recognized expert on forgiveness and revenge, is a professor of psychology at the University of Miami in Coral Gables, Florida, where he directs the Laboratory for Social and Clinical Psychology.

With the Dawn of Humans, the battle for the world begins... When the world began, the human race lived as nothing more than cattle. A great group of creatures known as the Blood Walkers ruled the world. They protected the balance between the species until something happened that no one ever saw coming. Humans have just learned of the Walker's deadliest secret, and with it, it will be only a matter of time before they learn how to use it to change the world.

In this thoroughly engaging book, leading primatologist and thinker Frans de Waal offers a heartening, illuminating new perspective on human nature. Bringing together his pioneering research on primate behavior, the latest findings in evolutionary biology, and insights from moral philosophy, de Waal explains that we don't need the specters of God or the law in order to act morally. Instead, our moral nature stems from our biology-specifically, our primate social emotions, which include empathy, reciprocity, and fairness. We can glimpse this in the behavior of our closest relatives in the animal kingdom: chimpanzees soothe distressed neighbors, and bonobos will voluntarily open a door to offer a companion access to their own food. Building on a wealth of evidence, de Waal reveals that morality is not dictated to us by religion or social strictures. Rather, it is the inevitable product of our biological nature. The Ape And The Sushi Master

Nature's Lessons for a Kinder Society

The Forgotten Ape Wakeupnigga

The Bonobo and the Atheist: In Search of Humanism Among the Primates

With the combination of Coach Melvin's Dynamic Application of Internal Awareness(tm) (DAIA) Method, Dr. Totton's 100-day method to condition your body's neural pathways to establish a new habit which then becomes automatic, and with Dr. Painter's method of committed practice of Li Family Yixingong (Standing Meditation) to produce profound results at the neurological level, novices to advanced practitioners gain the ability to access your inner core, tapping into an area that can positively affect your overall well-being, prevent stress from taking hold, and give you perpetual mentalphysical rejuvenation.

Do you want more free book summaires like this? Download our app for free at https://www.QuickRead.com/App and get access to hundreds of free book and audiobook summaries. If you've ever wanted to unlock the moral, sexual, and evolutionary origins of your inner ape, leading primatologist

Frans de Waal 's analysis can take you on a revolutionary journey. We're all familiar with the evolutionary principle which posits that humans evolved from primates, but de Waal uses his expertise in primatology to explore this concept in greater detail. Arguing that humans are just as closely related to the gentle bonobo species as their aggressive counterparts, the Chimpanzees, de Waal compares and contrasts the two primates and argues that their lifestyles and sexual behavior has a great deal to teach us about the origins of human morality. Your inner Chimp can be your best friend or your worst enemy...this is the Chimp Paradox Do you sabotage your own happiness and success? Are you struggling to make sense of yourself? Do your emotions sometimes dictate your life? Dr. Steve Peters explains that we all have a being within our

minds that can wreak havoc on every aspect of our lives—be it business or personal. He calls this being "the chimp," and it can work either for you or against you. The challenge comes when we try to tame the chimp, and persuade it to do our bidding. The Chimp Paradox contains an incredibly powerful mind management model that can help you be happier and healthier, increase your confidence, and become a more successful person. This book will help you to: -Recognize how your mind is working -Understand and manage your emotions and thoughts -Manage yourself and become the person you would like to be Dr. Peters explains the struggle that takes place within your mind and then shows you how to apply this understanding. Once you're armed with this new knowledge, you will be able to utilize your chimp for good, rather than letting your chimp run rampant with its own agenda.

Our Inner ApeThe Best and Worst of Human Nature

Love Me Gently

Gender Through the Eyes of a Primatologist

Unleash Your Inner Pleasure: 21 Secrets of Being Comfortable about Your Sexuality, Having Better Relationships and Enjoying Sex More The Orang Gang Et Al; Loved, Hugged and Peed On

Cultural Reflections Of A Primatologist

A midnight ritual by a secret society in the English Countryside nearly costs Thomas Spell his life. He returns home to Chicago to find that he carries within himself something unspeakable - a condition for which he believes there is no cure, until he meets Penelope, a beautiful a heal him. But the Brotherhood searches for him still, convinced that he holds the key to an unimaginable power. As his life begins to spiral out of control, Thomas is forced to confront his own past, as well as the dark forces closing in on him and everything he holds dear. Jonathan Bricklin's debut novel is astounding for its intellectual playfulness and verbal ingenuity, and for the exuberant voice of Willy Nilly, the young hero of this unexpected adventure. Telepathy, Tetherball, Turtles, Politics, Pirates, Lemonade, Cryogenics, Waterslides and Hologra madcap frenzy of metaphorical escapism. If Raymond Chandler and Tom Robbins adopted a baby it might grow up to write a book like this. Run for your life. Take cover. The Cicadas are coming. Everyone dreaded the return of the 17 year Cicadas, but no one knew they weren't going to be just a nuisance. This time they are coming back for Blood, ... Human Blood! There is nowhere to run, nowhere to hide once the g

Primatologist Frans de Waal and wildlife photographer Frans Lanting present the most up-to-date perspective available on the bonobo, the least known of the great apes. 75 color plates Making a Difference in a World That Needs You

The Evolution of the Forgiveness Instinct

Different The Portal to Your Inner World

Are We Smart Enough to Know How Smart Animals Are? Probing the Depths of Evil and Good

Within a month of buying a Palm Beach condo, Audrey and Nate Stevens meet the eccentric millionaire Vincent Xaveir Houten. Their friendship lasts fifteen years but is brought to an abrupt halt when Vincent is murdered by a point-blank gunshot to the head. Being the last to see the victim alive always makes you the first suspect. That's the case for the Stevens until they convince police they'd never commit such a gruesome act. Once they're cleared, their relationship with Vincent turns them into trusted advisors as a Palm Beach detective searches frantically for a lead. The investigation heads to Kansas City, Missouri, where Nate organizes funeral services for Vincent. Motives of greed and jealousy emerge as suspects visit the funeral, and a Kansas City detective joins the search for clues. Finding the suspects, though, is the easy part. There's more to the story, and that's what keeps the Stevens scratching their heads. If this is a murder of opportunity, who has the most to gain?

Congratulations, you've found the best book summaries on the internet. Fed up of sifting through long winded summaries, I've condensed the best books, from the best books is the ideal way to see into the future to prevent being traumatised by events. Reading before you go through these challenges helps your preparation is the key to confidence. When I read a book, I usually only find a handful of good ideas. Once you've read a lot of books, you find the same ideas repeated over and over. When you've read so many, each new book may contain only 1 new idea or no new ideas. It's easy to feel like the time spent reading starts to have significantly diminishing returns. At the same time, the more you learn, the better your relationships will be with both genders which effects your life in every possible way. To save your time, I've created this series of relationships book summaries, with the key points without writing paragraph after paragraph to back up the ideas and take up more space (the most annoying thing ever). While creating this series, my relationships have improved substantially. I'm a lot more relaxed, outgoing and it's easier for me to communicate with people. Join me on the journey while we learn everything there is to know! Remember, you'll read a lot of conflicting advice, and it's up to you to decide how you want to live your life. Some of the authors will write directed at males and some directed at females. It's important to read both, so you can enjoy a balanced perspective of the world! You'll love the series and it'll improve your understanding of life and relationships! Here's the summaries in the first book:1 - Sex at Dawn - Cacilda Jethá and Christopher Ryan. 2 - How to Win Friends and Influence People - Dale Carnegie3 -Lying - Sam Harris4- Attached - Amir Levine and Rachel Heller5 - The State of Affairs - Esther Perel6 - The Art of Seduction - Robert Greene7 - Men Are From Venus - John Gray8 - The Red Queen - Matt Ridley9 - Our Inner Ape - Frans De Waal10 - Dirty Minds - Kayt SukelGuys/girls it's crucial that you start the journey to becoming better in your relationships. By making your way through this series, you'll have the potential to enter the top 1% you'll need to apply the knowledge, which due to your personality might be challenging, The reality is, however, just having the awareness will make your far above average. Even if you struggle to implement, you can still teach others what you know. People who are naturally masters in their relationships/communication have recently started coming to me for advice, which shocks me because I've never been a

great communicator. If you want to astound people with your knowledge on relationships, embarking on this book summary series is the way! A New York Times bestseller: "A passionate and convincing case for the sophistication of nonhuman minds." —Alison Gopnik, The Atlantic Hailed as a classic, Are We Smart Enough to Know How Smart Animals Are? explores the oddities and complexities of animal cognition—in crows, dolphins, parrots, sheep, wasps, bats, chimpanzees, and bonobos—to reveal how smart animals really are, and how we've underestimated their abilities for too long. Did you know that octopuses use coconut shells as tools, that elephants classify humans by gender and language, and that there is a young male chimpanzee at Kyoto University whose flash memory puts that of humans to shame? Fascinating, entertaining, and deeply informed, de Waal's landmark work will convince you to rethink everything you thought you knew about animal—and human—intelligence.

The Portal To Your Inner World is a self-awareness/self-help book. The self-awareness aspect of the book describes a process to change and eliminate disruptive emotions, thinking, and behaviors. This process is called Stored Feelings Reintegration. The self-help approach is not to talk our self into changing our thoughts. It's about, even requires, a different way of looking at what happens inside our body and mind when our emotions are causing us problems. This change of perspective offers an inward pathway which enables our emotions, mind, and body to come together for positive change.

A Wolf Like Me 25 More Amazing Animals Living in Tropical Rainforest and River Habitats

Our Inner Ape by Frans de Waal (Summary)

Fix It Now **Dreams of Trees** 

The Presidogs of the United States of Pawmerica

"This book shows you the workings of your unconscious mind!" A short interview with Artho Wittemann - author of The Intelligence of the PsycheYou developed IndividualSystemics. What characterizes it? Artho S. Wittemann: IndividualSystemics recognizes the psyche as a self-organizing system of autonomous units which possess a personal nature. The key now is to experience the individual "Inner Persons" in direct contact and to recognize their deeper nature. How did you come up with this concept? Artho S. Wittemann: Mainly through our experiences gained in practice. It is a very special event, when one is allowed to encounter the essential qualities of an Inner Person directly. One can experience the Inner Person with great clarity, depth and unambiguity. Often it is the Inner Persons themselves, which describe their character as female, male, childlike, instinctive or transcendent. It is a great relief for them to understand and see themselves so clearly. Of what benefit is your work to interested laypeople? Artho S. Wittemann: Everyone knows from personal experience, how confusing and frustrating the movements of the psyche can be. We

are simply not the master of our own house, as Freud once so rightly said. We find ourselves to be a certain person who we neither know the internal structure of nor the deeper motives nor the original nature. Just the fact that our inner world has a meaningful and understandable architecture is very relieving news for many people. What is the foundation of the "Five Continents" you have described which form the archetypal primary field of the psyche? Artho S. Wittemann: The Five Continents of the Psyche - Man, Woman, Child, Animal and God - are the five archetypes of human existence. If you have gotten to know an Inner Person to the extent of their essence-like depth, they can be clearly assigned to one of the Five Continents. The profoundest values of human existence are associated with them: female relatedness, male structure, childlike sensitivity, instinctual survival power and divine transcendence. In infinite manifestations, the Inner Persons foster these qualities in our lives. However - in a state of opposition - they hide and protect these qualities, often beyond recognition. How does your model enrich therapeutic practice? Artho S. Wittemann: Individual Systemics has mainly three gifts for therapeutic practice. Radical distinction between content and source - what someone says and who in him is saying it - quickly leads to the heart of things. Talking about things turns into a direct in-depth encounter. At the same time this encounter is conducted by a very clear meta-model. The therapist knows where he is and where not. The precision of his movements increases by a multiple. The high precision in turn means that the Inner Persons are no longer able to avoid direct contact as easily. Their evasive movements are detected and identified as a result of being in a like-to-like contact and named-which allows exploring in further depth. Why is resistance no hurdle for deep psychological insights, but on the contrary, the gateway to the psyche? Artho S. Wittemann: One of the basic principles of the psyche is to protect its depths against hostile or perceived hostile influences. This protective reaction is called resistance. If there are several Inner Persons and each them protects itself in his own way and based on its own motives, then I can already see on the basis of the resistance "who" I am dealing with here. So I don't have to overcome the resistance in order to get at the truth; the resistance itself is an expression of "truth". If I am sincerely interested in this truth, respect it and recognize it, it will become a door into deeper layers of the Inner Person. Creative Stress reveals with precision how we can and must transmute negative stress so that we can evolve individually and collectively. It offers the reader a steady climb to the higher reaches of human creativity and fulfillment, and is packed with compelling stories from O'Dea's exceptionally rich experience.

What happens when Cooper, a newly adopted puppy, takes up residence in Henry's home? The little pooch sure is adorable, but who knew he had so much to learn! Love Me Gently is a kid's guide to man's best friend. It captures the everyday challenges of raising a pup through a child's eye. But who is teaching who? Henry may be coaching Cooper, but he is also discovering valuable lessons about responsibility, unconditional love, patience, and kindness along the way!

These days too many people are missing out on rewarding relationships and a fulfilling sex life. Yet they often suffer in silence. According to relationship expert Oberdan Marianetti, this unnecessary suffering is largely driven by lack of information and misplaced expectations. People usually don't know the right questions to ask or whose answers to trust. In "Unleash Your Inner Pleasure," a fun and informative book based on the experience of many years' study and counselling with clients, he encourages people to ask the right questions about relationships, sexuality and life. He shows that making it "normal" and easy to speak about sex means people can gain a more positive and realistic sense of being sexual and fulfilling relationships. Readers will come away from this book tickled by what they read, comfortable addressing their questions with those around them and curious to explore more.

The Age of Empathy

Visionary A Leading Primatologist Explains Why We Are Who We Are

Multireligious Views and Case Studies

Instant Genius LIFELINE

A little bit of this, a little bit of that. Shit, Niggas need to know!

In the few years since the attack on the World Trade Center on September 11, 2001, evil has become a central theme in the media and human consciousness: the evil of terrorism, the evil of secular culture, concern for poverty, and climate change... Yet different cultures and religious traditions have different ideas of what evil is and what its root causes are. Although there is no massive clash of cultures, many disagreements and also conflicts in the world arise from the deep differences in views of evil. This volume explores religious views of evil. Scholars from different religions and from various parts of the world describe how people probe the depths of evil—and by necessity that of good—from their own background in various worldviews. In their explorations, almost all address the need to go beyond morality, and beyond legalistic definitions of evil and of good. They point to the radical depths of evil in the world and in human society and reinforce our intuition that there is no easy solution. But if we can gain a better understanding of what people from other worldview traditions and cultures consider evil, we are that much closer to a more peaceful world.

It had seemed so simple, even fun, when they explained it: New York needed non-satellite-based relay towers. Commco sent me to find towns along the needed pathway, to offer to restore some of the boons of civilization in return for an agreement to build, power and guard the towers. After all, it had only been fifty years. I would never have believed that the countryside would have turned barbaric so fast. Thus begins Martin Barrister's journey through an unfamiliar landscape, where his training and skills are of little help, and only quick wits and creativity will allow him to survive. When his job turns out to be a ruse, and he becomes bait in a dispute he can barely fathom, Martin discovers what loyalty is worth. And what civilization is - and isn't - comprised of.

The story of "The Ancient" continues... Joseph Miller and Mike Samson are closing in on one of the Fallen on the busy streets of New York City, with the help of a young woman who just happens to grow fur and fangs. Little do they know someone from Miller's past is hunting them to settle a grudge over a thousand years old. Meanwhile, Lizzie Namgung is desperately searching for her missing friend Ann. Much to her surprise, so is the FBI. As a new evil spreads across the city of Newark, Lizzie finds herself caught in a web of murder, mayhem, and monsters. Ancient Awakening is a Horror/Action novel with just the right touch of comedy. Ancient Enemies is the second book in the series that follows the adventures of eccentric demon hunter Joseph Miller. His job is to defend the human race against seven mythical demons and their offspring. Unfortunately for us, he has been dead for the last hundred years. The series begins with Ancient Awakening, continues here with Ancient Enemies, and is followed by Ancient Revelations. The all-new second edition of Ancient Enemies is professionally edited and 55,700 words. **Beyond Revenge** 

How to Think Like a Genius to Be One Instantly!

Murder at Mar a Lago

The Dawn of Humans

The Ape Within Us

Flicking Boogers in the Wind

A reader-friendly explanation of the need to restore limited government and other American founding values.

In this thought-provoking book, the acclaimed author of Our Inner Ape examines how empathy comes naturally to a great variety of animals, including humans. Are we our brothers' keepers? Do we have an instinct for compassion? Or are we, as is often assumed, only on earth to serve our own survival and interests? By studying social behaviors in animals, such as bonding, the herd instinct, the forming of trusting alliances, expressions of consolation, and conflict resolution, Frans de Waal demonstrates that animals-and humans-are "preprogrammed to reach out." He has found that chimpanzees care for mates that are wounded by leopards, elephants offer "reassuring rumbles" to youngsters in distress, and dolphins support sick companions near the water's surface to prevent them from drowning. From day one humans have innate sensitivities to faces, bodies, and voices; we've been designed to feel for one another. De Waal's theory runs counter to the assumption that humans are inherently selfish, which can be seen in the fields of politics, law, and finance. But he cites the public's outrage at the U.S. government's lack of empathy in the wake of Hurricane Katrina as a significant shift in perspective-one that helped Barack Obama become elected and ushered in what perhaps could become an Age of Empathy. Through a better understanding of empathy's survival value in evolution, de Waal suggests, we can work together toward a more just society based on a more generous and accurate view of human nature. Written in layman's prose with a wealth of anecdotes, wry humor, and incisive intelligence, The Age of Empathy is essential reading for our embattled times. "An important and timely message about the biological roots of human kindness."—Desmond Morris, author of The Naked Ape

Thomas is a man who appreciates simple things; his small house and the beautiful trees that surround it. When the trees are removed and replaced by buildings, Thomas must cope with this change, and readers learn to see beauty in their surroundings. Featuring lush, bright, intricate illustrations.

Wildlife in Central America 2; 25 MORE Amazing Animals living in Tropical Rainforest and River Habitats is the second book that introduces more wildlife species living in Central America. Stunning colorful photos and descriptive text provides an exciting look at many fascinating and some unusual creature in the wild; from endangered Great Green Macaws resting high in the treetops to Collared Peccary foraging on the forest ground; from skittish Black River Turtles swimming in the rivers and streams to the colorful Blue-Crowned Motmot sitting on branches of trees. More and more readers will understand and appreciate the precious world around us by exploring and learning about the many amazing wild creatures living in Central America and around the world. This book will appeal to wildlife enthusiasts and animal lovers of all ages.

**Plain Molly Good Natured** 

Bonobo

Our Inner Ape

10 Relationship Book Summaries