

Aspergers Syndrome A Guide For Parents And Professionals

The author, who himself suffers from the syndrome, explains how to cope with the problem covering areas such as social interaction, nurturing interests, dealing with family, and work that suits one's strengths and talents.

Whereas the current and common theory is that autism is an intractable deficit of the brain, Dr Martha Herbert offers a new and more hopeful explanation: autism is a disorder of the body that impacts the brain.

An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates. Michael John Carley was diagnosed with Asperger Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition and offers insights into living an independent and productive life. Now the Executive Director of the world's largest Asperger's organization, Carley helps readers in such areas as: - Social interactions - Nurturing interests - Whom to confide in-and how - Dealing with family and loved ones - Finding work that suits your strengths and talents

Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do manage to achieve happy and successful long-term relationships with non-spectrum (NS) partners.

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This supportive book will give NS partners a better understanding of NS/AS relationships and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners, and enriching their relationships. Drawing on interviews over 100 people in NS/AS relationships, as well as on their own experiences of having members on the autism spectrum, the authors explore the key differences which may exist upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities, how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NS relationships.

The Essential Guide: Adult Aspergers, Aspergers in Adults, Adults with Aspergers
Students with Asperger Syndrome

A Practical Guide for Adults with Asperger's Syndrome to Seeking, Establishing and Maintaining Successful Relationships

Raising Self-Esteem and Making the Most of Yourself as a Adult with Asperger's Syndrome
Can I Tell You about Asperger Syndrome?

Recognising Autism and Asperger's Syndrome

The Complete Guide to Asperger's Syndrome

This fully revised new edition is a clear and concise guide to effective classroom practice. It is designed for teachers and assistants supporting children with Asperger syndrome in mainstream schools and other non-specialist settings. The book provides up-to-date information on the latest developments in this area and relates this to educational practice. With examples of innovative strategies and approaches to facilitate progress in learning, this new edition: outlines the underlying impairments and their educational implications; explores the process of assessment and diagnosis in Asperger Syndrome; offers practical strategies for effective and realistic classroom intervention, including access to the National Curriculum; considers the behavioural challenges the child with Asperger Syndrome may pose; shows how transitions can be supported. Asperger Syndrome: A Practical Guide for Teachers, 2nd Edition seeks to inform professionals meeting a child with Asperger Syndrome for the first time and equip them with effective educational and behavioural intervention strategies. This new edition is also updated with reference to Every Child Matters, the Disability Equality Duty and Access Inclusion Planning. This book will be essential to professionals in mainstream schools, educational psychologists, INSET providers (including initial teacher training), as well as to parents, carers and others supporting social and behavioural progress for students with Asperger Syndrome.

A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

Offers insights by a teenager with Asperger's syndrome into the difficulties of the disorder, including information on fascinations and obsessions, sensory perception, sleep, bullies, moral dilemmas, eating, and socializing.

Part of the Reading Well scheme. 35 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. Winner of the NASEN & TES Special Educational Needs Children's Book Award 2003 Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult. Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive. Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself. Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because "so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we

could all learn together".

Asperger's Syndrome Workplace Survival Guide

A Practical Guide for Teachers

The Official Strategy Guide for Teens With Asperger's Syndrome and Nonverbal Learning Disorder

The Asperger Personal Guide

A Mindful Approach for Helping Your Child Succeed

A Neurotypical's Secrets for Success

What Is Asperger Syndrome, and How Will It Affect Me?

Asperger Syndrome and high-functioning autism are detected earlier and more accurately today than ever before. Children and teens with these disorders often stand out for their precocious intelligence and language abilities--yet profound social difficulties can limit every aspect of their lives. This hopeful, compassionate guide shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible. From leading experts in the field, the book is packed with practical ideas for helping children relate more comfortably to peers, learn the rules of appropriate behavior, and participate more fully in school and family life. It also explains what scientists currently know about autistic spectrum disorders and how they are diagnosed and treated. Real-life success stories, problem-solving ideas, and matter-of-fact advice on everything from educational

placements to career planning make this an indispensable reference that families will turn to again and again.

Kendall gives plain advice to young adults with Asperger's in the nuts and bolts of ordinary life making friends and keeping them, navigating school (high school and college), and in the workplace. Several chapters deal with bullying.

-The book integrates the latest evidence-based research from leading scholars with personal practical advice from a mother whose adolescent has Asperger Syndrome and from a young man who has Asperger Syndrome. -Written by professionals, one of whom is also a parent of a child with Asperger's. -Lifespan approach from early childhood to adulthood -Contains both research content as well as practical, first-hand advice with chapters written by parents, as well as a first-hand account of growing up with Asperger's. Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything."

A Guide for Parents and Professionals

The Conscious Parent's Guide To Asperger's Syndrome

Build Your Own Life

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A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition
World-renowned Experts Join Those with Asperger's Syndrome to Resolve Issues that
Girls and Women Face Every Day!

A Guide to Living in an Intimate Relationship with a Partner who is on the Autism
Spectrum Second Edition

For many students with autism spectrum disorders getting admitted to college is the easy part. Surviving and succeeding can be quite another, as these students transition into a system that is often unprepared to receive them. Accommodating students whose disabilities very likely fall in social and self-regulatory areas is a particular challenge for disability services providers who are not used to reaching out into so many areas of student life. Based on the authors' extensive experience, this comprehensive book offers disability services professionals practical strategies for accommodating and supporting students in all phases of college life and beyond. Major chapters address legal issues and academic accommodations; co-curricular needs and accommodations; housing and resident life; faculty

issues; other partners on campus such as business and academic affairs, campus police and public safety; employment issues; working with parents, and more. Checklists, forms and other tools help guide and structure the combined efforts to help students succeed. Drawing on their own experiences of being in long-term relationships with partners with Asperger syndrome, and interviews with others in the same situation, the authors offer tried-and-tested advice on how to surmount common difficulties and make things work.

A gifted education Legacy Award winner, *Take Control of Asperger's Syndrome: The Official Strategy Guide for Teens With Asperger's Syndrome and Nonverbal Learning Disorder* is a unique handbook for kids and teens on living successful lives with these disorders by taking control of their strengths to overcome their weaknesses. Drawing on their experiences as parents and teachers of students with Asperger's syndrome (AS) and Nonverbal Learning Disorder (NLD), the authors provide tips on understanding the

disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids and teens with these disorders. By interviewing dozens of kids and teens who live with AS and NLD, the authors include ideas, information, and advice for students, by students just like them. This handy guidebook is sure to help any child or teen with AS or NLD navigate life's challenges with successful outcomes. Named one of the Pennsylvania State Librarians Association's Young Adult Top Forty nonfiction books of 2010. Ages 10-16

College life is particularly stressful for students with Asperger Syndrome. This much needed guide provides information to help these students prepare successfully for study, interact with staff and fellow students, cope with expectations and pressures, and understand their academic and domestic responsibilities.

Adult Asperger's Syndrome

Asperger Syndrome and Your Child

How to Meet the Challenges and Help Your Child Thrive

Asperger's Syndrome

A Guide to Asperger Syndrome

Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians

A Student Guide

World-renowned experts join those with Asperger's Syndrome to resolve issues that girls and women face every day!

Do you have Asperger's Syndrome or know someone who does? Are you looking for a reference guide about Asperger's in adults? Do you have questions you'd like to ask an expert in adult Asperger's? If your answer is Yes to any of these questions, this book is for you. Clinical psychologist and Asperger's authority, Dr. Kenneth Roberson, examines the often neglected area of Asperger's in adults, covering topics such as: What causes Asperger's Syndrome? Is it different in adults than it is in children? How can you find out if you have Asperger's? What are the advantages and disadvantages of a diagnosis? What therapy is best for adults who have Asperger's? Can adults with Asperger's change? Are there benefits to having Asperger's? Can adults with Asperger's have intimate relationships? Can they be successful parents? These and many other questions are covered in this important addition to

the field of Asperger's as it occurs in adults. Resources and reference material about adult Asperger's are included, along with a feature allowing readers to ask questions of Dr. Roberson.

Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome.

Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is

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a complete guide to surviving and thriving with the condition. Asperger's Syndrome For Dummies includes: Part I: Understanding Asperger's syndrome (AS) Chapter 1: Introducing Asperger's syndrome Chapter 2: Discovering the causes of Asperger's syndrome Chapter 3: Diagnosing Asperger's syndrome Part II: Living with Asperger's syndrome Chapter 4: Enjoying Life with Asperger's Chapter 5: Getting the most out of education and the workplace Chapter 6: Finding independence and advocating for your rights Part III: Supporting people with Asperger's syndrome Chapter 7: Parenting and Asperger's syndrome Chapter 8: Relating to adults with Asperger's syndrome Chapter 9: Creating an AS friendly environment Part IV: Discovering therapies, medication, diet and environments for AS Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome Chapter 11: Understanding medication and diet in Asperger's syndrome Part V: Part of Tens Chapter 12: Ten Organisations to go for help and information Chapter 13: Ten positives about living with Asperger's Chapter 14: Ten famous people who probably had Asperger's

Asperger's from the Inside Out

Freaks, Geeks and Asperger Syndrome

The Other Half of Asperger Syndrome

Asperger Syndrome

Whole-Body Strategies for Making Life All It Can Be
A Guide for Friends and Family

The Mom's Guide to Asperger Syndrome

he Mom's Guide to Asperger Syndrome and Related Disorders is written primarily for parents of children who have newly been diagnosed with Asperger Syndrome. It is especially a great resource for the preschool through elementary school years. The book draws from the author's personal experience both as the mom of a son with Asperger Syndrome and her study of and work with children and adolescents with special needs. The result is a practical guide, written for other Aspie parents in a clear, concise, and sometimes humorous tone. This user-friendly book leaves no stone unturned, as it explains, in a friendly, familiar voice, situations and issues that all parents with an AS child will encounter at one point or another. Above all else, the book arms parents with basic, sound information empowering them to seek out the very best services and programs for their child. From dealing with sensory issues and bullying to staying on top of homework, **The Mom's Guide to Asperger Syndrome and Related Disorders** offers easy-to-use suggestions. **The Mom's Guide to Asperger Syndrome and related disorders** should be used as a practical, valuable reference throughout the years.

Does your other half have Asperger Syndrome or do you suspect that he or she is on the autism spectrum? This quick and helpful relationships guide provides all the information

you need for relationship success with your ASD partner. In the second edition of this best-selling book, Maxine Aston draws on over a decade of experience working with couples affected by Autism Spectrum Disorder. Updates include reference to recent research and information on same sex relationships, sensory issues and pregnancy. Full of bite-size tips and advice, the book explains Asperger Syndrome, discusses whether or not seeking an autism diagnosis will help, and offers simple strategies for coping with a range of relationship challenges including communication, social, and intimacy difficulties.

`Self-esteem should be enhanced as people with AS read Edmonds and Worton's presentation of how AS has impacted on their lives. They are both positive advocates for encouraging others.. to view their AS as a positive... This book is easy to read and full of valuable strategies to help others who have ASD' - Autism Awareness Following on from the Asperger Love Guide and Social Guide, this third book in the series of self-help practical life guides aims to cover the personal issues that an adult with Asperger's syndrome faces in a world not designed for people with autism. Written from a male and female perspective of two Asperger's adults it looks at: o the positive aspects of Asperger's syndrome o how these translate into everyday life o whether Asperger's syndrome is in fact a disability o strategies to gain mental and physical health as an adult with Asperger's syndrome. The book aims to help adults gain self-esteem and get the most out of themselves as a unique adult with Asperger's syndrome. These courageous

authors have drawn upon their personal experiences to provide an outstanding series of books aimed to support and enhance the quality of life for other Asperger adults.

A guide for teens on coping with Asperger's syndrome provides information on research, describes how the condition manifests, and suggests strategies for how to deal with specific problems.

The Asperger Love Guide

Asperger's Syndrome Guide for Teens and Young Adults

The Autism Revolution

The sound advice and reliable answers you need to help your child succeed

A Supportive and Practical Guide for Anyone with Asperger's Syndrome

A Self-help Guide for Individuals with Asperger's Syndrome

A Guide to Living in an Intimate Relationship with a Partner who Has Asperger Syndrome

Asperger's Syndrome A Guide for Parents and Professionals Jessica Kingsley Publishers

The clinical diagnosis of Asperger's can be intimidating for parents. Often the focus is on their child's "disabilities" rather than his "abilities," and parents may be left wondering what they should expect as their child

journeys through life. This guide helps you take the first steps toward understanding how this developmental disorder may impact your child. This uncomplicated handbook introduces you to Asperger's and helps you to: Get a diagnosis and understand the results Identify triggers that can lead to sensory overload Recognize symptoms of meltdowns and work to prevent them Educate family and friends about Asperger's Discover support groups for themselves and their child Now revised and updated, this new edition includes information on educational concerns and social interactions. This is the only resource you need to help your child overcome the obstacles of Asperger's and find success--and happiness.

'This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as

well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' – Professor Tony Attwood 'This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time

story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text'... the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success... Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact... The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good

resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those

with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West

England

The workplace can be a difficult environment for people with Asperger's Syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers.

A Parent's Guide

Asperger's From the Inside Out

The Guide to Dating for Teenagers with Asperger Syndrome

An Asperger's Syndrome Study Guide for Adolescents

A Guide for Professionals and Families

The Asperkid's (Secret) Book of Social Rules

A User Guide to Adolescence

A positive, mindful plan for the whole family! If your child has been given a diagnosis of Asperger's syndrome, you may be feeling overwhelmed and unsure of what to do next. With *The Conscious Parent's Guide to Asperger's Syndrome*, you will learn how to take a relationship-centered approach to parenting that engages your child and ensures that he succeeds behaviorally, socially, and cognitively. Conscious parenting is about being present with your child and taking the time to understand how to help him flourish. By practicing this mindful method, you can support your child emotionally and help nurture his development. This easy-to-use guide helps you to: Honor your child's unique perspective and cognitive strengths Adapt a conscious parenting philosophy that works for everyone Identify triggers that can lead to sensory overload Lower stress levels for the entire family, including other siblings Keep open

communication with your child and help him foster good relationships Embrace your child's passions and help him grow in practical ways Educate your family and friends about Asperger's Advocate for your child at school With The Conscious Parent's Guide to Asperger's Syndrome, you'll learn to create a calm and mindful atmosphere for the whole family, while helping your child succeed and thrive.

"Dating is difficult for everyone. For a teen with Asperger Syndrome, it can be overwhelming. Special education teacher Jeannie Uhlenkamp tackles some of the specific issues facing teens with AS. Written in a question-and-answer format, this much-needed book offers insight and practical advice on dating challenges. Each topic is followed by Discussion Questions (to get the conversation flowing between teens and parents/teachers) and a Main Idea (which succinctly wraps up the main point). Also included are special notes to define the more illusive vocabulary and concepts of today's dating world."--Provided by publisher.

Recognising Autism and Asperger ' s Syndrome is an accessible guide, offering information and guidance, self-help and coping strategies and illustrated throughout with personal quotes, vignettes and anecdotes from clients with autism with whom the author has worked clinically. The book captures the

individual stories, quotations and experiences, observed in adult autism diagnostic services, woven in with contemporary research, theory and clinical insights. It outlines the history of the condition and the present criteria for obtaining a diagnosis. With exercises, tips, questionnaires, psycho-educational work and advice sheets, this new edition also elucidates the female presentation of autism that has attained significance in the recent times. The book is deliberately aimed at a broad audience of people: those who have just received a diagnosis and want to know more, those who are considering seeking a diagnosis, family members, relatives, friends and clinicians, including mental health workers, psychologists, support workers and all those who work with autistic people.

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

The Everything Parent's Guide to Children with Asperger's Syndrome
A Guide to Successful Stress Management
Succeeding in College with Asperger Syndrome
Asperger's Syndrome For Dummies

A Guide for College Personnel

Asperger's and Adulthood

The Oasis Guide: Advice, Inspiration, Insight, and Hope, from Early Intervention to Adulthood

Interest in Asperger Syndrome is on the rise, but until recently, it has been examined almost exclusively in children and adolescents. Here, three leading researchers provide an overview of the relevant issues in adults. Topics covered include diagnosis, co-morbid psychiatric conditions, psychosocial issues, and appropriate interventions, from psychotherapy to psychopharmacology. Topics covered include a review of diagnostic criteria, controversies over the disorder, co-morbid psychiatric problems, co-morbid medical and learning issues, an overview of psychosocial concerns, intervention, and future directions in clinical practice and research.

Annotation "In this book, Wendy Lawson guides others on the autism spectrum through the confusing map of life, tackling the building bricks of social existence one by one with humour, insight and practical suggestions."

Offers advice and support to parents of children suffering from Asperger's Syndrome. Simultaneous eBook.

Being a teen or tween isn't easy for anyone but it can be especially tough for Asperkids. Jennifer O'Toole knows; she was one! This book is a top secret guide to

all of the hidden social rules in life that often seem strange and confusing to young people with Asperger syndrome. The Asperkid's (Secret) Book of Social Rules offers witty and wise insights into baffling social codes such as making and keeping friends, blending in versus standing out from the crowd, and common conversation pitfalls. Chock full of illustrations, logical explanations, and comic strip practice sessions, this is the handbook that every adult Aspie wishes they'd had growing up. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules in bite-sized chunks that older children will enjoy, understand, and most importantly use daily to navigate the mysterious world around them.

How to be Yourself in a World That's Different

The Other Half of Asperger Syndrome (Autism Spectrum Disorder)
Thriving (not Just Surviving)

Asperger Syndrome and Anxiety

The Partner's Guide to Asperger Syndrome

The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with
Asperger Syndrome

Take Control of Asperger's Syndrome

This is an accessible 2002 handbook for all those touched by
Asperger syndrome; clinicians, those affected and carers alike.

Includes bibliographical references and index.

A guide to Asperger's syndrome answers common questions parents may have about the condition covering such topics as detecting early signs, getting the correct diagnosis, and helping a child develop social skills.

Many people have feelings of stress and anxiety in their everyday lives. For people with Aspergers Syndrome this stress can be difficult to manage. This book is specifically written for adults with Aspergers Syndrome offers practical advice on how to better manage the stress in their lives.

A Practical Guide to Adult Diagnosis and Beyond
And Related Disorders
Asperger's and Girls