

The Belly Book Journal: A Nine Month Journal For You And Your Growing Belly (Potter Style)

Divided into five convenient sections, a pregnancy organizer helps the busy mother-to-be prepare for baby's arrival from the beginning through labor and delivery, with diet checklists forms to track medical expenses, family medical history pages, and shopping lists. Original. My Belly has Two Buttons is about a little boy named Nico, and he tells you what makes him special...his 2nd button! Or Feeding Tube and all the things it does for him. My writing background has been blogging. I used this to help understand the hard parts of life, like my youngest children struggling to eat and drink normally. Also as a way for my friends and family to stay updated on the happenings in our world. You should read this book because its a simplified answer to any question we have been asked when we take our son out in public and a non-feeding tube person finds out he has one. And anytime you meet someone who is has a disability or special life I think its makes the world better to try and understand so that if you meet anyone like them again, you now become part of their support system, it connects you to them in a way nothing else can. The people who will like this book are new tubies, children, and non-feeding tube people who are just curious about feeding tubes and want a simple answer.

Bellies come in all shapes and sizes: baby bellies, grown-up bellies, animal bellies. Some bellies are soft. Some bellies are firm. Round or flat, all bellies deserve a happy pat.

A journey through a land where Milo learns the importance of words and numbers provides a cure for his boredom.

Sweetness in the Belly

Childhood History Journal

12 weeks to get healthy, boost your energy and lose weight

Fire in the Belly

The Pregnancy Belly Sticker Book

A Journal Of My Son's First Year

In this book, we have hand-picked the most sophisticated, unanticipated, absorbing (if not at times crackpot!), original and musing book reviews of "The Belly Book: A Nine-Month Journal for You and Your Growing Belly." Don't say we didn't warn you: these reviews are known to shock with their unconventionality or intimacy. Some may be startled by their biting sincerity; others may be spellbound by their unbridled flights of fantasy. Don't buy this book if: 1. You don't have nerves of steel. 2. You expect to get pregnant in the next five minutes. 3. You've heard it all.

Hooray you're pregnant! You must be feeling all sorts of emotions now but there's a way to analyze each feeling. You have to write them down. When you write, you're putting names into emotions and you're making them logical instead of purely emotional. Continue to write the whole time you're pregnant to remain as levelheaded as possible despite the raging hormones. Good luck on your delivery!

A book of removable stickers with the milestones in the 1st year of a baby's life
A NEW YORK TIMES EDITORS' CHOICE "A strange and tender parable . . . All of Edward Carey's work is profound and delightful." -Max Porter, author of Lanny The ingenious storyteller Edward Carey returns to reimagine a time-honored fable: the story of an impatient father, a rebellious son, and a watery path to forgiveness for the young man known as Pinocchio In the small Tuscan town of Collodi, a lonely woodcarver longs for the companionship of a son. One day, "as if the wood commanded me," Giuseppe-better known as Geppetto-carves for himself a pinewood boy, a marionette he hopes to take on tour worldwide. But when his handsome new creation comes magically to life, Geppetto screams . . . and the boy, Pinocchio, leaps from his arms and escapes into the night. Though he returns the next day, the wily boy torments his father, challenging his authority and making up stories-whereupon his nose, the very nose his father carved, grows before his eyes like an antler. When the boy disappears after one last fight, the father follows a rumor to the coast and out into the sea, where he is swallowed by a great fish-and consumed by guilt. He hunkers in the creature's belly awaiting the day when he will reconcile with the son he drove away. With all the charm, atmosphere, and emotional depth for which Edward Carey is known-and featuring his trademark fantastical illustrations-The Swallowed Man is a parable of parenthood, loss, and letting go, from a creative mind on a par with Gregory Maguire, Neil Gaiman, and Tim Burton.

A Journal for Pregnancy and Baby's First Year

Wheat Belly

Wheat Belly Journal

The Belly Sticker Book

A Nine Month Journal For You And Your Growing Belly, Pregnancy Planner, Pregnancy Diary, Baby Book, Pregnancy Gift, Pregnancy Milestone, Pregnancy Announcement

Emerson in His Journals

A New York Times Top Ten Book of the Year and National Book Award finalist, Pachinko is an "extraordinary epic" of four generations of a poor Korean immigrant family as they fight to control their destiny in 20th-century Japan (San Francisco Chronicle). NEW YORK TIMES NOTABLE BOOK OF 2017 * A USA TODAY TOP TEN OF 2017 * JULY PICK FOR THE PBS NEWS HOUR-NEW YORK TIMES BOOK CLUB NOW READ THIS * FINALIST FOR THE 2018 DAYTON LITERARY PEACE PRIZE* WINNER OF THE MEDICI BOOK CLUB PRIZE Roxane Gay's Favorite Book of 2017, Washington Post NEW YORK TIMES

BESTSELLER * #1 BOSTON GLOBE BESTSELLER * USA TODAY BESTSELLER * WALL STREET JOURNAL BESTSELLER * WASHINGTON POST BESTSELLER "There could only be a few winners, and a lot of losers. And yet we played on, because we had hope that we might be the lucky ones." In the early 1900s, teenaged Sunja, the adored daughter of a crippled fisherman, falls for a wealthy stranger at the seashore near her home in Korea. He promises her the world, but when she discovers she is pregnant--and that her lover is married--she refuses to be bought. Instead, she accepts an offer of marriage from a gentle, sickly minister passing through on his way to Japan. But her decision to abandon her home, and to reject her son's powerful father, sets off a dramatic saga that will echo down through the generations. Richly told and profoundly moving, *Pachinko* is a story of love, sacrifice, ambition, and loyalty. From bustling street markets to the halls of Japan's finest universities to the pachinko parlors of the criminal underworld, Lee's complex and passionate characters--strong, stubborn women, devoted sisters and sons, fathers shaken by moral crisis--survive and thrive against the indifferent arc of history. *Includes reading group guide*

□A Garden in Your Belly's colorful world helped me wake up...This book is as powerful as it is beautiful!□ □Eric Carle, author of *The Very Hungry Caterpillar* Your belly is full of tiny creatures□and they love to eat! Along the river of your gut, tiny creatures move, eat, and grow. Learn more about the garden of microscopic flora growing inside the body and come on a journey that explains an important biological concept: the microbiome, the health of which affects everything in our bodies. Did you know that some foods are better for your microbiome (and you!) than others? Striking, original watercolor illustrations keep things from getting too gross. Informational back matter goes further into the science of the microbiome and reveals amazing facts about the gut.

A 9-month journal by Amy K. 96 two-color pages w/concealed wire-o binding.

The story of the enslaved West Indian women in the struggle for freedom The forgotten history of women slaves and their struggle for liberation. Enslaved West Indian women had few opportunities to record their stories for posterity. In this riveting work of historical reclamation, Stella Dadzie recovers the lives of women who played a vital role in developing a culture of slave resistance across the Caribbean. Dadzie follows a savage trail from Elmina Castle in Ghana and the horrors of the Middle Passage, as slaves were transported across the Atlantic, to the sugar plantations of Jamaica and beyond. She reveals women who were central to slave rebellions and liberation. There are African queens, such as Amina, who led a 20,000-strong army. There is Mary Prince, sold at twelve years old, never to see her sisters or mother again. Asante Nanny the Maroon, the legendary obeah sorceress, who guided the rebel forces in the Blue Mountains during the First Maroon War. Whether responding to the horrendous conditions of plantation life, the sadistic vagaries of their captors or the "peculiar burdens of their sex," their collective sanity relied on a highly subversive adaptation of the values and cultures they smuggled from their lost homes. By sustaining or adapting remembered cultural practices, they ensured that the lives of chattel slaves retained both meaning and purpose. A *Kick in the Belly* makes clear that subtle acts of insubordination and conscious acts of rebellion came to undermine the very fabric of West Indian slavery.

100 Opinions You Can Trust on the Belly Book

Bride-to-Be Book

Pregnancy Journal For Twins Memory Book. Notebook Diary Belly Book For Moms-To-Be (6x9, 110 Lined Pages)

Week by Week Pregnancy Journal (Pregnancy Books, Pregnancy Gifts, First Time Mom Journals, Motherhood Books)

The Wolf, the Duck & the Mouse

The Swallowed Man

Here is the first biography to explore, with shocking detail, the drama that formed this troubled, tragic rock star. Neither an apology nor a condemnation, Kurt Cobain presents a vivid insider's view of the life and death of a man who galvanized a generation and gave birth to the "grunge" revolution with his band Nirvana. Sandford portrays the provocative, small-town rebel with the talent of John Lennon, and then shows him at work on concert stages in Seattle, New York, and London. Readers follow the struggles of Cobain's emotional life-his tumultuous relationships with family and his fellow band members, his drug addiction and sexual appetite, his stormy marriage to Courtney Love, and the birth of his daughter, who, as Cobain wrote in his suicide note, "reminds me too much of who I used to be." During his research, Sandford has had access to Cobain's family, his colleagues, his former friends and lovers, and even author William S. Burroughs, whom Cobain considered to be his "greatest influence." The result is a graphic account of the life that led to the day in April 1994 when Cobain turned a shotgun on himself and became a martyr to disaffected youth around the world.

The Belly Book: A Nine-Month Journal for You and Your Baby

It's best-selling author Berit Nordstrand's fall-in-love-with-life approach to food that makes her belly fat program unique. We now know that it's the fat around your belly, rather than anywhere else on your body, that's the most dangerous to health. Belly fat causes problems for the liver, kidneys and heart and contributes to cardiovascular disease, asthma, migraine, rheumatism, cancer, depression and of course diabetes. For men, a healthy waist size measures less than 94 cm and for women, a waist less than 80 cm. In this book, Berit sets clear, short-term goals to help you to reduce your belly fat over 12 weeks. Her program is packed with food and body facts, and simple food tips, tricks and more than 65 recipes that speed up the rate at which your body burns fat, increase your muscle mass and help you reach your ideal, healthy waist size.

If it can be said that Native culture is hidden behind the facade of mainstream America, there is a facet of that culture hidden even to many Native Americans. One of today's generation of outstanding Native writers, Esther Belin is an urban Indian.

Raised in the city, she speaks with an entirely different voice from that of her reservation kindred as she expresses herself on subjects of urban alienation, racism, sexism, substance abuse, and cultural estrangement. In this bold new collection of poems, Belin presents a startling vision of urban California—particularly Los Angeles—contrasted with Navajo life in the Four Corners region. She presents aspects of Diné life and history not normally seen by readers accustomed to accounts written by Navajos brought up on the reservation. Her work reveals a difference in experience but a similarity in outlook. Belin's poems put familiar cultural forms in a new context, as Coyote "struts down east 14th / feeling good / looking good / feeling the brown." Her character Ruby dramatizes the gritty reality of a Native woman's life ("I laugh / sit / smoke a Virginia Slim / and talk to the spirits"). Her use of Diné language and poignant descriptions of family life will remind some of Joy Harjo's work, but with every turn of the page, readers will know that Belin is making her own mark on Native American literature. From the Belly of My Beauty is also a ceremony of affirmation and renewal for those Native Americans affected by the Federal Indian Relocation Program of the 1950s and '60s, with its attempts to "assimilate" them into the American mainstream. They have survived by remembering who they were and where they came from. And they have survived so that they might bear witness, as Esther Belin so powerfully does. Belin holds American culture accountable for failing to treat its indigenous peoples with respect, but speaks for the ability of Native culture to survive and provide hope, even for mixed-blood or urban Indians. She is living proof that Native culture thrives wherever its people are found.

A Garden in Your Belly

Track Your Path Back to Health

Sand

My Pregnancy from Bump to Baby and Everything in Between

The Life and Times of David Wojnarowicz

From the Belly of My Beauty

"[Fire in the Belly is] unimprovable as a biography-thorough, measured, beautifully written, loving but not uncritical-as a concentrated history of his times, and as a memorial." -Luc Sante, Bookforum David Wojnarowicz was an abused child, a teen runaway who barely finished high school, but he emerged as one of the most important voices of his generation. He found his tribe in New York's East Village, a neighborhood noted in the 1970s and '80s for drugs, blight, and a burgeoning art scene. His creativity spilled out in paintings, photographs, films, texts, installations, and in his life and its recounting-creating a sort of mythos around himself. His circle of East Village artists moved into the national spotlight just as the AIDS plague began its devastating advance, and as right-wing culture warriors reared their heads. As Wojnarowicz's reputation as an artist grew, so did his reputation as an agitator-because he dealt so openly with his homosexuality, so angrily with his circumstances as a Person With AIDS, and so fiercely with his would-be censors. Fire in the Belly is the untold story of a polarizing figure at a pivotal moment in American culture-and one of the most highly acclaimed biographies of the year.

In his #1 New York Times best seller, Wheat Belly, Dr. William Davis shared his provocative revelation that wheat is the single biggest contributor to our nation's obesity epidemic and a host of other medical concerns—and that eliminating wheat from our diets is key to ensuring our nation's health now and in the future. With the Wheat Belly Journal, readers now have the essential tool to help track their path to a wheat-free life and rid themselves of belly fat for good. Including wheat belly guidelines, a full week's worth of menus, and tips to maintain a wheat-free life, this beautifully designed journal gives readers all the space they need to record their favorite Wheat Belly meals and their progress as they eliminate wheat from their diets. If Little Pea doesn't eat all of his sweets, there will be no vegetables for dessert! What's a young pea to do? Children who have trouble swallowing their veggies will love the way this pea-size picture book serves up a playful story they can relate to. Includes a sneak peek of Undoctored—the new book from Dr. Davis! In this #1 New York Times bestseller, a renowned cardiologist explains how eliminating wheat from our diets can prevent fat storage, shrink unsightly bulges, and reverse myriad health problems. Every day, over 200 million Americans consume food products made of wheat. As a result, over 100 million of them experience some form of adverse health effect, ranging from minor rashes and high blood sugar to the unattractive stomach bulges that preventive cardiologist William Davis calls "wheat bellies." According to Davis, that excess fat has nothing to do with gluttony, sloth, or too much butter: It's due to the whole grain wraps we eat for lunch. After witnessing over 2,000 patients regain their health after giving up wheat, Davis reached the disturbing conclusion that wheat is the single largest contributor to the nationwide obesity epidemic—and its elimination is key to dramatic weight loss and optimal health. In Wheat Belly, Davis exposes the harmful effects of what is actually a product of genetic tinkering and agribusiness being sold to the American public as "wheat"—and provides readers with a user-friendly, step-by-step plan to navigate a new, wheat-free lifestyle. Informed by cutting-edge science and nutrition, along with case studies from men and women who have experienced life-changing transformations in their health after waving goodbye to wheat, Wheat Belly is an illuminating look at what is truly making Americans sick and an action plan to clear our plates of this seemingly benign ingredient.

The What to Expect When You're Expecting Pregnancy Organizer

Growing You

The Belly Book: a Nine-Month Journal for You and Your Baby

A Novel

Kurt Cobain

Pregnancy Journal the Belly Book

Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book As You Grow, is designed with a timeless look and archival paper so that you can one day pass it along to your child. Growing You includes:

- Space to journal your feelings and experiences about pregnancy and your birth story
- A section to document your prenatal appointments and growth
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Writing prompts to record precious milestones such as baby showers and prepping your nursery • Pages to document your baby's birth day • Pocket folder for sonogram photos, letters from loved ones, and other mementos • And more! Special Features: • Chic, gender-neutral design • Elegant linen cover • Acid-free and archival paper • Generous trim size offers ample space for photos • Lay-flat design created by a beautiful gold spiral binding allows you to easily write in the book
The practical, comforting, honest, and hilarious bestseller for moms-to-be, with more than one and a half million copies in print! Your doctor gives you medical advice. Your mother buys you baby clothes. But who can give you the real skinny when you're pregnant? Your girlfriends, of course—at least, the ones who've been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine talks to you the way only a best friend can—in the book that will go the whole nine months for every mother-to-be. In this revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant. What really happens to your body—from morning sickness and gas to eating everything in sight—and what it's like to go from being a babe to having one. The Many Moods of Pregnancy—why you're so irritable/distracted/tired/lightheaded (or at least more than usual). Staying Stylish—You may be pregnant, but you can still be the fashionista you've always been (or at least you don't have to look like a walking beachball)—wearing the hippest designers and proudly showing off your bump. Pregnancy is Down To a Science—from in vitro fertilization to scheduled c-sections, there are so many options, alternatives, and scientific tests to take that being pregnant can be downright confusing! And much more! For a reassuring voice or just a few good belly laughs, turn to this straight-talking guide on what to really expect when you're expecting.

"A new edition with a final chapter written forty years after the explosion."

Provides a complex, multifaceted look at Emerson--his observations, experiences, thoughts, emotions, personal turmoil and doubts, and self-criticisms--through his journals, diaries, and notebooks

The Countdown to Miracle!

Meet the Microbes in Your Gut

Women, Slavery and Resistance

The Scandinavian Belly Fat Program

Belly Button Book

The Phantom Tollbooth

Bump to Birthday - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

A moving lyric meditation on the Congo River that explores the identity, chaos, and wonder of the Democratic Republic of Congo as well as race and the detritus of colonialism. With *The River in the Belly*, award-winning Congolese author Fiston Mwanza Mujila seeks no less than to reinitiate the Congo River in the imaginary of European languages. Through his invention of the "solitude"—a short poetic form lending itself to searing observation and troubled humor, prone to unexpected tonal shifts and lyrical u-turns—the collection celebrates, caresses, and chastises Central Africa's great river, the world's second largest by discharge volume. Drawing inspiration from sources as diverse as Soviet history, Congolese popular music, international jazz, and everyday life in European exile, Mwanza Mujila has fashioned a work that can speak to the extraordinary hopes and tragedies of post-independence Democratic Republic of the Congo while also mining the generative yet embattled subject position of the African diasporic writer in Europe longing for home. Fans of *Tram 83* will discover in *River* the same incandescent, improvisatory verbal energy that so dazzled them in Mwanza Mujila's English-language debut.

Featuring a beachful of bare-bellied hippos—including one tiny baby who can only say "Bee Bo"—the *Belly Button Book* is a quirky addition to the phenomenally successful *Boynton on Board* series. Every page captivates with Sandra Boynton's inimitable illustrations and joyful rhyming text: Soon after dark, upon the beach, we sing a hippo song, and if you're feeling in the mood, we hope you'll sing along: "Belly Belly Button, you're oh so fine. Ooo, Belly Button, I'm so happy you're mine." Shiny and sturdy, and featuring a great (navel-shaped, naturally) die-cut cover, the *Belly Button Book* provides enduring, giggly, read-aloud fun. Oversized lap edition also available—perfect for more reading aloud!

When a mouse is swallowed by a wolf, he learns that a duck devoured earlier has set up a table to enjoy the food the gluttonous predator eats.

Pachinko (National Book Award Finalist)

The Belly Book

Hiroshima

A Journal of Memories from the Proposal to "I Do!"

My Belly Has Two Buttons

Operating Instructions

Lilly, the main character of Camilla Gibb's stunning new novel, has anything but a stable childhood. The daughter of English/Irish hippies, she was "born in Yugoslavia, breast-fed in the Ukraine, weaned in Corsica, freed from nappies in Sicily and walking by the time [they] got to the Algarve..." The family's nomadic adventure ends in Tangier when Lilly's parents are killed in a drug deal gone awry. Orphaned at eight, Lilly is left in the care of a Sufi sheikh, who shows her the way of Islam through the Qur'an. When political turmoil erupts, Lilly, now sixteen, is sent to the ancient walled city of Harar, Ethiopia, where she stays in a dirt-floored compound with an impoverished widow named Nouria and her four children. In Harar, Lilly earns her keep by helping with the household chores and teaching local

children the Qur'an. Ignoring the cries of "farenji" (foreigner), she slowly begins to put down roots, learning the language and immersing herself in a culture rich in customs and rituals and lush with glittering bright headscarves, the chorus of muezzins and the scent of incense and coffee. She is drawn to an idealistic half-Sudanese doctor named Aziz, and the two begin to meet every Saturday at a social gathering. As they stay behind to talk, Lilly finds her faith tested for the first time in her life:

"The desire to remain in his company overwhelmed common sense; I would pick up my good Muslim self on the way home." Just as their love begins to blossom, they are wrenched apart when the aging emperor Haile Selassie is deposed by the brutal Dergue regime. Lilly seeks exile in London, while Aziz stays to pursue his revolutionary passions. In London, Lilly's life as a white Muslim is no less complicated. A hospital staff nurse, she befriends a refugee from Ethiopia named Amina, whose daughter she helped to deliver in a back alley. The two women set up a community association to re-unite refugees with lost family members. Their work, however, isn't entirely altruistic. Both women are looking for someone: Amina, her husband, Yusuf, and Lilly, Aziz, who remains firmly, painfully, implanted in her heart. The first-person narrative alternates seamlessly between England (1981-91) and Ethiopia (1970-74), weaving a rich tapestry of one woman's quest to maintain faith and love through revolution, upheaval and the alienation of life in exile. *Sweetness in the Belly* was universally praised for the tremendous empathy that Gibb brings to an ambitious story. Kirkus Reviews writes that the novel "reflect(s) the pain, cultural relocation and uncertainty of tribal, political and religious refugees the world over. Gibb's territory is urgently modern and controversial but she enters it softly, with grace, integrity and a lovely compassionate story. [It is a] poem to belief and to the displaced--humane, resonant, original, impressive." According to the Literary Review of Canada, *Sweetness in the Belly* is "...a novel that is culturally sensitive, consummately researched and deeply compassionate...richly imagined, full of sensuous detail and arresting imagery...Gibb has smuggled Western readers into the centre of lives they might never otherwise come into contact with, let alone understand."

A single mother and writer grappling alone with the problems of a newborn baby presents a vivid account of the confusion, joys, sorrows, and struggles of the first year in her son's life. Reprint. 20,000 first printing.

FEATURING A BRAND-NEW JACK REACHER STORY! A collection of seventeen brand-new crime stories from bestselling authors Lee Child, Jeffrey Deaver, Stella Duffy, and more. KILLER SECRETS FEATURING A BRAND NEW JACK REACHER STORY Open the files on an anthology of seventeen new crime stories to probe the brutal and complex hearts of criminals, and unravel the strangest of mysteries. Watch as a secretive group of intelligence community officers trace Jack Reacher through Heathrow in Lee Child's "Smile". In Mary Hoffman's "Fallen Woman", a journalist on the trail of a secretive drug lord gets caught up in the violent suicide of a young woman in Siena. And in Jeffery Deaver's "Connecting the Dots", detectives follow the trail of clues in the brutal killing of a homeless man, wherever it may lead... Invisible Blood is a gripping collection exploring the compulsions of the criminal mind. SEVENTEEN STORIES FROM TODAY'S FINEST CRIME WRITERS Lee Child, Jeffery Deaver, Denise Mina, R.J. Ellory, Christopher Fowler, Stella Duffy, Ken Bruen, Lauren Henderson, James Grady, Jason Starr, Mary Hoffman, Cathi Unsworth, Bill Beverly, Lavie Tidhar, Johana Gustawsson, A K Benedict, John Harvey

A journal of memories from the proposal to I Do! by Amy K. Rosenthal.

The River in the Belly

A Kick in the Belly

A Nine-Month Journal for You and Your Growing Belly

Invisible Blood

The Girlfriends' Guide to Pregnancy

Monthly Checklists, Activities, & Journal Prompts

A charmingly illustrated journal that offers moms-to-be a place to document details during the amazing whirlwind of pregnancy. Capture every moment from the first reactions to being pregnant to meeting baby: 41 Weeks is a unique keepsake journal that invites expectant mothers to capture the fleeting and amusing minutiae along with the unforgettable moments. This pregnancy diary covered a variety of topics from dealing with symptoms and cravings, to baby nicknames, maternity clothes, and so much more. - Features classic and quirky prompts that help you capture the fleeting moments, the unforgettable milestones, and all of the amusing details - Includes plenty of space to record week-by-week notes as well as attach photos so you can easily track changes and progress - Divided into three sections for each trimester, 41 Weeks includes entertaining illustrations and helpful charts 41 Weeks is a wonderful keepsake journal that will remind you to pause and appreciate all that is happening, while creating a snapshot of your pregnancy that is as unique as you are. It's an easy and fun way to record memories that will be cherished for many years to come--by mom and baby A beautiful way to remember your pregnancy and baby's first year. Early symptoms, odd cravings, labor and birth, footprints, and beyond--document all the major milestones of your pregnancy and baby's first year. This sweetly illustrated pregnancy journal has plenty of space for mom to journal and jot down delightful details. There are so many wonderful memories being made and From Belly to Baby helps you record them with thoughtful writing prompts, ample room to write, and even inspirational motherhood quotes, and all in a fun and celebratory package worthy of your little gift. From Belly to Baby includes: What to expect--Find insights about your baby's development, as well as a list of common things most moms go through at each stage of pregnancy. Helpful templates--Even if you're suffering from "pregnancy brain" now, remember the important details--from first trimester highlights to a list of "firsts and favorites." Wonderful keepsake--This charmingly illustrated journal is the perfect way to record your treasured memories for your future child. Rejoice in the memories of your pregnancy and baby's first year--and remember them always--with From Belly to Baby.

Write (and remember) your first-time mommyhood story The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember--and with this

journal, you'll chronicle every meaningful milestone and memory of your pregnancy. The First-Time Mom's Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal includes: First-time mom firsts--Remember the special moments of every month with questions to guide your journaling. Plus, space for freestyle entries allows you to create your very own pregnancy journal prompts. Handy guidance--Keep track of your prenatal appointments and stay organized with trimester checklists--this pregnancy journal has you covered with all of the essential to-dos to get ready for baby. Fun activities--Daydream about the nursery, brainstorm baby names, scrapbook sonograms, and so much more. You only experience your first once--capture every moment with The First-Time Mom's Pregnancy Journal.

You can't log onto Facebook or Instagram without seeing photos of babies wearing adorable belly stickers to celebrate significant milestones (like "One month old!"), and now comes the very first book of belly stickers for moms-to-be! After the success of The Belly Sticker Book comes a brand-new book of belly stickers dedicated to pregnancy and beyond. Includes stickers that chart the pregnancy week by week, plus other fun announcements ("It's a girl!") and milestones. The book also includes stickers for the dad-to-be, grandparents, siblings, and other family members, before and after the baby is born ("Best uncle ever!"). The Pregnancy Belly Sticker Book is a great way to capture and share this joyful time for the entire family. Includes 48 belly stickers. Use the hashtags #bellystickers and #bellystickerbook for extra sharing!

Bump to Birthday, Pregnancy & First Year Journal

The First-time Mom's Pregnancy Journal

Belly Book

Little Pea

Lose the Wheat, Lose the Weight, and Find Your Path Back to Health

Keepsake Pregnancy Journal and Memory Book for Mom and Baby

This journal is perfect for moms-to-be as memory book, diary or for daily note taking. It can make a wonderful gift for a woman expecting twins to record all the wonderful experiences. Size at 6"x9" 110 pages White Paper, Lined Blank Cover Finish: Matte

Pregnancy Journal Twins On The Way

From Belly to Baby