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Over 100,000 copies in
print--from the publisher of the
bestselling Instant Pot® Electric
Pressure Cooker Cookbook

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comes Instant Pot® Obsession,
the latest Instant Pot® Cookbook
for making ANYTHING. Your
Instant Pot® has completely
changed how you get food on the
table.... so what are you going to
make next? In the pages of
Instant Pot® Obsession--the most

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complete Instant Pot® cookbook
yet--simplicity goes one step
further to create more meals, and
save even more time, than ever
before. Use this Instant Pot®
cookbook to make EVERY meal,
ANY day of the week, with: More
than 120 creative recipes like

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French toast cups, baked potato soup, and orange chicken

Variations on selected recipes to make your favorite go-to's new again that you won't find in any other Instant Pot® cookbook

Tasty options for breakfasts, lunches, snacks, and

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desserts—many of which take 30 minutes or less Expert Instant Pot® guidance from Janet Zimmerman, author of the popular Healthy Pressure Cooker Cookbook This Instant Pot® cookbook will show you how to make the most of your perfect

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pot. With Instant Pot®
Obsession, you finally have an
Instant Pot® cookbook you can
indulge in again and again. "Best
Instant Pot cookbook so far! Very
helpful. I find the recipes
practical and they've turned out
well for us. Really appreciate the

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cooking charts in back of the book."--AMomWhoReads, Verified Customer Review "Excellent Instant Pot cookbook...it's full of recipes and provides information on using the Instant Pot that didn't come with the pot itself."--Anne B. Depalma,

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Verified Customer Review

A Pressure Cooker Can Change Your Life Discover how you can make delicious meals in minutes using just one pot. Let Jill, The Veggie Queen, show you how easy and safe it is to make flavorful, healthy plant-based

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meals with vegetables, grains, beans and other legumes and fruit. With a pressure cooker, you can save time and money, lock in flavor and nutrition, decrease your energy costs and avoid a messy kitchen with only one pot to clean! Jill will show you how

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you can cut cooking time in half (or more!) compared to conventional stove top cooking. In *The New Fast Food*, you'll learn how to choose and use a pressure cooker, with timing charts for your favorite plant foods. You'll also find more than

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100 recipes for everything from breakfast to dessert. Most of the recipes are gluten-free and all are vegan. The New Fast Food offers fast, colorful and tasty dishes such as: Orange Glazed Broccoli with Carrots and Kale Mashed Maple Winter Squash

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with Cinnamon Lemony Lentil
and Potato Chowder Smoky
Sweet Potato and Black Bean
Chili Coconut Almond Risotto
If your pressure cooker has been
collecting dust, then you need to
get Comfortable Under Pressure!
Meredith Laurence, the Blue Jean

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Chef, has been cooking on live television on QVC for over ten years. By sharing tips, tricks and techniques with the QVC customers while equipping their kitchens with QVC's professional Technique® and Blue Jean Chef® cookware, Meredith has

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helped people become comfortable in their kitchens. Now, in this cookbook, Meredith gives you a wide variety of delicious recipes for the pressure cooker, so you can get meals on the table in one third of the time it would normally take. Her

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recipes, tips, and techniques will help make any cook more Comfortable Under Pressure. With 125 recipes and over 100 tips and explanations, Comfortable Under Pressure will help you create delicious meals while becoming more versatile

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and at ease with your pressure
cooker. Don't let the pressure get
to you! Get Comfortable Under
Pressure!

QVC edition

Mormon Moms in the Kitchen

30th Anniversary Edition

100 Simple Recipes for

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Spectacular Results -- with
Photographs of Every Step
Instant Indian

Survival Guide to Safe Home
Canning

The Soul of California - Cooking
for the Holidays

Cooking with Chef Brad

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The follow-up to Cooking Under Pressure, the classic and bestselling book on the topic, this is Lorna Sass's first new pressure-cooker cookbook in nine years. These seventy-five delicious recipes, perfect for the single person or the family on the go, can be prepared in the pressure cooker in one-third the normal time or less. Many of

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the recipes can be prepared in less than ten minutes, including Risotto with Butternut Squash and Sage -- ready in less than eight minutes -- and even a few desserts. These recipes are also low in fat, since cooking under pressure locks in the flavor and only minimal use of butter and oil is required. The time is right for a new pressure cooker

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cookbook -- pressure cookers are selling better than ever. And today's pressure cookers are safer than ever -- fears in the past about the safety of jiggle-top cookers are no more with these safe new cookers, this cookbook will be essential for anyone who has ever thought, "How can I get a delicious meal on the table, fast?"

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*Praised by Wired.com and featured by
Chicago Tribune, Booklist, Epicurious,
Booklist, and Eat This, Not That!*

*Multicookers such as the GoWISE USA and
Instant Pot Duo are hugely popular;
however, most recipes are unreliable or are
designed to work in only one model of
multicooker--and most often, they use only*

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the pressure-cook setting. Enter Multicooker Perfection, a collection of foolproof recipes tested and developed to work in any multicooker and conform to your schedule. Make each recipe "fast" using the pressure-cook setting or let dinner cook while you're out by preparing it "slow" on the slow-cook setting. These crowd-pleasing recipes are

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perfectly suited for cooking at the touch of a button, from soups and stews like Easy Beef and Barley Soup and Chipotle Pork and Hominy Stew; to weeknight-friendly meals like Braised Chicken Breasts with Tomatoes and Capers, Ziti with Sausage Ragu, and Thai Braised Eggplant; to company-worthy dishes like Tamarind

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Braised Beef Short Ribs and Osso Buco with Sweet and Spicy Peperonata. Plus, you'll find a chapter of unexpected recipes like Boston Brown Bread, Buffalo Chicken Wings, and even a perfectly creamy Cheesecake. Make cooking easier and better with this must-have cookbook for any multicooker owner.

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Bake your way through delicious time-tested recipes from one of America's premier resorts, modified for home bakers From Deer Valley, the Utah ski resort renowned for cuisine and service, Executive Pastry Chef Letty Halloran Flatt offers 126 of the resort's tried-and-true recipes for breakfast treats, homemade breads, cookies, and ice

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*creams, as well as pies and tarts, elegant cakes, and one-of-a-kind desserts—a mouthwatering blend of Flatt's years of experience and her penchant for fresh, natural flavors. A few choice recipes in The Chocolate Snowball: * Chocolate Zucchini Bread * Healthy Heart Muffins * Oatmeal Rosemary Scones * Roquefort Gougères **

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*Dark Chocolate Bread * Chocolate Almond
Macaroons * Peanut Butter Truffles *
Almost Sinless Brownies From the foreword
by James A. Nassikas, former president of
Deer Valley Resort [Y]ou will find truly
American recipes here that cut away from
the time-honored traditions of home baking,
yet fit comfortably with the skill and*

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available equipment of the home baker. Home bakers will benefit from the author's clarity of instructions and descriptions. Added bonuses in this book are twofold: the technical directions given for the unpredictable aspects of high-altitude baking and the inclusion of timely recipes that are fat-free alternatives. As a good

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cookbook should, this one motivates and conveys trust. The author instills confidence as she guides you every step of the way, often with numerous pointers and trade secrets she includes as sidebars to a range of selected recipes.

Authorized by Instant Pot and filled with beautiful photographs and more than 75

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simple, well-tested comfort food recipes, this indispensable book is the ultimate collection of delicious weekday meals. The best-selling Instant Pot has been a runaway hit, with an almost cultlike following and users who swear by it. But finding delicious, well-tested, weekday-friendly recipes that are both inspiring and trustworthy has proven

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difficult, until now. The Essential Instant Pot Cookbook covers each meal of the day, offering plenty of tried-and-true classic recipes, such as spicy beef and bean chili, a whole roasted chicken with mushroom sauce, and decadent New York cheesecake, alongside a hearty array of contemporary meals, such as Greek-style Gigantes beans

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with fresh feta, braised pork loin with balsamic vinegar and caramelized onions, buttery cauliflower mashed potatoes, pork adobo, and more! Whether you're looking to expand your pressure cooker recipe repertoire or seeking the ultimate gift for the Instant Pot aficionado, this is the book to have.

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The Step-by-Step Instant Pot Cookbook

The Pressured Cook

Preserving in Small Batches Year-Round

Weelicious

The Well Plated Cookbook

140 Fast, Fresh, and Easy Recipes

Authentic Flavors and Modern Recipes for

Your Electric Pressure Cooker

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Want to Make Hot,
Delicious Meals without
even turning on the
oven? You can, using a
pressure cooker!
Pressure cooking allows
you to create easy,

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tasty meals that would otherwise require hours of effort. And pressure-cooked food retains much of the vitamins and nutrients that are lost in conventional cooking

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methods.

The instant New York
Times and USA Today
bestseller Hungry Girl
Clean & Hungry: Healthy
Recipes for Clean Eating
in the Real World

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Complete with full-color photos of EVERY recipe, Hungry Girl Clean & Hungry combines the best of Hungry Girl with the best of clean eating. The food is still guilt-

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free, and the portions are still huge...but now Lisa Lillien is highlighting CLEAN ingredients and doing away with artificial and processed foods. This

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book gives mainstream America delicious, satisfying, and clean recipes, using healthy ingredients found in supermarkets everywhere. The best part? The

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recipes are so easy,
anyone can make 'em!

Featuring... 90

vegetarian recipes 108

gluten-free recipes 56

recipes in 30 minutes or

less 43 recipes with 5

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ingredients or less
Recipes like... PB&J
Waffles (203 calories)
BBQ Meatloaf (196
calories) Hawaiian
Shrimp Fried Rice with
Pineapple (229 calories)

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Fudgy Flourless
Chocolate Cake (100
calories) Finally... a
real-world (and
DELICIOUS) approach to
clean eating!
This collection of

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soulful California
cuisine recipes
incorporates the casual
lifestyle of the West
Coast with the deep
roots of the South,
nearby Mexican

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traditions and delicious
Asian influences.

Organized by menus, the
cook can mix and match
the recipes to impress
his or her family and
friends.

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A collection of 200
easy, delicious recipes
for the incredibly
popular Instant Pot,
packaged in a gorgeous
hardcover format with
more than 80 stunning

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photographs throughout.
The well-tested, fully
authorized recipes in
The Ultimate Instant Pot
Cookbook cover a range
of flavors and
occasions, making this

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the ultimate collection of recipes for the home cook who values the convenience of an electric pressure cooker. This is the only book you'll need when

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looking for tried-and-true classics like creamy tomato soup, ground beef stroganoff, chicken mushroom casserole, or peach cobbler; international

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favorites like carnitas, chicken tikka masala, or refried beans; and crave-worthy treats like French toast casserole and triple chocolate cheesecake. There are

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even easy entertaining recipes, like artichoke-spinach dip, and special occasion recipes such as the classic Thanksgiving favorites of mashed potatoes, creamed corn,

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and more. With special sections of vegetarian recipes and jams, jellies, and pickles, this collection goes deeper than other Instant Pot books and

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has something for everyone. And recipes for every meal of the day, from breakfast to dessert, make this book your one-stop source for mouthwatering meals all

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day long. Printed on high-quality paper and bound in a hardcover format filled with beautiful photographs, this is truly the ultimate book for

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gifting or self-
purchase, and destined
to become the beloved
Instant Pot cookbook.
200 Fast and Foolproof
Recipes for Every Brand
of Electric Pressure

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Cooker

Beyond Pressure Cooker

LDS Preparedness Manual

Dinner in an Instant

Food for Humans

Multicooker Perfection

Pressure Cooker Recipes

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Inspired by her viral New York Times article "Why Do Cooks Love the Instant Pot(R)? I Bought One to Find Out," Melissa Clark's Dinner in an Instant has all new recipes that bring her

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***signature flavor-forward
dishes to everyone's favorite
countertop appliance.
Dinner in an Instant gives
home cooks recipes for
elevated dinners that never
sacrifice convenience.***

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Beloved for her flawless recipes, Melissa Clark turns her imagination to the countertop appliances that have won American hearts from coast to coast. Recipes include Fresh Coconut

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***Yogurt, Japanese Beef Curry,
Osso Buco, Smoky Lentils,
Green Persian Rice with
Tahdig, and Lemon Verbena
Cr me Brulee. Dinner in an
Instant provides instructions
when possible for making***

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the same dish on both the pressure cooker and slow cooker settings, allowing home cooks flexibility. Symbols guide the reader toward Paleo, Vegan, Vegetarian, and Gluten Free

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***dinners. Fresh,
approachable, and classic,
Dinner in an Instant is
Melissa Clark's most
practical book yet.
Simply Canning - Survival
Guide to Safe Home***

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Canning. Do you know the most important information for safe home canning? Do you have the assurance that you won't poison your children? Simply Canning will lead you step by step

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through the most important safety information. Safety First! If you are a beginning canner and are not sure where to start, Simply Canning is for you. This canning guide is designed to

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***boost your understanding of
canning principals and
safety, and make your
canning a success. Simple
Steps Canning Guide is a
guide that will: Give you
essential information you***

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***need for safe, successful
and fun home canning. Give
you confidence and peace of
mind.... we all love peace of
mind. What you will learn:
Basics - so what is it that
processing actually does?***

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***Choosing your food and
canning methods- Which
canning method should you
use, and more importantly
which ones to NOT use
Canners -How to use both
Water Bath and Pressure***

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Canners. Equipment - What else do you need? Hand tools, Specialty tools. What is essential and what is just plain handy. The Big Day- Tips to make canning day go smoothly. Preparation is the

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***key to stress-free success.
When the job is done. How
to check your seals, store
your jars and equipment.
What to do if you have jars
that don't turn out quite
right Recipes for both***

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***waterbath and pressure
canning many basic foods.
A comprehensive guide to
home preserving and
canning in small batches
provides seasonally
arranged recipes for 100***

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jellies, spreads, salsas and more while explaining the benefits of minimizing dependence on processed, store-bought preserves. How would you like to make meals that taste like you

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***spent hours in the kitchen,
but are ready in a matter of
minutes? Thanks to the
efficiency of a Presto®
pressure cooker, you can!
Presto® Pressure Cooker
Recipes features more than***

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75 recipes for delicious dishes, including Savory Brisket (pressure cooking time: 33 minutes), Bacon and Stout Short Ribs (pressure cooking time: 30 minutes), and Chile Verde

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Chicken Stew (pressure cooking time: 8 minutes). From soups and stews to ribs and roasts, you'll be able to get dinner on the table more quickly than you ever imagined. Once you

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***start cooking in your
Presto® pressure cooker,
you'll wonder how you ever
got along without it!
The Essential Instant Pot
Cookbook
Easy All-Natural Recipes for***

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***Healthy Eating in the Real
World***

Cooking for Geeks

Nom Nom Paleo

***200 Deliciously Simple
Recipes for Your Electric
Pressure Cooker***

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***175+ Quick, Easy &
Delicious Recipes
Fresh and Foolproof Recipes
for Your Electric Pressure
Cooker***

Discover favorite foods from all over
India with the Instant Pot! By now,

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nearly everyone has heard of the Instant Pot, the multi-use programmable pressure cooker that has taken the home cooking world by storm and brought together a community of millions of online followers. With over 5 million Instant Pots sold--and numerous similar

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programmable cooking devices now joining the market--this time-saving cooking phenomenon is certainly here to stay. The Instant Pot lends itself perfectly to Indian recipes, making flavorful, nutritious Indian fare like dals, legumes and all manner of curries--that typically take a long time

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to simmer--up to 70% faster than on the stove top. Cookbook author, blogger and cooking teacher Rinku Bhattacharya has put together a collection of 100 authentic recipes that showcase the diversity and range of the foods of India, where every state and region boasts its own unique

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dishes. Nine chapters cover everything from essentials like key ingredients, spice blends, curry sauces, and yogurt-making, to recipes for breakfasts, rice & grain dishes, lentils, vegetables, seafood, chicken and meat curries, as well as drinks, chutneys and desserts. Nearly all of the recipes are gluten

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free, and there are plenty of vegetarian and vegan options as well. With step-by-step instructions and color photos throughout, Instant Indian makes Indian cooking easy and fool-proof using all the functions of this popular appliance. Whether you crave idli and sambhar from South India, Khaman

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Dhokla from Gujarat, Punjabi Butter Chicken, Goan Fish Curry or Bengali Red Lentils, or simply want to discover a new favorite, this cookbook brings the best of India to your table in an instant!

A new and vibrant vegan cookbook authorized by Instant Pot, from the

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creator of the Rainbow Plant Life blog. With food and photos as vivid, joyous, and wholesome as the title of her popular cooking blog--Rainbow Plant Life--suggests, Nisha Vora shares nourishing recipes with her loyal followers daily. Now, in her debut cookbook, she makes healthy,

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delicious everyday cooking a snap with more than 90 nutritious (and colorful!) recipes you can make easily with the magic of an Instant Pot pressure cooker. With a comprehensive primer to the machine and all its functions, you, too, can taste the rainbow with a full repertoire of

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vegan dishes. Start the day with Nisha's Homemade Coconut Yogurt or Breakfast Enchilada Casserole, then move on to hearty mains like Miso Mushroom Risotto, and even decadent desserts including Double Fudge Chocolate Cake and Red Wine-Poached Pears. The Vegan Instant

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Pot Cookbook will quickly become a go-to source of inspiration in your kitchen.

NATIONAL BESTSELLERThe easiest-to-follow Instant Pot cookbook ever: 100 delicious recipes with more than 750 photographs guiding you every step of the way Jeffrey Eisner's

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popular Pressure Luck Cooking website and YouTube channel have shown millions of home cooks how to make magic in their Instant Pots. Now Eisner takes the patient, fun, step-by-step approach that made him an online phenomenon and delivers a cookbook of 100 essential dishes that

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will demystify pressure cooking for Instant Pot users of all abilities--and put an astounding dinner on the table in a flash. Every flavor-filled recipe in this book is illustrated with clear photographs showing exactly what to do in each step. There are no surprises: no hard-to-find ingredients,

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no fussy extra techniques, and nothing even the most reluctant cooks can't master in moments. What you see is truly what you get, in delicious and simple dishes such as: Mac & Cheese Quick Quinoa Salad French Onion Chicken Eisner's popular Best-Ever Pot Roast Ratatouille Stew And even

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desserts such as Bananas Foster and Crème Brûlée.

AARP Digital Editions offer you practical tips, proven solutions, and expert guidance.

Real Science, Great Hacks, and Good Food

Simply Canning

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Kitchen Meditations and Inspired
Recipes from a Mindful Cook
and Other Fabulous Pastries from
Deer Valley Baker
Essentials of Classic Italian Cooking
Cook It Fast or Cook It Slow-You
Decide
Chocolate Snowball

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From the leading authority on speed cooking comes the groundbreaking cookbook that inspired a generation of cooks—now updated and revised for today's tastes and sleek, ultrasafe

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machines From the elegant to the ethnic to the traditional, Cooking Under Pressure contains a wealth of flavor-packed recipes for fast, healthy, and delicious meals developed

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***for the modern pressure
cooker—a magical appliance
that turns out foods in
one-third (or less) the
standard cooking time
without sacrificing flavor
or aroma. Lorna Sass***

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introduces us to an eclectic array of dishes that can be prepared on a whim, including classic osso buco (18 minutes), chicken gumbo (9 minutes), and risotto (4 minutes,

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***without stirring!)*. Even
chocolate cheesecake and
Grand Marnier bread
pudding are done to
perfection in short order.
Plus, the dramatically
shortened cooking times**

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***make it possible to
prepare cholesterol-free,
high-fiber ingredients
such as grains and beans
at the last minute. The
pressure cooker is the
cook's best friend!***

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Many books teach the mechanics of cooking and even inspire us to cook; not many dwell on the kitchen's ability to be a place of awakening and joy. In Finding Yourself

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in the Kitchen, Dana Velden asks you to seek deeper meaning in this space and explores what cooking can teach about intimacy, failure, curiosity, and beauty.

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Finding Yourself in the Kitchen is a book of essays, each focused on a cooking theme that explores how to practice mindfulness in the kitchen--and beyond--to

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*discover a more deeply
experienced life. It also
offers meditation
techniques and practical
kitchen tips, including 15
of Velden's own favorite
recipes. What happens when*

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we find ourselves in the kitchen? What vitalizes, challenges, and delights us there? An extension of her popular "Weekend Meditation" column on TheKitchn.com, this book

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offers you the chance to step back and examine your life in a more inspired way. The result is a reading experience that satisfies, nourishes and inspires.

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Fast Favorites Under Pressure by Blue Jean Chef Meredith Laurence is written with the smaller household in mind. These days, so many pressure cooker recipes are written

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for bigger pressure cookers and designed to serve 6 to 8 people. When you're dealing with pressure-cooking, however, cutting a large recipe back to feed just 2 to 4

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***people is not always
straight-forward. Fast
Favorites Under Pressure
does all the work for you,
with every recipe
guaranteed to work in a
4-quart pressure cooker.***

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The recipes also double very easily so if you're cooking in an 8-quart cooker, you'll have no trouble making twice as many "fast favorites."
Fast Favorites Under

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Pressure also includes tips and tricks for pressure cooking so you can be even more successful with your pressure cooker. Blue Jean Chef Meredith Laurence has

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***created more than 100
recipes for the 4-quart
Pressure Cooker that are
sure to become family
favorites, including
Chicken Alfredo Rotini,
Red Wine Braised Short***

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***Ribs, Lime Shrimp with
Spicy Tomato Grits, and
Mint Chocolate Fudge Cake
with Ganache. From soups
to pasta, meat to seafood,
grains, vegetarian and
dessert, all types of***

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*appetites will have
choices to get a meal on
the table in a fraction of
the time.*

*Delicious Under Pressure,
The Blue Jean Chef
Meredith Laurence's second*

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***pressure cooker cookbook
is full of easy,
flavorful, and unexpected
pressure cooker recipes,
making a pressure cooker a
must-have appliance. The
book covers the basics of***

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pressure-cooking as well as offers more advanced recipes for more experienced cooks. The result is delicious and the bonus is time, with all these recipes taking

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***one third of the time of
traditional cooking
methods. Recipes include
Tortilla soup, Spinach and
Three Cheese Manicotti,
Hunter's Beef Stew, Pork
Carnitas, Thai Coconut***

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***Mussels, Portobello
Mushroom and Zucchini
Moussaka, Beets and
Potatoes with Bacon,
Blueberry Polenta with
Bananas and Maple Syrup,
and Brown Sugar Bourbon***

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***Bread Pudding, including
all-new chapters on
Vegetarian Main Courses
and Breakfast Dishes.
Don't settle for the same
old pressure cooker foods.
Get Delicious Under***

**Access Free Cooks Essentials
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Pressure.

Delicious Under Pressure

Fast, Healthy Recipes

You'll Want to Eat

Pressure Cooker Perfection

The New Fast Food

Aarp Miss Vickie's Big

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***Book of Pressure Cooker
Recipes***

Instant Pot® Obsession

Step-by-step Cookbook

**100 foolproof pressure-cooker
recipes that will change the
way you cook. In Pressure**

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Cooker Perfection, the first volume in our new test kitchen handbook series, the editors at America's Test Kitchen demystify an appliance that to many home cooks remains intimidating -- but shouldn't. Modern

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pressure cookers are safer, quieter, more reliable, and more user-friendly than old-fashioned jiggle-top models. And they can prepare a wide range of foods -- everything from barbecue to risotto -- in record time. Cooking under

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pressure results in better-tasting dishes because every drop of flavor is trapped in the sealed pot. This fact, combined with the shorter cooking time, means that your dishes will be supercharged with flavor. And

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cooking under pressure is versatile. While they're ideal for roasts and stews, pressure cookers can also turn out perfectly tender beans, grains, and legumes in short order. If ever there was a cooking method that could

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benefit from the obsessive trial and error that our test kitchen is known for, this is it. When cooking time is compressed, every minute matters, and when flavors are amplified, even a small change becomes significant.

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We ran hundreds of tests in fifteen pressure cookers to find out what works and what doesn't, and we deliver the foolproof, guaranteed-successful recipes in Pressure Cooker Perfection. With this foolproof guide to cooking

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under pressure, every home cook will be guaranteed success.

Comfort classics with a lighter spin, from the creator of the healthy-eating blog Well Plated by Erin. Known for her incredibly approachable,

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slimmed-down, and outrageously delicious recipes, Erin Clarke is the creator of the smash-hit food blog in the healthy-eating blogosphere, Well Plated by Erin. Clarke's site welcomes millions of readers, and with

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good reason: Her recipes are fast, budget-friendly, and clever; she never includes an ingredient you can't find in a regular supermarket or that isn't essential to a dish's success, and she hacks her recipes for maximum nutrition

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by using the "stealthy healthy" ingredient swaps she's mastered so that you don't lose an ounce of flavor. In this essential cookbook for everyday cooking, Clarke shares more than 130 brand-new rapid-fire recipes, along

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**with secrets to lightening up
classic comfort favorites
inspired by her midwestern
roots, and clever recipe hacks
that will enable you to put a
healthy meal on the table any
night of the week. Many of
the recipes feature a single**

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ingredient used in multiple, ingenious ways, such as Sweet Potato Boats 5 Ways. The recipes are affordable and keep practicality top-of-mind. She's eliminated odd leftover "orphan" ingredients and included Market Swaps so

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you can adjust the ingredients based on the season or what you have on hand. To help you make the most of your cooking, she's even included tips to store and reheat leftovers, as well as clever ideas to turn them

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**into an entirely new dish.
From One-Pot Creamy
Sundried Tomato Orzo to
Sheet Pan Tandoori Chicken,
all of the recipes are
accessible to cooks of every
level, and so indulgent you
won't detect the healthy**

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ingredients. As Clarke always hears from her readers, "My family doesn't like healthy food, but they LOVED this!" This is your homey guide to a healthier kitchen. The benefits of pressure cooking are phenomenal, says

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Chef Brad Petersen. It's easy, safe, and saves time and money. Most important of all, foods prepared in a pressure cooker taste great while maintaining optimal nutrition. This cookbook is packed with some of Chef Brad's all-time

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favorite pressure cooker recipes. Included is Chef Brad's formula for "Pressure Cooker Meals in Minutes," along with cooking time charts for various grains, meats, rice, and vegetables. Discover some of Chef Brad's

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**secrets to more healthful
cooking in Cooking with Chef
Brad-Favorite Pressure
Cooker Recipes.**

**The Electric Pressure Cooker
Cookbook is your resource for
learning all the shortcuts to
make a delicious meal in a**

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**fraction of the usual
time—with over 200 new
family-friendly recipes from
the world's leading blogger
on pressure cooking Barbara
Schieving (of
PressureCookingToday.com).
These recipes are big on**

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flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and nutritious ingredients. The Electric Pressure Cooker Cookbook features loads of tips and tricks that help you get the most from your

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pressure cooker, no matter what brand you own. If you're a busy parent or can't find time to make dinners after work, then you will love the Shortcut Dinners and 30-Minute Meals sections. With the terrific weeknight

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**meals on the fly, you'll also
adore the Sunday Suppers
perfect for special weekend
gatherings. Find recipes for
every taste and diet: Robust
meat and chicken dishes
Vegetarian mains and sides
Healthy breakfasts Tasty**

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**sandwiches, wraps, and tacos
Soothing soups and stews
And a big chapter full of quick
and easy desserts Whether
you're an experienced
pressure cooker user or
completely new to this time-
saving device, you will return**

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**to this cookbook again and
again for recipes your whole
family will love.**

**Favorite Pressure Cooker
Recipes**

**Power Pressure Cooking
Wholesome, Indulgent Plant-
Based Recipes**

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**The Electric Pressure Cooker
Cookbook**

**The Ultimate Electric Pressure
Cooker Cookbook for Cooking
Everything Fast**

**Over 75 One-Pot Meals In
Minutes, Made In Today's
100% Safe Pressure Cookers**

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Comfortable Under Pressure

Under pressure to prepare a quick, nutritious dinner? Under pressure to reduce your fat and cholesterol? When the pressure's on for a great vegetarian meal on the run, turn to Lorna Sass's

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second guide to the safe and delicious use of the pressure cooker. This collection of recipes dispels the myth of the difficult-to-use pressure cooker -- which is in fact easier and faster than the microwave -- and shows how

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vegetarian fare can be vibrantly colorful and full of flavor!

Bursting with rich soups, hearty stews and casseroles, zesty curries, and flavor-packed chilis, Great Vegetarian Cooking Under Pressure brings together over 150

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recipes, most with cooking times of under ten minutes. Arrive in Provence with a two-minute soupe au pistou laced with garlic and fennel; serve up an elegant zucchini bisque with tomatoes and fresh basil in just five minutes; or

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prepare a polenta good enough for a palazzo in only ten minutes. There are also scores of perfect vegetable side dish recipes, with an instructive chart detailing how to prepare everything from artichokes to zucchini. Lorna Sass

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devotes special attention to grains -- a vital part of the healthy diet -- and shows how brown rice, millet, couscous, quinoa, and bulgur can turn from gourmet store items into staples of your pantry.

Whether it's Risotto with Broccoli

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Rabe and White Beans in five minutes, or Mediterranean Vegetable Couscous in just six, these recipes lock in delicious nutrition without tying up precious time. There's even a section about the splendid

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desserts that are possible with the pressure cooker, like Banana Pudding Cake and Pumpkin Bread Pudding. Filled with informative sections about the equipment, ingredients, and language of pressure cooking, suggestions for

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theme menus, and mail-order resources, this compendium of high-quality, high-fiber, low-fat (and mostly cholesterol-free) dishes will become an essential guide for today's bustling cook. A New York Times cookbook best-

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seller. Nom Nom Paleo is a visual feast, crackling with humor and packed with stunningly photographed step-by-step recipes free of gluten, soy, and added sugar. Designed to inspire the whole family to chow down on

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healthy, home-cooked meals, this cookbook compiles over 100 foolproof paleo recipes that demonstrate how fun and flavorful cooking with wholesome ingredients can be. And did we mention the cartoons? Nom Nom

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Paleo kicks off with a fresh introduction to Paleo eating, taking readers on a guided tour of author Michelle Tam's real-food strategies for stocking the kitchen, saving time, and maximizing flavors while

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maintaining a Paleo lifestyle. Also, sprinkled throughout the book are enlightening features on feeding kids, packing nutritious lunches, boosting umami, and much more. But the heart of this book are Michelle's award-winning primal

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Paleo recipes, 50 percent of which are brand-new --- even to diehard fans who own her bestselling iPad cookbook app. Readers can start by marrying their favorite ingredients with building blocks like Sriracha Mayonnaise,

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Louisiana Remoulade, and the infamous Magic Mushroom Powder. These basic recipes lay the foundation for many of the fabulous delights in the rest of the book including Eggplant "Ricotta" Stacks, Crab Louie, and Devils on

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Horseback. There's something for everyone in this cookbook, from small bites like Apple Chips and Kabalagala (Ugandan plantain fritters) to family-sized platters of Coconut Pineapple "Rice" and Siu Yoke (crispy roast pork belly).

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Crave exotic spices? You won't be able to resist the fragrant aromas of Fast Pho or Mulligatawny Soup. In the mood for down-home comforts? Make some Yankee Pot Roast or Chicken Nuggets drizzled with Lemon Honey Sauce.

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When a quick weeknight meal is in order, Nom Nom Paleo can show you how to make Crispy Smashed Chicken or Whole-Roasted Branzini in less than 30 minutes. And for a cold treat on a hot day, nothing beats Paleo-diet-

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friendly Mocha Popsicles or a two-minute Strawberry Banana Ice Cream. Eating healthy doesn't mean sacrificing flavor. This book gives you "Paleo with personality," and will make you excited to play in the kitchen again.

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The Instant Pot has become an instant classic, a must-have item for home cooks everywhere.

Designed to increase the versatility of your Instant Pot or Duo Crisp machine, The Complete Instant Pot Cookbook features a

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curated collection of classic and contemporary recipes that utilize this innovative device to its maximum potential and yield delicious, streamlined meals. The well-tested recipes include all the basics—like yogurt, eggs, jam,

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rice, grains, and beans—as well as dishes for every meal of the day. You'll learn the fundamentals and benefits of cooking various cuts of meat—such as pork shoulder, chicken thighs, or beef chuck—in an Instant Pot. Quick and simple

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soup stocks—including chicken, fish, bone, and vegetable—allow you to maximize the flavor of your favorite dishes in less time than traditional methods. Plus, the Instant Pot primer gives you all the insider tips on how to

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maximize the effectiveness and versatility of the Instant Pot and the Air Fryer lid. Beyond the basics, The Complete Instant Pot Cookbook covers a versatile range of flavor profiles and dishes. From comforting classics like

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bolognese, posole, and Thai basil noodles, to lighter fare such as chicken braised with citrus and olives, gingery salmon, and zesty and bright wild rice salad, to decadent desserts like molten lava cakes and key lime pie, you'll find

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plenty of inspiration for getting the most out of your pressure cooker. 100+ RECIPES: From breakfast to lunch to sides, snacks, entrees, and desserts, The Complete Instant Pot Cookbook covers all meals of the day with a

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wide range of international flavors and recipes INSTANT POT PRIMER: In addition to handy hacks and simple instructions, the front of the book includes an overview on how to use an Instant Pot and the Air Fryer lid, along

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with tips, tricks, and an
ingredients primer

PROFESSIONALLY DEVELOPED:
Developed by a test kitchen team
and veteran Instant Pot cookbook
authors, each recipe is designed
to work with several models of

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Instant Pot and the Duo Air Fryer
lid MASTER THE BASICS:

Included are handy staple recipes
and charts for cooking different
types of beans, grains, and
vegetables FULL-COLOR

PHOTOGRAPHY: The Complete

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Instant Pot Cookbook features gorgeous full-color photography of the recipes, giving home chefs a visual reference alongside easy-to-follow instructions

Every parent knows how difficult it is to get to get kids eating

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happily and healthily. Catherine McCord has the answer: Weelicious! Creator of the wildly popular blog Weelicious.com, Catherine, who honed her cooking skills at Manhattan's Institute of Culinary Education, strongly

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believes in the “one family/one meal” idea—preparing a single, scrumptious meal the entire family can sit down and enjoy together rather than having to act as “short order cook” for kids who each want something different. In

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Weelicious, she offers dozens of recipes and tips for creating quick, easy, healthy, and fun food that moms, dads, and young children of any age will absolutely adore—from the most persnickety infants to the pickiest grade-

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schoolers.

Great Vegetarian Cooking Under
Pressure

Presto: Pressure Cooker Recipes

Finding Yourself in the Kitchen

The Ultimate Instant Pot

Cookbook

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Cook's Essentials

The Vegan Instant Pot Cookbook
75 Modern Recipes for Your
Pressure Cooker, Slow Cooker,
and Instant Pot

***This authorized collection
of 75 simplified Indian***

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***classics for the
immensely popular
electric pressure cooker,
the Instant Pot, is a
beautifully photographed,
easy-to-follow source for
flavorful weekday meals.***

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***The Essential Indian
Instant Pot Cookbook is
your source for quick,
flavorful Indian favorites
and contemporary
weekday meals. With 75
well-tested recipes***

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***authorized by Instant Pot
covering every meal of
the day, this is a go-to
resource for classic
chicken, lamb, and
vegetarian curries; daals,
soups, and seafood like***

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fennel and saffron spiced mussels; breakfast delights like spicy frittata and ginger almond oatmeal; and sweet treats like rose milk cake and fig and walnut halwa.

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***Presents recipes ranging
in difficulty with the
science and technology-
minded cook in mind,
providing the science
behind cooking, the
physiology of taste, and***

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***the techniques of
molecular gastronomy.
A beautiful new edition of
one of the most beloved
cookbooks of all time,
from “the Queen of
Italian Cooking” (Chicago***

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Tribune). ***A timeless collection of classic Italian recipes—from Basil Bruschetta to the only tomato sauce you'll ever need (the secret ingredient:***

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***butter)—beautifully
illustrated and featuring
new forewords by Lidia
Bastianich and Victor
Hazan “If this were the
only cookbook you owned,
neither you nor those you***

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***cooked for would ever get bored.” —Nigella Lawson
Marcella Hazan
introduced Americans to
a whole new world of
Italian food. In this, her
magnum opus, she gives***

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us a manual for cooks of every level of expertise—from beginners to accomplished professionals. In these pages, home cooks will discover: • Minestrone

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***alla Romagnola • Tortelli
Stuffed with Parsley and
Ricotta • Risotto with
Clams • Squid and
Potatoes, Genoa Style •
Chicken Cacciatora •
Ossobuco in Bianco •***

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***Meatballs and Tomatoes •
Artichoke Torta • Crisp-
Fried Zucchini blossoms •
Sunchoke and Spinach
Salad • Chestnuts Boiled
in Red Wine, Romagna
Style • Polenta Shortcake***

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***with Raisins, Dried Figs,
and Pine Nuts •
Zabaglione • And much
more This is the go-to
Italian cookbook for
students, newlyweds, and
master chefs, alike.***

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***Beautifully illustrated
with line drawings
throughout, Essentials of
Classic Italian Cooking
brings together nearly
five hundred of the most
delicious recipes from the***

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Italian repertoire in one indispensable volume. As the generations of readers who have turned to it over the years know (and as their spattered and worn copies can

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***attest), there is no more
passionate and inspiring
guide to the cuisine of
Italy.***

***Meet Sara and Kate, two
Mormon girls who love to
cook.***

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***The Food Lab: Better
Home Cooking Through
Science***

***The Essential Indian
Instant Pot Cookbook
Hungry Girl Clean &
Hungry***

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***The Veggie Queen
Pressure Cooks Whole
Food Meals in Less Than
30 Minutes
Our Best Bites
Classic Foods from Every
Region of India Made***

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***Easy in the Instant Pot
Fast Favorites Under
Pressure***

**A New York Times
Bestseller Winner of the
James Beard Award for
General Cooking and the**

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**IACP Cookbook of the Year
Award "The one book you
must have, no matter what
you're planning to cook or
where your skill level
falls."—New York Times
Book Review Ever wondered**

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**how to pan-fry a steak
with a charred crust and
an interior that's
perfectly medium-rare from
edge to edge when you cut
into it? How to make
homemade mac 'n' cheese**

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**that is as satisfyingly
gooey and velvety-smooth
as the blue box stuff, but
far tastier? How to roast
a succulent, moist turkey
(forget about
brining!)-and use a**

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foolproof method that works every time? As Serious Eats's culinary nerd-in-residence, J. Kenji López-Alt has pondered all these questions and more. In The

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Food Lab, Kenji focuses on the science behind beloved American dishes, delving into the interactions between heat, energy, and molecules that create great food. Kenji shows

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that often, conventional methods don't work that well, and home cooks can achieve far better results using new—but simple—techniques. In hundreds of easy-to-make

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**recipes with over 1,000
full-color images, you
will find out how to make
foolproof Hollandaise
sauce in just two minutes,
how to transform one
simple tomato sauce into a**

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**half dozen dishes, how to
make the crispiest,
creamiest potato casserole
ever conceived, and much
more.**

Food in Jars

Cooking Under Pressure ()

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**The Complete Instant Pot
Collection**