

Al Hisnul Hasin Gastfo

About The Author Mohammad Shakeel is a writer, speaker, digital marketer, online trainer, a great thinker and a visionary. He's only 22 and was awarded by the United Nations for being India's youngest motivational speaker. He has more than 20 lakh subscribers on YouTube, where he talks about logical motivation, ways to make money, life-changing formulas, intellectual topics and work-like-hell kind of topics. CoolMitra Channel started 4 years ago and has completed a journey of over 120 million views so far. He is looking forward to starting a dedicated YouTube channel for Short-Films in the same category which nobody has ever done in India so far. About The Book To be a pilot of a plane, you need to know how it works. Likewise, if you want to control the most powerful thing on the earth-your MIND, you need to learn about it scientifically. Do you want to work 100 hours a week like most Successful People do in the world? Do you always want to stay energetic? Do you wait for perfection? Do you procrastinate? Are you always lazy? Do you have dreams and goals that you haven't started working on yet? Then this Book can work like MAGIC for you. I hate writing about things that are already been written. This book offers a new formula to master your MIND, it's a great vaccine for procrastinators. His video courses and E-books are also available on his Website. He sold over 100,000 copies of his E-Books in just 4 months. In 2018 he started selling high ticket courses to masses when only a few were selling courses in India.

The Psychology of Laziness By Mohammad Shakeel - CoolMitra

Islamic MedicineDarussalam Publishers

What is the key to living a better life? That is a question that our society has become engrossed with now-a-days. Numerous books have been written and countless lectures have been given by health specialists on the importance of natural simple foods. They all state that we should try and consume more natural simple foods and try and apply holistic remedies for ailments, so as to lose our dependence on processed foods and chemical medication. However, what they are saying today, Islam has been saying since the time of Prophet Muhammad, peace and blessing be upon him. In this book the author relates numerous natural super foods and holistic remedies, which if applied to our every day lives, will not only help make our life become better, but will improve our over-all health dramatically. All that a person needs to live a better and healthy life has been discussed by the author and he shows how this is all related from the Qur'an and the Sunnah of the Last Messenger, Muhammad (peace be upon him). This book is a must for all those who wish to live a natural and healthy life. Whoever reads this book with an open mind will realize the importance that a healthy life style has within the Islamic faith. A life style that is encouraged by the Allah, the Lord of all Creation, and by His beloved Prophet Muhammad (peace be upon him).

Sound and Sense