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Be Anxious For Nothing Study

We applaud men for doing good things. We enshrine God for doing great things. But what about a man who does God things? One thing is certain. We can't ignore him. If these moments are factual, if

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the claim of Christ is actual, then he was, at once, man and God. The single most significant person who ever lived. Forget MVP. He is the entire league. The head of the parade? Hardly. No one else shares the street. Who comes close? Humanity's best and brightest fade like dime-store rubies next to him. Dismiss him?

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We can't. Resist him?
Equally difficult. Why
would we want to?
Don't we need a God-
man Savior? A just-God
Jesus could make us, but
not understand us. A
just-man Jesus could
love us, but never save
us. But a God-man
Jesus? Near enough to
touch. Strong enough to
trust. A next door
Savior.

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An incendiary examination of burnout in millennials--the cultural shifts that got us here, the pressures that sustain it, and the need for drastic change

NAMED ONE OF THE 40 BEST BOOKS OF 2016 BY THE NEW YORK POST A New York Times Editor's Choice pick "Ruth Whippman is my new

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favorite cultural critic...a shrewd, hilarious analysis.” —Adam Grant, New York Times bestselling author of Give and Take, Originals, and Option B (coauthored with Sheryl Sandberg) "I don't think I've enjoyed cultural observations this much since David Foster Wallace's A Supposedly Fun Thing I'll Never Do

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Again. Reading this book is like touring America with a scary-smart friend who can't stop elbowing you in the ribs and saying, "Are you seeing what I'm seeing?!" If you want to understand why our culture incites pure dread and alienation in so many of us (often without always recognizing it), read this

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book." —Heather
Havrilesky, writer
behind "Ask Polly" for
New York Magazine
and nationally
bestselling author of
How to Be a Person in
the World Are you
happy? Right now?
Happy enough? As
happy as everyone else?
Could you be happier if
you tried harder? After
she packed up her

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British worldview (that most things were basically rubbish) and moved to America, journalist and documentary filmmaker Ruth Whippman found herself increasingly perplexed by the American obsession with one topic above all others: happiness. The subject came up everywhere: at the

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playground swings, at the meat counter in the supermarket, and even—legs in stirrups—at the gynecologist. The omnipresence of these happiness conversations (trading tips, humble-bragging successes, offering unsolicited advice) wouldn't let her go, and so Ruth did some digging. What she found was a paradox:

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despite the fact that Americans spend more time and money in search of happiness than any other nation on earth, research shows that the United States is one of the least contented, most anxious countries in the developed world. Stoked by a multi-billion dollar “happiness industrial complex”

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intent on selling the
promise of bliss,
America appeared to be
driving itself crazy in
pursuit of contentment.
So Ruth set out to get to
the bottom of this
contradiction,
embarking on an
uproarious pilgrimage to
investigate how this
national obsession
infiltrates all areas of
life, from religion to

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parenting, the workplace to academia. She attends a controversial self-help course that promises total transformation, where she learns all her problems are all her own fault; visits a “happiness city” in the Nevada desert and explores why it has one of the highest suicide rates in America; delves into the darker truths

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behind the influential academic “positive psychology movement”; and ventures to Utah to spend time with the Mormons, officially America’s happiest people. What she finds, ultimately, and presents in *America the Anxious*, is a rigorously researched yet universal answer, and one that comes absolutely free of

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charge.

A simple and sustainable path to a deep and satisfying walk with Christ There are thousands of how-to books for improving various areas of life—self, relationships, finances, fitness, business, marriage, family. And there are nearly as many books written for believers

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offering a framework for the “right” approach to a new life in God. What if it were possible, Pastor Stovall Weems asks, to boil it all down to one practical, uncomplicated principle that would yield the vibrant, purposeful spiritual life so many are looking for? What if, in our relationship with God, we had one simple

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and sustainable touch point to experience a deep and satisfying walk with Christ? In *The God-First Life*, Weems shows that true success in our walk with God and in life in general is not an issue of need, but an issue of order.

Brilliantly unpacking the simple Scripture in Matthew 6:33, Weems gives a fresh and

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practical perspective on what Christian “discipleship” is about. Bringing clarity, depth, and simplicity, Pastor Weems makes clear core truths that have been misunderstood by many Christians and non-Christians alike. Open and Relational Theology
Anxious for Nothing
Living Above Anxiety

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and Loneliness

Trust in the Miracle of
God's Presence and
Power

The Gospel According
to Matthew

A Revolutionary Guide
for the Way We Think,
Talk, and Act in
Kindness

Question-Based Bible
Study Guide -- Anxious
for Nothing

Most

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***theologies
suck. They're
too technical
or they
describe a God
nobody
understands.
Sometimes the
God portrayed
sounds like a
controlling
boyfriend or***

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absentee

parent. Rather than woo or persuade, most theology books clobber readers into submission. This book is different.

Thomas Jay Oord presents

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***a theology
that makes
sense. It fits
the way we
live our lives
and matches
our deepest
intuitions. To
the surprise of
some, it
harmonizes
with sacred***

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scripture... at least the good parts. And it promotes a genuinely loving God. Open and relational theology is controversial. Oord and others have

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***lost their jobs
because they
embrace it.
Others have
been booted
from religious
communities
or shunned by
families and
friends. It's
that radical!
Using underst***

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andable

**language and
illustrations
from everyday
life, Oord
explains the
core ideas of
open and
relational
theology. He
reveals why
this way of**

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thinking is life-changing - for good - for so many. This theology doesn't suck. People around the world are turning to open and relational theology. It

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***answers our
biggest
questions
about good
and evil,
purpose and
freedom, love
and science.
Get a Copy of
Open and
Relational
Theology What***

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***they're
saying...***

"Timely!" -

***Cody Stauffer
& Craig***

***Morton, All
That's Holy
Podcast***

"Cosmic!" —

***Pete Enns &
Jared Byas,
Bible For***

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***Normal People
Podcast***

"Conceptual!"

***- Seth Price,
Can I Say This
in Church?***

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"Inspired!" -

***Jay McDaniel,
Conversations
in Process***

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***"Clear!" - Joe
Smith and
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***"Radical!" -
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Kendrick &
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Desert Voices
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"Prodigious!" -

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**Williamson, De
constructionist
s Podcast**

"Relieving!" -

Joey

**Monteleone,
Dismantle
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"Compelling!"

- Loren

Richmond Jr,

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**Future
Christian
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"Liberating!" -
Melanie
Mudge & Gary
Alan Taylor,
Holy Heretics
Podcast
"Magnificent!"
- Tripp Fuller,
Homebrewed**

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Christianity

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"Enlivening!" -

***Michael Frost,
In the Shift***

Podcast

"Tantalizing!"

***- Jim Stump,
Language of
God Podcast***

"Captivating!"

- Jason Elam,

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**Messy
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Gabriel
Gordon,
Misfits
Theology
Podcast "Inter
rogating!" -
Todd Littleton,**

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***Patheological
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"Exceptional!"

***- Keith Giles,
Peace Catalyst
Podcast***

"Zesty!" -

***Mason
Mennenga, A
People's
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Hayden Bruce,
Pragmatic
Christian
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**"Clarifying!" -
Mary-Anne &
Andre Rabe,
Question Your
Answers
Podcast**

"Trailblazing!"

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**- Todd R. Vick,
Reconstruction Rebel**

**Podcast "Peace-Bringing!" -
Chris Harman,
Redrawing the
Bath Podcast**

**"Stimulating!"
- Greg Boyd
and Dan Kent,
ReKnew**

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Podcast

"Punchy!" -

Ryan T.

Mullins,

Reluctant

Theologian

Podcast

"Exciting!" -

Josh Patterson

& Marty

Fredrick,

(Re)thinking

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***Faith Podcast
"A Gift!" - Beth
Hayward,
Souls in Soles
Podcast
"Inviting!" -
Kurt Willems,
Theology
Curator
Podcast
"Accessible!" -
Dustin***

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Thrice & Carry
the Fire
Podcast "R-/ev
olutionary!" -
Tim Victor,
Urban Mystic
Podcast "User-
Friendly!" -
Glenn Siefert,
What If?
Podcast "Rein***

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***vigorating!” -
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Wonder &
Mystery of
Being Podcast
Buy the book!
Overly
concerned
about what
people think
of you? Welch
uncovers the***

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***spiritual
dimension of p
eople-pleasing
and points the
way through a
true
knowledge of
God,
ourselves, and
others. -
Publisher.
This New York***

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***Times and USA
TODAY
bestseller is
the perfect
tool for
children facing
new social and
emotional
challenges in
an
increasingly
disconnected***

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***world! This
how-to book
from two
psychology ex
perts--packed
with fun
graphics and
quizzes--will
help kids
transform
stress, worry,
and anxiety.***

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***Give it to fans
of The
Confidence
Code for Girls
and Raina
Telgemeier's
Guts. Now
more than
ever, kids
need to feel
empowered as
they work***

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***through
anxiety,
overwhelm,
and
uncertainty
brought on by
the world
around them.
With its
helpful, hands-
on
suggestions***

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and tips, SUPERPOWERED will be embraced by every kid with insecurities, worries, and anxious thoughts.

***Renee Jain
(founder of
GoZen!) and***

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***Dr. Shefali
Tsabary (New
York Times
bestselling
author and
Oprah
contributor)
make readers
the
superheroes
of their own
stories. They***

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***introduce a
toolkit of easy-
to-understand
methods for
recognizing
anxious
behaviors,
identifying the
root causes of
worried
thinking, and
realizing that***

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***strength can
be found in
reclaiming
one's inner
superpowers.
With the help
of humorous
artwork and
interactive
elements,
readers find
their***

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P.O.W.E.R. (an acronym that inspires mindfulness and resilience practices) and gain lasting mental strength. In You Are Never Alone, pastor and

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***New York
Times
bestselling
author Max
Lucado will
show you that
you're
stronger than
you think
because God
is nearer than
you know.***

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***You'll be
comforted by
the living,
loving, miracle-
working God
who doesn't
think twice
about
stepping into
the thorny
thickets of
your world to***

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lift you out.

***When life feels
depleted, does
God care?***

***When I hear
him say "No",
does he have a
response? I'm
facing an
onslaught of
challenges,
will he help?***

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***When life
grows dark
and stormy,
does he
notice? I'm
facing the fear
of death, will
he help me?
The answer in
the life-giving
miracles in the
Gospel of John***

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is a

***resounding
yes. Do you
know them?
Do you believe
in a Jesus who
has, not only
power, but a
passionate
love for the
weak and
wounded of***

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***the world? Do
you think he
cares enough
about you to
find you in the
lonely waiting
rooms, rehab
centers and
convalescent
homes of life?
You and I long
for Someone***

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***who will meet
us in the midst
of life's
messes. We
long to believe
in a living,
loving, miracle-
working God
who won't
think twice
about
stepping into***

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***the thorny
thickets of our
world and lift
us out. If this
is your desire,
take a good
look at the
words of John
and the
miracles of
Christ and see
if they don't***

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***achieve their
desired goal:
"That you may
believe that
Jesus is the
Christ, the Son
of God, and
that believing
you may have
life in his
name" (Jn.
20:31).***

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**Overcoming
Peer Pressure,
Codependency
, and the Fear
of Man
Study on
Anxiety
Get Out of
Your Head
Leader's Guide
Superpowered
Selected**

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***Readings on
the Twelve
Spiritual
Disciplines
Near Enough
to Touch,
Strong Enough
to Trust
Transform
Anxiety into
Courage,
Confidence,***

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and Resilience

Presents a translation of the Danish philosopher's 1844 treatise on anxiety, which he claimed could only be overcome through embracing it. Over 500,000 copies sold Fear

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and anxiety tend to creep into all areas of women's lives. We worry about our children, our friends, our careers, our families, our spouses—and the list goes on. It can be a constant struggle to let go

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and be free from the burden of worry. Designed to help you finally experience the calm and contentment that the Bible promises, *Calm My Anxious Heart* is an established and time-tested classic. Filled with

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solid

encouragement
and practical help
for soothing and
processing
anxiety, it offers
meaningful and
helpful ways to
refresh your spirit
with Scripture
and calming
insight.

Experience the

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contentment and joy that comes from trusting God, whether it is through:

Contentment in circumstances

Contentment in self-image

Contentment in relationships

Trusting God with your questions

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and worries Now including a 10-week Bible study to help you dig deeper, and a companion journal designed to help you embrace the present and live with joy. "An incredible tool for anyone seeking

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to find rest in an
anxious and
ambitious world.”
—Priscilla Shirer,
Bible teacher and
author “A
timeless treasure
whether you are
in a season of
great stress or
navigating the
challenges of
daily life.” —Dr.

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Juli Slattery,
psychologist,
cofounder of
Authentic
Intimacy
The Brightest
Lights of the
Christian
Tradition St.
Augustine,
Thomas Merton,
Fredrick
Buechner, Evelyn

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Underhill, A.W.

Tozer, G.K.

Chesterton,

Thomas More,

Martin Luther

King, Jr., Amy

Carmichael,

Simone Weil,

Pierre Teilhard de

Chardin,

Hildegard of

Bingen, John

Milton, Dorothy

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Day, Leo Tolstoy,
Gerard Manley
Hopkins, and
more. . . From
nearly two
thousand years of
Christian writing
comes Spiritual
Classics, fifty-two
selections
complete with a
profile of each
author, guided

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meditations for group and individual use, and reflections containing questions and exercises. Editors Richard Foster and Emilie Griffith offer their expertise by selecting inspirational

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writings and including their own commentary and recommendations for further guided reading and exploration.

The Anxious for Nothing Study Guide provides individuals and small groups with

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a roadmap for
overcoming
anxiety and
finding lasting
peace. Do you
feel weighted
down with worry?
Does the
uncertainty and
chaos of life keep
you up at night?
Are irrational
fears your

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constant
companion?
Could you just
use some calm?
In this five-
session video
Bible study
(DVD/digital
streaming sold
separately),
bestselling author
Max Lucado
explores in detail

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God's treatment
plan for anxiety
found in the most
underlined verse
in the Bible,
Philippians 4:6-7.
As you follow the
biblical
prescription for a
nxiety--celebratin
g God's goodness,
asking for his
help, leaving your

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concerns with
him, and
meditating on
good things--you
will learn how to
experience God's
peace. This is a
peace that
"transcends all
understanding"
and will help you
reframe the way
you look at your

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fears. With the heart of a pastor and his poetic storytelling, Max will help you: Let God help you win the war on worry and receive the lasting peace of Christ. Recognize the difference between present anxiety and

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persistent
anxiety. Find true
freedom and
experience more
joy, clarity,
physical renewal,
and contentment
by the power of
the Holy Spirit.
Train yourself to
rejoice in all
circumstances.
Discover the

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secret of remaining calm when you feel you have more than you can handle. Know how to encourage a friend and help them navigate anxiety and fear with real help from God's Word. While anxiety is a

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part of life, it doesn't have to dominate your life. You can discover a life of calm and develop tools for combating the onslaught of worry. Sessions include: Rejoice in the Lord Always Let Your

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Gentleness Be
Evident to All
Present Your
Requests to God
The Peace of God
Will Guard Your
Heart Meditate on
These Things
Designed for use
with the Anxious
for Nothing Video
Study

(9780310087335)

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, sold separately.

America the

Anxious

Pets on the Couch

How to Quiet Your

Heart in an

Anxious World

The Annotated

Critical Edition

Trade Your Cares

for Calm

Spiritual Classics

The Turnaway

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Study

The

bestselling

author of Love

Unending and

Midnight Mom

Devotional

reassures

anxious women

that even if

you can't

shake off

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fear, your
faith is not
broken. For
years,
Christian
women have
been told, "If
you just
prayed more,
had more
faith, and
trusted Jesus,

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you'd have
more peace."
But what does
it mean when a
Christian
momma
continues to
worry? How
does she
reconcile her
feelings of
fear with her

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faith in God?
And how does
she raise her
children in a
home full of
peace when she
feels anything
but peaceful?

Becky

Thompson, a
best-selling
author with a

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degree in
biblical
studies, knows
firsthand what
it is like to
suffer from
the crippling
effects of
anxiety--a
condition she
has struggled
to overcome

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for most of
her life. For
her and many
others, the
fear she faces
is not a faith
issue. It's a
physical one
that affects
over 40
million adults
in the US. As

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Becky examines
the
relationship
between the
promise of
peace in
Scripture and
the reality of
life,
motherhood,
and anxiety,
she brings

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both a
practical and
spiritual
approach to
the discussion
of anxiety and
how it impacts
your mind,
body, and
spirit. Peace
meets moms in
the forest of

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fear where
they have felt
isolated and
alone and
walks them
toward hope,
reminding them
that there are
millions of
other women
who walk the
same dark,

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uncertain

trails they do
and there
isn't
something
wrong with
their faith
because they
can't shake
the fear.

Peace is a
lifeline for

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the Christian
mom desperate
for solid
advice based
on sound
doctrine and
presented in a
way that makes
her feel
understood and
far less alone
on her journey

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toward

healing.

Two-books-in-
one by #1 New
York Times
bestselling
author Joyce
Meyer, BE

ANXIOUS FOR
NOTHING and
its companion
study guide

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will teach
readers how to
rid themselves
of their fears
and anxieties
by drawing
peace from
God. Fear is
an unfortunate
part of living
in this world-
-something

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that each and every one of us faces.

However, God has provided a way for everyone to enjoy His peace as part of our daily lives. It is up to each of

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us to decide
whether we
allow
ourselves to
be burdened
with worry and
anxiety or if
we choose to
live in the
peace and joy
that God
lovingly

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provides.

Joyce Meyer
helps readers
rely on God's
strength
during
difficult
circumstances
by revealing
the nature of
God's peace as
found in

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Scripture. By embracing God's peace and strength, we can trade anxiety for joy, develop a childlike attitude of faith, and give our worries to the

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Lord so that
we can live
the happy
lives that He
intended for
all of us.

"A
groundbreaking
and
illuminating
look at the
state of

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abortion

access in

America and

the first long-

term study of

the consequenc

es-emotional,

physical,

financial,

professional,

personal, and

psychological-

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of receiving
versus being
denied an
abortion on
women's
lives"--

We live in a
broken, sad,
scary place.
We don't need
to watch the
natural

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disasters and
political
unrest in the
news to know
what our
bodies already
know. Our
bodies get
sick. Our
minds are
fragile. The
mortality rate

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for humans is astonishingly high. There's plenty to worry about, and the world is full of faulty solutions for our anxieties. But true peace comes when we

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learn to hold
God's Word up
to what
worries us.

There, we
learn we can't
fix or protect
ourselves.

Instead, the
Bible tells us
we can rest,
knowing Jesus

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walked into
the broken,
sad, scary
place to
rescue and
love us. In
this 8-session
study, learn
that when we
fear the Lord
rather than
fearing the

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brokenness in our world, we are able to take hold of the perfect peace that is only available in Him.

Features:

Leader helps to guide questions and

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discussions

within small

groups

Personal study

segments to

complete among

8 weeks of

group sessions

Eight

enriching

teaching

videos,

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approximately
10-15 minutes
per session,
available for
purchase or
rent Benefits:
Learn how the
Word of God
can fight your
anxiety so you
can take hold
of the

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abundant life

Jesus has
purchased for
you. Realize
you're not
alone in your
struggle with
anxiety by
prioritizing
community and
confession
over

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isolation.

Practice
bringing your
anxieties to
God and come
to know prayer
as a pathway
to peace.

Be Anxious for
Nothing: Study
Guide

Uncomplicate

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Your Life,

God's Way

Next Door

Savior

Finding Calm

in a Chaotic

World

Good Questions

Have Groups

Talking

The Art of

Casting Your

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Cares and
Resting in God
Neurotic Dogs,
Compulsive
Cats, Anxious
Birds, and the
New Science of
Animal
Psychiatry
Our lives are fraught
with anxiety.
Conflict in our

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relationships, fears about the future, information overload, financial pressure, lack of contentment--all of them can steal our joy because they steal our peace.

Through Christ we are promised peace, but how can we feel peace when we live in a world of chaos?

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Because, says Chip Ingram, peace isn't a feeling; it's a choice. In *I Choose Peace*, Chip unpacks Philippians 4 to show us how we can choose peace in - relational conflict - anxious moments - a broken world - difficult circumstances - a materialistic culture

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If you're tired of feeling anxious over the state of the world, your relationships, or your own heart, this encouraging book will help you quiet your worries and experience real, lasting peace that doesn't depend on what's going on around you.

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Does the uncertainty and chaos of life keep you up at night? Is anxiety your constant companion? We've all been there, but we don't have to let those racing thoughts control us. It's time to let God help you win the war on worry and start living a life full of

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calm. Anxious for Nothing, from pastor and New York Times bestselling author Max Lucado, provides a practical and powerful roadmap for battling with and healing from anxiety. Combining hopeful scripture with timeless stories, Max will equip you

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with the tools you need to overcome your anxieties, no matter what you're facing. Throughout *Anxious for Nothing*, Max reminds each of us that God has more in store for us than a life defined by the things we dread. Max invites us to take a closer look at *Philippians*

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4:6-7--one of the most highlighted passages of any book in the world: "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which

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transcends all understanding, will guard your hearts and your minds in Christ Jesus." Max shares the story of the apostle Paul in a new light, giving us everyday insights into how we can all replace our angst and trepidation with true gratitude and peace. Max will also

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teach you how to:
Reframe the way
that you view your
fears and stressors
Receive bad news
through a lens of
sovereignty Tell
yourself the truth in
every stressful
situation Leave your
worries with the
Lord and meditate
on the good things
in your life Each

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copy of Anxious for Nothing also includes questions for reflection that will give you the opportunity to dive even deeper into the lessons you'll learn in every chapter. You deserve to discover a life characterized by calm instead of chaos. Join Max on

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the journey to
lasting freedom
from your anxiety
and embrace joy,
clarity, and
contentment as you
learn to be Anxious
for Nothing.

A reasonably priced,
quality black
hardcover pew and
ministry Bible
featuring a large
12-point font.

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Rev. ed. of: The
purifying power of
living by faith in--
future grace. c1995.

Battling Unbelief
Fighting Anxiety
with the Word of
God

A Study in
Philippians
How to Calm Down,
Stop Worrying, and
Find Happiness
The God-First Life

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Be Anxious for
Nothing (Spiritual
Growth Series)
Holy Bible

*"A celebrated
veterinary behaviorist
describes the practice
of One Medicine,
which hinges on the
belief that humans and
other animals have
minds that work the
same way, experience*

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*similar emotions and
share the same
neurochemistry,
"--NoveList.*

*Pastor John Piper
shows how to sever the
clinging roots of sin
that ensnare us,
including anxiety,
pride, shame,
impatience,
covetousness,
bitterness,*

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*despondency, and lust
in Battling Unbelief.
When faith flickers,
stoke the fire. No one
sins out of duty. We sin
because it offers some
promise of happiness.
That promise enslaves
us, until we believe that
God is more desirable
than life itself (Psalm
63:3). Only the power
of God's superior*

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*promises in the gospel
can emancipate our
hearts from servitude
to the shallow promises
and fleeting pleasures
of sin. Delighting in the
bounty of God's
glorious gospel
promises will free us
for a less sin-
encumbered life, to the
glory of Christ. Rooted
in solid biblical*

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reflection, this book aims to help guide you through the battles to the joys of victory by the power of the gospel and its superior pleasure.

*Anxious for Nothing
Study Guide Finding
Calm in a Chaotic
World Thomas Nelson
Our kids are under
tremendous stress and*

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pressure, with a rapidly changing culture demanding more and more from them. More attention, more screens, more intensity, more fear. Anxious for Nothing helps young people overcome the anxiety and pressures of today's world and come to a deeper understanding of God's

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*loving presence as
promised in Philippians
4:6-7, drawing on
content from Max
Lucado's bestselling
book of the same
name. In this chaotic
age of social media,
packed schedules, and
an increasing
awareness of the
world's problems, it's
normal for young*

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*people to feel
overwhelmed
sometimes. But the
good news of the
gospel has not
changed. This
encouraging book will
help tweens and teens
take control of their
feelings and choose to
focus on God's truth.
This much-needed
book adapts content*

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*from You Are Not
Alone and Anxious for
Nothing. With the
warmth and
authenticity that has
made him a beloved
pastor and writer, Max
Lucado offers middle
graders and tweens:
biblical hope and
powerful strategies to
help them flourish
amidst struggles*

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*encouragement that
God is near, He cares,
and He listens truths to
claim for themselves in
difficult moments
practical ways to work
through their worries
and rely on God's
faithfulness This
special edition of
Anxious for Nothing
also includes: a note to
kids from author Max*

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*Lucado application
questions, journal
prompts, and activities
that guide kids in Christ-
focused mindfulness
callouts and
infographics featuring
relevant Bible verses,
and takeaways
sidebars addressing
technology-related
stress Practical,
motivating, and*

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*biblically grounded,
Anxious for Nothing
(Young Readers
Edition) is a timely
book for kids who
feels overwhelmed,
lonely, or anxious, or
who simply want to
experience God's
abundant joy and
peace.*

*How Millennials
Became the Burnout*

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Generation

Be Anxious for

Nothing

Annihilation of Caste

Defeating Sin with

Superior Pleasure

Calm My Anxious

Heart

Deep Kindness

Building Our Lives on

the Promises of God

"What the

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Communist

Manifesto is to the
capitalist world,
Annihilation of
Caste is to India."

—Anand

Teltumbde, author
of The Persistence
of Caste B.R.

Ambedkar's

Annihilation of

Caste is one of the

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most important, yet neglected, works of political writing from India.

Written in 1936, it is an audacious denunciation of Hinduism and its caste system.

Ambedkar – a figure like W.E.B. Du Bois – offers a

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scholarly critique
of Hindu
scriptures,
scriptures that
sanction a rigidly
hierarchical and
iniquitous social
system. The
world's best-
known Hindu,
Mahatma Gandhi,
responded publicly

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to the provocation.

The hatchet was
never buried.

Arundhati Roy
introduces this
extensively
annotated edition
of Annihilation of
Caste in "The
Doctor and the
Saint," examining
the persistence of

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caste in modern India, and how the conflict between Ambedkar and Gandhi continues to resonate. Roy takes us to the beginning of Gandhi's political career in South Africa, where his views on race, caste

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and imperialism were shaped. She tracks Ambedkar's emergence as a major political figure in the national movement, and shows how his scholarship and intelligence illuminated a political struggle

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beset by
sectarianism and
obscurantism. Roy
breathes new life
into Ambedkar's
anti-caste utopia,
and says that
without a Dalit
revolution, India
will continue to be
hobbled by
systemic inequality.

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Spread meaningful kindness in your everyday life with this essential guidebook to making the world a kinder, more accepting place. Practicing kindness is an essential step in helping to repair a world that has

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grown to be more
divisive, lonely, and
anxious than ever.
But with quotes
like "Just be kind"
or "Throw
kindness around
like confetti,"
we've
oversimplified what
it takes to actually
demonstrate

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kindness in a world
crying out for it.
Deep Kindness
pairs anecdotes
with actions that
can make real
change in our own
lives, the lives of
others, and
throughout the
world. Diving into
the types of

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kindness the world needs most today, this book takes an honest look at the gap between our belief in kindness and our ability to practice it well—and shows us how to put intention into action. Exploring everything from the

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empathy gap to the skill of emotional regulation, Deep Kindness is perfect for anyone who believes in a kinder world and recognizes that there is a lot of work to do before we achieve it.

The ESV Study

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Bible was created to help people understand the Bible in a deeper way. Combining the best and most recent evangelical Christian scholarship with the highly regarded ESV text, it is the most

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comprehensive
study Bible ever
published. The
ESV Study Bible
features more than
2,750 pages of
extensive,
accessible Bible
resources,
including
completely new
notes, full-color

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maps, illustrations, charts, timelines, and articles created by an outstanding team of 93 evangelical Christian scholars and teachers. In addition to the 757,000 words of the ESV Bible itself, the notes and

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resources of the
ESV Study Bible
comprise an
additional 1.1
million words of
insightful
explanation and
teaching-equivalent
to a 20-volume
Bible resource
library all
contained in one

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volume. (Please note this edition does not come with free access to the Online ESV Study Bible resources.)
Are you weary?
Worn out by the bills that keep stacking, a virus that keeps raging, or a heart that

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keeps aching? If so, the book of Esther brings welcome news: Relief will come! To be clear, you didn't ask for this struggle. You want to get past it. You don't know how much longer you can hold up. But what if God is

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with you in this difficult season? When life seems off the rails, remember this truth: the minute you bow your head to pray is the moment God lifts his hand to help. Queen Esther learned this truth firsthand. When

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confronted with a royal decree that would annihilate her people, she had to make some tough choices. Would she remain silent in the face of this challenge, or would she speak up? Would she blend in, or would

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she stand out? But after Esther spent three days in prayer and fasting, God gave her the courage to speak up. God used her to save the nation. And God can do the same with you. In You Were Made for This Moment,

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pastor and New
York Times
bestselling author
Max Lucado will
help you: put your
hope in the God of
grand reversals,
trusting that God
will right every
wrong cultivate
courage for your
challenging times

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by leaning on the
God who redeems
and restores
discover your role
in God's story by
exploring how God
can use your
experiences and
circumstances to
join him in his holy
work God never
promised us a life

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without trials, but he does promise to be with us as we walk through them. Trust that he can redeem your struggles for a mighty purpose. You, friend, were made for this moment.

The Purifying

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Power of the
Promises of God
Ten Years, a
Thousand Women,
and the
Consequences of
Having—or Being
Denied—an
Abortion
Future Grace
Anxious for
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Guide with DVD

You Were Made
for This Moment
I Choose Peace

It Is Well

What feels shaky in your world? Maybe you feel hurt by the past, disappointed by the present, or worried about the future. If so, there is hope. For every problem in life, God has

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given you a promise. In the New York Times bestselling book, *Unshakable Hope*, Max Lucado unpacks 12 of the Bible's most significant promises, equipping you to overcome difficult circumstances by keeping your focus on the hope found in the promises of Scripture. Whether it's heart

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disease or cancer, job failure or addiction, natural disasters or family disasters, mass murders or mental illness, there are so many reasons to be overwhelmed and hope can feel hard to come by. Now more than ever, we need the definitive declarations of our mighty and loving God. In this book, you will be

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reminded that God's promises are irrevocable because: God is unchanging God is faithful God is strong God cannot lie What is your life built on—the circumstances of life or the promises of God? The answer to that question changes everything. Join Max as he takes a closer look at Scripture's unbreakable

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promises and shows you how to live with unshakable hope.

The publication of the King James version of the Bible, translated between 1603 and 1611, coincided with an extraordinary flowering of English literature and is universally acknowledged as the greatest influence on English-language

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literature in history.

Now, world-class literary writers introduce the book of the King James Bible in a series of beautifully designed, small-format volumes. The introducers' passionate, provocative, and personal engagements with the spirituality and the language of the text make the Bible come

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alive as a stunning work of literature and remind us of its overwhelming contemporary relevance.

Do you feel weighted down with worry? Does the uncertainty and chaos of life keep you up at night? Are irrational fears your constant companion? Could you use some calm? In this five-session video Bible

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study, bestselling author Max Lucado explores God's treatment plan for anxiety found in Philippians 4:4-8. As you follow this prescription - celebrating God's goodness, asking for his help, leaving your concerns with him, and meditation on good things - you will experience God's peace.

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This is a peace that "transcends all understanding" and will help you reframe the way you look at your fears. While anxiety is a part of life, it doesn't have to dominate your life. With God as your helper and his promises at your side, you can sleep better tonight and smile more tomorrow. You can talk yourself off

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the ledge and view bad news through the lens of God's sovereignty. You can discover a life of calm and develop tools for combating the onslaught of anxiety.

Sessions include:

Rejoice in the Lord

Always Let Your

Gentleness Be Evident

to All Present Your

Requests to God The

Peace of God Will

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Guard Your Heart
Meditate on These
Things This pack
contains one softcover
study guide and one
DVD.

Stress has become part
of our daily lives. We
worry about our jobs,
our relationships, and
our families. And while
there's no lack of
remedies for anxiety, no
solution seems to offer

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true peace of mind. John MacArthur, Jr. believes that peace is not only possible, it's a divine mandate. Drawing from a rich legacy of teaching and ministry, MacArthur puts aside cultural cures to uncover the source of our anxiety and stress. Based on solid Biblical insights, *Anxious for Nothing* shares how we

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can overcome uncertainty, defeat doubt, and be truly worry-free. This revised and updated edition includes a guide for both personal and group study and features discovery questions, suggestions for prayer, and activities, all designed to connect life-changing truths with everyday living.

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Hope and Healing for
the Anxious Momma's
Heart

How to Overcome
Worry

Anxious for Nothing
(Young Readers
Edition)

When People Are Big
and God Is Small

Unshakable Hope

Courage for Today and
Hope for Tomorrow

The Concept of Anxiety:

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A Simple
Psychologically
Oriented Deliberation
in View of the Dogmatic
Problem of Hereditary
Sin

**Seven ready-to-
use small group
Bible studies on
the topic, Be
Anxious for
Nothing.
Lessons**

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**correspond with
Max Lucado's
book by the
same title.**

**Lesson #1: Less
Fret; More Faith**

**Lesson #2:
Rejoice in God's
Sovereignty**

**Lesson #3:
Rejoice in God's
Mercy Lesson**

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**#4: Rejoice in
the Lord Always!**

**Lesson #5:
Contagious
Calm Prayer,
Not Despair**

**Lesson #6:
Great Gratitude
God's Peace;
Your Peace**

**Lesson #6:
Think about**

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**what you think
about Cling to
Christ C.A.L.M.
Bestselling
author and
Bible teacher,
Jennie Allen
steps through
the book of
Philippians
breaking down
the simple, but**

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**difficult truth of
allowing
ourselves and
our minds to be
transformed in
the name of
Christ.**

**Outstanding
Bible teacher
and author
Joyce Meyer
gives practical**

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and powerful answers as she shares her past defeats with worry, frustration, and stress. Readers will discover the victorious principles that helped her to overcome these

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**obstacles and
revolutionize
her life and
ministry.**

**In this young
readers
adaptation of
Anxious for
Nothing, Max
Lucado uses
honest stories,
relatable Bible**

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**study, and
practical helps
to encourage
tweens to
receive God's
peace as they let
go of anxiety,
depression, and
loneliness.**

**You Are Never
Alone
Anxious for**

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**Nothing Study
Guide
ESV Study Bible**

**Anxious - Bible
Study Book
Peace
God's Cure for
the Cares of
Your Soul**

Do you want to
overcome your anxiety?

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Do you want to be free from the worries that weigh you down? If you're trembling on a tightrope of fear and worry, get ready for the best trade ever: your cares for God's calm. That's God's offer.

Bestselling author Max Lucado understands what it's like to feel overwhelmed by anxiety. In *Trade Your*

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Cares for Calm, you'll
learn how to: Exchange
your burdens for an
abundance of mercy,
gratitude, and trust
Replace striving and
stress with a faith-filled
life, so you can see
God's goodness Feel
calm in chaos and find
peace through prayer
Make faith, not fear,
your default reaction to
circumstances Imagine

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being able to walk away from worry, conquer the need to control, get rid of guilty, and end if-only thinking. Trade Your Cares for Calm is: For men and women of all ages wanting to achieve personal growth Great for any gift giving occasion

Do you feel weighted down with worry? Does the uncertainty and

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chaos of life keep you up at night? Are irrational fears your constant companion? Could you use some calm? In this five-session video Bible study, bestselling author Max Lucado explores God's treatment plan for anxiety found in Philippians 4:4-8. As you follow this prescription -

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celebrating God's goodness, asking for his help, leaving your concerns with him, and meditation on good things - you will experience God's peace. This is a peace that "transcends all understanding" and will help you reframe the way you look at your fears. While anxiety is a part of life, it doesn't

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have to dominate your life. With God as your helper and his promises at your side, you can sleep better tonight and smile more tomorrow. You can talk yourself off the ledge and view bad news through the lens of God's sovereignty. You can discover a life of calm and develop tools for combating the onslaught

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of anxiety. The Anxious for Nothing Study Guide includes video discussion questions, Bible exploration, and personal study and reflection materials for in-between sessions.

Sessions include:

Rejoice in the Lord

Always Let Your

Gentleness Be Evident

to All Present Your

Requests to God The

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Peace of God Will
Guard Your Heart
Meditate on These
Things Designed for use
with the Anxious for
Nothing Video Study
(sold separately).

Scripture's cure for the
worry epidemic Do you
struggle with worry or
anxious thoughts on a
regular basis? Does your
mind get fixated on the
same concern over and

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over? Do you know you should stop worrying but repeatedly fail to do so? How to Overcome Worry presents a biblical and practical strategy for this exact problem. Dr. Winfred Neely, who has experienced his fair share of anxiety-inducing circumstances, walks you through Philippians 4:6–7 to

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help you: Understand
the difference between
concern and worry Use
prayer as a means of
grace to overcome
worry Cultivate
gratitude and
thanksgiving as an
antidote to worry
Navigate changing
seasons and
circumstances without
falling into worry
Employ practical

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strategies for experiencing the peace of God. Worry is one of the top issues in our world today, even among Christians, and this concise and biblical approach will offer real solutions. In His Word, God tells us to stop worrying, pray about everything, and expect His peace. This is a true promise of Scripture,

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and this book will help
you to lay hold of it.

An Introduction to Life-
Changing Ideas

Can't Even

Authorized King James
Version

Experiencing the Peace
of God in Every
Situation

A Woman's Guide to
Finding Contentment