

Clinical Sports Medicine 3rd Edition

Now consisting of fifty innovative chapters authored by internationally recognised scientists and clinicians, the extensively revised third edition of the Oxford Textbook of Children's Sport and Exercise Medicine is the fundamental reference work on paediatric exercise medicine and sport science. Using a scientific evidence-based approach and new insights into understanding the exercising child and adolescent, this title covers a complex and rapidly evolving field. Designed to inform, challenge and support all involved in the study and treatment of the exercising child and adolescent, the Oxford Textbook of Children's Sport and Exercise Medicine presents complex scientific and medical material in an accessible and understandable manner. With extensive sections on Exercise Science, Exercise Medicine, Sport Science and Sport Medicine, chapters comprehensively cover training, physical activity in relation to health issues, the physiology of the young athlete and injury using the research and practical experience of a renowned author team. Fully illustrated and extensively revised, new topics and fully updated material complement the state-of-the-art approach of previous editions. With an increased focus on molecular exercise physiology, close to 75% of the content found in this edition is new material, reflecting the many advances and developments across this discipline.

Neurology - as only Harrison's can cover it Featuring a superb compilation of chapters related to neurology that appear in Harrison's Principles of Internal Medicine, Eighteenth Edition, this concise, full-color clinical companion delivers the latest knowledge in the field backed by the scientific rigor and authority that have defined Harrison's. You will find content from renowned editors and contributors in a carry-anywhere presentation that is ideal for the classroom, clinic, ward, or exam/certification preparation. Features Current, complete coverage of clinically important topics in neurology, including Clinical Manifestations of Neurologic Diseases, Diseases of the Nervous System, Chronic Fatigue Syndrome, Psychiatric Disorders, and Alcoholism and Drug Dependency NEW CHAPTERS discuss the pathogenesis and treatment and syncope; dizziness and vertigo; peripheral neuropathy; neuropsychiatric problems among war veterans; and advances in deciphering the pathogenesis of common psychiatric disorders Integration of pathophysiology with clinical management 118 high-yield questions and answers drawn from Harrison's Principles of Internal Medicine Self-Assessment and Board Review, 18e Content updates and new developments since the publication of Harrison's Principles of Internal Medicine, 18e 58 chapters written by physicians who are recognized experts in the field of clinical neurology Helpful appendix of laboratory values of clinical importance

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. Sports Medicine's Cornerstone Text - Updated with the Latest Research and Developments THE #1 TEXT IN SPORTS MEDICINE! Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. The Fifth Edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the previous edition was published. The contributing editors are an international compilation of globally recognized experts within their fields. This is essential reading for sports medicine physicians, physical therapists, and physical therapy students. Topics in Volume Two Include: •Exercise and health•Exercise and disease•Environment •Harassment and abuse•Special groups•Maximizing athletic performance•Nutrition for performance

The Sports Medicine Patient Advisor contains easy to copy educational handouts to be given to patients. Patients appreciate learning about their sports injuries/problems and benefit from a home rehab program that tells them when they can return to their sport/activity. This book will improve patient satisfaction, compliance and return to action!

Sports Medicine for the Primary Care Physician, Second Edition

CLINICAL SPORTS MEDICINE: THE MEDICINE OF EXERCISE

Netter's Sports Medicine

ACSM's Introduction to Exercise Science

Sport Nutrition-3rd Edition

Get practical answers from the only guide on the care of sheep, goats, and cervids! Authoritative yet easy to read, Sheep, Goat and Cervid Medicine, 3rd Edition covers all the latest advances in the field, including diseases and medical treatment, surgery, pain management, theriogenology, and nutrition. Clear instructions and hundreds of full-color photographs guide you step by step through common procedures including restraint for examination, administration of drugs, blood collection, and grooming. New to this edition is coverage of deer and elk medicine, reflecting the growing importance of these ruminants. Written by an expert team led by Dr. D.G. Pugh, this comprehensive reference is ideal for veterinarians and also for owners of these animals. Clear writing style and consistent organization makes the book easy to understand and use, with disease chapters including pathogenesis, diagnosis, treatment, and prevention. Coverage of both surgery and medicine in each body systems chapter makes it easier to choose the best options for specific disorders. Superbly illustrated surgical procedures clearly demonstrate the steps to follow in performing medical and surgical procedures. Diverse, expert contributors include the most experienced authorities, each providing current information on the care of valuable animals as well as pets. Useful appendixes, now including veterinary feed directives, offer convenient access to information on drugs and drug administration, therapy, and normal values and conversions. Consistent, logical format in each body systems chapter makes information easy to find by

physical examination and diagnostic procedures, followed by discussions of common diseases that involve the system. Comprehensive F Nutrition chapter covers diet evaluation, method of balancing rations, total parenteral nutrition, and examples of nutritious diets. Explain differences in normal behavior between sheep and goats shows how they are not the same, and require different methods of treatment cervids has been added to chapters throughout the book, reflecting the growing popularity of deer and elk. NEW! Thorough content upo throughout the book and reflect the latest research evidence. NEW! 170 new clinical photos have been added. NEW! Anesthesia and Pai chapter includes a new section on pain management strategies, reflecting the emphasis on controlling pain in small ruminants. NEW! Ex website offers an online version of the book, making it easy to search the entire book electronically. NEW! Two new authors are respected veterinary medicine experts and educators: Dr. Misty Edmondson and Dr. Thomas Passler.

This comprehensive new volume in the Encyclopaedia of SportsMedicine series, published under the auspices of the InternationalOlympic delivers an up-to-date, state of the artpresentation of the medical conditions that athletes may sufferfrom during training and competi clear style and format, The Olympic Textbookof Medicine in Sport, covers not only the basic approach tottraining, monitoring training and implications ofexcessive training, but also deals with all the major systems inthe body, and focuses on medical conditions that athletes each system. Medical conditions in athletes withdisabilities, genetics and exercise and emergency sports medicineare also uniquely exam Textbook of Medicine in Sport draws on theexpertise of an international collection of contributors who arerecognized as leaders in their The systematic approach followed in the book will make itinvaluable to all medical doctors and other health personnel whoserve athlete Sports practitioners are providedwith a clinical approach to the prevention, diagnosis and treatmentof common and less common medic encountered by athletes.This volume should be kept close at hand for frequentconsultation.

A practical hands-on tool for fast, accurate clinical diagnosis in pediatric emergencies Pediatric patients can represent as much as 15-3 Emergency Department visits. Atlas Of Pediatric Emergency Medicine comes to the rescue of harried ED clinicians, providing a quick-acc packed with visual clues to infant/child injuries and illnesses presenting in emergency situations. Doctors Shah and Lucchesi have comb extraordinary number of the clearest and best clinical photographs and imaging examples with practical, straightforward text. It's a win that expedites both diagnosis and the appropriate procedures for dealing with pediatric trauma and disease. Atlas Of Pediatric Emergen at your fingertips: 700 top-quality color clinical photographs -- plus 100 imaging studies that include X-rays, CT scans and more -- mak most comprehensive visual compilation available for diagnosing pediatric emergencies Comprehensive coverage of disorders of all body Authoritative, experienced guidance. It's been edited, compiled and largely written by two distinguished experts -- one a physician peer- the finest clinicians and teachers in Emergency Medicine today, the other the overseer of one of the largest, busiest EDs in the United formatting designed to provides immediate access to clinical features, differential diagnosis, consultation, treatment and disposition, co clinical pearls A superb preparation tool for board exams and subspecialty certification, and an unparalleled resource for every medical p ED clinicians and physicians in family or pediatric practice to Nurse Practitioners and Paramedics

The Textbook of Sports Medicine provides comprehensive coverage of both basic science and clinical aspects of sports injury and physi than one hundred of the World's leading authorities within exercise physiology, clinical internal medicine, sports medicine and traumatol contributed with evidence-based state-of-the-art chapters to produce the most complete integration ever of sports medicine science i attention has been given to providing balanced coverage of all aspects of sports medicine, with respect to the relevance and clinical im area. The book isolates solid principles and knowledge, and the documentation to support these, as well as identifying areas where furt investigation is needed. The topics dealt with and the degree of detail in the individual chapters, makes the book ideal for both educatio University level within exercise science and sports medicine, as well as for post-graduate courses within all aspects of sports medicine book will be excellent as a reference book in any place where professionals whether doctors, exercise scientists, physiotherapists or co with supervision or treatment of sports-active individuals. Finally, the book is well structured to act as an introduction to research in t medicine.

Introduction to Sports Medicine and Athletic Training (Book Only)

Textbook of Sports Medicine

ACSM's Resources for the Exercise Physiologist

ACSM's Guidelines for Exercise Testing and Prescription

Basketball Sports Medicine and Science

Develop confidence in injury recognition and assessment techniques with this book. This book equips students and athletic trainers with what they need to develop the evaluation skills to identify and differentiate various pathologies and accurately assess the nature and severity of the injury. The text offers step-by-step guidelines to develop a sound knowledge base and the skills required to effectively perform thorough and systematic injury assessments. You'll find well-illustrated descriptions of evaluation techniques the certified athletic trainer can use to help identify sport-related injuries and disorders. And you'll find clear descriptions of the symptoms of common medical conditions as well.--[book cover].

The field of sports medicine is evolving, accelerated by emerging technologies and changing health care policies. To stay up to speed and ace the Boards, you need a resource that moves at your pace. Sanctioned by the American College of Sports Medicine (ACSM), this handy review addresses all areas of the sports medicine subspecialty board examination--with coverage that spans the full spectrum of sports medicine, from medical to skeletal conditions related to the athlete. The editors and authors include orthopedic surgeons, family physicians, pediatricians, internal medicine specialists, physiatrists, certified athletic trainers, physical therapists, psychologists, nutritionists, exercise physiologists and more, ensuring that you'll benefit from the broad spectrum of expertise embraced by the specialty. Look inside and explore...* Seven convenient sections address general considerations, evaluation of the injured athlete, medical problems, musculoskeletal problems, principles of rehabilitation, sports-specific populations, and special populations.* Comprehensive coverage includes all topic areas featured on sports medicine subspecialty board exams.* Easy-access bulleted format makes essential facts simple to locate and recall.* Tables, figures, and algorithms make complex ideas easy to grasp and retain. PLUS...* An online companion resource includes nearly 1,000 board-style practice questions with rationale for correct and incorrect responses--a great way to test your knowledge and improve your exam performance!

An essential preparation book for the ACSM Certified Exercise Physiologist examination, ACSM's Resources for the Exercise Physiologist, 3rd Edition, is an essential volume for certification candidates and practicing Exercise Physiologists looking to boost their exam confidence and achieve success in practice. This updated edition is fully aligned with the eleventh edition of ACSM's Guidelines for Exercise Testing and Prescription and reflects the most current standards and practices in exercise physiology. Published by the American College of Sports Medicine, this practical resource is organized around the scope of ACSM-EP practice domains. A clear introduction to understanding exercise, physical activity, and pre-exercise screening opens the book, followed by thorough coverage of assessment and programming for healthy populations, assessment and programming for special populations, counseling and behavioral strategies for encouraging exercises, and legal, management and professional issues relevant to practice.

With more than 1,000 Netter images, along with photos of physical examination techniques and imaging examples, this text provides a rich visual understanding of sports medicine. User-friendly organization makes references quick and easy.

Study Guide and Review for Boards

Behavioral Medicine A Guide for Clinical Practice 5th Edition

Sports Medicine

Team Physician Manual

ACSM's Resources for the Personal Trainer

Complete coverage of the core principles of patient safety Understanding Patient Safety, 2e is the essential text for anyone wishing to learn the key clinical, organizational, and systems issues in patient safety. The book is filled with valuable cases and analyses, as well as up-to-date tables, graphics, references, and tools -- all designed to introduce the patient safety field to medical trainees, and be the go-to book for experienced clinicians and non-clinicians alike. Features NEW chapter on the critically important role of checklists in medical practice NEW case examples throughout Expanded coverage of the role of computers in patient safety and outcomes Expanded coverage of new patient initiatives from the Joint Commission

The FIMS Team Physician Manual is the official sports medicine handbook of the International Federation of Sports Medicine (FIMS), the world's oldest sports medicine organization. Now in a fully revised and updated third edition, the book offers a complete guide to the background knowledge, practical techniques and professional skills required to become a successful medical practitioner working in sport. Well illustrated, with clear step-by-step guidance, plus text boxes and checklists for quick reference, the Team Physician Manual covers every key area of activity and intervention, from the preparticipation examination to rehabilitation. The book surveys every classification of sports injury, offering clear advice on fieldside assessment, diagnosis and treatment, as well as examining best practice in general aspects of sports medicine, such as prevention and the psychology of injury. Written by a team of world-leading physicians from North and South America, Europe, Africa and Asia, this book is a 'must have' reference for any doctor, physical therapist, or medical professional working in sport.

Edited by past presidents of the American Medical Society for Sports Medicine, Netter's Sports Medicine, 2nd Edition, is a superbly illustrated, go-to sports medicine resource for the outpatient office, the training room, on the sideline, and for certification preparation. Designed for quick reference, this interdisciplinary reference by Drs. Christopher Madden, Margot Putukian, Eric McCarty, and Craig Young, is organized by both topic and sport, so you can find what you need quickly. Whether you are a primary care physician managing a common or unique musculoskeletal injury in an ambulatory setting ... an orthopaedic surgeon gaining insight about a medical or psychological problem foreign to the cast or operating room ... an athletic trainer figuring out a diagnosis in the training room ... or a physical therapist pursuing further in-depth sports medicine knowledge, this reference gives you the guidance you need to keep athletes and other active patients at the top of their game. More than 1,000 superb Netter graphics, tables, figures, pictures, diagnostic images, and other medical artwork highlight the easy-to-read, bulleted text. Ideal for the sports clinician, team physician, and any health care professionals who provide care to athletes and active individuals. New chapters on travel considerations for the athlete, EKG interpretation, cardiac disease, diagnostic imaging and ultrasound, injury prevention protocols, equestrian sports and rodeo medicine, mixed martial arts, and many more. Up-to-date coverage of nutritional supplements, eating disorders, sports and pharmacology for chronic conditions and behavioral medicine, and extreme and adventure sports.

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. The #1 guide to behavioral issues in medicine delivering thorough, practical discussion of the full scope of the physician-patient relationship "This is an extraordinarily thorough, useful book. It manages to summarize numerous topics, many of which are not a part of a traditional medical curriculum, in concise, relevant chapters."--Doody's Review Service - 5 stars, reviewing an earlier edition The goal of Behavioral Medicine is to help practitioners and students understand the interplay between psychological, physical, social and cultural issues of patients. Within its pages readers will find real-world coverage of behavioral and interactional issues that occur between provider and patient in everyday clinical practice. Readers will learn how to deliver bad news, how to conduct an effective patient interview, how to care for patients at the end of life, how to clinically manage common mental and behavioral issues in medical patients, the principles of medical professionalism, motivating behavior change, and much more. As the leading text on the subject, this trusted classic delivers the most definitive, practical overview of the behavioral, clinical, and social contexts of the physician-patient relationship. The book is case based to reinforce learning through real-world examples, focusing on issues that commonly arise in everyday medical practice and training. One of the significant elements of Behavioral Medicine is the recognition that the wellbeing of physicians and other health professionals is critically important to caring for patients.

Medical Conditions in the Athlete 3rd Edition

The 5-Minute Sports Medicine Consult

Understanding Patient Safety, Second Edition

Assessment of Athletic Injuries

The Sports Medicine Patient Advisor, Third Edition, Hardcopy

"ACSM's Introduction to Exercise Science is an introduction to the field of exercise science"--

Sport Nutrition, Third Edition, uses a physiological basis to provide an in-depth look at the science supporting nutrition recommendations. Students will come away with an understanding of nutrition as it relates to sport and the influence of nutrition on performance, training, and recovery.

This book is designed as a comprehensive educational resource not only for basketball medical caregivers and scientists but for all basketball personnel. Written by a multidisciplinary team of leading experts in their fields, it provides information and guidance on injury prevention, injury management, and rehabilitation for physicians, physical therapists, athletic trainers, rehabilitation specialists, conditioning trainers, and coaches. All commonly encountered injuries and a variety of situations and scenarios specific to basketball are covered with the aid of more than 200 color photos and illustrations. Basketball Sports Medicine and Science is published in collaboration with ESSKA and will represent a superb,

comprehensive educational resource. It is further hoped that the book will serve as a link between the different disciplines and modalities involved in basketball care, creating a common language and improving communication within the team staff and environment.

This unique resource provides the most up-to-date, in-depth coverage of the basic and clinical sciences required for management of the equine athlete. The unique treatment of exercise physiology and training within a clinical context, together with a detailed review of all diseases affecting athletic horses, makes this the most comprehensive text available. Provides a thorough grounding in the basic physiology of each body system, and in particular the responses of each body system to exercise and training. The internationally renowned team of contributors has created the ultimate reference for veterinarians, students, horse-owners, and all those involved in the world of equine athletics. High quality artwork, including relevant radiographic, ultrasonographic, CAT scan, and MRI images, aid understanding and diagnosis Provides a truly international perspective, including guidelines pertinent to different geographic areas, and racing jurisdictions In-depth coverage of the role of the veterinarian in the management of athletic horses Explores the use of complementary therapies

Third Edition

International Federation of Sports Medicine (FIMS)

Medical Management and Rehabilitation

Harrison's Neurology in Clinical Medicine, 3E

Clinical Sports Medicine

1500 superb clinical photographs cover the full scope of family medicine The Color Atlas of Family Medicine features 1500 full-color photographs depicting both common and uncommon appearances of diseases and presentations that clinicians encounter every day. No other resource offers such a comprehensive collection of these diagnosis-speeding images as this essential atlas. No matter what the presentation, all the visual guidance you need for successful patient management is right here at your fingertips. Features Complete coverage of relevant visual presentations that clinicians see and often struggle with in their day-to-day practice Organized and indexed by organ system, disease, morphology, and region--ideal for quickly finding the images and text you need at the point-of-care Evidence-graded, quick access treatment recommendations in an user-friendly format to help you provide up-to-date care for your patients Insightful legends with each photograph provide diagnostic pearls to increase your clinical observational skills Color pictures of skin conditions, eye problems, women's health issues, oral diseases, infectious diseases, endoscopies, dermoscopies, orthopedic and rheumatologic conditions fill the book with images that enhance your clinical experience and skills An encyclopedic array of colorful, high quality clinical photographs

Advanced Sports Nutrition helped thousands of athletes apply the most effective and cutting-edge strategies for optimal fueling and performance. Now this best-seller returns, updated with the latest research, topics, and innovations in sports nutrition. Far beyond the typical food pyramid formula, Advanced Sports Nutrition offers serious strategies for serious athletes. This comprehensive guide includes the latest nutrition concepts for athletes in any sport. World-renowned sports nutritionist Dr. Dan Benardot breaks down the chemistry of improved performance into winning principles that ensure athletes' key energy systems are properly stocked at all times: -Meal, energy, and nutrient timing guidelines to maintain that crucial energy balance throughout the day -Optimal ratios and quantities of nutrients, vitamins, and minerals for any sport -Guidelines on indentifying and maintaining optimal body composition for maximal power, strength, and athletic performance -The latest research on ergogenic aids, such as quercitin and caffeine -Strategies for avoiding gastrointestinal distress during activity and reducing exercise-induced inflammation -The effects of travel, high altitude, and age on nutrition needs and performance -Strategies for balancing fluid and electrolytes to avoid dehydration and hyperhydration -Sport-specific guidelines for increased power, strength, and endurance The best conditioning programs and technical instruction are beneficial only if your body is properly fueled and ready to operate at peak efficiency. With Advanced Sports Nutrition, Second Edition, you can be assured that when you are ready to push the limits of training and competition, your body is, too.

This quick reference is your go-to guide for the precise yet comprehensive clinical information you need to care for adult patients safely and effectively. Completely revised and updated, you'll find even more of what you need at a moment's notice, including coverage of rebreathing masks, cardiac surgeries, traumatic brain and head injuries, MRSA prevention and treatment guidelines, and much more!

Accompanying CD-ROM contains ... "convenient electronic access to the text's illustrations, downloadable for use in presentations, as well as diagnosis-specific office handouts that can be given to patients who want to know more about their conditions."--P. [4] of cover.

Oxford Textbook of Children's Sport and Exercise Medicine

The Color Atlas of Family Medicine

Advanced Sports Nutrition

A Comprehensive Review

Atlas of Pediatric Emergency Medicine

The Oxford Dictionary of Sports Science and Medicine provides comprehensive and authoritative definitions of nearly 8000 sports science and sports medicine terms. All major areas are covered, including exercise psychology, sports nutrition, biomechanics, anatomy, sports sociology, training principles and techniques and sports injury and

rehabilitation The dictionary will be an invaluable aid to students, coaches, athletes and anyone wanting instant access to the scientific principles, anatomical structures, and physiological, sociological and psychological processes that affect sporting performance. It will also be of interest to the general reader interested in sports science and medicine terminology.

This guide to the management of sports injuries for the athletic trainer and sports therapist includes contributions from experts from the field of sports medicine. It addresses the different aspects of rehabilitation, including protocols for rehabilitating a wide variety of athletic injuries.

In our increasingly active society, children, teenagers, adults, and the elderly are swimming, jogging, weight training, and competing in a wide variety of individual and team sports. Approximately 85-95% of athletic problems are handled by primary care providers, many of whom are serving as team or school doctors. Sports Medicine for the Primary Care Physician, Second Edition, provides the latest information on major topics in sports science and clinical medicine that affect primary care physicians. The first section of the book presents the history of sports medicine, the role of the primary care doctor in sports, and the scientific ingredients of good athletic care (e.g., pre-participation exam, drugs/doping, prevention and protective equipment, nutrition). The second section considers the nonoperative management of common sports injuries. After an introduction in which epidemiological, rehabilitative, and healing concerns are presented, on-field emergencies and their management are discussed. General and individual sport injuries are detailed in a cohesive, consistent format that includes relevant anatomy; epidemiology; common eponyms; mechanism of injury; history; physical, laboratory, and radiological findings; differential diagnosis; treatment; rehabilitation; consultation guidelines; and prognosis and prevention. Chapter bibliographies provide general and specific references for additional information. Appendices include pertinent sports curricula for professionals involved in athletic care, equipment lists, ACSM position statements, sports jargon compendium, and a detailed guide to common stretching/rehabilitative exercises. The book contains 259 illustrations and 98 tables.

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Rehabilitation Techniques in Sports Medicine

Critical Care Notes Clinical Pocket Guide

ACSM's Sports Medicine

Basic and Clinical Sciences of the Equine Athlete

Equine Sports Medicine and Surgery

Sports Medicine: Study Guide and Review for Boards is a comprehensive review text surveying the breadth of nonsurgical sports medicine. Covering topics pertinent to (and found on) the Sports Medicine board examination, the book is intended as a primary study tool for candidates preparing for certification. All of the subject areas tested on the boards are represented, including basic science and general procedures; health promotion and preventive aspects; emergency assessment and care; and diagnosis, management, and treatment of the full range of sports-related injuries and conditions. The editors have used the exam content outline as a blueprint for organizing the book so the space allotted to each chapter reflects the corresponding emphasis of the topic on the exam. Sports Medicine also provides the concise, high-yield facts that residents, fellows, trainees, and clinicians in any discipline need to supplement their training in non-operative sports medicine. Features of Sports Medicine: Study Guide and Review for Boards Include Written in outline format for ease of use Comprehensive review of all topics covered on the Sports Medicine board examination Mirrors organization of the official exam content outline; material is weighted according to space allotted on the actual test Editors and authors are noted experts and teachers in the field of sports medicine and come from multiple specialties Includes numerous figures and tables to illustrate key points and enhance learning Recommended reading for further study Can be used for board preparation or as a concise clinical text

Practical and highly organized, The 5-Minute Sports Medicine Consult, 3rd Edition, is a reliable, go-to resource for clinicians in primary care, sports medicine, nursing, pediatrics, athletic training and physical therapy. This popular title provides rapid access to guidance on diagnosis, acute treatment (including on-field management), long-term treatment (including rehabilitation and referrals), and commonly asked questions for common sports-related problems seen in adult and pediatric patients. The 5-Minute Sports Medicine Consult delivers maximum clinical confidence as efficiently as possible ... allowing you to focus your valuable time on giving your patients the best possible care. Get quick access to all-new content , including Ankle Impingement, Femero-acetabular Impingement, Myositis Ossificans, and Vocal Cord Dysfunction, in print and online. Find the answers you need quickly thanks to an intuitive, at-a-glance format, with concise, bulleted text; return-to-play and secondary prevention information; and much more. Make confident decisions aided by current evidence-based designations in each topic. Consult useful appendices for quick answers on musculoskeletal radiography and joint and soft tissue injection. Written by esteemed primary care and sports medicine practitioners and published by the leading publisher in medical content, The 5-Minute Sports Medicine Consult, 3rd Edition includes a 10-Day Free Trial to 5MinuteConsult.com. 5MinuteConsult.com is an evidence-based, online workflow tool easily integrated at the point of care. 5MinuteConsult.com provides online-exclusive content, including: A thoroughly updated and expanded appendix on Office Rehabilitation More than 1,500 additional topics, including the full contents of The 5-Minute Clinical Consult and The 5-Minute Pediatric Consult Differential diagnosis support from an extensive collection of algorithms Current evidence-based designations highlighted in each topic Thousands of images to help support visual diagnosis of all conditions A video library of procedures, treatment, and physical therapy techniques An A-to-Z Drug Database from Facts & Comparisons® Guidance on laboratory test interpretation from Wallach's Interpretation of Diagnostic Tests More than 3,000 patient handouts in English and Spanish Approximately 100 Diseases and Conditions in Spanish FREE point-of-care CME and CE: 0.5 credits each time you search the site to find the best treatment for your patients. This activity has been reviewed and is acceptable for up to 20 prescribed credits by the AAFP and the ANCC. Consider a subscription to 5MinuteConsult.com, available for 1 year with the purchase of The 5-Minute Sports Medicine Consult Premium: 1-Year Enhanced Online Access + Print, 3rd Edition or an online-only subscription, available at www.5MinuteConsult.com

ACSM's Resources for the Personal Trainer provides a broad introduction to the field of personal training, covering both basic science topics and practical application. It was originally designed to help people prepare for the ACSM Personal Training Certification Exam. It continues to serve that function, but the market for it has expanded to practitioners in the field looking for an additional resource, as well as in an academic setting where the book is a core text for personal training programs.

The flagship title of the certification suite from the American College of Sports Medicine, ACSM's Guidelines for Exercise Testing and Prescription is a handbook that delivers scientifically based standards on exercise testing and prescription to the certification candidate, the professional, and the student. The 9th edition focuses on evidence-based recommendations that reflect the latest research and clinical information. This manual is an essential resource for any health/fitness and clinical exercise professional, physician, nurse, physician assistant, physical and occupational therapist, dietician, and health care administrator. This manual give succinct summaries of

recommended procedures for exercise testing and exercise prescription in healthy and diseased patients.

Conditioning for Strength and Human Performance

ACSM Fitness Book

5 Minute Sports Medicine Consult

Oxford Dictionary of Sports Science and Medicine

Clinical Sports Medicine Third Revised Edition

The revised third edition contains 80 illustrations now in full color! A Doody's Core Title for 2011! WINNER OF THE HIGHLY COMMENDED PRIZE IN THE ORTHOPAEDICS AND RHEUMATOLOGY CATEGORY OF THE 2007 BRITISH MEDICAL ASSOCIATION MEDICAL BOOK AWARDS (of an earlier edition) "A previously good textbook has just got better! I particularly like the colour coding for chapters. Sections have been updated by experts in the individual topic areas. The new illustrations are used to demonstrate principles and example exercises. Brilliant: it is difficult to praise this book highly enough as it is an excellent textbook. The new illustrations, updated sections and use of eminent sports medicine specialists as co-authors help to reassure that every effort has been made to improve this book."--BMA REVIEWER QUOTE Clinical Sports Medicine has been fully updated from the popular 2nd edition (2000). It is even more practical, now superbly illustrated, easy-to-read and packed with substantially updated and new material. There are samples of several chapters online including the whole "Pain in the Achilles region" chapter. This book describes a completely symptom-oriented approach to treating clinical problems. The practitioner can turn to the chapter that describes the patient presentation (e.g., longstanding groin pain, acute ankle injuries) and review the likely differential diagnoses, the clinical approach, and the full color pictures of the physical examination (physical examination for several major systems are also available as a separate DVD.

This text will guide readers through a simple four-item fitness test that assesses current level of fitness based on cardiorespiratory endurance, muscular strength and endurance, flexibility, and healthy body composition.

Fully revised and updated, the third edition of Conditioning for Strength and Human Performance provides strength and conditioning students with the clearest and most accessible introduction to the scientific principles underpinning the discipline. Covering bioenergetics and nutrition, a systematic approach to physiological and endocrinological adaptations to training and the biomechanics of resistance training, no other book provides such a thorough grounding in the science of strength and conditioning or better prepares students for evidence-based practice.

Now in its Second Edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals; and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

Basic Science and Clinical Aspects of Sports Injury and Physical Activity

Sheep, Goat, and Cervid Medicine - E-Book

Laposata's Laboratory Medicine Diagnosis of Disease in Clinical Laboratory Third Edition

The Olympic Textbook of Medicine in Sport

Netter's Sports Medicine E-Book

The acclaimed full-color guide to selecting the correct laboratory test and interpreting the results — covering ALL of clinical pathology A Doody's Core Title for 2019! Laboratory Medicine is the most comprehensive, user-friendly, and well-illustrated guide available for learning how to order the correct laboratory test and understand the clinical significance of the results. The book features an easy-to-follow, consistent presentation for each disease discussed. Chapters begin with a brief description of the disorder followed by a discussion that includes tables detailing the laboratory evaluation of specific disorders, diagnosis, baseline tests to exclude diagnostic possibilities, and clinical indications that warrant further screening and special testing. With new, increasingly expensive and complicated tests appearing almost daily, Laboratory Medicine, Third Edition is required reading for medical students, clinical laboratory scientists, and healthcare professionals who want to keep abreast of the latest testing procedures and maximize accuracy and patient safety.

Features: •48 clinical laboratory methods presented in easy-to-understand illustrations that include information on the expense and complexity of the assays •More than 200 tables and full-color algorithms that encapsulate important information and facilitate understanding •Full-color blood-smear micrographs that demonstrate common abnormal morphologies of red blood cells •Valuable learning aids in each chapter, including learning objectives, chapter outlines, and a general introduction -- and new to this edition: chapter-ending self-assessment Q&A •Logical systems-based organization that complements most textbooks •Extensive table of Clinical Laboratory Reference Values that show the conversions between U.S. and SI units for each value

A reference on clinical sports medicine for practitioners and sports people. It features 56 chapters, of which seven are new to this second edition. This edition also contains over 50 new photographs, and sections on topical issues such as concussion and drugs have been updated.

With comprehensive, highly visual coverage designed for sports clinicians, team physicians, sports medicine fellows, primary care physicians, and other health care professionals who provide care to athletes and active individuals, Netter's Sports Medicine, 3rd Edition, is an ideal resource for everyday use. Editors include three past presidents of the American Medical Society for Sports Medicine, it includes contributions from world-renowned experts as well as a rich illustration program with many classic paintings by Frank H. Netter, MD. From Little League to professional sports, weekend warriors to Olympic champions, and backcountry mountainside to the Super Bowl field, this interdisciplinary reference is indispensable in the busy outpatient office, in the training room, on the sidelines, and in preparation for sports medicine

board certification. More than 1,000 superb Netter graphics, tables, figures, pictures, diagnostic images, and other medical artwork highlight easy-to-read, bulleted text. New coverage of esports, as well as other key topics such as travel considerations for the athlete, EKG interpretation, cardiac disease, diagnostic imaging and ultrasound, injury prevention protocols, and mixed martial arts. Up-to-date information on nutritional supplements, eating disorders, sports and pharmacology for chronic conditions and behavioral medicine, and extreme and adventure sports. Designed for quick reference, with a logical organization by both topic and sport. Online features include downloadable patient education handouts, and handy links. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

Medical Conditions in the Athlete, Third Edition, equips health care providers with the information they need to develop a framework for decision making when working with injured and recovering athletes and active populations.