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Encompassing Amazonian rainforests, Andean peaks, coastal lowlands, and the Galápagos Islands, Ecuador’s geography is notably diverse. So too are its history, culture, and politics, all of which are examined from many perspectives in The Ecuador Reader. Spanning the years before the arrival of the Spanish in the early 1500s to the present, this rich anthology addresses colonialism, independence, the nation’s integration into the world economy, and its tumultuous twentieth century. Interspersed among forty-eight written selections are more than three dozen images. The voices and creations of Ecuadorian politicians, writers, artists, scholars, activists, and journalists fill the Reader, from José María Velasco Ibarra, the nation’s ultimate populist and five-time president, to Pancho Jaime, a political satirist; from Julio Jaramillo, a popular twentieth-century singer, to anonymous indigenous women artists who produced ceramics in the 1500s; and from the poems of Afro-Ecuadorians, to the fiction of the vanguardist Pablo Palacio, to a recipe for traditional Quiteño-style shrimp. The Reader includes an interview with Nina Pacari, the first indigenous woman elected to Ecuador’s national assembly, and a reflection on how to balance tourism with the protection of the Galápagos Islands’ magnificent ecosystem. Complementing selections by Ecuadorians, many never published in English, are samples of some of the best writing on Ecuador by outsiders, including an account of how an indigenous group with non-Inca origins came to see themselves as definitively Incan, an exploration of the fascination with the Andes from the 1700s to the present, chronicles of the less-than-exemplary behavior of U.S. corporations in Ecuador, an examination of Ecuadorians’ overseas migration, and a look at the controversy surrounding the selection of the first black Miss Ecuador.

Describes the feelings of a little girl after her dog dies and features information for parents on helping a child cope with grief.

In his first-ever collaboration, New York Times bestselling author James Rollins combines his skill for cutting-edge science and historical mystery with award-winning novelist Rebecca Cantrell’s talent for haunting suspense and sensual atmosphere in a gothic tale about an ancient order and the hunt for a miraculous book known only as . . . The Blood Gospel

An Anthology of Modern Russian Folk Tales

The Story of Karma

Be My Mr. Happy

The Case Against Faith—and for Freedom

The Hardmen: Legends and Lessons from the Cycling Gods

Korean: A Comprehensive Grammar is a reference to Korean grammar, and presents a thorough overview of the language, concentrating on the real patterns of use in modern Korean. The book moves from the alphabet and pronunciation through morphology and word classes to a detailed analysis of sentence structures and semantic features such as aspect, tense, speech styles and negation. Updated and revised, this new edition includes lively descriptions of Korean grammar, taking into account the latest research in Korean linguistics. More lower-frequency grammar patterns have been added, and extra examples have been included throughout the text. The unrivalled depth and range of this updated edition of Korean: A Comprehensive Grammar makes it an essential reference source on the Korean language.

Book 2 of The Survivalist Series No electricity. No running water. No food. No end in sight. If life as you knew it changed in an instant, would you be prepared? In A. American's first novel, Going Home, readers were introduced to Morgan Carter, the resourceful, tough-as-nails survivalist who embarks on a treacherous 250-mile journey across Florida following the collapse of the nation's power grid. Now reunited with his loving wife and daughters in this follow-up to Going Home, Morgan knows that their happiness is fleeting, as the worst is yet to come. Though for years Morgan has been diligently preparing for emergency situations, many of his neighbors are completely unready for life in this strange new world--and they're starting to get restless. With the help of his closest companions, Morgan fights to keep his home secure--only to discover shocking information about the state of the nation in the process. Fans of James Wesley Rawles, William R. Forstchen's One Second After, and The End by G. Michael Hopf will revel in A. American's apocalyptic tale.

Throughout history, religion has been used as a tool of female subjugation. Women have been deemed less worthy than men, have been prevented from owning property, and worse—all in the name of a higher power. In recent decades, women have made progress in terms of equal rights with men, at least in Western democracies, but still, why has the United States never had a female president? Why aren't more women heads of Fortune 500 companies? Why do politicians in the West continue to attack women's reproductive rights? As this volume explores, it would be hard to find a bigger culprit than religion when identifying the last cultural barriers to full gender equality. With topics ranging from the subjugation of women in the Bible to the shame and guilt felt by women due to religious teaching, this volume makes clear that only by rejecting the very system that limits their autonomy will women be fully liberated from its malignant influences, not just in codified law but also in cultural practice.

Savory Vegetarian Chinese: A Monastery's Approach to Food and Spiritual Well-Being: Adding Eastern Variety and Peace of Mind and Body: Includes Nutrition Facts and Shopping Guide for Asian Cooking

Desserts LaBelle

Hawaiki Rising

Surviving Home

Celebrating the sesquicentennial anniversary of the completion of the first transcontinental railroad in the United States , After Promontory: One Hundred and Fifty Years of Transcontinental Railroad profiles the history and heritage of this historic event. Starting with the original Union Pacific—Central Pacific lines that met at Promontory Summit, Utah, in 1869, the book expands the narrative by considering all of the transcontinental routes in the United States and examining their impact on building this great nation. Exquisitely illustrated with full color photographs, After Promontory divides the western United States into three regions—central, southern, and northern—and offers a deep look at the transcontinental routes of each one. Renowned railroad historians Maury Klein, Keith Bryant, and Don Hofsonmer offer their perspectives on these regions along with contributors H. Roger Grant and Rob Krebs.

Superstar singer, bestselling cookbook author, and cooking show host Patti LaBelle shares her favorite dessert recipes and kitchen memories. Her New York Times bestseller LaBelle Cuisine: Recipes to Sing About, which sold more than 300,000 copies, established her as a cooking star. Today, Patti's baking skills have the country buzzing. In Fall 2015, a fan's YouTube review of her sweet potato pie became a viral sensation, with over 20 million views. In just one weekend, her pies were completely sold out at Wal-Mart stores across the country. Now, for the first time, fans of Patti's pie can make their own, as well as other amazing sweets! Filled with her favorite recipes for pies, cakes, cookies, and puddings, as well as a chapter on diabetic-friendly recipes, moving personal stories from her career and life, this is the most personal cookbook LaBelle has written. Every fan of soul and sweets will want to own it.

This book is crammed with puzzles designed to stimulate each of your brain's cognitive functions, keeping it strong and fit. Many different types of puzzles are included, and each of the five levels increases the challenge of solving them. Includes three self-evaluations that allow you to assess your improvement in areas such as focus, attention, memory, and more. With these puzzles, exercising your brain can be fun! The consultant is Dr. Elkhorn Goldberg, a Ph.D. neuropsychologist who created the Manhattan-based Cognitive Enhancement Program, a fitness center for the brain and who wrote The Executive Brain: Frontal Lobes and the Civilized Mind; and The Wisdom Paradox: How Your Mind Can Grow Stronger as Your Brain Grows Older.

Brain Games

The Vidur-gita

The Ecuador Reader

Goodbye, Brecken

Beautiful Savage

Amelia Kurt was different. And she knew it. That didn't stop her from loving her best friend, Annabelle Johnson. They spent an entire summer making love, and growing into what was promising to be the only relationship either ever knew. Then, one day, the unexpected happens. Anna disappears. No reason, no forwarding address, no number. She was simply gone. Eleven years later, Anna returns. Her truth is heartbreaking but it's only the beginning of their journey to recovery.

Attuned to a world of natural signs—the stars, the winds, the curl of ocean swells—Polynesian explorers navigated for thousands of miles without charts or instruments. They sailed against prevailing winds and currents aboard powerful double canoes to settle the vast Pacific Ocean. And they did this when Greek mariners still hugged the coast of an inland sea, and Europe was populated by stone-age farmers. Yet by the turn of the twentieth century, this story had been lost and Polynesians had become an oppressed minority in their own land. Then, in 1975, a replica of an ancient Hawaiian canoe—Höküle'a—was launched to sail the ancient star paths, and help Hawaiians reclaim pride in the accomplishments of their ancestors. Hawaiki Rising tells this story in the words of the men and women who created and sailed aboard Höküle'a. They speak of growing up at a time when

their Hawaiian culture was in danger of extinction; of their vision of sailing ancestral sea-routes; and of the heartbreaking loss of Eddie Aikau in a courageous effort to save his crewmates when Höküle'a capsized in a raging storm. We join a young Hawaiian, Nainoa Thompson, as he rediscovers the ancient star signs that guided his ancestors, navigates Höküle'a to Tahiti, and becomes the first Hawaiian to find distant landfall without charts or instruments in a thousand years. Hawaiki Rising is the saga of an astonishing revival of indigenous culture by voyagers who took hold of the old story and sailed deep into their ancestral past.

Embrace and revel in the stories of the toughest cyclists of all time, told by The Velomani, originators of The Rules. Read and get ready to ride . . . In cycling, suffering brings glory: a rider's value can be judged by their results, but also by their panache and heroism. Prepared to be awed and inspired by Chris Froome riding on at the Tour de France with a broken wrist or Geraint Thomas finishing it with a broken pelvis. In The Hardmen the writers behind cycling superblog Velomaniat.com and The Rules will tell the stories and illuminate the myths of not just the greatest cyclists ever, but the toughest. From Eddy Merckx to Beryl Burton, and from Marianne Vos to Edwig Van Hooydonk, the book will lay bare the secrets of their extraordinary and inspirational endurance in the face of pain, danger and disaster. After all, suffering is one of the joys of being a cyclist. Embrace climbs, relish the descents, and get ready to harden up. . .

After Promontory

A Story about the Death of a Pet

Souful Sweets to Sing About

A Classic Tale of Lust

Women v. Religion

The story of Yayati is perhaps one of the most intriguing and fascinating episodes of Mahabharata. Yayati was a great scholar and one of the noblest rulers of olden times. He followed the shastras and was devoted to the welfare of his subjects. Even the King of Gods, Indra, held him in high esteem. Married to seductively beautiful Devayani, in love with her maid Sharmishtha, and father of five sons from two women, yet Yayati unabashedly declares, 'My lust for pleasure is unsatisfied...' His quest for the carnal continued, sparing not even his youngest son, and exchanging his old age for his son's youth... Winner of the Jnanpith and Sahitya Akademi Awards.

There's something in the earth deep below Elise Kavanagh's territory. A shadow is falling upon local demons to devour their flesh and harvest their souls. And it's coming for Elise next. The Union has an easy way out. They want to send Elise into hiding again with her former partner, James Faulkner. All she has to do is surrender the territory and trust that they can protect the ethereal ruins, the dark gate, and the city she's come to know as home. Greater powers have other plans for Elise and her fabled power as Godslayer—plans that mean surrendering her life and blood to the most powerful demon alive. But if she descends, there's no turning back. Once she gazes into the abyss, it will gaze back into her...and Elise will be damned forever.

DISCIPLE IV UNDER THE TREE OF LIFE is the final study in the four-phase DISCIPLE program and is prepared for those who have completed BECOMING DISCIPLES THROUGH BIBLE STUDY. The study concentrates on the Writings (Old Testament books not in the Torah or the Prophets), the Gospel of John, and Revelation. Emphasis on the Psalms as Israel's hymnbook and prayer book leads natural to an emphasis on worship in the study. Present through the entire study is the sense of living toward completion - toward the climax of the message and the promise, extravagantly pictured in Revelation. The image of the tree and the color gold emphasize the prod and promise in the Scriptures for DISCIPLE IV: UNDER THE TREE OF LIFE. The word under in the title is meant to convey

invitation, welcome, sheltering, security, and rest - home at last. Commitment and Time Involved 32 week study Three and one-half to four hours of independent study each week (40 minutes daily for leaders and 30 minutes daily for group members) in preparation for weekly group meetings. Attendance at weekly 2.5 hour meetings. DVD Set Four of the five videos in this set contain video segments of approximately ten minutes each that serve as the starting point for discussion in weekly study sessions. The fifth video is the unique component that guides an interactive worship experience of the book of Revelation. Under the Tree of Life Scriptures lend themselves to videos with spoken word, art, dance, music, and drama. Set decorations differs from segment to segment depending on the related

Scripture and its time period. Set decoration for video segments related to the Writings generally has a Persian theme. Set decoration for the New Testament video segments emphasizes the simpler life of New Testament times.

Gamayun Tales I

100 Classic Stories

60 Checks for Maintaining Balance in the Bedroom

H'k'le'a, Nainoa Thompson, and the Hawaiian Renaissance

Wok Wisely

Rebecca Rusch is one of the great endurance athletes of our time. Known today as the Queen of Pain for her perseverance as a relentlessly fast runner, paddler, and mountain bike racer, Rusch was a normal kid from Chicago who abandoned a predictable life for one of adventure. In her new book Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled, Rusch weaves her fascinating life's story among the exotic locales and extreme conditions that forged an extraordinary athlete from ordinary roots. Rusch has run the gauntlet of endurance sports over her career as a professional athlete— climbing, adventure racing, whitewater rafting, cross-country skiing, and mountain biking—racking up world championships along the way. But while she might seem like just another superhuman playing out a fistful of aces, her empowering story proves that anyone can rise above self-doubt and find their true potential. First turning heads with her rock climbing and paddling skills, Rusch soon found herself spearheading adventure racing teams like Mark Burnett's Eco-Challenge series. As she fought her way through the jungles of Borneo, raced camels across Morocco, threaded the rugged Tian Shan mountains, and river-boarded the Grand Canyon in the dead of winter, she was forced to stare down her own demons. Through it all, Rusch continually redefined her limits, pushing deep into the pain cave and emerging ready for the next great challenge. At age 38, Rusch faced a tough decision: retire or reinvent herself yet again. Determined to go for broke, she shifted her focus to endurance mountain bike racing and rode straight into the record books at a moment when most athletes walk away. Rusch to Glory is more than an epic story of adventure; it is a testament to the rewards of hard work, determination, and resilience on the long road to personal and professional triumph.

KoreanA Comprehensive GrammarRoutledge

When she agrees to take on one of the abused horses just rescued by the local SPCA, a new chapter opens in Susan Richards's difficult life. She lost her mother at the age of five and was raised by uncaring relatives; she married unhappily and divorced; and she'd been an alcoholic. Now, at the age of forty-three, she lives with three horses who keep her company: the diva-like Georgia, boyish Tempo and hopelessly romantic Hotshot. While trying to capture another horse assigned to her, Lay Me Down, a skeletal mare, walks into Susan's horse trailer of her own volition. When Susan agrees to take her, she begins to forge a special, healing relationship that alters her life. Poignant and evocative, this is a book for anyone who has ever loved a horse, and for everyone who has ever lost a loved one.

One Hundred and Fifty Years of Transcontinental Railroadng

Loving Anna

West African Journal of Medicine

Mrityunjaya, the Death Conqueror

Damnation Marked

Who says money can't buy you love? Issued by the "World Bank of Savings and Love" these playful checks offer a diverse portfolio of options for the shy and adventurous alike, with fill-in-the-blanks and check-box prompts. The checkbook includes 30 IOUs and 30 UOMEs, making it easy for you to

get back what you give. Best of all, these checks are guaranteed not to bounce (unless you're into that!)

To Rory Yates being a Texas Ranger is about justice, but all of that changes when he is brought to a small southern town to help uncover the mysteries behind a local woman's death—only to discover corruption and lies. Texas Ranger Rory Yates is not keen for hero status. But it's unavoidable once his girlfriend, country singer Willow Dawes, writes a song about his bravery. Rory escapes his newfound fame when he's sent to the remote West Texas town of Rio Lobo, a municipality with two stoplights. And now, according to the Chief of Police, it has one too many Texas Rangers. Rio Lobo Detective Ariana Delgado is the one who requested Rory, and the only person who believes a local councilwoman's seemingly accidental death is a murder. Then Rory begins to uncover a tangle of small-town secrets, favors, and lies as crooked as Texas law is straight. To get to the truth before more people die, Rory is forced to take liberties with the investigation. The next ballad of Rory Yates may not be about a hero, but rather an outlaw song.

Enter a world of magic and adventure in this stunning series based on traditional Russian folklore. Collected into a beautiful new paperback edition for the first time! Alexander Utkin's Gamayun Tales are fresh and modern adaptations of familiar Russian folktales, teamed with bold and

beautiful illustrations. Jam-packed with stories of magical quests and talking animals, golden chests that turn into palaces and encounters with terrifying Water Spirits, there's no end to the adventure in these books!

Adventure, Risk & Triumph on the Path Less Traveled

A Comprehensive Grammar

Korean

History, Culture, Politics

Disciple IV