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women; their
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access; and
treatment
effectiveness.
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substances of
abuse are
examined, as
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*intervention
are and are not
effective.*

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from the
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taste and
smell, hearing
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*authors present
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interaction of

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nutrition with each condition, and review the potential routes and mechanisms for clinical intervention. All clinical chapters conclude with a summary of practical

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handbook presents and integrates virtually all that is currently known about eating disorders and obesity in one authoritative, accessible, and eminently practical volume. From leading international authorities, 112

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concise chapters encapsulate the latest information on all pertinent topics, from biological, psychological, and social processes associated with risk, to clinical methods for assessment and intervention. The contents are organized to

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highlight areas of overlap between lines of research that often remain disparate.

Suggestions for further reading at the end of each chapter replace extended references and enhance the practical value and readability of the

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detailed "how to"
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link between stress
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*successful
adaptation to stress
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individuals to
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Author Joseph

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medication, this**

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**latest research
on side effects, c
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all major
medications
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mental health
disorders. The
book also
features an
important new**

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contribute to
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1982, this
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**Much of what
psychologists
had been able to
contribute to the
study and
treatment of
health and
illness had, to
this point, been
derived from
clinical research
and behavioral**

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**treatment. This
volume presents
some of this
work, providing a
fairly
comprehensive
view of the
overlap between
behavioral
medicine and
clinical
psychology. Its
purpose was to
present some of**

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the traditional areas of research and practice in clinical psychology that had directly and indirectly contributed to the development of behavioral medicine. Before the 'birth' of behavioral medicine, which

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**subsequently
attracted
psychologists
from many
different areas
ranging from
social
psychology to
operant
conditioning, the
chief link
between
psychology and
medicine**

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**consisted of the
relationship,
albeit sometimes
fragile and
tumultuous,
between clinical
psychology and
psychiatry. Many
of the behavioral
assessment and
treatment
methods now
being employed
in the field of**

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**behavioral
medicine were
originally
developed in the
discipline of
clinical
psychology.
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information
needed to
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in the most up-
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research, this
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the historical,
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context of
medical
cannabis so
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plans with their
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interacts with
the body, its
effects and side
effects, and how
to manage
cannabis-drug
interactions.

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known facts

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understanding
of this complex

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examples. The Handbook is divided into four major parts.

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patients, consult
ation-liaison,
assessment and
screening, brief
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etc.) Part II
concentrates on
treating
unhealthy
behaviors
(alcohol and

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nicotine use,
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noncompliance,
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overeating/obesi
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considers
behavioral
aspects of
medical
problems (pain
management,

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hypertension,
diabetes,
cancer, sexual
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HIV/AIDS,
irritable bowel
syndrome,
insomnia). And
Part IV takes up
special issues
relevant to
practice and

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research in the
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field (minority
issues, women's
issues, working
with geriatric
populations,
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approaches to
health
psychology and
behavioral
medicine). The

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Counseling: A

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impacting
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reproduction,
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family building
and post

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chapter follows
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overview,
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identification of
clinical issues,
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useful to the
clinician,
including an
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resources and
an extensive
glossary of
terminology.
We seek to
throw down the

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gauntlet with
this handbook,
challenging the
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the "behavioral
medicine"
approach to the
psychological
study and
treatment of the
physically ill.
This volume is

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not another in
that growing
surfeit of texts
that pledge
allegiance to the
doctrinaire
purity of
behavioristic
thinking, or
conceptualize
their subject in
accord with the

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sterility of
medical models.
Diseases are not
our focus, nor is
the narrow band
of behavioral
assessment and
therapy
methodologies.
Rather, we have
sought to
redefine this

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amorphous, yet
burgeoning field
so as to place it
squarely within
the province of
a broadly-based
psychology-
specifically, the
emerging,
substantive
discipline of
health psy

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chology and the well-established professionalism and diverse technologies of clinical psychology. The handbook's title-
Clinical Health Psychology-reflects this reorientation

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explicitly, and
Chapter 1
addresses its
themes and
provides its
justifications
more fully. In
the process of
developing a
relevant and
comprehensive
health assess

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ment tool, the editors were struck by the failure of clinical psychologists to avail themselves of the rich vein of materials that comprise the psychosocial world of the

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physically ill.
Perhaps more
dismaying was
the observation
that this field
was being
mined-less than
optimally-by
physicians and
nonclinical
psychologists.
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the therapist-

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ons/special
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and healthcare

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A

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