

### *Aarachar Free*

Have you noticed how the onion has so many layers? And have you seen your mother's eyes water when she cuts an onion? Here is a remarkable story to tell you why. India's favourite storyteller brings alive this timeless tale with her inimitable wit and simplicity. Dotted with charming illustrations, this gorgeous chapter book is the ideal introduction for beginners to the world of Sudha Murty. Death is a taboo in most societies in the world. But what if we have got this completely wrong? What if death was not the catastrophe it is made out to be but an essential aspect of life, rife with spiritual possibilities for transcendence? For the first time, someone is saying just that. n this unique

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treatise-like exposition, Sadhguru dwells extensively upon his inner experience as he expounds on the more profound aspects of death that are rarely spoken about. From a practical standpoint, he elaborates on what preparations one can make for one's death, how best we can assist someone who is dying and how we can continue to support their journey even after death. Whether a believer or not, a devotee or an agnostic, an accomplished seeker or a simpleton, this is truly a book for all those who shall die!

Young and impressionable, Prema is deeply infatuated with Yudas, the enigmatic man who dredges corpses from the bottom of the nearby lake. Longing to be rescued from the tyranny of her father, a former policeman who zealously tortured Naxalite rebels during the Emergency, Prema

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dreams of escape and finds herself drawn to the Naxal political ideology. Convinced that Yudas was one of the inmates at her father's prison camp, Prema believes that only he can save her. But Yudas is haunted by secrets of his own, and like his biblical namesake Judas Iscariot, he bears the burden of crushing guilt. In her passionate pursuit of the mercurial Yudas, Prema is plunged into a world of terrifying truths and insidious lies. Ferociously powerful and utterly absorbing, *The Gospel of Yudas* raises alarmingly relevant questions about the politics of allegiance and the price of idealism. It is also a deeply human story about remorse, redemption and love.

'Takes the Malayalam novel to new heights and fresh possibilities.' - *The Hindu* When Peter Jeevanandam arrives

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in Sri Lanka to shoot a movie about a human rights activist ostensibly murdered by the LTTE, the government is more than willing to help. What they don't know is that he is also searching for Sugandhi - an LTTE member, and the love of his life. As Peter stumbles upon and becomes part of a plot to kill the president, reality, history, myth and fiction collide in explosive, illuminating ways. *Sugandhi Alias Andal Devanayaki* is a daring novel that portrays the violence inherent in both fascism and revolution. Winner of the 2017 Vayalar Award and the Kerala Sahitya Akademi Award.

Indulekha

A Short History of the New India

The Last Girl

Yellow Is the Colour of Longing

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A View from Europe

A Memoir

HangwomanPenguin UK

There's more to Milind Soman than meets the eye (although, as his legions of female fans will agree, what meets the eye is pretty delish). Combining in himself the passion of an entrepreneur, the mind of a nerd, the discipline of an athlete, the curiosity of an explorer, the heart of a patriot and the soul of a philosopher, Milind has made the stunning-and apparently seamless- transition from champion swimmer to supermodel to actor to extreme

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sportsperson to women's fitness activist, enabler and proselytiser, all in one lifetime. How does he do it? What makes him tick? On the twenty-fifth anniversary of 'Made in India', the breakout pop music video of the 1990s that captured the apna-time-aagaya zeitgeist of post-liberalization India and made him the nation's darling across genders and generations, Milind talks about his fascinating life-controversies, relationships, the breaking of vicious habits like smoking, alcohol, rage, and more-in a freewheeling, bare-all (easy, ladies-we're talking soul-wise!) memoir. Co-authored with bestselling author

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Roopa Pai, MADE IN INDIA is a rare glimpse into the mind and heart of a very unusual man that will leave you thoughtful, awed and inspired.

WINNER OF THE JCB PRIZE FOR LITERATURE

2020. 'A novel of epic dimensions ... easily among the most accomplished fictional works in

Malayalam.'K. SATCHIDANANDAN Vavachan is a Pulayan who gets the opportunity to play a policeman with an immense moustache in a musical drama. The character appears in only two scenes and has no dialogue. However, Vavachan's performance, and his moustache, terrify the mostly

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upper-caste audience, reviving in them memories of characters of Dalit power, such as Ravanan. Afterwards, Vavachan, whose people were traditionally banned from growing facial hair, refuses to shave off his moustache. Endless tales invent and reinvent the legend of his magic moustache in which birds roost, which allows its owner to appear simultaneously in different places and disappear in an instant, which grows as high as the sky and as thick as rainclouds -- and turn Vavachan into Moustache, a figure of mythic proportions. Set in Kuttanad, a below-sea-level farming region on the

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south-west coast of Kerala, the novel is as much a story of this land as it is of Vavachan and its other inhabitants. As they navigate the intricate waterscape, stories unfold in which ecology, power dynamics and politics become key themes. Originally published in Malayalam as Meesha, S. Hareesh's Moustache is a contemporary classic mixing magic, myth and metaphor into a tale of far-reaching resonance.

Tracing the spectacular trajectory of Ahluwalia's life from its humble beginnings in Secunderabad to the corridors of power in New Delhi, this book is a

classic insider's account of how the India story was shaped and script Ahluwalia played a key role in the transformation of India from a state-run to a market-based economy, and remained a constant fixture at the top of India's economic policy establishment for an unprecedented period of three decades.

The Unseeing Idol of Light

Gospel of Yudas

Back Stage

Made in India

Death

r cc r

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Sleep is Kerry Bajaj's superpower. Her daughters Leela, 5, and Rumi, 3, have slept at 7 pm since they were 7 months old. After moving to India with her husband Karan, Kerry's been bombarded with questions about their perfect sleep regimen. Find all her answers in *Sleep, Baby, Sleep: A Bedtime Routine from 8 to 8*. Kerry, who has studied infant and child sleep in the US, shows you how a little discipline and a lot of patience can help inculcate good

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sleep habits for a lifetime. Well-reasoned, intensively researched and tailored for Indian parents, *Sleep, Baby, Sleep* will transform the process of putting a child to bed.

*Sparkling stories of love, longing and heartbreak in the city* by Ravish Kumar, journalist, TV anchor and bestselling author of *The Free Voice* A boy from Bihar living in Lajpat Nagar likes a momo-seller from the Northeast; she likes him too, but when he gifts her a

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token from his village, his dreams come crashing down. Samar travels with his beloved in a DTC bus in Delhi, the only space in the city where they can meet, but he's afraid to call out her name for fear it will be recognized. A couple shelters from rain underneath a flyover, hoping for a moment of seclusion, but staring eyes pour water on their dreams. And a girl lets herself into her lover's rented room, finds a bunch of letters from his past

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flames, and leaves him an unusual farewell note. In these crisp, powerful, micro stories, the celebrated journalist, TV anchor and writer Ravish Kumar brings alive the love, longing and heartbreak which flourish in the city's spaces. And even as lovers find the niches they need, the city itself shapes their relationships. Brilliantly translated from the bestselling Hindi original *Ishq Mein Shahar Hona*, *A City Happens in Love* is a tribute to the

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modern Indian city, its capaciousness, and to the power of love.

Novel based on the story of a woman executioner and her family in Bengal. First published in Malayalam in 1973, *My Story*, Kamala Das' sensational autobiography, shocked readers with its total disregard for mindless conventions and its fearless articulation of a subject still considered taboo. Depicting the author's intensely personal experiences

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in her passage to womanhood and shedding light on the hypocrisies that informed traditional society, this memoir was far ahead of its time and is now acknowledged as a bona fide masterpiece.

Grandma's Bag of Stories

Strategies for an Uncertain World

Aarachar

My Story of Captivity, and My Fight  
Against the Islamic State

On the Banks of the Mayyazhi

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Kunju Karyangalude Odeythampuran

It is the spring of 1939 in the age of anxiety. In months Europe will be Hitler's. And Badenheim, a resort town vaguely in the orbit of Vienna, is preparing for its summer season. The vacationers arrive as they always have, a sampling of Jewish middleclass life: the impresario Dr. Pappenheim, his musicians, and their conductor; the gay Frau Tsauberblit; the historian Dr. Fussholdt and his much younger wife; the 'readers,' twins whose passion for Rilke is featured on their program; a child prodigy; a commercial traveler; a rabbi. The

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list waxes as the summer wanes. To receive them in the town are the pharmacist and his worried wife, the hotelier and his large staff, the pastry shop owner and his irritable baker, Sally and Gertie (two quite respectable prostitutes), and, mysteriously, the bland inspectors from the "Sanitation Department." The story unfolds as matter-of-factly as a Chekhov play. The characters on stage are so deeply held by their defensive daily trivia that they manage to misconstrue every signal of their fate. Finally, de facto prisoners in their familiar resort, the vacationers, now increased by the forced

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crowding-in of other Jews hardly on vacation, take on the lineaments of undefined disaster. The text builds a sense of foreboding in which each human detail is so persuasive, so right in its fidelity to the terrible evasions of the time, that it leaves the reader transformed by what he and the author know must happen to Badenheim's people.

Badenheim 1939 owes everything to its author's astonishing capacity to recreate the energies and confusions of innocent and uncomprehending victims who, always loyal to civility and social graces, fail to even dimly see the cruel terms of their

imminent fate.

Who can resist a good story, especially when it ' s being told by Grandma? From her bag emerges tales of kings and cheats, monkeys and mice, bears and gods. Here comes the bear who ate some really bad dessert and got very angry; a lazy man who would not put out a fire till it reached his beard; a princess who got turned into an onion; a queen who discovered silk, and many more weird and wonderful people and animals. Grandma tells the stories over long summer days and nights, as seven children enjoy life in her little town. The stories

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entertain, educate and provide hours of enjoyment to them. So come, why don ' t you too join in the fun.

Novel based on social themes.

Naalukettu: The House Around the Courtyard is the story of a young boy, Appunni, set in a matrilineal Nair joint family (a taravad) in the author's native village, Kudallur. Fascinated with accounts of the prestigious Naalukettu taravad from which his mother was expelled, Appunni visits the house only to be despised and rejected by all. Appunni grows up to earn enough money and returns to buy his

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ancestral home, but his victory soon turns into ashes when his father's murderer turns out to be the same man who was the only sympathetic adult in Appunni's lonely teenage years.

Pathummayude adu

Let Me Say it Now

Badenheim Nineteen Thirty-nine

Yakshi

An Inside Story

Naalukettu

***Why do certain foods harm some people and help others? How come the results of a weight***

*loss programme varies from individual to individual? And why do some people fall sick more often than others? The science of Ayurveda holds answers to these questions and many more. Its scriptures took a holistic approach to health by combining our lifestyle with our natural tendencies (which vary from one person to another). This groundbreaking new work from Om Swami combines the yogic view of food as sattvic, rajasic and tamasic with Ayurvedic perspective, and further relates it to the modern view of foods as acidic and alkaline. This is also the first time that Ayurvedic prakriti (vata, pitta and*

*kapha) has been discussed in the context of yogic prakriti (sattvic, rajasic and tamasic) in a truly cohesive fashion. The Wellness Sense extracts the essence of Ayurveda, yoga and tantra to combine it with modern medicine in this simple, step-by-step handbook on how to take better care of yourself. Accessibly written, deeply researched and distilled from Om Swami's own lived experience, The Wellness Sense puts your health and happiness in your hands.*

*Is my baby not well? When can I introduce my baby to solid foods? Becoming a new mother can be an exciting yet overwhelming time. No*

*matter how prepared you are, there will always be many confusing moments, opinions and a whole lot of drama! And just like any other new mom, Esha Deol Takhtani was faced with many such questions soon after the birth of her two daughters-Radhya and Miraya. One day, when one of her baby girls was throwing a tantrum, Esha decided to come up with a plan, one that would ensure her child eats right and is happy in the process! And thus began her adventures in motherhood. With the help of her cook, nurse and some of the best paediatricians in Mumbai, she set off on a journey to document her experiences in*

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*motherhood in the hope that it would help other mothers too. Packed with advice, tips, stories and easy and delicious recipes for toddlers, Amma Mia reflects the personal journey of one woman's transformation into a mother. Informative and easy to follow, this book will help new mothers navigate the ups and downs of raising a healthy toddler and make their child fall in love with food. After decades of imperfect secularism, presided over by an often corrupt Congress establishment, Nehru's diverse republic has yielded to Hindu nationalism. India is collapsing under the weight of its own*

*contradictions. Since 2014, the ruling BJP has unleashed forces that are irreversibly transforming the country. Indian democracy, honed over decades, is now the chief enabler of Hindu extremism. Bigotry has been ennobled as a healthy form of self-assertion, and anti-Muslim vitriol has deluged the mainstream, with religious minorities living in terror of a vengeful majority. Congress now mimics Modi; other parties pray for a miracle. In this blistering critique of India from Indira Gandhi to the present, Komireddi lays bare the cowardly concessions to the Hindu right, convenient distortions of India's past and*

*demeaning bribes to minorities that led to Modi's decisive electoral victory. If secularists fail to reclaim the republic from Hindu nationalists, Komireddi argues, India will become Pakistan by another name. Rinki has everything she needs to go crazy with: bickering boys, a bitchy grandma, boring books, and the Biggest B of them all: Board Exams. Rinki and her wolf pack are back in action. And they have company in the form of Google (Mr Know-it-all) and Adit (Mr Goody Two-shoes). At last, Rinki has her wish fulfilled. She has two boys fighting over her, er, mostly with her! Meanwhile, Rinki's*

*brand new grandmother, Mausiji, is raising hell at home. Her dad (lucky fellow!) is away in Coimbatore. And it's all up to Rinki to cool tempers down. At school, things are no better. Board Exams are looming large and Princy is making her feel smaller than ever. Her grades are shrinking and her waistline is growing. School life is about to get over, but not before things get a lot more crazy. Read the next instalment in the Rinki series and discover why turning seventeen is no walk in the park!*

*My Story*

*A City Happens in Love (Ishq Mein Shahar*

***Hona)***

***A Bedtime Routine from 8 to 8***

***A Practical Guide to Your Physical and Emotional Health Based on Ayurvedic and Yogic Wisdom***

***Moustache***

***The House Around the Courtyard***

Perhaps the only novel to have been reprinted nearly every year for over a hundred years, Indulekha (1889) is widely held to be the first Malayalam novel. Often called an 'accidental' and 'flawed' work, at its core lies a love story. The setting of the novel is the Nair community of Kerala, which had for centuries practised polyandrous matriliney, a most unusual form of inheritance through the woman whom both property and

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authority flavoured. It gives us glimpses of prevalent social practices much debated amongst a people already under colonial pressure to change their ways of life. Written by a Nair, Indulekha is not a grandiose outpouring but the author's effort to achieve certain social goals: firstly, to create a novel much like those of the English authors he had read, and secondly, to illustrate Nair society at that time, both of which met with success. The novel influenced the deliberations of the Malabar Marriage Commission which it predated, and of which Chandum enon was a member. This novel will appeal to general readers interested in Indian writings in translation. Students of literature, history and culture, political and legal theory, and gender studies, will also find it useful. One fateful day, Deepti vanishes mysteriously. Baffled by her

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disappearance and consumed with grief, Prakash, her husband, loses his eyesight. For Prakash, the inexplicable loss of his wife is doubly painful because she was pregnant with their child. And no amount of consolation can bring him solace in the years that ensue. Into this void steps Rajani, a woman with a tormented past. Despite her initial disdain of Prakash, she steadily finds herself drawn to him. And although an intense desire brings them together, Prakash is unable to give Rajani the love she craves just as he is powerless to dispel the luminous memory of Deepti. But where will this grave obsession lead? The Unseeing Idol of Light is a haunting tale that explores love and loss, blindness and sight, obsession and suffering-and the poignant interconnections between them.

WINNER OF THE NOBEL PEACE PRIZE • In this

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“courageous” (The Washington Post) memoir of survival, a former captive of the Islamic State tells her harrowing and ultimately inspiring story. Nadia Murad was born and raised in Kocho, a small village of farmers and shepherds in northern Iraq. A member of the Yazidi community, she and her brothers and sisters lived a quiet life. Nadia had dreams of becoming a history teacher or opening her own beauty salon. On August 15th, 2014, when Nadia was just twenty-one years old, this life ended. Islamic State militants massacred the people of her village, executing men who refused to convert to Islam and women too old to become sex slaves. Six of Nadia’s brothers were killed, and her mother soon after, their bodies swept into mass graves. Nadia was taken to Mosul and forced, along with thousands of other Yazidi girls, into the ISIS slave trade. Nadia

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would be held captive by several militants and repeatedly raped and beaten. Finally, she managed a narrow escape through the streets of Mosul, finding shelter in the home of a Sunni Muslim family whose eldest son risked his life to smuggle her to safety. Today, Nadia's story—as a witness to the Islamic State's brutality, a survivor of rape, a refugee, a Yazidi—has forced the world to pay attention to an ongoing genocide. It is a call to action, a testament to the human will to survive, and a love letter to a lost country, a fragile community, and a family torn apart by war.

A restlessness born of guilt and despair leads Ravi to embark on a journey that ends in the remote village of Khasak in the picturesque Palghat countryside in Kerala. A land from the past, potent with dreams and legends, enfolds the traveller in a

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powerful and unsettling embrace. Ravi is bewitched and entranced as everything around him—the villagers; their children whom he teaches in a makeshift school; the elders who see him as a threat; the toddy-tappers; the shamans—takes on the quality of myth. And then reality, painful and threatening, begins to intrude on the sojourner's resting place and Ravi begins to understand that there is no escape from the relentless dictates of karma... Often poetic and dark, always complex and rich, *The Legends of Khasak*, O.V. Vijayan's much-acclaimed first novel, translated into English by the author, is an extraordinary achievement

Emotion & Relationships (2 Books in 1)  
Stories, advice and recipes from one mother to another  
The Origin and Fate of the Universe

Stories We Never Tell

Amma Mia

The Legends of Khasak

*'An epic novel'—Outlook When twenty-two-year-old Chetna Grddha Mullick is appointed the first woman executioner in India, assistant and successor to her father, her life explodes under the harsh lights of television cameras. When the day of the execution arrives, will she bring herself to take a life?*

*'A literary heavyweight'—Indian Express In these bold, wry and ebullient stories, Meera's astonishing range of narrative*

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*techniques is on full display as she expertly lays bare the faultlines behind the façade of everyday life, sometimes with dark humour and sometimes with astoundingly bitter sadness. Bestselling novel by K R Meera which tells the story of a Hangwoman*

*The decade from the 2008 global financial crisis to the 2020 coronavirus pandemic has seen a real transformation of the world order. The very nature of international relations and its rules are changing before our eyes. For India, this means optimal relationships with all the major powers to best advance its goals. It also requires a*

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*bolder and non-reciprocal approach to its neighbourhood. A global footprint is now in the making that leverages India's greater capability and relevance, as well as its unique diaspora. This era of global upheaval entails greater expectations from India, putting it on the path to becoming a leading power. In The India Way, S. Jaishankar, India's Minister of External Affairs, analyses these challenges and spells out possible policy responses. He places this thinking in the context of history and tradition, appropriate for a civilizational power that seeks to reclaim its place on the*

*world stage.*

*Sugandhi Alias Andal Devanayaki*

*Seventeen and Done*

*The Poison of Love*

*The Theory of Everything*

*Malevolent Republic*

*Hangwoman*

***Young and impressionable, Prema is deeply infatuated with Yudas, the enigmatic man who dredges corpses from the bottom of the nearby lake. Longing to be rescued from the tyranny of her father, a former policeman who zealously tortured Naxalite rebels during the Emergency, Prema dreams of***

***escape and finds herself drawn to the Naxal political ideology. Convinced that Yudas was one of the inmates at her father's prison camp, Prema believes that only he can save her. But Yudas is haunted by secrets of his own and, like his biblical namesake Judas Iscariot, bears the burden of crushing guilt. Suryakant Tripathi 'Nirala', the first modern Hindi poet of India, is all of sixteen and not conversant with the Khari Boli Hindi of the litterateurs yet when his father gets him married and sends him off to his in-laws' in Dalmau to fetch his bride. There he meets a strange man called Kulli Bhaat who claims descent from a family of bards and, despite his mother-in-***

***law's reservations about Kulli's sexuality, Nirala finds himself drawn to Kulli. Then an influenza epidemic breaks out, claiming numerous lives, and Nirala's bereavement leaves him without mooring. Adrift on the boat of time, he seeks employment in various places but finds himself unable to stay away from Dalmau for long. Kulli, in the meanwhile, has taken a Muslim wife and become a champion of the untouchables. Set in pre-Independence India, A Life Misspent is as much the account of an unlikely friendship as it is a coming-of-age story. A memoir on the making of one of the greatest poets of all time.***

***The recent announcement that Google would digitize the holdings of several major libraries sent shock waves through the book industry and academe. Google presented this digital repository as a first step towards a long - dreamed - of universal library, but skeptics were quick to raise a number of concerns about the potential for copyright infrin... Emotion “One can make any emotion into a creative force in one’s life.” – Sadhguru It’s not just poetic license that allows us to refer to emotions as “juicy”. In a literal sense also, emotions are a chemical cocktail that course through our bodies. But while we have no problems with pleasant emotions,***

***unpleasant emotions are the source of much angst in our lives. In Emotion: The Juice of Life, Sadhguru looks at the gamut of human emotions and how to turn them into stepping stones rather than stumbling blocks. Relationships “If you enhance yourself into a very beautiful state, everyone will want to hold a relationship with you.” – Sadhguru Human beings constantly make and break relationships. Unfortunately, relationships can make and break human beings too. Why are relationships such a circus for most of us? What is this primal urge within us that demands a bond – physical, mental, or emotional – with another? And how do we keep this***

***bond from turning into bondage? These are the fundamental questions that Relationships: Bond or Bondage looks at as Sadhguru shares with us the keys to forming lasting and joyful relationships, whether they are with husband or wife, family and friends, at work, or with the very existence itself. Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches. Google and the Myth of Universal Knowledge The Gospel of Yudas***

***The Wellness Sense***

***Sleep, Baby, Sleep***

***How the Onion Got Its Layers***

***A Life Misspent***

When Tulsi first meets Madhav, she is irrevocably drawn to his chiselled good looks and charm. Although wary of his many dalliances and the string of broken hearts left in his wake, she is surprised by the intense desire that Madhav arouses in her. And before long, she forsakes her family, her prospective career, her fiancé—all for the love of this inscrutable man. But love can be

like poison. Years later, Tulsi escapes to the ancient city of Vrindavan, seeking redemption amidst the cries and prayers of its anguished widows. However, when her past catches up with her, old wounds resurface with dramatic consequences.

The India Way

Manjaveyil Maranangal