

Choosing To Live How To Defeat Suicide Through Cognitive Therapy

Belle and Grandma Bee love to dance, but when Grandma Bee has trouble breathing one day, she tells Belle about her decision to start smoking as a girl and how it has affected her health throughout her life.

I CHOOSE TO LIVE is written for all women going through circumstances in life, which are causing them to feel alone and hopeless. It is intended to give hope to the hopeless and a new outlook on life to those who still struggle with the past. TINY STALLINGS-CLARK is a mother and celebrated poet. She is a graduate of Tennessee State University and works professionally as a Civil Engineer. In I CHOOSE TO LIVE, Tiny shares positive, exhilarating and calming food for thought in the form of poems of inspirations, messages encountered through scripture, personal experiences as well as lessons taught to her during her travels down the road of life

Choosing to Live delves deep into the loss and pain that someone experiences while making a choice to end their own life. It also allows a loving daughter, Jennifer, to give you her perspective on losing her mom as a young teen, and offers insights about Ingrid, Jen's mom. This book also explores the pain felt from losing a family member from cancer, a brother killed in Vietnam, and a sudden death of a parent. It also touches on the loss felt from losing someone thru the ending of a relationship.

Are you owning your power to choose? Are you as happy and healthy as you can be? Are you living as a victim or a creator of your life? Are you living in a toxic cycle? Choose Well To Live Well is a lifestyle based upon 5 fundamental practices to help you create a fit, healthy, and strong body and state of mind one choice at a time. You will learn to be a creator of your life instead of a victim of your circumstances. You will be in the drivers seat of your own health and wellbeing and learn to coach yourself out of a toxic cycle. Ready to get back to basics and start owning your choices?

The Ancient Secret to Longevity, Vitality, and Life Transformation

Live the Life You Choose

Life Is Binary

Choosing to Live Not to Die

Choosing a Life That Matters

Choosing Love

The Complexities of Assisted Dying

The whole premise for this book came from a choice I made in my life to live more intentionally.

I was tired of walking through this life without a plan and treating those around me indifferently. Living a life with intentionality necessarily means that I had to do a lot of the following: 1. Thinking 2. Meditating 3. Planning 4. Experimenting My heart's desire is to live a life whereby I am growing, spiritually, mentally, physically and emotionally. My desire is to have deeper and more meaningful relationships with those near and dear to my heart. To pour into others and be a mentor and encourager to my friends, family and co-workers. Consider how you can be more intentional in the following areas of your life: Time - we all have the same amount of time each day (24 hours). How are you going to spend that time? Talents - what are the skills and abilities that you have? Are you using them appropriately? How can you be more intentional about using your talents in a positive and meaningful way? Treasure - this is a tough one for many people. Being intentional about how you spend, save, give and invest your money will take time and thoughtful effort on your part. You must know how each dollar is spent and how you are going to use your money. If you can consistently be intentional about these three areas of your life, I believe you will find your life much more fulfilling.

Choosing colors for your home can become an overwhelming and confusing process—there is just so much on offer. Love Color will help you to bring your favorite colors to life by successfully making all those challenging decisions. Renowned international color expert Anna Starmer takes you by the hand and guides you through this lavishly illustrated rainbow world of color combinations, teaching you everything you need to know about hues, tones, accents, and foundation colors along the way. Start by simply choosing a color you love, then take your inspiration from our accessible and practical palettes to create your own color combinations. This book also includes removable color chart booklet so you can note and match your perfect colors anytime you are out and about.

Choosing to Live contains stories about people who tried to commit suicide, told in their own words, based on the author's interviews with them. Each story serves as a source of encouragement and speaks with a clear voice to all those who struggle with suicide to assure them that they are not alone. Choosing to Live is a must-read for individuals with suicidal feelings and for their relatives and friends who have suffered with them. Caregivers will gain new insights into the mental anguish that taunts individuals who battle the inner turmoil of facing each new day. The author believes that people crave to tell the story of their lives, even if it involves wanting to die. The names of the people involved have been changed, including identifying details, to preserve anonymity. Specific topics include: rejection, overwhelming stress, bullying, painful memories, teenage stresses, ups and downs, parental abuse, depression and anxiety, breakup of a significant relationship, lack of support, shame and addiction, dysfunctional relationships, and suicide of a parent. Choosing to Live provides a voice to those who have attempted suicide. It will serve as a valuable resource for psychiatrists, social workers, crisis counselors, clergy, medical practitioners, social welfare personnel, human service workers, and primary care providers.

This inspiring book is a journey to inner peace. Whether you are seeking to improve your personal relationships, work life, or emotional and physical well-being, The Power of Oneness

invites you to realize your amazing potential to bring the qualities of the life you want into your physical reality. Sandra Brossman clarifies how you can consciously use the power of thought to live a balanced life and experience unconditional love, health, joy, and abundance. She gently guides you to overcome obstacles standing in the way of your dreams. As her message unfolds, you become aware of the profound impact that your personal peace has in contributing to an outer world of harmony. In these pages you discover how to: Access your inner truth and expand your perceptions. Identify and release self-sabotaging behaviors. Heal emotional wounds. Integrate spiritual values into everyday life. Actively create the world in which you want to live.

Choosing Who's to Live

Stories of Those Who Stepped Away from Suicide

I Choose to Live

Love Color

A Guide to Opting Out of Struggle and Strife and Living in the Amazing Realm Where Everything is Easy

Ikigai, How to Choose Your Career Path and Discover Your Strengths + Your Unlimited

Opportunities & the Art of Personal Transformation

How to Defeat Suicide Through Cognitive Therapy

The secret to winning at life is one good choice at a time. Are you frustrated with your job, career, or relationships? if what you are doing right now in your life is the right thing? In this revolutionary new book, success and motivation Ziglar shares the good news that you can change and that, in fact, you can win at life. Choose to Win shows you how to make a massive change without massive upset. It all starts with identifying your why, which reveals the how that opens up a world of what. His revolutionary plan guides you through making one small choice at a time through a sequence of easy-to-follow steps in seven key areas: mental, spiritual, physical, family, finance, personal, and career. Ziglar also helps you identify the life-unhealthy habits that cause misery, dissatisfaction, and lack of success—and, more importantly, how to implement positive change through the trinity of transformation: desire, hope, and grit. The result is a more productive, more fulfilling, and more meaningful life. You can take control of your destiny and leave the lasting legacy you've dreamed about and deserve. You simply have to do so.

What changes would you make to your life if you could view it through the lens of a first responder? One More Light is a journey with veteran firefighter and paramedic James Geering. As each chapter unfolds, the heart-wrenching stories are shared with a unique physical and mental health perspective about preventing tragedy and unnecessary suffering. It's about the pursuit of wellness and fulfillment of one another. But most of all, this is a book that ultimately leaves you with the hope that, together, we have a fighting chance to thrive in an uncertain world.

Discusses the decision to commit suicide, presents strategies to overcome the crisis and get help, and offers a guide for family members and friends

Two months into a solo source-to-sea navigation of the Amazon river, adventurer, Davey du Plessis, was ambushed in the isolated jungles of Peru. The adventure turned into an intense moment-to-moment struggle to survive as he made his way wounded, through the dense jungle, seeking rescue and safety. Choosing To Live is Davey's personal account of his Amazon experience. He retells the remarkable story with an endearing openness, while sharing unique insights into the power of faith and his ability to maintain motivation in his balance between life and death.

One More Light

A Self-Made Millionaire Faces Cancer

Our Journey from Late Stage Cancers to Vibrant Health

Live The Life of Your Choice

Live the Life You Choose!

Ethics and Aging

Life can bring the unexpected—broken home, sexual abuse, toxic church environment, generational curses, sickness, and even death. Through it all, one must make two major decisions: to trust in God's unchanging hand and to live through it. It can make you bitter, or it can make you better. Throughout this book, you will see how I made a choice to live... Many circumstances were thrown in my way and tried to stop me and take my very life. Through my faith and relationship with the Lord, I made an adamant decision to live. To the readers, I pray you find yourself in this book. I pray that you are inspired to walk in faith and overcome any situation that has been put before you...

Remember, with God, all things are possible. Sincerely, Alexis Murphy

The Ancient Secret to Longevity, Vitality, and Life Transformation

What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to: - Recognize your innate strengths - Acquire the skills needed to nurture your best self - Identify and navigate past societal limitations often placed upon women - Strengthen your brand both

personally and professionally - Build a supportive and healthy community - Cultivate effortless style - Enhance your everyday meals with seasonal fare - Live with less, so that you can live more fully - Understand how to make a successful fresh start - Establish and mastermind your financial security - Experience great pleasure and joy in relationships - Always strive for quality over quantity in every arena of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everyday as much as the grand occasions. As you learn to live well in your everyday, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.

From Fearful Living to Fearless Loving! Are you ready to see love in a whole new light, let go of your deepest fears and everyday stresses, and experience real joy and abundance? Choosing Love redefines the way you perceive love and teaches you how to connect with yourself--and others--in ways you've never imagined. Using her years of expertise as a psychologist, professor, and energy healer, Sherianna Boyle guides you through each step of your journey with details on setting an intention to choose love, breaking free from fear and self-limiting beliefs, and tapping deep within yourself to access the love that's already there. Each page offers groundbreaking techniques for nurturing love's vibrations and releasing anything that no longer serves you. Complete with exercises and meditations to further open up your heart, Choosing Love will show you how to heal from past experiences, empower your inner voice, and manifest a full and fearless life.

Live Happy

A Remarkable True Story of Adventure and Survival in the Amazon Jungle

I Choose To Live

Choosing colors to live with

The Five Fundamentals to Create a Fit, Healthy and Strong Body and Mind

Choosing to Thrive After Trauma and Abuse

I've Decided to Live 120 Years

The population is rapidly aging while access to proper and affordable medical treatment is becoming more and more limited. This impasse challenges us to make ethical decisions regarding the rationing of health care.

Arguing that de facto rationing is already taking place due to economic necessity and that proper management of this rationing is essential to the fair and ethical treatment of all seeking care, Choosing Who's to Live directly addresses one of the most challenging moral questions of our day. Appearing in the wake of increasing awareness of health care reform, this volume identifies four compelling arguments for managed health care rationing: the number of citizens over age eighty-five will increase 500 percent by the year 2040; current baby boomers could live longer than today's elderly by seven to fifteen years; new medical technologies are appearing every day; and the ratio of workers to retirees will be 1:4 in forty years instead of the current 1:2.5. In this volume, six leading scholars take the discussion of rationing health care beyond the simple idea of withholding government-funded, life-saving treatment from the very old to a more ethical, effective treatment plan for all.

Become your own life coach without spending hundreds on one-on-one calls. You hear it all the time: "Your potential is limitless!" But what does it actually mean? If you're like most of us, then life certainly appears to have a great number of limitations. Maybe sometimes you even feel stuck, as if there is no way out. Does your boss repeatedly compliment your coworkers yet never seem to simply notice you? Do you constantly feel drained, as if the tasks before you are just too much for someone to undertake? In Your Unlimited Opportunities & the Art of Personal Transformation, you'll discover: Why your limiting belief system is the #1 obstacle in the way of your success and how you can overcome it today How you can turn your emotions into a superpower, and why this will impress the heck out of your boss The hidden aspects of procrastination and failure, and how you can turn them around for creating a more successful future In Ikigai, How to Choose your Career Path and Discover Your Strengths you will discover: A simple exercise that will help you know yourself more and understand what you find meaningful in a job Inspirational stories of career shifts that show you anything's possible, even if you're in your 40s and in a totally unrelated industry Why you can be a stronger candidate than people with more experience, and how you can build up your knowledge and skills without getting another degree With just a few minutes of focus per day, you can guide yourself towards a life of abundant opportunity and endless wealth. You can take back control of your life and become the person you've always wished you could be, but it won't happen without any initiative from your side of the equation...

"Don't be fooled by this book's simplicity: therein lies its power and magic! Choosing Easy World is transformational. It is an invitation to a new paradigm for living." —Marci Shimoff, #1 New York Times bestselling author and featured teacher in The Secret Contrary to what we've believed, life does not have to be hard. And it was never intended to be! Choosing Easy World explores the concept that we can access a place where everything works out effortlessly, harmoniously, and in support of our highest possibilities for well-being. As its title implies, Choosing Easy World reveals that the key to being in this reality—in "Easy World"—is as simple and easy as choosing to be. Woven throughout with powerful personal stories of opting into Easy World with remarkable results, Choosing Easy World provides readers with inspiration, instructions, and support for doing so themselves. In this book, you will learn: • How eleven simple words can take you to Easy

World • True stories of people who have used the Easy World technique to change their lives • The differences between Difficult World and Easy World • What to do when Choosing Easy World seems impossible • How to Choose Easy World even under the worst of circumstances • And many more techniques and stories using these powerful tools. Choosing Easy World not only gives you the secret to getting to this amazing alternate reality even in the most challenging of times, it teaches you how to transcend the Difficult World-addicted aspect of your mind and contains a wealth of practical, leading-edge strategies for supporting your Easy World existence. This life-transforming book is for everyone who • Is experiencing problems with finances, career, relationships, or any facet of life • Is tired of trying hard but feeling as though they're getting nowhere • Isn't experiencing joy as their usual state of being • Feels overwhelmed by their never-ending to-do list with all its shoulds and ought-tos • Is tired of doing things they're not passionate about, or even suited for, just to pay the bills. • Yearns to discover their life purpose and fulfill it • Is longing for contentment and inner peace—outer peace, too

Do you live in a befuddled state? Are you lacking direction and purpose? You can live the life you choose! If you need a little inspiration, encouragement, and direction in life, then this book is for you!. If you need a more positive midset, then this book is for you. You can choose to start moving in a positive direction, making a better life. This compact book is full great information and real life stories from Russ. It is full of actionable steps to move you in that positive direction, to encourage and inspire you, because you get to choose the life you live. Really, it's up to you!

Transform Your Life, One Simple Choice at a Time

Choose to Win

How to Live a Good Life

Choose Well to Live Well

Making Your Everyday Extraordinary and Discovering Your Best Self

Live

Inside My Heart

***Choosing to Live*How to Defeat Suicide Through Cognitive TherapyNew Harbinger Publications Incorporated**

When Jerry D. Campbell met his co-worker Veta, there was a policy that forbade employees from dating each other. Of course, they broke it - and ended up being sweethearts for forty-seven years. But when Veta died in April 2010, she left behind a husband devastated by grief. By forcing himself to work through it, he was able to deal with his loss while still enjoying life. If you're dealing with the death of a loved one, you can't run away from it. In this guidebook to working through loss, you'll learn how to: develop a grief calendar that will help you cope with loss; maintain a positive attitude as you work through new challenges; continue to go about daily life even though you may be alone. You'll also learn about the five stages of grief identified by Elisabeth Kubler-Ross and why the author thinks it's necessary to get to a sixth stage - one he identifies as growth. By knowing what to expect when a loved one dies and seeing what worked for the author, you'll find it easier to work through your own loss by Choosing to Live. " In her 1985 CBC Massey Lectures Doris Lessing addresses the question of personal freedom and individual responsibility in a world increasingly prone to political rhetoric, mass emotions, and inherited structures of unquestioned belief. The Nobel Prize-winning author of more than thirty books, Doris Lessing is one of our most challenging and important writers.

I believe we were put on this earth to enjoy lives of joy and abundance, and that is what I want for you and for me. It's not my intention to give people advice on how to solve their problems (I leave that to my husband). But I've had my share of struggles over the years, and I know a thing or two about what has worked for me. I have chosen to be an active participant in my life rather than a spectator, and in so doing I have chosen how to be a woman, how to be a wife, and how to be a mother in ways that are uniquely my own. I offer the stories of these choices as evidence of the power of sheer determination, will, and faith in God. You've seen her on television with her husband, Dr. Phil. But now it's time for a heart-to-heart conversation with Robin McGraw. In Inside My Heart, Robin speaks woman to woman, inspiring you to embrace and celebrate the many roles you play and encouraging you to make deliberate choices that lead to a richer, happier, and more meaningful life. She shares with you the life-changing moments of her childhood years, dating and marrying Dr. Phil McGraw, raising two sons, and asserting herself as a woman in a man's world to show you that you have the power to make choices in your life. In fact, she's convinced that you must choose to go after the life you want. With a deep and abiding faith in God, Robin McGraw shares her story so you too can make choices that reflect your own heart's truest priorities and highest goals.

The Power of Oneness

Choose to Live Life

Choosing to Live

Choosing to Live an Intentional Life

Living the Simply Luxurious Life

Prisons We Choose to Live Inside

How Changing Your Thoughts Will Change Your Life

The inspirational memoir of an immigrant child who lived his entire life with prosthetics and followed his dreams to work in major league baseball.

Joyce and Kevin O'Brien overcame major health challenges, and along the way, awakened to the hope of a whole new, healthy way of living. As husband and wife both diagnosed with late-stage cancers, they are living proof that it's possible to prevent and reverse cancer by focusing on healing body, mind and spirit. By identifying the root causes of illnesses, removing the root causes and allowing the body to heal itself, complete health can be restored. This "Choose to Live!" fills the niche of hope for the millions of people living with cancer and other illnesses, their family members, and those who want to remain healthy with preventive approaches to wellness.

A collection of essays by fifteen philosophers presenting a thoughtful, introductory guide to choosing a philosophy for living an examined and meaningful life. Socrates famously said "the unexamined life is not worth living," but what does it mean to truly live philosophically? This thought-provoking, wide-ranging collection brings together essays by fifteen leading philosophers reflecting on what it means to live according to a philosophy of life. From Eastern philosophies (Daoism, Confucianism, and Buddhism) and classical Western philosophies (such as Aristotelianism and Stoicism), to the four major religions, as well as contemporary

philosophies (such as existentialism and effective altruism), each contributor offers a lively, personal account of how they find meaning in the practice of their chosen philosophical tradition. Together, the pieces in *How to Live a Good Life* provide not only a beginner's guide to choosing a life philosophy but also a timely portrait of what it means to live an examined life in the twenty-first century. A VINTAGE ORIGINAL

"Once you become aware of a thought that is limiting you in one way or another, you then have the power to change it." The thoughts and beliefs we have about ourselves and the world around us create our reality. That reality is the matrix in which we make choices that affect our life and our level of joy every day. Through her compelling personal stories, humor, and the vulnerable nature in which she shares pieces of her own life, Christine Sopa guides you on a journey of self-discovery where you will learn to use the power of your thoughts to achieve joy in an ever-changing world. Many of us have come to a point in our lives where we know we can look back but never go back. At this point, it is imperative to be able to see the bigger picture of your life, to understand that you deserve and have the power to create the world around you as you want it to be and that guidance is available to all of us every step of the way. All we have to do is learn how to listen. On this journey of self-exploration, you will learn to understand what barriers keep you from overcoming your deepest fears, how to use your emotions as a guide in making choices, and finally understand why you make the choices you do in your life. *Choosing the Life You Were Born to Live* gives away the secret to believing in yourself, how to make choices that will honor your highest path in life and why life shows up the way it does. If you are ready to transform your life once and for all, then this is the journey for you!

Choose to Live

remain alive, be alive at a specified time, have an exciting or fulfilling life

Swinging for the Fences

Out of the Shadows, into the Light

Living Intentionally

The Choice to Live Love Or Limitation

Dying to Live

I lived through the Dutroux affair from the inside, and all these years I have kept silent about it - about my 'personal' Dutroux Affair, my time in the company of the most hated psychopath in Belgium. I need to write this book for three reasons: so that people stop giving me strange looks and treating me like a curiosity; so that no one ever asks me any more questions ever again; and so that the judicial system never again frees a paedophile for 'good behaviour'. 'The Dutroux Affair' shook the whole of Europe. In the middle of the immense machinery of investigation and justice there was Sabine Dardenne herself, Dutroux's last victim. She was held captive for eighty days - and survived. Far from sensationalising the horror, her story, dignified and restrained, is ultimately uplifting. Says Sabine Dardenne, 'I choose to live'.

The author of *Choose to Be Healthy* explores the many facets that comprise a peaceful, satisfying life. In plain yet inspiring language she shows readers how to hear their inner voices and discover these facets within their own lives. The book is filled with advice, meditations, and affirmations.

This book is a compelling account of an ordinary working mans' awakening to the reality of the connectedness of all life and Intelligent Awareness . After suffering with panic attacks for some time he searched deeply for reasons and solutions. He uncovered a whole lot more than he was looking for and through his dedication we have here a wondrous account of the knowledge and wisdom he gleaned. A door is opened to the knowing that this consciousness is available to us all. He lays out simple steps and choices we can make to move towards a personal experience of this natural inherent Universal Intelligence. He inspires us to know that a life unexplored and unexamined is a missed opportunity, a tragedy even, as the fruits of living with Awareness beyond the limited personal logical thinking self are immeasurable. The delights are infinite and the benefits not only to us personally but more importantly to human kind as a whole are deeply needed.

John C. Maxwell, #1 New York Times bestselling author, helps readers take the first steps to living a life that matters in *INTENTIONAL LIVING*. We all have a longing to be significant. We want to make a contribution, to be a part of something noble and purposeful. But many people wrongly believe significance is unattainable. They worry that it's too big for them to achieve. That they have to have an amazing idea, be a certain age, have a lot of money, or be powerful or famous to make a real difference. The good news is that none of those things is necessary for you to achieve significance and create a lasting legacy. The only thing you need to achieve significance is to be intentional. And to do that, all you need to do is start. You can't make an impact sitting still and doing nothing. Every major accomplishment that's ever been achieved started with a first step. Sometimes it's hard; other times it's easy, but no matter what, you have to do it if you want to get anywhere in life. In *INTENTIONAL LIVING*, John Maxwell will help you take that first step, and the ones that follow, on your personal path through a life that matters.

How to Get Unstuck and Live Your Best Life 2 Books in 1

Choosing Easy World

A Guide to Choosing Your Personal Philosophy

Choosing the Life You Were Born to Live

A Story of Three Altered Lives

Life, Death and Humanity Through the Eyes of a Firefighter

Choosing to Live for God's Purposes

With many jurisdictions considering whether or not to implement new assisted-death legislation, *Choosing to Live, Choosing to Die* is a timely look at the subject for teen readers who may not yet have had much experience with death and dying. Readers are introduced to the topic of assisted dying through the author's own story. The issue continues to be hotly debated in families, communities and countries around the world, and there are no easy answers. *Choosing to Live, Choosing to Die* looks at the issue from multiple perspectives and encourages readers to listen with an open mind and a kind heart and reach their own conclusions.

At 45, Bill Johnson, faced with chronic illness and the loss of everything important to him, decided to die, seemingly in stark contradiction to how he'd lived his life. Since his devastating accident at 13, he'd fought for decades against disability and prejudice to achieve a fulfilling and successful life. As his wife, Carolyn Lee witnessed his final conundrum, and was persuaded to support him as he died by euthanasia. This is the story of Bill's death and his life, much of which the author discovered afterwards, in seeking to understand his fearless final decision. 'Somehow I must tell of that day ... It is, after all, the initiating event of his story. It caused everything that followed: the bad, first, which endured for a long time. But also the good. This event set up the defining paradox of his life. To fight endlessly for a satisfying quality of life, but once that quality was gone, to face death with more than bravery; to embrace it.' 'A moving

and intensely reflective journey into a life, a love and a death.' —Margaret Simons, Walkley Award-winning journalist and author

There's a big difference between being alive and knowing how to truly live. Live, from New York Times bestselling author Sadie Robertson, addresses life's most difficult issues and choices in fun, practical, and biblical ways, leading you to engage with God's truth in a world that is growing more overwhelming and confusing. To be alive is something that happens to you, but to truly live is something you choose to do each day. As Sadie says, "When you truly learn to live the life God offers, your whole existence becomes a verb." In Live, Sadie inspires teens and young adults to thrive by making choices that will lead them into the fullness God has for them, not into the emptiness the world offers. Find confidence, deal with haters, live in the moment, and discover the power of words identify the difference between what leads to life and what leads to death wholeheartedly embrace God's ways and God's truth Live is the perfect gift for young, Christian women on birthdays, for graduation, or as a "just because" for self-care and self-discovery. With full-color photography and captivating design, Live helps teens and young adults feel empowered and inspired. Whether you have a long-time relationship with God or are new to faith, Live is a joyful encouragement to make the most of each moment, make wise decisions, and always seek the truth of the Bible. Filled with stories and biblical principles, Live celebrates what we all have in common—the opportunity to not simply be alive but to truly live. Sadie is a wholesome and trusted role model and enthusiastic voice for her generation, reaching millions of teens, young adults, and parents through her books, social platforms, and hit podcast, WHOA That's Good. Look for additional inspirational, bestselling books from Sadie: Live Fearless Live on Purpose Who Are You Following? Who Are You Following? Guided Journal

By the time he was diagnosed with terminal pancreatic cancer in 2007, Mischa Weisz had all he needed to face the fight of his life. A child of Holocaust survivors, he felt distant from his parents and had no idea of his own heritage until he was well into his teens - too late to adopt it as his own. When Mischa and his first wife split, he battled for custody of their son and daughter, emerging as an unlikely but devoted single father living on unemployment insurance as he plotted his move into independent business. His work with computers and bank machines positioned him to take advantage when the Canadian government opened the Interac network to independent operators. Weisz grew his company into a powerhouse, amassing a fortune processing ATM withdrawals that Canadians make at gas stations, variety stores, casinos, and other locations. On October 2, 2009, Mischa passed away at the age of 53. In this inspiring memoir he documents how it's possible to thrive even in the toughest conditions and demonstrates how he lived on his terms while battling cancer for more than two years.

Befuddled?

Choosing to Live Smoke Free

Intentional Living

Choosing to Live an Extraordinary Life

Choosing to Live with Passion and Purpose

Choosing to Live, Choosing to Die

Discover How to Connect to the Universal Power of Love--and Live a Full, Fearless, and Authentic Life!

An eye-opening shift of perspective on the secret of authentic happiness: how surprisingly simple, everyday acts lead to lifelong joy and fulfillment, from the experts at Live Happy magazine. We are all increasingly hungry for soul-deep happiness. All over the globe, from the hallways of Harvard, where the university's most popular course is a class on positive psychology, to the United Nations' resolution naming March 20th the International Day of Happiness, the question of how to be authentically happy concerns millions of lives today. But what if the secret of lasting happiness is actually . . . simple? Now, in Live Happy, the editors of Live Happy magazine, the first lifestyle publication dedicated to the timeless quest to achieve authentic happiness, reveal that true happiness is all about the big impact of small acts of everyday happiness. Organized around the key components of a happy life, from gratitude to attitude and play to purpose, Live Happy brings together illuminating real-life happiness stories, eye-opening examinations on the science of happiness, and simple and inspiring everyday "happy acts" to empower readers to achieve big happiness breakthroughs. Authentic happiness is within reach—and Live Happy shows readers how they can manifest it not only in their own lives but also make a positive and lasting difference in the world.

How long has it been since you made an intentional decision that shaped your life? Did that decision draw you closer to God or lead you away from Him? This thought-provoking book unveils God's intentional decision to place us here, not so we could wander aimlessly, but to include us in what He is doing. As a result of this truth, where we live, how we live, and why we live become matters of great importance. Jesus lived intentionally. He was sent into the world and has already walked where we are to walk. He came to point the way to God, to save, and to serve. As a true Christ follower, we should have the same mission. Intentional Living will inspire you to begin applying this lifestyle philosophy by loving God with your whole being. Intentionally commit to think with God's mind, see through God's eyes, embrace God's personality, feel with God's heart, tell God's story, influence with God's light, and serve with God's strength.

Choose to Live Peacefully

Ten Practices for Choosing Joy

A Memoir of My Husband

No Thanks, But I'd Love to Dance!