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Breathing Under Water Spirituality And The Twelve Steps

*The basic principles of
many of the popular*

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*twelve step programs are
combined in this book
into one easy text,
covering problems with:
Alcohol Drugs Gambling
Anger Food Relapse
People, Places, &*

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*Things. This book will
benefit anyone suffering
from these destructive
behaviors by using a
series of open-ended
questions to work the
twelve steps of recovery*

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programs.

*Do Christians need
recovery? Or is recovery
something needed by the
church itself?*

*Addiction--whether to a
substance or to a*

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*behavior--is a problem
within faith
communities, just like
it is everywhere else.
But because churches are
rarely experienced as
safe places for dealing*

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with addicting, co-addiction, or the legacy of family dysfunction, Christians tend to seek recovery from these conditions in Twelve-Step fellowships. Once

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*they become accustomed
to the ethos of
vulnerability,
acceptance, and healing
that these fellowships
provide, however, they
are often left feeling*

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*that the church has
failed them, with many
asking: why can't church
be more like an AA
meeting? Inspired by his
own quest to find in
church the sort of*

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*mutual support and
healing he discovered in
Twelve-Step fellowships,
Stephen Haynes explores
the history of
Alcoholics Anonymous and
its relationship to*

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American Christianity.

*He shows that, while AA
eventually separated
from the Christian
parachurch movement out
of which it emerged, it
retained aspects of*

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*Christian experience
that the church itself
has largely lost:
comfort with brokenness
and vulnerability, an
emphasis on honesty and
transparency, and*

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*suspicion toward claims
to piety and
respectability. Haynes
encourages Christians to
reclaim these
distinctive elements of
the Twelve-Step movement*

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*in the process of
"recovering church." He
argues that this process
must begin with he calls
"Step 0," which, as he
knows from personal
experience, can be the*

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*hardest step: the
admission that, despite
appearances, we are not
fine.*

*I Am Not Perfect is a
simple statement of
profound truth, the*

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*first step toward
understanding the human
condition, for to deny
your essential
imperfection is to deny
yourself and your own
humanity. The*

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*spirituality of
imperfection, steeped in
the rich traditions of
the Hebrew prophets and
Greek thinkers, Buddhist
sages and Christian
disciples, is a message*

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*as timeless as it is
timely. This insightful
work draws on the wisdom
stories of the ages to
provide an extraordinary
wellspring of hope and
inspiration to anyone*

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*thirsting for spiritual
growth and guidance in
these troubled times.*

*Who are we? Why do we so
often fall short of our
goals for ourselves and
others? By seeking to*

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*understand our
limitations and accept
the inevitability of
failure and pain, we
begin to ease the hurt
and move toward a
greater sense of*

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*serenity and self-
awareness. The
Spirituality Of
Imperfection brings
together stories from
many spiritual and
philosophical paths,*

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*weaving past traditions
into a spirituality and
a new way of thinking
and living that works
today. It speaks so
anyone who yearns to
find meaning within*

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*suffering. Beyond theory
and technique, inside
this remarkable book you
will find a new way of
thinking, a way of
living that enables a
truly human existence.*

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*The author invites
readers to be faithful,
to turn to God, to
reform their hearts and
lives and to call their
culture and Church to
radical transformation,*

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*in a collection of 408
meditations that spans
two decades and combines
reflections from the
author's popular
lectures and published
and unpublished*

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writings. Reprint.

*The Spirituality of
Imperfection
Spirituality And The
Twelve Steps
And Other Questions
Christians Ask about*

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Recovery

Wondrous Encounters

Daily Meditations

On being black and

feminist in South Africa

The Companion Journal

Whether reciting the gathas in

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Buddhist practice, the Shema in Judaism, or the Jesus Prayer in Christianity, for centuries the practice of breath prayer has helped center people from a variety of faith traditions on the sacred in everyday life. Through

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brief words of prayer or petition said silently to the rhythm of one's breath, this simple, meditative act combines praise for the divine with focused intention, creating a profound spiritual connection in the quiet,

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and even mundane, moments of the day . In Breath Prayer, Christine Valters Paintner, online abbess of Abbey of the Arts, introduces us to this spiritual practice and offers beautiful poem-prayers for walking,

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working, dressing, cleaning,
sitting in silence, doing the
dishes, living in
community--breathing the divine
into our daily lives. Over time
these recitations become as
natural as breathing. We don't so

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much recite the prayers as the prayers recite us, guide us, and open our hearts to the everyday sacred. With each of the forty prayers, Paintner includes reflections on life's ordinary beauty and heartfelt advice for

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discovering the sacred all around. Breath Prayer concludes with guidance for creating your own breath prayers to deepen your practice.

The Twelve Steps of Alcoholics Anonymous is Americas most

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significant and authentic contribution to the history of spirituality, says Richard Rohr. He makes a case that the Twelve Steps relate well to Christian teaching and can rescue people who are drowning

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in addiction and may not even realize it. To survive the tidal wave of compulsive behavior and addiction, Christians must learn to breathe under water and discover Gods love and compassion. In this exploration

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of Twelve Step spirituality, Rohr identifies the Christian principles in the Twelve Steps, connecting The Big Book of Alcoholics Anonymous with the gospel. He draws on talks he has given for over twenty years to people in

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recovery and those who counsel and live with people with addictive behavior. Rohr offers encouragement for becoming interiorly alive and inspiration for making ones life manageable for dealing with the codependence

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and dysfunction (sin) rampant in our society.

Drawn from the Gospels, Jesus, Paul, and the great Christian contemplatives, this examination reveals how many of the hidden truths of Christianity have been

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misunderstood or lost and how to
read them with the eyes of the
mystics rather than interpreting
them through rational thought.

NEW YORK TIMES

BESTSELLER □ From one of the
world's most influential spiritual

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thinkers, a long-awaited book exploring what it means that Jesus was called "Christ," and how this forgotten truth can restore hope and meaning to our lives. "Anyone who strives to put their faith into action will find

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encouragement and inspiration
in the pages of this
book. Melinda Gates In his
decades as a globally
recognized teacher, Richard
Rohr has helped millions realize
what is at stake in matters of

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faith and spirituality. Yet Rohr has never written on the most perennially talked about topic in Christianity: Jesus. Most know who Jesus was, but who was Christ? Is the word simply Jesus's last name? Too often,

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Rohr writes, our understandings have been limited by culture, religious debate, and the human tendency to put ourselves at the center. Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative

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view of Jesus Christ as a portrait of God's constant, unfolding work in the world. "God loves things by becoming them," he writes, and Jesus's life was meant to declare that humanity has never been separate from

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God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God, and more about learning to recognize the Creator's presence all around us, and in

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everyone we meet. Thought-provoking, practical, and full of deep hope and vision, The Universal Christ is a landmark book from one of our most beloved spiritual writers, and an invitation to contemplate how

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God liberates and loves all that
is.

Things Hidden

The Search for Our True Self

Falling Upward

The Naked Now

The Transforming Vision of Saint

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Francis in an Age of Anxiety

The Wise Advocate

A Spirituality for the Two Halves
of Life -- A Companion Journal

Don't miss this timely
contemporary young adult novel
from Alex Flinn, the #1 New York

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Times bestselling author of *Beastly*, about a teenage boy's struggle to break free from the cycle of abuse. "Gripping."
—Publishers Weekly Intelligent, popular, handsome, and wealthy, sixteen-year-old Nick Andreas is

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pretty much perfect—on the outside, at least. What no one knows—not even his best friend—is the terror and anger that Nick faces every time he is alone with his father. Then he and Caitlin fall in love, and Nick

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thinks his problems are over. Caitlin is the one person he can confide in, the only person who understands him. But when Nick's anger and jealousy overtake him, things begin to spiral out of control and Nick

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realizes that he's more his
father's son than he wants to be.
Now Nick must confront his inner
demons to stop the history of
violence from repeating itself.
Winner of the Black-Eyed Susan
Award An ALA Top 10 Best Book

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for Young Adults An International
Reading Association Young
Adult Choices List Pick A New
York Public Library Book for the
Teen Age Pick

The Trinity is supposed to be the
central, foundational doctrine of

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our entire Christian belief system, yet we're often told that we shouldn't attempt to understand it because it is a 'mystery'. Should we presume to try to breach this mystery? If we could, how would it transform our

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relationship with God and renew our lives? The word Trinity is not found in the New Testament—it wasn't until the third century that early Christian father Tertullian coined it—but the idea of Father, Son, and Holy Spirit was present

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in Jesus' life and teachings and from the very beginning of the Christian experience. In the pages of this book, internationally recognized teacher Richard Rohr circles around this most paradoxical

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idea as he explores the nature of God—circling around being an apt metaphor for this mystery we're trying to apprehend. Early Christians who came to be known as the 'Desert Mothers and Fathers' applied the Greek

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verb perichoresis to the mystery of the Trinity. The best translation of this odd-sounding word is dancing. Our word choreography comes from the same root. Although these early Christians gave us some highly

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conceptualized thinking on the life of the Trinity, the best they could say, again and again, was, Whatever is going on in God is a flow—it's like a dance. But God is not a dancer—He is the dance itself. That idea might sound

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novel, but it is about as traditional as you can get. God is the dance itself, and He invites you to be a part of that dance. Are you ready to join in? Using Zen parables and personal experiences, Rohr leads readers

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beyond the techniques of prayer
to a place where they can
receive the gift of
contemplation--and know that
everything belongs.

Dissolve the distractions of ego
to find our authentic selves in

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God In his bestselling book Falling Upward, Richard Rohr talked about ego (or the False Self) and how it gets in the way of spiritual maturity. But if there's a False Self, is there also a True Self? What is it? How is it found?

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Why does it matter? And what does it have to do with the spiritual journey? This book likens True Self to a diamond, buried deep within us, formed under the intense pressure of our lives, that must be searched for,

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uncovered, separated from all the debris of ego that surrounds it. In a sense True Self must, like Jesus, be resurrected, and that process is not resuscitation but transformation. Shows how to navigate spiritually difficult terrain

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with clear vision and tools to uncover our True Selves Written by Father Richard Rohr, the bestselling author of Falling Upward Examines the fundamental issues of who we are and helps us on our path of

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spiritual maturity Immortal
Diamond (whose title is taken
from a line in a Gerard Manley
Hopkins poem) explores the
deepest questions of identity,
spirituality, and meaning in
Richard Rohr's inimitable style.

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Reflections on Male Spirituality

Order, Disorder, Reorder

Zen and the Art of Planetary

Crisis

Radical Grace

The Divine Dance

The Universal Christ

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Forge Resiliency and Mental
Toughness to Succeed at an
Elite Level

*Shunryu Suzuki Roshi founded the
San Francisco Zen Center in 1962,
and after fifty years we have seen a
fine group of Zen masters trained in*

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the west take up the mantle and extend the practice of Zen in ways that might have been hard to imagine in those first early years. Susan Murphy, one of Robert Aitken's students and dharma heirs, is one of the finest in this group of young Zen teachers. She is also a fine writer,

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and following on the teaching of her Roshi she has engaged her spiritual work in the ordinary world, dealing with the practice of daily life and with the struggles of all beings. We know that our earth is in crisis, but is the situation beyond repair? Are we on a path of planetary disaster where the

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only proper response is to prepare for our melancholic dystopian future? Is there a way out of our suspicious cynicism? In the tradition of Thomas Berry, using this spiritual opportunity to change the very nature of our crisis, Susan Murphy offers a profound message, subtly presented

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with clarity and assurance, showing that engaged Buddhism provides a possible path to the necessary repair and healing.

Just This is a collection of brief and evocative meditations and practices. It invites us to cultivate the gift of waking up to the beauty of reality in

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all its glorious ordinariness. With his signature blend of contemplation, theology and pastoral sensitivity, Fr Richard Rohr creates a spaciousness for the soul to grow into a kind of seeing - one that goes far beyond merely looking, to recognizing and thus appreciating. This is the heart of

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contemplation, the centerpiece of any inner dialogue that frees us from the traps of our perceptions and preoccupations. The contemplative mind does not tell us what to see; it teaches us how to see what we behold. Praise for Richard Rohr's The Divine Dance: 'A beautiful

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choreography for a life well-lived.'

Bono, U2

This work presents a brief treatment of baptism in the New Testament and the author's personal conception of the sacrament as a divine-human symbol. The most significant element of New Testament teaching on

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baptism is the emphasis on the principal agents: God/Father, Son/Christ and Spirit. Any satisfactory conception of the Christian sacrament must take into account the roles of the Three. William A. Van Roo is a Jesuit of the Wisconsin Province in the U.S.A: . He was a

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*professor of theology in Gregorian
University from 1951 to 1985 then
professor emeritus*

*A valuable new companion journal to
the bestselling Breathing Under
Water! We are all addicted to
something, according to Franciscan
Father Richard Rohr. This Companion*

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Journal can help you work your way through the wisdom of the twelve-step program as outlined in Breathing Under Water, so you may determine the source of, and solution for, your own addictions. Containing reflections, discussion questions and room to write notes, the Journal

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encourages you to explore the process in a way that's relevant and meaningful for you. 'A must-read for any person who recognizes the need to go "inward" on their soul's journey to question what their relationship is with God, themselves, and others.'
The Cord 'Richard Rohr continues to

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guide us to greater wholeness . . . his books have helped countless souls, especially those who struggle with issues of brokenness and seek transformation.' National Catholic Reporter

*Scripture as Spirituality
Laudato Si'*

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From Wild Man to Wise Man

*Prompts And Practices For
Contemplation*

The Politics of Global Spirituality

Just Breathe

*How a Forgotten Reality Can Change
Everything We See, Hope For, and
Believe*

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Richard Rohr is a modern prophet calling us to change our ways. Rohr paints a critical picture of the prevailing thought, culture and attitudes of the present-day West which

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*he calls The Postmodern
Opportunity including our
cultural biases, our
embrace of victimhood, our
often fearful attitudes
toward one another and
toward the Church and*

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religion in general. Rohr offers hope in introducing the Franciscan path of transformation, the new way of being that would change the face of history.

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For 15 years, Daniel Epstein, a Marketing Director at one of the world's largest corporations, Procter & Gamble, traveled the world for business and for

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faith. Motivated by his own search to fill the "God-sized hole" in his life, he did not know where it would lead. He felt that if he did not develop some type of

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spiritual faith he would die. Born and raised a Jew, Daniel's challenges with relationships, work, and "life" forced him at age 36 to get on his knees and pray to a God he did

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*not know, a higher power
not specific to either his
own Judaism or any
religion, and ask for
help. In order to keep his
new found sense of faith
alive and to gain from the*

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*experience of others,
Daniel created a spiritual
exercise out of
interviewing people around
the world about the role
of faith in their lives.
As a photographer, Daniel*

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*also captured a moment
with each person in a
black and white portrait
meant to evoke their true
spirit. In 2012, Daniel
launched Portraits on
Faith online as the*

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***largest documentary
project on faith ever
compiled by a single
person. Over 100 of the
500 portraits shot have
been published from 27
countries, which have been***

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***viewed over 300,000 times
by people around the
world. As a culmination of
all the work that has to
this moment, Daniel is
publishing the first
volume of Portraits in***

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Faith, which include over 100 portraits, quotes, and reflections on faith from people spanning the world, from over 40 faith traditions and denominations.

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***Hailed by Tony Robbins as
the “definitive breathwork
handbook,” Just Breathe
will teach you how to
harness your breath to
reduce stress, increase
productivity, balance your***

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*health, and find the path
to spiritual awakening.*

Big meeting jitters?

*Anxiety over a test or
taxes? Hard time focusing?*

*What if you could control
your outcomes and change*

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***results simply by
regulating your breath? In
this simple and
revolutionary guide, world-
renowned pioneer of
breathwork Dan Brulé
shares the Breath Mastery***

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***technique that has helped
people in more than fifty
countries reduce anxiety,
improve their health, and
tap infinite stores of
energy. Just Breathe
reveals the truth that***

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elite athletes, champion martial artists, Navy SEAL warriors, first responders, and spiritual yogis have always known—when you regulate your breathing, you can

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*moderate your state of
well-being. So if you want
to clear and calm your
mind and spark peak
performance, the secret is
just a breath away.
Breathwork gives you the*

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*tools to achieve benefits
in a wide range of issues
including: managing
acute/chronic pain;
helping with insomnia,
weight loss, attention
deficit, anxiety,*

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***depression, trauma, and
grief; improving
intuition, creativity,
mindfulness, self-esteem,
and leadership; and much
more. Recommended “for
those who wish to destress***

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***naturally” (Library
Journal), Just Breathe
will help you utilize your
breath to benefit your
body, mind, and spirit.
TENTH ANNIVERSARY EDITION
“Brother Rohr may just***

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***take you to places you've
both avoided and longed
for, to truth, union, joy,
laughter, and, greatest of
all, to your own precious
self, here on earth with
us, child of God.”—Anne***

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***Lamott, from the foreword
We all suffer from
unhealthy dependencies
that we continually return
to in hopes of having a
better life. But after yet
another TV show is***

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*streamed or another drink
is swallowed, we find we
once again feel worse, not
better, than we did
before. Where is the hope
for that fully awakened
life we long to live?*

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***World-renowned author
Richard Rohr says we can
only be healed and find
true fulfillment by facing
our dependencies head-on.
In Breathing Under Water
he will guide you to:***

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***Disentangle from cultural
cycles of sin and
emptiness Discover how to
get free from your
personal toxic
dependencies Learn how the
Twelve Step program can***

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***supplement Christian
teaching Find compassion
for others and yourself
Enjoy a deeper spiritual
life, feeling certain of
God's love for you Those
who are ready to break***

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*negative patterns and
experience greater
internal freedom will find
bold hope and
transformation in this
insightful book.
Coral Castles*

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***Breathing Under Water
Storytelling and the
Search for Meaning
It Takes a Church to
Baptize
Just This
Surfacing***

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***What the Bible Says about
Infant Baptism***

"The feeling was electric-energy humming through my body. I felt like blood was pouring into areas of my tissues that it had not been able to reach for some

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time. It was relieving and healing, subtler than the feeling from getting off on drugs, but it was detectable and lovely, and of course, there was no hangover, just a feeling of more ease than I could remember. I

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felt a warmth come over me similar to what I felt when I had done heroin, but far from the darkness of that insanity, this was pure light-a way through." - Tommy Rosen, on his first yoga experience
Most of us deal with

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addiction in some form. While you may not be a fall-down drunk, anorexic, or a gambling addict, you likely struggle with addiction in other ways.

Workaholism, overeating, and compulsively engaging with

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technology like video games, texting, and Facebook are also highly common examples. And if you don't suffer from addiction, chances are you know someone who does. Through more than 20 years of recovery and in working

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**professionally with others,
Tommy Rosen has uncovered
core elements of recovery and
healing, what he refers to as
Recovery 2.0. In the book, he
shares his own past struggles
with addiction, and powerful,**

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tested tools for breaking free from the obstacles that stand in the way of a holistic and lasting recovery. Building off the key tenets of the 12-Step program, he has developed an innovative approach that includes • Looking

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at the roots of addiction; your family history and "Addiction Story" • Daily breathing practices, meditation, yoga, and body awareness • A healthy, alkaline-based diet to aid with detox, boost immunity, increase

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**vitality, support your entire
recovery, and help prevent
relapse • Discovering your
mission, living on purpose, and
being of service to others
Recovery 2.0 will help readers
not only release their addictions,**

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**but thrive in their recovery.
Yes, and...is an excellent daily
prayer resource for fans of
Richard Rohr's work, and those
who are looking for an alternate
way to live out their faith--a way
centered in the open-minded**

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**search for spiritual relevance of
a transforming nature. This
perennial book features daily
meditations, each written by
Rohr and adapted or excerpted
from his many written and
recorded works.**

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The Twelve Steps of Alcoholics Anonymous is America's most significant and authentic contribution to the history of spirituality, says Richard Rohr. He makes a case that the Twelve Steps relate well to Christian

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teaching and can rescue people who are drowning in addiction and may not even realize it. To survive the tidal wave of compulsive behavior and addiction, Christians must learn to breathe under water and

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**discover God's love and
compassion. In this exploration
of Twelve Step spirituality, Rohr
identifies the Christian
principles in the Twelve Steps,
connecting The Big Book of
Alcoholics Anonymous with the**

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gospel. He draws on talks he has given for over twenty years to people in recovery and those who counsel and live with people with addictive behavior. Rohr offers encouragement for becoming interiorly alive and

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**inspiration for making one's life
manageable for dealing with the
codependence and dysfunction
(sin) rampant in our society.**

**"In Peace Love Yoga, Jain
analyses growing spiritual
industries and their coherence**

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with neoliberal capitalism.

**"Personal growth," "self-care,"
and "transformation" are just
some of the generative tropes in
the narrative of these industries.
Jain illuminates the power
dynamics underlying what she**

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calls neoliberal spirituality, illustrating how spiritual commodities are rooted in concerns about deviancy, not only in the form of low productivity but also forms of social deviancy. Jain, however,

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**does not just offer one more
voice bemoaning the
commodification of spirituality
as a numbing device through
which consumers ignore the
problems of neoliberal
capitalism or as the corruption**

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or loss of "authentic" religious forms. Instead, she asks what we should make of subversive spiritual discourses that call on adherents to think beyond the individual and even out into the environment, claims to counter

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the problems of unbridled capitalism with charitable giving or "conscious capitalism," challenges to the imperialism behind the appropriation and commodification of products from yoga to mindfulness, calls

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for women's empowerment, and efforts to greenwash commodities, making them more environmentally "friendly" or "sustainable." Rather than a mode through which consumers ignore, escape, or are numbed to

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the problems of neoliberal capitalism, many spiritual commodities, corporations, and entrepreneurs, Jain suggests, do actually acknowledge those problems and, in fact, subvert them; but they subvert them

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**through mere gestures. From
provocative taglines printed
across t-shirts or packaging to
calls for "conscious capitalism,"
commodification serves as a
strategy through which
subversion itself is contained"--**

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**An Ancient Practice for the
Everyday Sacred
The Gift of Contemplative Prayer
Scripture for Lent
On the care of the common
home
Breathing Under Water**

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Companion Journal

Immortal Diamond

**Minding the Earth, Mending the
World**

*Laudato Si 'is Pope Francis'
second encyclical which
focuses on the theme of the*

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environment. In fact, the Holy Father in his encyclical urges all men and women of good will, the rulers and all the powerful on earth to reflect deeply on the theme of the environment and the care of

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our planet. This is our common home, we must take care of it and love it - the Holy Father tells us - because its end is also ours.

With over 100 Five-Star Reviews, Unbeatable Mind

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(2nd Edition) has deeply impacted the lives of thousands of people seeking strength in their thinking, mental-state, and self-development with a curated package of tools and

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*techniques not easily found
anywhere else. In this revised
and updated version of
Unbeatable Mind (3rd
Edition), Mark Divine offers
his philosophy and methods for
developing maximum potential*

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through integrated warrior development. This work was created through trial and error proving to thousands of clients that they are capable of twenty times more than what they believe. The powerful

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*principles for forging deep
character, mental toughness
and an elite team provided in
this book are the foundation of
the Unbeatable Mind 'working
in' program of Divine's
SEALFIT Academies and*

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renowned Kokoro Camp. They are being employed by a growing number of coaches, professors, therapists, doctors and business professionals worldwide. > Commander Divine is a retired Navy SEAL

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*and human performance
expert who works with elite
military, sport and corporate
teams, SEAL / SOF candidates
and others seeking to
maximize their potential,
leading to more balanced*

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success and happiness. The training is leading to breakthroughs in all walks of life and and cultivating a robust community of practitioners. > This book will specifically help you develop:

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> Mental clarity- to make better decisions while under pressure. > Concentration - to focus on the mission until victory is assured. > Awareness - to be more sensitive to your internal and

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external radar. > Leadership authenticity - to be a heart-centered leader and service oriented teammate. > Intuition - to learn to trust your gut and use mental imagery to your advantage. > Offensive

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"sheepdog" mindset - to avoid danger and stay one step ahead of the competition or enemy. > Warrior spirit - to deepen your willpower, intention and connection with your spiritual self.

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*Advent is not about a sentimental waiting for the Baby Jesus --Richard Rohr
Advent is a time to focus our expectation and anticipation on the adult Christ, the Cosmic Christ, who challenges us to*

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*empty ourselves, to lose
ourselves, to surrender.*

*Preparing for Christmas offers
daily meditations, prayers,
Scripture readings, and
questions for reflection for
each day of Advent.*

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Rohr's meditations on the daily readings of Lent are not for the sake of mere information, or even for academia (although the author hopes it will satisfy both), but for the sake of our transformation into

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our original "image and likeness," which is the very image of God. What always and finally matters for all of us is encounter! Father Rohr begins each meditation with a single title or phrase that sums

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*up the point. Then he offers
the meditation followed by key
passages from the readings.
He ends each meditation with
a Starter Prayer that invites
you to self-disclosure and to
enter the wondrous divine*

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*dialogue with clarity,
insight—and holy desire!*

*"There are two moments that
matter. One is when you know
that your one and only life is
absolutely valuable and alive.
The other is when you know*

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your life, as presently lived, is entirely pointless and empty. You need both of them to keep you going in the right direction. Lent is about both. The first such moment gives you energy and joy by

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*connecting you with your
ultimate Source and Ground.
The second gives you limits
and boundaries, and a proper
humility, so you keep seeking
the Source and Ground and
not just your small*

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*self."—From the Introduction
Daily Meditations by Richard
Rohr*

Eager to Love

*The Inner Voice of Strategic
Leadership*

The Trinity and your

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transformation

Breath Prayer

Mastering Breathwork

Preparing for Christmas

A Junior Library Guild Selection “In
Breathing Underwater, Sarah Allen
has created characters so alive and

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compelling that readers will root for them every mile of this moving, heartfelt journey.” —Dan Gemeinhart, author of *The Remarkable Journey of Coyote Sunrise* A sparkly, moving middle grade novel from Sarah Allen, and a big-hearted exploration of sisterhood, dreams, and what it means

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to be there for someone you love. Olivia is on the road trip of her dreams, with her trusty camera and her big sister Ruth by her side. Three years ago, before their family moved from California to Tennessee, Olivia and Ruth buried a time capsule on their favorite beach. Now, they're taking an

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RV back across the country to uncover the memories they left behind. But Ruth's depression has been getting worse, so Olivia has created a plan to help her remember how life used to be: a makeshift scavenger hunt across the country, like pirates hunting for treasure, taking pictures and making

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memories along the way. All she wants is to take the picture that makes her sister smile. But what if things can never go back to how they used to be? What if they never find the treasure they're seeking? Through all the questions, loving her sister, not changing her, is all Olivia can do—and

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maybe it's enough.

"A fresh way of thinking about spirituality that grows throughout life. In *Falling Upward*, Fr. Richard Rohr seeks to help readers understand the tasks of the two halves of life and to show them that those who have fallen, failed, or "gone down" are the only

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ones who understand "up." Most of us tend to think of the second half of life as largely about getting old, dealing with health issues, and letting go of life, but the whole thesis of this book is exactly the opposite.? What looks like falling down can largely be experienced as "falling upward."? In

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fact, it is not a loss but somehow actually a gain, as we have all seen with elders who?have come to their fullness.?? Explains why the second half of life can and should be full of spiritual richness Offers a new view of how spiritual growth happens loss is gain Richard Rohr is a regular

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contributing writer for Sojourners and Tikkun magazines This important book explores the counterintuitive message that we grow spiritually much more by doing wrong than by doing right."--
A revised and updated edition of the author's earlier best-seller, *The Wild Man's Journey: Reflections on Male*

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Spirituality adds three chapters that discuss John the Baptist, Saint Paul and grief. Original.

Leadership is the habit of making good choices. Even in difficult and uncertain circumstances, the most effective leaders focus their attention and overcome entrenched patterns of

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behavior to push an organization to new heights of success. This capability is no fluke: the latest research on the brain shows that we can pinpoint the mental activity associated with it—and cultivate it for our benefit. In this book, Art Kleiner, a strategy expert; Jeffrey Schwartz, a research psychiatrist; and

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Josie Thomson, an executive coach, give a transformative explanation of how cutting-edge neuroscience can help business leaders set a course toward better management. Mapping the functions of a manager onto established patterns of mental activity, they identify crucial brain circuits and

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their parallels in organizational culture. Strategic leaders, they show, play the role of wise advocates: able to go beyond day-to-day transactional behavior to a longer-term, broader perspective that articulates their organization's deeper purpose. True leaders can play this influencer role in

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an organization because they have cultivated similar self-reflective habits in their own minds. Providing a powerful guide to decision strategies and their consequences, The Wise Advocate helps managers find their own inner voice and then make that voice ring out loud and clear, with a

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four-step program for practice and catalytic implications for management strategy, executive education, and business results.

Portraits in Faith

Yes, And...

RECOVERY 2.0

Daily Meditations for Advent

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Learning to See as the Mystics See
The Wisdom Pattern

The Alternative Way of Francis of
Assisi

We are all addicted in some way.

When we learn to identify our
addiction, embrace our

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brokenness, and surrender to God, we begin to bring healing to ourselves and our world. In Breathing Under Water, Richard Rohr shows how the gospel principles in the Twelve Steps can free anyone from addiction –

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from an obvious dependence on alcohol or drugs to the more common but less visible addiction that we all have to sin. ‘ A must-read for any person who recognizes the need to go “ inward ” on their soul ’ s

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journey to question what their relationship is with God, themselves, and others. ' The Cord ' Rohr is a perfect writer on the subject of the 12 Steps. His easy-to-read book is essentially a commentary on each of the steps,

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with twelve chapters and a postscript that concisely tackles the big religious questions of human suffering, suffering with which addicts and their families are intimately acquainted. Jesus, Rohr answers, is no stranger to

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suffering . . . This is a good book for those in recovery from addiction and those who love them.

Publishers Weekly ‘ Richard Rohr continues to guide us to greater wholeness . . . his books have helped countless souls, especially

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those who struggle with issues of brokenness and seek transformation. ' National Catholic Reporter

The issue of baptism has troubled Protestants for centuries. Should infants be baptized before their

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faith is conscious, or does God command the baptism of babies whose parents have been baptized? Popular New Testament scholar Scot McKnight makes a biblical case for infant baptism, exploring its history, meaning, and

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practice and showing that infant baptism is the most historic Christian way of forming children into the faith. He explains that the church's practice of infant baptism developed straight from the Bible and argues that it must begin with

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the family and then extend to the church. Baptism is not just an individual profession of faith: it takes a family and a church community to nurture a child into faith over time. McKnight explains infant baptism for readers coming

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from a tradition that baptizes adults only, and he counters criticisms that fail to consider the role of families in the formation of faith. The book includes a foreword by Todd Hunter and an afterword by Gerald McDermott.

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Discover how reading the Bible can change your life. The Bible is meant to be about transformation, not merely information. In *Things Hidden*, Richard Rohr invites you to experience Scripture as spirituality—as a living text that

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can breathe new life into your relationship with God and change your way of seeing the world. Diving deep into topics like morality, power, and wisdom, Rohr paints a picture of a biblical God who is grace-filled and abundant,

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and who calls us to be fully alive. Things Hidden will invigorate your relationship with the Bible and leave you feeling nourished, hopeful, and better able to embody a Christ-centered spirituality.

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“ We are indeed 'saved' by knowing and surrendering to this universal pattern of reality. Knowing the full pattern allows us to let go of our first order, trust the disorder, and, sometimes even hardest of all—to trust the new

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reorder. Three big leaps of faith for all of us, and each of a different character. ” —from the introduction A universal pattern can be found in all societies and in fact in all of creation. We see it in the seasons of the year; the stories

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of Scripture; the life, death, and resurrection of Jesus; the rise and fall of civilizations; and even in our own lives. In this new version of one of his earlier books, Father Richard Rohr illuminates the way understanding and embracing this

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pattern can give us hope in difficult times and the courage to push through messiness and even great chaos to find a new way of being in the world.

12 Step Workbook

Hope Against Darkness

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Why Can't Church Be More Like an
AA Meeting?

Unbeatable Mind

The Christian Sacrament

Everything Belongs

Breathing Underwater

An anthology dedicated

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*to contemporary Black
South African feminist
writing influential to
today's scholars and
radical thinkers*

*Surfacing: On Being
Black and Feminist in*

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South Africa is the first collection dedicated to contemporary Black South African feminist perspectives. Leading feminist theorist,

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*Desiree Lewis, and poet
and feminist scholar,
Gabea Baderoon, have
curated contributions by
some of the finest
writers and thought
leaders into an*

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essential resource.

*Radical polemic sits
side by side with
personal essays, and
critical theory coexists
with rich and stirring
life histories. The*

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*collection demonstrates
a dazzling range of
feminist voices from
established scholars and
authors to emerging
thinkers, activists and
creative practitioners.*

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*The writers within these
pages use creative
expression, photography
and poetry in eclectic,
interdisciplinary ways
to unearth and
interrogate*

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*representations of
blackness, sexuality,
girlhood, history,
divinity, and other
themes. Surfacing asks:
what do the African
feminist traditions that*

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*exist outside the canon
look and feel like? What
complex cultural logics
are at work outside the
centers of power? How do
spirituality and
feminism influence each*

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*other? What are the
histories and
experiences of queer
Africans? What
imaginative forms can
feminist activism take?
Surfacing is*

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*indispensable to anyone
interested in feminism
from Africa, which its
contributors show in
vivid and challenging
conversation with the
rest of the world. It*

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will appeal to a diverse audience of students, activists, critical thinkers, academics and artists.

Francis of Assisi is one of the most beloved of

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*all saints. Both
traditional and entirely
revolutionary, he was a
paradox. He was at once
down to earth and
reaching toward heaven,
grounded in the rich*

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*history of the Church
while moving toward a
new understanding of the
world beyond. Globally
recognized as an
ecumenical teacher,
Richard Rohr started*

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*out—and remains—a
Franciscan friar. The
loving, inclusive life
and preaching of Francis
of Assisi make him a
recognizable and beloved
saint across many faith*

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*traditions. He was, as
Rohr notes, “a master of
‘making room for it’ and
letting go of that which
was tired or empty.”*

*Francis found an
“alternative way” to*

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follow Jesus, one that disregarded power and privilege and held fast to the narrow path of the Gospel. Rohr helps us look beyond the birdbath image of the

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*saint to remind us of
the long tradition
founded on his
revolutionary, radical,
and life-changing
embrace of the teachings
of Jesus. Rohr draws on*

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*Scripture, insights from
psychology, and literary
and artistic references,
to weave together an
understanding of the
tradition as first
practiced by St.*

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Francis. Rohr shows how his own innovative theology is firmly grounded in the life and teaching of this great saint and provides a perspective on how his

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*alternative path to the
divine can deepen and
enrich our spiritual
lives. The audio edition
of this book can be
downloaded via Audible.
Spirituality and the*

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Twelve Steps

Peace Love Yoga