

Biblical Concepts For Christian Counseling A Case For Integrating Psychology And Theology

Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor. Appropriate for professional counselors, lay counselors, pastors, students, and teachers, it includes nearly 300 entries by nearly 100 top Christian counselors. This practical guide focuses on functional aspects of Christian counseling and explores such important topics as...Christian counseling as a profession, ministry, and lay ministry; Spiritual and theological roots; Social, emotional, and relational issues; Skills and essentials in Christian helping; Ethical and legal considerations; Intake, assessment, diagnosis, and treatment planning; and Premarital counseling, family therapy, and substance abuse. Counselors will also find up-to-date information on solution-based brief therapy, cognitive therapy and biblical truth, and trauma and crisis intervention. An essential resource for maintaining a broad and up-to-date perspective on helping others.

Many counselors are not adequately prepared to help those suffering from complex posttraumatic stress disorder (C-PTSD). In this updated text, Heather Davediuk Gingrich provides an essential resource for Christian counselors, ably integrating the established research on trauma therapy with insights from her own thirty years of experience and an understanding of the special concerns related to Christian counseling.

In principle, Christians believe knowing Jesus Christ is the original and abiding "cure of the soul." But in practice, the church's provision of personalized care and counsel has often been unthoughtful and unskillful. During the past 150 years, many other practitioners and theorists have filled the gap. Psychiatry and psychotherapy (transliterations of two Greek words for "cure of the soul") claim to offer the deep truth that explains a human being and the final word on how we can be cured from the troubles that beset us. Secularized explanations and cures call for no recourse to the Bible or Jesus. Beginning in the late 1960s, a biblical counseling movement sought to reclaim counseling for the church. It aimed to provide a coherently Christian alternative to mainstream psychiatry and psychotherapy. The Biblical Counseling Movement: History and Context is an informative and thought-provoking account of that movement. How did it begin and develop? What were the defining ideas? Where were the tension points and struggles, both internally and with evangelical psychotherapists? David Powlison's historical account combines careful scholarship with unique, eyewitness insight. This book is an invaluable resource for those who want to understand the biblical counseling movement. The core chapters were originally a PhD dissertation in history of science and medicine (University of Pennsylvania). This new edition adds a lengthy appendix, containing articles by Dr. Powlison. These extend and deepen the history, giving a fine-grained analysis of developments within the biblical counseling movement and in its relationship to evangelical psychotherapists. The author also freely expresses his point of view and personal convictions regarding the history he has carefully described.

In its second edition, Helping Clients Forgive, now retitled Forgiveness Therapy, benefits from more than a decade of new research into the innovative and growing field of forgiveness therapy. Forgiveness has been found to be a pivotal process in helping clients resolve anger over betrayals, relieve depression and anxiety, and restore peace of mind. For 30 years, the authors have pioneered these techniques, and here explain the process of forgiveness in psychotherapy in a way that can be applied by clinicians regardless of their theoretical orientation. With brand new chapters, studies, and models, clinicians will learn how to recognize when forgiveness is an appropriate client goal, how to introduce and explain to clients what forgiveness is and is not, and provide concrete methods to work forgiveness into therapy with individuals, couples and families. This comprehensive volume provides all of the latest research in the roles that anger and forgiveness play in specific emotional disorders and features clinical examples of work with individuals.

Christ-Centered Biblical Counseling

Five Views

Immanuel's Light, Glowing in the Likeness of Christ Jesus

The Seven Principles for Making Marriage Work

Counseling and Christianity

Counseling and Psychotherapy

Five Approaches

Mark R. McMinn is Professor of Psychology and Director of Integration in the Graduate Department of Clinical Psychology at George Fox University in Newberg, Oregon. He was previously on faculty at Wheaton College in Illinois, where he was the Rech Professor of Psychology from 1996 to 2006. Mark is a licensed psychologist in Illinois and is board certified by the American Board of Professional Psychology. He is Past-President of the APA's Psychology of Religion division. His other books include Sin and Grace in Christian Counseling (2008), Integrative Psychotherapy (coauthored with Clark D. Campbell, 2007), Finding Our Way Home (2005), Why Sin Matters (2004), Care for the Soul (coedited with Timothy R. Phillips, 2001), and Psychology, Theology, and Spirituality in Christian Counseling (1996). Mark and his wife, Lisa--a sociologist and author--live in rural Oregon. They have three grown daughters.

Kirwan not only sounds a clarion call for thorough integration of psychology and theology, he demonstrates that it can be done.

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task: to help people take possession of their souls...through the power of the Spirit; under the authority of the Word; in a supportive community of accountability...that they may be like Christ. The authors address head-on today's enticing new imitations of true peace and tantalizing opportunities for people in pain to anesthetize themselves. But they also highlight the foundation of hope: God loves, he empowers, and he refuses to abandon his passion for connection with his children. Case studies illustrate how to help people take possession of the thinking self, the feeling self, the decision-making self, the physical self, and the relational self. This comprehensive plan for effective intervention is perfect for lay counselors, students, and professionals looking for ways to integrate their faith and practice.

A client raises spiritual questions. Can a Christian therapist working in a government agency talk with a client about faith? A young couple with two children asks a Christian counselor to help them negotiate an end to their marriage. What responsibility does the counselor have to try to repair the relationship? A youth group member confidentially reveals to the pastor that he is taking drugs. Should the pastor tell the boy's parents? A counselor who teaches a college course has a client show up for class. What should she do? These are just a few of the complex dilemmas that therapists, counselors and pastors face nearly every day. Handling these situations appropriately is critical for both the client's progress and the professional's personal credibility and protection from liability. State and federal codes, professional association statements and denominational guidelines have been drawn up to address ethical issues like competence, confidentiality, multiple relationships, public statements, third parties and documentation. In this book you'll find them all compiled and interpreted in light of Christian faith and practice. Written by qualified professional counselors and respected academic instructors, this book is an indispensable resource for understanding and applying ethics in Christian counseling today.

More Jesus, Less Religion

Cognitive Therapy Techniques in Christian Counseling

Changing Lives with God's Changeless Truth

The Biblical Counseling Guide for Women

(A Self Help Counseling Program)

An Indispensable Tool for Helping People with Their Problems

Making Christian Counseling More Christ Centered

Composed primarily of lectures given in 1979 as Fuller Seminary's Ninth Finch Symposium in Psychology and Religion. Bibliography: p. 141-148. Includes indexes.

Contributors: W. Wilson Benton Jr, Edward G. Dobson, Howard Eyrich, Ronald E. Hawkins, Ed Hindson, Arnold Hyndman, Wayne A. Mack, Paul Madtes Jr, David Powlison, C. Dwayne Shafer, Chris Thurman, Edward T. Welch Christian counselors agree that the Bible's message of salvation can radically change lives. Scripture can lead even the most unlikely people to faith but when it comes to everyday problems - is the Bible really enough? Here we have more than a dozen highly trained counselors, medical experts and pastors who are highly respected in their fields. Every one has at least one doctorate relevant to the area they examine in this book. Their answers to the question stated above are enlightening, thought provoking and surprising.

You speak God's truth when you counsel. But do you also communicate His grace? The Christian counselor or pastor plays an important role in helping people process the trauma they've experienced. Too often, a client leaves the counselor's office with feelings of guilt and shame. They feel the heavy burden of what they did wrong. But somehow, they've missed the grace of God that makes things right again. A counseling model that stays true to a biblical worldview will overflow with grace . . . not cheap grace, but real grace that acknowledges sin while offering a hopeful path to redemption and healing. In Grace-Based Counseling, professional counselors Richard Fowler and Natalie Ford offer a model that blends the truths of Scripture, the science of psychology, and the everlasting hope of the gospel. In this book you will find: New, grace-based counseling model Detailed application of the model, with case studies Practical toolbox with surveys, assessments, and counseling helps A Christian counseling model can't just be about admonishment. That approach only leads to shame and human efforts that are doomed to fail. But when the gospel is brought to bear in the counseling relationship, real life change is possible. Then the counselor becomes an instrument of divine grace in the hands of a faithful God.

This ground-breaking exploration of the biblical counseling movement's development since Jay Adams shows how shifts in methodology and style are producing a new generation of increasingly well-balanced counselors.

Christian Counseling Ethics

Totally Sufficient

An Empirical Guide for Resolving Anger and Restoring Hope

Introduction to Nouthetic Counseling

A Fresh Biblical and Transformational Approach

The Doctrinal Foundations of Counseling Ministry

With Contributions by Gary R. Collins ... [et AL.]

The book includes a biblical perspective of Christian Counseling for the life of Christian Stewardship and some theological concepts. It address many of the social and secular issues confronting basic needs and challenges in a modern society.

Stereotypical tendencies in Christian counseling include either emphasizing sin at the expense of grace or grace at the expense of sin. Mark R. McMinn seeks to overcome these exaggerations and enable all those in the helping professions see the proper understanding and place of both sin and God's grace in the Christian counseling process.

The Christian Counselor's Manual is a companion and sequel to Dr. Jay Adams' influential Competent to Counsel, which first laid out a vision of "nouthetic" counseling—a strictly biblical approach to behavioral counseling and therapy. This practical guide takes the approach of nouthetic counseling introduced in the earlier volume and applies it to a wide range of issues. How do you know when to be a counselor? How can counselees change? How does the Holy Spirit work? What role does hope play in therapy? What is the function of language in a counseling session? How do we ask the right questions? What often lies behind depression? How do we deal with anger? What is schizophrenia? These and hundreds more questions are answered and explained by a Christian counselor. A full set of indexes, a detailed table of contents, and a full complement of diagrams and forms make this an outstanding reference book for and Christian counselor.

The American Association of Christian Counselors and Tyndale House Publishers are committed to ministering to the spiritual needs of people. This book is part of the professional series that offers counselors the latest techniques, theory, and general information that is vital to their work. While many books have tried to integrate theology and psychology, this book does so in a way that respects the disciplines in psychotherapy, helping counselors to integrate the biblical principles of forgiveness, redemption, restitution, prayer, and worship into their counseling techniques. Mark R. McMinn, Ph.D., is professor of psychology at Wheaton College Graduate School in Wheaton, Illinois, where he directs and teaches in the Doctor of Psychology program. A diplomate in Christian Counseling, McMinn has thirteen years of postdoctoral experience in counseling, psychotherapy, and psychological testing. McMinn is the author of Making the Best of Stress: How Life's Hassles Can Form the Fruit of the Spirit: The Jekyll/Hyde Syndrome: Controlling Inner Conflict through Authentic Living: Cognitive Therapy Techniques in Christian Counseling; and Christian Counseling Ethics. He and his wife, Lisa, have three daughters.

Psychology & Theology

Biblical Christian Counseling & Theological Concepts

The Dynamic Heart in Daily Life

Sin and Grace in Christian Counseling

Scripture and Counseling

The Big Book of ACT Metaphors

The Christian Counselor's Manual

In Immanuel's Light: Glowing in the Likeness of Christ Jesus, Sandy Brisbane gently and lovingly leads the reader on a personal journey of healing and recovery. Through a combination of her own testimony with relevant biblical concepts she sets the stage for personal application of the gospel of grace to real life issues. Sandy also encourages a healthy introspection through a series of pertinent questions that allows the student to discover the truth for themselves. Her emphasis on a personal relationship with Jesus Christ brings the reader face to face with the One who truly heals the heart.

You can overcome lust and sexual sin! Overcoming Lust is written for you if you are struggling with sexual sin or are helping others who are struggling. It includes: Ten chapters that will help you understand lust and how to gain victory over it. Ten additional chapters that will show you what the Bible teaches about lust. Helpful discussion questions at the end of each chapter. Many real life examples and stories to learn from. If you diliigently apply the truths found in Overcoming Lust, you will gain victory over lust and begin living in a way that pleases God. Visit Overcoming-Lust.com for information about the author, blog posts, book endorsements and additional resources for overcoming lust.

What role does Scripture play in counseling? Today, we face a weakening of confidence in the Bible. This is just as true for the pastor offering counsel in his office as it is for the person in the pew talking with a struggling friend. We need to regain our confidence in God's living Word as sufficient to address the real-life issues we face today. Scripture and Counseling will help you understand how the Bible equips us to grow in counseling competence as we use it to tackle the complex issues of life. Divided into two sections, Part One develops a robust biblical view of Scripture's sufficiency for "life and godliness" leading to increased confidence in God's Word. Part Two teaches how to use Scripture in the counseling process. This section demonstrates how a firm grasp of the sufficiency of Scripture leads to increased competence in the ancient art of personally ministering God's Word to others. Part of the Biblical Counseling Coalition series, Scripture and Counseling brings you the wisdom of twenty ministry leaders who write so you can have confidence that God's Word is sufficient, necessary, and relevant to equip God's people to address the complex issues of life in a broken world. It blends theological wisdom with practical expertise and is accessible to pastors, church leaders, counseling practitioners, and students, equipping them to minister the truth and power of God's word in the context of biblical counseling, soul care, spiritual direction, pastoral care, and small group facilitation.

The guidance every woman needs for any difficulty can be found in the pages of Scripture. Join counseling professor John D. Street and his wife, Janie, as they offer clear descriptions and careful direction for some of the most common physical, mental, and emotional struggles faced by women today.

Psychology & Christianity

The Counsel of Heaven on Earth

Connecting Christ to Human Experience

The Biblical Counseling Movement

A Case for Integrating Psychology and Theology

The Bible and Christian Counseling

History and Context

Many Christian counselors and pastors want to bring Christ's Gospel and forgiveness into their soul care, but don't know how. Luther's very Christ-centered theology, based in his desire for care of souls, can provide us with that foundation. Various techniques flowing from that foundation are shared. "Martin Luther formulated his proclamation of the message of Scripture for his contemporaries between the poles of God's voice in the pages of the Bible and the needs and afflictions of his hearers and readers. Marrs brings twenty-first century readers into that exchange and demonstrates how Luther's insights into the gospel of Jesus Christ help bring healing and comfort to those struggling with guilt, shame, fear, loneliness, and other spiritual afflictions in our day. This volume provides those who are engaged in conversation with the troubled and distressed rich resources for fostering peace and joy in the midst of such trouble and distress." Robert Kolb, PhD, professor of systematic theology emeritus, Concordia Seminary, Saint Louis USA "If all good theology is pastoral in its orientation, then this groundbreaking, practical, biblical study is well worth careful consideration by any pastor or Christian counselor. In it Marrs engages in a conversation with the teaching of Luther as a Christ-centered pastoral theologian and the practical insights of psychologists on the personal care of their clients, with a special emphasis on Luther's insistence on the need to distinguish between law and gospel in the proper application of God's gracious word with the delivery of soul care to God's people." John W. Kleinig, PhD Professor Emeritus, Australian Lutheran College University of Divinity, Adelaide, South Australia

Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling...and bad theology leads to bad counseling. A Theology of Biblical Counseling is a landmark new book that covers the history of the biblical counseling movement, the core convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

Spiritual counsel is always concerned above all else with faith - nurturing, strengthening, establishing, practicing faith - and the Word of God occupies a central place. Such is biblical worldview counseling. It addresses the emotional and spiritual dimensions of every client. The concepts of human nature, life struggles, health, and treatment modality in psychology span a broad spectrum. Those who practice biblical worldview counseling do so with an integrated philosophical origin. Counselors often adopt certain psychological theories in part, but they do not embrace any underlying philosophies that deny God or biblical truths. Well trained Christian counselors are able to integrate their faith with their education, remaining faithful to biblical standards while availing themselves of the science of psychology. Creating an effective counseling ministry is the church establishing a relationship with its members and community that conveys the message of hope and healing in Christ. Having a professionally trained counseling staff in the church brings benefit to the pastoral staff, not the least of which is a deep level of trust and confidence that challenging situations are being addressed in an effective and spiritual way. This manual will help a church of any size create an effective new ministry whose purpose is to strengthen the body of Christ whose members are suffering or struggling with emotional and spiritual issues that go beyond the constraints of pastoral care. Your church is one step closer to having a new and effectual ministry that will bring the hope and healing of Jesus Christ to those who are hurting; setting free the captives, and bring healing to the brokenhearted. One decade ago, best-selling authors Stephen Arterburn and Jack Felton exposed the dangers of what they called "toxic faith," helping countless believers to understand and overcome their religious misconceptions. Now, drawing upon an additional ten years of observation and experience, these authors go one step further, offering new insights and a positive approach to the dilemma in this long-awaited follow-up to their ground-breaking work. Be set free from man-made rules, "churchianity," and legalistic religion. Learn to recognize serious misinterpretations of vital biblical concepts such as "accountability." Return to the roots of a strong, obedient, yet grace-filled relationship with your Creator. To all who want to enter into deeper joy, fuller obedience, greater influence, and a healthier experience of God, More Jesus, Less Religion points the way back to the grace of the Lord and shows what it takes to avoid the pitfalls of toxic faith.

A Comprehensive Christian Appraisal (Large Print 16pt)

BIBLE TEACHING about CHRISTIAN COUNSELING: Theory and Practice

Basic Principles of Biblical Counseling

An Effective New Biblical Model

Restoring the Shattered Self

Psychology, Theology, and Spirituality in Christian Counseling

The Popular Encyclopedia of Christian Counseling

Our approach to counseling and personal ministry is often lopsided—we treat people as minds to be taught or problems to be fixed, moving too quickly toward applying biblical solutions without taking the time to love people well and understand their experiences and hurts. The Dynamic Heart in Daily Life provides a comprehensive view of how the heart works and how Christ redeems it. Pierre’s faith-centered understanding of people combines with a Word-centered methodology to give readers a practical way to help others better understand their tough experiences and who they are in light of who Jesus is. Pierre guides readers through four key activities—reading, reflecting, relating, and renewing—that will consistently position them to understand everyday human experiences in light of Scripture. Pierre exposes the false dichotomy between the spiritual and seemingly unspiritual parts of the human experience, showing how every thought, feeling, and choice actually expresses the spiritual activity of the heart. He shows how faith in Christ is the means by which the heart begins to respond differently. Faith is not only the entry point for heart change, but also an expression of our everyday, ongoing need for Christ. Pierre’s holistic view of counseling—forged by his experiences as a counselor, pastor, and seminary professor—equips readers to understand how everyday beliefs, desires, and commitments shape how we respond to life’s biggest struggles and how an active relationship of trust in God is the foundation for lifelong change.

Metaphors and exercises play an incredibly important part in the successful delivery of acceptance and commitment therapy (ACT). These powerful tools go far in helping clients connect with their values and give them the motivation needed to make a real, conscious commitment to change. Unfortunately, many of the metaphors that clinicians use have become stale and ineffective. That’s why you need fresh, new resources for your professional library. In this breakthrough book, two ACT researchers provide an essential A-Z resource guide that includes tons of new metaphors and experiential exercises to help promote client acceptance, defusion from troubling thoughts, and values-based action. The book also includes scripts tailored to different client populations, and special metaphors and exercises that address unique problems that may sometimes arise in your therapy sessions. Several ACT texts and workbooks have been published for the treatment of a variety of psychological problems. However, no one resource exists where you can find an exhaustive list of metaphors and experiential exercises geared toward the six core elements of ACT. Whether you are treating a client with anxiety, depression, trauma, or an eating disorder, this book will provide you with the skills needed to improve lives, one exercise at a time. With a special foreword by ACT cofounder Steven C. Hayes, PhD, this book is a must-have for any ACT Practitioner.

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task, tools, and challenges. Hawkins and Clinton demonstrate that the Christian counselor’s unique calling is to help people take possession of their souls that they may be like Christ.

A Theology of Christian Counseling connects biblical doctrine with practical living. Salvation, that central concern of Protestant theology, is often too narrowly defined. It is thought of as “being saved from the consequences of sin.” But God is doing much more. He is making something new out of the old sinful nature. He is, in Christ, making new creatures. “No counseling system that is based on some other foundation can begin to offer what Christian counseling offers. . . . No matter what the problem is, no matter how greatly sin has abounded, the Christian counselor’s stance is struck by the far-more-abounding nature of the grace of Jesus Christ in redemption. What a difference this makes in counseling!”In this book the reader will gain an insight into the rich theological framework that supports and directs a biblical approach to counseling. And the connection between solid theology and practical application will become compelling. This book is one-of-a-kind.

A Christian Counselor's Guide to Complex Trauma

A Christian Perspective

Prospects for Integration

God's Word for Life in a Broken World

A Practitioner's Guide to Experiential Exercises and Metaphors in Acceptance and Commitment Therapy

The Biblical Counseling Movement After Adams

Creating a Church Counseling Ministry

Stanton Jones and Richard Butman present an updated edition of their comprehensive appraisal of modern psychotherapies. With new chapters on preventative intervention strategies and the person of the Christian psychotherapist, "Modern Psychotherapies"remains an indispensable tool for therapists and students. This edition is in two volumes. The second volume ISBN is 9781459660328.

All that was done to us, what we have done to others, the failures, the ills, the violations of our persons, the brutalities, the perversions of life, rejections, death of loved ones, tragedies, loneliness, abandonment, Jesus paid the penalty for all these sins, and provided the means to handle the tragedies of life. We do not need to deal with these violations and tragedies on our own. Christ is in us to work out our salvation daily (Phil. 2:12-13; Gal. 2:20; 2 Cor. 5:21; Rom. 6:3-6; Ezek. 18:20). Being in Christ, we are new creatures and we are to deal with life now from the biblical perspective. Our problem is not with Satan, not with people, not with the circumstances of life, but our problem lies in our relationship with God. Our focus is to change from a concern about self, to a concern about God's glory and that is accomplished by our godly responses to others and life in general (Rom. 5:17; Cor. 5:21). Thus, the answer to healing the soul lies here: loving God by obeying His commands (John 14:21), and dealing with unresolved actions of the past in a spirit of repentance and reconciliation (Matt. 7:5).

How are Christians to understand and undertake the discipline of psychology? This question has been of keen interest because of the importance we place on a correct understanding of human nature.This collection of essays edited by Eric Johnson and Stanton Jones offers four different models for the relationship between Christianity and psychology.

An introductory look at the principles of biblical Christian counseling, this book is sure to find a wide and enduring audience through the American Association of Christian Counselors (over 50,000 members).

A Theology of Christian Counseling

Moving from Rules to Relationship

A Handbook for Therapists, Pastors & Counselors

More Than Redemption

Forgiveness Therapy

The Practice of Nouthetic Counseling

Biblical Concepts for Christian Counseling

Drawing on groundbreaking research into the dynamics of healthy relationships, a study of the basic principles that make up a happy, long-lasting marriage shares easy-to-understand, helpful advice on how to cope with such issues as work, children, money, sex, and stress. 35,000 first printing. Tour.

The potent Cognitive Therapy is taught, but with the careful guidance of solid biblical principles. This introductory ebook gives an excellent framework from which to evaluate other systems of counseling, and to develop your own system of pastoral or Christian counseling. A selected bibliography points you to a rich mine of information. There are 112 pages brimming with over 50,000 valuable words and dozens of carefully selected proven concepts designed to greatly increase your knowledge and skills in pastoral and Christian counseling - from a compelling biblical viewpoint.

"The local church should and can successfully assume responsibility within its ranks for restoring troubled people to full, productive, creative lives." "If we are to hope for success in such immense and seriously neglected responsibility, pastors need to return to the biblical model not of ministering to their people but of equipping their people to minister to each other by using their spiritual gifts." "Congregations need to regain that wonderful sense of 'koinonia' fellowship and pro practice true community."

Master the essentials of effective biblical counseling Christ-Centered Biblical Counseling is a comprehensive resource that will help you understand how to minister from God's truth to change lives. With the cumulative wisdom of almost 40 contributors with exceptional credentials and experience, you'll discover a valuable model for counseling that explains... The Why of Biblical Counseling Why the Bible is sufficient and relevant for addressing every issue we face Why biblical counseling is so effective in helping people face life's struggles in Christ's strength The How of Biblical Counseling How you can lead struggling, hurting people to the hope and strength available only in Christ How to counsel in a way that is Christ-centered and God-glorifying Every chapter provides a wonderful blend of theological wisdom and practical expertise, and is written to be accessible to everyone who wishes to extend Christ's love to others—pastors, church leaders, counseling practitioners, instructors, lay people, and students. In this massively important new book...leading figures in the biblical counseling movement set forth a wealth of wisdom. We have needed this book for a long time. —Dr. R. Albert Mohler Jr., president, Southern Baptist Theological Seminary Christ-Centered Biblical Counseling is warm, personal, gentle, always wanting to listen and know the person, confident in the Spirit's working through the Word of Christ. —Dr. Ed Welch, CCEF faculty, author of Shame Interrupted

Modern Psychotherapies

Foundations for Biblical Christian Counseling

Biblical Counseling Manual

A Theology of Biblical Counseling

Psychology and Christianity

The New Christian Counselor

An Integrative Paradigm

A Classic in the Field of Christian Counseling Competent to Counsel has helped thousands of pastors, students, laypersons, and Christian counselors develop both a general approach to Christian counseling and a specific response to particular problems. Using biblically directed discussion, nouthetic counseling works by means of the Holy Spirit to bring about change in the personality and behavior of the counselee. As Dr. Jay Adams points out in his introduction, "I have been engrossed in the project of developing biblical counseling and have uncovered what I consider to be a number of important scriptural principles. . . . There have been dramatic results. . . . Not only have people's immediate problems been resolved, but there have also been solutions to all sorts of long-term problems as well." Since its first publication in 1970, this book has gone through over thirty printings. It establishes the basis for and an introduction to a counseling approach that is being used in pastors' studies, in counseling centers, and across dining room tables throughout the country and around the world

This substantially revised and updated edition of a widely used textbook covers the major approaches to counseling and psychotherapy from a Christian perspective, with hypothetical verbatim transcripts of interventions for each major approach and the latest empirical or research findings on their effectiveness. The second edition covers therapies and techniques that are increasing in use, reduces coverage of techniques that are waning in importance, and includes a discussion of lay counseling. The book presents a Christian approach to counseling and psychotherapy that is Christ-centered, biblically based, and Spirit-filled.

This collection of essays edited by Eric Johnson and Stanton Jones offers four different models for the relationship between Christianity and psychology.

This book provides a forum for five major perspectives on the interface of Christianity and psychology to display their distinctions in a counseling context. Experts in each approach show how to assess, conceptualize, counsel and offer aftercare to a hypothetical client with a variety of complex issues.

Overcoming Lust

Competent to Counsel

Providing Affordable, Biblically-based, Professional Christian Counseling As a Ministry of the Local Church

Grace-Based Counseling