

Acupuncture Textbook And Atlas

An indispensable tool for all acupuncturists, this encyclopedia provides extensive photographs and illustrations to help students and practitioners find the precise locations of acupuncture points, helping them to understand the overall energy network in three dimensions. Photographs of human bodies, many of which have the bone, muscular, or organ systems superimposed for ease of use, detail the main meridians, secondary circuits, and internal branches, making this highly detailed resource practical and comprehensive. Whether referenced in a classroom or during a consultation, this guide, which has been approved by the College of Chinese Medicine, is the go-to resource for the study and practice of this healing art.

Following an introduction to the philosophical and theoretical background of traditional Chinese medicine, the diagnostic system is presented: the Chinese system of channels and functional organs, the significance of points and point categories, methods of needling and moxibustion. There is a chapter on treatment based on western diagnosis.

This revision reflects major updating, expansion of hot topics, and coverage of trends, current areas of research interest, and controversies in veterinary acupuncture. The book begins with the history and concepts of acupuncture and continues with the anatomic and neurophysiologic basis of acupuncture, research on acupuncture, practical techniques, instrumentation, and point selection. Part two covers acupuncture in small animals, including a canine atlas, avian acupuncture, and chapters that focus on disorders grouped by body systems. Part three is devoted to acupuncture in large animals. It begins with three different equine atlases, followed by equine acupuncture treatment according to body system, and concludes with acupuncture in cattle and a porcine acupuncture atlas. Part four covers failures in veterinary acupuncture and veterinary manipulative therapies.

Atlas of the Acupuncture points of the Horse

Acupuncture for Dogs and Cats

Atlas of Chinese Tongue Diagnosis

Atlas d'acupuncture

Atlas of Acupuncture

Ear Acupuncture

In 1987, our first book Acupuncture: Textbook and Atlas received rave reviews (e.g., in New England Journal of Medicine). This prompted us to write this smaller, affordable version in order to reach a wider audience. The smaller format has been so successful that we are now into our fourth revised edition. This has given us the opportunity to update and improve the book. For example, numerous new references to scientific advances have been added. Also the section on traditional Chinese medicine (TCM) was added because it gives a more complete picture of the current practice of acupuncture. Acupuncture has come a long way since our first book in 1987. There has been a surge of interest in treating drug addictions by ear acupuncture in 450 centers world wide. The treatment of nausea and vomiting has been so well tested (scientifically) that the FDA (USA) is considering making this the major indication for acupuncture in America. Research into its efficacy for neurological and pulmonary diseases is also gaining credibility. No longer is chronic pain the only scientifically acceptable use for acupuncture (based on the endorphin mechanism).

Acupuncture is rapidly moving out of the arena of "alternative" medicine, in large part because it is grounded more firmly than other alternative treatments in research. This book provides readers with the up-to-date information on the clinical bases of acupuncture.

Comprehensively revised and expanded with vital new content, the second edition of Medical Acupuncture continues to explore the realistic integration of acupuncture into conventional medicine. Advocating the Western medical acupuncture approach (WMA), this science-based compendium provides the trained practitioner with all the latest research on the effectiveness of WMA and its associated mechanisms, techniques, clinical practice and evidence. Medical Acupuncture demonstrates a variety of needling techniques and clinical applications within the context of WMA and its evolution from traditional Chinese acupuncture using current knowledge of anatomy, physiology and pathology alongside the principles of evidence-based medicine. Split into seven sections the book begins by establishing the roots of WMA in the Introduction and then progresses on to describe the mechanisms of action in Section 2, including peripheral components of stimulation and evidence from neuroimaging. Sections 3 and 4 cover clinical approaches (eg, superficial needling, electroacupuncture, safety of acupuncture) and techniques related to acupuncture (TENS, laser therapy). Section 5 takes a closer look at the difficulties faced by trials and reviews while Section 6 goes on to showcase 21 clinical uses of WMA, ranging from chronic pain, mental health, obstetrics and primary care to sports medicine, respiratory conditions and neurology. The final reference section contains dermatome/myotome maps, meridian/channel charts and standard international nomenclature. Comprehensive

coverage of the scientific evidence and clinical application of acupuncture in medicine Balances the genuine benefits of acupuncture against unfounded claims Presents a wide range of treatable conditions from psychiatry and palliative care through to the pain clinic and veterinary medicine Clinical points boxes highlight key knowledge and learning Illustrated with over 130 drawings and photographs Content restructure and overhaul with contributions from over 40 world leading experts Individual chapters on the use of acupuncture for a wide range of medical conditions including gynaecology and infertility, cancer and palliative care, drug dependence, obesity, sports medicine, dentistry and veterinary practice Updated with the latest scientific evidence Expanded information on neuroanatomical and neurophysiological considerations in relation to the mechanisms of acupuncture

Acupuncture Textbook and Atlas Springer Science & Business Media

Essentials of Western Veterinary Acupuncture

Basics of Acupuncture

Clinical Acupuncture

Atlas of the Genuine Acupuncture Points in the Horse

Pocket Atlas of Acupuncture

Tongue diagnosis is a vital instrument used in Chinese medicine both to assess the current health of a patient and to provide a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This new (2nd) edition of Atlas of Chinese Tongue Diagnosis contains over two hundred color photographs of tongues seen in a Western clinic. The photos provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding Chinese diagnosis for each feature, accompanying symptoms, Western diagnosis, and pertinent background information. The sequence of the photos within a chapter shows the increasing degree of imbalance among the body's energies. The presentation of the tongues is organized according to the nature of the underlying organ disharmony: Lungs, Spleen, Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue such as pale tongues, cracked tongues, special coatings, as well as those associated with heat disorders and blood stasis. A final chapter surveys several cases that reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner with a much deeper understanding of the methodology of tongue diagnosis in Chinese medicine. This second edition of the Atlas combines and reconfigures the content of the two volumes in the original edition into one new, integrated volume. The new edition retains most of the photos from the first volume and a number of case histories from the second. A few new photos that are particularly good examples of specific tongue colors or other signs have also been added. At the same time, some of the photos and case histories in the original volumes have been discarded to enhance the readability of the book and thus make it more useful as a single volume reference work. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships.

More and more health care professionals in obstetrics and gynecology are turning to complementary medicine to enhance their patients' comfort and wellness. With an emphasis on medical acupuncture, this book offers busy practitioners an accessible guide to the myriad ways in which these time-tested methods can both enhance and ease a pregnant woman's experience - before, during, and after delivery. Medical Acupuncture in Pregnancy begins with a concise, yet thorough review of basic TCM principles and proceeds to cover treatments for hyperemesis, preterm labor, preeclampsia, dysfunctional labor, postpartum depression, dysmenorrhoe, migraine, infections and more! Whether as an introduction to the topic or as a handy clinical reference, this text is essential for obstetricians, gynecologists, midwives, acupuncturists, and nurses who want to optimize patient care options with Chinese medicine. Special features: High-quality illustrations showing the precise location of acupuncture points Detailed descriptions and diagrams of needling depth and direction Treatment rules and therapeutic guidelines Easy-to-access format for quick reference in a clinical setting A practice-oriented introduction to Qi gong Supplemental information on Chinese dietetics

Praise for the First Edition: The authors take a comprehensive approach to treatment by including acupuncture, herbs and diet; the photos are good; and the cases are interesting. --The Lantern: A Journal of Traditional Chinese Medicine In this fully up-to-date Second Edition, experts in Chinese medicine explain how traditional Chinese tongue diagnosis can be used in daily practice to complement conventional Western methods. The guide begins with a brief introduction to the history, anatomy, physiology, and methodology of tongue diagnosis followed by basic techniques and systematic procedures for identifying the manifold individual characteristics of the tongue's shape and its many modifications. Full-color photographs of tongues then demonstrate a variety of clinical scenarios to help readers develop a holistic approach to diagnosis. Features An in-depth review of the tongue's most important anatomic and physiologic features, including the lingual

papillae, the tongue muscles, arterial supply, and much more More than 180 full-color illustrations and high-quality clinical photographs of Western tongues enhance the text Treatment suggestions for using acupuncture, herbs, and nutrition accompany each clinical image Medical assessment of 28 case histories with real-life photographs from the authors' practice The Second Edition of Pocket Atlas of Tongue Diagnosis is an essential resource for every practitioner or student of Chinese medicine, acupuncture, or complementary medicine.

Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks integrates Western and Eastern medicine, providing a scientific foundation to acupuncture. By correlating detailed anatomical information with specific acupuncture points, the book opens a window into understanding the physiological basis of acupuncture medicine. Each acupuncture point is described in terms of musculature, vasculature, and innervation. Special consideration is also given to the position of organs, muscles, nerves, arteries, and veins with respect to the acupuncture point. A separate section is devoted to cross sections of the human body. The book is divided into four major parts. The first part discusses the underlying principles of traditional Oriental medicine and acupuncture. The second covers the pathophysiology of the organ systems. The third reviews various disease etiologies and the last part presents common diseases that are effectively treated through acupuncture. Written by an author with degrees in both Western and Eastern medicine, the book's bulleted format and numerous illustrations make it easy to read and understand. It is a valuable companion for those wanting to bridge the gap between Eastern and Western medicine, as it relates to acupuncture.

An Atlas of Acupuncture Points

An Illustrated Manual of Acupuncture Points

Body Points - Ear Points - Trigger Points

Anatomical Atlas of Chinese Acupuncture Points

Medical Acupuncture in Pregnancy

Presents a guide to 409 acupuncture points, showing needle placement and describing the names, properties, and applications of each one.

A flexi textbook that contains information on all the major body and ear acupuncture points, as well as an extensive coverage of trigger points. The text is augmented by 126 illustrations pertaining to body acupuncture, 48 illustrations on ear acupuncture, and 114 illustrations on trigger points. The description of each point includes: exact location depth of needling indication function in TCM The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for many practitioners, are presented side-by-side. While the terminology of the points follows Chinese standards for acupuncture, the body parts are named following up-to-date anatomical nomenclature, and the description of trigger points also mentions the respective muscle and pain projection zones. Illustrations include color photographs and clear full-color drawings.

Anatomical Atlas of Chinese Acupuncture Points: The Cooperative Group of Shandong Medical College and Shandong College of Traditional Chinese Medicine covers the common points with their relations to human anatomical structures and the locations of points and indications. The book provides illustrative 100 plates and pictures that fall into three categories: the first part deals with the courses of 12 channels and 8 extra channels (Mai), points on such channels, locations, and indications. The second part describes the relationships between familiar points and their relative anatomical structures (head and neck, trunk, upper, and lower extremities). Points of auricular acupuncture and their indications are included in the third part. The book further presents an index of the ear acupuncture points. The book will be invaluable to people working in the fields of combining Chinese traditional medicine with Western medicine, research work as well as clinical therapeutics.

Très pratique pour localiser correctement les points d'acupuncture, cet atlas décrit aussi le contexte particulier de chaque point et ses possibilités thérapeutiques. En introduction, l'ouvrage fait un rappel synthétique du système des méridiens, des différentes méthodes de localisation des points, des mesures du corps en cun et des repères anatomiques. Le coeur de l'ouvrage présente de manière claire et détaillée plus de 400 points d'acupuncture : points des méridiens principaux, points des huit merveilleux vaisseaux et points hors méridiens. Les derniers chapitres approfondissent les points les plus importants de chaque méridien par région anatomique, puis les différentes catégories de points et leurs associations. Chaque point est présenté selon un schéma-type qui facilite la consultation rapide : localisation : instructions précises qui guident le lecteur pas à pas dans l'anatomie de surface jusqu'à l'emplacement du point ; angle d'insertion : angle(s) et profondeur d'insertion, type d'aiguille recommandé; actions : indications, précautions à prendre, risques et contre-indications éventuels ; caractéristiques particulières : spécificités d'action et d'usage clinique du point. Enfin, l'iconographie associe plus de 700 photographies et 600 dessins : les vues d'ensemble ou en macro alternent avec la surimpression des structures osseuses, musculaires ou vasculaires sur des photos d'anatomie de surface pour un haut degré de précision visuelle. Didactique et exhaustif, cet atlas sera un outil efficace pour les acupuncteurs, confirmés ou en formation.

With Chinese Therapy Guidelines for Acupuncture, Herbal Prescriptions, and Nutrition
Pocket Atlas of Tongue Diagnosis
Navigating the Channels of Traditional Chinese Medicine
Veterinary Acupuncture
Color Atlas of Acupuncture

Praktische atlas van Tung's acupuncuur, een methode waarbij slechts weinig naalden worden gebruikt.

The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of the 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

Award Winner! Pocket Atlas of Chinese Medicine has won first prize at the Association of American Publishers' PROSE Awards and been recognized as the best nursing and allied health text published in 2009. Pocket Atlas of Chinese Medicine offers so much more and is so much more clearly, articulately and professionally presented that it can, and should, replace the earlier best-selling The Web That Has No Weaver. --Blue Poppy Enterprises March 2011 A traditional medicine with up-to-date applications, Chinese Medicine is gaining steady acceptance throughout the world. In this exquisitely illustrated Pocket Atlas of Chinese Medicine, written by a renowned team of international experts, readers will find a concise yet comprehensive synopsis of the entire field. From the clinical practice of acupuncture and moxibustion to Chinese herbal medicine and nutrition therapy, Tai Ji, Qi Gong, and Tuina, the book offers a deep understanding of the underlying theory, characteristics, and fundamental concepts of Chinese Medicine, as well as its philosophical and cultural basis. For those needing a single volume overview of this broad and multi-faceted field, this book is unrivalled. Highlights Full coverage of the basic tenets of Chinese Medicine, from its historical roots to modern scientific research, methods, and findings Informative chapter on diagnosis in Chinese Medicine Practical discussion of Chinese herbs and their usage, including formulas for various common ailments Insights from leading specialists on their respective disciplines Proven pocket atlas format, with double-page spreads and juxtaposition of text and related photographs, drawings, and charts for easy comprehension More than 150 beautifully detailed, full-color illustrations demonstrating key models Pocket Atlas of Chinese Medicine is a must-have resource for students and practitioners of Chinese Medicine, acupuncture, and complementary medicine, including medical doctors in acupuncture training. General physicians interested in expanding their services will also benefit from the wealth of information in this practical guide.

Traditional Chinese Veterinary Medicine has been used to treat animals in China for thousands of years. Until now, the majority of the literature on Traditional Chinese Veterinary Medicine has been written in Chinese. Xie's Veterinary Acupuncture serves as a comprehensive and accessible reference on the basic principles, techniques and clinical application of veterinary acupuncture. Written by a world renowned authority on veterinary acupuncture and a panel of experts, the book incorporates a traditional Chinese approach to veterinary acupuncture, including ancient and newly developed acupuncture techniques for both small and large animals. With the growing interest in veterinary acupuncture worldwide, this ground-breaking and authoritative text is a timely resource for practitioners and students alike.

The Seirin Pictorial Atlas of Acupuncture

Medical Acupuncture

The Acupressure Atlas

A Comprehensive Text

Test Prep Workbook for Basic TCM Theory

The field of pain research is rapidly expanding in both human and veterinary medicine, and has helped increase our understanding of acupuncture. However, many are still highly sceptical about the use of acupuncture and prefer for it to remain far from orthodox veterinary practice. This book seeks to challenge common misgivings by showing how veterinary acupuncture works (for small and large animals), and why it should be established as an orthodox form of treatment. Written from a Western approach, rather than a traditional Chinese Medicine approach, it explains the background and history of acupuncture and includes key information on safety aspects, understanding pain and how acupuncture can help, practical aspects such as types of needles and methods of restraint, and related techniques. Not intended as a techniques manual, this book is a preparatory text for those considering taking an acupuncture course and those wishing to gain a solid understanding of the subject.

With your hands you have potential to relieve everyday aches, pains and ailments without taking drugs, to improve your health, and to increase your vitality. Acupressure is an ancient healing art that uses the fingers to stimulate key points on the skin that, in turn, activate the body's natural self-healing processes. With this book, it is a skill you can learn now--and use in your own home. In Acupressure's Potent Points, Michael Reed Gach, founder and director of the Acupressure Institute of America, reveals simple techniques that enable you to relieve headaches, arthritis, colds and flu, insomnia, backaches, hiccups, leg pain, hot flashes, depression, and more--using the power and sensitivity of your own hands. This practical guide covers more than forty ailments and symptoms, from allergies to wrist pain, providing pressure-point maps and exercises to relieve pain and restore function. Acupressure complements conventional medical care, and enables you to take a vital role in becoming well and staying well. With this book you can turn your hands into healing tools--and start feeling good now.

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

Authoritative work. Descriptions of more than 1,000 acupuncture points, discussion of techniques etc. 741 p. B/W illus.

A Pocket Atlas

Regional Micro-Anatomy and Systemic Acupuncture Networks

Electroacupuncture

Scientific Basis

A fully illustrated and comprehensive reference guide to acupressure • Provides acupressure treatments tailored for a wide variety of health disorders, including back pain, heart and circulatory problems, and even the common cold • Contains step-by-step instructions illustrated in full color for self-treatment or treatment of a partner • A simultaneous hardcover and paperback release

Trouble sleeping, sensitive stomach, headaches, joint problems, allergies: Sensory ailments such as these have been steadily increasing in Western countries for decades. Acupressure--massage along the body's meridians in accordance with traditional Chinese medicine--can effectively prevent and treat all of these disorders, and more. The Acupressure Atlas is a fully illustrated and comprehensive reference guide that demonstrates how acupressure techniques activate and accelerate the body's self-healing powers to alleviate many health problems, including even the common cold. Acupressure confers a holistic health benefit that prevents disorder from arising by harmonizing and balancing the body's energies. It is particularly suited to self-treatment, the treatment of a partner, and especially the treatment of children. Along with an introduction to the origins and principles of traditional Chinese medicine, The Acupressure Atlas provides the most important basic techniques as well as step-by-step instructions, illustrated in full color, of the practical and specific information needed to put the healing techniques of acupressure at your fingertips.

A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system, providing descriptives that include the key points, pathway, associated organs and points, physiology, pathology, clinical applications, and divergent, teninomuscular, and collateral channels.

A novelty to the international market both in concept and realization, this pocket atlas allows the reader to both effectively learn and quickly reference ear acupuncture points. Clear, simple images accompany concise and "to-the-point" texts creating an educational tool for the localization of ear acupuncture points. The resourcefulness of the book is increased by the inclusion of the projection of the body meridians onto the auricle according to Bahr. Besides, "prescriptions" of point combinations according to some indications are included. The reader will profit from the extensive international teaching experience of Beate Strittmatter. Through her former teacher, Frank Bahr, who cooperated directly with Dr. Paul Nogier, she stands in the direct tradition of the founder of Western auriculotherapy.

This concise pocket-sized acupuncture guide is what professionals have been asking for! It is the first pocket atlas to cover all the major body and ear acupuncture points, including extensive coverage of the trigger points. Detailed descriptions of the localization, needling depth, indications, and functions of each point are provided. The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for practitioners, are presented side by side, usually in full-page illustrations, enhancing this book's usefulness as a daily reference guide. The presentation of three acupuncture therapy systems follows a clear didactic concept: All points are shown in text and image, and the localization of the points is aided by means of anatomic drawings and photographs. Coming from diverse specialties, the authors provide you with the most complete, useful, and accurate information available. Acupuncture points are described using the "visual-didactic processing system," which is rapidly gaining praise and recognition for its easy-to-use format. The clearly written text is augmented by high-quality color images. Hecker's Pocket Atlas of Acupuncture and Trigger Points is ideal as a quick reference in your daily practice or as an exam preparation guide. This wealth of information makes it invaluable to experienced practitioners and to novices alike.

Pocket Atlas of Chinese Medicine

Practical Atlas of Tung's Acupuncture

Pictorial Atlas of Acupuncture

The Cooperative Group of Shandong Medical College and Shandong College of Traditional Chinese Medicine

The Photographic Atlas of Acupuncture

Skillfully integrating traditional concepts of Chinese medicine with clinical experience and modern scientific research, Acupuncture for Dogs and Cats brings together all current information in one convenient book. Its atlas-style format, highlighted by hundreds of full-color photographs and supporting text, makes it ideal as a quick, user-friendly reference in the clinic or training program. Special Features: An easy-to-use, double-page spread designed for fast retrieval of information--on the left, concise text describes the effects, indications, localization, technique, and depth of insertion for each acupuncture point; on the right, high-quality photographs demonstrate all concepts. Bones and muscles have been precisely drawn into each photograph, a valuable tool for localization of points. A comprehensive discussion of all acupuncture points in all channels ensures that you have full mastery of the field. A complete introduction to the principles of traditional Chinese medicine (TCM), channel systems, TCM diagnostics, point selection, and point categories (such as Ting or Luo points) provide a strong foundation in the concepts of veterinary TCM. The only book to focus solely on acupuncture for small animals, this handy, pocket-size atlas is unique in the field. It offers a wealth of practical knowledge and a pictorial reference for veterinarians, animal acupuncturists, students, and trainees whose goal is to provide the highest level of treatment to the animals in their care.

A companion to A Manual of Acupuncture, there are 384 durable point reference and study cards covering all 391 of the 14 channel and extra (miscellaneous) points. Each card measures 4" x 6", and most are devoted to a single point. This second edition of the point cards offers a new terra cotta storage case, two-color cards, the addition of pinyin accents, and updated point locations and location notes to match the latest edition of A Manual of Acupuncture.

This book provides a clear and accessible overview of the theoretical foundation of electroacupuncture (EA), together with experimental and clinical evidence of the usefulness of EA in its various forms. It also serves as a manual for the effective clinical practice of EA, with a number of illustrative case histories. It serves as an excellent background to the subject, covering all the key information a beginner practitioner would need to know, as well as exploring avenues for advanced practice.

This book is designed as a study guide for either students or practitioners needing additional information on basic TCM theory. It is also designed to be extremely helpful for those preparing for the basic

TCM theory portion of the NCCAOM exam. The book is divided into seven tests containing 125 questions each. Each test includes an answer sheet and an answer key. Practitioners may also find the information contained in this book useful in their everyday clinical practice.

Acupuncture Anatomy

Xie's Veterinary Acupuncture

Textbook and Atlas

A Western Scientific Approach

A Practical Manual and Resource

The SEIRIN pictorial atlas of acupuncture is a new kind of manual. It illustrates the whole range of acupuncture points and main channels, the extraordinary vessels Ren Mai and Du Mai, and the extraordinary points in a systematic and clear way. Each of the 409 important points is clarified through a series of three different illustrations: a graphic indicates location on the body; an overview of channels illustrates the point in the context of its pathway; a photograph shows the acupuncture needle in position. By combining Chinese sources with the authors' experience in therapy this book features a sensible balance between the most important indications and practical needs. The names, properties, and applications of the individual acupuncture points were then revised on this basis. The team of Chinese and German authors creates a bridge between Asian and western views of acupuncture. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge"--Dust jacket.

This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be v

Interactive Medical Acupuncture Anatomy

Equine Acupuncture Atlas

A Guide to Self-Care for Common Ailments

A Precise Pocket Atlas Based on the Works of Nogier/Bahr

Zhu's Scalp Acupuncture