

Apple Ibooks User Guide

A formula for positive thinking, enabling the reader to effect a change in his or her life for the better.The world that you create begins with your thoughts. This book is meant to help you transform the way you think about yourself, about others, and about the situations that you are facing in your life today.

With High Sierra, Apple has taken its macOS operating system to new heights. From Apple ’ s efficient new file system to improved video streaming and support for virtual reality, this latest macOS version provides features improve your experience. And once again, David Pogue brings his humor and expertise to the #1 bestselling Mac book. Whether you ’ re a developer or a home-user, this guide offers a wealth of detail on Apple ’ s macOS 10.13 operating system, this new edition covers everything High Sierra has to offer. Perfect for newcomers. Get crystal-clear, jargon-free introductions to the best and brightest macOS apps, including Siri, Safari, iCloud, FaceTime, and AirPods. Get the whole picture. Learn more efficient ways to navigate, organize, and edit your photos with new features in the Photos app. Go in-depth. Take advantage of Apple ’ s new graphics technology, and its support for virtual reality.Gain real insight. David Pogue doesn't just tell you how to use macOS features. You ’ ll also learn why to use them—and how to avoid common pitfalls.i

National Book Award Longlist TIME’s 10 Best YA and Children’s Books of 2020 NPR’s Best Book of 2020 Shelf Awareness’s Best Books of 2020 Publishers Weekly’s Big Indie Books of Fall Amazon’s Best Book of the Month AICL Best YA Books of 2020 CSMCL Best Multicultural Children’s Books of 2020 PRAISE “Stirring... Raw and moving.” —TIME “Beautiful imagery and with words that soar and scald.” —The Buffalo News “Easily one of the best books to be published in 2020. The kind of book bound to save lives.” —LitHub “A powerful narrative about identity and belonging.” —Paste Magazine FOUR STARRED REVIEWS “Timely and important.” —Booklist, starred review “Searing yet dryly funny.” —The Bulletin, starred review “Exceptional.” —Shelf-Awareness, starred review “Captivating.” —School Library Journal, starred review The term “Apple” is a slur in Native communities across the country. It’s for someone supposedly “red on the outside, white on the inside.” In APPLE (SKIN TO THE CORE), Eric Gansworth tells his story, the story of his family—of Onondaga among Tuscaroras—of Native folks everywhere. From the horrible legacy of the government boarding schools, to a boy watching his siblings leave and return and leave again, to a young man fighting to be an artist who balances multiple worlds. Eric shatters that slur and reclaims it in verse and prose and imagery that truly lives up to the word heartbreaking. An argument for retaining the notion of personal property in the products we “ buy ” in the digital marketplace. If you buy a book at the bookstore, you own it. You can take it home, scribble in the margins, put in on the shelf, lend it to a friend, sell it at a garage sale. But is the same thing true for the ebooks or other digital goods you buy? Retailers and copyright holders argue that you don’t own those purchases, you merely license them. That means your ebook vendor can delete the book from your device without warning or explanation—as Amazon deleted Orwell’s 1984 from the Kindles of surprised readers several years ago. These readers thought they owned their copies of 1984. Until, it turned out, they didn’t. In The End of Ownership, Aaron Perzanowski and Jason Schultz explore how notions of ownership have shifted in the digital marketplace, and make an argument for the benefits of personal property. Of course, ebooks, cloud storage, streaming, and other digital goods offer users convenience and flexibility. But, Perzanowski and Schultz warn, consumers should be aware of the tradeoffs involving user constraints, permanence, and privacy. The rights of private property are clear, but few people manage to read their end user agreements. Perzanowski and Schultz argue that introducing aspects of private property and ownership into the digital marketplace would offer both legal and economic benefits. But, most important, it would affirm our sense of self-direction and autonomy. If we own our purchases, we are free to make whatever lawful use of them we please. Technology need not constrain our freedom; it can also empower us.

There is much to learn about the new generation of iPad, and the iPad 2 Survival Guide is the flagship guide for Apple ’ s newest creation. The iPad 2 Survival Guide organizes the wealth of knowledge about the iPad 2 into one place, where it can be easily accessed and navigated for quick reference. This guide comes with countless screenshots, which complement the step-by-step instructions and help you to realize the iPad ’ s full potential. The iPad 2 Survival Guide provides useful information not discussed in the iPad manual, such as tips and tricks, hidden features, and troubleshooting advice. You will also learn how to download FREE games and FREE eBooks, how to PRINT right from your iPad, and how to make VIDEO CALLS using FaceTime. Whereas the official iPad 2 manual is stagnant, this guide goes above and beyond by discussing recent known issues and solutions that may be currently available. This information is constantly revised for a complete, up-to-date manual. This iPad 2 guide includes: Getting Started - Button Layout - Before First Use - Navigating the Screens - Setting Up Wi-Fi - Setting Up an Email Account - Using Email - Logging In to the Application Store - Using FaceTime - Placing a FaceTime Call - Moving the Picture-in-Picture Display - Taking Pictures - Capturing Videos - Browsing and Trimming Captured Videos - Using iTunes to Import Videos - Sending Pictures via Email - Setting a Picture as Wallpaper - Viewing a Slideshow - Importing Pictures Using iPhoto - Creating Albums Using iPhoto Advanced topics: - 161 Tips and Tricks for the iPad - Setting the iPad Switch to Mute or Lock Rotation - Downloading Free Applications - Downloading Free eBooks - Adding Previously Purchased and Free eBooks to the iBooks app - Updating eBooks in the iBooks app - Using the Kindle Reader for iPad - Using the iBooks Application - Using the iBooks Internal Dictionary - Highlighting and Taking Notes in iBooks - Turning On VoiceOver - Printing Directly from the iPad - Printing Web Pages - Moving a Message to Another Mailbox or Folder - Changing the Default Signature - Setting the Default Email Account - Changing How You Receive Email - Saving a Picture Attachment - Managing Contacts - Setting Up a 3G Account - Turning Data Roaming On and Off - AT&T Data Plans Explained - Using the Safari Web Browser - Blocking Pop-Up Windows - Managing Applications - Deleting Applications - Setting a Passcode Lock - Changing Keyboard Settings - Tips and Tricks - Maximizing Battery Life - Printing Pictures Without a Wireless Printer - Viewing Applications on an HD TV - Troubleshooting - Resetting Your iPad

Numbers for iPad & iPad Pro (Vole Guides)

Your Journey to Finding Happiness

iOS app programming for kids and other beginners

The Perfect iPhone Guide for Seniors, Beginners, and First-Time iPhone Users

iPAD 7th GENERATION USER’S GUIDE FOR ELDERLY

Getting Started, Downloading FREE eBooks, Taking Pictures, Making Video Calls, Using eMail, and Surfing the Web

My New iPad

With this new release of Final Cut Pro, Apple has completely re-engineered its popular film and video editing software to include an incredible lineup of features intended to close the gap between the prosumers and the pros. Following right in step, this Visual QuickStart Guide has been completely revised to address all the new features as well as the new paradigm of editing that Apple has put forward. An undisputed master of the digital video medium, Lisa Brenneis once again demystifies the complexities of the program and she is joined this time by the Final Cut Pro guru Michael Wohl to provide a clear, straightforward guide to Final Cut Pro X. Tasked-based, step-by-step instructions and loads of visuals and time-saving tips make it so professionals and newcomers alike can quickly find and learn tasks specific to their needs, benefiting from the award-winning Visual QuickStart style. Topics covered include essential editing tasks and media-management strategies, transitions, effects and filters, rendering options, and much more. It includes coverage of all the new features such as the new dynamic interface, Magnetic Timeline, Clip Connections, Auditions, Content Auto-Analysis, Range-Based Keywords, and much more. Now in four-color, this must-have reference also includes several free downloadable videos from the publisher’s site.

The iPhone 5S introduced several new features not seen in the iPhone 5, such as a fingerprint scanner, new camera features, and an entirely new operating system.This guide will introduce you to these new features and show you how to use them. This book gives task-based instructions without using any technical jargon. Learning which buttons perform which functions is useless unless you know how it will help you in your everyday use of the iPhone. Therefore, this guide will teach you how to perform the most common tasks. Instead of presenting arbitrary instructions in lengthy paragraphs, this book gives unambiguous, simple step-by-step procedures. Additionally, detailed screenshots help you to confirm that you are on the right track. This Survival Guide also goes above and beyond to explain Secret Tips and Tricks to help you accomplish your day-to-day tasks much faster. If you get stuck, just refer to the Troubleshooting section to figure out and solve the problem. This iPhone guide includes: - Using Siri - Using the Notification Center - Searching a Web Page - Viewing an Article in Reader Mode - Selecting a Pre-Loaded Equalization Setting - Taking a Picture from the Lock Screen - Creating and Editing Photo Albums - Editing Photos - Inserting Emoticons - Customizing Keyboard Shortcuts - Customizing Custom Vibrations - Using LED Flash Alerts - Formatting Text in the Email Application This guide also includes: - Getting Started - Making Calls - FaceTime - Multitasking - Button Layout - Navigating the Screens - Using the Speakerphone During a Voice Call - Staring a Conference Call - Managing Your Contacts - Text Messaging - Adding Texted Phone Numbers to Contacts - Copying, Cutting, and Pasting Text - Sending Picture and Video Messages - Using the Safari Web Browser - Adding Bookmarks to the Home Screen - Managing Photos and Videos - Using the Email Application - Viewing All Mail in One Inbox - Managing Applications - Setting Up an iTunes Account - Sending an Application as a Gift - Using iTunes to Download Applications - Reading User Reviews - Deleting an Application - Reading an eBook on the iPhone - How to download thousands of free eBooks - Adjusting the Settings - Turning On Voiceover - Turning Vibration On and Off - Setting Alert Sounds - Changing the Wallpaper - Setting a Passcode Lock - Changing Keyboard Settings - Changing Photo Settings - Turning Bluetooth On and Off - Turning Wi-Fi On and Off - Turning Airplane Mode On and Off - Tips and Tricks - Using the Voice Control Feature - Maximizing Battery Life - Taking a Screenshot - Scrolling to the Top of a Screen - Saving Images While Browsing the Internet - Deleting Recently Typed Characters - Resetting Your iPhone - Troubleshooting - List of iPhone-friendly websites that save you time typing in long URL addresses

* WALL STREET JOURNAL BESTSELLER * An insider’s account of Apple’s creative process during the golden years of Steve Jobs. Hundreds of millions of people use Apple products every day; several thousand work on Apple’s campus in Cupertino, California; but only a handful sit at the drawing board. Creative Selection recounts the life of one of the few who worked behind the scenes, a highly-respected software engineer who worked in the final years of the Steve Jobs era—the Golden Age of Apple. Ken Kocienda offers an inside look at Apple’s creative process. For fifteen years, he was on the ground floor of the company as a specialist, directly responsible for experimenting with novel user interface concepts and writing powerful, easy-to-use software for products including the iPhone, the iPad, and the Safari web browser. His stories explain the symbiotic relationship between software and product development for those who have never dreamed of programming a computer, and reveal what it was like to work on the cutting edge of technology at one of the world’s most admired companies. Kocienda shares moments of struggle and success, crisis and collaboration, illuminating each with lessons learned over his Apple career. He introduces the essential elements of innovation—inspiration, collaboration, craft, diligence, decisiveness, taste, and empathy—and uses these as a lens through which to understand productive work culture. An insider’s tale of creativity and innovation at Apple, Creative Selection shows readers how a small group of people developed an evolutionary design model, and how they used this methodology to make groundbreaking and intuitive software which countless millions use every day.

Steve Jobs, adopted in infancy by a family in San Francisco, packed a lot of life into fifty-six short years. In this Who Was...? biography, children will learn how his obsession with computers and technology at an early age led him to co-found and run Apple, in addition to turning Pixar into a ground-breaking

animation studio. A college dropout, Jobs took unconventional steps in his path to success and inspired the best and the brightest to come with him and “change the world.”

The iPad Survival Guide organizes the wealth of knowledge about the iPad into one place, where it can be easily accessed and navigated for quick reference. Unlike the official iPad manual, the survival guide is not written like a book in paragraph form. Instead, every instruction is broken down into clear and concise steps. The iPad Survival Guide provides useful information not discussed in the iPad manual, such as tips and tricks, hidden features, troubleshooting advice, as well as advice on how to solve various Wi-Fi issues. You will also learn how to download FREE games and FREE eBooks, how to PRINT right from your iPad, and how to make VOICE CALLS with the use of a simple application. Whereas the official iPad manual is stagnant, this guide goes above and beyond by discussing recent known issues and solutions that may be currently available. This information is constantly revised for a complete, up-to-date manual. This iPad guide includes: Getting Started: - Button Layout - Before First Use - Navigating the Screens - Setting Up Wi-Fi - Setting Up an Email Account - Using Email - Setting Up Your Email Application - Logging In to the Application Store - Photos and Videos - Using iTunes to Import Videos - Sending Pictures via Email - Setting a Picture as Wallpaper - Viewing a Slideshow - Importing Pictures Using iPhoto - Importing Pictures Using a PC - Viewing a Video - Using Skype for Voice Calls and Text Messages Advanced topics: - Downloading Free Applications - Downloading Free Books - Adding Previously Purchased and Free eBooks to iBooks app - Using the Kindle Reader for iPad - Using the iBooks Application - Turning On VoiceOver - Printing Directly from the iPad - Printing Web Pages - Moving a Message to Another Mailbox or Folder - Changing the Default Signature - Setting the Default Account - Changing How You Receive Email - Saving a Picture or Attachment - Managing Contacts - Using Safari Web Browser - Blocking Pop-Up Windows - Managing Applications - Setting a Passcode Lock - Changing Keyboard Settings - Tips and Tricks - Maximizing Battery Life - Solving WiFi issues - Troubleshooting

Final Cut Pro X

(Skin to the Core)

Your Strengths Journey Begins Here

Macs For Dummies

Slaying Giants, Walking on Water, and Loving the Bible Again

Apple iPad (8th Generation) User Guide

Hello Swift!

From one of the freshest new voices in clean and wholesome romantic fiction, The Holiday Plan is the perfect escape for fans of Courtney Walsh, Annie Rains, and Debbie Mason. Native New Yorker and author Verona Scott is battling heartbreak, both personally and professionally. Coming off a disastrous split with her ex, she's struggling for inspiration to write her next book. And she's lost without her favorite Aunt Theoni's wisdom and guidance. Hoping for a fresh start and to avoid the holiday completely, she's planned a Valentine's detox: a luxurious trip alone to the historic Courtington Castle hotel, near the adorably quaint town of Camelot Creek, tucked into a picturesque valley in the Adirondacks. But escaping the heart-shaped balloons and red roses isn't as easy as she thought. This won't be the restful retreat she'd imagined. Instead, she's just walked into one of the biggest matchmaking events of the year. Not to mention, the incredibly attractive single dad and dating coach Troy Turner is heading the whole thing up, and he's on a mission to include Verona in the festivities. Troy is in the midst of a professional crisis of his own. After a bit of unfounded bad press, the very last thing he needs is a guest to cast doubt in the minds of his attendees. Will Troy change Verona's mind about the most romantic day of the year? Just when sparks begin to fly, an unexpected visitor checks into the castle, stirring up the past. No matter what, for Verona, Valentine's Day is the day where everything changes. A heartwarming, sweet romance that will whisk you away to a magical winter wonderland, and have you reaching for the hot cocoa and box of chocolates long after the holidays.

The New iPad Pro 2020 4th Generation Users Guide. The new iPad Pro 2020 is a device made by Apple for Apple lovers. This user's guide is packed with a description of its Features and Capabilities. You'll learn setting up your New iPad Pro and Troubleshooting Common Problems. It begins by introducing you to some of the New Features and how to run basic operations. Other things to look out for in this book include : Hardware and Software of the iPad Pro 4th Generation How to set it up How to create Apple ID How to use iCloud How to use Siri on iPad Pro 4th Generation Mail on iPad Pro All about the camera on iPad Pro Messages on iPad Pro iBooks on iPad Pro App Store on iPad Pro How to use timer mode How to use portrait mode How to use burst mode How to use the front camera How to use Retina Flash How to use HD video recording How to share iCloud calendars How to organize mail How to view videos and photos How to print photos How to share photos How to import photos How to print a PDF How to sync PDFs How to get directions How to set the time How to add contacts How to restart and reset your iPad And much more.... After reading this Guide, you will undoubtedly maximize your experience while using the features of this new device So what are you waiting for? Scroll up you will see the orange "BUY NOW" button on the top right corner and download your copy now! See you inside!!!

Important Note: This book does not work with the latest version of Final Cut Pro X 10.1. Please refer to the latest version of this title: Apple Pro Training Series: Final Cut Pro X 10.1: Professional Post-Production ISBN-10: 0321949560 Revised for Final Cut Pro X 10.0.7 and featuring compelling footage, this best-selling, Apple-certified guide provides a strong foundation in all aspects of video editing. Renowned author Diana Weynand starts with basic video editing techniques and takes readers all the way through Final Cut Pro's powerful features. This Second Edition covers the latest terminology and interface changes including those to the Viewer, Toolbar, Timeline, and menus. Coverage of new and enhanced features includes compound clips, multichannel audio editing, and exporting roles. Each chapter presents a complete lesson in an aspect of video editing and finishing, using professional-quality and broadcast footage. · DVD-ROM includes lesson and media files for over 40 hours of training · Focused lessons take you step-by-step through professional, real-world projects · Accessible writing style puts an expert instructor at your side · Ample illustrations and keyboard shortcuts help you master techniques fast · Lesson goals and time estimates help you plan your time · Chapter review questions summarize what you've learned and prepare you for the Apple Certified Pro Exam

This engaging and helpful book is both a thoughtful celebration of the learning process and a practical guide to becoming a better student. Written by the authors of the acclaimed Elements of Teaching, it is designed to help students of all ages—particularly high school and college students—attain their full potential for success in any area of study. James M. Banner, Jr., and Harold C. Cannon explore the qualities needed to get the most out of education: industry, enthusiasm, pleasure, curiosity, aspiration, imagination, self-discipline, civility, cooperation, honesty, and initiative. For each of these elements they offer general reflections, useful suggestions, and a description of a fictional student who either embodies or lacks these qualities. The second part of the book helps students understand the environment in which they learn, by focusing on such topics as teachers, the curriculum, ways of learning, and the transition from school to college. The core points of the text are reinforced by answers to questions that haunt students, as well as tips on what to do to become the best student possible. Throughout, the authors encourage students to consider learning as part of their lives and to be active participants in their own education.

Concepts of Biology is designed for the single-semester introduction to biology course for non-science majors, which for many students is their only college-level science course. As such, this course represents an important opportunity for students to develop the necessary knowledge, tools, and skills to make informed decisions as they continue with their lives. Rather than being mired down with facts and vocabulary, the typical non-science major student needs information presented in a way that is easy to read and understand. Even more importantly, the content should be meaningful. Students do much better when they understand why biology is relevant to their everyday lives. For these reasons, Concepts of Biology is grounded on an evolutionary basis and includes exciting features that highlight careers in the biological sciences and everyday applications of the concepts at hand.We also strive to show the interconnectedness of topics within this extremely broad discipline. In order to meet the needs of today's instructors and students, we maintain the overall organization and coverage found in most syllabi for this course. A strength of Concepts of Biology is that instructors can customize the book, adapting it to the approach that works best in their classroom. Concepts of Biology also includes an innovative art program that incorporates critical thinking and clicker questions to help students understand—and apply—key concepts.

iPad 2 Survival Guide

iPhone 5S Survival Guide: Step-by-Step User Guide for the iPhone 5S and iOS 7

Logic Pro X: Professional Music Production

The Macintosh Way

How to Create Art on an iPad

The Complete Illustrated, Practical Guide with Tips & Tricks to Maximizing the Latest 10.2" iPad & iPadOS 14

OS X El Capitan: The Missing Manual

The Macintosh Way is a "take-no-prisoners guide to marketing warfare" says Jean Louis Gasse, founder and president of Be, Inc. Must reading for anyone in the high-tech industry, it is valuable, insightful guide to innovation management and marketing for any industry.

A Comprehensive Guide to Mastering Your 2020 iPad 10.2" (8th Generation) and iPadOS 14.Apple unveiled on Tuesday, Sept. 15, 2020 its latest iteration of the standard iPad, dubbed the iPad 8th generation. This iPad boasts a slew of new features and new price points for consumers and education users in order to get the device into even more hands.While the eight-generation iPad may look a lot like its predecessor, it's an entirely different beast. The iPad is Apple's middle-of-the-road tablet with the traditional screen size of 10.2", which Apple switched to years ago. The device runs Apple's iPadOS, and this 8th generation model will ship with the newest iteration of iPadOS, version 14. The iPad 8th generation will be able to take advantage of all the new features in iPadOS 14.This book is a detailed in DEPTH guide that will help you to maximize your iPad experience. It has ACTIONABLE tips, tricks and hacks. It contains specific step-by-step instructions that are well organized and easy to read.Here is a preview of what you will learn: -A brief review of iPad 8th generation-How to set up your iPad-Manage Apple ID and iCloud settings on iPad-View previews and quick actions menus on iPad-Change common iPad settings-How to Multitask on Your iPad-New iPadOS 14 Features for iPad-Use app clips on iPad-Open Apps and Find Music and Quickly Using Spotlight Search-How to identify and remove unnecessary apps-Subscribe to Apple Arcade on iPad-Accessing the Control Center, iPadOS 14 and iPad new gestures-Send and receive sms messages on iPad via Text Message Forwarding-Use Apple Pencil To Take Notes on Lock Screen-Use The Smart Keyboard and Master The Keyboard Shortcuts-Learn to create and use Memoji in iPadOS 14-Draw in apps with Markup on iPad-Install and manage app extensions on iPad-Learn the changes to notifications in iPadOs 14-Use iPad as a second display for your Mac-Apple Pay Cash-How to use Siri-How to perform quick website search in Safari-How to play FLAC files on an iPad-Download Free Books on Your iPad-How to Use iCloud Keychain on Your iPad Devices-How to use Favorites in Apple Maps... and much more!Additional value for this

book.–A well organized table of content and index that you can easily reference to get details quickly and more efficiently–Step-by-step instructions with images that will help you operate your Apple iPad 8th generation in the simplest terms.–Latest tips and tricks to help you maximize your latest iPad to the fullest–Scroll up and Click the "Buy Button" to add this book to your shelf.

What do you get when you cross a Mac with an iPad? OS X 10.9 Mavericks. Its 200 new features include Mac versions of iPad goodies like Maps, iBooks, and iTunes Radio—but not a single page of instructions. Fortunately, David Pogue is back, with the expertise and humor that have made this the #1 bestselling Mac book for over 11 years straight. The important stuff you need to know: Big-ticket changes. Finder tabs. Finder tags. App Nap. iCloud Keychain. iTunes Radio. Maps. iBooks. Automatic app updating. If Apple wrote it, this book covers it. Nips and tucks. This book demystifies the hundreds of smaller enhancements, too, in all 50 programs that come with the Mac: Safari, Mail, Calendar, Notification Center, Messages, Time Machine... Shortcuts. Meet the tippiest, trickiest Mac book ever written. Undocumented surprises await on every page. Power users. Security, networking, build-your-own Services, file sharing with Windows, even Mac OS X's Unix chassis—this one witty, expert guide makes it all crystal clear. There's something new on practically every page of this edition, and David Pogue brings his celebrated wit and expertise to every one of them.

INSTANT NEW YORK TIMES BESTSELLER The only definitive book authored by Wim Hof on his powerful method for realizing our physical and spiritual potential. “This method is very simple, very accessible, and endorsed by science. Anybody can do it, and there is no dogma, only acceptance. Only freedom.” –Wim Hof Wim Hof has a message for each of us: “You can literally do the impossible. You can overcome disease, improve your mental health and physical performance, and even control your physiology so you can thrive in any stressful situation.” With The Wim Hof Method, this trailblazer of human potential shares a method that anyone can use—young or old, sick or healthy—to supercharge their capacity for strength, vitality, and happiness. Wim has become known as “The Iceman” for his astounding physical feats, such as spending hours in freezing water and running barefoot marathons over deserts and ice fields. Yet his most remarkable achievement is not any record-breaking performance—it is the creation of a method that thousands of people have used to transform their lives. In his gripping and passionate style, Wim shares his method and his story, including: • Breath–Wim’s unique practices to change your body chemistry, infuse yourself with energy, and focus your mind • Cold–Safe, controlled, shock-free practices for using cold exposure to enhance your cardiovascular system and awaken your body’s untapped strength • Mindset–Build your willpower, inner clarity, sensory awareness, and innate joyfulness in the miracle of living • Science–How users of this method have redefined what is medically possible in study after study • Health–True stories and testimonials from people using the method to overcome disease and chronic illness • Performance–Increase your endurance, improve recovery time, up your mental game, and more • Wim’s Story–Follow Wim’s inspiring personal journey of discovery, tragedy, and triumph • Spiritual Awakening–How breath, cold, and mindset can reveal the beauty of your soul Wim Hof is a man on a mission: to transform the way we live by reminding us of our true power and purpose. “This is how we will change the world, one soul at a time,” Wim says. “We alter the collective consciousness by awakening to our own boundless potential. We are limited only by the depth of our imagination and the strength of our conviction.” If you’re ready to explore and exceed the limits of your own potential, The Wim Hof Method is waiting for you.

The iPhone Manual for Beginners is the complete guide to using the iPhone. This book was made with the beginner in mind, and is great for seniors and first-time iPhone users.The book is suitable for the following iPhone models: 7, 7 Plus, 6s, 6s Plus, 6, 6 Plus, 5s, 5c, and SE.

Inspired

iPhone: The Missing Manual

Apple

A New Type of Manual – the Visual Approach

Take Control of the Mac Command Line with Terminal

The Autoimmune Wellness Handbook

The Art of Guerilla Management

Delve into the world of digital painting on an iPad with step-by-step tutorials, hints, and tips from professional artists.

The new iPad is cute. It's lovable. It's fun to play with. But it can also be a bit mysterious. My New™ iPad is your guide to getting the most from Apple's latest magical creation. Best-selling author Wallace Wang's patient, step-by-step instructions will have you using your new iPad to: Find your way using the Maps app and the iPad's compass Get organized with the Notes, Reminders, Calendar, and Contacts apps Set up your email accounts and browse the Web Use dictation and keyboard shortcuts to save time typing Listen to music, read ebooks and magazines, and take photos and videos Use FaceTime to talk face-to-face with distant friends and relatives Shop on iTunes and the App Store for the best new music, apps, movies, games, magazines, and books Set parental controls, use a secret passcode, and encrypt your backups for maximum privacy And so much more. You'll even learn top-secret touch gestures to help make the most of your iPad. Discover the hundreds of amazing things your iPad can do with My New iPad.

Apple iPad (8th Generation) User GuideThe Complete Illustrated, Practical Guide with Tips & Tricks to Maximizing the Latest 10.2" iPad & iPadOS 14

This handy guide covers all of Numbers for iOS, Apple's chart-topping spreadsheet app tuned to work with your iPad, iPhone, and iPod touch. If you're coming from Numbers for Mac or Microsoft Excel, you'll find all the steps needed to transfer your spreadsheets and make a painless transition from point-and-click to tap-and-drag. - Use just your fingers to create spreadsheets with tables, charts, graphics, and media. - Create spreadsheets based on Apple's professionally designed templates or your own custom templates. - Store spreadsheets in iCloud or third-party cloud locations such as Dropbox or Google Drive. - Use Handoff to pass spreadsheets seamlessly between your Mac, iPhone, iPad, and iPod touch. - View or restore earlier versions of your spreadsheets. - Organize your spreadsheets into folders. - Restrict access to your spreadsheets by password-protecting them. - Add multiple sheets and tables to your spreadsheets. - Print spreadsheets wirelessly from an AirPrint-capable printer. - Edit and format cells and use the built-in editing tools. - Enter data with sliders, steppers, pop-up menus, checkboxes, star ratings, and intelligent keyboards. - Add comments and highlights to your work. - Cut, copy, paste, merge, fill, and sort cells. - Use forms to edit lists easily. - Enter, copy, move, and troubleshoot formulas. - Choose from more than 250 built-in functions and operators to build formulas. - Chart your data to reveal trends and relationships. - Embellish your spreadsheets with photos, videos, text boxes, arrows, lines, and shapes. - Export Numbers, Excel, PDF, or CSV files. - Import Numbers, Excel, or CSV files. - Send copies of spreadsheets via email, Messages, or AirDrop. - Transfer spreadsheets via remote server. - Use iCloud to store, share, sync, or collaborate on spreadsheets online. - Plenty of tips, tricks, and timesavers. - Fully cross-referenced, linked, and searchable. Contents 1. Getting Started with Numbers 2. Spreadsheet Basics 3. Entering Data 4. Formulas and Functions 5. Charts 6. Media, Text Boxes, and Shapes 7. Sharing and Converting Spreadsheets

If the Bible isn't a science book or an instruction manual, what is it? What do people mean when they say the Bible is inspired? When New York Times bestselling author Rachel Held Evans found herself asking these questions, she embarked on a journey to better understand what the Bible is and how it's meant to be read. What she discovered changed her—and it can change you, too. Evans knows firsthand how a relationship with the Bible can be as real and as complicated as a relationship with a family member or close friend. In Inspired, Evans explores contradictions and questions from her own experiences with the Bible, including: If the Bible was supposed to explain the mysteries of life, why does it leave the reader with so many questions? What does it mean to be chosen by God? To what degree did the Holy Spirit guide the preservation of these narratives, and is there something sacred to be uncovered beneath all these human fingerprints? If the Bible has given voice to the oppressed, why is it also used as justification by their oppressors? Drawing on the best in biblical scholarship and using her well-honed literary expertise, Evans examines some of our favorite Bible stories and possible interpretations, retelling them through memoir, original poetry, short stories, and even a short screenplay. Undaunted by the Bible's most difficult passages and unafraid to ask the hard questions, Evans wrestles through the process of doubting, imagining, and debating the mysteries surrounding Scripture. Discover alongside Evans that the Bible is not a static text, but a living, breathing, captivating, and confounding book that can equip us and inspire us to join God's loving and redemptive work in the world.

A Complete Guide to Unlock Hidden Features on Your New Apple iPad Pro 2020 4th Generation and Troubleshooting Common Problems

The Book that Should Have Been in the Box

Step-by-Step User Guide for Apple iPad 2: Getting Started, Downloading FREE eBooks, Taking Pictures, Making Video Calls, Using eMail, and Surfing the Web

The Elements of Learning

OS X Mavericks: The Missing Manual

The End of Ownership

A DIY Guide to Living Well with Chronic Illness

The iPhone has never been more indispensable than it is now. It's a device that enables us to stay in touch with loved ones wherever they are around the world. It lets us capture important moments and relive treasured memories, and it keeps us informed and entertained. The iPhone 12 takes one of the most significant steps forward, in both design and technology. It includes support for 5G, improved wireless charging, a beautiful new design, and it comes in four different sizes. This book is the ultimate step-by-step guide to the iPhone 12, iPhone 12 mini, and iPhone 12 Pro. Brought to you by the expert team at Leaf Publishing, and written by best-selling technology author Tom Rudderham, iPhone 12 Guide is packed with top tips and in-depth tutorials. You'll uncover the basics of activating and using your iPhone, learn how to take incredible photos, discover how to use iOS 14 and its built-in apps, plus much more. By the time you've finished reading iPhone 12 Guide, you'll be a pro in nearly everything iPhone and iOS related. Inside you'll discover: - All the basics covered, including buttons, gestures, and typing - How to find and install apps - Step-by-step tutorials for browsing the internet - Instructions for setting up accounts and checking emails -

How to make video calls to loved ones - The secrets of mastering iPhone photography - How to configure Settings & much more!

Annotation With the iOS 8.1 software and the new iPhone 6 and 6 Plus, Apple has taken its flagship products into new realms of power and beauty. The modern iPhone comes with everythingcamera, music player, Internet, flashlightexcept a printed manual. Fortunately, David Pogue is back with this expanded edition of his witty, full-color guide: the worlds most popular iPhone book. The iPhone 6 and 6 Plus. This book unearths all the secrets of the newest iPhones. Bigger screens, faster chips, astonishing cameras, WiFi calling, Apple Pay, crazy thin. The iOS 8.1 software. Older iPhone models gain predictive typing, iCloud Drive, Family Sharing, "Hey Siri," the Health app, and about 195 more new features. Its all here, in these pages. The apps. That catalog of 1.3 million add-on programs makes the iPhones phone features almost secondary. Now youll know how to find, exploit, and troubleshoot those apps. The iPhone may be the worlds coolest computer, but its still a computer, with all of a computers complexities. iPhone: The Missing Manual is a funny, gorgeously illustrated guide to the tips, shortcuts, and workarounds that will turn you, too, into an iPhone master.

Whether you're thinking of switching to a Macintosh computer, are looking into the latest Apple products, or have a Mac and want to learn about Mac OS X Leopard, then Macs For Dummies, 10th Edition will get you going. Here you'll learn all about how to compare the different desktop and laptop models to choose your perfect match, make Mac OS X Leopard work your way, use the new iLife 2008 digital lifestyle applications, get online and connect to a wired or wireless network, and run Windows on your Mac so you can keep the Microsoft programs you need. You'll also discover how to: Navigate your way around the Mac interface and work with icons and folders Best utilize OS X, work with the new Photo Booth, and manage clutter with Exposé and Spaces Get connected, start a Web-browsing Safari, use e-mail and iChat, and shop online Join .Mac and take advantage of iDisk backups, iMAP mail, and Web Gallery Explore all that iTunes offers, process digital photos with iPhoto, make iMovies, and have fun with GarageBand Use Windows on your Mac and transfer Windows files It's a perfect time to join the Mac generation, especially if you're a Windows user who's been thinking of defecting. Macs For Dummies, 10th Edition will get you there, helping you pick peripherals, download freebie programs, set up user accounts, implement security secrets, troubleshoot your Mac, and experience the iLife.

Release your inner geek and learn to harness the power of the Unix underpinnings to Mac OS X! This 111-page ebook from Joe Kissell explains everything you need to know to become comfortable working on the command line in Terminal, and provides numerous "recipes" for performing useful tasks that can be tricky in a graphical interface.

Summary Hello Swift! is a how-to guide to programming iOS Apps with the Swift language, written from a kid's perspective. This approachable, well-illustrated, step-by-step guide takes you from beginning programming concepts all the way through developing complete apps. (Adults will like it too!) Purchase of the print book includes a free eBook in PDF, Kindle, and ePub formats from Manning Publications. About the Technology It's fun to play games and explore new things on your iPhone. How amazing would it be to create your own apps? With a little practice, you can! Apple's Swift language, along with special coding playgrounds and an easy-to-use programming environment, make it easier than ever. Take it from author Tanmay Bakshi, who started programming when he was just five years old. About the Book His book, Hello Swift! iOS app programming for kids and other beginners, teaches you how to write apps for iPhones and iOS devices step by step, starting with your first line of Swift code. Packed with dozens of apps and special exercises, the book will teach you how to program by writing games, solving puzzles, and exploring what your iPhone can do. Hello Swift! gets you started. Where you go next is up to you! What's inside Crystal-clear explanations anyone can understand Kid-friendly examples, including games and puzzles Learn by doing—you'll build dozens of small apps Exercises that encourage critical thinking About the Reader Written for kids who want to learn how to program. (Psst! Adults like it, too.) About the Author Tanmay Bakshi had his first app on the iOS App Store at the age of nine. He's now the youngest IBM Champion, a Cloud Advisor, Watson Developer, TED Speaker, and Manning author! Table of Contents Get ready to build apps with Swift! Create your first app Your first real Swift code using variables I/O laboratory Computers make decisions, too! Let computers do repetitive work Knitting variables into arrays and dictionaries Reuse your code: Clean it with function detergent Reduce your code: Use less, do more with class detergent Reading and writing files Frameworks: Bookshelves of classes SpriteKit: Fun animation time Time to watch your WatchKit code Continuing your journey with Swift

Concepts of Biology

Ipod Pro 2020 for the Elderly

Personal Property in the Digital Economy

The Wim Hof Method

iPod Touch Survival Guide: Step-by-Step User Guide for iPod Touch: Getting Started, Downloading FREE eBooks, Buying Apps, Managing Photos, and Surfing the Web

Who Was Steve Jobs?

Pages, Numbers, and Keynote

With El Capitan, Apple brings never-before-seen features to OS X—like a split-screen desktop, improved window controls, and amazing graphics. The new edition of David Pogue's #1 bestselling Mac book shows you how to use key new features such as swiping gestures, Notes, a new Spotlight search system, the Safari pinning feature, and Split View. Missing Manuals creator David Pogue is one of the most widely recognized technology authors in the world. A former New York Times technology columnist, he founded and now produces videos for Yahoo Tech.

LARGE PRINT FORMATTING! Your Eyes will Thank you!! The New Apple iPad 7th Generation. We'll show you How to Enable and use the Features!! The iPad 7th Generation user guide is packed with a description of its Features and Capabilities. You'll discover in this Guide how to set up your new iPad, the Apple ID, iCloud and much more.The iPad 7th Generation is Apple's most recent iPad released on the 10th of September 2019 with a 10.2 inch retina display, a smart keyboard and an Apple pencil. This Guide explores the Features and Specifications the iPad 7th Generation comes along with. You'll also discover the specified target audience, a list of other devices that are similar to this new iPad as well as the Troubleshooting issues you're likely to experience with the iPad. By the time you've finished reading this User Guide, you'll be knowledgeable in everything related to the iPad 7th Generation. Inside you'll discover: Setting Up the iPad for the First Time New features of the iPad 7th Generation Specifications of the iPad 7th Generation Alternatives to the iPad 7th Generation Differences between the iPad 7th Generation and the iPad Pro Differences and Similarities between the iPad 7th Generation and the iPad 6th Generation Pros and Cons How to screenshot Troubleshooting the iPad 7th Generation Fixing iPad showing in iTunes Fixing Wi-Fi issues How to stop the battery from draining iPad stuck in a reboot loop Siri on iPad 7th Generation How to use Siri Siri settings Safari settings Surfing the Web Privacy and security Using the Apple Pencil FaceTime Manage calls Answer and Make calls Stop an app Remove an app Reinstall an app Manage app data Check for an app update Check for iOS update Map settings iBooks iBooks settings Customize iPad Set up iCloud Drive Set up Apple Pay About AirPrint And so much more.... What this book will do for you? In every Chapter of this Manual, you will learn Tips and Tricks on how to enable the new features on your new iPad !!!! So what are you waiting for? Scroll up and click the orange "BUY NOW" button on the top right corner and download Now!!! You won't regret you did See you inside!!!

Describes the psyche of Macintosh fans and the subculture they have created.

The way autoimmune disease is viewed and treated is undergoing a major change as an estimated 50 million Americans (and growing) suffer from these conditions. For many patients, the key to true wellness is in holistic treatment, although they might not know how to begin their journey to total recovery. The Autoimmune Wellness Handbook, from Mickey Trescott and Angie Alt of Autoimmune-Paleo.com, is a comprehensive guide to living healthfully with autoimmune disease. While conventional medicine is limited to medication or even surgical fixes, Trescott and Alt introduce a complementary solution that focuses on seven key steps to recovery: inform, collaborate, nourish, rest, breathe, move, and connect. Each step demystifies the process to reclaim total mind and body health. With five autoimmune conditions between them, Trescott and Alt have achieved astounding results using the premises laid out in the book. The Autoimmune Wellness Handbook goes well beyond nutrition and provides the missing link so that you can get back to living a vibrant, healthy life.

The iPod Touch and iOS 5 introduced many new features not seen in previous iPod generations. This guide will introduce you to the multitude of new features and show you how to use them. This book gives task-based instructions without using any technical jargon. Learning which buttons perform which functions is useless unless you know how it will help you in your everyday use of the iPod. Therefore, this guide will teach you how to perform the most common tasks. Instead of presenting arbitrary instructions in lengthy paragraphs, this book gives unambiguous, simple step-by-step procedures. Additionally, detailed screenshots help you to confirm that you are on the right track. This Survival Guide also goes above and beyond to explain Secret Tips and Tricks to help you accomplish your day-to-day tasks much faster. If you get stuck, just refer to the Troubleshooting section to figure out and solve the problem. The iPod Touch Survival Guide is never stagnant, and always being updated to include the most recent tips and tricks. This iPod guide includes: Getting Started: - Button Layout - Navigating the Screens - Multitasking - Managing Your Contacts - Text Messaging - Copying, Cutting, and Pasting Text - Sending Picture and Video Messages - Using the Safari Web Browser - Managing Photos and Videos - Using the Email Application - Viewing All Mail in One Inbox - Managing Applications - Setting Up an iTunes Account - Sending an Application as a Gift - Using iTunes to Download Applications - Reading User Reviews - Deleting an Application - Reading eBooks using iBooks and the Kindle Reader - How to download thousands of FREE eBooks Advanced Topics include: - Adjusting the Settings - Turning On Voiceover - Setting Alert Sounds - Changing the Wallpaper - Setting a Passcode Lock - Changing Keyboard Settings - Changing Photo Settings - Turning Bluetooth On and Off - Turning Wi-Fi On and Off - Turning Airplane Mode On and Off - Tips and Tricks - Using the Voice Control Feature - Maximizing Battery Life - Taking a Screenshot - Scrolling to the Top of a Screen - Saving Images While Browsing the Internet - Deleting Recently Typed Characters - Resetting Your iPod - Viewing the Full Horizontal Keyboard - Troubleshooting - List of iPod-friendly websites that save you time typing in long URL addresses

IPhone 12 Guide

IPhone Manual for Beginners

Creative Selection

Visual QuickStart Guide

MacOS High Sierra: The Missing Manual

iPad Survival Guide: Step-by-Step User Guide for Apple iPad: Getting Started, Downloading FREE eBooks, Using eMail, Photos and Videos, and Surfing Web

Apple Pro Training Series

A guide to the Pages, Numbers, and Keynote productivity apps for Mac covers such topics as iOS versions of the apps, the similarities in the interfaces and tools, and workflows using iCloud Drive, with a review of Apple certification exam topics.

Completely revised and updated for Logic Pro X, this Apple-certified guide shows you how to record, produce, and polish music files with Apple's professional audio software. Veteran music producer David Nahmani's step-by-step, instructions teach you everything from basic music creation to advanced production techniques using Logic's software synthesizers, samplers, and digital signal processors. Learn about all of the key features in Logic Pro X including Flex Pitch, Drummer, Drum Kit Designer, Track Stacks, MIDI Effects, and more. Using the book's online files and Logic Pro X, you'll begin making music in the first lesson. Whether you're looking to use your computer as a digital recording studio, create musical compositions, or transfer that song in your head into music you can share, this comprehensive book will show you how. Lesson and media files available online Focused lessons take you step-by-step through professional, real-world projects Accessible writing style puts an expert instructor at your side Ample illustrations and keyboard shortcuts help you master techniques fast Lesson goals and time estimates help you plan your time Chapter review questions summarize what you've learned and prepare you for the Apple Certified Pro Exam

Helps aspiring college students discover where their strengths truly lie and how to develop them to reach their full potential at school and later in the real world.

#1 New York Times Bestseller now in paperback with new material The inspiration for The Comey Rule, the Showtime limited series starring Jeff Daniels premiering September 2020 In his book, former FBI director James Comey shares his never-before-told experiences from some of the highest-stakes situations of his career in the past two decades of American government, exploring what good, ethical leadership looks like, and how it drives sound decisions. His journey provides an unprecedented entry into the corridors of power, and a remarkable lesson in what makes an effective leader. Mr. Comey served as director of the FBI from 2013 to 2017, appointed to the post by President Barack Obama. He previously served as U.S. attorney for the Southern District of New York, and the U.S. deputy attorney general in the administration of President George W. Bush.

From prosecuting the Mafia and Martha Stewart to helping change the Bush administration's policies on torture and electronic surveillance, overseeing the Hillary Clinton e-mail investigation as well as ties between the Trump campaign and Russia, Comey has been involved in some of the most consequential cases and policies of recent history.

Ambition will fuel him. Competition will drive him. But power has its price. It is the morning of the reaping that will kick off the tenth annual Hunger Games. In the Capitol, eighteen-year-old Coriolanus Snow is preparing for his one shot at glory as a mentor in the Games. The once-mighty house of Snow has fallen on hard times, its fate hanging on the slender chance that Coriolanus will be able to outcharm, outwit, and outmaneuver his fellow students to mentor the winning tribute. The odds are against him. He's been given the humiliating assignment of mentoring the female tribute from District 12, the lowest of the low. Their fates are now completely intertwined - every choice Coriolanus makes could lead to favor or failure, triumph or ruin. Inside the arena, it will be a fight to the death. Outside the arena, Coriolanus starts to feel for his doomed tribute . . . and must weigh his need to follow the rules against his desire to survive no matter what it takes.

Inside Apple's Design Process During the Golden Age of Steve Jobs

Beginner's Guide to Digital Painting in Procreate

The Ultimate Tips and Tricks on How to Use Your 2019 iPad 7th Generation in the Best Optimal Way

An Utterly Charming, Feel-good Romance

A Higher Loyalty

The Cult of Mac

Activate Your Full Human Potential

"Logic Pro X - How it Works" from the GEM series (Graphically Enhanced Manuals) explains Apple's popular music production application "Logic Pro" with rich illustrations and diagrams that are not found in any other manual. This 362 pages letter size book presents this software application in great detail with that easy to understand, visual approach.- What are Graphically Enhanced Manuals (GEM)? They're a new type of manual with a visual approach that helps you UNDERSTAND a program, not just LEARN it. No need to read through 500 of pages of dry text explanations. Rich graphics and diagrams help you to get that "aha" effect and make it easy to comprehend difficult concepts. The Graphically Enhanced Manuals help you master a program much faster with a much deeper understanding of concepts, features and workflows in a very intuitive way that is easy to understand.

The Ballad of Songbirds and Snakes (A Hunger Games Novel)

The Holiday Plan

CliftonStrengths for Students

How to Change the Way You Think

Logic Pro X - How It Works

A User's Guide (3rd Edition)