



are simply not the master of our own house, as Freud once so rightly said. We find ourselves to be a certain person who we neither know the internal structure of nor the deeper motives nor the original nature. Just the fact that our inner world has a meaningful and understandable architecture is very relieving news for many people. What is the foundation of the "Five Continents" you have described which form the archetypal primary field of the psyche?Artho S. Wittemann: The Five Continents of the Psyche - Man, Woman, Child, Animal and God - are the five archetypes of human existence. If you have gotten to know an Inner Person to the extent of their essence-like depth, they can be clearly assigned to one of the Five Continents. The profoundest values of human existence are associated with them: female relatedness, male structure, childlike sensitivity, instinctual survival power and divine transcendence. In infinite manifestations, the Inner Persons foster these qualities in our lives. However - in a state of opposition - they hide and protect these qualities, often beyond recognition.How does your model enrich therapeutic practice?Artho S. Wittemann: IndividualSystemics has mainly three gifts for therapeutic practice. Radical distinction between content and source - what someone says and who in him is saying it - quickly leads to the heart of things. Talking about things turns into a direct in-depth encounter. At the same time this encounter is conducted by a very clear meta-model. The therapist knows where he is and where not. The precision of his movements increases by a multiple. The high precision in turn means that the Inner Persons are no longer able to avoid direct contact as easily. Their evasive movements are detected and identified as a result of being in a "like-to-like" contact and named- which allows exploring in further depth. Why is resistance no hurdle for deep psychological insights, but on the contrary, the gateway to the psyche?Artho S. Wittemann: One of the basic principles of the psyche is to protect its depths against hostile or perceived hostile influences. This protective reaction is called resistance. If there are several Inner Persons and each them protects itself in his own way and based on its own motives, then I can already see on the basis of the resistance "who" I am dealing with here. So I don't have to overcome the resistance in order to get at the truth; the resistance itself is an expression of "truth". If I am sincerely interested in this truth, respect it and recognize it, it will become a door into deeper layers of the Inner Person. Creative Stress reveals with precision how we can and must transmute negative stress so that we can evolve individually and collectively. It offers the reader a steady climb to the higher reaches of human creativity and fulfillment, and is packed with compelling stories from O'Dea's exceptionally rich experience.

What happens when Cooper, a newly adopted puppy, takes up residence in Henry's home? The little pooch sure is adorable, but who knew he had so much to learn! Love Me Gently is a kid's guide to man's best friend. It captures the everyday challenges of raising a pup through a child's eye. But who is teaching who? Henry may be coaching Cooper, but he is also discovering valuable lessons about responsibility, unconditional love, patience, and kindness along the way!

These days too many people are missing out on rewarding relationships and a fulfilling sex life. Yet they often suffer in silence. According to relationship expert Oberdan Marianetti, this unnecessary suffering is largely driven by lack of information and misplaced expectations. People usually don't know the right questions to ask or whose answers to trust. In "Unleash Your Inner Pleasure," a fun and informative book based on the experience of many years' study and counselling with clients, he encourages people to ask the right questions about relationships, sexuality and life. He shows that making it "normal" and easy to speak about sex means people can gain a more positive and realistic sense of being sexual and enjoy more relaxed and fulfilling relationships. Readers will come away from this book tickled by what they read, comfortable addressing their questions with those around them and curious to explore more.

The Age of Empathy

Visionary

A Leading Primatologist Explains Why We Are Who We Are

Multireligious Views and Case Studies

Instant Genius

LIFELINE

**A little bit of this, a little bit of that. Shit, Niggas need to know!**

**In the few years since the attack on the World Trade Center on September 11, 2001, evil has become a central theme in the media and human consciousness: the evil of terrorism, the evil of secular culture, concern for poverty, and climate change... Yet different cultures and religious traditions have different ideas of what evil is and what its root causes are. Although there is no massive clash of cultures, many disagreements and also conflicts in the world arise from the deep differences in views of evil. This volume explores religious views of evil. Scholars from different religions and from various parts of the world describe how people probe the depths of evil—and by necessity that of good—from their own background in various worldviews. In their explorations, almost all address the need to go beyond morality, and beyond legalistic definitions of evil and of good. They point to the radical depths of evil in the world and in human society and reinforce our intuition that there is no easy solution. But if we can gain a better understanding of what people from other worldview traditions and cultures consider evil, we are that much closer to a more peaceful world.**

**It had seemed so simple, even fun, when they explained it: New York needed non-satellite-based relay towers. Commco sent me to find towns along the needed pathway, to offer to restore some of the boons of civilization in return for an agreement to build, power and guard the towers. After all, it had only been fifty years. I would never have believed that the countryside would have turned barbaric so fast. Thus begins Martin Barrister's journey through an unfamiliar landscape, where his training and skills are of little help, and only quick wits and creativity will allow him to survive. When his job turns out to be a ruse, and he becomes bait in a dispute he can barely fathom, Martin discovers what loyalty is worth. And what civilization is - and isn't - comprised of.**

**The story of "The Ancient" continues... Joseph Miller and Mike Samson are closing in on one of the Fallen on the busy streets of New York City, with the help of a young woman who just happens to grow fur and fangs. Little do they know someone from Miller's past is hunting them to settle a grudge over a thousand years old. Meanwhile, Lizzie Namgung is desperately searching for her missing friend Ann. Much to her surprise, so is the FBI. As a new evil spreads across the city of Newark, Lizzie finds herself caught in a web of murder, mayhem, and monsters. Ancient Awakening is a Horror/Action novel with just the right touch of comedy. Ancient Enemies is the second book in the series that follows the adventures of eccentric demon hunter Joseph Miller. His job is to defend the human race against seven mythical demons and their offspring. Unfortunately for us, he has been dead for the last hundred years. The series begins with Ancient Awakening, continues here with Ancient Enemies, and is followed by Ancient Revelations. The all-new second edition of Ancient Enemies is professionally edited and 55,700 words.**

Beyond Revenge

How to Think Like a Genius to Be One Instantly!

Murder at Mar a Lago

The Dawn of Humans

The Ape Within Us

Flicking Boogers in the Wind

A reader-friendly explanation of the need to restore limited government and other American founding values.

In this thought-provoking book, the acclaimed author of Our Inner Ape examines how empathy comes naturally to a great variety of animals, including humans. Are we our brothers' keepers? Do we have an instinct for compassion? Or are we, as is often assumed, only on earth to serve our own survival and interests? By studying social behaviors in animals, such as bonding, the herd instinct, the forming of trusting alliances, expressions of consolation, and conflict resolution, Frans de Waal demonstrates that animals-and humans-are "preprogrammed to reach out." He has found that chimpanzees care for mates that are wounded by leopards, elephants offer "reassuring rumbles" to youngsters in distress, and dolphins support sick companions near the water's surface to prevent them from drowning. From day one humans have innate sensitivities to faces, bodies, and voices; we've been designed to feel for one another. De Waal's theory runs counter to the assumption that humans are inherently selfish, which can be seen in the fields of politics, law, and finance. But he cites the public's outrage at the U.S. government's lack of empathy in the wake of Hurricane Katrina as a significant shift in perspective-one that helped Barack Obama become elected and ushered in what perhaps could become an Age of Empathy. Through a better understanding of empathy's survival value in evolution, de Waal suggests, we can work together toward a more just society based on a more generous and accurate view of human nature. Written in layman's prose with a wealth of anecdotes, wry humor, and incisive intelligence, The Age of Empathy is essential reading for our embattled times. "An important and timely message about the biological roots of human kindness."—Desmond Morris, author of The Naked Ape

Thomas is a man who appreciates simple things: his small house and the beautiful trees that surround it. When the trees are removed and replaced by buildings, Thomas must cope with this change, and readers learn to see beauty in their surroundings. Featuring lush, bright, intricate illustrations.

Wildlife in Central America 2; 25 MORE Amazing Animals living in Tropical Rainforest and River Habitats is the second book that introduces more wildlife species living in Central America. Stunning colorful photos and descriptive text provides an exciting look at many fascinating and some unusual creature in the wild; from endangered Great Green Macaws resting high in the treetops to Collared Peccary foraging on the forest ground; from skittish Black River Turtles swimming in the rivers and streams to the colorful Blue-Crowned Motmot sitting on branches of trees. More and more readers will understand and appreciate the precious world around us by exploring and learning about the many amazing wild creatures living in Central America and around the world. This book will appeal to wildlife enthusiasts and animal lovers of all ages.

Plain Molly

Good Natured

Bonobo

Our Inner Ape

10 Relationship Book Summaries

The Intelligence of the Psyche