

Cyber Shot User Guide W710

Allen Carr’s 100 cigarettes-a-day addiction drove him to despair, but, after countless attempts to quit, he eventually kicked the habit. This is an updated edition of his bestselling guide to giving up smoking.

Plunkett’s Wireless, Wi-Fi, RFID and Cellular Industry Almanac 2008The Only Comprehensive Guide to the Wireless IndustryPlunkett Research, Ltd.

Former executive editor of The New York Times and one of our most eminent journalists Jill Abramson provides a “valuable and insightful” (The Boston Globe) report on the disruption of the news media over the last decade, as shown via two legacy (The New York Times and The Washington Post) and two upstart (BuzzFeed and VICE) companies as they plow through a revolution that pits old vs. new media. “A marvelous book” (The New York Times Book Review), Merchants of Truth is the groundbreaking and gripping story of the precarious state of the news business. The new digital reality nearly kills two venerable newspapers with an aging readership while creating two media behemoths with a ballooning and fickle audience of millennials. “Abramson provides this deeply reported insider account of an industry fighting for survival. With a keen eye for detail and a willingness to interrogate her own profession, Abramson takes readers into the newsrooms and boardrooms of the legacy newspapers and the digital upstarts that seek to challenge their dominance” (Vanity Fair). We get to know the defenders of the legacy presses as well as the outsized characters who are creating the new speed-driven media competitors. The players include Jeff Bezos and Marty Baron (The Washington Post), Arthur Sulzberger and Dean Baquet (The New York Times), Jonah Peretti (BuzzFeed), and Shane Smith (VICE) as well as their reporters and anxious readers. Merchants of Truth raises crucial questions that concern the well-being of our society. We are facing a crisis in trust that threatens the free press. “One of the best takes yet on journalism’s changing fortunes” (Publishers Weekly, starred review), Abramson’s book points us to the future.

Get healthy in just 15 days with this diet plan from the celebrity trainer and New York Times bestselling author featured on Khoé Kardashian’s Revenge Body–now revised with the latest nutrition science and updated recipes. Harley Pasternak has worked with most of Hollywood, whipping celebs into shape for roles and the red carpet and also appearing as a celebrity trainer on Revenge Body with Khoé Kardashian. With The Body Reset Diet, he introduced his ultimate reset plan to the world, and rebooted readers’ systems to set them on the path to thinner, healthier, happier lives. Now he’s updating this beloved plan with a new introduction, the latest findings in nutritional science, and new recipes. This three-phase program focuses on the easiest, most effective way to slim down: blending. The five-day jumpstart includes delicious, expertly crafted smoothies, dips, snacks, and soups—all customizable to any preference or diet restriction. Over the following ten days, readers will reintroduce healthy versions of their favorite foods along with the blended recipes, keeping their metabolisms humming. The plan also explains how the easiest form of exercise--walking--along with light resistance training is all it takes to achieve the celebrity-worthy physique that every reader craves. Whether readers are looking to lose significant weight or just those last five pounds, The Body Reset Diet offers a proven program to hit the reset button, slim down, and get healthy in just fifteen days--and stay that way for good!

Chainmail Bikini

The Gap Between Our Fantasies and Reality

The Lasting Brotherhood of the '69 Mets

The Anthology of Women Gamers

Allen Carr’s Easy Way to Stop Smoking

Sony Dsc W800: Made Easy

Devil’s Bargain

The Third Edition of ANSI/ACCA Manual D is the Air Conditioning Contractorsof America procedure for sizing residential duct systems. This procedureuses Manual J (ANSI/ACCA, Eighth Edition) heating and cooling loads todetermine space air delivery requirements. This procedure matches duct system resistance (pressure drop) to blower performance (as defined by manufacture’s blower performance tables). This assures that appropriate airflow is delivered too rooms and spaces; and that system airflow is compatible with the operatingrange of primary equipment. The capabilities and sensitivities of this procedurare compatible with single-zone systems, and multi-zone (air zoned) systems. The primary equipment can have a multi-speed blower (PSC motor), or avariable-speed blower (ECM or constant torque motor, or a true variable speed motor),Edition Three, Version 2.50 of Manual D (D3) specifically identifiesnormative requirements, and specifically identifies related informative material.

"The story of the 1969 Miracle Mets, unlikely world champions against the backdrop of the space race and Vietnam, on the 50th anniversary of their Cinderella season In 1962, the New York Mets spent their first year in existence racking up the worst record in baseball history. Things scarcely got any better for the ensuing six years--they were baseball’s laughingstock, but somehow lovable in their ineptitude, building a fiercely loyal fan base. And then came 1969, a year that brought the lunar landing, Woodstock, nonstop antiwar protests, and the most tumultuous and fractious New York City mayoral race in memory--along with the most improbable season in the annals of Major League Baseball. It concluded on an invigorating autumn afternoon in Queens, when a Minnesota farm boy named Jerry Koosman beat the Baltimore Orioles for the second time in five games, making the Mets champions of the baseball world. It wasn’t merely an upset but an unprecedented, uplifting achievement for the ages. From the ashes of those early scorched-earth seasons, Gil Hodges, a beloved former Brooklyn Dodger, put together a 25-man whole that was vastly more formidable than the sum of its parts. Beyond the top-notch pitching staff headlined by Tom Seaver, Koosman, and Gary Gentry, and the hitting prowess of Cleon Jones, the Mets were mostly comprised of untested kids and lightly regarded veterans. Everywhere you looked on this team, there was a man with a compelling backstory, from Koosman, who never played high school baseball and grew up throwing in a hayloft in subzero temperatures with his brother Orville, to third baseman Ed Charles, an African-American poet with a deep racial conscience whose arrival in the big leagues was delayed almost a decade because of the color of his skin. In the tradition of The Boys of Winter, his classic bestseller about the 1980 U.S. men’s Olympic hockey team, Wayne Coffey tells the story of the ‘69 Mets as it has never been told before--against the backdrop of the space race, Stonewall, and Vietnam, set in an ever-changing New York City. With dogged reporting and a storyteller’s eye for detail, Coffey finds the beating heart of a baseball family. Published to commemorate the 50th anniversary of the Mets’ remarkable transformation from worst to best, They Said It Couldn’t Be Done is a spellbinding, feel-good narrative about an improbable triumph by the ultimate underdog"--

Finally: an evidence-based, reassuring guide to what to do about kids and screens, from video games to social media. Today’s babies often make their debut on social media with the very first sonogram. They begin interacting with screens at around four months old. But is this good news or bad news? A wonderful opportunity to connect around the world? Or the first step in creating a generation of addled screen zombies? Many have been quick to declare this the dawn of a neurological and emotional crisis, but solid science on the subject is surprisingly hard to come by. In The Art of Screen Time, Anya Kamenetz -- an expert on education and technology, as well as a mother of two young children -- takes a refreshingly practical look at the subject. Surveying hundreds of fellow parents on their practices and ideas, and cutting through a thicket of inconclusive studies and overblown claims, she hones a simple message, a riff on Michael Pollan’s well-known “food rules”: Enjoy Screens. Not too much. Mostly with others. This brief but powerful dictum forms the backbone of a philosophy that will help parents moderate technology in their children’s lives, curb their own anxiety, and create room for a happy, healthy family life with and without screens.

"Emily Oster is the non-judgmental girlfriend holding our hand and guiding us through pregnancy and motherhood. She has done the work to get us the hard facts in a soft, understandable way." —Amy Schumer "Fully Revised and Updated for 2021" What to Expect When You’re Expecting meets Freakonomics: an award-winning economist disproves standard recommendations about pregnancy to empower women while they’re expecting. From the author of Cribsheet and The Family Firm, a data-driven decision making guide to the early years of parenting Pregnancy—unquestionably one of the most profound, meaningful experiences of adulthood—can reduce otherwise intelligent women to, well, babies. Pregnant women are told to avoid cold cuts, sushi, alcohol, and coffee without ever being told why these are forbidden. Rules for prenatal testing are similarly unexplained. Moms-to-be desperately want a resource that empowers them to make their own right choices. When award-winning economist Emily Oster was a mom-to-be herself, she evaluated the data behind the accepted rules of pregnancy, and discovered that most are often misguided and some are just flat-out wrong. Debunking myths and explaining everything from the real effects of caffeine to the surprising dangers of gardening, Expecting Better is the book for every pregnant woman who wants to enjoy a healthy and relaxed pregnancy—and the occasional glass of wine.

Broad Band

Ask Polly’s Guide Through the Paradoxes of Modern Life

Cribsheet

Life After Warming

Home of the Nomadic Buffalo Hunters

They Said It Couldn’t Be Done

They Said It Couldn’t Be Done

They Said It Couldn’t Be Done

Batman discovers the secret of Juan and Dolores Muerto and their secret of immortality.

The acclaimed New York Times bestseller by Sue Klebold, mother of one of the Columbine shooters, about living in the aftermath of Columbine. On April 20, 1999, Eric Harris and Dylan Klebold walked into Columbine High School in Littleton, Colorado. Over the course of minutes, they would kill twelve students and a teacher and wound twenty-four others before taking their own lives. For the last sixteen years, Sue Klebold, Dylan’s mother, has lived with the indescribable grief and shame of that day. How could her child, the promising young man she had loved and raised, be responsible for such horror? And how, as his mother, had she not known something was wrong? Were there subtle signs she had missed? What, if anything, could she have done differently? These are questions that Klebold has grappled with every day since the Columbine tragedy. In A Mother’s Reckoning, she chronicles with unflinching honesty her journey as a mother trying to come to terms with the incomprehensible. In the hope that the insights and understanding she has gained may help other families recognize when a child is in distress, she tells her story in full, drawing upon her personal journals, the videos and writings that Dylan left behind, and on countless interviews with mental health experts. Filled with hard-won wisdom and compassion, A Mother’s Reckoning is a powerful and haunting book that sheds light on one of the most pressing issues of our time. And with fresh wounds from the Newtown and Charleston shootings, never has the need for understanding been more urgent. All author profits from the book will be donated to research and to charitable organizations focusing on mental health issues. — Washington Post, Best Memoirs of 2016 In 2001 Steve Edwards won a writing contest. The prize was seven months of ?unparalleled solitude? as the caretaker of a ninety-two-acre backcountry homestead along the Rogue National Wild and Scenic River in southwestern Oregon. Young, recently divorced, and humbled by the prospect of so much time alone, he left behind his job as a college English teacher in Indiana and headed west for a remote but comfortable cabin in the rugged Klamath Mountains. ø Well aware of what could go wrong living two hours from town with no electricity and no neighbors, Edwards was surprised by what could go right. In prose that is by turns lyrical, introspective, and funny, Breaking into the Backcountry is the story of what he discovered: that alone, in a wild place, each day is a challenge and a gift. Whether chronicling the pleasures of a day-long fishing trip, his first encounter with a black bear, a lightning storm and the threat of fire, the beauty of aøsteelhead, the attacks of 9/11, or a silence so profound that a black-tailed deer chewing grass outside his window could wake him from sleep, Edwards’s careful evocation of the river canyon and its effect on him testifies to the enduring power of wilderness to transform a life.

"The companion volume to the Fox news series"--Jacket.

Detective Comics (1937-) #395

Breaking Into the Backcountry

The Complete MAUS

Priestdaddy

Brain Quest Grade 3, revised 4th edition

Merchants of Truth

The Opposite of Loneliness

The instant New York Times bestseller and publishing phenomenon: Marina Keegan ’ s posthumous collection of award-winning essays and stories “ sparkles with talent, humanity, and youth ” (O, The Oprah Magazine). Marina Keegan ’ s star was on the rise when she graduated magna cum laude from Yale in May 2012. She had a play that was to be produced at the New York Fringe Festival and a job waiting for her at The New Yorker. Tragically, five days after graduation, Marina died in a car crash. Marina left behind a rich, deeply expansive trove of writing that, like her title essay, captures the hope, uncertainty, and possibility of her generation. Her short story “ Cold Pastoral ” was published on NewYorker.com. Her essay “ Even Artichokes Have Doubts ” was excerpted in the Financial Times, and her book was the focus of a Nicholas Kristof column in The New York Times. Millions of her contemporaries have responded to her work on social media. As Marina wrote: “ We can still do anything. We can change our minds. We can start over...We ’ re so young. We can ’ t, we MUST not lose this sense of possibility because in the end, it ’ s all we have. ” The Opposite of Loneliness is an unforgettable collection of Marina ’ s essays and stories that articulates the universal struggle all of us face as we figure out what we aspire to be and how we can harness our talents to impact the world. “ How do you mourn the loss of a fiery talent that was barely a tendril before it was snuffed out? Answer: Read this book. A clear-eyed observer of human nature, Keegan could take a clever idea...and make it something beautiful ” (People).

Aggressive policing and draconian sentencing have disproportionately imprisoned millions of African Americans for drug-related offenses. Michael Javen Fortner shows that in the 1970s these punitive policies toward addicts and pushers enjoyed the support of many working-class and middle-class blacks, angry about the chaos in their own neighborhoods.

Brain Quest is beloved by kids, trusted by parents, used and recommended by teachers. It ’ s the curriculum-based, fast-paced, question-and-answer game that challenges kids on the stuff they need to know, when they need to know it. It ’ s the brand that says “ It ’ s fun to be smart! ” And it delivers. For the fourth edition every deck is thoroughly revised and includes 20 percent new material. The content aligns with national and state standards and is overseen by the Brain Quest Advisory Board, a panel of award-winning educators, each a recent state teacher-of-the-year award winner or a recipient of the prestigious Milken Educator Award. The covers and cards have a refreshed design, giving Brain Quest a cooler, updated look.

In keeping with the demand for more cost effective yet efficient cameras, Sony created and launched the new Sony DSC-W800 camera. The new Sony DSC-W800 camera is one of the latest in Sony ’ s Cyber-shot compact digital releases. It was released to the public in early 2014 and was to serve as a replacement for the previously released W710 camera. The device has received reviews for the inexpensive digital option now available on the market. It provides an alternative without significantly minimizing the quality of the results it will give. The camera offers users a 2.7 inch or approximately 6.7 centimeter TFT LCD screen. This feature is outfitted with brightness control and resolution of up to 230k-dots. The W800 camera also offers a 5X optical zoom lens, 20.1 mega pixels from the built-in Super HAD CCD sensor, an image processing engine, Self-timer, Auto image rotation and Auto Flash. Users will also be able to enjoy the Scene selections and the available shooting modes; creating diversity for shoots.

Unlocking the Genius of the World’s Top Hedge Funds

Plunkett’s Wireless, Wi-Fi, RFID and Cellular Industry Almanac 2008

Black Silent Majority

Recipes and Love from Our Tuscan Kitchen

A Mother’s Reckoning

A Data-Driven Guide to Better, More Relaxed Parenting, from Birth to Preschool

Achtung–Panzer!

The inside account of an iconic team in baseball history: the 1969 New York Mets—a consistently last-place team that turned it all around in just one season—told by ‘69 Mets outfielder Art Shamsky, Hall of Fame pitcher Tom Seaver, and other teammates as they reminisce about what happened then and where they are today. The New York Mets franchise began in 1962 and the team finished in last place nearly every year. When the 1969 season began, fans weren’t expecting much from “the Lovable Losers.” But as the season progressed, the Mets inched closer to first place and then eventually clinched the National League pennant. They were underdogs against the formidable Baltimore Orioles, but beat them in five games to become world champions. No one had predicted it. In fact, fans could hardly believe it happened. Suddenly they were “the Miracle Mets.” Playing right field for the ‘69 Mets was Art Shamsky, who had stayed in touch with his former teammates over the years. He hoped to get together with star pitcher Tom Seaver (who would win the Cy Young award as the best pitcher in the league in 1969 and go on to become the first Met elected to the Hall of Fame) but Seaver was ailing and could not travel. So, Shamsky organized a visit to Tom Terrific in California, accompanied by the #2 pitcher, Jerry Koosman, outfielder Ron Swoboda, and shortstop Bud Harrelson. Together they recalled the highlights of that amazing season as they reminisced about what changed the Mets’ fortunes in 1969. With the help of sportswriter Erik Sherman, Shamsky has written After the Miracle for the 1969 Mets. This is a book that every Mets fan—and every baseball fan—must own.

The must-have guide to pop culture, history, and world-changing ideas that started in New York City, from the magazine at the center of it all. Since its founding in 1624, New York City has been a place that creates things. What began as a trading post for beaver pelts soon transformed into a hub of technological, social, and cultural innovation—but beyond fostering literal inventions like the elevator (inside Cooper Union in 1853), Q-tips (by Polish immigrant Leo Gerstenzang in 1923), General Tso’s chicken (reimagined for American tastes in the 1970s by one of its Hunanese creators), the singles bar (1965 on the Upper East Side), and Scrabble (1931 in Jackson Heights), the city has given birth to or perfected idioms, forms, and ways of thinking that have changed the world, from Abstract Expressionism to Broadway, baseball to hip-hop, news blogs to neoconservatism to the concept of “downtown.” Those creations and more are all collected in The Encyclopedia of New York, an A-to-Z compendium of unexpected origin stories, hidden histories, and useful guides to the greatest city in the world, compiled by the editors of New York Magazine (a city invention itself, since 1968) and featuring contributions from Rebecca Traister, Jerry Saltz, Frank Rich, Jonathan Chait, Rhonda Garelick, Kathryn VanArendonk, Christopher Bonanos, and more. Here you will find something fascinating and uniquely New York on every page: a history of the city’s skyline, accompanied by a tour guide’s list of the best things about every observation deck; the development of positive thinking and punk music; appreciations of seltzer and alternate-side-of-the-street parking; the oddest object to be found at Ripley’s Believe It or Not!; musical theater next to muckracking and mugging; and the unbelievable revelation that English muffins were created on...West Twentieth Street. Whether you are a lifelong resident, a curious newcomer, or an armchair traveler, this is the guidebook you’ll need, straight from the people who know New York best.

An uplifting account of a young woman’s efforts to live life to its fullest while gradually going blind describes her diagnosis with retinitis pigmentosa at age 19, her reckless relationships, training at a circus school and extensive travels before unexpectedly falling in love and becoming pregnant. 30,000 first printing.

"It is worse, much worse, than you think. If your anxiety about global warming is dominated by fears of sea-level rise, you are barely scratching the surface of what terrors are possible. In California, wildfires now rage year-round, destroying thousands of homes. Across the US, "500-year" storms pummel communities month after month, and floods displace tens of millions annually. This is only a preview of the changes to come. And they are coming fast. Without a revolution in how billions of humans conduct their lives, parts of the Earth could become close to uninhabitable, and other parts horrifically inhospitable, as soon as the end of this century. In his travelogue of our near future, David Wallace-Wells brings into stark relief the climate troubles that await -- food shortages, refugee emergencies, and other crises that will reshape the globe. But the world will be remade by warming in more profound ways as well, transforming our politics, our culture, our relationship to technology, and our sense of history. It will be all-encompassing, shaping and distorting nearly every aspect of human life as it is lived today. Like An Inconvenient Truth and Silent Spring before it, The Uninhabitable Earth is both a meditation on the devastation we have brought upon ourselves and an impassioned call to action. For just as the world was brought to the brink of catastrophe within the span of a lifetime, the responsibility to avoid it now belongs to a single generation"--

How Your Family Can Balance Digital Media and Real Life

The Business of News and the Fight for Facts

Mindf*ck

Residential Duct Systems - Manual D

A Memoir

The Sex Myth

The Alpha Masters

ONE OF THE NEW YORK TIMES BOOK REVIEW'S 10 BEST BOOKS OF THE YEAR NAMED ONE OF THE 50 BEST MEMOIRS OF THE PAST 50 YEARS BY THE NEW YORK TIMES SELECTED AS A BEST BOOK OF THE YEAR BY: The Washington Post * Elle * NPR * New York Magazine * Boston Globe * Nylon * Slate * The Cut * The New Yorker * Chicago Tribune WINNER OF THE THURBER PRIZE FOR AMERICAN HUMOR ☐Affectionate and very funny . . . wonderfully grounded and authentic. This book proves Lockwood to be a formidably gifted writer who can do pretty much anything she pleases.☐ ☐ The New York Times Book Review From Booker Prize finalist Patricia Lockwood, author of the novel No One Is Talking About This, a vivid, heartbreakingly funny memoir about balancing identity with family and tradition. Father Greg Lockwood is unlike any Catholic priest you have ever metia man who lounges in boxer shorts, loves action movies, and whose constant jamming on the guitar reverberates ☐like a whole band dying in a plane crash in 1972.☐ His daughter is an irreverent poet who long ago left the Church's country. When an unexpected crisis leads her and her husband to move back into her parents' rectory, their two worlds collide. In Priestdaddy, Lockwood interweaves emblematic moments from her childhood and adolescence☐from an ill-fated family hunting trip and an abortion clinic sit-in where her father was arrested to her involvement in a cultlike Catholic youth group☐with scenes that chronicle the eight-month adventure she and her husband had in her parents' household after a decade of living on their own. Lockwood details her education of a seminarian who is also living at the rectory, tries to explain Catholicism to her husband, who is mystified by its bloodthirstiness and arcane laws, and encounters a mysterious substance on a hotel bed with her mother. Lockwood pivots from the raunchy to the sublime, from the comic to the deeply serious, exploring issues of belief, belonging, and personhood. Priestdaddy is an entertaining, unforgettable portrait of a deeply odd religious upbringing, and how one balances a hard-won identity with the weight of family and tradition.

If you loved Hidden Figures or The Rise of the Rocket Girls, you'll love Claire Evans' breakthrough book on the women who brought you the internet--written out of history, until now. "This is a radically important, timely work," says Miranda July, filmmaker and author of The First Bad Man. The history of the internet is more than just alpha nerds, programmers, and male garage-to-riches billionaires. Female visionaries have always been at the vanguard of technology and innovation. In fact, women turn up at the very beginning of every important wave in technology. They may have been hidden in plain sight, their inventions and contributions touching our lives in ways we don't even realize, but they have always been part of the story. In a world where tech companies are still male-dominated and women are often dissuaded from STEM careers, Broad Band shines a much-needed light on the bright minds history forgot, from pioneering database poets, data wranglers, and hypertext dreamers to glass ceiling-shattering dot com-era entrepreneurs. Get to know Ada Lovelace, who wove the first computer program in 1842, and Grace Hopper, the tenacious mathematician who democratized computing after World War II. Meet Elizabeth "Jake" Feinler, the one-woman Google who kept the earliest version of the Internet online, and Stacy Horn, the New York cyberpunk who ran one of the world's earliest social networks out of her New York City apartment in the 1980s. Join the ranks of the pioneers who defied social convention to become leaders of the tech revolution. This electrifying corrective to tech history introduces us all to our long-overlooked tech mothers and grandmothers--showing us that if there's a "boy's club" that dominates Silicon Valley today, it's an anachronism.

Though vampires have their intrigues, werewolves have their wars, mages have their realities, wraiths have their passions and changelings seek to return to their homeland, there are supernatural powers at work in the world that concern all of these beings. Indeed, there are people and forces in the world of Darkness that endanger all those who exist. Learn the secrets, alliances, enemies and plans of these shadowy beings in a series of world of Darkness books that can be integrated into all of the storyteller games. Learn how mortals in the Far East deal with their supernatural menaces. Not a Hunter: The Reckoning supplement.

Noted Guerrillas, or, the Warfare of the Border. Being a history of the lives and adventures of Quantrell, Bill Anderson, George Todd, Dave Poole, Fletcher Taylor, Peyton Long, Oil Shepherd, Arch Clements, John Maupin, Tuck and Woot Hill, Wm. Gregg, Thomas Maupin, the James brothers, the younger brothers, Arthur McCoy, and numerous other well known guerrilas of the west. By John N. Edwards, author of "Shelby and His Men", "Shelby's Expedition to Mexico", etc.

Why the Conventional Pregnancy Wisdom Is Wrong--and What You Really Need to Know

After the Miracle

Now I See You

Power Your Metabolism, Blast Fat, and Shed Pounds in Just 15 Days

Extra Virgin

How to Be a Person in the World

Click Here to Kill Everybody: Security and Survival in a Hyper-connected World

Maus I: A Survivor's Tale and Maus II - the complete story of Vladek Spiegelman and his wife, living and surviving in Hitler's Europe. By addressing the horror of the Holocaust through cartoons, the author captures the everyday reality of fear and is able to explore the guilt, relief and extraordinary sensation of survival - and how the children of survivors are in their own way affected by the trials of their parents. A contemporary classic of immeasurable significance.

This is one of the most significant military books of the twentieth century. By an outstanding soldier of independent mind, it pushed forward the evolution of land warfare and was directly responsible for German armoured supremacy in the early years of the Second World War. Published in 1937, the result of 15 years of careful study since his days on the German General Staff in the First World War, Guderian's book argued, quite clearly, how vital the proper use of tanks and supporting armoured vehicles would be in the conduct of a future war. When that war came, just two years later, he proved it, leading his Panzers with distinction in the Polish, French and Russian campaigns. Panzer warfare had come of age, exactly as he had forecast. This first English translation of Heinz Guderian's classic book - used as a textbook by Panzer officers in the war - has an introduction and extensive background notes by the modern English historian Paul Harris.

Presents a history of tipis, describing the different ways in which they were constructed, the many symbolic designs used to decorate them, and the practical and spiritual significance they had in the lives of Native Americans.

From a bold new feminist voice, a book that will change the way you think about your sex life. Fifty years after the sexual revolution, we are told that we live in a time of unprecedented sexual freedom; that if anything, we are too free now. But beneath the veneer of glossy hedonism, millennial journalist Rachel Hills argues that we are controlled by a new brand of sexual convention: one which influences all of us--woman or man, straight or gay, liberal or conservative. At the root of this silent code lies the Sex Myth--the defining significance we invest in sexuality that once meant we were dirty if we did have sex, and now means we are defective if we don 't do it enough. Equal parts social commentary, pop culture, and powerful personal anecdotes from people across the English-speaking world, The Sex Myth exposes the invisible norms and unspoken assumptions that shape the way we think about sex today.

The Body Reset Diet, Revised Edition

Third Edition, Version 2. 50

Demon Hunter X

The Uninhabitable Earth

Noted Guerrillas

The Happiest Baby on the Block

Tipi

The hosts of the Cooking Channel's "Extra Virgin" present 120 recipes inspired by contemporary Tuscan cuisine, including pecorino and honey dip, braised artichokes, breakfast pizza, and coffee granita.

The instant #1 New York Times bestseller. From the reporter who was there at the very beginning comes the revealing inside story of the partnership between Steve Bannon and Donald Trump—the key to understanding the rise of the alt-right, the fall of Hillary Clinton, and the hidden forces that drove the greatest upset in American political history. Based on dozens of interviews conducted over six years, Green spins the master narrative of the 2016 campaign from its origins in the far fringes of right-wing politics and reality television to its culmination inside Trump’s penthouse on election night. The shocking elevation of Bannon to head Trump’s flagging presidential campaign on August 17, 2016, hit political Washington like a thunderclap and seemed to signal the meltdown of the Republican Party. Bannon was a bomb-throwing pugilist who’d never run a campaign and was despised by Democrats and Republicans alike. Yet Bannon’s hard-edged ethno-nationalism and his elaborate, years-long plot to destroy Hillary Clinton paved the way for Trump’s unlikely victory. Trump became the avatar of a dark but powerful worldview that dominated the airwaves and spoke to voters whom others couldn’t see. Trump’s campaign was the final phase of a populist insurgency that had been building up in America for years, and Bannon, its inscrutable mastermind, believed it was the culmination of a hard-right global uprising that would change the world. Any study of Trump’s rise to the presidency is unavoidably a study of Bannon. Devil’s Bargain is a tour-de-force telling of the remarkable confluence of circumstances that decided the election, many of them orchestrated by Bannon and his allies, who really did plot a vast, right-wing conspiracy to stop Clinton. To understand Trump’s extraordinary rise and Clinton’s fall, you have to weave Trump’s story together with Bannon’s, or else it doesn’t make sense.

From the author of Expecting Better and The Family Firm, an economist’s guide to the early years of parenting. “Both refreshing and useful. With so many parenting theories driving us all a bit batty, this is the type of book that we need to help calm things down.” —LA Times “The book is jampacked with information, but it’s also a delightful read because Oster is such a good writer.” —NPR With Expecting Better, award-winning economist Emily Oster spotted a need in the pregnancy market for advice that gave women the information they needed to make the best decision for their own pregnancies. By digging into the data, Oster found that much of the conventional pregnancy wisdom was wrong. In Cribsheet, she now tackles an even greater challenge: decision-making in the early years of parenting. As any new parent knows, there is an abundance of often-conflicting advice hurled at you from doctors, family, friends, and strangers on the internet. From the earliest days, parents get the message that they must make certain choices around feeding, sleep, and schedule or all will be lost. There’s a rule—or three—for everything. But the benefits of these choices can be overstated, and the trade-offs can be profound. How do you make your own best decision? Armed with the data, Oster finds that the conventional wisdom doesn’t always hold up. She debunks myths around breastfeeding (not a panacea), sleep training (not so bad!), potty training (wait until they’re ready or possibly bribe with M&Ms), language acquisition (early talkers aren’t necessarily geniuses), and many other topics. She also shows parents how to think through freighted questions like if and how to go back to work, how to think about toddler discipline, and how to have a relationship and parent at the same time. Economics is the science of decision-making, and Cribsheet is a thinking parent’s guide to the chaos and frequent misinformation of the early years. Emily Oster is a trained expert—and mom of two—who can empower us to make better, less fraught decisions—and stay sane in the years before preschool.

In time for the 50th anniversary of the Mets' miraculous 1969 World Series win, right fielder Ron Swoboda tells the story of that amazing season, the people he played with and against (sometimes at the same time), and what life was like as an Every Man ballplayer. Ron Swoboda wasn’t the greatest player the Mets ever had, but he made the greatest catch in Met history, saving a game in the 1969 World Series, and his RBI clinched the final game. By Met standards that makes him legend. The Mets even use a steel silhouette of the catch as a backing for the right field entrance sign at Citi Field. In this smart, funny, insightful memoir, which is as self-deprecating as a lifetime .249 hitter has to be, he tells the story of that magical year nearly game by game, revealing his struggles, his triumphs and what life was like for an every day, Every Man player, even when he was being platooned. He shows what it took to make one of the worst teams in baseball and what it was like to leave one of the best. And when he talks about the guys he played with and against, it’s like you’re sitting next to him on the team bus, drinking Rheingold. Here's the Catch is a book anyone who loves the game will love as much.

Essays and Stories

Cambridge Analytica and the Plot to Break America

The Rockefeller Drug Laws and the Politics of Punishment

The Development of Armoured Forces, Their Tactics and Operational Potential

Here's the Catch

The Untold Story of the Women Who Made the Internet

Living in the Aftermath of Tragedy

The cell phone is the fastest-selling consumer electronic in the world. On a global basis, over 800 million cellular telephones are sold yearly. More camera-equipped cell phones are sold each year than stand alone digital cameras. Rapid development of new technologies is leading to ever more versatile, multipurpose mobile devices, including 3G Internet-enabled cell phones and PDAs. Meanwhile, wireless networking and wireless Internet access are developing and expanding on a global basis at a rapid rate. Booming technologies include such 802.11 standards as Wi-Fi and WiMax, as well as Ultra Wide Band (UWB) and Bluetooth.

Telematics, intelligent transportation systems (ITS) and satellite radio will soon create an entertainment, navigation and communications revolution within automobiles and trucks. Meanwhile, RFID (radio frequency identification) will revolutionize wireless tracking, inventory and logistics at all levels, from manufacturing to shipping to retailing. These developments are creating challenges for legacy companies and opportunities for nimble marketers and managers. Plunkett's Wireless, Wi-Fi, RFID & Cellular Industry Almanac 2008 covers such sectors. Our coverage includes business trends analysis and industry statistics. We also include a wireless and cellular business glossary and a listing of industry contacts, such as industry associations and government agencies. Next, we profile hundreds of leading companies. Our 350 company profiles include complete business descriptions and up to 27 executives by name and title.

A New York Times Love and Relationships Bestseller A hilarious, frank, and witty collection of all-new responses, plus a few greatest hits, from the author of the beloved advice column "Ask Polly" in New York magazine's The Cut. Should you quit your day job to follow your dreams? How do you rein in an overbearing mother? Will you ever stop dating wishy-washy, noncommittal guys? Should you put off having a baby for your career? Heather Havrilesky of the wildly popular Ask Polly advice column is here to guide you through the "what if's" and "I don't knows" of modern life with the signature wisdom and tough love her readers have come to expect. How to Be a Person in the World is a hilarious, frank, and witty collection of never-before-published material along with a few fan favorites. Whether she's responding to cheaters or loners, lovers or haters, the anxious or the down-and-out, Havrilesky writes with equal parts grace, humor, and compassion to remind you that even in your darkest moments you're not alone.

For the first time, the Cambridge Analytica whistleblower tells the inside story of the data mining and psychological manipulation behind the election of Donald Trump and the Brexit referendum, connecting Facebook, WikiLeaks, Russian intelligence, and international hackers. “Mindf*ck demonstrates how digital influence operations, when they converged with the nasty business of politics, managed to hollow out democracies.”—The Washington Post Mindf*ck goes deep inside Cambridge Analytica’s “American operations,” which were driven by Steve Bannon’s vision to remake America and fueled by mysterious billionaire Robert Mercer’s money, as it weaponized and wielded the massive store of data it had harvested on individuals—in excess of 87 million—to disunite the United States and set Americans against each other. Bannon had long sensed that deep within America’s soul lurked an explosive tension. Cambridge Analytica had the data to prove it, and in 2016 Bannon had a presidential campaign to use as his proving ground. Christopher Wylie might have seemed an unlikely figure to be at the center of such an operation. Canadian and liberal in his politics, he was only twenty-four when he got a job with a London firm that worked with the U.K. Ministry of Defense and was charged putatively with helping to build a team of data scientists to create new tools to identify and combat radical extremism online. In short order, those same military tools were turned to political purposes, and Cambridge Analytica was born. Wylie’s decision to become a whistleblower prompted the largest data-crime investigation in history. His story is both exposé and dire warning about a sudden problem born of very new and powerful capabilities. It has not only laid bare the profound vulnerabilities—and profound carelessness—in the enormous companies that drive the attention economy, it has also exposed the profound vulnerabilities of democracy itself. What happened in 2016 was just a trial run. Ruthless actors are coming for your data, and they want to control what you think.

A world of "smart" devices means the Internet can kill people. We need to act. Now. Everything is a computer. Ovens are computers that make things hot; refrigerators are computers that keep things cold. These computers—from home thermostats to chemical plants—are all online. The Internet, once a virtual abstraction, can now sense and touch the physical world. As we open our lives to this future, often called the Internet of Things, we are beginning to see its enormous potential in ideas like driverless cars, smart cities, and personal agents equipped with their own behavioral algorithms. But every knife cuts two ways. All computers can be hacked. And Internet-connected computers are the most vulnerable. Forget data theft: cutting-edge digital attackers can now crash your car, your pacemaker, and the nation’s power grid. In Click Here to Kill Everybody, renowned expert and best-selling author Bruce Schneier examines the hidden risks of this new reality. After exploring the full implications of a world populated by hyperconnected devices, Schneier reveals the hidden web of technical, political, and market forces that underpin the pervasive insecurities of today. He then offers common-sense choices for companies, governments, and individuals that can allow us to enjoy the benefits of this omnipotent age without falling prey to its vulnerabilities. From principles for a more resilient Internet of Things, to a recipe for sane government regulation and oversight, to a better way to understand a truly new environment, Schneier’s vision is required reading for anyone invested in human flourishing.

Steve Bannon, Donald Trump, and the Nationalist Uprising

Bill O'Reilly's Legends and Lies: The Patriots

Boy in Darkness

The Art of Screen Time

The '69 Mets, New York City, and the Most Astounding Season in Baseball History

The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer

World of Darkness

"Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book--fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk--can teach you too!"--Back cover.

A leading hedge-fund industry insider reveals the secrets and lessons of such top investors as John Paulson, David Tepper and Bill Ackman, sharing tangible, analytical insight into the psychology of trading while providing coverage of a range of strategy types, from Long/Short and Value to Distressed and Commodities.

Comics by women about their love of gaming, from video games to tabletop role-playing to collectible card games.

The Only Comprehensive Guide to the Wireless Industry

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