

## Core Psychiatry 3e Mrcpsy Study Guides

*This book and its companion, Skills for Communicating with Patients, Second Edition, provide a comprehensive approach to improving communication in medicine. Fully updated and revised, and greatly expanded, this new edition examines how to construct a skills curricular at all levels of medical education and across specialties, documents the individuals skills that form the core content of communication skills teaching programmes, and explores in depth the specific teaching, learning and assessment methods that are currently used within medical education. Since their publication, the first edition of this book and its companion Skills for Communicating with Patients, have become standards texts in teaching communication skills throughout the world, 'the first entirely evidence-based textbooks on medical interviewing. It is essential reading for course organizers, those who teach or model communication skills, and program administrators.*

*The revised 13th edition of the essential reference for the prescribing of drugs for patients with mental health disorders The revised and updated 13th edition of The Maudsley Prescribing Guidelines in Psychiatry provides up-to-date information, expert guidance on prescribing practice in mental health, including drug choice, treatment of adverse effects and how to augment or switch medications. The text covers a wide range of topics including pharmacological interventions for schizophrenia, bipolar disorder, depression and anxiety, and many other less common conditions. There is advice on prescribing in children and adolescents, in substance misuse and in special patient groups. This world-renowned guide has been written in concise terms by an expert team of psychiatrists and specialist pharmacists. The Guidelines help with complex prescribing problems and include information on prescribing psychotropic medications outside their licensed indications as well as potential interactions with other medications and substances such as alcohol, tobacco and caffeine. In addition, each of the book's 165 sections features a full reference list so that evidence on which guidance is based can be readily accessed. This important text: Is the world's leading clinical resource for evidence-based prescribing in day-to-day clinical practice and for formulating prescribing policy Includes referenced information on topics such as transferring from one medication to another, prescribing psychotropic medications during pregnancy or breastfeeding, and treating patients with comorbid physical conditions, including impaired renal or hepatic function. Presents guidance on complex clinical problems that may*

*not be encountered routinely Written for psychiatrists, neuropharmacologists, pharmacists and clinical psychologists as well as nurses and medical trainees, The Maudsley Prescribing Guidelines in Psychiatry are the established reference source for ensuring the safe and effective use of medications for patients presenting with mental health problems.*

*This study guide aims to make European trainees in forensic psychiatry and psychology and young forensic psychiatrists and psychologists aware of the differences and commonalities in forensic psychiatry and psychology in different countries within Europe and to enable them to learn from the approaches adopted in each country. The guide is divided into five main sections that address legal frameworks, service provision and frameworks, mandatory skills, teaching and training in forensic psychiatry and psychology, and capita selecta. In addition, recommendations are made with respect to the practice of teaching and training across European countries. It is anticipated that the guide will provide an excellent means of improving specific skills and that, by learning about the offender/patient pathways in the different jurisdictions of Europe, the reader will gain a deeper understanding of the principles that govern methods and practices in their own work with mentally disordered offenders. Following hot on the heels of the launch of the new syllabus and new MRCPsych exam in Spring 2008 by the Royal College of Psychiatrists, this book contains 450 multiple choice questions to help psychiatry trainees to prepare for paper 1 of the exam. Supporting these MCQs are detailed explanatory answers and revision notes, referenced to the key textbooks used by trainees. The book's content is closely matched to the MRCPsych syllabus and includes practice papers for true exam preparation.*

*Learning Acceptance and Commitment Therapy*

*A Practitioner Workbook*

*Child and Adolescent Clinical Psychopharmacology Made Simple*

*A Guide to Psychiatric Examination*

*A Textbook of Neuropsychiatry*

**Based on over twenty years of research, radically open dialectical behavior therapy (RO DBT) is a breakthrough, transdiagnostic approach for helping people suffering from extremely difficult-to-treat emotional overcontrol (OC) disorders, such as anorexia nervosa, obsessive-compulsive disorder (OCD), and treatment-resistant depression. Written by the founder of RO DBT, Thomas Lynch, this**

***comprehensive volume outlines the core theories of RO DBT, and provides a framework for implementing RO DBT in individual therapy. While traditional dialectical behavioral therapy (DBT) has shown tremendous success in treating people with emotion dysregulation, there have been few resources available for treating those with overcontrol disorders. OC has been linked to social isolation, aloof and distant relationships, cognitive rigidity, risk aversion, a strong need for structure, inhibited emotional expression, and hyper-perfectionism. And yet—perhaps due to the high value our society places on the capacity to delay gratification and inhibit public displays of destructive emotions and impulses—problems linked with OC have received little attention or been misunderstood. Indeed, people with OC are often considered highly successful by others, even as they suffer silently and alone. RO DBT is based on the premise that psychological well-being involves the confluence of three factors: receptivity, flexibility, and social-connectedness. RO DBT addresses each of these important factors, and is the first treatment in the world to prioritize social-signaling as the primary mechanism of change based on a transdiagnostic, neuroregulatory model linking the communicative function of human emotions to the establishment of social connectedness and well-being. As such, RO DBT is an invaluable resource for treating an array of disorders that center around overcontrol and a lack of social connectedness—such as anorexia nervosa, chronic depression, postpartum depression, treatment-resistant anxiety disorders, autism spectrum disorders, as well as personality disorders such as avoidant, dependent, obsessive-compulsive, and paranoid personality disorder. Written for mental health professionals, professors, or simply those interested in behavioral health, this seminal book—along with its companion, The Skills Training Manual for Radically Open Dialectical Behavior Therapy (available separately)—provides everything you need to understand and implement this exciting new treatment in individual therapy—including theory, history, research, ongoing studies, clinical examples, and future directions.***

***This book provides a comprehensive account of current knowledge of ADHD. It will act as a signpost to those trying to address the difficulties faced by young people with ADHD, directing them to appropriate sources of help. Focusing on the provision of practical help, The ADHD Handbook is the ideal introduction for parents and professionals.***

***This book is a vital resource for candidates preparing for the Clinical Assessment of Skills and Competencies (CASC) part of the MRCPsych examination. Written by a team of specialist authors experienced in teaching and training candidates for the exam, it covers a large range of psychiatric subspecialties, as well as general psychiatry, at the increased level of detail found in the new***

**curriculum. Candidates will discover a wealth of information on a variety of topics likely to be encountered on exam day. MRCPsych: Passing the CASC Exam is the most up-to-date revision guide available, offering both breadth and depth of coverage of the MRCPsych in its new form. An easy-to-use, clear layout allows for efficient study, making the best use of candidates' time and enabling them to approach the MRCPsych with confidence.**

**Child and Adolescent Clinical Psychopharmacology Made Simple offers everything you need to know about the use of psychoactive medications in the treatment of childhood and adolescent psychological disorders in easy-to-understand language. This fully revised third edition offers updated DSM-V definitions, new information regarding teen use of antidepressants and suicidality, information on attention deficit/hyperactivity disorder (ADHD) and ADHD medications, bipolar disorder, psychotic episodes and eating disorders in children and adolescents, the use of antipsychotics in children and adolescents, non-medication approaches and adjuncts to medications, and how to assess and treat noncompliance and "breakthrough" symptoms. Also included are fact sheets that clearly delineate frequently prescribed medications for each disorder along with medication side effects and signs of toxicity. For each psychological disorder, the book offers: current diagnostic criteria; treatment indications and contraindications; medication information; and help for monitoring, evaluating, and following up with patients. Whether you are a pediatrician, parent, therapist, educator, or other health care professional, this is the only resource you need to consult for the most up-to-date information on child and adolescent medications and treatment.**

**Polypharmacy in Psychiatry**

**The ADHD Handbook**

**The Maudsley Trainee Guide to the CASC**

**A Cross-Border Study Guide**

**Get Through MRCPsych CASC**

**Fish's Clinical Psychopathology**

*A timely distillation of current thinking on the presentation of behavioural disorders and their origins.*

*This is a new edition of a successful introductory textbook on the subject of psychiatry. Clearly written and rich in pedagogic features - such as summary boxes, clinical cases and other aid memoirs - this book is tailored to the learning needs of those entering the discipline for the first time. Particularly suitable for medical students, this book will also act as a 'primer' for post-graduates*

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first entering the speciality with a view to a long-term career in the discipline. New edition of a well established text with a strongly pedagogic approach to the subject of psychiatry Logical writing style gives ready access to key information Includes many illustrations Contains practical examples throughout to demonstrate the importance of psychiatry to all areas of medicine Ideal for medical students and junior doctors Suitable as a 'primer' for specialist trainees entering the discipline for the first time Contains self-assessment material to ensure thorough exam preparation New layout aids accessibility and 'ease of learning' New chapter on mental health legislation Covers recent changes in neuropsychopharmacology Use of colour illustrations Contains practical advice on patient management - commencing drug therapy and managing self-harm, for example Enhanced sections on autism and other pervasive developmental disorders Explores capacity and risk assessment Enhanced discussion of the use of psychotherapy in line with current practice

Established for fifteen years as the standard work in the field, Melvin Lewis's *Child and Adolescent Psychiatry: A Comprehensive Textbook* is now in its Fourth Edition. Under the editorial direction of Andrés Martin and Fred R. Volkmar—two of Dr. Lewis's colleagues at the world-renowned Yale Child Study Center—this classic text emphasizes the relationship between basic science and clinical research and integrates scientific principles with the realities of drug interactions. This edition has been reorganized into a more compact, clinically relevant book and completely updated, with two-thirds new contributing authors. The new structure incorporates economics, diversity, and a heavy focus on evidence-based practice. Numerous new chapters include genetics, research methodology and statistics, and the continuum of care and location-specific interventions. A companion Website provides instant access to the complete, fully searchable text.

*Exercise, a healthy diet, stress management, sound sleep:* Most practitioners would agree that living well can mitigate the impact of mental disorders. Yet many are unprepared to address lifestyle factors in their care of patients. *Lifestyle Psychiatry* seeks to instill confidence by collating and analyzing the impressive emerging body of evidence that supports the efficacy of healthy lifestyle practices -- both as the primary intervention and in conjunction with traditional treatments such as psychopharmacology or psychotherapy -- in preventing and managing psychiatric disorders. This volume examines the impact of lifestyle interventions -- from exercise, yoga, and tai chi to mindfulness and meditation, diet and nutrition, and sleep management -- on psychiatric disorders, including depression, anxiety, posttraumatic stress disorder, schizophrenia, and addiction. Readers can readily find data to support the use of specific lifestyle interventions for a patient presenting with a specific disorder. Detailed descriptions of the mechanisms of each lifestyle intervention also prepare practitioners to educate their patients on the specific neurobiological and psychological effects of these interventions to support their recovery. With chapters that focus on developing a robust therapeutic alliance and

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*inspiring patients to assume responsibility for their own well-being, this guide provides a framework for lasting, sustainable lifestyle changes. Additionally, the book discusses the impact of the provider's lifestyle on clinical behavior and the implications of lifestyle medicine and psychiatry for health care systems and population health, offering a broader examination of the important role this new field can play in leading a sophisticated, holistic approach to optimizing wellness.*

*The Essential Guide to the Process and Practice of Mindful Psychiatry*

*Mastering Psychiatry: A Core Textbook for Undergraduates*

*Textbook of Psychiatry E-Book*

*Revision Notes in Psychiatry*

*Practice Guidelines from the International Society for Traumatic Stress Studies*

*Best of Five MCQs for MRCPsych Papers 1, 2 and 3 Pack*

**Schizophrenia is a chronic, severe mental illness that can be devastating for patients and their loved ones. Whether you are a newly diagnosed patient or a relative of someone suffering from this condition, this book offers help. 100 Questions & Answers About Schizophrenia: Painful Minds, Third Edition provides authoritative, practical answers to your questions about symptoms, diagnosis, treatment options, sources of support, and much more. Expert psychiatrist Dr. Lynn E. DeLisi has updated her book with new facts, statistics, and helpful information that many patients and their families seek, including new progress in genetics, updates on medication use and other new treatments, new emphasis on early detection and treatment, as well as new diagnostic structures with DSM-V, and for research, the RDoC. This book is an invaluable resource for anyone coping with the physical, mental, and emotional turmoil of schizophrenia.**

**Many tens of thousands of mental health and health care professionals have used this essential book--now significantly revised with 70% new content reflecting important advances in the field--to develop and sharpen their skills in motivational interviewing (MI). Clear explanations of core MI concepts are accompanied by carefully crafted sample dialogues, exercises, and practice opportunities. Readers build proficiency for moving through the four processes of MI--engaging, focusing, evoking, and planning--using open-ended questions, affirmations, reflective listening, and summaries (OARS), plus information exchange. In a large-size format for easy photocopying, the volume includes more than 80 reproducible worksheets. Purchasers get access to a companion website where they can download and print the reproducible materials. New to This Edition \*Fully revised and restructured around the new four-process model of MI. \*Chapters on exploring values and goals and "finding the horizon." \*Additional exercises, now with downloadable worksheets. \*Teaches how to tailor OARS skills for each MI process. \*Integrates key ideas from positive psychology. Winner (First Place)--American Journal of Nursing Book of the Year Award, Adult Primary Care Category This book is in the Applications of Motivational**

Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.  
SIMS' SYMPTOMS IN THE MIND has, since its first publication in 1988, become established as the leading introductory textbook on clinical psychopathology. This new edition has been fully updated to include advances in neuropsychology and cognitive neuroscience and changes can be found in the chapters on memory disturbance, disorders of time, pathology of perception, disorders of speech and language, affect and emotional disorders, and disorders of volition and execution. In some cases, novel classifications of the abnormalities under consideration have been provided together with additional pathological phenomena - including palinopsia, akinetopsia, zeitraffer phenomenon, exosomesthesia - many of which have been rediscovered or imported from neurology. The popular and distinctive features are the use of figures, tables and illustrative case examples which have been further enhanced with additional case examples from the classical literature, autobiographical narratives and fiction. New section headings provide firmer thematic unity to the content Check boxes summarize important points such as classification of particular areas Additional examples of psychopathology are included which are drawn from a wide source including fiction, autobiography and clinical textbooks Includes an extended range of abnormalities, including those which have previously been neglected, such as alloaesthesia, palinaptia, teleopsia, pelopsia, akinetopsia, palinopsia, and paraposopia Fully updated description of the theoretical aspects of memory and its disturbance Fully integrated neuropsychological concepts of imagery and internal mental representations in the chapter on abnormalities of perception

"Obsessive-compulsive personality disorder (OCPD) is characterized by a pervasive and maladaptive pattern of excessive perfectionism, preoccupation with orderliness and details, and need for control over one's environment. It is the most common personality disorder and is associated with significant morbidity and increased health costs. Unfortunately, clinicians often do not diagnose OCPD or may incorrectly diagnose it as obsessive-compulsive disorder (OCD) or attention-deficit/hyperactivity disorder. Although progress has been made in understanding OCPD, many treatment providers do not know how best to address it clinically. This book examines treatment options along with developmental, psychological, and behavioral etiologies and the deeper neurobiological underpinnings of the disorder"--  
Sims' Symptoms in the Mind

Lishman's Organic Psychiatry

An Introduction to Descriptive Psychopathology

MRCPsych: Passing the CASC Exam

A Buyer's Guide to the 250 Best Health Sciences Books 1996

An Irish Perspective

"In 2008 the Royal College of Psychiatrists made a radical change to the way it examines its prospective members. The most significant change is the way in which clinical skills are assessed. The Clinical Assessment of Skills and Competencies (CASC)

was introduced. The traditional long case, patient management problems (PMPs), and the observed clinical interview of the old Part 2 examination were all abandoned." - Preface.

Grounded in the updated Posttraumatic Stress Disorder Prevention and Treatment Guidelines of the International Society for Traumatic Stress Studies (ISTSS), the third edition of this definitive work has more than 90% new content. Chapters describe PTSD assessment and intervention practices that have been shown to work and provide practical, real-world implementation guidance. Foremost authorities address the complexities of trauma treatment with adults, adolescents, and children in diverse clinical contexts. The book delves into common obstacles and ways to overcome them, when to stop trying a particular approach with a client, and what to do next. Special topics include transdiagnostic interventions for PTSD and co-occurring problems, dissemination challenges, and analyzing the cost-effectiveness of treatments. Prior edition editors: Edna B. Foa, Terence M. Keane, Matthew J. Friedman, and Judith A. Cohen. New to This Edition \*Fully rewritten to reflect over a decade of clinical, empirical, and theoretical developments, as well as changes in DSM-5 and ICD-11. \*Increased research-to-practice focus--helps the clinician apply the recommendations in specific clinical situations. \*New chapters on previously covered treatments: early interventions, psychopharmacotherapy for adults and children, and EMDR therapy. \*Chapters on additional treatments: prolonged exposure, cognitive processing therapy, cognitive therapy, combined psychotherapy and medication, e-mental health, and complementary and alternative approaches. \*Chapters on cutting-edge topics, including personalized interventions and advances in implementation science.

A comprehensive and accessible guide to passing the CASC, the MRCPsych practical examination.

Aimed at medical students and junior doctors, 'Mosby's Crash Course Psychiatry' takes a problem orientated approach based on good clinical practice. It presents basic knowledge in a simple, concise manner to promote understanding and retention of facts.

Effective Treatments for PTSD, Third Edition

Lifestyle Psychiatry

A Comprehensive Textbook

International Public Health: Diseases, Programs, Systems and Policies

Psychiatry Morning Report: Beyond the Pearls E-Book

Radically Open Dialectical Behavior Therapy

*This book is intended for psychiatric trainees sitting the CASC component of the MRCPsych exam. Written by authors with recent exam experience and long-term expertise in the field, the text provides 175 stations closely matched to the subjects that appear in the actual exam, along with concise synopses and guidelines for how to target your revision to enable recall of the most relevant information.*

*Any candidate for the MRCPsych or equivalent postgraduate examinations will feel challenged by the daunting breadth of the syllabus as well as by the level of detail required. Revision Notes in Psychiatry responds to that challenge by comprehensively presenting key up-to-date information across the whole*



*spectrum of psychiatry and its scientific basis, within a clear structure. Since the highly successful publication of the first edition of Revision Notes in Psychiatry, there have been many new discoveries within most fields of psychiatry, and the subsequent updating of the MRCPsych is reflected in the second edition.*

*"The third edition of the now-classic text Organic Psychiatry by William Alwyn Lishman should be a part of every neuropsychiatrist's library. It should also serve as a reminder that neuropsychiatric training programs must continue to promote personal clinical instruction, in the spirit of Lishman's prose, as a guiding bedside beacon to future practitioners." ?from a review of the third edition in Journal of Neuropsychiatry and Clinical Neurosciences*

*Over the past 30 years, thousands of physicians have depended on Lishman's Organic Psychiatry. Its authoritative and reliable clinical guidance was - and still is - beyond compare. The new edition of this classic textbook has now been extensively revised by a team of five authors, yet it follows the tradition of the original single-authored book. It continues to provide a comprehensive review of the cognitive, emotional and behavioural consequences of cerebral disorders and their manifestations in clinical practice. Enabling clinicians to formulate incisive diagnoses and appropriate treatment strategies, Lishman's Organic Psychiatry is an invaluable source of information for practising psychiatrists, neurologists and trainees. This new edition: covers recent theoretical and clinical developments, with expanded sections on neuropsychology and neuroimaging includes a new chapter on sleep disorders whilst the chapters on Alzheimer's disease and related dementias, Epilepsy, Movement disorders and Traumatic brain injury have been extensively revised reflecting the greatly improved understanding of their underlying pathophysiologies showcases the huge advances in brain imaging and important discoveries in the fields of molecular biology and molecular genetics has been enhanced with the inclusion of more tables and illustrations to aid clinical assessment incorporates important diagnostic tools such as magnetic resonance brain images. With a Foreword by Marshal Folstein*

*Core Psychiatry E-Book Elsevier Health Sciences*

*The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry*

*Core Psychiatry E-Book*

*Lewis's Child and Adolescent Psychiatry*

*100 Questions & Answers About Schizophrenia*

*A Textbook of Psychological Medicine*

### *The Maudsley Prescribing Guidelines in Psychiatry*

This practical reference examines the advantages and disadvantages of polypharmacy in psychiatry, and provides up-to-date clinical guidelines on the appropriate use of combinations of pharmacological therapy in major psychiatric disorders-including multidisciplinary approaches to treatment, such as social work and psychopharmacology, and an examination of the psychotherapeutic and historical aspects of polypharmacy. Consolidates all available and current material on polypharmacy and psychiatry into one comprehensive volume. Polypharmacy in Psychiatry discusses therapy of schizophrenia and the use of atypical antipsychotic agents anxiety disorders post-traumatic stress disorder and the roles of serotonin, opioids, and glutamate bipolar disorder and the use of novel anticonvulsants clinical depression and the use of thyroid hormone and lithium augmentation, serotonin reuptake inhibitors, and neuroleptic agents psychiatric disorders in children, such as attention deficit hyperactivity disorder, tic disorders, mood and anxiety disorders, and conduct disorders the medically ill psychiatric patient the elderly Polypharmacy in Psychiatry also discusses the use of alternative and herbal medications psychosocial aspects of polypharmacy the psychology of polypharmacy cultural components of polypharmacy historical background Featuring more than 700 works cited, this invaluable reference is essential reading for psychiatrists; psychopharmacologists; behavioral neurologists; psychiatric nurse practitioners; social workers; clinical psychologists and other psychotherapists; and upper-level undergraduate and graduate students in these disciplines.

Around 760 candidates sit the MRCPsych Part1 each year, with 560 taking Part 2. In the written papers basic sciences and clinical topics are given equal weight - a good knowledge of basic science is therefore essential for success. Since Sciences Basic to Psychiatry was first published in 1992, it has established itself as probably the most successful among the exam-orientated basic science texts. This new edition builds on that success by strengthening coverage in some areas, and by using better illustration to aid comprehension and learning. Features: \* Revised in accordance with new exam syllabus \* Clear and readable presentation of the core knowledge necessary for exam success \* Particularly highly praised for the chapters on the neurosciences, genetics and statistics \* Relevant for both Part 1 and Part 2 \* Expansion of chapters on psychology and sociology \* More illustrations than previous edition

Learn to improve your assessment, investigation, and management of physical health conditions in people with severe mental illness The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry offers psychiatric and general practitioners an evidence-based and practical guide for the appropriate assessment, investigation, and management of common physical health conditions seen in people with severe mental illness. Written by a renowned team of respected experts in medicine, surgery, pharmacy, dietetics, physiotherapy, and psychiatry, the book bridges the gap between psychiatric and physical health services for the severely mentally ill. The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry also provides practitioners with expert guidance on making effective referrals to other medical and surgical subspecialties, telling readers what information subspecialties would expect to receive. Its use will improve the quality of clinical care received by mentally ill patients and, by promoting a holistic approach to treatment that considers both body and mind, will enhance the therapeutic relationship between patient and practitioner. The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry covers the following: Guidance on assessment and management of well over a hundred different medical and surgical presentations commonly seen in people with serious mental illness Management of physical health emergencies in a psychiatric setting Evidence-based approaches to management of physical side effects of psychiatric medications Advice on approaches to promote a healthy lifestyle in people with serious mental illness, such as smoking cessation and changes to diet and physical activity Perfect for both psychiatrists and general practitioners who wish to improve the

quality of care they provide to people with serious mental illness, The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry will be of use to anyone setting out to navigate the divide between the treatment of psychiatric and physical health conditions.

"The subject of personality-what makes us each unique and different from one another-has long been a topic of universal fascination. From a medical perspective, the empirical and clinical research on personality disorders has expanded with the advent of standardized diagnostic systems. This continuing and increased activity and progress in the field spurred the development of this third edition of The American Psychiatric Association Publishing Textbook of Personality Disorders. With an emphasis on updating the information most relevant to clinicians, this new edition features contributions from established experts in the field as well as a new generation of scientists. Dozens of tables, illustrative figures, and real-life case examples summarize the vast data that continues to accumulate in five key areas: clinical concepts; risk factors for, and the etiology and impact of, personality disorders; treatment options across therapeutic modalities; special problems, populations, and settings, such as including suicidal behavior, substance use disorders, antisocial behavior, personality pathology in general medical settings, and personality disorders among active-duty military; and the usefulness of translational research in understanding the biopsychosocial nature of the personality disorders. This comprehensive textbook is a comprehensive and essential resource for clinicians looking to stay on the vanguard of a rapidly growing field"--

Crash Course Psychiatry Updated Edition - E-Book

Sciences Basic to Psychiatry

Best of Five MCQs for MRCPsych Paper 1

Doody's Rating Service

Obsessive-Compulsive Personality Disorder

The American Psychiatric Association Publishing Textbook of Personality Disorders, Third Edition

***Psychopathology lies at the centre of effective psychiatric practice and mental health care, and Fish's Clinical Psychopathology has shaped the training and clinical practice of psychiatrists for over fifty years. The fourth edition of this modern classic presents the clinical descriptions and psychopathological insights of Fish's to a new generation of students and practitioners. It includes recent revisions of diagnostic classification systems, as well as new chapters that consider the controversies of classifying psychiatric disorder and the fundamental role and uses of psychopathology. Clear and readable, it provides concise descriptions of the signs and symptoms of mental illness and astute accounts of the varied manifestations of disordered psychological function, and is designed for use in clinical practice. An essential text for students of medicine, trainees in psychiatry and practising psychiatrists, it will also be useful to psychiatric nurses, mental health social workers and clinical psychologists.***

***This book is a helpful guide before and after exams. A useful handbook for medical students, trainee psychiatrists, general practitioners, psychiatric nurses, social workers and occupational therapists.***

***Following hot on the heels of the launch of the new syllabus and new MRCPsych exam in Spring 2008 by the Royal College of Psychiatrists, this pack contains books covering papers 1, 2, and 3 of the exam. Each book contains relevant MCQs for each paper.***

***Supporting these MCQs are detailed explanatory answers and revision notes, referenced to the key textbooks used by trainees. The books' content is closely matched to the MRCPsych syllabus and includes practice papers for true exam preparation.***

***Crash Course - your effective every day study companion PLUS the perfect antidote for exam stress! Save time and be assured you have all the core information you need in one place to excel on your course and achieve exam success. A winning formula now for over 15 years, each series volume has been fine tuned and fully updated, with an improved layout tailored to make your life easier. Especially written by junior doctors - those who understand what is essential for exam success - with all information thoroughly checked and quality assured by expert Faculty Advisers, the result is a series of books which exactly meets your needs and you know you can trust. Psychiatry can present a unique and sometimes daunting set of challenges to those approaching the specialty for the first time. This substantially revised fourth edition provides an accessible yet comprehensive introduction to this fascinating field. Ideal both as a revision aid and for preparation for work in A&E, the wards, clinics or GP surgeries, this book is full of practical hints and tips which will inspire confidence and to guide you towards systematic assessments, rational diagnoses and evidence based management plans. More than 220 line artworks, tables and boxes present clinical, diagnostic and practical information in an easy-to-follow manner Friendly and accessible approach to the subject makes learning especially easy Written by junior doctors for students - authors who understand exam pressures Contains 'Hints and Tips' boxes, and other useful aide-mémoires Succinct coverage of the subject enables 'sharp focus' and efficient use of time during exam preparation Contains a fully updated self-assessment section - ideal for honing exam skills and self-testing***

***Provides the exam syllabus in one place - saves valuable revision time  
Written by recent graduates and specialty trainees - those closest to what is essential for exam success  
Quality assured by leading Faculty Advisors - ensures complete accuracy of information  
Features the ever popular 'Hints and Tips' boxes and other useful aide-mémoires - distilled wisdom from those in the know  
Fully updated self-assessment section matching the latest exam formats - confirm your understanding and improve exam technique fast  
Includes useful 'Learning Objectives' at the start of each chapter  
Pharmacological and disease management information updated in line with current best practice guidelines.***

***Building Motivational Interviewing Skills, Second Edition***

***Psychiatry: An evidence-based text***

***Theory and Practice for Treating Disorders of Overcontrol***

***Teaching and Learning Communication Skills in Medicine***

***Behavioural Phenotypes***

***Forensic Psychiatry and Psychology in Europe***

This book provides an in-depth, practical, and cutting-edge summary of psychotherapy for immigrant children and adolescents. This text integrates practical therapeutic methods with current empirical knowledge on the unique life stressors and mental health concerns of immigrant youth, proving essential for all who seek to address the psychological needs of this vulnerable and under-served population. Specific chapters are devoted to trauma, refugees and forced displacement, cognitive-behavioral therapy, psychopharmacological issues, school-based treatment, family. Each chapter includes specific cultural concerns and treatment techniques for immigrant groups from various regions of the world. In-depth case examples illustrate case formulation, how and when to use specific techniques, challenges faced in the treatment of immigrant youth, and responses to common obstacles. With detailed theory and practice guidelines, Psychotherapy for Immigrant Youth is a vital resource for psychologists, psychiatrists, social workers, and other practitioners.

A new edition of a highly successful, award winning textbook for trainee psychiatrists, covering in one volume all the subjects required for the new MRCPsych and similar exams. Written in a highly engaging manner, it will also prove invaluable to qualified psychiatrists who need to keep up-to-date with the latest developments, as well as clinical psychologists, general practitioners, psychiatric nurses and senior medical students Concise yet comprehensive, Core Psychiatry reflects the latest developments in the curriculum plus all that is new and essential in clinical practice and the

sciences that underpin it. It includes new information on the new Mental Capacity Act and Mental Health Act as well as enhanced sections on psychopharmacology, old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation. The book also makes reference to the latest NICE guidelines and includes new sections on sleep medicine and trauma psychiatry. New edition of a popular MRCPsych curriculum based text Previous edition ' Highly Commended ' (Mental Health category) in the BMA Awards 2005 Contains useful summary boxes, lists and key points to make last minute learning easy Comprehensive and authoritative resource written by contributors to ensure complete accuracy and currency of specialist information Chapters prepared by specialists working in conjunction with trainees – content totally up-to-date and jointly written by authors who have recently been in the exam situation Contains the latest findings in sleep medicine and trauma psychiatry Expanded section on psychology – including social psychology – to reflect the latest MRCPsych examination format Text updated in full to reflect the new Mental Capacity Act and Mental Health Act Relevant chapters now contain a ' skills and competency ' section to reflect changes in MRCPsych curriculum Updating and amendments to improve coverage of old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation Contains reference to the latest NICE guidelines in boxes and tables Enhanced discussion of the use of the best current management options, both pharmacological and psychotherapeutic, the latter including CBT, DBT, EMDR and psychodynamic group, couple and family therapy.

Succinct, user-friendly, thoroughly referenced and prepared by leading experts in the field, this book is the only single textbook you will need to succeed in the Royal College of Psychiatrists' MRCPsych and other related higher examinations. Chapters follow the structure and syllabus of the examination ensuring that you receive the necessary essential information to pass and indeed succeed Approachable and succinct text with colour illustrations and key summary points further help to clarify complex concepts and provide you with useful revision tools The evidence-based approach used throughout is important to help you relate theory and research to clinical practice The book is carefully structured and sequenced to building upon the basic sciences underpinning psychiatry, through to an in-depth description of pharmacological and psychological treatments used.

In this text for graduate students in various disciplines who are studying international public health, the author focuses on conditions in low- and middle-income countries, occasionally making reference to high-income countries. He suggests approaches for fostering public health, and discusses future challenges for health promotion and disease prevention around the world. The text can also be used as a reference by those working in government agencies, international health and development agencies, and NGOs.

Psychotherapy for Immigrant Youth

Signs and Symptoms in Psychiatry

A Handbook for Parents and Professionals on Attention Deficit Hyperactivity Disorder

Psychiatry

Preparing for the MRCPsych CASC Examination

How to Pass the MRCPsych CASC

*Psychiatry Morning Report: Beyond the Pearls is a case-based reference that covers the key material included on the USMLE Step 2 and Step 3, as well as the psychiatry clerkship. Focusing on the practical information you need to know, it teaches how to analyze a clinical vignette in the style of a morning report conference, sharpening your clinical decision-making skills and helping you formulate an evidence-based approach to realistic patient scenarios. Each case has been carefully chosen and covers scenarios and questions frequently encountered on the USMLE/psychiatry boards, shelf exams, and clinical practice, integrating both basic science and clinical pearls. "Beyond the Pearls" tips and secrets (all evidence-based with references) provide deep coverage of core material. "Morning Report"/"Grand Rounds" format begins with the chief complaints to the labs, relevant images, and includes a "pearl" at the end of the case. Questions are placed throughout the case to mimic practical decision making both in the hospital and on the board exam. Introductory chapters discuss practical psychiatry skills for daily functioning including taking a history, presenting and writing a note, briefly reviewing psychopharmacology, and ethical considerations. Written and edited by experienced teachers and clinicians; each case has been reviewed by board certified attending/practicing physicians.*