

## Sex, Puberty And All That Stuff: A Guide To Growing Up

**Provides readers with a humorous look at what happens to a teenager's body and mind when they reach puberty.**

**Sex, Puberty and All that StuffA Guide to Growing Up**

**Tom notices that his body is changing. Tom's voice is different and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man. Following Tom as he begins to notice changes to his body, this simple resource helps parents and carers teach boys with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs.**

**Frankly discusses the physical and social changes that occur when a girl goes through puberty, and offers suggestions on how to deal with them.**

**Celebrate Your Body 2**

**How to Talk about Puberty and Sex with your Tween Girl**

**The Girls' Guide to Sex Education**

**A Question-and-Answer Book for Boys and Girls**

**Girls and Boys at Adolescence**

**In Case You're Curious**

**For Younger Girls**

**The Boy's Body Book**

**CONGRATS! YOU HAVE FOUND “THE BOOK”!** Filled with facts, tips, advice, and illustrations, **BUNK 9'S GUIDE TO GROWING UP** is the girl-powered puberty book you'll actually want to read. Written in the voice of the counselors in training at the fictional Camp Silver Moon, it's like having your best friend or older sister share everything there is to know about being comfortable in your changing body. From periods, bras, and hormones to nutrition, exercise, and sleep—to crushes, that first kiss, and ALL the feels—it's the head-to-toe guide to not only surviving puberty but totally, 100% owning it! **GUARD THIS BOOK WITH YOUR LIFE AND USE ITS SECRETS WISELY.** The Top Three Tips for the Best Puberty Ever A Field Guide to Breasts Acne: Self-Care and Skin Care The 'No-Smell' Basics Rocking Your First Period Why Sleep? Boys: They're Changing, Too Crushing It

For more than twenty years, the internationally bestselling team behind *Where Did I Come From?* has helped millions of parents and children talk about the facts of life in a straightforward yet lighthearted way that is respectful of young people's natural intelligence. Warmly and relatably illustrated throughout, *What's Happening to Me?* creates a safe space where families can talk about the physical and emotional changes that happen during puberty and adolescence, answering the questions that kids ask most often. Why is my chest getting bumpy? What's a wet dream? What's a period? Why do I get pimples? What's an erection? Why am I getting hairy? Why is mine not like his? This book answers the big questions, and explains the big changes. One look at the illustrations will tell you that this is not a dull medical textbook but rather it presents the facts of puberty, and it presents them with honesty, sympathy and a sense of humor. If you've been wondering how to have this talk with your children, look no further for a trusted resource that will give you the tools you need to share this critical information sensitively and factually. “You can't deny Mayle's talent for translating adult experience into child-level concepts.” —Kirkus Reviews

This vibrant and beautifully illustrated book teaches children sex, gender and relationships education in a way that is inclusive of all sexual orientations and gender identities. Covering puberty, hormones, pregnancy, consent, sex, babies, relationships and families, it uses gender-neutral language throughout and celebrates diversity in all its forms, including race, ethnicity, faith, bodies, gender and sexuality. For use with children aged 8-12, it will help answer their questions and spark open discussion with parents, carers and teachers. With informative illustrations and further resources and a guide for adults, *The Every Body Book* is the ultimate sex, gender and relationships education resource for children.

Oftentimes, parents avoid having “the talk” with their sons until they are about 15 or 16 years old. However, if you wait too long to talk to your child about puberty and sex, it might be too late. Today, children as young as 9 or 10 years old are experiencing the first signs of puberty. From then, it won't be long before they become curious about sex. Without the proper information and guidance from their parents, young children undergoing puberty might get all the wrong notions about their bodies and about sex. Although having “the talk” with your children may at first seem uncomfortable for you and your child, remember that it is a necessary responsibility to keep them informed, prepared, and safe. So try to be both courageous and confident when you broach this very important topic. And if you have no idea where to start, don't worry! That's exactly what this book was written to help you with. I'm going to explain the best ways to talk to your son about puberty and sex. And although you have undergone puberty and adolescence yourself, it still helps to have a refresher about this developmental stage before discussing it with your child. It's only natural that your son might have questions that he'll want you to answer. After reading this book, you will have the confidence and information you need to discuss puberty with your child and explain to him the changes happening to his body, and you'll also be fully prepared to talk to him about sex. I promise to make this as painless as possible. But the sooner you get started, the sooner you get it over with. So grab this book now and get reading!

**A book about puberty for girls and young women with autism and related conditions**

**A book about puberty for boys and young men with autism and related conditions**

**A Guide to Growing Up**

**The Ultimate Puberty Book for Girls**

**Changing Bodies, Changing Lives**

**Will Puberty Last My Whole Life?**

**Secrets, Tips, and Expert Advice on the Good, the Bad, and the Awkward**

**Puberty in Boys**

Puberty is a time of huge change in the physical body, in emotional experience and in social relationships. Having an understanding of these developments and learning how to deal with them is essential, and for people with Asperger's syndrome it can be a challenge to get to grips with the social and emotional aspects of puberty, sex and relationships. This book is ideal for those who need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity. Sarah Attwood describes developments in both the male and female body, and explains how to maintain hygiene and personal care, and to promote general good health. She examines emotional changes, including moods and sexual feelings, and provides comprehensive information on sex, sexual health and reproduction. She looks at the nature of friendship, how it changes from childhood to adulthood and its importance as a basis for sexual encounter. She also offers coping strategies for different social experiences, from bullying to dating, and includes essential tips on the politics of mature behaviour, such as knowing the difference between public and personal topics of conversation. *Making Sense of Sex* is a thorough guide written in unambiguous language with helpful diagrams, explanations and practical advice for young people approaching puberty and beyond.

Every guys guide to navigating puberty One day, your son is just a regular kid doing regular kid stuff and then--BOOM--puberty hits! If they're wondering what's up with all the body changes (like, "what the heck happened to his voice?"), don't worry--of all the puberty books for boys, this one has all they need to know to stay cool and grow up great. *Growing Up Great* is a body-positive guide to getting through puberty confidently by respecting the body and all of its changes. From how to handle the physical rollercoaster to coping with out-of-whack feelings, this book has your teen's back--so they can focus on all of the good stuff ahead. When it comes to puberty books for boys, this one has it all: Knowledge is power--This book has everything kids need to understand and embrace the physical changes in the journey through puberty. Feel all the feelings--Teens will learn how to cope with strong emotions by tapping into creativity, exercising, or practicing mindfulness--no other puberty books for boys needed. Real topics--Guys will find tons of relevant advice on how to handle today's challenges like social media, peer pressure, and more. Puberty books for boys should help kids sail through changes positively and with self-confidence. *Growing Up Great* delivers.

A body-positive guide to help girls ages 8 to 12 navigate the changes of puberty Puberty can be a difficult time for a young girl—and it's natural not to know who (or what) to ask. *Celebrate Your Body* is a reassuring entry into puberty books for girls that encourages girls to face puberty with excitement and empowerment. From period care to mysterious hair in new places, this age-appropriate sex education book has the answers you're looking for—in a way you can relate to. Covering everything from bras to braces, this body-positive top choice in books about puberty for girls offers friendly guidance and support when you need it most. In addition to tips on managing intense feelings, making friends, and more, you'll get advice on what to eat and how to exercise so your body is healthy, happy, and ready for the changes ahead. Puberty explained—Discover what happens, when it happens, and why your body (and mind) is amazing in every way. Social skills—Learn how to stand up to peer pressure, stay safe on social media, and keep the right kind of friends. Self-care tips—Choose the right foods, exercises, and sleep schedule to keep your changing body at its best with advice you won't find in other puberty books for girls. This inclusive option in puberty books for girls is the ultimate guide to facing puberty with confidence.

Are you a parent of a child approaching puberty? Are you worried about having “that” conversation with them? Do you need some help to frame and phrase the conversation properly to avoid embarrassment on both sides? That help is here, with the straight-talking and no-nonsense *Boy Puberty: How to Talk About Puberty and Sex With Your Tween Boy*. Inside the pages of this book, you will find a wealth of information, written in a casual and open style, which includes advice on: · - How to tactfully raise the issue and speak about it · - Preparing the ground · - What puberty is · - Why puberty happens · - How to prepare your child for puberty · - And more... Aimed at parents of young boys (9 to 13), *Boy Puberty* includes everything you will need to discuss and how to start talking about it. It's never easy talking to young children about sexuality and reproduction, but with this book, you'll be much better prepared and able to answer all the questions he will inevitably have, as well as lay the foundation for an open relationship, where he knows that he can talk to you about anything. Get your copy today and start preparing now!

You Know, Sex

How to Talk to Your Son about Sex and Puberty

Girl Puberty

What's Happening to Ellie?

The Body Book for Younger Girls

What's Happening to My Body? Book for Girls

Everything You Need to Know for Growing Up You

An updated edition of a best-selling reference for younger adolescents shares practical, expert advice on topics ranging from hair care and healthy eating to menstruation and acne. Original.

Did you ever walk out of class having even more questions than when you walked in? You may feel that way about History or Math, but what about your Sexual Health class (if you even had one)? If you're anything like most of the youth in America today, your head is probably spinning with a swirling, high-speed hurricane of questions. It is totally normal to be curious and to have questions about relationships, bodies, consent . . . you name it! But where can your average teen go to get all the reliable and accurate answers they need? In *Case You're Curious (ICYC)*, a text-and-answer program conceived by Planned Parenthood, has been providing this educational service for teens for years. And now In *Case You're Curious: Questions about Sex from Young People with Answers from the Experts* is a big book of answers with funny and educational illustrations, to the most popular and most interesting questions young people have about birth control, development, sexually transmitted diseases, and so much more. Within these pages you will find non-judgmental (and fun!) answers meant to educate teens without the uncomfortable silence or weird eye contact often associated with “The Talk.” With questions like “Does masturbating give you a disease?” and “Is the pineapple thing true?” In *Case You're Curious* isn't afraid to tackle the nitty-gritty questions you may think twice about raising your hand to ask in your Sexual Health class or at home.

As your daughter starts to face the changes and challenges that come with puberty - the most trying point of her young life so far - she will need you to be there and guide her. In order to do so, you must equip yourself to talk with her about puberty, her period, her body's changes, and physical interactions with the opposite sex. This is one of the most important duties you'll have as a parent. You'll need to be prepared with what to say, when to say it, and how to say it, so that your daughter will know when to expect, she will understand the changes that are happening, and she will be more capable of handling it all. If a young girl is educated about the physical and emotional effects brought on by adolescence, then her chances of turning into a well-adjusted young lady with minimal drama are much improved. This book is a guide for every parent out there who's blessed with a daughter. Now that your little princess isn't so little anymore, it's time to help guide her through this pivotal moment as she journeys in the next phase of her life. If you do it right, she will trust you as a confidant, and this time in her life will be much easier, since she'll realize that puberty is just an awkward stage that will pass and that she will soon become a beautiful, confident woman.

The “What's Happening to My Body?” Book for Girls Written by experienced educator and her daughter in a reassuring and down-to-earth style, The “What's Happening to My Body?” Book for Girls gives sensitive straight talk on: the body's changing size and shape; the growth spurt; breast development; the reproductive organs; the menstrual cycle; body hair; diet and exercise; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on anorexia and bulimia, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up is an essential puberty education and health book for all girls ages 10 and up.

It's Perfectly Normal

Asking About Sex and Growing Up

Celebrate Your Body (and Its Changes, Too!)

Bunk 9's Guide to Growing Up

How to Talk to Your Daughter about Sex, Puberty, and a Girl's First Period

A Book for Teens on Sex and Relationships

The Care and Keeping of You Journal 1

How to Talk About Puberty and Sex With Your Tween Boy

*Discusses all aspects of sexuality and sexual behavior, including sexual orientation, masturbation, birth control, and sexually transmitted diseases, and answers teenagers' questions on sex in a straightforward and in-depth manner.*

*A real pediatrician and the author of the bestselling Care & Keeping of You series provides tips, how-tos, and facts about boys' changing bodies that will help them take care of themselves. Full color.*

*Discover your body's awesomeness with the puberty guide for tween and teen girls Puberty is one of the first signs that you're growing up--and that's something to be celebrated. If you're looking for body-positive puberty books for girls but aren't sure where to start--Celebrate Your Body 2 provides the support needed to navigate this whole puberty thing with confidence. From bras and braces to budding romantic feelings, this guide stands out among puberty books for girls as you become an expert on everything from pimples to peer pressure. Of all the puberty books for girls, this one will help you discover how your changing body is beautiful, special, and simply on the way to becoming the number one you. Celebrate Your Body 2 goes beyond other puberty books for girls, including: The shape of you--Explore how and why your body is changing with advice on mysterious hair, period care, and more. Cool and confident--Find calmness during mood swings and increase your self-esteem using creative suggestions and confidence-building tips rarely found in puberty books for girls. Close-knit vs. clique--Learn about choosing the right friends, finding a trusting ear, and the importance of consent. Your body is awesome--now start your journey right with Celebrate Your Body 2, one of the best in puberty books for girls.*

*Ellie notices that her body is changing. Hair is growing in new places and there are other changes happening too. Ellie's mum helps her understand that she has started growing into a woman. Following Ellie as she begins to notice changes to her body, this simple resource helps parents and carers teach girls with autism and related conditions about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as periods. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with girls and young women with autism or related conditions.*

*Making Sense of Sex*

*The Every Body Book*

*"What's Happening To Me?"*

*Puberty Is Gross But Also Really Awesome*

*Sex, Dating, Puberty, and Other Alarming Things*

*The Classic Illustrated Children's Book on Puberty*

*A Book about Changing Bodies, Growing Up, Sex, and Sexual Health*

*REAL Answers to REAL Questions from Preteens About Body Changes, Sex, and Other Growing-Up Stuff*

**Introduces human sexuality, describes the changes brought about by puberty, and discusses sexual abuse, sexually transmitted diseases, AIDS, and pregnancy.**

**When it comes to sex education, parents of adolescent girls often know just as little about where to start as girls themselves. Even the mention of sex education or puberty can make everyone feel uncomfortable, nervous, or insecure. In *The Girls' Guide to Sex Education*, award-winning youth sex education expert Michelle Hope offers down-to-earth, supportive sex education guidance as she addresses the most pressing questions that girls have about sex, puberty, and relationships-directly and without judgment. *The Girls' Guide to Sex Education* will arm girls with a complete understanding of their body and, as a result, will empower them to make informed, healthy decisions.**

**For every tween girl wondering about her changing body and changing brain, this funny and highly illustrated guide is the answer. Packed with advice about everything from periods to bras to body hair—PLUS tips on how to deal with crushes, new emotions, and all the chaos in between! Growing up is fun . . . but it's tough, too. There are a lot of unknowns and it can be weird and messy for girls. Worry not! This book covers EVERYTHING girls need to know, and it's all been reviewed and fact-checked by medical consultant Dr. Radha Modgil. Learn how: To make your body your best friend (not your enemy). To get out there and do YOU (even when you don't want to move off the couch). The thoughts and feelings that make you feel alone are shared by every girl on the planet. To feel amazing through exercise, nutrition, and skin care. And so much more! Great for those who loved *The Care and Keeping of You* or *What's Happening to My Body?***

**From getting kicked out of Bible study to metaphysics with strippers—a misanthrope's wickedly witty observations about the ridiculous, raunchy, and frequently disturbing impulses that propel human existence. With the wit of David Sedaris and the analytical sharpshooting of Sloane Crosley, Ashley Cardiff spares no one—least of all herself—in an absurd and relentlessly funny journey of sexual development. Cardiff reflects on her introverted, awkward and too-smart teenage years to her slightly bolder (but still uncomfortable) adult relationships, all while exploring the rich anthropological terrain of sex and love. Expounding on dating Mormons, the inherent weirdness of adolescent development, sexual nightmare-fantasies about Prince, family members' sex tapes, and narrowly avoiding a teenage orgy, Cardiff recognizes sexuality for the anxiety-making force it is. Weaving adept analysis with hilarious anecdotes, she goes for something much deeper than a rant, crafting satire that's as smart as it is ruthless. Delivering fresh, unapologetic views from the perspective of a precise and ferociously irreverent young female writer, *Night Terrors* is a rollicking manifesto on the agonies of modern life and love.**

**What's Happening to Tom?**

**Over 100 Honest Answers to Urgent Questions about Puberty, Relationships, and Growing Up**

**Puberty, Sexuality and the Self**

**Girls Only! How Will I Change?**

**Night Terrors**

## Growing Up and Sex Education Guide For 8 - 12 Year Olds What's Going on Down There?

### Growing Up for Girls

The companion to our bestselling book, The Care & Keeping of You, received its own all-new makeover! This upated interactive journal allows girls to record their moods, track their periods, and keep in touch with their overall health and well-being. Tips, quizzes, and checklists help girls understand and express what's happening to their bodies - and their feelings about it.

Puberty, Sexuality and the Self considers the effects of puberty and teenage sexuality on adolescents. By analyzing interviews with 55 teenagers, Karin Martin finds that girls' self-esteem drops significantly more than boys' does at adolescence. While this finding is supported by previous studies, Martin picks up where these earlier studies leave off by focusing on girls' development and considering different experiences of puberty and sex as an explanation for girls' greater drop in self-esteem. Puberty, Sexuality and the Self examines voice change, breast development, shaving, expectations of sex, the decision to have sex, experiences of sex and how boys and girls manage their emotions and selves throughout all of these new experiences. Comparing boys and girls at adolescence, Martin takes a qualitative look at puberty and sexuality, supporting her theory in the words of the adolescents themselves.

A guide to sexuality for high school and college students discusses male and female anatomy, orientation and sexual identity, relationships, safe sex, abuse and rape, pregnancy and contraception, and sexually-transmitted diseases.

The Boy's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have about growing up.

A Book about Bodies, Feelings, and YOU

Sex

A Boy's Guide to Growing Up

The LGBTQ+ Inclusive Guide for Kids about Sex, Gender, Bodies, and Families

Puberty Girl

Sex, Puberty and All That Stuff

Co Ed Netherlands

Boy Puberty

A straight-talking book explaining puberty and the emotional, psychological and physical changes girls go through. Covers everything girls want to find out about, including moods and feelings, periods, what happens to boys, diet, eating disorders, exercise, body image, sex and relationships, contraception, self-confidence, drink and drugs, exam stress, and cyberbullying.

American girls undergoes lots Puberty changes. although this is common to millions of young girls, the changes each person experiences is unique.The Supercool menstrual cycle book for girls ages 8-12 book will help you understand how to handle this changes.When you order a copy of the supercool period book for girls, the author explained in simple language with pictures.Find out everything girls need to know about breasts and bras, their period, hair here and there, feelings and friends, and so much more. Your body is special and unique .! Supercool ways expressed have been medically proven to yeild results. and its among the top bestsellers puberty books for girls ages 8, 9, 10, and above. In this book you will find questions and answers that girls have about puberty. if you are an american girl! then read this sex education guide. Facts about your body and what to expect when you are on your period. NoW You can read this book with your parents.(dad and mum) be informed and be empowered for change. Parents, school teachers and Guidian Counsellors will also find this book useful. ORDER A COPY now click the buy now button and see amazing results .

Uses a question-and-answer format to present sex information for preteens.

This text prepares boys for what to expect from puberty and offers advice on what they can do to cope with the physical, psychological, and emotional changes and stay happy and confident as they go through their early teens.

Growing Up for Boys

A Book for Teens : an Uncensored Guide to Your Body, Sex, and Safety

The Care & Keeping of You

Bodies, Gender, Puberty, and Other Things

A Fortright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome

S.E.X.

50 Ways to Learn to Love Your Changing Body

The All-you-need-to-know Progressive Sexuality Guide to Get You Through High School and College

**2016 Winner of the Norma Fleck Award for Canadian Children's Non-Fiction 2016 ALA Stonewall Book Award, Honor Book 2016 ALA Notable Children's Book A comic book for kids that includes children and families of all makeups, orientations, and gender identities, Sex Is a Funny Word is an essential resource about bodies, gender, and sexuality for children ages 8 to 10 as well as their parents and caregivers. Much more than the "facts of life" or "the birds and the bees," Sex is a Funny Word opens up conversations between young people and their caregivers in a way that allows adults to convey their values and beliefs while providing information about boundaries, safety, and joy. The eagerly anticipated follow up to Lambda-nominated What Makes a Baby, from sex educator Cory Silverberg and artist Fiona Smyth, Sex Is a Funny Word reimagines "sex talk" for the twenty-first century.**

**A co-author of Our Bodies, Ourselves presents an expanded revision of a best-seller, first published in 1981, offering teenagers and their parents accurate, impartial advice on sexuality, puberty, body image, and related topics.**

**Reprint. 35,000 first printing.**

**A completely new approach to learning about puberty, sex, and gender for kids 10+. Here is the much-anticipated third book in the trilogy that started with the award-winning What Makes a Baby and Sex Is a Funny Word In a bright graphic format featuring four dynamic middle schoolers, You Know, Sex grounds sex education in social justice, covering not only the big three of puberty—hormones, reproduction, and development—but also power, pleasure, and how to be a decent human being. Centering young people's experiences of pressures and joy, risk and reward, and confusion and discovery, there are chapters on body autonomy, disclosure, stigma, harassment, pornography, trauma, masturbation, consent, boundaries and safety in our media-saturated world, puberty and reproduction that includes trans, non-binary, and intersex bodies and experience, and more. Racially and ethnically diverse, inclusive of cross-disability experience, this is a book for every kind of young person and every kind of family. You Know, Sex is the first thoroughly modern sex ed book for every body navigating puberty and adolescence, essential for kids, everyone who knows a kid, and anyone who has ever been a kid.**

**This Puberty book will help you to understand what you are going through without going into unnecessary detailed information about sex that is more suitable for older teenagers. This book covers topics such as confidence, moods and feelings, pressures of growing up, bullies, physical body changes, periods and boyfriends are explored in this book that has been designed for girls aged between 7 and 13.**

**Growing Up Great!**

**Questions about Sex from Young People with Answers from the Experts**

**The Girl Guide**

**Guy Stuff**

**Sex, Puberty and All that Stuff**

**Sex is a Funny Word**

**Supercool Puberty Book for Girls Ages 9-12**

**The Ultimate Puberty Book for Preteen and Teen Girls**

Are you a parent of a child approaching puberty? Are you worried about having “that” conversation with them? Do you need some help to frame and phrase the conversation properly to avoid embarrassment on both sides? That help is here, with the straight-talking and no-nonsense Girl Puberty: How to Talk About Puberty and Sex With Your Tween Girl. Inside the pages of this book, you will find a wealth of information, written in a casual and open style, which includes advice on: · – How to tactfully raise the issue and speak about it · – Preparing the ground · – What puberty is · – Why puberty happens · – How to prepare your child for puberty · – And more... Aimed at parents of young girls (8 to 13), Girl Puberty includes everything you will need to discuss and how to start talking about it. It’s never easy talking to young children about sexuality and reproduction, but with this book, you’ll be much better prepared and able to answer all the questions she will inevitably have, as well as lay the foundation for an open relationship, where she knows that she can talk to you about anything. Get your copy today and start preparing now!

This friendly book talks to teens in their own language, discussing such issues as puberty, coping with controlling parents, menstruation, dating and sexual activity, contraception, pregnancy, and more. Illustrations.

An expanded and revised edition of the popular flip book for preteens. One half of the book is filled with questions commonly asked by girls entering puberty, and the other half with questions asked by boys. "If you can only afford one book on puberty for this age group, this is the one to have." --School Library Journal This book contains informative, honest, and reassuring answers to questions that preadolescents have about puberty--from friendships and feelings, to pimples, babies, body hair, menstruation, bras, and much more. Straightforward, age-appropriate answers are provided by an experienced nurse-and-physician team who have been giving seminars to preteens and their parents throughout the Pacific Northwest and Bay Area for more than 25 years. Each question in the book has been asked by kids during their classes (many of them frequently). This new edition also contains updated language throughout and additional questions and answers regarding sex, sexuality, consent, and gender identity and norms. The book is also filled with lighthearted and often humorous full-color illustrations throughout.

Boys can have many questions about going through puberty. This classic, appealingly illustrated guidebook--now updated with brand new content relevant to today's kids--is the perfect companion for boys and parents preparing for this important milestone. This guide offers a supportive, practical approach, providing clear and sensitive answers to common issues--from what physical changes you might experience, to what puberty is like for girls, to how to handle the sexual feelings you may be starting to experience. This revised edition is made up of 25% updated content, featuring new sections on: - body image - sexual harassment and consent - using social media safely Complete with funny black-and-white illustrations, this book will give boys the facts they need to feel confident about this new phase of their lives.

The Ultimate Puberty Book for Boys

Puberty, Periods and All That Stuff!

The Essential Guide to Puberty in Girls

Revised Edition

The Body Book for Boys