

## Bella Figura How To Live Love And Eat The Italian Way

*An Italian travelogue describes the trains that traverse the country, from the architecture of old train stations to the new high-speed railways, and portrays the author's memorable encounters along the way.*

*A "marvelous" Mediterranean memoir of an expatriate father raising his children in Italy—from the author of Italian Neighbors (The Washington Post). Tim Parks offers another lively firsthand account of Italian society and culture—this time focusing on all the little things that turn an ordinary newborn infant into a true Italian. When British-born Tim Parks heard a mother at a restaurant shout to her son, "Alberto, don't sweat! No you can't go in the sea till eleven, it's still too cold, go and see your cousin in row three number fifty-two," he was inspired to write about parenting in Italy—which he was doing himself at the time after adopting the country as his own. In this humorous memoir, Parks offers an enchanting portrait of Italian childhood that shifts from comedy to despair in the time it takes to sing a lullaby. The result is "a wry, thoughtful, and often hilarious book. . . a parable of how our children, no matter what, are other than ourselves" (The New Yorker). "Glimpses of Italy that are fond, critical, pithy and penetrating."—The Atlanta Journal-Constitution*

*A memoir of a family's year living in Reykjavik that "captures the fierce beauty of the Arctic landscape" (Booklist). Sarah Moss had a childhood dream of moving to Iceland, sustained by a wild summer there when she was nineteen. In 2009, she saw an advertisement for a job at the University of Iceland and applied on a whim, despite having two young children and a comfortable life in Kent, England. The resulting adventure was shaped by Iceland's economic collapse, which halved the value of her salary; by the eruption of the volcano Eyjafjallajökull; and by a collection of new friends, including a poet who saw the only bombs fall on Iceland in 1943; a woman who speaks to elves; and a chef who guided Sarah's family around the intricacies of Icelandic cuisine. Moss explored hillsides of boiling mud and volcanic craters and learned to drive like an icelander on the unsurfaced roads that link remote farms and fishing villages in the far north. She watched the northern lights and the comings and goings of migratory birds, and as the weeks and months went by, she and her family learned new ways to live. Names for the Sea is her compelling and very funny account of living in a country poised on the edge of Europe, where modernization clashes with living folklore. "Beautifully written. . . A stranger in a strange land, Moss grapples with new foods, customs and landscapes that are both oddly familiar and wildly alien in this absorbing memoir."—Financial Times*

*Now in paperback, the celebrated, coast-to-coast bestselling chronicle of a year in the United States by the Bill Bryson of Italy.*

*An Italian Bronx Butch Freedom Memoir*

*How to Be Italian*

*How Italian Women Make the Ordinary, Extraordinary*

*A Field Guide to the Italian Mind*

*Only in Naples*

*The Woman in Red*

*Italian Ways: On and Off the Rails from Milan to Palermo*

*Experience the "epic tale of one woman's fight . . . to create the life of her dreams" in this sweeping novel of Anita Garibaldi, a 19th century Brazilian revolutionary who loved as fiercely as she fought for freedom (Adriana Trigiani). Destiny toys with us all, but Anita Garibaldi is a force to be reckoned with. Forced into marriage at a young age, Anita feels trapped in a union she does not want. But when she meets the leader of the Brazilian resistance, Giuseppe Garibaldi, in 1839, everything changes. Swept into a passionate affair with the idolized mercenary, Anita's life is suddenly consumed by the plight to liberate Southern Brazil from Portugal—a struggle that would cost thousands of lives and span almost ten bloody years. Little did she know that this first taste of revolution would lead her to cross oceans, traverse continents, and alter the course of her entire life—and the world. At once an exhilarating adventure and an unforgettable love story, The Woman in Red is a sweeping, illuminating tale of the feminist icon who became one of the most revered historical figures of South America and Italy. Includes a Reading Group Guide.*

*Through the eyes of a fashionable Italian in America, the reader gets the behind-the-scenes of all that entails to achieve enviable style, the Italian way; that quintessential seal of always looking pulled together with insouciant elegance. The reader is catapulted into a life of rousing style filled with carefully-crafted, summer holidays in the Italian countryside, the aroma of fresh tomato sauce simmering in the kitchen, and fresh lavender escaping from grandma's armoire. Through playful and witted prose, anecdotes, tips and interviews, Francesca transports the reader into a world of desirable glamour, and teaches them how to achieve the same understated chicness Italians are recognized for regardless of nationality, age or budget. You'll learn how not to follow trends, how to borrow from the boys' closet and why lingerie is for you and not him. Get ready to empty out all the meaningless clutter, and curate an inspirational wardrobe while reclaiming yourself.*

*Joe DiMaggio was, at every turn, one man we could look at who made us feel good. In the hard-knuckled thirties, he was the immigrant boy who made it big—and spurred the New York Yankees to a new era of dynasty. He was Broadway Joe, the icon of elegance, the man who wooed and won Marilyn Monroe—the most beautiful girl America could dream up. Joe DiMaggio was a mirror of our best self. And he was also the loneliest hero we ever had. In this groundbreaking biography, Pulitzer Prize-winning journalist Richard Ben Cramer presents a shocking portrait of a complicated, enigmatic life. The story that DiMaggio never wanted told, Zany Slice, tells of his grace—and greed; his dignity, pride—and hidden shame. It is a story that sweeps through the twentieth century, bringing to light not just America's national game, but the birth (and the price) of modern national celebrity.*

*Taking up where A Zany Slice of Italy leaves off, New York Times best-selling author wannabe Ivanka Di Felice offers us more hilarious adventures in her beloved Tuscany. The tenacity with which Mrs. Di Felice still chases her dream is remarkable. She yearns for the glamorous life of Italy in pictures; meanwhile, she's the poster child for "forty is the new sixty." She dreams of fine restaurants and scintillating conversations, yet finds herself among a cast of Seinfeld-like characters. And while the rest of Italy lives it, the Slow Movement eludes her-ironically, when spending time with relatives in their eighties. The author's mother once said, "Perhaps you are not living your dream but rather the one that mischievous bella Italia had up her sleeve for you-a dream that demands a full range of emotions daily." Knowing how happy Ivanka and her husband are, despite life not always delivering what they wanted, her mother wisely adds, "This shows that our dreams are not always the best for us." A Zany Slice of Tuscany not only gives us an insider's look at the many beautiful moments of living abroad, but also transports us into a rarely seen Italia. Funny stories are recounted with wit and affection and don't leave you feeling negative, but instead as if you've finally lived . . . in Italy.*

*Dream of Venice captures the mysterious allure of the ancient floating city with the evocative photography of Charles Christopher and the beguiling words of a diverse group of contemporary Venetophiles. With a captivating foreword by bestselling author Frances Mayes, Dream of Venice will inspire you to listen to the silence of the canals and lose yourself in the ethereal mist of Piazza San Marco.*

*Death By Beach Read*

*Euro Chic*

*The Dark Heart of Italy*

*La Bella Figura*

*Italian Days*

*Love On My Mind*

*The Further Adventures of an Expatriate in Verona*

*During the course of Annie Hawes' new book, local culinary superstar, Ciccio, gradually takes over as Annie's constant companion. How irresistible is a man who first demonstrates his affection and esteem by inviting her into his vineyard to help himmix up cow manure, which she spends the afternoon slapping onto an old pizza oven to improve its insulation, before driving her at terrifying speed to a Herbie Hancock concert? But even with Ciccio's help, the everyday life of Ligurian folk never seems to lose its surreal edge for Annie. How long does she have to stay at Diano San Pietro before it all becomes normal run-of-the-mill stuff and ceases to amaze her? Will she ever manage to go native?*

*A 1960s Bronx tomboy learns how to survive her brutal but humorous Italian family and all the rest that life throws her. The harder you hit the pavement, the higher you fly. This vivid memoir speaks the intense truth of a Bronx tomboy whose 1960s girlhood was marked by her father's lullabies laced with his dissociative memories of combat in World War II. At four years old, Annie Rachele Lanzillotto bounced her Spalddeen on the stoop and watched the boys play stickball in the street; inside, she hid silver teaspoons behind the heat pipes to tap calls for help while her father beat her mother. At eighteen, on the edge of ambitious freedom, her studies at Brown University were halted by the growth of a massive tumor inside her chest. Thus began a wild, truth-seeking journey for survival, fueled by the lessons of lasagna vows, and Spalddeen ascensions. From the stoops of the Bronx to cross-dressing on the streets of Egypt, from the cancer ward at Memorial Sloan-Kettering to New York City's gay club scene of the '80s, this poignant and authentic story takes us from underneath the dining room table to the stoop, the sidewalk, the street, and, ultimately, out into the wide world of immigration, gay subculture, cancer treatment, mental illness, gender dynamics, drug addiction, domestic violence, and a vast array of Italian American characters. With a quintessential New Yorker as narrator and guide, this journey crescendos in a reluctant return home to the timeless wisdom of a peasant, immigrant grandmother, Rosa Marsico Petruzelli, who shows us the sweetest essence of soul.*

*Why don't you...run away with the gypsies? Ten-hour shifts in a high-end department store and catering to snooty customers...Nellie Bennett's life wasn't supposed to turn out this way. But maybe all she needs to do is infuse a little passion into her routine—through flamenco dance lessons, for instance. What Nellie doesn't realize is that flamenco is not just a dance—it's a way of life that seems much more enticing than her depressing retail gig. So she packs her suede dance shoes and leaves everything she knows behind, flying halfway around the world to seek the authentic experience in Seville, where the dark-eyed gypsy boys and mouth-watering tapas are enough to make Nellie want to stay in Spain forever. And why shouldn't she? Only in Spain is a foot-stomping, full-on firecracker of a memoir—crackling with energy, food, dance, gypsies, and love—that will capture your heart with the first "Olé!" "A vivid, entertaining memoir...Bennett had me itching to pack my bag and join her."—Ann Vanderhoof, author of An Embarrassment of Mangoes and The Spice Necklace*

*INSTANT USA TODAY BESTSELLER* Spencer Quinn's It's a Wonderful Wool presents a holiday adventure for Chet the dog, "the most lovable narrator in crime fiction" (Boston Globe), and his human partner, PI Bernie Little. Holiday time in the Valley, and in the holiday spirit—despite the dismal shape of the finances at the Little Detective Agency—Bernie refers a potential client to Victor Klovsky, a fellow private eye. It's also true that the case—promising lots of online research but little action—doesn't appeal to Bernie, while it seems perfect for Victor, who is not cut out for rough stuff, but Victor disappears in a rough-stuff way, and when he doesn't show up at his mom's to light the Hanukkah candles, she hires Chet and Bernie to find him. They soon discover that Victor's client has also vanished. The trail leads to the ruins of a mission called Nuestra Señora de los Saguaros, dating back to the earliest Spanish explorers. Some very dangerous people are interested in the old mission. Does some dusty archive hold the secret of a previously unknown art treasure, possibly buried for centuries? What does the Flight into Egypt—when Mary, Joseph and the baby Jesus fled Herod—have to do with saguaros, the Sonoran desert cactus? No one is better than Chet at nosing out buried secrets, but before he can, he and Bernie are forced to take flight themselves, chased through a Christmas Eve blitzard by a murderous foe who loves art all too much. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

*Frances Mayes, whose enchanting #1 New York Times bestseller Under the Tuscan Sun made the world fall in love with Tuscany, invites readers back for a delightful new season of friendship, festivity, and food, there and throughout Italy. Having spent her summers in Tuscany for the past several years, Frances Mayes relished the opportunity to experience the pleasures of primavera, an Italian spring. A sabbatical from teaching in San Francisco allowed her to return to Cortona—and her beloved house, Bramasole—just as the first green appeared on the rocky hillsides. Bella Tuscany, a companion volume to Under the Tuscan Sun, is her passionate and lyrical account of her continuing love affair with Italy. Now truly at home there, Mayes writes of her deepening connection to the land, her flourishing friendships with local people, the joys of art, food, and wine, and the rewards and occasional heartbreaks of her villa's ongoing restoration. It is also a memoir of a season of change, and of renewed possibility. As spring becomes summer she revives Bramasole's lush gardens, meets the challenges of learning a new language, tours regions from Sicily to the Veneto, and faces transitions in her family life. Filled with recipes from her Tuscan kitchen and written in the sensuous and evocative prose that has become her hallmark, Bella Tuscany is a celebration of the sweet life in Italy. Now with an excerpt from Frances Mayes's latest southern memoir, Under Magnolia.*

*Bella Tuscany*

*To Live and Love Well: The True Story of a Gay Man's Struggle with Poverty, Abuse, and Excommunication from the Mormon Church.*

*How to Age Gracefully*

*Names for the Sea*

*A Train Trip Through Life*

*Ripe for the Picking*

*A Zany Slice of Tuscany*

What makes Italian passion so undeniably unique? Dianne Hales uncloos the answer to this question with gusto in La Passione- How Italy Seduced the World, her ambitious follow-up to La Bella Lingua- My Love Affair with Italian, the World's Most Enchanting Language. Whether they built aqueducts, chiseled arches, conducted choirs, directed movies, raced cars, or designed fashion and furniture, Italians have done so with a full-hearted zest that transforms everything they touched. What didn't exist, they invented- the first universities, public libraries, and law and medical schools: the first modern histories, satires, and sonnets; the battery, barometer, radio, and thermometer-even the gift of music. Dante and Petrarh, titans of the Italian language, translated their fervid love for idealized muses into literary landmarks. Michelangelo carved a Bacchus so sinuously delectable that a Florentine sniped, "Bonomartti could not have sinned more with a chisel." Puccini swept listeners, in a biographer's words, "into that place where erotic passion, sensuality, tenderness, pathos, and despair meet and fuse." La Passionetraces this earthly, earthy drive back to its roots, follows its course through the centuries, and chronicles its impact on the realms of literature, art, music, cuisine, and style, as its people came to embrace, fully and deeply, a passion for life itself. Combining her adroit journalist's eye with extensive research, Hales delves into passions of the heart, senses, and soul across the ages in this perfect read for the casual Italophile, inquisitive tourist, or history buff in your life. Born the son of a prostitute and raised in squalor, young Wayne Cheney had nobody but a big sister to fend for him. Together, the two children battled hunger, loss, and the violence of their mother's men. Their only comfort was the Mormon Church. But when Wayne realized he was gay, the church offered him little but aversion therapy and excommunication.To Live and Love Well is the true story of a talented artist and devoted father, a man who yearned to be loved as he was meant to be. Wayne tells it with natural wit and pathos. Travel with him through what is the deepest sense, a love story with amazing pitfalls and revelations along the way.

La Dolce Vita University, 2nd Edition (LDVU2) is the perfect sampler for anyone curious about (or already in amore with) Italy and its remarkably rich cultural gifts, both past and present. This fully revised second edition includes 75 pages of new material (60 new chapters and 40 new illustrations) to expand on the delights in the first edition. True to its lighthearted name, La Dolce Vita "U" is all about pleasurable learning, or what we prefer to call "edu-tainment." Its dozens of entertaining yet authoritative mini-essays on a wide assortment of intriguing topics encourage random dipping at the reader's pleasure. Even the most erudite Italophile will discover fun new facts and fascinating new insights in the pages of La Dolce Vita U. Mini-essays treat specific topics in one or more of the following subject areas: the Italian character; the visual arts (art, artists, architects); the performing arts (music, theater, cinema); history and antiquity; language and literature; cuisine and agriculture; wine and spirits; traditions and festivals; style and applied arts; unique places. In a wink and nod to the book's "academic" identity, the 200 mini-essays are arranged alphabetically and accompanied by charming illustrations throughout. A special traveler's topic index is provided at the end of the book.

There is a confidence, poise, and sophistication that only comes with age. It is a certain serenity and joie de vivre. It might have come at a high cost. It might be carved out of knowledge that there is still life after illness, tragedy, and heartache. It is the realization that despite all of that, we can all still find moments of deep joy. If we are lucky enough to survive all the things life throws at us and are in our second act of life, let's be sure to embrace life and learn to make the most of every moment. In this book, you will find inspiration, motivation, and reassurance that you can have your best life ever during your later years. For the most part, we have little control over what happens to us. Mostly, all we can control is how we respond. Attitude is everything. This is the time of life to take control of that attitude. To embrace what we as older women have that younger women don't have, but will also one day earn if they are lucky enough. There is a reason that men in Paris and Rome seek out women "of a certain age" who are witty, self-confidence, and utterly comfortable in their own skin. They may or may not have the body they had when they were in their twenties and that's okay because their joie de vivre, nonchalant attitude and worldliness make them more beguiling and mesmerizing than their younger counterparts. And, in fact, many women are finding that with age and self-confidence comes a new eating and fitness regime that has helped them have the body they dreamed of decades earlier. Learn how to embrace growing older. Learn how to make these the best years of your life. Take a page out of chic French and Italian women of a certain age and learn to live with joie de vivre and truly embrace growing older by becoming utterly comfortable in one's skin. This inspirational and practical guide will show you easy ways to grow old gracefully by focusing on style, fitness, morning routines, balance in your life, work, relationships, health, makeup, attitude, motivational and inspirational icons and ways to continually enrich your life. This indispensable book is one that you will keep on your nightstand and refer to often for inspiration.

Fonzoa Italy, between two wars The daughter of a strong-willed midwife falls for a local emigrating to America. As Mussolini and the Nazis threaten to destroy their love forever, she must learn to survive and face war alone.

Ciao, America!

Confidence and Sustainable Chic in Ten Struts

Strangers in Iceland

The Italians

La Dolce Vita University

Growing Older with Grace, Elan and Style

Dolce Vita Confidential: Fellini, Loren, Pucci, Paparazzi, and the Swinging High Life of 1950s Rome

In this witty and entertaining collection of travel tales, an acclaimed journalist explores his obsession with trains—and what his rail journeys have taught him about culture and identity. "I've gone around the world in installments. Every trip has been a revelation. I've watched regions, nations, and continents change moods and I've met more people on trains than in forty years of airplane flights. Every train trip has been a spectacle. Trains are stages, cafés, bazaars. The only talk show that will never go off the air..." Beppe Severgnini has spent his life traveling the world, and not just because he's a journalist; he's a passionate, unflagging train buff. Off the Rails recounts some of his favorite trips across Europe, Australia, Asia, and the United States, each journey bringing readers not only to a different place but to a different time, from his honeymoon on the Trans-Siberian Express (in a four-person compartment), to a winding journey from Russia to Turkey during the last summer of communism, to a recent coast-to-coast trip with his son and wife, Washington, D.C., to Washington State. Off the Rails is the perfect getaway for anyone with a touch of wanderlust, who dreams of escape or just likes to laugh. Filled with memorable characters and perceptive observations, it demonstrates-hilariously-what unites us. With the world in chaos and life in perpetual fast-forward, it's always the right time to hop on board with Beppe Severgnini and meet your charming, hapless, quarelsome, romantic, shifty, quirky, endearing neighbors.

—Meals that nourish both body and soul

"In the tradition of M.F.K. Fisher and Peter Mayle, this ... memoir follows American-born Katherine Wilson on her adventures abroad, where a three-month rite of passage in Naples turns into a permanent embrace of this boisterous city on the Mediterranean. It is all thanks to a surprising romance, a new passion for food, and a spirited woman who will become her mother-in-law—and teach her to laugh, to seize joy, and to love..."

A celebration of the language and culture of Italy, La Bella Lingua is the story of how a language shaped a nation, told against the backdrop of one woman's personal quest to speak fluent Italian. For anyone who has been to Italy, the fantasy of living the Italian life is powerfully seductive. But to truly become Italian, one must learn the language. This is how Dianne Hales began her journey. In La Bella Lingua, she brings the story of her own long experience with "the world's most loved and lovable language" together with explorations of Italy's history, literature, art, music, movies, lifestyle and food in a true opera amorosa—a labor of her love of Italy. Over the course of twenty-five years, she has studied Italian through Berlitz, books, CDs, private tutorials and conversation groups, and, most importantly, time spent in Italy. In the process the Italian language became not just a passion and a pleasure, but a passport into Italy's stories and its very soul. She invites readers to join her as she traces the evolution of Italian in the zesty graffiti on the walls of Pompeii, in Dante's incandescent cantos and in Boccaccio's bawdy Decamerone. She portrays how social grades remain woven into the fabric of Italian: even the chipper "ciao," which does double duty as "hi" and "bye," reflects centuries of bella figura. And she exalts the glories of Italy's food and its rich and often uproarious gastronomic language: Italians deftly describe someone uptight as a baccala (dried cod), a busbycho who noses into everything as a prezemolo (parsley), a worthless or banal movie as a polpettone (large meatball). Like Dianne, readers of La Bella Lingua will find themselves innamorata, enchanted, by Italian, fascinated by its saga, tantalized by its adventures, addicted to its sound, and ever eager to spend more time in its company. In a book perfect for anyone looking to understand modern Italy and the unique character of Italians, the author explores the history, culture and religion of the Italian people, shedding new light on many aspects of Italian life. Includes 2 maps. By the author of The New Spaniards.

Off the Rails

A Foot-Stomping, Firecracker of a Memoir about Food, Flamenco, and Falling in Love

Lessons in Food and Famiglia from My Italian Mother-in-law

The Cheat Sheet of Italian Style

Ripples from Iceland

The Sweet Life in Italy

Living the Sweet Life for Less

*"I'm in line with my priorities \* Set a course for a financially savvy future \* Live a life focused on what truly matters to you. Although this little book contains dozens of tips and tricks to set you on the path to financial freedom, more than anything it is meant to inspire and motivate and help you set a course of your own, tailored to your life, your needs, your desires and your goals. You can live the sweet life on a budget. How can you live the sweet life for less? Does your spending align with your dreams, hopes and goals? Are you deep in debt and see no way out? You aren't alone. But you can still dig your way out and live the sweet life. This book will show you how to look at your life, including your financial life, and determine what truly matters. This book will help you: \* Eat well on a budget \* Organize your home and finances \* Decorate with what you already have \* Achieve la bella figura for less \* Live in line with my priorities"*

*One Italian neighbor approached life; enjoying themselves, taking their time to eat and drink, taking their lives at a deliberately slower pace. Filled with wonderful characters—from the local bartender/barista who becomes her love adviser, to the plumbers who fix her heating and teach her to make pasta al pomodoro—here is a mantra for savoring the beauty and color of every day that Italians have followed for generations, a guide to the slow life for busy people, a story of finding love (and self-love) in unlikely places, and an evocative account of a year living an Italian life.*

*The author describes how, devastated by the breakup of her marriage, she embarked on a mind-healing journey to southern Italy, where she met an aesthetics professor from Paris with whom she shared a long-term love affair and who became a delightful traveling companion. Reader's Guide available. Reprint, 35,000 first printing.*

*Hows recounts his four-year voyage across the Italian peninsula where, instead of the pastoral bliss he expected, he discovers unfathomable terrorism and deep-seated paranoia.*

*How can you live the sweet life for less? Does your spending align with your dreams, hopes and goals? Are you deep in debt and see no way out? You aren't alone. But you can still dig your way out and live the sweet life. This book will show you how to look at your life, including your financial life, and determine what truly matters. This book will help you: \* Eat well on a budget \* Organize your home and finances \* Decorate with what you already have \* Achieve la bella figura for less \* Live in line with my priorities"*

*Librarian Lucy's new historic-house comes with a lot of baggage and family secrets. Can she put them to rest or will a killer bring Lucy's family to their downfall, in the 9th Lighthouse Library mystery. It's spring in the Outer Banks of North Carolina, and Lucy and Connor have moved into their new home at last, a historic cottage on the Nags Head Beach. The house needs a lot of renovations, but they worked hard over the winter to get it ready. Lucy is now happily immersed in her work at the Bodie Island Lighthouse Library, planning her wedding, and decorating the house. That is, until a dead body disrupts their peaceful new abode. The first night Lucy's alone in the house, with the company of Charles the library cat, she hears sounds. Investigating they see footprints in the dust of the unfinished living room, and the door to the unfinished bedroom is open. Lucy's reminded that the house is said to be haunted; forty years ago the teenage daughter of the owners [led in the night, and never again stepped foot inside her family home. But the sounds have an all-too-human origin and one evening Lucy and Connor find the dead body of a man they don't even recognize in their kitchen. They soon realize he's taken a long-time connection to their house. Lucy's forced to find out what happened all those years ago and why it's threatening her happiness today. Meanwhile, the Classic Novel Reading Club is reading The House of the Seven Gables by Nathaniel Hawthorne, a book about another old house full of secrets. Can Lucy find parallels to her own situation in Hawthorne's fiction before the killer strikes again?*

Sass, Smarts, and Stilettoes

How to Live, Love, and Eat the Italian Way

An Italian Discovers the U.S.

Under the Light of the Italian Moon

Bring the Passion, Laughter and Serenity of Italy Into Your Daily Life

How Italy Seduced the World

Living La Dolce Vita

The author of Romantic Europe and the Ghost of Italy paints an intimate portrait that blends together history and the unusual to show how his "two Italies" join and clash in unexpected ways. 15,000 first printing.

What does it mean to be Italian? It is pausing to enjoy an aperitivo or gelato? A passeggiata down a laneway steeped in history? An August spent tanning at the beach? This book is a celebration of the Italian lifestyle – an education in drinking to savour the moment, travelling indulgently, and cherishing food and culture. A lesson in the dolce far niente: the sweetness of doing nothing. We may not all live in the bel paese, but anyone can learn from the rich tapestry of life on the boot. From the innovation of Italian fashion and design, the Golden Age of its cinema to the Roman Empire's cultural echoes (and some very good espresso), taking a dip into the Italian psyche and learn to eat, love, dress, think, and have fun as only the Italians can.

"My ideal type of armchair travel: immersive, insightful, seductive. In Bella Figura, Kamin Mohammadi takes us to the year in Florence that changed her life, and gives us the tools to bring the grace of the Italian lifestyle to our own lives." —National Bestselling Author Stephanie Danler "She walks down the street with a swing in her step and a lift to her head. She radiates allure as if followed by a personal spotlight. She may be tall or short, slim or pneumatically curvaceous, dressed discreetly or ostentatiously—it matters not. Her gait, her composure, the very tilt of her head is an ode to grace and self-possession that makes her beautiful whatever her actual features reveal." This is the bella figura, the Italian concept of making every aspect of life as beautiful as it can be, that Kamin Mohammadi discovered when she escaped the London corporate media world for a year in Italy. Following the lead of her new neighbors, she soon found a happier, healthier, and more beautiful way of living. The bella figura knows: ☐ That the food that you eat should give you pleasure while eating ☐ Pause for meals, and set a place, even if you are eating alone. ☐ To seize any opportunity to get moving—be it taking the stairs, doing a coffee run at work, or dancing with abandon. ☐ To drink a spoonful of excellent-quality extra-virgin olive oil four times a day. ☐ To seek out nature, be it a city park, a tree on your street, or some wild place. ☐ And to love yourself. The bella figura—occupies her space, emotionally and physically, with style and entitlement.

Tracy's messy makes her Avon impulse debut with a sparkling and sexy novel about a woman who will do anything to fulfill her dreams. . . but discovers that even the best laid plans can fail when love gets in the way. Successful PR executive Chelsea Grant is one assignment away from making partner at her firm and nothing will stand in her way. Her big break? Turn a reclusive computer genius into a media darling in time for his new product launch. He may have been dubbed the "sexiest geek alive" but he has no patience for the press—and it shows. Piece of cake, right? Only problem is...his company doesn't want him to know they hired her. After a disastrous product launch two years ago, tech CEO Adam Bennett knows the success of his new device depends on the media's support. When a twist of fate brings the beautiful PR specialist to his door, Adam hires Chelsea to help turn his image around. Their attraction is undeniable and the more time they spend together, the harder it becomes to keep things professional. But when Adam discovers Chelsea's deception, will she risk everything for her career or is love the real thing on her mind?

Italian Days is one of the richest and most absorbing travel books written—a journey that traverses the Italian peninsula and immerses readers in a culture which provides the reader with a definition of the good life.

Dream of Venice

An Italian Affair

Joe DiMaggio

It's a Wonderful Wool

An Italian Education

Eat, Drink, Dress, Travel and Love La Dolce Vita

*Bella Figura*How to Live, Love, and Eat the Italian WayKnopf Publishing Group

*Ah, that inimitable Italian style. It's embedded in an Italian woman's DNA. Fashion doesn't define her. She defines herself. She knows that an extraordinary life is not about status, money, or achievement. The only mastery it requires is one her heritage has given her, the irrepressible passion to make art of life itself. She doesn't follow trends and she doesn't follow rules. She embraces tradition and rejects convention. For her life is a gift. Everything is a reason for wonder. The hard stuff is a reason for shake things up.Ask an Italian woman where she gets her sense of style and she will tell you it's not about labels. It's tethered to humble roots; humanity, community, and a profound appreciation for art in all its forms.Sass, Smarts, and Stilettoes takes the reader on a journey from the humble hill towns of Abruzzo to the revered fashion capitals of Milan and Rome, into the artisan workshops of Florence, and the humanistic business practices of Luisa Spagnoli, Brunello Cucinelli, and Alberta Ferretti, from the emergence of Italy's fashion industry after WWII, to slow food and sustainable fashion initiatives taking root around the world.Life lessons echo in the words of the author's mother and grandmother, in the voices of Italian film divas, designers, tastemakers, writers, and artisans across generations, from the first Sala Bianca in Florence to the game changing design ethic of Franca Sozzani, Miuccia Prada, and Donatella Versace.Learn how to live fully within your own philosophy of living. Say good-bye to mindless consumerism, emotional clutter, and others' expectations. Create a personal style that fits like a custom blazer by Ferrè and enchants like the colors of a Sicilian sunset. Then go on to craft an extraordinary and empowering life made-to-measure for you alone.*

*You don't have to be born Italian or French to capture the effortless chic, nonchalance, and mystique that these women exude as they glide through life living la bella vita. With these three little books that explore French, Spanish, and Italian chic, you can bring Euro Chic to your own life wherever you may be and without spending a dollar more than you do now.*

*Join the bestselling author of Ciao, America! on a lively tour of modern Italy that takes you behind the seductive face it puts on for visitors–la bella figura–and highlights its maddening, paradoxical true self You won't need luggage for this hypothetical and hilarious trip into the hearts and minds of Beppe Severgnini's fellow Italians. In fact, Beppe would prefer if you left behind the baggage his crafty and elegant countrymen have smuggled into your subconscious. To get to his Italia, you'll need to forget about your idealized notions of Italy. Although La Bella Figura will take you to legendary cities and scenic regions, your real destinations are the places where Italians are at their best, worst, and most authentic: The highway; in America, a red light has only one possible interpretation–Stop! An Italian red light doesn't warn or order you as much as provide an invitation for reflection. The airport: where Italians prove that one of their virtues (an appreciation for beauty) is really a vice. Who cares if the beautiful girls hawking cell phones in airport kiosks stick you with an outdated model? That's the price of gazing upon perfection. The small town: which demonstrates the Italian genius for pleasant living: "a congenial barber . . . a well-stocked newstand . . . professionally made coffee and a proper pizza; bell towers we can recognize in the distance, and people with a kind word and a smile for everyone." The chaos of the roads, the anarchy of the office, the theatrical spirit of the hypermarkets, and garrulous train journeys; the sensory reassurance of a church and the importance of the beach; the solitude of the soccer stadium and the crowded Italian bedroom; the vertical fixations of the apartment building and the horizontal democracy of the eat-in kitchen. As you venture to these and many other locations rooted in the Italian psyche, you realize that Beppe has become your Dante and shown you a country that "has too much style to be hell" but is "too disorderly to be heaven." Ten days, thirty meals, and a few private tutorials and conversation groups, and, most importantly, time spent in Italy. In the process the Italian language became not just a passion and a pleasure, but a passport into Italy's stories and its very soul. She invites readers to join her as she traces the evolution of Italian in the zesty graffiti on the walls of Pompeii, in Dante's incandescent cantos and in Boccaccio's bawdy Decamerone. She portrays how social grades remain woven into the fabric of Italian: even the chipper "ciao," which does double duty as "hi" and "bye," reflects centuries of bella figura. And she exalts the glories of Italy's food and its rich and often uproarious gastronomic language: Italians deftly describe someone uptight as a baccala (dried cod), a busbycho who noses into everything as a prezemolo (parsley), a worthless or banal movie as a polpettone (large meatball). Like Dianne, readers of La Bella Lingua will find themselves innamorata, enchanted, by Italian, fascinated by its saga, tantalized by its adventures, addicted to its sound, and ever eager to spend more time in its company. In a book perfect for anyone looking to understand modern Italy and the unique character of Italians, the author explores the history, culture and religion of the Italian people, shedding new light on many aspects of Italian life. Includes 2 maps. By the author of The New Spaniards.*

Off the Rails

A Foot-Stomping, Firecracker of a Memoir about Food, Flamenco, and Falling in Love

Lessons in Food and Famiglia from My Italian Mother-in-law

The Cheat Sheet of Italian Style

Ripples from Iceland

The Sweet Life in Italy

Living the Sweet Life for Less

"I'm in line with my priorities \* Set a course for a financially savvy future \* Live a life focused on what truly matters to you. Although this little book contains dozens of tips and tricks to set you on the path to financial freedom, more than anything it is meant to inspire and motivate and help you set a course of your own, tailored to your life, your needs, your desires and your goals. You can live the sweet life on a budget. How can you live the sweet life for less? Does your spending align with your dreams, hopes and goals? Are you deep in debt and see no way out? You aren't alone. But you can still dig your way out and live the sweet life. This book will show you how to look at your life, including your financial life, and determine what truly matters. This book will help you: \* Eat well on a budget \* Organize your home and finances \* Decorate with what you already have \* Achieve la bella figura for less \* Live in line with my priorities"

*One Italian neighbor approached life; enjoying themselves, taking their time to eat and drink, taking their lives at a deliberately slower pace. Filled with wonderful characters—from the local bartender/barista who becomes her love adviser, to the plumbers who fix her heating and teach her to make pasta al pomodoro—here is a mantra for savoring the beauty and color of every day that Italians have followed for generations, a guide to the slow life for busy people, a story of finding love (and self-love) in unlikely places, and an evocative account of a year living an Italian life.*

*The author describes how, devastated by the breakup of her marriage, she embarked on*

