

Paramhansa Yogananda Una Biografia (Ricerca Interiore)

The gap between psychotherapeutic practice and clinical theory is ever widening. Therapists still don't know what role interpersonal relations play in the development of the most common psychopathologies. Valeria Ugazio bridges this gap by examining phobias, obsessive-compulsions, eating disorders, and depression in the context of the family, using an intersubjective approach to personality. Her concept of "semantic polarities" gives a groundbreaking perspective to the construction of meaning in the family and other interpersonal contexts. At no point is theory left in the wasteland of abstraction. The concreteness of the many case studies recounted, and examples taken from well-known novels, will allow readers to immediately connect the topics discussed with their own experience.

Questa è la storia di un eroe moderno: un uomo che, in modo straordinario, ha conseguito incredibili vittorie nella sua vita, non con la forza delle armi, ma con coraggio morale e spirituale. 256 pagine. «Un modello per chi è alla ricerca di Dio e vuole trovare una chiave per rafforzare la propria fede». – scrittrice, giornalista, ricercatrice «Kriyananda ci insegna a lottare e a vincere sul dolore e la sofferenza credendo nell'Amore, nel divino, in Dio. Egli, con la sua devozione ... sta mantenendo aperta la strada per l'evoluzione spirituale». – Fiorella Rustici, scrittrice, ricercatrice spirituale «Kriyananda si colloca come guida spirituale tra i protagonisti più illuminati della nostra epoca per la sua abnegazione incondizionata nel diffondere conoscenze ed esperienze rivolte allo sviluppo della consapevolezza umana». – Sabrina Parsi, Giornalista, Commissione Cultura-Spettacolo-Sport Regione Lazio

Adventures in the Afterlife is a powerful journey of spiritual awakening; a bold quest for answers and enlightenment. The old assumptions of heaven are confronted and an expansive new vision of our continuing life is presented. After being diagnosed with cancer, William Buhlman, author of *Adventures Beyond the Body*, pursued answers to the mysteries of our existence after death. Confronting his mortality, he experienced profound insights into what lies beyond our physical body. Our journey into the next life is the basis for *Adventures in the Afterlife*. The author chronicles his out-of-body experiences and lucid dreams through the eyes of a fictional character, Frank Brooks. The insights are sometimes surprising, but a clear message is always apparent; we are powerful, spiritual beings and we shape our reality now and in the future. The purpose of this book is to prepare us for the many thought responsive environments we will experience. William Buhlman teaches and lectures worldwide on the subjects of out-of-body experiences and spiritual empowerment. Visit the author at www.astralinfo.org.

With over four million copies in print, Paramahansa Yogananda's autobiography has served as a gateway into yoga and alternative spirituality for North American practitioners since 1946. Balancing traditional yoga, metaphysical spirituality, and a flair for the stage, Yogananda inspired countless people to practice Yogoda, his own brand of yoga. His method combined the spiritual and superhuman aspirations of Indian traditions with the health-oriented sensibilities of Western practice. Because the Yogoda program does not rely on recognizable postures and poses, it has remained under the radar of yoga scholarship. *Biography of a Yogi* examines Yogananda's career and Yogoda in the wider context of the development of yoga in the twentieth century. Focusing on Yogis during this early period of transnational popularization, Foxen highlights the continuities in the concept of the Yogi as superhuman and traces the transformation of yoga from a holistic and spiritual practice to its present-day postural practice.

The Wisdom of Yogananda

How to Awaken Your True Potential

A Jesuit in the Ming Court

Elvis and Ginger

Timeless Wisdom From 50 Great Books of Inner Discovery, Enlightenment and Purpose

Autobiography of a Yogi

A fascinating look at India's remarkable impact on Western culture, this eye-opening popular history shows how the ancient philosophy of Vedanta and the mind-body methods of Yoga have profoundly affected the worldview of millions of Americans and radically altered the religious landscape. What exploded in the 1960s, following the Beatles trip to India for an extended stay with their new guru, Maharishi Mahesh Yogi, actually began more than two hundred years earlier, when the United States started importing knowledge--as well as tangy spices and colorful fabrics--from Asia. The first translations of Hindu texts found their way into the libraries of John Adams and Ralph Waldo Emerson. From there the ideas spread to Henry David Thoreau, Walt Whitman, and succeeding generations of receptive Americans, who absorbed India's "science of consciousness" and wove it into the fabric of their lives. Charismatic teachers like Swami Vivekananda and Paramahansa Yogananda came west in waves, prompting leading intellectuals, artists, and scientists such as Aldous Huxley, Joseph Campbell, Allen Ginsberg, J. D. Salinger, John Coltrane, Dean Ornish, and Richard Alpert, aka Ram Dass, to adapt and disseminate what they learned from them. The impact has been enormous, enlarging our current understanding of the mind and body and dramatically changing how we view ourselves and our place in the cosmos. Goldberg paints a compelling picture of this remarkable East-to-West transmission, showing

how it accelerated through the decades and eventually moved from the counterculture into our laboratories, libraries, and living rooms. Now physicians and therapists routinely recommend meditation, words like karma and mantra are part of our everyday vocabulary, and Yoga studios are as ubiquitous as Starbucks. The insights of India's sages permeate so much of what we think, believe, and do that they have redefined the meaning of life for millions of Americans—and continue to do so every day. Rich in detail and expansive in scope, American Veda shows how we have come to accept and live by the central teaching of Vedic wisdom: " Truth is one, the wise call it by many names. "

This is a source of reliable information on the most important new and alternative religions covering history, theology, impact on the culture, and current status. It includes a chapter on the Branch Davidians.

When a ten-year-old boy finds an old book of magic in a bookshop in Ireland, the forces of good and evil gather to do battle over it.

Nel 1946, il grande maestro indiano Paramhansa Yogananda pubblicò la sua famosa Autobiografia di uno yogi. Da allora quel libro ha venduto oltre un milione di copie, è stato definito uno dei cento maggiori libri spirituali del secolo scorso ed è diventato la biografia spirituale più letta di tutti i tempi. La storia di Yogananda ha ispirato milioni di lettori a cercare Dio e la gioia divina in se stessi. Il nuovo Sentiero: la mia vita con Paramhansa Yogananda, scritto dal suo intimo discepolo Swami Kriyananda, è l'indispensabile seguito dell'Autobiografia di uno yogi. È l'unico resoconto della vita di Yogananda che sia mai stato scritto da un discepolo che ha vissuto con il Maestro e a cui egli stesso ha affidato personalmente l'incarico di condividere con il pubblico le sue parole, il suo insegnamento e il suo messaggio. È probabile che il lettore dell'Autobiografia di uno yogi, dopo aver finito di leggere quel libro così ricco di ispirazione, si sia chiesto come fosse vivere con l'autore. Yogananda, infatti, scrisse molto meno di se stesso che dei grandi santi che aveva incontrato; e sebbene il suo libro sia un'autobiografia, egli riuscì a dare l'impressione di essere stato soltanto un umile devoto che cercava la saggezza ai piedi di quei grandi santi. La verità, tuttavia, è che Yogananda era venuto al mondo già pienamente illuminato ed era più saggio della maggior parte dei santi dei quali scrisse. Negli ultimi anni della sua vita, egli confidò al suo discepolo Kriyananda: « Mi recavo da quei santi per ricevere la loro guida, ma loro continuavano a cercare risposte da me! ». Evidentemente era quello il suo ruolo nella vita, simile, in questo senso, a quello di Arjuna, l'anima già illuminata che recitò la parte di un umile devoto che ricerca la verità dalle labbra del Signore Krishna nella Bhagavad Gita. Il lettore viene inoltre lasciato a chiedersi quale sia stata l'esperienza di Yogananda in America: qual era la sua missione in Occidente? come presentò l'antica scienza dello yoga al pubblico moderno? come istruì i suoi discepoli? E, infine, una domanda inevitabile per il lettore che è stato profondamente toccato dalla storia della sua vita: come sarà stato vivere insieme a lui? Nel Nuovo Sentiero, Swami Kriyananda affronta le numerose domande che affiorano spontaneamente in chiunque abbia letto l'Autobiografia di uno yogi. In effetti, Il nuovo Sentiero regala al lettore la sensazione di aver realmente vissuto con il Maestro, poiché racconta, dal punto di vista di ogni discepolo, com'era — e come sarebbe stato per il lettore — vivere insieme a lui. Questo libro condivide gli insegnamenti di Yogananda direttamente, con le sue stesse parole. Serve inoltre come manuale per ogni ricercatore della verità, poiché tratta i problemi comuni che tutti devono affrontare sul sentiero spirituale. Colmo di storie affascinanti, umorismo e rivelazioni intuitive, Il nuovo Sentiero trasmette insegnamenti elevati e verità profonde, esposti però in modo semplice e illustrati uno dopo l'altro...

Bibliografia nazionale italiana

Education for Life

Man's Eternal Quest

Paramhansa Yogananda

Yogananda. Piccole, grandi storie del Maestro

Steve Jobs

Are you ready to discover the hidden resources of joy, love, and power within you?

Paramhansa Yogananda, one of the best-loved spiritual teachers of modern times, offers step-by-step guidance to help you awaken your potential and to prepare you for the inner journey of awakening. You will discover the untold power that lies within, and learn how to take steps daily to live life with greater joy and meaning.

A kaleidoscope of inspiration that lets the reader delve into the ideas of many of our great spiritual thinkers.

In this first volume of the collected talks and essays of Paramahansa Yogananda, readers will journey through some little-known and seldom-explained aspects of meditation, life after death, healing, and the power of the mind.

Paramhansa Yogananda was an Indian yogi and guru who introduced millions of westerners to the teachings of meditation and Kriya Yoga through his book.

Giornale della libreria

Il nuovo Sentiero

Biography of PARAMHANSA YOGANANDA

La mia vita con Paramhansa Yogananda

Adventures in the Afterlife

Preparing Children to Meet the Challenges

In At the origin of the Christian claim Luigi Giussani examines Christ's "claim" to identify himself with the mystery that is the ultimate answer to our search for the meaning of existence. Giussani argues that if we accept the hypothesis that the mystery entered the realm of human existence and spoke in human terms, the relationship between the individual and God is no longer based on a moral, imaginative or aesthetic human effort but instead on coming upon an event in one's life. Thus the religious method is overturned by Christ; in Christianity it is no longer the person who seeks to know the mystery but the mystery that makes himself known by entering history. At the origin of the Christian claim presents an intriguing argument supported with ample documentation from the gospels and other theological writing.

Matteo Ricci (1552-1610) is widely considered the most outstanding cultural mediator of all time between China and the West. This engrossing and fluid book offers a thorough, knowledgeable biography of this fascinating and influential man, telling a deeply human and captivating story that still resonates today.

This compelling analysis of the modern Middle East - based on research in 19 archives and numerous languages - shows the transition from an internal history characterised by local realities that were plural and multidimensional, and where identities were flexible and hybrid, to a simplified history largely imagined and imposed by external actors. The author demonstrates how the once-heterogeneous identities of Middle Eastern peoples were sealed into a standardised and uniform version that persists to this day. He also sheds light on the efforts that peoples in the region - in the context of a new process of homogenisation of diversities - are exerting in order to get back

into history, regaining possession of their multifaceted pasts.

Religion or faith in fundamental principles is the foundation upon which the edifice of reasoning or science is built upon. While it is a religion that binds us into courses of action consistent with those fundamental principles, it is a science that enables us to stay clear of inconsistent systems of guiding principles and to practically attain the goals posited by our principles. The Science of Religion by Paramahansa Yogananda arrives by analysis at inner happiness or bliss as the goal that binds all men.

The Essence of the Bhagavad Gita

Matteo Ricci

America's Alternative Religions

The Life Everlasting

Yogiraj Shri Shri Lahiri Mahashay

Un luogo chiamato Ananda

Chronicles the life and career of Paramhansa Yogananda, a masterful guru from India and outlines the his key teachings.

THE NEW YORK TIMES BESTSELLER Elvis Presley's fiancée and last love tells her story and sets the record straight in this deeply personal memoir that reveals what really happened in the final years of the King of Rock n' Roll. Elvis Presley and Graceland were fixtures in Ginger Alden's life; after all, she was born and raised in Memphis, Tennessee. But she had no idea that she would play a part in that enduring legacy. For more than three decades Ginger has held the truth of their relationship close to her heart. Now she shares her unique story... In her own words, Ginger details their whirlwind romance—from first kiss to his stunning proposal of marriage. And for the very first time, she talks about the devastating end of it all and the fifty thousand mourners and reporters who descended on Graceland in 1977, exposing Ginger to the reality of living in the spotlight of a short yet immortal life. Above it all, Ginger rescues Elvis from the hearsay, rumors, and tabloid speculations of his final year by shedding a frank yet personal light on a very public legend. From a unique and intimate perspective, she reveals the man—complicated, romantic, fallible, and human—behind the myth, a superstar worshipped by millions and loved by Ginger Alden. INCLUDES PHOTOS

Giovanni Lombardo, di origini siciliane, nasce a Tunisi il 29 novembre 1958. Figlio di una coppia di immigrati italiani che dalla Tunisia è costretta a tornare in Italia, trascorre una giovinezza burrascosa nel piccolo centro di Aprilia (Latina). Giovanni conosce la delinquenza e la violenza di un paese di provincia negli anni Settanta. Dopo un'esperienza in carcere e un doloroso lutto, intraprende un lungo e complesso percorso di Fede che lo porta a cambiare totalmente vita. Finirà per tirare su e gestire, da laico e in completa autonomia, un centro d'accoglienza Caritas fino a renderlo, in pochi anni, la struttura per i senzatetto più efficiente del territorio. Fare del bene al prossimo diventerà la missione di Giovanni, il suo riscatto. La sua seconda possibilità sarà dare una seconda possibilità. Ringraziando quel Dio che sa scrivere dritto anche sulle righe storte.

A collection of meditations reveal hidden laws for harnessing thought to heal the body, develop confidence, awaken wisdom, and cure bad habits

Whispers from Eternity

Developing a Personal Practice

From Emerson and the Beatles to Yoga and Meditation How Indian Spirituality Changed the West

American Veda

50 Spiritual Classics

La fede è la mia armatura

Draws on more than forty interviews with Steve Jobs, as well as interviews with family members, friends, competitors, and colleagues to offer a look at the co-founder and leading creative force behind the Apple computer company.

The autobiography of Paramahansa Yogananda (1893 - 1952) details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli-Curci said about the book: "Amazing, true stories of saints and masters of India, blended with priceless superphysical information-much needed to balance the Western material efficiency with Eastern spiritual efficiency-come from the vigorous pen of Paramhansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar is renowned as the revered guru of the great pioneer of yoga in the West, Paramahansa Yogananda (author of Autobiography of a Yogi). In this remarkable work - composed in the year 1894 at the request of the great Indian sage, Mahavatar Babaji - Sri Yukteswar outlines the universal path that every human being must travel to enlightenment.

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The Holy Science

A Reality of Romance

Middle East from Empire to Sealed Identities

A Biography, with Personal Reflections and Reminiscences

Autobiografia di uno yogi

God-talk in America

Uno scritto che nasce dalla volontà di fare il punto della situazione sulle esperienze di premorte, ad un quarantennio dalla loro diffusione ed ampia conoscenza presso l'opinione pubblica (grazie al best-seller di Moody), tenendo conto anche del fatto che, verosimilmente, esse rappresentano la fenomenologia più importante e specifica a suggerimento, se non a dimostrazione, della sopravvivenza di un "quid" alla morte fisica: il che, nei nostri tempi d'imperante materialismo nell'establishment culturale e scientifico, assume una particolare rilevanza, di più ancora se, con dono di sintesi, le si sa considerare assieme ad altri fenomeni significativi, come suggerito nel testo stesso.

Per la prima volta a livello mondiale, una raccolta delle più belle storie raccontate da Yogananda nei suoi scritti e nelle sue conferenze. Brevi racconti colmi di umorismo e ispirazione, che cadono con leggerezza nel terreno del cuore per far sbocciare i più bei fiori della saggezza e dell'amore. Un tesoro da assaporare quotidianamente e da condividere con tutti, grandi e piccini. 192 pagine, con illustrazioni a colori di Nicoletta Bertelle, illustratrice di fama internazionale.

From the halls of Harvard to the aisles of bookstores to the kitchen tables of Main Street, Americans are developing a new grammar of God that is fresh and rooted in history. Phyllis Tickle shows us snapshots of religion in America from the 1930s to the present. God-Talk in America argues that there is an emerging new understanding of who and what God is, and of what religion must do. As always, religion is being created in the streets and cafes and bedrooms and kitchens of real America rather than in the seminaries or cathedrals. Phyllis Tickle listens in those ordinary places and shows why a sea-change in religion, theology and spirituality is underway. Her book is both map of the present and compass to the future.

La storia di un uomo e della sua straordinaria realizzazione di un nuovo modello di vita basato sulla spiritualità e sulla cooperazione. È anche una guida pratica per coloro che desiderano vivere guidati dai più alti principi della verità e della libertà interiore. 488 pagine, con foto in bianco e nero.

The Hundred Thousand Songs

Semantic Polarities and Psychopathologies in the Family

NDE - LA PROVA DELLA SOPRAVVIVENZA

The Science Of Religion

Monografie

Biography of a Yogi

"A novel set in Scotland, where the unnamed heroine has been invited to holiday on a yacht sailing the Western Isles and Hebrides while she seaches for happiness and her twin soul"--Synopsis from MarieCorelli.org.uk.

Offers a constructive alternative to modern education by explaining how to help children grow toward full maturity through the emphasis of spritual values. This book is the basis for the Education for Life (EFL) schools and the EFL Foundation, which encourages educators and parents to see children through their soul qualities and trains them to teach innovative principles for better living.

The first yoga text to outline a step-by-step sequence for developing a complete practice according to viniyoga--yoga adapted to the needs of the individual. • A contemporary classic by a world-renowned teacher. • This new edition adds thirty-two poems by Krishnamacharya that capture the essence of his teachings. Sri Tirumalai Krishnamacharya, who lived to be over 100 years old, was one of the greatest yogis of the modern era. Elements of Krishnamacharya's teaching have become well known around the world through the work of B. K. S. Iyengar, Pattabhi Jois, and Indra Devi, who all studied with Krishnamacharya. Krishnamacharya's son T. K. V. Desikachar lived and studied with his father all his life and now teaches the full spectrum of Krishnamacharya's yoga.

Desikachar has based his method on Krishnamacharya's fundamental concept of viniyoga, which maintains that practices must be continually adapted to the individual's changing needs to achieve the maximum therapeutic value. In The Heart of Yoga Desikachar offers a distillation of his father's system as well as his own practical approach, which he describes as "a program for the spine at every level--physical, mental, and spiritual." This is the first yoga text to outline a step-by-step sequence for developing a complete practice according to the age-old principles of yoga. Desikachar discusses all the elements of yoga--poses and counterposes, conscious breathing, meditation, and philosophy--and shows how the yoga student may develop a practice tailored to his or her current state of health, age, occupation, and lifestyle. This is a revised edition of The Heart of Yoga.

The Hounds of the Morrigan

Elvis Presley's Fiancée and Last Love Finally Tells Her Story

Le Righe Storte

L'Italia che scrive

Of Milarepa; the Life-story and Teaching of the Greatest Poet-saint Ever to Appear in the History of Buddhism

Yogananda and the Birth of Modern Yoga