

Get Free Beyond Bullets  
Creative Journaling Ideas To  
Customize Your Personal  
Productivity System

# Beyond Bullets Creative Journaling Ideas To Customize Your Personal Productivity System

FUN, COLORFUL, AND CREATIVE SUGGESTIONS FOR THE NEWEST PRODUCTIVITY PHENOMENON. Going beyond basic tools, this book offers tips, tricks and creative ways to transform your notebook into a treasured life companion, including:

- Ornamental lettering •
- Personalized habit trackers •
- Colorful calendars •
- Decorative headers •
- Customized productivity lists •
- Inspiring artwork •
- Creative future logs •
- Unique planning pages

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NEW YORK TIMES BESTSELLER

- Being a Lazy Genius isn't about doing more or doing less. It's about doing what matters to you. "I could not be more excited about this book."--Jenna Fischer, actor and cohost of the Office Ladies podcast

The chorus of "shoulds" is loud. You should enjoy the moment, dream big, have it all, get up before the sun, track your water consumption, go on date nights, and be the best. Or maybe you should ignore what people think, live on dry shampoo, be a negligent PTA mom, have a dirty house, and claim your hot mess like a badge of honor. It's so easy to feel overwhelmed by the mixed messages of what it means to live

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well. Kendra Adachi, the creator of the Lazy Genius movement, invites you to live well by your own definition and equips you to be a genius about what matters and lazy about what doesn't. Everything from your morning routine to napping without guilt falls into place with Kendra's thirteen Lazy Genius principles, including: - Decide once - Start small - Ask the Magic Question - Go in the right order - Schedule rest Discover a better way to approach your relationships, work, and piles of mail. Be who you are without the complication of everyone else's "shoulds." Do what matters, skip the rest, and be a person again.

Organize your life, record what

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matters, and get stuff done! What the heck is a dot journal? It ' s a planner, to-do list, and diary for every aspect of your life: work, home, relationships, hobbies, everything. Early adopter Rachel Wilkerson Miller explains how to make a dot journal work for you—whether you find the picture-perfect examples on Pinterest inspiring or, well, intimidating. You decide how simple or elaborate your journal will be, and what goes in there: Lists of your to-dos, to-don ' ts, and more Symbols that will make those lists efficient and effective Spreads to plan your day, week, month, or year Trackers for your habits and goals (think health, money, travel) Accouterments such

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as washi tape, book darts, and more!

From the team that brought you *The Obstacle Is the Way* and *Ego Is the Enemy*, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. *The Daily*

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Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well. How to organize your life creatively, one day at a time

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The Decline of the West  
A Notebook for Planning Your  
Days, Chronicling Your Life, and  
Creating Beauty

The Bullet Journal Method  
Everything You Need to Know  
About Journaling with Bullet Points

The 365 Bullet Guide

Study with Me

Smart Journaling

**Popular marriage counselor and seminar leader John Gray provides a unique, practical and proven way for men and women to communicate and relate better by acknowledging the differences between them. Once upon a time Martians and Venusians met, fell in love, and had happy relationships together because they respected and accepted their**

**differences. Then they came to earth and amnesia set in: they forgot they were from different planets. Using this metaphor to illustrate the commonly occurring conflicts between men and women, Gray explains how these differences can come between the sexes and prohibit mutually fulfilling loving relationships. Based on years of successful counseling of couples, he gives advice on how to counteract these differences in communication styles, emotional needs and modes of behavior to promote a greater understanding between individual partners. Gray shows how men and women react differently in conversation and how their relationships are affected by male**



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intimacy cycles ("get close", "back off"), and female self-esteem fluctuations ("I'm okay", "I'm not okay"). He encourages readers to accept the other gender's particular way of expressing love, and helps men and women learn how to fulfill each other's emotional needs. With practical suggestions on how to reduce conflict, crucial information on how to interpret a partner's behavior and methods for preventing emotional "trash from the past" from invading new relationships, *Men Are from Mars, Women Are from Venus* is a valuable tool for couples who want to develop deeper and more satisfying relationships with their partners.

DIY planners have become a super-

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**popular way to stay organized, and Hack Your Journal helps readers create eye-catching customized pages! Every section showcases a set of layout concepts--for weekly planning, habit trackers, daily reflections, and more--but with unique variations and artistic styles. Some require only a pen and paper; others feature elaborate ideas for adding color and embellishments. Step-by-step instructions make it easy to recreate these pages, while sidebars provide quick tutorials on decorative techniques.**

**The one man she's always wanted is now the sexy sheriff of their hometown. Battered but not broken, grad student Brianna Avery returns to the childhood home she**

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**abandoned four years ago. With her abusive ex behind bars, Bree needs the summer to relax and recover before returning to school. But her overprotective brother decides she needs someone to babysit her in his absence, and he picks the one person guaranteed to drive her nuts. She's the one woman he can't have. Telling Bree no has never been easy. Four years ago, Liam Hollister did it to preserve his friendship with his best friend—Brianna's brother. Now, no matter how she tempts him, he's determined to do the right thing. As deputy sheriff of their rural area, Liam is torn between protecting Brianna and wanting her for himself. Take a risk or lose the chance. Spending so much time alone**

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**together challenges them both. Old feelings and hurts resurface immediately. With each hot, sweaty day it's harder to deny their attraction. It's going to be a long, hot summer... Bullets and Bonfires is a stand-alone romance by the author of the popular Lost Kings MC series. TOPICS: brother's best friend, forbidden, forbidden romance, alpha hero, alpha, man in uniform, cop, sheriff, small town romance, off-limits, little sister, older brother, older brother's best friend, small town, steamy, upstate new york, rural, domestic violence survivor, new adult romance, college, family relationships, friends to lovers, protective, protector, self-defense, lost kings mc, fishing, bonfires,**

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**summer time, no cheating, dominant alpha male hero, teller, murphy, motorcycle club, stand alone romance, sexy, summer romance, summer reading, happily ever after, strong hero, police, loyalty, bullets, shotgun, first in series, self defense, past trauma, childhood abuse, survivor, friends to lovers romance, out of bounds, dog rescue, bullets and bonfires**

**Unlock the amazing story buried in your presentation—and forget boring, bullet-point-riddled slides forever! Guided by communications expert Cliff Atkinson, you'll walk you through an innovative, three-step methodology for increasing the impact of your presentation.**

**Discover how to combine classic**

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**storytelling techniques with the power of visual media to create a rich, engaging experience with your audience. Fully updated for PowerPoint 2010, and featuring compelling presentation examples from classroom to boardroom, this book will help transform your presentations—and your business impact!**

**The Well of Loneliness**

**Power Forward**

**Stylish Projects to Creatively Organize and Commemorate the Day to Day**

**The 3-step Solution to Overworking The Planner Book!**

**Using Microsoft PowerPoint to Create Presentations That Inform, Motivate, and Inspire**

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**The Bullet Journal for Beginners**  
Productivity System  
**On Writing**

*The Well of Loneliness, first published in 1928, is a timeless portrayal of lesbian love. The thinly disguised story of Hall's own life, it was banned outright upon publication and almost ruined her literary career as the subject was that of an obscenity trial and forbidden at the time in England. The novel tells the story of Stephen, an ideal child of aristocratic parents—a fencer, a*

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*horse rider and a keen scholar. Stephen grows to be a war hero, a bestselling writer and a loyal, protective lover. But Stephen is a woman, and is attracted to women. As her ambitions drive her, and society incarcerates her, Stephen is forced into desperate actions. Although Gordon's attitude toward her own sexuality is anguished, the novel presents lesbianism as natural and makes a plea for greater tolerance. It*



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became an international bestseller, and for decades was the single most famous lesbian novel.

*Brown Bag Lessons, The Magic of Bullet Writing* centers on effective bullet writing and guarantees immediate improvement. Skillful writing doesn't have to be difficult. No other book approaches writing the way this book does, and no other book teaches these techniques. After reading this book, you

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*will fully understand how to write strong bullets and "why" every word matters. In 2003 the author created a seminar to teach a fair and consistent process to evaluate recognition packages. This seminar transformed an entire organization within six months. Since then, the techniques have decisively transformed the writing, recognition, and promotions of every organization applying them. The practices in*

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*this book continue to positively impact the Air Force and sister services through professional military education. In addition, the concepts have helped transitioning service members and college students better communicate acquired capabilities and competencies on their résumés. Read on to discover the "magic" and open your eyes to a brand new way to look at writing. The US Air Force promotion system*

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emphasizes the importance of documenting your very best accomplishments. Under this system, promotion comes from the most recent performance reports, so Airmen must communicate the best accomplishments and not just words that fill the white space. This Magic of Bullet Writing will ensure you know how to articulate not just what you are doing but also convey your strongest competencies and capabilities so the

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*promotion board can fully assess your readiness for promotion. Training materials that correspond to the lessons in this book are available for free download at <http://www.brownbaglessons.com>. Are you ready for the magic? Provides the final report of the 9/11 Commission detailing their findings on the September 11 terrorist attacks.*

*So what is a bullet journal? It's a planner, to-do list and diary*

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*that will help you get your life together! This fun, practical guide shows you how to start and keep a bullet journal: a single notebook in which you write down all the things that you want to remember, or need to do, or you've already done - from every aspect of your life: work, home, relationships and hobbies. With colourful illustrations and easy tips to get you started, early adopter Rachel Wilkerson Miller*

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*explains how to make a  
bullet journal work for  
you - whether you want  
to create something  
simple or elaborate.*

*Ideas for content  
include: - Lists of your  
to-dos and to-don'ts -  
Symbols that will make  
your lists efficient and  
effective - Calendars to  
plan your day, week,  
month or year - Trackers  
for your habits and  
goals (think health,  
money, travel) -  
Stationery such as washi  
tape, book darts and  
more! The phenomenon*

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*that is bullet journaling has led to thousands of journalers sharing their work on Pinterest, Instagram and Facebook. In How to Bullet Plan, BuzzFeed editor Rachel Wilkerson Miller tells you everything you need to know to start your own. Over 100 inspiring journal layouts plus 500 writing prompts*

*How to Bullet Plan  
Art Journal Art Journey  
Bullet Journal (2021)  
(Printable Version)  
Using Microsoft*



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*PowerPoint to Create  
Presentations that  
Inform, Motivate and  
Inspire*

*Bullet It! Lists for  
Living*

*End of History and the  
Last Man*

*Over 1000 motifs,  
alphabets and icons to  
personalize your bullet  
or dot journal*

A practical toolkit for  
thriving in the modern  
working environment, by  
a popular wellness  
entrepreneur and  
business coach. Multi-  
hyphen careers and

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remote working have now become the norm in working culture. Does "flexible working" mean "always working"? What does work-life balance actually look like? This book offers practical steps to managing remote and flexible work coexisting in the same space as life. Reclaim Your Time Off offers: Fab's unique 3-step solution: Simplify, Delegate, Automate. Regular "Action Steps" and coaching activities to help you see and

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understand current patterns and reasons for overwhelm, and turn them around. Practical strategies to learn how to rest and work smarter. In the current working landscape, we work really hard. On average, over 60 hours per week. "Burnout" is a ubiquitous buzzword. Being overly busy is a badge of honour. This book uncovers how "busyness" can impact negatively on creativity. We need to relearn the art of being

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bored. Down time is an essential part of productivity and a vital component in good health and wellbeing. This book shows us how to protect it.

Spark your creativity and keep yourself organized with the beautiful pages and easy-to-follow instructions of Creative Journaling. With 52 projects, from simple tricks, like making your own washi tape, to more ambitious projects, like crafting a custom planner, you'll

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soon have the best-looking to-do list around. Author Renee Day will take you on an artistic adventure as you take on each new task and become an expert on amazing DIY ideas! You'll learn to work with watercolors, acrylic paint, brush pens, and much more as you personalize your stuff, making things uniquely you. Going beyond basic tools, this stunning book offers tips, tricks, and creative ways to

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transform your notebook  
into a treasured life

companion, including: •

Ornamental lettering •

Personalized habit

trackers • Colorful

calendars • Decorative

headers • Customized

productivity lists •

Inspiring artwork •

Creative future logs •

Unique planning pages

Spengler's work

describes how we have

entered into a centuries-

long "world-historical"

phase comparable to late

antiquity, and his

controversial ideas

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spark debate over the meaning of historiography.

"Every path to adulthood is strewn with missteps, epiphanies, and hard-earned lessons. Only Reggie Love's, however, went through the White House by way of Duke University's Cameron Indoor Stadium. Mentored by both Coach Krzyzewski and President Obama, Love shares universal insights learned in unique circumstances, an education in how sports, politics, and life can

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define who you are, what you believe in, and what it takes to make a difference. Power Forward tells the story of the five years Love worked as a personal assistant to Senator Obama as a candidate for president, and President Obama, and it is a professional coming of age story like no other. What the public knows was well put by Time magazine in 2008: "[Love's] official duties don't come close to capturing Reggie's



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close bond with Obama, who plays a role that is part boss and part big brother." What the public doesn't know are the innumerable private moments during which that bond was forged and the President mentored a malleable young man. Accountability and serving with pride and honor were learned during unsought moments: from co-coaching grade school girls basketball with the president; lending Obama his tie ahead of a presidential

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debate; managing a personal life when no hour is truly his own; being tasked with getting the candidate up in the morning on time for long days of campaigning. From his first interview with Senator Obama, to his near-decision not to follow the president-elect to the White House, to eventually bringing LeBron, Melo, D-Wade, and Kobe to play with the President on his forty-ninth birthday, Love drew on

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Coach K's teachings as he learned to navigate Washington. But it was while owning up to losing (briefly) the President's briefcase, figuring out how to compete effectively in pick-up games in New Hampshire during the primary to secure support and votes, babysitting the children of visiting heads of state, and keeping the President company at every major turning point of his historic first campaign and

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administration, that  
Love learned how  
persistence and passion  
can lead not only to  
success, but to a  
broader concept of  
responsibility"--

Journal with Purpose  
Creative Journaling  
Beyond Bullet Points,  
3rd Edition

My Presidential  
Education  
Mindset

365 Journal Writing  
Prompts for Creative  
Self-Discovery  
Collage and Storytelling  
for Honoring Your

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## Creative Process A Photo Journal of Afghanistan

The updated edition of the bestselling book that has changed millions of lives with its insights into the growth mindset — Through clever research studies and engaging writing, Dweck illuminates how our beliefs about our capabilities exert tremendous influence on how we learn and which paths we take in life. — Bill Gates, GatesNotes After decades of research, world-renowned Stanford University psychologist Carol S. Dweck, Ph.D., discovered a simple but groundbreaking idea: the power of mindset. In this brilliant book, she

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shows how success in school, work, sports, the arts, and almost every area of human endeavor can be dramatically influenced by how we think about our talents and abilities. People with a fixed mindset—those who believe that abilities are fixed—are less likely to flourish than those with a growth mindset—those who believe that abilities can be developed. Mindset reveals how great parents, teachers, managers, and athletes can put this idea to use to foster outstanding accomplishment. In this edition, Dweck offers new insights into her now famous and broadly embraced concept. She introduces a phenomenon she calls false growth

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mindset and guides people toward adopting a deeper, truer growth mindset. She also expands the mindset concept beyond the individual, applying it to the cultures of groups and organizations. With the right mindset, you can motivate those you lead, teach, and love—to transform their lives and your own. The system combines elements of a wishlist, a to-do list, and a diary. It makes it easy to get thoughts out of your head and onto paper, to see them clearly and decide what to do about them

Beyond Bullets Creative Journaling  
Ideas to Customize Your Personal  
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Schuster

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This one year bullet journal is perfect for big planning. Plan for a month from now or a year from now in one convenient planner. This beautiful bullet journal will help you to accomplish your goals over the next year, once you spend time to think of them, plan for them, write them down and schedule them in your planner. A compact and easy to carry planner that is convenient to use with matte textured cover and sheets. The 2021 Bullet Journal / Planner features: □ Bullet key reference page. □ Yearly calendar. □ 2021 calendars with beautiful flowery illustrations. □ 2021 weekly logs pages. □ A minimalist format and undated so you can start writing



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anytime, skip between the prompts, and write exactly as often as you want. □ Designed to help bring some sunshine to your life, but also help you affect positive change and transition. □ Printable version for printing at home. □ A nice sized format (8.5"x11") to print. This bullet journal makes the perfect gift! Easy to carry - this journal is the perfect size for traveling.

The Daily Stoic

Hack Your Journal

How to Form Life-Changing Journal

Writing Habits That Actually Work

for Reaching Any Goal and Getting

Your Life on Track

Journal Me Organized

Beyond Bullets

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Practical Guide for Improving  
Productivity System  
Communication and Getting What

You Want in Your Relationships

The Magic of Bullet Writing

The 9/11 Commission Report

Ever since its first publication in 1992, *The End of History and the Last Man* has provoked controversy and debate. Francis Fukuyama's prescient analysis of religious fundamentalism, politics, scientific progress, ethical codes, and war is as essential for a world fighting fundamentalist terrorists as it was for the end of the Cold War. Now updated with a new afterword, *The End of History and the Last Man* is a modern classic.

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Photographs and observations from an embedded journalist capture life in war-torn Afghanistan.

This book has the power to transform your life. Learn how to get your life on track with advanced journaling techniques. "With Smart Journaling, you can use journal writing not just a productivity tool, but also as a life-changing habit." There's journal writing and then there's Smart Journaling. Sometimes, just writing your thoughts on paper doesn't do anything. You still end up confused, disorganized, and aimless. - Do you want to achieve tangible life-changing results through

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journaling but are not sure how?

- Are you lacking in motivation or inspiration but don't know why?
- Would you just like to get your life on track in a fun, fulfilling and hassle-free way?

This practical guidebook will help you understand the important elements of Smart Journaling, and how you can use these elements to organize your daily tasks and get your life back on the right track. It explains the science behind the process, so you'll know that it's a worthwhile activity. You will learn:

- How to journal the smart way
- How to combine fun and function
- How to be motivated to fulfill a lifelong

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dream How to make journaling work for you with specific tools and strategies - And much more! It contains exercises, prompts, and examples so you can get a feel of what it's like to go through the Smart Journaling process. It also provides ideas and recommendations on what approach to take and what types of journals to use to get you started. Smart Journaling is a game-changer. When you expect to get results that will improve your life, then journaling is a crucial tool to achieve your goals. You can start small and move on to bigger goals and have fun doing it with Smart Journaling. Your

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journal will help you sort things out and gain clarity so that you can focus on what truly matters in your life. If you need to turn your life around, or get out of a rut, or just want to challenge yourself, Smart Journaling will guide you every step of the way. You no longer have to be intimidated or overwhelmed by all the information about journal writing because the book explains how journaling can work for you.

The ultimate guide to journaling, packed with prompts and ideas to spark creativity. For many people who want to keep a journal, the fear of the blank page can be a very real

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stumbling block, but is definitely something that can be resolved.

In this essential guide, journaling expert Helen Colebrook offers up all her knowledge, tips and tricks to ensure you get truly bitten by the journaling bug. Through 101 layout examples, Helen shows you how to approach the design of a myriad of different journal pages, from mood trackers to gratitude spreads, monthly cover pages, daily, weekly and monthly planners, lists, project planners and more. She also covers ideas for junk journaling, adding watercolour to your journal and other ways to develop the artistic side of your

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journaling. This is a book that will be a constant companion, that you can use for inspiration whenever you need some new ideas for a fresh layout. But it's not just about the aesthetics of your journal – alongside the layouts Helen gives helpful prompts that will make you think about what you are journaling as much as how. These include thoughtful prompts and exercises to get you started on self-reflection and help you make writing a daily habit, alongside creative prompts to get your creative juices flowing. There are no end of ways to get creative in your journal and it can become a



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hugely relaxing and rewarding part of the process. The beauty of journaling is that there is no right or wrong, but sometimes we all need a little help and inspiration to help us get the most of this fulfilling hobby.

This beautiful book is the perfect companion to Helen's debut book, *Journal with Purpose*, and alongside her YouTube tutorials and blog, will ensure you have all the tools and ideas you need to make your journal a thing of beauty and personal truth. With 101 layout ideas and 500 journal prompts... there's nothing stopping you from journaling with purpose too!

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Effective Bullet Journaling  
Techniques, Habits, and Hacks  
To Be Successful, Productive,  
and Organized - With Special  
Strategies for Mathematics,  
Science, History, Languages,  
and More

Brown Bag Lessons

How Millennials Became the  
Burnout Generation

Embrace What Matters, Ditch  
What Doesn't, and Get Stuff  
Done

Bullets & Bonfires

A Year of Daily Journal Writing  
Prompts, Questions & Actions  
to Fill Your

Final Report of the National  
Commission on Terrorist  
Attacks Upon the United States

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How to Start and Keep the  
Planner, To-Do List, and Diary  
That'll Actually Help You Get  
Your Life Together

*The digital age has many  
perks, yet there is still  
something enduring about  
putting pen to paper.  
Bullet journaling is  
becoming increasingly  
popular, but many  
beginners don't know where  
to start: this book will  
help. This guide for  
beginners contains: - 14  
pages of Future Log ideas  
- 16 pages of Monthly Log  
ideas - 42 pages of Daily  
and Weekly Log ideas - 33  
pages of miscellaneous*

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*ideas There is information on suggested materials and instructions on how to get started, as well as a beginner's jargon buster and some useful online resources. This book will fill you with ideas and inspiration to start your own bullet journal and become a part of the analog revolution for the digital age.*

*The Year of You is an invitation to discover more about yourself, become more conscious about what you want, and create a rich and fulfilling life through*

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one journaling prompt a day. With this book, you can take the guess work out of journaling and use one writing prompt each day of the year to explore and unpack the most important aspects of your life and your being. Each month, you'll focus on one important area of your life: January: Identity February: The Past March: Environment April: Fun May: Career June: Relationships July: Growth August: Money September: Travel and Adventure October: Health November: Spirituality December: The

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*Future You can start in  
January, June or November;  
simply turn to today's  
date and start writing!  
Whether you're new to  
journaling or have enjoyed  
a reflective writing  
practice for some time,  
The Year of You offers a  
wealth of inspiration that  
will deepen your  
understanding and  
awareness of what makes  
you who you are.  
Say hello to the bullet  
system: a revolutionary  
organization method that  
will increase both your  
efficiency and your  
creativity. At its*

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*simplest, the bullet method will provide you with a fool proof to-do list that will ensure you never miss a task or appointment again. Take it just a step further and its principals will let you organize your present, take note of the past and plan your future. The 365 Bullet Guide is an easy-to-follow book that will teach you the bullet system. There's an exercise for every day of the year and each takes 365 seconds or less to complete. With simple, clear instructions, this*

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*book will show you how to incorporate the bullet method into your life as gradually or quickly as you like. The joy of bulleting is that it is both holistic and completely customizable to your own aesthetics and habits, so you can create your own journal from scratch and put into practice as many of the hundreds of ideas and techniques as your like such as habit trackers, sleep logs, handwriting exercises, and much more! Whether you're a secret scribbler or a to-the-*



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Customize Your Personal  
point minimalist, The 365  
Productivity System  
Bullet Guide is your  
indispensable guide to an  
elegantly organized life.  
With contemporary  
illustrations by Marcia  
Mihotich, this book will  
help you to build a better  
life. Grab a notebook and  
pen, and get bulleting!  
Bullet It! is an original  
take on bullet journaling,  
an artistic life  
organisation system that's  
going viral online and  
poised to become the  
"adult colouring books" of  
the journal world. Rather  
than face an intimidating  
blank page of a

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*traditional bullet journal, inside you'll find artistically laid-out pages and guided fill-in to record your goals and dreams both large and small. Whether you quickly complete your tasks or simply move them to a new journal, what remains is a beautiful keepsake that reminds you just how much you are accomplishing, on both a macro and micro level.*

*Men Are from Mars, Women Are from Venus*

*Dot Journaling—A Practical Guide*

*Bullet It!*

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Can't Even**

**A Guide to Over 100  
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Mixed Media, and Travel  
Pages**

**How To Bullet Journal For  
Beginners**

**The Ultimate Bullet  
Journal Guide To  
Effectively Master Your  
Life, Reach Your Goals,  
Manifest Your Dreams, &  
Free Up Your Time (Mastery  
Journal Template  
Included!)**

Journal with Purpose is the ultimate reference for journaling, packed with over 1000 motifs that you can use to decorate

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and enhance your bullet or dot journal pages. Copy or trace direct from the page, or follow one of the quick exercises to improve your skills. Featuring all the journal elements you could wish for – banners, arrows, dividers, scrolls, icons, borders and alphabets – this amazing value book will be a constant source of inspiration for journaling and an 'instant fix' for people who find the more artistic side of journaling a challenge.

Get organized! Blogging star Rebecca Spooner shows how a great journal can put your life in order. Whether you're planning the week's menus or training for your first 5K, *Journal Me Organized* offers a creative way to eliminate mental clutter and focus on goals. It covers everything from choosing a notebook and cross-referencing to goal setting and time management. Inspirational pages, fun ideas, and easy-to-follow instructions accompany tutorials

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and templates for designs that range from  
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here, the pressures that sustain it, and the  
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A guide to using Microsoft PowerPoint  
describes how to use stories to create  
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Your Future

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Journal with Purpose Layout Ideas 101

Reclaim Your Time Off

Using PowerPoint to tell a compelling  
story that gets results

***Guided bullet organization***

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and achievements made  
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beautiful! This new book by

*Bullet It!*

*author/illustrator Nicole Lara gives bullet journalers beautifully illustrated, full-color pages and prompts for recording their "life lists." The prompts include practical lists, like movies to watch, favorite books, Christmas present ideas, trips they'd like to take, and home decorating ideas, but also personal lists, like the people who make them laugh the most, the things they're most grateful for, and where they see themselves in 10 years. When nomad artist and free spirit Dan Price began*

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jotting down his musings in the form of whimsical drawings and inspired prose, he hardly could have imagined that his self-published journal-zine, the *MOONLIGHT CHRONICLES*, would earn him a cult following across the country. Now in its twentieth edition, the *MOONLIGHT CHRONICLES* has brought Dan's creed of "truth, beauty, and really big sabbaticals from the convention of life" to thousands across the country. With such a following, Dan figured it was time to collect his offbeat observations into book form in hopes of inspiring other would-be

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journal writers to take pen,  
camera, and brush in hand.

As Dan is fond of noting  
"Seems there's tons of empty  
journal books, but not too  
many on how to fill 'em up!"

In *HOW TO MAKE A JOURNAL*,  
Dan answers the call,  
teaching readers how to tap  
into those pent-up creative  
juices and collect their  
life experiences on paper.  
Inspired by the global  
"study with me"/#studygram  
phenomenon: Study smarter,  
stay motivated, improve your  
grades—all by taking better,  
more effective notes!

Written by Jasmine Shao,  
founder of popular YouTube  
channel and Instagram  
account @studyquill, and



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*Alyssa Jagan, founder of*

*@craftyslimecreator and*

*author of the DIY book*

*Ultimate Slime, Study with Me*

*includes everything you need*

*to set and achieve your*

*study goals using simple-to-*

*master bullet journaling*

*techniques: The basics of*

*bullet journaling, and how*

*to adapt them to your*

*specific studying needs and*

*goals Methods for organizing*

*your time and scheduling*

*Ideas for page and spread*

*layouts for specific topics*

*and how to set them up Plus:*

*Dos and don'ts, hacks, and*

*assorted tips for beginners*

*With Study with Me, you'll*

*learn the note-taking and*

*organizational skills you*

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*need to achieve success!*

*If you want to master your life by using a simple yet highly effective journaling method without feeling overwhelmed or confused, then read on! Do you wish your life was more organized? Do your appointments, goals, and to-do lists get lost in daily clutter? Do you want an easy step-by-step process to help create a more coherent lifestyle? If so, *How To Bullet Journal For Beginners* is for you because it was written by a successful life coach who once struggled with keeping her life organized as well. Imagine learning a highly effective*

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technique that will help you declutter your life, crush your goals, and complete those long overdue tasks in 30 days or less. *Why This Book Is Different:* This book is different because it is simple, beginner-friendly, and even comes with a *Mastery Journal Template* that you can print and use immediately! You'll Soon Discover: [?] What exactly is bullet journaling? A dead-simple explanation that makes creating your first bullet journal easier than ever. [?] How to make bullet journaling a fun, effective, and rewarding experience that will change your life in 30 days or less. [?] Great

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*beginner tricks and tips for creating the ultimate layout for your journal. [?] An easy, no-nonsense guide to creating the essential parts of your bullet journal without becoming overwhelmed, frustrated, or confused. [?] The two most common styles of bullet journaling, and which one is the best for your lifestyle. [?] BONUS: Mastery Bullet Journal that you can print and use to start organizing your life immediately! And much more! If you want an easy bullet journaling guide to help you master your life once and for all, Scroll UP and add How To Bullet Journal For Beginners to*

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*Over 40 Creative Layouts to  
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Your Life*

*A Notebook for Charting Your  
Tasks, Hopes, and Dreams  
366 Meditations on Wisdom,  
Perseverance, and the Art of  
Living*

*The Lazy Genius Way  
The New Psychology of  
Success*

*The Year of You*

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Fourth Edition "Throw away  
those room-emptying, left-  
brain slides-and use  
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***presentation into an epic.”***

***-Daniel H. Pink, author of Drive and A Whole New Mind Think beyond bullet points-and amplify the impact of your message! Now in its fourth edition, this popular classic illuminates an innovative, step-by-step methodology designed to unlock the amazing visual story waiting to be released from your message.***

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***Honoring Your Creative Process. Artist Nichole Rae is your creative companion and guide as you explore your art journaling journey in three easy steps. Begin by putting the journal in art journal: A variety of prompts and writing styles help you breathe life into your hopes, feelings and intentions. Then put the art in art journal: Use your writing to develop a theme for your art journal. Illustrate your story by adding photos, illustrations and ephemera. Finally, explore your creative process: Ponder color,***



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***words and symbols as you build beautifully layered collage pages. Along this art journaling path, you'll find the strength to listen to your heart and find your creative voice. All you have to do is Embrace the Journey. Includes: • Journaling prompts • 15 mixed-media and collage techniques • Dozens of inspirational journal pages Creatively organize your life! The Planner Book! will help you design, create, and embellish the perfect planner. Forget about boring calendars and ancient date books.***

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***Nowadays planners are gorgeous, colorful works of art—one part organization, one part art journal, and two parts keepsake. Loaded with projects, how-tos, tips, and tricks The Planner Book! has all the information you need to tap into your creativity, take control of your to-do list, and craft a custom planner. Featuring color photos and interviews from more than 20 creators, the book is full of ideas to spark your creativity and keep you organized. With 24 projects, from simple tricks like making your own washi***

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***tape to more ambitious projects like crafting a leather planner, you'll soon have the best looking to-do list around. Whether you're juggling a hectic work schedule, keeping track of a busy family, or trying to balance your class schedule, getting organized has never been this fun or this cute!***