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Circle Of Stones Judith Duerk

*Wild & Wise is a
collection of guided
meditations: a potent
tool for personal and
global transformation
inviting you to access
your wild and wise*

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inner knowing. Suitable for reflective reading, or to facilitate healing and empowerment for women who gather in red tents, moon lodges, women's circles and ceremonies.

Based on the connection between physical and spiritual health, a popular holistic guide to alternative medicine for women contains an

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alphabetical list of women's ailments and conditions, including fibroids, menstruation, vaginitis, and menopause. Reprint. Teaches women to free themselves from eating disorders by finding the metaphors hidden in their own life stories

“An honest, compelling, surprising, and vastly reassuring book about

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the spiritual life of women . . . This landmark book is spiritual precisely because it is authentic.”—Joan Borysenko, Ph.D., author of Minding the Body, Mending the Mind With a foreword by Jean Shinoda Bolen, M.D. For many contemporary women, the old patriarchal

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models of religion are no longer relevant, forming a need to look beyond the male-oriented past to a wider, more fulfilling spiritual horizon. In this fascinating and thought-provoking book, Sherry Anderson and Patricia Hopkins show how many women have redefined traditional beliefs and rediscovered

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*their own unique
spiritual heritage—The
Feminine Face of God.
Anderson and Hopkins
guide you through the
sacred garden of: •
Childhood—seedbed of
life's sacred passage •
Leaving home—finding
your own inner
authority •
Relationships—new
perspectives on intimacy
• Spiritual practice—the*

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*importance of guidance
and discipline •*

*Sexuality—a wild card
constantly cracking*

open the heart • And

*much more As women
enter their sacred*

*garden and learn the art
of inner listening, they*

*acquire the tools for
living, loving, and*

praying authentically.

*In The Feminine Face of
God there are seeds for*

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growth: for creating and sustaining intimacy and love in a new way; for a new understanding of sexuality; for a new vision of family, a family of choice in a community of love.

The definitive guide for people wanting to make a positive difference in the world.

How Women Can Transform Their

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*Relationship with Food
Through Myths,
Metaphors, and
Storytelling
How to Heal Your
Broken Heart
Small Changes That
Make A Big Difference
A Circle of Stones
Exploring the Wisdom
and Power of the Divine
Feminine Around the
World
When Society Becomes*

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an Addict

*The 7 Central Practices
to Awaken Heart and
Mind*

Heroes Among Us
reminds us all of the
courage and dignity
it takes to stand up
for oneself and
those around us. By
chronicling such
bravery, John
Quiñones captures

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America's can-do spirit and shows that through the slightest good deed, each one of us harbors a hero within. Texas native and veteran ABC journalist John Quiñones has traveled the world and the country reporting on

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hundreds of stories during his illustrious career. Long ago he realized that the stories he was most attracted to had one thing in common—a shared focus on the goodness inherent in ordinary Americans.

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According to John,
truly heroic
individuals are
people who make
difficult choices,
even in the face of
danger, without
giving in to fear.
They don't expect
fame or money for
their
efforts—they're just
doing the right

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thing. They are
compassionate and
courageous, and
our world would be
a far worse place
without them. They
rarely get the
recognition they
deserve. Heroes
Among Us means to
change that. Along
with reporting the
many stories of

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heroes he's met,
John also shares his
own touching
personal narrative
of his rise from
humble roots as the
son of a laborer and
a house cleaner to
his life as a network
anchor. His is one of
the most American
of stories. Heroes
Among Us, in its

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stories of selflessness, strength and bravery, offers inspiration, ultimately challenging each of us to learn from the great deeds of our neighbors and, in turn, to follow in that same heroic spirit. This is a book

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to cherish, one whose wisdom will be felt for years to come.

"Life sometimes is hard. There are challenges. There are difficulties. There is pain. As a younger man I sought to avoid them and only ever caused myself more

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of the same. These days I choose to face life head on—and I have become a comet. I arc across the sky of my life and the harder times are the friction that lets the worn and tired bits drop away. It's a good way to travel; eventually I will

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wear away all
resistance until all
there is left of me is
light. I can live
towards that end."

—Richard

Wagamese, Embers
In this carefully
curated selection of
everyday
reflections, Richard
Wagamese finds
lessons in both the

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mundane and sublime as he muses on the universe, drawing inspiration from working in the bush—sawing and cutting and stacking wood for winter as well as the smudge ceremony to bring him closer to the Creator.

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Embers is perhaps
Richard
Wagamese's most
personal volume to
date. Honest,
evocative and
articulate, he
explores the various
manifestations of
grief, joy, recovery,
beauty, gratitude,
physicality and spiri
tuality—concepts

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many find hard to express. But for Wagamese, spirituality is multifaceted.

Within these pages, readers will find hard-won and concrete wisdom on how to feel the joy in the everyday things. Wagamese does not seek to be

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a teacher or guru, but these observations made along his own journey to become, as he says, "a spiritual bad-ass," make inspiring reading.

A fictionalized memoir relates the sexual awakening of Melissa P., an

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Italian teenager
who regards sex as
a means of self-
discovery and
engages in a wide
variety of lascivious
and libertine acts
with an even wider
variety of partners.
A first novel.
Original. 50,000 first
printing. \$50,000
ad/promo.

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This edition includes Liber 777, Gematria (from Equinox Volume 1, Number 5), and Sepher Sephiroth (from Equinox Volume 1, Number 8).

This celebration of womanhood, with a foreword by Dr. Joan Borysenko,

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delights in the joy of the feminine soul. In a time when it might not be politically correct to speak of such a uniquely feminine soul, Quinn takes the position that finding one's own authentic voice is imperative if we are to value a universal

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livelihood of love
and community.
The Better World
Handbook
Celebrating The
Extraordinary
Blessings Of Being
A Woman
Poems
The Spiritual
Advantage of a
Painful Childhood
Embodying Skillful

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Action, Wisdom,
and Compassion
Angels in Waiting
A Companion for
Reflection and
Prayer
Essential
Spirituality
beautifully
articulates the
benefits of spiritual
living in the

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material world.-Dan
Millman, author,
Everyday
Enlightenment and
The Way of the
Peaceful Warrior""
Deceptively simple.
Its power is rooted
not only in Dr.
Walsh's formidable
intellectual capacity
to deal effectively

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with a vast body of religious literature but in his own deep spiritual practices in a multitude of disciplines over many years. An important contribution." -Ram Dass, author, Be Here Now "An absolute masterpiece . . .

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Essential

Spirituality is
helpful to both the
unseasoned and
seasoned seeker.

The writing is deep,
simple, and clear yet
at the same time
poetic and musical.

A must

read." -GERALD

G. JAMPOLSKY,

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M.D. author, Love Is Letting Go of Fear ""Energetic, engaged, and occasionally electrifying. . . . The field of spiritual books has been looking for its own Lewis Thomas or Carl Sagan, and I believe Roger Walsh

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may be that

one." -KEN

WILBeR, author,

One Taste and A

Brief History of

Everything Based

on over twenty years

of research and

spiritual practice,

this is a

groundbreaking and

life-changing book.

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In his decades of study, Dr. Roger Walsh has discovered that each of the great spiritual traditions has both a common goal and seven common practices to reach that goal: recognizing the sacred and divine

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that exist both
within and around
us. Filled with
stories, exercises,
meditations, myths,
prayers, and
practical advice,
Essential
Spirituality shows
how you can
integrate these
seven principles into

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one truly rewarding way of life in which kindness, love, joy, peace, vision, wisdom, and generosity become an ever-growing part of everything you do.

"A guide that shows writers how to create a compelling

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memoir or personal
essay, with advice
on structure,
technique, revision,
publication, and
conquering writer's
block"--Provided by
publisher.

Are you struggling
to figure out who
you are now that
you're a mama? Do

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you feel like you're coming last in your own life? Do you feel guilty for not loving every moment of this motherhood gig? As someone who used to put themselves last-doing everything she thought was 'right'

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for her children and family, but not really listening to what her body and her spirit was begging for-Amy understands first-hand the overwhelm and complex range of emotions that mothers face. Amy's background as a

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journalist set her on the path to uncover all that she could about the latest research on matrescence, the transition a woman undergoes when she becomes a mother. She now shares what she's learned in the hope that it

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will help you navigate this stage of your life. Happy Mama includes interviews with experts, case studies and Amy's own tried-and-tested advice on how to reconnect with the woman you are underneath all that washing,

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cleaning and caring. Full of useful and empowering insights that will help you change the way you feel about motherhood-and yourself-so you and your whole family can flourish.

This is a wonderful

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book for those interested in learning about amulets and how to create them. Kim Farnell's expertise makes her the ideal guide. Her knowledge is sound and her instructions are always clear and easy to follow.

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This is the tenth anniversary edition of the classic bestseller for women seeking their sacred connections. Long ago before the patriarchal period, in many places on Earth, the Goddess was worshipped.

Circle of Stones

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draws us into a meditative experience of the lost Feminine and creates a space for us to consider our present lives from the eyes of women's ancient culture and ritual.

Incorporating the most ancient symbol

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of spirituality — the circle of stones — Duerk weaves stories, dreams, and visions of women to lead each reader into a personal yet archetypal journey, posing the reflective question, "How might your life have been different if . . .

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?" Reading group
guide included.

Sepulchre

Naked, Drunk, and
Writing

The Unfolding of
the Sacred in
Women

The Amulet Manual
Woman's Quest for
Wholeness

Woman's

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Encounter Within
Herself

Discover Your
Woman Within

On Divorce, the
Break Up, and a
Broken Heart

Originally published
in 1987, and
continuously in print
since then, *Coming
Apart* has been an

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important resource
for hundreds of
thousands of
readers
experiencing painful
breakups. Whether
going through a
divorce, separation,
or break up,
bestselling author,
Daphne Rose
Kingma, offers the
tools and validation

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needed to move forward. Bad breakups and stressful situations. Love is great; a broken heart, not so much. Usually accompanied by insomnia, loss of appetite, and depression, the end of a relationship is a hard time for

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anyone. Getting over a break up requires grit and understanding. This breakup first aid kit helps you get through heartbreak without falling apart and with your self-esteem intact.

Uncoupling and understanding.

While only time can

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heal wounds,
understanding what
transpired in each of
our relationships is
what allows us to
finally let go and
move on. With a
refreshing
perspective on
relationships,
Coming Apart helps
us understand that
all relationships

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come with lessons to be learned. So, rather than obsess over your ex, explore the critical facets of relationship breakdowns: • Why we choose who we choose • What relationships are really about • The life span of love •

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How to get through
the end • A personal
workbook to
process and move
forward With a
foreword by the
author of Conscious
Uncoupling,
Katherine
Woodward Thomas,
this new edition is
sure to impress fans
of, *How to Survive*

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the Loss of a Love,
Getting Past Your
Breakup, The
Breakup Bible,
Uncoupling, and
other divorce books
for women.

- Explains
specifically how to
initiate contact with
angels and spirit
guides, how to
recognize their

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signs, and how to
appeal to your
guardian angel •
Reveals the various
forms angels take,
from archangels to
guardian angels,
their strong desire to
assist us, and how
they can help you
find your soul 's
purpose • Shares
real stories of

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angelic assistance
for common
problems, from
financial matters to
emotional and
physical healing to
finding new love
after heartbreak
Even if you are
unaware of their
presence, angels
are always available
to help you. If you

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have experienced a lucky break or happy coincidence, it was most likely orchestrated by your guardian angel.

And, as Robbie Holz reveals, if we give angels permission to enter our lives, if we ask for their help in navigating life 's many challenges,

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their assistance is much more profound and effective. In this step-by-step guide to calling on angels and benevolent spirit guides, Holz explores how to initiate and nurture your angelic relationships and engage their

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powerful assistance
to overcome
struggles and
manifest your
desires. She
explains the various
forms angels
take--from
archangels to
guardian angels,
their strong desire to
help us, and how
the angelic realm

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assists humanity.

The author reveals specifically how to contact angels and spirit guides, how to recognize their signs, and how to differentiate between guidance from your own mind and from the angels. She provides exercises and

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guided meditations to help strengthen your intuition and develop a closer connection to your celestial team.

Sharing real stories of angelic assistance, Holz shows how our celestial guides can help with financial matters, job

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searches, and dealing with difficult people. They can help those who need physical and emotional healing as well as offer relief from stress, anxiety, fears, self-doubt, self-hatred, and depression. Your spiritual team can aid in mending

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damaged relationships and finding love after heartbreak, helping you to open your heart once again. They can also support you in discovering your soul ' s purpose, accelerating conscious evolution, and shifting into the

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love-based fifth dimension. By engaging your angelic team, you will have access to a powerful and unlimited source of help that is always on call and always ready to work miracles on your behalf.

Circle of

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StonesWoman's
Journey to
HerselfNew World
Library
In this
groundbreaking
book, Dr. Henry
Grayson shares his
breakthrough
techniques for
creating deeper and
more lasting
connections with our

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loved ones. Henry Grayson, a psychologist, relationship counselor, psychoanalyst, and former minister who has been working with couples and individuals to improve their relationships for over thirty years,

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has found that most people are actually more unhappy after marriage counseling or couples therapy. In Mindful Loving he sets aside the traditional methods of therapy to show you how to look at your relationships from a completely different

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perspective. By getting to the root of our relationship problems, which stem from our thoughts and beliefs and mistaken ideas about our own identities, Grayson creates a whole new framework—one where psychology, spirituality, and

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science meet—in
which to view
intimacy.

In tribute to the
thousands of
women who have
been drawn to the
evocative
reflections, images,
and meditations of
Judith Duerk, this
beautiful 10th
anniversary

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hardcover

celebrates women's
sacred connections.

10 Practices for
Creating Deeper
Connections

Remembering
Ourselves Home

One Ojibway's
Meditations

I Am a Woman
Finding My Voice

Awaken as You

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Duerk

Grow Older

Embers

Mindful Loving

*In celebration
of the 10th*

*anniversary of
Judith Duerk's*

*best-selling
Circle of*

Stones,

*Innisfree Press
issued a*

worldwide "call

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*for writing and
art," inviting
women to share
their stories,
poems, and art
in response to
the question,
"How has the
affirming,
sustaining
presence of
women made a
difference in
your life?" The*

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*selections
chosen for The
Circle Continues
-- representing
sixty-five women
from eight
countries -- are
a testament to
women's
strength,
compassion, and
wisdom. Book
jacket.*

Companion to the

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Duerk

*beloved
bestselling
classic Circle
of Stones, I Sit
Listening to the
Wind invites
women everywhere
to tap into the
powers of
interiority,
regain the
sacred, and
create
communities of*

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Duerk

*support – in the
process*

*reimagining and
remaking the
modern world.*

*Without coming
to terms and
seeking balance
with their*

*masculine side,
Judith Duerk*

*says, women can
never reach the
full potential*

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Duerk

*of their
feminine side.
For those
seeking balance
between the
masculine urge
to do and the
feminine desire
to be, Duerk's
mixture of
prose, poetry,
and reflective
questions
creates a model*

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for integration.

*Includes a
reading group
guide.*

*At some point
after fifty,
every woman
crosses a
threshold into
the third phase
of her life. As
she enters this
uncharted
territory -- one*

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Duerk

that is generally uncelebrated in popular culture -- she can choose to mourn what has gone before, or she can embrace the juicy crone years. In this celebration of Act 3, Jungian analyst Jean

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*Shinoda Bolen
names the
powerful new
energies and
potentials, or
archetypes, that
come into the
psyche at this
momentous time,
suggesting that
women getting
older have
profound and
exciting reasons*

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*for welcoming
the other side
of fifty. As
Bolen has
explained in her
remarkable body
of work, there
are goddesses in
every woman,
deep archetypal
sources of
wisdom,
authenticity and
spirituality*

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*that, once
tapped, energize
us and give us a
sense of meaning
and self-
acceptance. The
knowledge of
which archetypes
are active
within us at
each phase of
life-maiden,
mother (or
matron), and*

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*crone supports us
in making
choices that are
true to who we
are instead of
conforming to
others' ideas of
who we should
be. In Bolen's
bestselling
Goddesses in
Everywoman, the
classic work of
the women's*

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*spirituality
movement, the
Greek goddesses
personified
these archetypes
as they affected
the first two
phases of a
woman's adult
life. Now she
explains that in
the third stage,
marked
physiologically*

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*by menopause,
there emerges a
whole new cast
of inner
archetypes that
a woman can draw
on for guidance,
creativity,
personal
integration, and
joy. Once we
learn to
recognize these
forces, we can*

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*feel empowered
and wise,
introspective
and spiritual,
sexually bold
and full of
mirth. For it is
in the
"wisewoman"
years, when a
woman has lived
long enough to
resolve the
tasks of younger*

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*and middle
adulthood, that
she can fully
and
authentically
become who she
deeply is. The
generation of
women who are
approaching or
who have reached
the crone years
is historically
unique.*

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*Influenced by
the women's
movement, they
have benefited
from educational
opportunities,
women's support
networks, and
economic
resources as
excellent
preparation for
decades of
active*

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*postmenopausal
life. By
recognizing the
goddess
archetypes that
emerge in this
phase, women of
this special
generation will
be enabled to
transform the
crone years into
the best years
of their lives.*

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*The third of the
Polish poet's
collections to
appear in
English offers
delicate,
meditative
investigations
into the
mysteries hiding
in life's
experiences, in
nature, in art,
and in the*

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*pulsations of
cities.*

*A Circle of
Stones,
originally
published in
1995, offers a
unique approach
to meditation
and Otherworld
journeying in a
Celtic Pagan
context through
the use of*

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*prayer beads as
a focus for
understanding
early Gaelic
cosmology and
ways to journey
through its
three realms of
land, sea, and
sky. With
chapters on
ritual, altars,
journeying, and
communicating*

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*with deities,
this short book
has provided
seekers with
tools for their
spiritual work
for nearly
twenty years.
This new edition
offers a much
improved
pronunciation
guide for the
Irish and Scots*

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*Gaelic in the
text, and a new
foreword that
offers context
for the book's
historical place
in the emergence
of Celtic Recons
tructionist
Pagan
spirituality.
Goddesses in
Older Women
Belonging*

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*Mama Rising
Mysticism for
Beginners
Creating
Physical and
Emotional Health
and Healing
Circles of Stone
The Three
Marriages*

The Art of Somatic
Coaching introduces
the concepts and

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principles of
coaching with
practices that include
body awareness,
bodywork, and
mindfulness for both
the coach and the
client. Author and
expert coach,
Richard Strozzi-
Heckler, PhD,
explains that in order

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to achieve truly
sustainable changes
in individuals,
teams, and
organizations, it is
necessary to
implement body-
oriented somatic
practices in order to
dissolve habits,
behaviors, and
interpretations of the

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world that are no longer relevant. He explains that these ways of being are integrated in the body--at the level of the musculature, organs, and nervous system. By implementing a somatic approach, these patterns can be

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shifted in order for transformation to occur. Opening with a discussion of the roots of Somatic Coaching, the book describes the emotional and physical cost of being distanced from our bodies.

Originating from the

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rationalistic idea that
the mind and body
are separate, this
sense of
disconnection
spurred the
emergence of the
field of somatics that
views the body as
not just a
physiological entity,
but as the center of

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our lived experience in the world. Out of this philosophy, Somatic Coaching was developed as a way to cultivate the self through the body. Methods in this book include: • Somatic awareness--becoming aware of sensations • Somatic

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opening--includes
bodywork to release
held patterns in the
body • Somatic prac
tices--meditation,
movement, and
being present in
everyday life The
social context in
which one is raised,
the supportive,
healing force of the

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outdoors and nature
as well as
acknowledgment of
the spirit are also
woven into the
practice. Through
these practices, a
rhythm of unfolding
occurs in what
Strozzi-Heckler
describes as an Arc
of Transformation--

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moving in stages
from conditioned
tendencies to a new
satisfying and
fulfilling way of
being that is fully
embodied. Contents:
Introduction;
Chapter One: A
Short Distance but a
Big Cost; Chapter
Two: Coaching;

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Chapter Three:

Somatics and

Somatic Coaching;

Chapter Four: The

Methodology;

Chapter Five: The

Rhythm of Action;

Chapter Six: The

Somatic Arc of

Transformation

Internationally

renowned meditation

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teacher Hari Kaur
Khalsa knows well
the whirlwind
stresses and strains
placed on women
today. Through the
secrets of ancient
Kundalini chanting
and meditation
techniques, women
will find peace amid
all the chaos,

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develop their
creativity, and hone
their inner wisdom.
To introduce the
newcomer to
meditation, Hari
Kaur helps the
reader, step by step,
to create a space in
which to meditate, to
become familiar and
comfortable with

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different postures, to breathe deeply and effectively, and to clear the mind.

Plainly organized into sections uniquely tailored to a woman's changing physical and emotional needs, Hari Kaur teaches how to: - alleviate

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frustration, ward off
moodiness, and
become calm - ease
life transitions,
accept change, and
encourage personal
creativity - fully
realize the potentials
of pregnancy and
motherhood; and
much more In
addition, Hari Kaur

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discusses seven steps to achieve happiness and how to use meditation to build a spiritual identity.

Her meditations are presented in the original Sikh as well as in English translation. And the easy-to-reference format will keep the

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reader returning
again and again as
she grows through
meditation and in
her daily life.

From the New York
Times bestselling
author of
Labyrinth-"a rich
brew of
supernaturalism and
intrigue."(Kirkus

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Reviews) In 1891,
young Léonie
Vernier and her
brother arrive at the
home of their
widowed aunt in
Rennes-le-Bains, in
southwest France.
But nothing is as
Léonie had
imagined. Their aunt
is young, willowy,

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and beautiful, and
the estate is a subject
of local superstition.
Villagers claim that
Léonie's late uncle
died after
summoning a demon
from the old
Visigoth sepulchre
on its grounds...
More than a century
later, Meredith

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Martin, an American graduate student, arrives in Rennes-le-Bains while researching the life of Claude Debussy. Haunted by a Tarot reading she had in Paris-and possessing the mysterious deck of cards-she checks into a grand old

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hotel built on the site
of a famous
mountain estate
destroyed by fire in
1896. There, the
pack of Tarot cards
and a piece of 19th-
century music
known as Sepulchre
1891 hold the key to
her fate-just as they
did to the fate of

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Léonie Vernier.

This book describes contemporary woman's search for wholeness in a society in which she has been defined according to masculine values.

Drawing upon cultural myths and fairy tales, ancient

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symbols and goddesses, and the dreams of contemporary women, Murdock illustrates the need for—and the reality of—feminine values in Western culture today.

Come spend some time in the sanctuary

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of women, an often-ignored space in Jewish and Christian history. This devotional book for women highlights six women from around the world and across the centuries, inviting us to discover what their lives tell us

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about God. Jan

Richardson, a gifted
poet, artist, and
author, believes it is
essential for women
to listen to one
another's wisdom
and bring the
fullness of their
lives, with all the
wonders and
messiness, into their

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prayer life. In the
Sanctuary of Women
gathers together
these women from
scripture and history:
Eve Brigid of
Kildare The desert
mothers Hildegard
of Bingen Harriet
Powers The Woman
of the Song of Songs
Each chapter

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becomes its own
sanctuary, with one
of the women
serving as a
companion as you
contemplate the
theme that her life
offers. Throughout
the readings
Richardson weaves
her own stories,
poetry, prayers, and

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blessings. Midway through each chapter, a section called "The Secret Room" gives you a chance to pause and reflect on unexpected insights. Reading the book daily will carry you through six months, or you can dip into

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the readings as you wish. An invitation into reflection and prayer alone or in the company of others, In the Sanctuary of Women is a book to treasure and to share with the women and the men in your life.

Shed Your

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Inhibitions and Craft
a Compelling
Memoir Or Personal
Essay
The Circle
Continues

Heroes Among Us
LP

A Woman's Book of
Meditation

Women's Bodies,

Page 124/157

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Women's Wisdom
Ordinary People,
Extraordinary
Choices

**A twelfth-century
Welsh woman gives
birth to a child
prophesied to lead
his people and, in the
process, becomes a
formidable player in
the socio-religious**

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activities of her day

A radical,

"crystalline" (Elle)

approach to

integrating our

work, relationships,

and inner selves

from the bestselling

author, poet, and

speaker. The author

of Crossing the

Unknown Sea and

The Heart Aroused

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Duerk

**encourages readers
to reimagine how
they inhabit the
worlds of love, work,
and self-
understanding.**

**Whyte suggests that
separating these
"marriages" in order
to balance them is to
destroy the fabric of
happiness itself.**

Drawing from his

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Of Stones Judith
Duerk

own struggles and the lives of some of the world's great writers and artists- from Dante to Jane Austen to Robert Louis Stevenson- Whyte explores the ways these core commitments are connected. Only by understanding the journey involved in

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Duerk

each of the three marriages and the stages of their maturation, he says, can we understand how to bring them together in one fulfilled life.

Throughout time, people have turned to goddesses as symbols of what they seek -- from

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**abundance to
healing, from
protection to
passion. Building on
the resurgence of
interest in the Divine
Feminine, Julie Loar
presents the qualities
and origins of an
international array
of these deities,
along with powerful
suggestions for**

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**putting their
attributes to
practical use. In a
daily-reflection
format, she
gracefully aligns the
goddesses with the
cycles of nature and
the signs of the
zodiac. If you are
struggling to attain a
goal, call on the
Nepalese goddess**

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Chomolungma, as the sherpas climbing Mount Everest have done for generations. Or, for good luck, invoke the Roman goddess Fortuna, the inspiration behind gambling's wheel of fortune. With 366 goddesses to choose from, you will find a deity to call upon for

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**every aspiration and
need.**

**In a saga that begins
more than a million
years ago, three wise
women named Zena,
born thousands of
generations apart,
experience romantic
and spiritual
adventures, from the
African savanna to
the Red Sea to the**

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Duerk

**caves of the
Pyrenees. Reprint.
Learn to use your
later years for
awakening and
spiritual growth.
Encouraging,
inspiring, and
practical, The Grace
in Aging invites all
those who have ever
experienced spiritual
longing to awaken in**

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Of Stones Judith
Duerk

**their twilight years.
Since aging, in and
of itself, does not
lead to spiritual
maturity, The Grace
in Aging suggests
and explores causes
and conditions that
we can create in our
lives, just as we are
living them, to allow
awakening to unfold
-- transforming the**

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Duerk

**predictable
sufferings of aging
into profound
opportunities for
growth in clarity,
love, compassion,
and peace. Kathleen
Dowling Singh
streamlines vast and
complex teachings
into skillful means
and wise views.
Straightforward**

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**language and
piercing questions
bring Singh's
teachings into the
sharp focus of our
own lives; the
contemplative nature
of each chapter
allows for an
uncommon depth of
inquiry. Examples
from our lives and
from the chatter in**

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**our own minds touch
the reader**

**personally, offering
the chance to absorb
the implications
deeply and do the
work of freeing his
or her own mind.**

**Ecumenical in spirit,
tone, and language,
Singh offers wisdom
from teachers from a
variety of spiritual**

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Duerk

**backgrounds: Thich
Nhat Hanh, the
Apostles, Annie
Dillard, and more.
Lessening our
attachments,
decreasing our
aversions, unbinding
what binds us, we
bear witness to the
possibility of
awakening for all
beings. The Grace in**

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**Aging offers
guidelines for older
individuals of any
wisdom tradition
who wish to awaken
before they die; no
need for caves or
seven-year retreats.
This is spiritual
practice for the lives
we live.**

Wild & Wise

Bowser the Hound

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**In the Sanctuary of
Women
100 Strokes of the
Brush Before Bed
How to Reach Out to
Your Guardian
Angels and Spirit
Guides
The Feminine Face
of God
Eating in the Light
of the Moon**

2018 Readers'

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Favorite Gold
Winner 2019 IAN
Book of the Year
Award 2017
Nautilus Award
Gold Winner Feel
like you don't
belong? You're
not alone. The
world has never
been more
connected, yet
people are
lonelier than

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ever. Whether we feel unworthy, alienated, or anxious about our place in the world – the absence of belonging is the great silent wound of our times. Most people think of belonging as a mythical place,

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and they spend a
lifetime
searching for it
in vain. But
what if
belonging isn't
a place at all?
What if it's a
skill that has
been lost or
forgotten? With
her signature
depth and
eloquence, Toko-

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pa maps a path
to Belonging
from the inside
out. Drawing on
myth, stories
and dreams, she
takes us into
the origins of
our
estrangement,
reframing exile
as a necessary
initiation into
authenticity.

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Then she shares the competencies of belonging: a set of ancestral practices to heal our wounds and restore true belonging to our lives and to the world.

By taking a sacred journey into the woman within you, you

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may discover
hidden and
unknown parts of
yourself. To
know the
fullness of your
potential as a
woman is a gift
to yourself. By
stepping into
your sacred
place within,
you can discover
your potential,

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your strengths,
and learn how to
work with your
limitations. In
this book you
have the
opportunity to
expand this
knowledge of
yourself and get
unstuck from old
patterns that
may be blocking
you from moving

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forward.

A gentle,
entirely new
approach to
uncovering a
source of
spiritual
strength hidden
in the scars of
childhood. Wayne
Muller brings
together the
teachings of
many different

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religions and
spiritual
traditions in a
healing program
that will appeal
to readers of
The Road Less
Traveled and
Homecoming.

Companion to the
beloved
bestselling
classic Circle
of Stones, I Sit

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Listening to the
Wind invites
women everywhere
to tap into the
powers of
interiority,
regain the
sacred, and
create
communities of
support - in the
process
reimagining and
remaking the

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modern world.

Without coming
to terms and
seeking balance
with their
masculine side,
Judith Duerk
says, women can
never reach the
full potential
of their
feminine side.

For those
seeking balance

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between the masculine urge to do and the feminine desire to be, Duerk's mixture of prose, poetry, and reflective questions creates a model for integration. Includes a reading group guide.

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An incisive look
at the system of
addiction
pervasive in
Western society
today.

The Heroine's
Journey

Journey to
Wholeness

Legacy of the
Heart

Sacred Feminine
Meditations for

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Women's Circles
& Personal
Awakening
Circle of Stones
Discovering the
New You Through
Motherhood

Women Respond to
Circle of Stones
**When Bowser the
Hound gets lost
in the Green
Forest, Blacky**

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Duerk

the Crow and
other animals
decide to help
him.

Woman's Journey
to Herself
777 And Other
Qabalistic
Writings of
Aleister
Crowley
Goddesses for
Every Day

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A Guide to
Understanding
and Making Your
Own Amulets
Coming Apart
Archetypes in
Women Over
Fifty
The Grace in
Aging