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Super Learning:
Unlock Your
Super
Limitless Ability
To Learn Anything
You Want
Unlock Your
Limitless
Ability To
Learn
Anything You
Want

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Super Learning:

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An approach to instantly make sense of a topic when

learning from scratch and teaching yourself.

Embarking on anything new is daunting and scary.

That's why you need a blueprint to point you in the right direction and make sure that you are moving forward. The

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skill of self-learning is the ability to change your circumstances and get from Point A to Point B. The Self-Learning Blueprint is the compass that will get you to Point B.

Numerous scientifically-proven techniques are covered, as well as an overarching set of plans to ensure that

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you synthesize and truly understand new information. We all think we know how to learn, but the truth is, we don't know much beyond taking notes and re-reading them.

This won't get you where you want to go. Learn how to learn from the ground up, all by yourself, on any subject matter. This

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Limitless Ability -
improved study skills -

you will understand

the nature of

information itself.

Become an auto-

didact: higher grades,

better job prospects,

more goals achieved,

and the key to

unlocking all doors in

life. Peter Hollins has

studied psychology

and peak human

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performance for over a dozen years and is a bestselling author.

He has worked with a multitude of individuals to unlock their potential and path towards success.

His writing draws on his academic, coaching, and research experience.

Exact step-by-step methods to structure

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your learning and
avoid information

overload. • The four

pillars of self-learning

for expertise and

comprehension.

- Learning myths and
the only thing you DO
need for learning.

- How the 50-50 Rule
ensures

memorization. Make

sure you're not

wasting your time with

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- sub-optimal techniques.
- How to combine old and new information to learn.
- 10 question types to unlock deeper understanding.
- The role of buoyancy, failure, and confidence in learning.

PLEASE NOTE: This is a summary and analysis of the book

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[to/2AwtaDo](https://amzn.to/2AwtaDo) In

Limitless, Jim Kwik

lays out the tools and

strategies anyone can

use to upgrade their

belief system, level up

their motivation and

learning, and live up

to their fullest

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potential. What does
this SNAP Summary
Include? - Synopsis of
the original book -
Key takeaways from
each chapter - What it
means and what it
takes to be limitless -
How to be a better
and faster learner -
Editorial Review -
Background on Jim
Kwik About the
Original Book: Jim

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Kwik has dedicated his life to discovering and teaching the techniques people can use to unlock their most prized abilities, including focus, memory, and thinking. In Limitless, he shares what he has been teaching professional athletes, CEOs, celebrities, and thousands of

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students around the world for more than two decades. His central argument is that if you align the right mindset, motivation, and methods, you can learn and earn faster and create innovative solutions that add value to the world. Anyone looking to supercharge their

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personal growth,
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career, health,

relationships, and
Take on Anything
academics will find

the tips he offers in
this book invaluable.

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The instant New York Times bestseller! "In

The XX Brain, Lisa

meticulously guides

us in the ways we can

both nourish and

protect ourselves,

body and mind, to

ensure our brains

remain resilient

throughout our lives."

--from the foreword by

Maria Shriver The first

book to address

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cognitive
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enhancement and
Alzheimer's
prevention specifically
Anything
Your Mind
in women--and to
frame brain health as
an essential
component of
Women's Health. In
this revolutionary
book, Dr. Lisa
Mosconi, director of
the Women's Brain
Initiative at Weill

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Cornell Medical College, provides women with the first plan to address the unique risks of the female brain. Until now, medical research has focused on "bikini medicine," assuming that women are essentially men with breasts and tubes. Yet women are far more likely than

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men to suffer from anxiety, depression, migraines, brain injuries, and strokes.

They are also twice as likely to end their lives suffering from Alzheimer's disease, even when their longer lifespans are taken into account.

But in the past, the female brain has received astonishingly

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little attention and was rarely studied by medical researchers--resulting in a wealth of misinformation about women's health. The XX Brain confronts this crisis by revealing how the two powerful X chromosomes that distinguish women from men impact the brain first and

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foremost and by
focusing on a key
brain-protective

hormone: estrogen.

Taking on all aspects
of women's health,
including brain fog,
memory lapses,
depression, stress,
insomnia, hormonal
imbalances, and the
increased risk of
dementia, Dr.

Mosconi introduces

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cutting-edge, evidence-based approaches to protecting the female brain, including a specific diet proven to work for women, strategies to reduce stress, and useful tips for restorative sleep. She also examines the controversy about soy and hormonal replacement therapy,

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takes on the perils of environmental toxins, and examines the role of our microbiome.

Perhaps best of all, she makes clear that it is never too late to take care of yourself.

The XX Brain is a rallying cry for women to have full access to information regarding what is going on in their brains and

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bodies as well as a
roadmap for the path

to optimal, lifelong
brain health.

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accelerate your

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offered. In fact, it is
the only speed
reading book that
presents practice
drills at the end of

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every chapter, so by the time you get to the last page, you will have double or tripled your reading, learning, and memory of written information.

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The 10 Skills You
Need to Get Exactly
What You Want

How to Use Advanced
Learning Strategies to
Learn Faster,
Remember More and
be More

Summary of Limitless
by Jim Kwik

***Make learning:
painless,***

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***exciting,
habitual, and self-
motivating.***

***Absorb info like a
human sponge.***

***We've never
been taught how
to learn, and
that's a shame.***

***This book is the
key to reversing
all the
misconceptions
you have and***

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***making learning
fun again. Scientifically-proven,
step-by-step
methods for
effective
learning. The
Science of
Accelerated
Learning is not a
textbook - it's a
guidebook for
your journeys in
learning. It will***

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show you the most effective methods, the pitfalls we must avoid, and the habits we must cultivate. This book is highly organized and addresses all phases of the learning process, from creating a positive

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*environment, to
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theories, and
more. It borrows
from multiple
scientific
disciplines to
present
comprehensive
techniques to
simply learn
more, faster.*

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Master your approach and save countless hours. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author. He has worked with a

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**multitude of
individuals to
unlock their
potential and
path towards
success. His
writing draws on
his academic,
coaching, and
research
experience.
Smarter, faster,
and better ways
to achieve**

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effective

learning. •How

our memory

works and how

to make it work

for you. •The

learning

techniques that

work - with

evidence. •How

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**to never need to
cram again.**

Tame Learn Anything

**distractions and
procrastination
through**

**specialized
habits. •Why
Einstein loved to
play violin while
working. •The
learning
mistakes you are
probably**

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***committing right
now. • Steps to
building true
expertise. • How
to teach
effectively, and
teach to learn.
Outpace others,
beat the
competition, and
get where you
want to go in
record time.
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Remarkable

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goals, Atomic

Habits offers a

proven

framework for

improving--every

day. James Clear,

one of the

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***world's leading
experts on habit
formation,
reveals practical
strategies that
will teach you
exactly how to
form good
habits, break
bad ones, and
master the tiny
behaviors that
lead to
remarkable***

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***results. If you're
having trouble
changing your
habits, the
problem isn't
you. The problem
is your system.
Bad habits
repeat
themselves again
and again not
because you
don't want to
change, but***

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***because you
have the wrong
system for
change. You do
not rise to the
level of your
goals. You fall to
the level of your
systems. Here,
you'll get a
proven system
that can take you
to new heights.
Clear is known***

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**for his ability to
distill complex
topics into
simple behaviors
that can be
easily applied to
daily life and
work. Here, he
draws on the
most proven
ideas from
biology,
psychology, and
neuroscience to**

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create an easy-to-understand guide for making good habits inevitable and bad habits impossible.

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**winning artists,
business leaders,
Life-saving
physicians, and
star comedians
who have used
the science of
small habits to
master their
craft and vault to
the top of their
field. Learn how
to: • make time
for new habits**

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(even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; ...and much more.

Atomic Habits

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*will reshape the
way you think
about progress
and success, and
give you the
tools and
strategies you
need to
transform your
habits--whether
you are a team
looking to win a
championship,
an organization*

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***hoping to
redefine an
industry, or
simply an
individual who
wishes to quit
smoking, lose
weight, reduce
stress, or
achieve any
other goal.***

***A repertoire of
ways to enhance
memory - by***

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Training it to be

more effective,

and by following

various tried and

tested practical

techniques and

systems to

combat

forgetfulness by

the six times

current World

Memory

Champion.

Summary of Jim

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Chapter Zoom

provides a

detailed look at

Jim Kwik's

popular book

„Limitless“, so

you can

appreciate the

book even more.

It contains many

tantalizing

sections such as:

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Overview 2.)

Chapter by

Chapter

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Trivia Questions

- and much

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***unofficial
companion book
to Jim Kwik's
popular non-
fiction book***

***"Limitless" - it is
meant to
improve your
reading
experience and
is not the
original book.***

***The Key to
Unlock Limitless***

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**Wisdom and
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Solve All of Life's
Challenges
An Effective
Guide on How to
Improve Your
Productivity,
Focus and Time
Management
Skills**

**Super Genes
Upgrade Your
Brain, Learn**

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**Anything Faster,
and Unlock Your
Exceptional Life**

Unlock the

Astonishing

Power of Your

DNA for

Optimum Health

and Well-Being

Secrets of the

Limitless Mind

Learn to

Remember

Through his

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Persuasion Institute,
Kurt Mortensen has
sought out and
studied the

Persuasion IQ (PQ)
of the world ' s top
influencers. Now, in
this game-changing
guide, he ' s
leveraging his vast
knowledge to teach
readers the essential

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habits, traits, and behaviors necessary to cultivate their natural persuasive abilities.

Concentrating on the 10 major Persuasion IQ skills, the book provides readers an opportunity to assess their own PQ,

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identify their strengths and weaknesses, and start down a path to enormous success and wealth. Readers will discover powerful techniques that enable them to: read people quickly; create instant trust; get others to take

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immediate action;
close more sales; win
over clients;
accelerate business
success; earn what
they're really worth;
influence others to
accept their points of
view; win
negotiations;
enhance
relationships;

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and motivate other

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people. Whether you are selling a product, presenting an idea, or asking for a raise, persuasion is the magic ingredient.

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become
unstoppable?2. Do
you want to become
Limitless?I am sure
your answer is
'YES'. I always used
to wonder why we
can't live our life
with a feeling of
being unstoppable
and limitless. We all
like to believe that

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human beings are
limitless and have
unlimited potential.

If it is right, then,
why we don't realize
or experience that
limitless nature in
life? I pondered upon
this question for
years, I researched a
lot and met many
experts and finally

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found the answers to these aforesaid questions and this book is a tool that will help you realize your limitless nature. I found that following 17 Mind blockers stop us from realizing limitless mind. 1. Fear 2. Limiting Beliefs 3.

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Procrastination and
so on... This book is a
user manual for
creating Limitless
mind. And it will
show you how to
become limitless and
unstoppable, and
how can you set
your mind free and
realize its full
potential. This book

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contains methods,
practical techniques
and tools to
completely

understand and
overcome 17 mind
blockers.

A manual for
relating to the brain
in a revolutionary
new way, Super
Brain shows you

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how to use your
brain as a gateway
for achieving health,
happiness, and
spiritual growth. The
authors are two
pioneers: bestselling
author and physician
Deepak Chopra and
Harvard Medical
School professor
Rudolph E. Tanzi,

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one of the world's
foremost experts on
the causes of
Alzheimer ' s. They
have merged their
wisdom and
expertise for a bold
new understanding
of the “ three-pound
universe ” and its
untapped potential.
In contrast to the

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“ baseline brain ”
that fulfills the tasks
of everyday life,
Chopra and Tanzi
propose that,
through a person ' s
increased self-
awareness and
conscious intention,
the brain can be
taught to reach far
beyond its present

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limitations. “ We
are living in a golden
age for brain
research, but is this a
golden age for your
brain? ” they ask.

Super Brain explains
how it can be, by
combining cutting-
edge research and
spiritual insights,
demolishing the five

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most widespread
myths about the
brain that limit your
potential, and then
showing you
methods to: -Use
your brain instead of
letting it use you
-Create the ideal
lifestyle for a healthy
brain -Reduce the
risks of aging

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- Promote happiness and well-being through the mind-body connection

- Access the enlightened brain, the gateway to freedom and bliss

- Overcome the most common challenges, such as memory loss, depression, anxiety,

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and obesity Your brain is capable of incredible healing and constant reshaping. Through a new relationship with your brain you can transform your life. In Super Brain, Chopra and Tanzi guide you on a fascinating journey

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that envisions a leap
in human evolution.

The brain is not just
the greatest gift that

Nature has given us.

It ' s the gateway to

an unlimited future

that you can begin to

live today.

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those rare and

remarkable

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educators who not only know the secret of great teaching but also know how to give that gift to others. ” —

CAROL DWECK,
author of Mindset

“ Jo Boaler is one of the most creative and innovative educators today.

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marries cutting-edge
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her experience in the
classroom, not only
proving that each of
us has limitless
potential but offering
strategies for how we
can achieve it. ” —

LAURENE

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“ A courageous
freethinker with
fresh ideas on
learning. ” —

BOOKLIST In this
revolutionary book,
a professor of
education at
Stanford University
and acclaimed math
educator who has
spent decades

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studying the impact
of beliefs and bias on
education, reveals
the six keys to

unlocking learning
potential, based on
the latest scientific
findings. From the
moment we enter
school as children,
we are made to feel
as if our brains are

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fixed entities,
capable of learning
certain things and
not others,
influenced
exclusively by
genetics. This notion
follows us into
adulthood, where we
tend to simply accept
these established
beliefs about our

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skillsets (i.e. that we don't have "a math brain" or that we aren't "the creative type").

These

damaging—and as new science has revealed,

false—assumptions have influenced all of us at some time,

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affecting our
confidence and
willingness to try
new things and
limiting our choices,
and, ultimately, our
futures. Stanford
University professor,
bestselling author,
and acclaimed
educator Jo Boaler
has spent decades

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studying the impact of beliefs and bias on education. In Limitless Mind, she explodes these myths and reveals the six keys to unlocking our boundless learning potential. Her research proves that those who achieve at the

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highest levels do not do so because of a genetic inclination toward any one skill but because of the keys that she reveals in the book. Our brains are not “fixed, ” but entirely capable of change, growth, adaptability, and

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rewiring. Want to be
fluent in

mathematics? Learn

a foreign language?

Play the guitar?

Write a book? The

truth is not only that

anyone at any age

can learn anything,

but the act of

learning itself

fundamentally

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changes who we are,
and as Boaler argues
so elegantly in the
pages of this book,
what we go on to
achieve.

Atomic Habits

The Self-Learning
Blueprint

The Secret Spiritual
Art of Succeeding at

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Summary and
Analysis on How to
Upgrade Your Brain
and Unlock Your
Exceptional Life
**“A marvelous
resource for those**

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who do not want to be limited by their beliefs. Read and learn about human potential, yours and mine.”—Bernard Siegel, M.D., author of Love, Medicine & Miracles Speak Russian like a native, play tennis like a pro . . . and meet the challenges of a high-tech world

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Super Learning:

Unlock Your
with high-powered
Limitless Ability
memory skills!

Superlearning 2000

is the fast, fun, and
innovative learning
technique that

enables you to

master any skill or
subject—from

computers to

athletics to

conversational

French—in a fraction

of traditional

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learning time. Hailed
Limitless Ability
by the Fortune 500
as the mental Anything
technology of the
future, proven by
super-achievers
around the world,
this revolutionary
program will unlock
your limitless
potential, put you on
the fast track to new
opportunities and
higher earnings . . .

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Limitless Ability

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- change forever the way you think about learning!
- Discover: • How you can fine-tune your memory and learn anything 2 to 5 times faster simply by tuning in to the right kind of music • Which world-class mental techniques enhance athletic performance
- The step-by-step

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**Superlearning
techniques that
keep you in step
with technology •**

**How you can
overcome learning
blocks . . . and even
learning disabilities
• How to boost
creativity, rev up
recall, and acquire
expert know-how in
any field while you
relax!**

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Practical methods to fully utilize your brain. Learn how it works and you can harness it to the fullest! This is a book about practical neuroscience. That means that while it is scientifically-based, it gets down to how you can compensate for your brain's evolutionary

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habits and excel in spite of them. Our brains are stuck in the year 10,000 BC, so let's find out how to make that work for us. A combination of applied psychology and self-help techniques. Super Brain is a unique look at your brain. First, we take a

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**quick tour of the
brain's most
important (and also
annoying)
structures and
aspects. Then, we
take the shortcut to
addressing many of
the brain's
shortcomings with
strategies designed
to work with them
seamlessly. Think of
Super Brain as 20%**

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As A Human

textbook (only the essentials!) and 80% field guide to navigating the world in a better, more efficient, and smarter way. How to stop being a slave to your brain and take charge! Peter Hollins has studied psychology and peak human performance for

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over a dozen years and is a bestselling author. He has worked with dozens of individuals to unlock their potential and path towards success.

His writing draws on his academic, coaching, and research experience. Oddly enough,

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neuroscience was his favorite class in school, and he has found how to apply that same information to real life situations. Build the best habits that you never knew you needed. A brief guide to the universe inside our heads How to deal with the brain's

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you want

**imperfections, one
by one**

**Increasing
your attention span**

**strategically and
boosting**

willpower

**How to
disengage the**

**brain's autopilot
function and**

**become more
present**

**The lessons
we can glean from**

Pavlov's dogs

**How
to deeply process**

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**information into
your memoryThe
brain's odd learning
and forgetting
tendencies**

**George R. Noory is
the host of
America's top late-
night radio talk
show, Coast to
Coast AM, which is
broadcast to more
than 500 radio
stations in the U.S.**

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**and Canada and
streamed over the
Internet to more
than ten million
people, five nights a
week. Noory truly
believes that there
are forces, both
good and evil, at
work on Earth,
forces that can be
harnessed by
human beings.
Fueled by a**

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**transcending
experience at a very
young age, Noory
turned his life into
an investigation of
the possibilities and
influence of such
forces, and how we
can use them to
enhance our lives.
Now George Noory
has woven his life's
work into both an
amazing memoir**

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and a miraculous
key that readers can
use to unlock the
secret to their own
sensual

transcendence and
liberate their
limitless potential.

Through Worker in
the Light, George
Noory will show
readers how to:

***Unlock the secrets
to unlimited spiritual**

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**growth *Transcend
all doubts and fears**

***Shatter the prison
walls of their five**

**senses *Deploy the
power of intuition to**

**see the future *Free
themselves from the**

confines of time

***Facilitate the power
of lucid dreaming**

**Through easily
understood, step-by-**

step instructions,

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and examples from his own life, George Noory shows how he has surpassed his own limitations and frustrations, how he has freed himself from doubts and fears, and how he glimpsed the right way out of life's desperate straits. He will teach readers how to

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**overcome fear and
doubt and find**

**Limitless Ability
happiness and**

**Anything
You Want. At the**

**Publisher's request,
this title is being**

**sold without Digital
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applied.

**Kevin Horsley Broke
a World Memory**

Record in 2013 and

you're about to learn

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**how to use his
memory strategies
to learn faster, be
more productive,
and achieve more
success. With over
300,000 copies sold,
Unlimited Memory is
a Wall Street Journal
Best Seller and has
been the #1 memory
book on Amazon for
more than two
years. It has been**

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translated into more than a dozen

languages including

French, Chinese,

Russian, Korean,

Ukrainian, and

Lithuanian. Most

people never tap

into 10% of their

potential for

memory. In

Unlimited Memory,

you'll learn how the

world's best

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memory masters get
themselves to

concentrate at will,
anytime they want.

When you can easily
focus and

concentrate on the
task at hand, and
store and recall

useful information,
you can easily

double your
productivity and
eliminate wasted

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time, stress, and
Limitless Ability
mistakes at work.

A Strategic Plan to

Break Down

Complex Topics,

Comprehend

Deeply, and Teach

Yourself Anything

How to Read a Book

a Day With Better

Retention Than Ever

The Super Memory:

3 Memory Books in

1: Photographic

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Memory, Memory
Limitless Ability
Training and
Memory
To Learn Anything
Improvement - How
You Want
to Increase Memory
and Brain Po
Become a
SuperLearner
Meditation for
Extraordinary
Performance
Becoming Limitless
Unlock Your Five
Senses and Liberate

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Your Limitless

Potential
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The winner of the UK's Business Book of the Year Award for 2021, this is a groundbreaking exposé of the myths behind startup success and a blueprint for harnessing the

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things that really matter. What is the difference between a startup that makes it, and one that crashes and burns? Behind every story of success is an unfair advantage. But an Unfair Advantage is not just about your

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parents' wealth or
who you know:
anyone can have
one. An Unfair

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element that gives
you an edge over
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This

groundbreaking
book shows how to
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and apply them to
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Drawing on over
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experience, Ash Ali
and Hasan Kubba
offer a unique
framework for
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external

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circumstances in addition to your internal strengths. Hard work and grit aren't enough, so they explore the importance of money, intelligence, location, education, expertise, status, and luck in the journey to success.

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From starting your company, to gaining traction, raising funds, and growth hacking, *The Unfair Advantage* helps you look at yourself and find the ingredients you didn't realize you already had, to succeed in the cut-

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business.

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A National Bestseller Foreword

by Mark Hyman,

MD Preface by

Andrew Huberman,

PhD You know you

should be

meditating, so

what's stopping

you? This

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entertaining and enlightening book by the founder of Ziva Meditation—the favorite training for high achievers—will finally take meditation mainstream. In our high-stress, overworked lives, we think the answer to

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accomplishing more
is to do more. But
the best advantage
we can give

ourselves is to take a
mental break—to
spend a few minutes
of the day giving the
body and brain rest.
Did you know that a
brief meditation can
offer rest that's five

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times deeper than
sleep? When you

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make time to

practice the Z

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teaches, you'll

actually be more

productive than if

you took an hour-

and-a-half nap or

had a cup of coffee.

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meditation for high performance, Emily Fletcher has taught meditation at numerous global corporations, including Google, Barclays Bank, and Viacom, to help their employees improve their focus and increase their

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15-minute twice-

daily plan. Emily

specifically

developed the Z

Technique for

working people with

busy lives. Now, you

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can learn to recharge anywhere, anytime—at home or at your desk. All you need is a few minutes and a chair (no apps, incense, or finger cymbals required). This is not just another meditation book. In *Stress Less,*

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Accomplish More,
Emily teaches a
powerful trifecta of
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you how to make it
work for your

modern life. "We

meditate to get good

at life, not to get

good at

meditation."—Emily

Fletcher

The book offers a

straightforward

explanation of the

four functions of

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the mind, according to the ancient wisdom of Yoga

Science: the senses, ego, unconscious mind, and the Conscience.

Readers are taught how - and why - to coordinate these four functions in order to live the

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joyful life we all
long for. Our mind
is continually

generating thoughts

which lead to

actions, and the

Law of Karma states

that every action

brings about a

consequence.

Understanding how

to harness the

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power of our thoughts, then, is critical to making choices that lead to positive consequences.

Fifteen years of worldwide research have proved that Superlearning techniques really can sharpen the

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performance.

Persuasion IQ

The

Groundbreaking

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Women to Maximize

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and Prevent

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THE BOOK: Jim

Kwik decided

to write the

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book,
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"Limitless" to
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help out other
people who
have struggled
with learning
in some form.
Due to his
brain injury
as a child,
this was
something that

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he could
closely relate
to. Published

in April of

2020, the

personal

development

book is a

collection of

the ideas that

Kwik had

discussed in

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mixes

vignettes from
his personal
memories,
direct
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with clients
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and tips for
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has been
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through his

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focuses on the

three keys to

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limitless,

which are

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faster, and
have even
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tricks that
will transform
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towards
reading. What
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speed reading
will be turned

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upside-down,
Limitless Ability
and everyone
To Learn Anything
will ask you
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secrets. All
you need to do
is point them
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habits and
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psychology and

peak human

performance

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and is a

bestselling

author. He has

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worked with a
multitude of
individuals to
unlock their
potential and
path towards
success. His
writing draws
on his
academic,
coaching, and
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experience. How

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with speed and

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training your

eyes to

ignore? How to

stop reading

aloud in your

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Faster, and

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Exceptional

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Unlimited

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What It Takes

You Want

to Succeed

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Anything

Faster, and

Unlock Your

Exceptional

Life | A Guide

to Jim Kwik's

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Brain Training
- Limitless
Brain Training
Strategies for
Concentration,
Mental
Clarity,
Memory
Improvement, N

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europlasticity

Limitless Ability
, and to Boost

To Learn Anything
Overall Mind

You Want
Power!

Strategies for

Becoming an

Elite

Performer

Limitless Mind

In today's ever-

accelerating

world, speed is

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*the name of the
game. Forget*

*"slow and strady
wins the race."*

*The key to
getting ahead is
not fighting or
hiding from
speed, but to
embrace speed
learning und use
its power to your
advantage. Count*

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you have just
joined a club of
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people who hold
the keys to
learning the right
way. I am certain
that you know
how to read,
however, do how
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it?! Unfortunately,
they don't teach
us this in school -
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and learn fast

with this book

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generate big

ideas can feel

overwhelming.

We know that

bold innovations

are critical in

these disruptive

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and competitive times, but when it comes to

breakthrough thinking, we often freeze up. Instead of shooting for a \$10-billion payday or a Nobel Prize, the most prolific innovators focus on Big Little Breakthroughs—s

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*small creative acts
that unlock
massive rewards
over time. By
cultivating daily
micro-
innovations,
individuals and
organizations are
better equipped
to tackle tough
challenges and
seize*

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Unlock Your
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*world? How did a
Pakistani couple
challenge the
global athletic
shoe industry?*

*What simple
habits led Lady
Gaga, Banksy,
and Lin-Manuel
Miranda to their
remarkable
success? Big
Little*

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*Breakthroughs
isn't just for
propeller-head
inventors, fancy-
pants CEOs, or
hoodie-donning
tech billionaires.
Rather, it's a
surpassingly
simple system to
help everyday
people become
everyday*

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Super Learning:

Unlock Your
innovators.

*The author has
done a good job
of summarizing
the book,
capturing the
essence of Kwik's
work, neatly
condensing and
explaining Kwik's
seemingly
endless stream of
concepts and*

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observations, as well as his methods for inducing positive change. In this summary and analysis, you will learn: -how to improve your memory; -how your belief system affects your life; -how to

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*introduce
motivation to
your life; -how to
focus; ... and
much more!*

*"The New York
Times bestselling
author of The
Code of the
Extraordinary
Mind challenges
everything you
thought you knew*

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*about work,
showing how
aligning with your
core values and
fostering personal
growth will lead
to unimaginable
success with a
sense of ease"--*

Rewire Your Brain

Superlearning

2000

The Unfair

Page 180/316

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Unlock Your

Advantage
The Buddha and

the Badass

Limitless:

Upgrade Your

Brain, Learn

Anything Faster,

and Unlock Your

Exceptional Life

by Jim Kwik

Summary &

Analysis of

Limitless

Page 181/316

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Super Learning:

Unlock Your

How Small,

Limitless Ability

Everyday

Innovations Drive

Oversized Results

Develop the Skills

to Learn Anything

Faster, Easier, and

More Effectively

Written by the

creators of the #1

bestselling course

of the same name,

this book will teach

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you how to "hack"
your learning,
reading, and
memory skills,
empowering you to
learn everything
faster and more
effectively. What
Would You Do If
You Could Learn
Anything 3 Times
Faster? In our
rapidly changing

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and information-driven society, the ability to learn quickly is the single most important skill. Whether you're a student, a professional, or simply embarking on a new hobby, you are forced to grapple with an every-increasing

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amount of
information and
knowledge. We've
all experienced the
frustration of an
ever-growing
reading list,
struggling to learn
a new language, or
forgetting things
you learned in even
your favorite
subjects. This Book

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Will Teach You 3
Major Skills: Speed
reading with high
(80%+)

comprehension and
understanding Mem
ory techniques for
storing and
recalling vast
amounts of
information quickly
and accurately Deve
loping the cognitive

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infrastructure to support this flood of new information long-term. However, the SuperLearning skills you'll learn in this course are applicable to many aspects of your every day life, from remembering phone numbers to acquiring new skills

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or even speaking
Limitless Ability
new languages.

To Learn Anything
Anyone Can

You Want
Develop Super-

Learning Skills

This
course is about

improving your

ability to learn new

skills or information

quickly and

effectively. We go

far beyond the

kinds of "speed

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reading" (or glorified skimming) you may have been exposed to, diving into the actual cognitive and neurological factors that make learning easier and more successful. We also give you advanced memory techniques to grapple with the

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huge loads of information you'll soon be able to process. "This book should be the go-to reference for anyone looking to upgrade their mind's firmware!"

-Benny Lewis,
Language Learning
Expert Learn How
to Absorb and

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Unlock Your
Retain Information
Limitless Ability
in a Whole New
Way - A Faster,
Better Way The
Authors'

Proprietary Method
for Teaching Speed
Reading & Memory
ImprovementÂ You
may have even
taken a normal
speed reading
course in the past,

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only to realize that you didn't retain anything you read.

The sad irony is that in order to properly learn things like speed reading skills and memory techniques in the past, you had to read dozens of books and psychological

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journals to decode the science behind it. Or, you had to hire an expensive private tutor who specializes in SuperLearning.

That's what I did.

And it changed my life. Fortunately, my co-authors (experts and innovators in the fields of

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superlearning,
memory
improvement, and
speed reading)

agreed to help me transform their materials into the first ever digital course. Over 25,000 satisfied students later, we have transformed our course into a book

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you can enjoy

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anywhere. Our

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teaching

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methodology relies

heavily on at-home

exercises. The

chapters

themselves are only

part of what you're

buying. You will be

practicing various

exercises and

assignments on a

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regular basis over
the course a 7 week
schedule. In

addition to the

lectures, there are
hours of

supplemental video
and articles which
are considered part
of the curriculum.

"This vital book
contains all the
tools needed to

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learn, memorize,
and reproduce
anything you want
with the joy that
ease brings. Don't
take another class
until you've read it!"

-Dr. Anthony
Metivier, Author &
Memory Expert If
you wish to
improve memory
and concentration,

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learn more effectively, read faster, and learn the techniques of memory champions - look no further! An awesome read that will push the limits of your brain. Levi does an incredible job of guiding you through, to bring your brain from

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average to

Limitless Ability

UNSTOPPABLE!"

To Learn Anything

-Nelson Dellis,

You Want

4-Time USA

Memory Champion

Brain Training

Super Human Guide

This "Brain

Training" book

contains proven

steps and strategies

to increase mind

power through

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incredible brain
Limitless Ability
training strategies
To Learn Anything
for concentration,

mental clarity,

mental focus,

memory

improvement, and

much more! Today

only, get this

Amazing Amazon

book for this

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discounted price!

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Most people don't realize the incredible power of the human brain and what it is capable of doing. But there is a catch, the brain must be exercised in a specific way for it to coincide and correlate with your desired outcome

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and how you would
like to use it. In this

"Brain Training"

book you will

discover key

strategies and

exercises that will

help you change

your brain and

mold it specifically

to think the way

you want it to and

to accomplish what

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you want it to. This book is specifically arranged in chapters that must be followed in chronological order. This is important since specific areas of your intelligence must be improved first in order to produce the best

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results. We will be covering topics from simple home exercises to basic Neuro-Linguistic Programming to improve specific mental functions and to obtain clarity on just how your consciousness works. It's true - there is a way for

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you to gain

Limitless Ability

complete control

To Learn Anything

and unlock the true

You Want

power of your

mind! Here Is A

Preview Of What

You'll Learn... The

Power Of Brain

Training And The

Truth Behind

Neuroplasticity

Preparation For

Brain Training Brain

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Concentration
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Memory

Improvement And

Developing A

Photographic

Memory With Brain

Training Stress,

Habit-forming And

Brain Training To

Develop A Daily

Routine Neuro

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Linguistic
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Programming For
To Learn Anything
Beginners Mental
You Want
Clarity And Focus
Brain Training
Techniques Brain
Training Strategies
To Stop Negative
Thinking Much,
Much More! Get
your copy of "Brain
Training" today!
The material world

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that we see with our eyes is a magnificent creation of God. All living beings coexist on this planet according to the laws of the nature. Among all the living beings, Human Beings are a wonderful creation of God. God has

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blessed Humans
with immense
potential and
unlimited powers.

Have you realized
the unlimited
powers that you
possess? If you are
not sure about that,
have you thought
about the answers
to the below
questions:-How

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does the mind
work? -How can
negative emotions
affect you?-How do
you control and
regain yourself
when you see a
setback in
life?-Have you
heard about energy
vibration and
frequency? How is
vibration and

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frequency related
to human body?-Do
you agree that
every object in this
world, living and
non living are
basically energy
vibrating at a
particular
frequency?-Is it
possible for us to
increase our
vibrations and

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frequency?-Do you have any healing powers? Can you heal yourself with the healing powers within you?-Are doctors and medicines the only last option left for a person affected by a chronic illness?-How does breath play a very

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important role in our health and happiness? If you are not aware of the answers to some or most of these questions then please continue to read... This book will explain to you the answers to all the questions you have seen and many

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more. Here you will learn many techniques to balance your mind, body and spirit. You would understand how to be in a perfect alignment with the Universe so that you continue to receive many unlimited gifts from the

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Universe for your success, health, happiness and abundance. Some of the valuable techniques that you will be learning from this book are: Yoga - Improves your flexibility, balance, awareness, body shape, blood circulation, focus,

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concentration

etc.Pranayama -

Improves your mind

and body balance,

activates your cells,

activates your

brain, removes

harmful toxins from

the body, cures

ailments

etc.Meditation -

Improves focus,

concentration,

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awareness,

intuition,

relaxation,

intelligence, mind

body balance etc.

Overcome anger,

fear, worry, anxiety,

uncertainty

etc.Reiki - Helps you

to balance and

activate your

Chakras. Heal all

your ailments like

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fever, stomach
pain, throat
problems etc. Law
of Attraction -

Achieve everything
and anything you
desire with the
power of your
Subconscious mind.
Learn the correct
way as to how to
manifest anything
you desire and

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understand the
reasons why Law of
Attraction doesn't
work for some peop
le. Subconscious
Mind

Reprogramming -
Understand more
about Subconscious
Mind and learn
effective
techniques to
reprogram your

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subconscious mind
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to help you to

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achieve miracles in

your Want

life. Affirmation -

Learn more about

the power of

Affirmations and

understand the

laws of constructing

effective

Affirmations with

many examples

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given in the
book. Visualization -

Learn about the
power of

Visualization to

imagine your

desired state and

thereby manifest it

into your physical

reality. Create

Mental Beliefs -

Make use of

effective

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techniques like
Vision Boards, 55 x
5 Affirmation,
Journaling,
Neuroplasticity to
create Mental
Beliefs that would
help you to achieve
your desires and
goals. Grounding -
Understand why
staying Grounded is
very essential to do

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well in your
material life and
learn the
techniques to
Ground yourself. Mi
ndfulness -
Understand the
importance of
Mindfulness to
watch all the
thoughts that enter
your mind and
always vibrate at

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positive frequencies

.Gratitude - The

power of Gratitude

is very incredible.

Thank God for all

that you have been

blessed with in your

life.Forgiveness -

How forgiveness is

important to

eliminate the lower

vibrations.Believe

in yourself - Realize

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your inner powers
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and your abilities to

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achieve great

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things in life. Sound

Healing -

Understand how

certain Sound

Vibrations have the

power to

heal. Super Foods -

Understand the

benefits of certain

magical herbs and

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fruits.

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What if the ability to look, feel, and perform at peak capacity wasn't the stuff of lore but instead was within easy reach? In a perfect world, you would be able to have it all: complete optimization of mind, body, and

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spirit. In Boundless,
the New York Times
bestselling author
of Beyond Training
and health and
fitness leader Ben
Greenfield offers a
first-of-its-kind
blueprint for total
human
optimization. To
catapult you down
the path of

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maximizing
cognition, mental
clarity, and IQ, you
will discover: How
to rewire your
skull ' s

supercomputer (& 9
ways to fix your
neurotransmitters)

The 12 best ways to
heal a leaky brain 8
proven methods to
banish stress and

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kiss high cortisol
goodbye 10 foods
that break your
brain, and how to
eat yourself smart
How to safely utilize
nootropics and
smart drugs, along
with 8 of the best
brain-boosting
supplement stacks
and psychedelics
The top nutrient for

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brain health that
you probably
aren't getting
enough of 6 ways to
upgrade your brain
using biohacking
gear, games, and
tools How to
exercise the cells of
your nervous
system using
technology and
modern science

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Easy ways to train
your brain for
power, speed, and
longevity The
ultimate guide to
optimizing your
sleep, maximizing
mental recovery,
and stopping jet lag
To ensure that you
look good naked
and live a long time,
you will learn: 6

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ways to get quick,
powerful muscles
(& why bigger
muscles aren ' t
better) How to burn
fat fast without
destroying your
body The fitness
secrets of 6 of the
fittest old people
on the planet The
best training
program for

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maximizing muscle
gain and fat loss at
the same time One
simple tactic for
staying lean year-
round with minimal
effort A step-by-
step system for
figuring out exactly
which foods to eat
14 ways to build an
unstoppable
immune system

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Little-known tactics, tips, and tricks for recovering from workouts with lightning speed The best tools for biohacking your body at home and on the road How to eat, train, and live for optimal symmetry and beauty (& how to

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raise kids with
superhuman bodies
and brains) And to
help you live a
fulfilling and happy
life, you will learn:
12 techniques to
heal your body
using your own
internal pharmacy
What the single
most powerful
emotion is and how

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to tap into it every
day 4 of the best
ways to heal your
body and spirit
using sounds and
vibrations 6 ways to
enhance your life
and longevity with
love, friendships,
and lasting
relationships How
to biohack the
bedroom for better

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sex and longer
orgasms, and the
top libido-
enhancing herbs,
supplements, and
strategies The
perfect morning,
afternoon, and
evening routines
for enhancing
sleep, productivity,
and overall
happiness 28 ways

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to combine
ancestral wisdom
and modern science
to enhance
longevity, including
the best foods,
herbs,
supplements,
injections, medical
treatments,
biohacks, fasting
strategies, and
much more The 4

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hidden variables
that can make or
break your mind,
body, and spirit The
exercise that will
change your life
forever (& how to
reverse-engineer
your perfect day)
Boundless guides
you every step of
the way to
becoming an expert

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in what makes your
brain tick, your
body work, and
your spirit happy.

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the book to any
chapter and
discover research-
proven, trench-
tested techniques
to build muscle,
burn fat, live longer,
have mind-blowing

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sex, raise robust
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children, and much,
To Learn Anything
much more!

Upgrade Your
Brain, Optimize
Your Body & Defy
Aging

Jim Kwik Super
Brain

Summary and
Analysis of
How to Hack Your
Motivation, Focus,

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Passion, and Drive
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to Live the Life You
Deserve To Learn Anything
You Want

Advanced

Strategies for

Quicker

Comprehension,

Greater Retention,

and Systematic

Expertise

New Triple Fast

Ways You Can

Learn, Earn, and

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Limitless Ability
Century

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Speed Read
Anything
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An instant New
York Times

bestseller and #1

Wall Street Journal
bestseller. JIM

KWIK, the world ' s
#1 brain coach,

has written the

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and brain fitness.
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people the ability
to accomplish
more--more
productivity, more
transformation,
more personal
success and
business

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achievement--by
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changing their
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Mindset,
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Motivation, and

Methods. These “ 3

M ’ s ” live in the

pages of Limitless

along with practical

techniques that

unlock the

superpowers of

your brain and

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change your

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habits. For over 25

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years, Jim Kwik

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has worked closely

with successful

men and women

who are at the top

in their fields as

actors, athletes,

CEOs, and

business leaders

from all walks of

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life to unlock their true potential. In this groundbreaking book, he reveals the science-based practices and field-tested tips to accelerate self learning, communication, memory, focus,

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Limitless Ability
reading, to create

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fast, hard results.

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YOUR MINDSET

Your brain is like a

supercomputer

and your thoughts

program it to run.

That ' s why the

Kwik Brain process

starts with

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unmasking
Limitless Ability
assumptions,
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habits, and
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procrastinations
that stifle you,
redrawing the
borders and
boundaries of what
you think is
possible. It
teaches you how
to identify what

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you want in every
aspect of your life,
so you can move
from negative
thinking to positive
possibilities.

IGNITE YOUR
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Uncovering what
motivates you is
the key that opens
up limitless mental

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capacity. This is where Passion + Purpose + Energy meet to move you closer to your goals, while staying focused and clear. Your personal excitement will be sustainable with self-renewing

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inspirations. Your
mind starts strong,
stays strong, and
drives further

exponentially

faster. MASTER

THE METHOD

We ' ve applied the
latest

neuroscience for
accelerated

learning. Our

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process,
programs,
podcasts, and
products unleash
your brain ' s own
superpowers.

Finish a book 3x
faster through
speed reading
(and remember
every part of it),
learn a new

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language in record time, and master new skills with ease. These are just a few of the life-changing self-help benefits. With Kwik Brain, you ' ll get brain-fit and level-up your mental performance. With

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the best Mindset,
Motivation and
Method, your
powers become
truly limitless.

The authors of the
New York Times
bestseller Super
Brain present a
bold new
understanding of
our genes and

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how simple changes in lifestyle can boost genetic activity. The leap into "radical well-being" is a promise waiting to be fulfilled. "You are not simply the sum total of the genes you were born with," writes

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Deepak Chopra
and Rudy Tanzi.

"You are the user
and controller of
your genes, the
author of your
biological story. No
prospect in self-
care is more
exciting." Learning
how to shape your
gene activity is at

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the heart of this exciting and eagerly-anticipated book from the bestselling duo behind Super Brain, which became a nationwide hit on public television. For decades medical science

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has believed that genes determined our biological destiny. Now the new genetics has changed that assumption forever. You will always have the genes you were born with, but genes are

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dynamic,
responding to
everything we
think, say, and do.

Suddenly they've
become our
strongest allies for
personal
transformation.

When you make
lifestyle choices
that optimize how

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your genes
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behave, you can
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reach for a state of
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health and
fulfillment
undreamed of
even a decade
ago. The impact
on prevention,
immunity, diet,
aging, and chronic
disorders is

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The Master Key

System is a

personal

development book

by Charles F.

Haanel. Originally

a 24 week

correspondence

course released in

1912, it was

published in this

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To Learn Anything

You Want

book form in 1917.

Along with "The

Science of Getting

Rich", by Wallace

D. Wattles, the

Master Key

System was a

primary inspiration

for Rhonda

Byrne's book and

film "The Secret".

Charles F. Haanel

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was an American author, millionaire, entrepreneur, and businessman who belonged to the American Scientific League and several Masonic societies.

How to rewire your brain to improve virtually every

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aspect of your life-
based on the latest
research in
neuroscience and
psychology on
neuroplasticity and
evidence-based
practices Not long
ago, it was thought
that the brain you
were born with
was the brain you

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would die with,
and that the brain
cells you had at
birth were the most
you would ever
possess. Your
brain was thought
to be “hardwired”
to function in
predetermined
ways. It turns out
that's not true.

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Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve

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your social

Limitless Ability

relationships.

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Written by a leader

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in the field of Brain-

Based Therapy, it

teaches you how

to activate the

parts of your brain

that have been

underactivated

and calm down

those areas that

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have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better

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relationships, and
Limitless Ability
get a good night
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sleep. Reveals
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how cutting-edge
developments in
neuroscience, and
evidence-based
practices can be
used to improve
your everyday life
Other titles by Dr.
Arden include:

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Brain-Based
Therapy-Adult,
Brain-Based
Therapy-Child,
Improving Your
Memory For
Dummies and Heal
Your Anxiety
Workbook Dr.
Arden is a leader
in integrating the
new developments

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in neuroscience

Limitless Ability

with

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psychotherapy and

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Director of Training

in Mental Health

for Kaiser

Permanente for

the Northern

California Region

Explaining exciting

new developments

in neuroscience

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and their
Limitless Ability
applications to
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daily living, Rewire
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Your Brain will
guide you through
the process of
changing your
brain so you can
change your life
and be free of self-
imposed
limitations.

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Stress Less,
Limitless Ability

Accomplish More

To Learn Anything

An Easy & Proven

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Way to Build Good

Habits & Break

Bad Ones

Superlearning

Speed Reading

Super Brain

Speed Learning

Transform Your

Memory Skills

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Imagine that you walk into a room to grab something off the coffee table. You enter the room, only to stop in your tracks-a slight panic sets in as you realize you forgot why you

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*walked in there.
Feeling like you
are in a haze,
you scan the
area to see if
you can pick up
on a visual clue
that will lead
you to what you
need to retrieve.
Frustrated, you
leave the room*

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again. Knowing that your memory is fleeting makes you feel upset and confused. Why are your thoughts so temporary? This is an incredibly frustrating feeling,

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*especially when
you are trying to
complete
important tasks.*

*Your mind
needs to work
with you, not
against you.
Likely, you wish
you could do
something to
enhance your*

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*cognitive skills,
change the way
you think and
how you*

remember

information. As

you age, your

memory

continues to

decline and you

fall victim to

cognitive

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decline. You find yourself hoping that you can reverse this process, or at least slow it down. The great news is that you can! Through the help of this super book, you will learn: How

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*to open your
mind to use
your
photographic
memory
potential How to
develop your
mental faculties
for better
results How to
improve
concentration*

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*and learning
How to improve
physical and
mental*

*performance
and be more
productive How
to train your
brain to keep it
young and
supple How to
increase your*

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*brainpower by
eating right and
learning healthy
habits This is
one of the most
comprehensive
works devoted
to training your
memory. It
works because
it is an
advanced and*

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Super Learning:

*realistic look at
how your
memory, brain
and mind works.*

*This is not your
typical memory
book or exercise
workbook; it is
meant to be
used as a guide
that can help
you for years to*

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come. Picking up on various cues and hints that you used to overlook, you will feel your brain working quicker. If you are tired of feeling forgetful and ditzy, these techniques will

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*help you. If you
want a realistic
look at the
biological and
psychological
underpinnings
of memory, and
how you can use
these to aid you,
you've come to
the right place.*

By training

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*regularly with
the exercises
and advice you
will find in this
book, you will
counter
cognitive
decline and
improve your
cognitive
functions and
mental abilities.*

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*Learn to master
a whole new
frame of mind to
increase your
focus,
motivation,
drive, and
career with
biohacking!
Ever wonder
why that one
overly-*

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*motivated friend
of yours is
always so
successful at
making money?*

*Some people
just have
everything they
need in the
mental
department, but
what about the*

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Super Learning:

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You Want

*rest of us? We
have all seen
the movie
starring Bradley
Cooper.*

*Unfortunately,
there is no
magic tablet
that will bring
you instant
success, but
there are things*

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*you can do to
trick your body
into that*

*mindset and
honestly feel
like you have
never felt*

*before! As a
health and
fitness*

*enthusiast, I
have tried a lot*

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*of medications
and
supplements in
the past, but it
wasn't until I
started using
biohacking to
literally hack my
biology and
mind into, truly,
becoming
limitless in all*

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*areas of my life.
I became super
motivated and
driven. I started
making more
money as a
forex trader
after
experiencing a
huge increase in
my passion and
focus. Over the*

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*past couple
years I've
learned a TON
and this book
brings it all
together for me
to share with
you! You will
learn to use
diet, exercise,
sleep, habit
formation*

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*techniques, sup
plementation,
nootropics, and
a few helpful life
and biology
hacks with the
ultimate goal to
make you more
productive in
your work and
life. The
following is a*

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quote of a text I received from a fellow trading buddy of mine: "Dude I want to learn about a better way to make my mind and body function more harmoniously. I feel like I have

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*all these
ambitions and
aspirations, but
the way to get
there is cloudy.*

*I feel so
unmotivated
many times to
do the work I
know I need to
do."*

-AnonymousThis

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*quote fits
perfectly with
what I am trying
to accomplish
by providing you
with this wealth
of knowledge.
After only a
month he was
seeing his hard
work pay off
and finally*

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*controlling the
mental side of
why he was
failing over and
over again. This
book covers the
following:-Using
a low carbohydr
ate/low sugar
diet to change
how your body
and mind*

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*function-How to
work an easy
exercise and
sleep routine*

*into your overall
daily schedule-*

HABIT

FORMATION

*and how to stick
with the new
habits you've
made for*

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*yourself!-Daily
vitamin and
mineral
supplementation
specifically for
improving the
mind-Finally
conquering
issues like
ADHD,
Depression,
Anxiety, and*

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Hormone Imbalances-

NOOTROPICS

along with how

and when to

properly use

them -SIMPLE

and CHEAP

lifestyle hacks

to make the

whole process a

*bit easier*Most

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*self-help books
out there never
address the
biological issues
involved in
bettering your
life.*

*Unfortunately,
positive
affirmations and
the "Law Of
Attraction"*

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*won't get you
very far. Your
personal biology
and the*

*chemicals in
your head are
90% of what is
stopping you
from changing
your life. This
book covers
topics that can*

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*help you to
become a
machine at
accomplishing
tasks and
improving your
overall
"work/life
balance", but
the part most
people struggle
with is the*

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*formation of
new habits and
not giving up.*

*This is why I
have tailored
each chapter
with that goal in
mind and we
address why
people give up
and how you
can get around*

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*the mental
struggles of a
new routine. If
you have seen
the movies out
there and think
it's impossible
to become that
advanced of a
human being,
you're wrong. I
can't promise*

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*you will master
the stock
market in a day
or learn a new
language in a
week, but this
book will give
you the tools
and the*

*motivation to at
least want to
try! Learn why*

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*it has been so
difficult for you
and finally get
to where you
want to be and
have it finally
"click"!ABOUT
THE*

*AUTHOR:My
name is Matt.
I'm a 29 year
old foreign*

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exchange trader

and

entrepreneur.

My background

is in chemistry

and

pharmaceutical

manufacturing

and

development,

but a few years

out of college I

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*began following
the global
markets and fell
in love! I*

*struggled for
years with
getting my mind
right to be self-
employed and
this book is the
culmination of
everything I*

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*have learned
thus far.*

*Devised by the
man recorded in*

*Guinness as the
world's fastest*

reader--80

pages per

minutes--this is

the only

program that

combines the

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*most up-to-date
learning
techniques and
psychological
discoveries with
proven speed-
reading
methods and
ancient tools
like meditation
to significantly
improve both*

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*reading speed
and
comprehension.*
Limitless Ability
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Boundless

*The Master Key
System*

*Your Conscience
Strategies to*

*Upgrade Your
Brain, Unlock*

Your Potential,

Perform at Your

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Unlock Your
*Peak, and
Limitless Ability
Achieve
Anything
You Want*
Unleashing the
Explosive Power
of Your Mind to
Maximize
Health,
Happiness, and
Spiritual Well-
Being
Limitless

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