

Read Book Dont  
Bullsh T Yourself  
Crush The  
***Dont***  
Excuses That Are  
***Bullsh T***  
***Yoursel***  
***Crush The***  
***Excuses***  
***That Are***  
***Holding***  
***You Back***

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

The creator of  
the Instagram  
sensation But

Like Maybe  
takes us on an  
illustrated  
journey through  
her worst  
dating  
mistakes—a  
hilarious,  
hopeful guide  
to what you

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
need to get  
wrong in love  
before you get  
it right.

Arianna

Margulis's pen  
was set aflame  
when a  
boyfriend took  
her for a walk  
in Central  
Park. She was  
sneak-attack

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dumped because  
she “interfered  
with his

meditation  
schedule.”

After a few  
sobs, she found  
her way to a  
Sharpie,  
doodled the  
hilarity and  
the heartbreak,  
and But Like

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Maybe was born.  
As her cartoons  
became an

Instagram cult  
hit, Arianna  
chronicled her  
misadventures  
through modern  
love via a crop-  
topped  
doppelganger,  
equal parts  
optimistic and

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anxious, who  
holds tight to  
the belief that  
bae is out  
there. Now,  
with 70 never-  
before-seen  
toons, her  
first book is a  
witty and  
winning primer  
on what not to  
do when dating.

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Inspired by all  
the ways  
Arianna's gone

wrong in her  
search for  
love, from  
planning  
matching  
outfits with  
her high school  
boyfriend  
without his  
knowledge to

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deplaning an  
aircraft  
because her  
crush texted,  
this charming  
and off-kilter  
anti-guide  
gently leads  
you to what  
matters:  
realizing that  
you're already  
pretty awesome.



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With plenty of  
advice for  
recognizing and  
moving on when  
he's just not  
that into you,  
Arianna shows  
how to not let  
a read receipt  
ruin your  
night, what to  
do when the  
slow fade

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commences, and  
how to flip the  
busy script on

a guy. Dating  
can make the  
best of us a  
bit crazy. Keep  
this guide by  
your side so  
that the next  
time tequila  
urges you to  
text your ex,

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Crush The  
Excuses That Are  
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you can instead  
tell yourself .  
. . but like

maybe don't.

A funny, sexy,  
and ultimately  
poignant memoir  
about mastering  
the art of the  
"vacationship."

Kristin Newman  
spent much of  
her twenties

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and thirties  
buying dresses  
to wear to her

friends'

weddings and

baby showers.

Not ready to

settle down and

in need of an

escape from her

fast-paced job

as a sitcom

writer, Kristin

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instead  
traveled the  
world, often  
alone, for  
several weeks  
each year. In  
addition to  
falling madly  
in love with  
the planet,  
Kristin fell  
for many  
attractive

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locals, men who  
could provide  
the emotional

connection she  
wanted without  
costing her the  
freedom she  
desperately  
needed. Kristin  
introduces  
readers to the  
Israeli  
bartenders,

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Finnish poker  
players, sexy  
Bedouins, and  
Argentinean  
priests who  
helped her  
transform into  
"Kristin-  
Adjacent" on  
the road—a  
slower, softer,  
and, yes,  
sluttier

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version of  
herself at  
home. Equal

parts laugh-out-  
loud

storytelling,  
candid

reflection, and  
wanderlust-

inspiring

travel tales,

What I Was

Doing While You



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Were Breeding  
is a compelling  
debut that will

have readers  
rushing to  
renew their  
passports.

Based on an  
episode of "Sex  
and the City,"  
offers a  
lighthearted,  
no-nonsense

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look at dead-  
end  
relationships,  
providing  
advice for  
letting go and  
moving on.

A triumphant  
tale of a young  
woman and her  
difficult  
childhood, The  
Glass Castle is

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a remarkable  
memoir of  
resilience,  
redemption, and  
a revelatory  
look into a  
family at once  
deeply  
dysfunctional  
and wonderfully  
vibrant.

Jeannette Walls  
was the second

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of four  
children raised  
by anti-  
institutional  
parents in a  
household of  
extremes.

The Instant New  
York Times  
Bestseller and  
TikTok  
Sensation! As  
seen on THE

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Crush The  
VIEW! A  
BuzzFeed Best  
Excuses That Are  
Holding You Back  
Summer Read of

2021 When a  
fake  
relationship  
between  
scientists  
meets the  
irresistible  
force of  
attraction, it  
throws one

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woman's  
carefully  
calculated  
theories on  
love into  
chaos. As a  
third-year  
Ph.D.  
candidate,  
Olive Smith  
doesn't believe  
in lasting  
romantic relati

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onships--but  
her best friend  
does, and

that's what got  
her into this  
situation.

Convincing Anh  
that Olive is  
dating and well  
on her way to a  
happily ever  
after was  
always going to

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take more than  
hand-wavy Jedi  
mind tricks:

Scientists  
require proof.  
So, like any  
self-respecting  
biologist,  
Olive panics  
and kisses the  
first man she  
sees. That man  
is none other



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than Adam  
Carlsen, a  
young hotshot  
professor--and  
well-known ass.  
Which is why  
Olive is  
positively  
floored when  
Stanford's  
reigning lab  
tyrant agrees  
to keep her

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charade a  
secret and be  
her fake  
boyfriend. But  
when a big  
science  
conference goes  
haywire,  
putting Olive's  
career on the  
Bunsen burner,  
Adam surprises  
her again with

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his unyielding  
support and  
even more unyie

lding...six-  
pack abs.

Suddenly their  
little

experiment  
feels

dangerously  
close to

combustion. And  
Olive discovers

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that the only  
thing more  
complicated  
than a  
hypothesis on  
love is putting  
her own heart  
under the  
microscope.

A Memoir  
Ask a Manager  
Writing Without  
Bullshit

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Bullsh T Yourself  
Crush The  
How to Get Your  
Excuses That Are  
Act and Life  
Holding You Back  
Together to  
Become the Best  
Version of  
Yourself  
Be Obsessed or  
Be Average  
Master Your  
Mind and Defy  
the Odds -  
Clean Edition  
Boost Your

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Crush The  
Career by  
Saying What You  
Mean  
Excuses That Are  
Holding You Back

Don't Bullsh\*t  
Yourself!Crush the  
Excuses That Are  
Holding You  
BackPenguin  
Gemma Summers  
is unlucky in love.  
She's known it  
since third grade,

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when her first  
crush blew a  
spitball into her

hair, and a decade-  
long string of bad  
dates, boring sex,  
and abysmal  
morning-afters has  
done nothing to  
improve her  
prospects. When a  
random radio

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contest lands her  
courtside tickets to  
the hottest playoff

game of the  
season, Gemma  
thinks her luck  
may finally be on  
the upswing — at  
least, until the  
dreaded jumbotron  
kiss-cam lands on  
her and her date,



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who's too busy  
ignoring her to  
notice... Thankfully,  
the sexy stranger  
sitting next to her  
is more than willing  
to step in. One  
kiss. Two  
strangers. No  
strings attached.  
Or... so she thinks.  
Turns out, kissing

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Chase Croft —  
Boston's most  
eligible bachelor —  
may be enough to  
convince even a  
girl who's given up  
on love to let down  
her guard one last  
time... NOT YOU  
IT'S ME is a full-  
length, comedic  
contemporary

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Crush The  
Excuses That Are  
Holding You Back  
romance about a  
girl who doesn't  
believe in love...

and the man who  
changes her mind.

It is the first  
installment of the  
internationally  
bestselling  
BOSTON LOVE  
STORY series and  
can be read as a

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Crush The  
complete  
Excuses That Are  
standalone. Due to  
Holding You Back  
sexy-times and  
strong language, it  
is intended for  
readers 17 and up.  
The Subtle Art of  
Not Giving A F\*\*k:  
A Counterintuitive  
Approach to Living  
A Good Life by  
Mark Manson

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Book Summary  
Excuses That Are  
Readtrepreneur  
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book. If you're  
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original book,  
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//amzn.to/2uzu0XI)

Many of us are  
bombardeed by

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society's  
Excuses That Are  
standards, telling  
Holding You Back  
us who we should  
be, and how we  
should be like.

This book The  
Subtle Art of Not  
Giving a Fuck  
teaches us how to  
let go of things that  
do not define nor  
matter to us, and

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Excuses That Are  
Holding You Back

only give a f\*\*k  
about the things  
that truly matter,

which will make us  
happy individuals  
in the long run.

(Note: This  
summary is wholly  
written and  
published by readt  
repreneur.com It is  
not affiliated with

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the original author  
in any way)

"Maturity is what

happens when one  
learns to only give  
a f\*\*k about what's  
truly f\*\*kworthy." -

Mark Manson

Many a times, we  
are hesitant to  
reject requests  
from others and



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often end up in a  
situation that we  
never wanted to

be in the first  
place, helping  
other people at the  
expense of  
ourselves. The  
Subtle Art of Not  
Giving a F\*\*k  
reminds us that we  
all have choices,

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and we must  
choose what we  
want to care  
about. Death is  
inevitable and our  
time on earth is  
limited. We choose  
how we want to  
spend it; on  
f\*\*kworthy or non-  
f\*\*kworthy things?  
P.S. Gain a totally

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unique perspective  
towards life as you  
learn to live a

fulfilling life which  
you will enjoy

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Summaries  
Holding You Back

Delivers Amazing  
Knowledge

Awesome

Refresher Clear

And Concise

Disclaimer Once

Again: This book is  
meant for a great  
companionship of

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the original book  
or to simply get the  
gist of the original

book. If you're  
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original book,  
search for this link:  
http:

//amzn.to/2uzu0XI

Quentin Jacobson  
has spent a  
lifetime loving

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Margo Roth  
Spiegelman from  
afar. So when she  
cracks open a  
window and climbs  
into his life -  
dressed like a  
ninja and  
summoning him for  
an ingenious  
campaign of  
revenge - he

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Holding You Back

follows. After their  
all-nighter ends, Q  
arrives at school to

discover that

Margo has

disappeared.

What Doesn't

Define You Will

Never Hold You

Back!As a distant

cousin to The

Subtle Art of Not



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Crush The  
Giving a F\*ck, F\*ck  
Excuses That Are  
Feelings, Unfu\*k  
Holding You Back  
Yourself, and You

are a Badass  
comes this brutally  
honest guide to  
shoving aside your  
insecurities and  
self-doubt to finally  
take advantage of  
your best qualities  
and do what the

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hell you want. The mass media and society in general has you believing that you aren't "good enough" if you don't have the perfect body, impressive degrees and flashy materialistic crap. No bigger lie has

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ever been told,  
because everyone  
is hopelessly

flawed and you  
have a lot to  
offer! Do you  
believe other  
people are better  
than you? Have  
you ever been too  
damn afraid to  
approach

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Excuses That Are  
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someone of the  
opposite sex for a  
date? Have you  
been afraid to try  
something  
because you  
feared failure or  
rejection? This  
book solves those  
problems. Personal  
development writer  
Deante Young

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spent decades  
being ripped to  
shreds by his own  
insecurities of his  
self-proclaimed  
"equator length  
waistline" and "the  
portable tool inside  
his trousers,"  
before figuring out  
how to overcome  
that constant

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Crush The  
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Holding You Back  
humiliation. Often  
hilarious and  
occasionally  
shocking, Young  
uncovers the dirty  
truth about what's  
holding you  
back. In F.U.C.K.  
Your Insecurities,  
you will learn  
several key  
things: The one

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Crush The  
Excuses That Are  
Holding You Back  
thing you need  
that is far more  
important than  
confidence to  
succeed Why  
people you think  
are better than you  
actually admire the  
hell out of you The  
four step process  
of handling your  
insecurities and

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Holding You Back  
make them  
irrelevant How to  
write the ultimate  
love letter to  
yourself Why your  
biggest inspiration  
should be your  
infant self How to  
turn your  
"shortcomings"  
into your ultimate  
weapon And much



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Crush The  
more! Stop  
Excuses That Are  
underestimating  
Holding You Back  
yourself and your  
worthiness and let  
F.U.C.K. Your  
Insecurities! guide  
you to your  
ultimate freedom--  
Self-belief!  
Raise the Bar  
Bullshit Jobs  
But Like Maybe

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Crush The  
Don't?  
Excuses That Are  
Holding You Back  
A Counterintuitive  
Approach to Living  
a Good Life  
Man Up  
The Love  
Hypothesis  
(Things That Still  
Annoy Me)  
New York Times  
Bestseller Over 2.5  
million copies sold

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For David Goggins,  
childhood was a  
nightmare - poverty,  
prejudice, and  
physical abuse  
colored his days and  
haunted his nights.  
But through self-  
discipline, mental  
toughness, and hard  
work, Goggins  
transformed himself  
from a depressed,  
overweight young

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man with no future  
into a U.S. Armed  
Forces icon and one  
of the world's top  
endurance athletes.  
The only man in  
history to complete  
elite training as a  
Navy SEAL, Army  
Ranger, and Air  
Force Tactical Air  
Controller, he went  
on to set records in  
numerous endurance

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events, inspiring  
Outside magazine to  
name him The Fittest  
(Real) Man in  
America. In this  
curse-word-free  
edition of Can't Hurt  
Me, he shares his  
astonishing life story  
and reveals that most  
of us tap into only  
40% of our  
capabilities. Goggins  
calls this The 40%

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Rule, and his story  
illuminates a path  
that anyone can

follow to push past  
pain, demolish fear,  
and reach their full  
potential.

Joining the ranks of  
classics like The  
Elements of Style  
and On Writing Well,  
Writing Without  
Bullshit helps  
professionals get to

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Excuses That Are  
Writing Without Back  
Bullshit. Writing  
Without Bullshit is  
the first  
comprehensive guide  
to writing for today's  
world: a noisy  
environment where  
everyone reads what  
you write on a  
screen. The average  
news story now gets

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only 36 seconds of attention. Unless you change how you write, your emails, reports, and Web copy don't stand a chance. In this practical and witty book, you'll learn to front-load your writing with pithy titles, subject lines, and opening sentences. You'll



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acquire the courage  
and skill to purge  
weak and  
meaningless jargon,  
wimpy passive voice,  
and cowardly weasel  
words. And you'll get  
used to writing  
directly to the reader  
to make every word  
count. At the center  
of it all is the Iron  
Imperative: treat the  
reader's time as

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more valuable than  
your own. Embrace  
that, and your  
customers, your  
boss, and your  
colleagues will  
recognize the power  
and boldness of your  
thinking. Transcend  
the fear that makes  
your writing weak.  
Plan and execute  
writing projects with  
confidence. Manage

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edits and reviews  
flawlessly. And  
master every modern  
format from emails  
and social media to  
reports and press  
releases. Stop  
writing to fit in. Start  
writing to stand out.  
Boost your career by  
writing without  
bullshit.

The Wall Street  
Journal Bestseller

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featured in  
Bloomberg, Fast  
Company, Masters of  
Scale, the Motley  
Fool, Marketplace  
and more. An  
indispensable guide  
to building a startup  
and breaking down  
the barriers for  
diverse  
entrepreneurs from  
the visionary venture  
capitalist and

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Crush The  
Excuses That Are  
Kathryn Finney. Back

Build the Damn  
Thing is a hard-won,  
battle-tested guide  
for every  
entrepreneur who  
the establishment  
has left out. Finney,  
an investor and  
startup champion,  
explains how to build  
a business from the

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ground up, from  
developing a  
business plan to  
finding investors,  
growing a team, and  
refining a product.  
Finney empowers  
entrepreneurs to  
take advantage of  
their unique  
networks and  
resources; arms  
readers with  
responses to

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investors who say,  
“great pitch but I just  
don’t do Black Back  
women”; and inspires  
them to overcome  
naysayers while  
remaining “100%  
That B\*tch.” Don’t  
wait for the system  
to let you in—break  
down the door and  
build your damn  
thing. For all the  
Builders striving to

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

build their  
businesses in a world  
that has overlooked  
and underestimated  
them: this is the  
essential guide to  
knowing, breaking,  
remaking and  
building your own  
rules of  
entrepreneurship in  
a startup and  
investing world  
designed for and by



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Excuses That Are  
Holding You Back

the “Entitleds.”

'She's street-smart  
and hard-headed. If

Roxy Jacenko has a  
tip, I want to know  
about it.' Helen

McCabe, Digital  
Content Director,

Nine 'Roxy never  
fails to deliver and  
this book is an easy,  
interesting read that  
people in a lot of  
professions (not just

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Excuses That Are  
Holding You Back

PR) could learn  
something from.'  
Jackie O, Radio  
Personality, KIIS  
Network 'As the  
saying goes, "If you  
want something  
done, ask a busy  
person", or just ask  
Roxy! When the  
totally tenacious PR  
and brand-building  
expert delivers her  
industry-insider

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Excuses That Are  
Holding You Back

advice, you listen. If  
you're growing your  
own brand, or you're

a budding PR

dynamo, Roxy's Little  
Black Book of Tips &  
Tricks might just  
become your bible.'

Emily Taylor, Editor,  
InStyle Australia The  
fact that I'm sitting  
here writing a  
business book when,  
at school, I was the

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Crush The  
Excuses That Are  
Holding You Back

student who read the  
crib notes rather  
than the actual books  
is rather ironic.

However, if I've  
proved anything over  
the years, it's that  
you needn't be the  
smartest girl in the  
room or get the  
highest marks (heck,  
I didn't even go to  
uni!) to succeed in  
PR or business. If I

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can do it, anyone  
can. The trick is to  
be willing to give up  
your excuses and  
consistently put in  
the work. Roxy  
Jacenko built a PR  
empire on intuition,  
common sense and  
an unbreakable work  
ethic. Now she's  
passing on her best  
business advice, tips  
and tricks in a

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Excuses That Are  
Holding You Back

handsome handbag-sized volume that's perfectly sized for

the millennial worker on the run. From writing a stand-out application to building your brand to generating killer social media buzz, Roxy's Little Black Book of Hints & Tips is a must-read resource for aspiring

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Crush The  
Excuses That Are  
Holding You Back  
publicists and  
business builders,  
and for anyone  
already in the PR  
industry.

What makes a truly  
exceptional leader?  
Discover the  
practical, fail-proof  
tools that will help  
you to fine-tune your  
leadership skills,  
solidify respect  
among your

# Read Book Dont Bullsh T Yourself Crush The Excuses That Are Holding You Back

workforce, and ensure your company's lasting success. When Martin G. Moore was asked to rescue a leading energy corporation from ever-increasing debt and a lack of executive accountability, he faced an uphill battle. Not only had



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Crush The  
Excuses That Are  
Holding You Back

he never before  
stepped into the role  
of CEO; he also had

no experience in the  
rapidly evolving  
energy sector.

Relying on the  
practical leadership  
principles he had  
honed throughout his  
thirty-three-year  
career, he  
overhauled the  
company's culture,

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

redefined its  
leadership capability,  
and increased  
earnings by a  
compound annual  
growth rate of 125  
percent. In No  
Bullsh!t Leadership,  
Moore outlines these  
proven leadership  
principles in a clear,  
direct way. He  
sweeps away the  
mystical fog

Read Book Dont  
Bullsh T Yourself  
Crush The  
surrounding  
Excuses That Are  
Holding You Back  
leadership today and  
lays out the essential  
steps for success.  
Moore combines this  
tangible advice with  
honest, real-world  
examples from his  
own career to  
provide a no-  
nonsense look at the  
skills a true leader  
possesses. Moore's  
principles for no

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

bullshit leadership  
focus on: Creating  
value by focusing

only on the things  
that matter most

Facing conflict,  
adversity, and  
ambiguity with

decisiveness and  
confidence Setting

uncompromising  
standards for

behavior and  
performance

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

Selecting and  
developing great  
people Making those  
people accountable,  
and empowering  
them to do their best  
Setting simple, value-  
driven goals and  
communicating them  
relentlessly Though  
the steps aren't easy,  
they are guaranteed,  
if implemented, to lift  
your leadership-and

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
your organization-to  
a higher level.

Wherever you are in  
your career, No  
Bullsh!t Leadership  
will help you develop  
the skills and form  
the habits needed to  
become a no bullshit  
leader.

A Very Large  
Expanse of Sea  
I Love Jesus, But I  
Want to Die

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Bullsh T Yourself  
Crush The  
F.U.C.K. Your  
Excuses That Are  
Holding You Back  
Inside the Minds of  
Angry and  
Controlling Men  
Crushing It!  
George Washington  
Is Cash Money  
How to Start a  
Successful Business  
If You're Not a Rich  
White Guy  
***From the #1 New***

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Crush The  
*York Times*  
Excuses That Are  
bestselling author,  
Holding You Back  
rapper, and

activist—*Sister*

*Souljah uses her*

*passionate voice to*

*deliver what is at*

*once a fiercely*

*candid*

*autobiography and a*

*survival manual for*

*any Black woman*



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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*determined to keep  
her heart open and  
her integrity intact*

*in modern America.*

*Each chapter of No  
Disrespect is devoted*

*to someone who*

*made a difference*

*in Sister Souljah's*

*life—from the*

*mother who raised*

*her to the men who*

Read Book Dont  
Bullsh T Yourself  
Crush The  
*educated (and mis-  
educated) her about  
love—and each*

*bears a controversial  
truth about the  
Black condition in  
America: the  
disintegration of  
families; the  
unremitting combat  
between the sexes;  
and the thousand*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*and one ways in  
which racism  
continues to  
circumscribe how  
Black people see  
themselves and treat  
one another. The  
result is an  
outspoken and often  
courageous  
rejoinder to the  
pieties of race, class,*

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
*and gender by a  
writer who is at once  
wise, bawdy,*

*brutally funny, and  
as sensitive a  
lightning rod in a  
thunderstorm.*

*In this  
groundbreaking  
bestseller, Lundy  
Bancroft—a  
counselor who*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*specializes in  
working with  
abusive men—uses  
his knowledge about  
how abusers think to  
help women  
recognize when they  
are being controlled  
or devalued, and to  
find ways to get free  
of an abusive  
relationship. He says*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*he loves you.  
So... why does he do  
that? You've asked  
yourself this  
question again and  
again. Now you  
have the chance to  
see inside the minds  
of angry and  
controlling  
men—and change  
your life. In Why*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

***Does He Do That?***  
***you will learn about:***

- ***The early warning signs of abuse***
- ***The nature of abusive thinking***
- ***Myths about abusers***
- ***Ten abusive personality types***
- ***The role of drugs and alcohol***
- ***What you can fix, and what you can't***

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
*And how to get out  
of an abusive  
relationship safely*

*“This is without a  
doubt the most  
informative and  
useful book yet  
written on the  
subject of abusive  
men. Women who  
are armed with the  
insights found in*



Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*these pages will be  
on the road to  
recovering control*

*of their lives.”—Jay  
G. Silverman, Ph.D.,  
Director, Violence  
Prevention  
Programs, Harvard  
School of Public  
Health*

*Bestselling author  
Mhairi McFarlane*

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*returns with another  
heartfelt romantic  
comedy perfect for  
fans of Josie Silver,  
Sophie Kinsella, or  
Sally Thorne. One  
of Shondaland's 5  
Must-Read Books  
for March and a  
Best Romance of  
2020 by Amazon,  
OprahMag, Insider,*

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Bullsh T Yourself

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Excuses That Are  
Holding You Back

*Buzzfeed, Bustle,  
Cosmo, PopSugar,  
and BookPage. If*

*faking love is this  
easy... how do you  
know when it's real?*

*When her partner  
of over a decade  
suddenly ends  
things, Laurie is left  
reeling—not only  
because they work at*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*the same law firm  
and she has to see  
him every day. Her  
once perfect life is  
in shambles and the  
thought of dating  
again in the age of  
Tinder is nothing  
short of horrifying.  
When news of her  
ex's pregnant  
girlfriend hits the*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*office grapevine,  
taking the  
humiliation lying  
down is not an  
option. Then a  
chance encounter in  
a broken-down  
elevator with the  
office playboy opens  
up a new possibility.  
Jamie Carter doesn't  
believe in love, but*

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*he needs a  
respectable, steady  
girlfriend to impress*

*their bosses. Laurie*

*wants a hot new*

*man to give the*

*rumor mill*

*something else to*

*talk about. It's the*

*perfect proposition:*

*a fauxmance played*

*out on social media,*

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*with strategically staged photographs and a specific end date in mind. With the plan hatched, Laurie and Jamie begin to flaunt their new couple status, to the astonishment—and jealousy—of their friends and*

Read Book Dont  
Bullsh T Yourself  
Crush The  
*colleagues. But  
there's a fine line  
between pretending  
to be in love and  
actually falling for  
your charming,  
handsome fake  
boyfriend...*

*A transformational  
guide to getting  
yourself right in  
order to accomplish*



Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
*the work you were  
meant to do, from  
speaker, former U.S.*

*Air Force officer,  
and member of the  
Ottawa tribe D.J.*

*Vanas. When faced  
with an important  
job, and people  
depending on you to  
do it, most of us will  
give and give until*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*there's nothing left.  
But running on  
empty, even for a  
worthy cause, only  
sets you up for  
failure in the long  
run. To persevere on  
the path to success  
requires more than  
sheer fearlessness  
and willpower. It  
requires what D.J.*

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*Vanas calls the  
warrior spirit, the  
kind of strength that*

*looks outward but  
comes from deep  
within. Drawing  
inspiration from  
Native American  
philosophy and  
tradition, The  
Warrior Within  
outlines a new model*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*for personal power  
in the face of  
overwhelming  
chaos. A true  
warrior is not the  
toughest or bravest  
person in the room.  
A true warrior is  
committed to self-  
mastery, knows how  
to navigate change  
and disruption,*

Read Book Dont  
Bullsh T Yourself  
Crush The  
*transforms setbacks  
Excuses That Are  
into opportunities  
Holding You Back  
for achievement,  
refuses to quit, and  
most importantly,  
always fights for  
something bigger  
than the self. With a  
vast array of stories  
and examples, from  
vision quests to  
treacherous hikes to*

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

*veterans and service  
providers at the  
front lines, Vanas  
shows how to apply  
these principles to  
transform how you  
show up both for  
yourself and those  
around you. More  
than an  
empowerment  
manual, The*

Read Book Dont  
Bullsh T Yourself  
Crush The

*Warrior Within is a  
call to accomplish  
the world-changing*

*work you were*

*meant for by*

*tapping into the*

*power of the*

*warrior spirit.*

*The host of Spike*

*TV's Bar Rescue*

*distills the secrets to*

*running a successful*

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Bullsh T Yourself  
Crush The  
*hospitality business  
as based on his  
Reaction*

*Management  
strategy for creating  
desirable reactions  
in customers.*

*He's Just Not That  
Into You*

*No Disrespect*

*No Bullsh!t*

*Leadership*



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Bullsh T Yourself  
Crush The  
*The No-Excuses*  
Excuses That Are  
Truth to  
Holding You Back  
*Understanding Guys*

*The no-bullsh\*t*  
*guide to all things*  
*PR, social media,*  
*business and*  
*building your brand*  
*Why Does He Do*  
*That?*

*How to Navigate*  
*Clueless Colleagues,*

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Bullsh T Yourself

Crush The  
*Lunch-Stealing  
Bosses, and the Rest  
of Your Life at  
Work*

From the  
millionaire  
entrepreneur  
and New York  
Times  
bestselling  
author of *The  
10X Rule* comes

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**a bold and  
contrarian wake-  
up call for  
anyone truly  
ready for  
success. One of  
the 7 best  
motivational  
books of 2016,  
according to  
Inc. Magazine.  
Before Grant  
Cardone built**

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**five successful  
companies (and  
counting),  
became a multim  
illionaire, and  
wrote  
bestselling  
books... he was  
broke, jobless,  
and drug-  
addicted. Grant  
had grown up  
with big**

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Bullsh T Yourself  
Crush The  
dreams, but  
Excuses That Are  
Holding You Back  
family told him  
to be more  
reasonable and  
less demanding.  
If he played by  
the rules, they  
said, he could  
enjoy everyone  
else's version  
of middle class  
success. But

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**when he tried  
it their way,  
he hit rock  
bottom. Then he  
tried the  
opposite  
approach. He  
said NO to the  
haters and  
naysayers and  
said YES to his  
burning,  
outrageous,**

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Bullsh T Yourself  
Crush The  
**animal  
obsession. He  
reclaimed his  
obsession with  
wanting to be a  
business rock  
star, a super  
salesman, a  
huge  
philanthropist.  
He wanted to  
live in a  
mansion and**

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Crush The  
even own an  
airplane.  
Obsession made  
all of his  
wildest dreams  
come true. And  
it can help you  
achieve massive  
success too. As  
Grant says,  
we're in the  
middle of an  
epidemic of



Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**average. The  
conventional  
wisdom is to  
seek balance  
and take it  
easy. But that  
has really just  
given us an  
excuse to be  
unexceptional.  
If you want  
real success,  
you have to**

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**know how to  
harness your  
obsession to  
rocket to the  
top. This book  
will give you  
the inspiration  
and tools to  
break out of  
your cocoon of  
mediocrity and  
achieve your  
craziest**

Read Book Dont  
Bullsh T Yourself  
Crush The  
dreams. Grant  
Excuses That Are  
will teach you  
Holding You Back  
how to: • Set  
crazy goals—and  
reach them,  
every single  
day. • Feed the  
beast: when you  
value money and  
spend it on the  
right things,  
you get more of  
it. • Shut down

Read Book Dont  
Bullsh T Yourself  
Crush The  
**the**  
Excuses That Are  
**doubters—and**  
Holding You Back  
**use your haters**  
**as fuel.**

**Whether you're**  
**a sales person,**  
**small business**  
**owner, or**  
**9-to-5 working**  
**stiff, your**  
**path to**  
**happiness runs**  
**through your**

Read Book Dont  
Bullsh T Yourself

Crush The  
obsessions.  
It's a simple  
choice: be

excuses that are  
holding you back  
obsessed or be  
average.

A  
compassionate,  
shame-free  
guide for your  
darkest days “A  
one-of-a-kind  
book . . . to  
read for

Read Book Dont  
Bullsh T Yourself  
Crush The  
yourself or  
Excuses That Are  
give to a  
Holding You Back  
struggling  
friend or loved  
one without the  
fear that  
depression and  
suicidal  
thoughts will  
be minimized,  
medicalized or  
over-spirituali  
zed.”—Kay

Read Book Dont  
Bullsh T Yourself  
Crush The  
Warren,  
Excuses That Are  
Saddleback Back  
Church What  
happens when  
loving Jesus  
doesn't cure  
you of  
depression,  
anxiety, or  
suicidal  
thoughts? You  
might be

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**crushed by  
shame over your  
mental illness,  
only to be told  
by well-meaning  
Christians to  
“choose joy”  
and “pray  
more.” So you  
beg God to take  
away the pain,  
but nothing  
eases the ache**



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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
**inside. As  
darkness  
lingers and  
color drains  
from your  
world, you're  
left wondering  
if God has  
abandoned you.  
You just want a  
way out. But  
there's hope.  
In I Love**

Read Book Dont  
Bullsh T Yourself  
Crush The  
**Jesus, But I  
Want to Die,**  
Sarah J.

Robinson offers  
a healthy,  
practical, and  
shame-free  
guide for  
Christians  
struggling with  
mental illness.  
With  
unflinching

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**honesty, Sarah  
shares her  
story of  
battling  
depression and  
fighting to  
stay alive  
despite toxic  
theology that  
made her afraid  
to seek help  
outside the  
church. Pairing**

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Crush The  
Excuses That Are  
Holding You Back

**her own story  
with scriptural  
insights,**

**mental health  
research, and  
simple**

**practices,  
Sarah helps you  
reconnect with  
the God who is  
present in our  
deepest anguish  
and discover**

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
**that you are  
worth  
everything it  
takes to get  
better.**

**Beautifully  
written and  
full of hard-  
won wisdom, I  
Love Jesus, But  
I Want to Die  
offers a path  
toward a rich,**

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**hope-filled  
life in Christ,  
even when  
healing doesn't  
look like what  
you expect.**

**Star and  
executive  
producer of the  
hit TV show Bar  
Rescue and New  
York Times  
bestselling**

Read Book Dont  
Bullsh T Yourself  
Crush The  
author of Don't  
Bullsh\*t  
Yourself, Jon  
Taffer reveals  
the transformat  
ional power of  
conflict,  
sharing his  
toolkit for  
arguing  
smarter—at  
home, at work,  
and in life.

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
Most people try  
their best to  
avoid conflict.

Bar Rescue host  
Jon Taffer  
understands  
that. Conflict  
can have  
negative  
results. It's  
easy to think  
that the key to  
a happy



Read Book Dont  
Bullsh T Yourself  
Crush The  
workplace or  
Excuses That Are  
marriage is to  
Holding You Back  
avoid conflict.  
In reality,  
that's not the  
case—the key is  
to argue  
smarter. Enter  
the Toolkit for  
Getting  
Conflict Right.  
Taffer's  
approach is

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**focused on  
deliberate conf  
lict—otherwise**

**known as  
“conflict with  
a purpose.”**

**There are  
selective and  
strategic ways  
to have  
difficult  
conversations,  
and when doing**

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**so, to stay  
aware of your  
objectives  
rather than  
escalating  
tension  
unnecessarily.  
As Taffer  
explains, “The  
key is to act  
affirmatively,  
constructively,  
and**

Read Book Dont  
Bullsh T Yourself  
Crush The  
productively.”  
Eliminating Are  
Holding You Back  
conflict isn't  
always the  
answer;  
inevitably  
there will be  
times when it  
will arise.  
Engaging in  
conflict can be  
a way to clear  
the air, and

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Crush The  
Excuses That Are  
Holding You Back

**get to the  
bottom of  
issues that,  
once resolved,  
can strengthen  
friendships,  
ease tensions  
at work, and  
address  
problems before  
they have a  
chance to  
bubble over.**

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Excuses That Are  
Holding You Back

**With easy-to-  
follow advice  
that shows how  
to best engage  
in constructive  
discourse to  
get the results  
you want, The  
Power of  
Conflict  
provides you  
with the rules  
to argue**

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Excuses That Are  
Holding You Back

**smarter, uphold  
your values,  
and keep the  
conversation  
real. The step-  
by-step guide  
starts with the  
inception of  
the conflict  
and carries  
through the  
difficult  
conversation's**

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Excuses That Are  
Holding You Back  
**conclusion,  
arming readers  
with the skills**

**and confidence  
to fight for  
their  
principles.**

**Four-time New  
York Times  
bestselling  
author Gary  
Vaynerchuk  
offers new**



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Crush The  
Excuses That Are  
Holding You Back

**lessons and  
inspiration  
drawn from the  
experiences of  
dozens of  
influencers and  
entrepreneurs  
who rejected  
the predictable  
corporate path  
in favor of  
pursuing their  
dreams by**

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Crush The  
Excuses That Are  
Holding You Back  
**building  
thriving  
businesses and  
extraordinary  
personal  
brands. In his  
2009  
international  
bestseller  
Crush It, Gary  
insisted that a  
vibrant  
personal brand**

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
was crucial to  
entrepreneurial  
success, In  
Crushing It!,  
Gary explains  
why that's even  
more true  
today, offering  
his unique  
perspective on  
what has  
changed and  
what principles

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Bullsh T Yourself  
Crush The  
remain  
Excuses That Are  
timeless. He  
Holding You Back  
also shares  
stories from  
other  
entrepreneurs  
who have grown  
wealthier—and  
not just financ  
ially—than they  
ever imagined  
possible by  
following Crush

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**It principles.  
The secret to  
their success  
(and Gary's)  
has everything  
to do with  
their  
understanding  
of the social  
media  
platforms, and  
their  
willingness to**

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**do whatever it  
took to make  
these tools**

**work to their  
utmost  
potential.**

**That's what  
Crushing It!  
teaches readers  
to do. In this  
lively,  
practical, and  
inspiring book,**

Read Book Dont  
Bullsh T Yourself

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Excuses That Are  
Holding You Back

**Gary dissects  
every current  
major social  
media platform  
so that anyone,  
from a plumber  
to a  
professional  
ice skater,  
will know  
exactly how to  
amplify his or  
her personal**

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**brand on each.  
He offers both  
theoretical and  
tactical advice  
on how to  
become the  
biggest thing  
on old standbys  
like Twitter,  
Facebook,  
YouTube,  
Instagram,  
Pinterest, and**



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Bullsh T Yourself

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**Snapchat;  
podcast  
platforms like  
Spotify,  
Soundcloud,  
iHeartRadio,  
and iTunes; and  
other emerging  
platforms such  
as Musical.ly.  
For those with  
more  
experience,**

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Bullsh T Yourself

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Excuses That Are  
Holding You Back

**Crushing It!**  
illuminates  
some little-  
known nuances  
and provides  
innovative tips  
and clever  
tweaks proven  
to enhance more  
common tried-  
and-true  
strategies.  
**Crushing It! is**

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**a state-of-the-  
art guide to  
building your  
own path to  
professional  
and financial  
success, but  
it's not about  
getting rich.  
It's a  
blueprint to  
living life on  
your own terms.**

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Excuses That Are  
Holding You Back

**This book has  
completely  
changed**

**thousands of  
lives all  
around the  
world and it's  
going to make  
yours better  
too. Several  
times a day,  
people go out  
of their way to**

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Crush The  
Excuses That Are  
Holding You Back

**contact me and  
tell me that  
this book,  
Declare War on  
Yourself, is  
"like drinking  
out of a fire  
hydrant", "the  
bible of  
becoming  
better",  
"better than  
every single**

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Excuses That Are  
Holding You Back  
book I've ever  
read on self-  
improvement",

and "the only  
book they've  
ever kept on  
the nightstand  
to read daily."

They tell me  
they NEVER  
reach out to  
authors but  
this book

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Bullsh T Yourself  
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Excuses That Are  
Holding You Back

**"compelled"  
them to do so  
because it has  
made such a  
huge impact on  
their life. A  
week ago, a  
skeptical  
investigative  
journalist  
reached out to  
me for a phone  
call. When I**

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Crush The  
Excuses That Are  
Holding You Back

**spoke to him,  
he said the  
book was so  
good and eye-  
opening that he  
had to speak to  
me himself and  
see if I was  
"the real deal  
or full of shit  
and stealing  
other people's  
content and**



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Bullsh T Yourself  
Crush The  
ideas". 5  
minutes into  
the

conversation,  
he told me he's  
listened to the  
book 4 times  
and each time,  
he has to get a  
notebook, write  
down several  
pages of notes,  
highlight them,

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**and then  
underline them.  
That after 35  
years of  
reading books  
from every self-  
help author he  
can think of,  
he's never seen  
so much  
powerful  
information jam-  
packed into one**

Read Book Dont  
Bullsh T Yourself  
Crush The  
single book and  
Excuses That Are  
he doesn't  
Holding You Back  
understand why  
this isn't on  
every bookshelf  
in the world.  
Declare War on  
Yourself is str  
aightforward,  
honest, and  
blunt. I tell  
you the truth  
even if it

Read Book Dont  
Bullsh T Yourself  
Crush The  
**hurts your  
feelings. While  
most authors  
are busy trying  
to turn you  
into a fan and  
get you to like  
them, follow  
them on social  
media, and  
think they're a  
great person,  
I'm busy trying**

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
to teach you  
every single  
thing I know on  
how to make  
your life  
better. That's  
all I care  
about. I cut  
straight to the  
heart of what's  
causing your  
problems in  
your life, why

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

**those problems  
aren't going  
away, and  
EXACTLY what  
you need to do  
to get it all  
under control.  
I teach you how  
having the  
wrong mindset  
is negatively  
impacting your  
life,**

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Crush The  
Excuses That Are  
Holding You Back

**relationships,  
and results and  
which changes  
will improve  
your thinking,  
behavior, and  
habits so  
things are more  
likely to just  
fall into place  
for you. If you  
can handle some  
tough love with**

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Excuses That Are  
Holding You Back  
a little stank  
on it and be  
open-minded  
enough to toss  
around some new  
ideas for your  
life, then this  
book will help  
you. Even if  
it's not one  
constant  
massive eye-  
opening moment



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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
**after another  
like a lot of  
readers claim  
to experience  
from this book  
, I guarantee  
you will take  
something from  
it that you'll  
use for the  
rest of your  
life. That in  
and of itself**

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
is worth the  
small price of  
this book.

Here's what  
you're going to  
learn in this  
one-of-a-kind  
book: - What it  
actually means  
to have your  
act together -  
Why only 3% of  
us actually

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Crush The  
Excuses That Are  
Holding You Back

**have our life  
together - Why  
society's  
definition of  
"having your  
act together"  
is wrong - Real  
reasons we're  
lazy, we don't  
push ourselves,  
and we keep  
giving up -  
Which people**

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
**and situations  
keeping you  
from getting  
your act  
together - How  
what you're  
programming  
your mind with  
is helping you  
or hurting you  
and why there  
is no in  
between. - How**

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Crush The  
Excuses That Are  
Holding You Back

**much time  
you're actually  
wasting on  
useless  
thoughts,  
people, and  
activities -  
Which things  
are  
realistically  
stopping you  
from moving in  
the right**

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Bullsh T Yourself  
Crush The  
**direction -**  
Excuses That Are  
Holding You Back  
**Which thoughts,**  
**emotions,**  
**feelings,**  
**people, places,**  
**and things**  
**getting in your**  
**way - Which**  
**emotions are**  
**sabotaging you,**  
**holding you**  
**back, and**  
**pushing you**

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
**backwards - How  
to eliminate  
“chaos” from  
your mind,  
daily routine,  
and life and  
why it's  
important - How  
to eliminate  
the  
distractions  
keeping you  
from focusing -**

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**How to replace  
the trash  
habits that are  
causing your  
problems - What  
you need to  
accept about  
yourself and  
your life in  
order to do  
better -  
EXACTLY which  
things are**



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Crush The  
making you  
Excuses That Are  
unhappy,  
Holding You Back  
unproductive,  
and  
unsuccessful -  
How to reach  
goals faster  
and easier and  
make it a  
permanent habit  
- Which  
"failure"  
mindsets to

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Crush The  
**eliminate - The  
powerful  
mindsets of the  
world's most  
elite people  
and how it  
multiplies  
their success -  
Mental  
toughness - how  
to develop it  
and why you  
need it - How**

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Excuses That Are  
Holding You Back  
to make self-  
control and  
self-discipline

easier so it's  
not as painful

- How

controlling  
emotions plays  
a big part in  
bad situations

- What to do

when everything  
is spinning out-

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Excuses That Are  
Holding You Back  
**of-control and  
you feel like  
giving up on  
yourself and  
life - How to  
talk to  
yourself and  
treat yourself  
during  
difficult times  
and situations  
- How to make  
big challenges**

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Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

**small enough to  
handle easily -  
A cheap,**

**effective, and  
easy-to-get  
tool that helps  
you clear your  
mind - How “mic  
ro-emotions”  
are effecting  
you every  
minute of every  
day and holding**

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Bullsh T Yourself  
Crush The  
you back - How  
Excuses That Are  
to "zero out"  
Holding You Back  
and relax when  
emotions are  
getting too  
extreme - How  
often you  
should share  
your emotions  
with others and  
what it makes  
them think of  
you - How the

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Crush The  
world's most  
Excuses That Are  
effective and  
Holding You Back  
elite people  
handle their  
emotions to get  
their "edge" -  
How the state  
of your home  
relates to  
directly to how  
much you have  
your act  
together - The

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Crush The  
Excuses That Are  
Holding You Back  
first thing you  
should do when  
you wake up and  
why it's  
important -

Which parts of  
your home to  
keep clean and  
organized and  
why it's  
important - The  
best time of  
day to do your



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Crush The  
Excuses That Are  
Holding You Back

**home cleaning  
so it's the  
faster and  
easier - The  
proper  
relationship  
with your  
superiors and  
co-workers -  
Besides making  
money, what you  
should and  
should not be**

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Crush The  
at work for -  
Excuses That Are  
Holding You Back  
What to before  
you start your  
work day so it  
goes smoothly -  
Tools to make  
your job easier  
and help you  
power through  
boring tasks  
and projects -  
How to improve  
focus, get

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Excuses That Are  
Holding You Back  
**things done,  
and become more  
productive -**

**How to manage  
your time and  
evaluate  
progress - How  
getting your  
social act  
together makes  
you more  
likable and  
trustworthy -**

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Crush The  
Excuses That Are  
Holding You Back

**How to set  
social  
boundaries with  
yourself and  
others and why  
it's important  
- Social  
formalities  
that get you  
more respect -  
Powerful social  
techniques to  
get the**

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Excuses That Are  
Holding You Back

**attention of  
the right  
people -  
Habits,  
behaviors, and  
thoughts you  
don't need in  
your social  
life - Having a  
proper  
relationship  
with your money  
so you can make**

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Excuses That Are  
Holding You Back

**more and keep  
what you have -  
The one**

**position that  
makes you  
financially  
happier -**

**Money's real  
purpose and  
what it doesn't  
do for you -**

**The real  
differences**

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Excuses That Are  
Holding You Back  
**between broke  
people and rich  
people - When  
and how you  
should use  
credit and debt  
- Why you  
should save  
money and how  
much you should  
be saving to  
for when shit  
hits the fan -**

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Excuses That Are  
Holding You Back

**How important  
your time  
should be to  
you and how to  
spend it wisely  
- Plans,  
processes, and  
procedures that  
help you reach  
your goals  
faster - How to  
become  
extremely**



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Holding You Back

**specific about  
your goals -  
What setbacks  
in all areas of  
your life mean  
and how to  
handle them -  
The most  
important  
things to do  
before you get  
your day  
started - How**

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Excuses That Are  
Holding You Back  
to get your  
mind on the  
right track so  
you're thinking  
the right  
thoughts,  
having the  
right feelings,  
and doing the  
right things -  
How to hit your  
targets, avoid  
distractions,

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Holding You Back

**and make your  
day easier -  
Which counter-**

**productive  
activities are  
important to  
avoid - The  
most important  
things to do  
before you go  
to bed**

**The Career  
Toolkit:**

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Crush The  
Essential  
Skills for Are  
Holding You Back  
Success That No  
One Taught You  
The Warrior  
Within  
Finding Hope in  
the Darkness of  
Depression  
If I Never Met  
You  
The Laws of  
Human Nature

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Even When You  
Lie to Me  
What Not to Do  
When Dating: An  
Illustrated  
Guide

From the #1 New  
York Times-  
bestselling author  
of The 48 Laws of  
Power comes the  
definitive new  
book on decoding

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Holding You Back

the behavior of  
the people around  
you Robert  
Greene is a  
master guide for  
millions of  
readers, distilling  
ancient wisdom  
and philosophy  
into essential  
texts for seekers  
of power,  
understanding and

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Excuses That Are  
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mastery. Now he  
turns to the most  
important subject

of all -

understanding  
people's drives  
and motivations,  
even when they  
are unconscious  
of them  
themselves. We  
are social animals.  
Our very lives

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Excuses That Are  
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depend on our  
relationships with  
people. Knowing

why people do  
what they do is  
the most  
important tool we  
can possess,  
without which our  
other talents can  
only take us so  
far. Drawing from  
the ideas and



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examples of  
Pericles, Queen  
Elizabeth I, Martin

Luther King Jr,  
and many others,  
Greene teaches us  
how to detach  
ourselves from  
our own emotions  
and master self-  
control, how to  
develop the  
empathy that

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leads to insight,  
how to look  
behind people's  
masks, and how to  
resist conformity  
to develop your  
singular sense of  
purpose. Whether  
at work, in  
relationships, or in  
shaping the world  
around you, The  
Laws of Human

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Nature offers  
brilliant tactics for  
success, self-  
improvement, and  
self-defense.

From New Yorker  
and Onion writer  
and comedian  
Blythe Roberson,  
How to Date Men  
When You Hate  
Men is a comedy  
philosophy book

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aimed at  
interrogating what  
it means to date

men within the  
trappings of  
modern society.

Blythe

Roberson ' s sharp  
observational  
humor is met by  
her open-hearted  
willingness to  
revel in the

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ugliest warts and shimmering highs of choosing to live our lives amongst other humans. She collects her crushes like ill cared-for pets, skewers her own suspect decisions, and assures readers that any date you can mess

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Excuses That Are  
Holding You Back  
up, she can top  
tenfold. And  
really, was that  
date even a date  
in the first place?  
With sections like  
Real Interviews  
With Men About  
Whether Or Not It  
Was A Date; Good  
Flirts That Work;  
Bad Flirts That Do  
Not Work; and

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Crush The  
Definitive Proof  
Excuses That Are  
Holding You Back  
That Tom Hanks  
Is The Villain Of  
You ' ve Got Mail,  
How to Date Men  
When You Hate  
Men is a one stop  
shop for dating  
advice when you  
love men but don't  
like them. "With  
biting wit,  
Roberson

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explores the  
dynamics of  
heterosexual

dating in the age  
of #MeToo" — The  
New York Times  
Named to ten  
BEST OF THE  
YEAR lists and  
selected as a  
William C. Morris  
Award  
Winner, The



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Serpent King is  
the critically  
acclaimed, much-  
beloved story of  
three teens who  
find  
themselves--and  
each other--while  
on the cusp of  
graduating from  
high school with  
hopes of leaving  
their small-town

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behind. Perfect  
for fans of John  
Green's Turtles

All the Way Down.

"Move over, John  
Green; Zentner is  
coming for you."

—The New York  
Public Library

“ Will fill the  
infinite space that  
was left in your  
chest after you

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Bullsh T Yourself  
Crush The  
finished The  
Excuses That Are  
Perks of Being a  
Wallflower.” Back

—BookRiot.com

Dill isn't the most popular kid at his rural Tennessee high school. After his father fell from grace in a public scandal that reverberated throughout their

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Excuses That Are  
Holding You Back

small town, Dill  
became a target.  
Fortunately, his

two fellow misfits  
and best friends,  
Travis and Lydia,  
have his back. But  
as they begin  
their senior year,  
Dill feels the coils  
of his future  
tightening around  
him. His only

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Crush The  
Excuses That Are  
Holding You Back

escapes are music  
and his secret  
feelings for

Lydia--neither of  
which he is brave  
enough to share.  
Graduation feels  
more like an  
ending to Dill than  
a beginning. But  
even before then,  
he must cope with  
another

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Crush The  
Excuses That Are  
Holding You Back

ending--one that  
will rock his life to  
the core. Debut

novelist Jeff  
Zentner provides  
an unblinking and  
at times comic  
view of the hard  
realities of  
growing up in the  
Bible belt, and an  
intimate look at  
the struggles to

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Holding You Back

find one 's true  
self in the  
wreckage of the

past. “ A story  
about friendship,  
family and  
forgiveness, it ' s  
as funny and witty  
as it is utterly  
heartbreaking. ” —P  
asteMagazine.com

“ A brutally honest  
portrayal of teen

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Crush The  
Excuses That Are  
Holding You Back  
life . . . [and] a  
love letter to the  
South from a man  
who really  
understands it. ”

—Mashable.com “ I  
adored all three of  
these characters  
and the way they  
talked to and  
loved one  
another. ” —New  
York Times



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Crush The  
Excuses That Are  
Holding You Back

From bestselling  
writer David  
Graeber—“a

master of opening  
up thought and  
stimulating  
debate ” (Slate)—a  
powerful  
argument against  
the rise of  
meaningless,  
unfulfilling  
jobs...and their

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Holding You Back

consequences.  
Does your job  
make a meaningful

contribution to the  
world? In the  
spring of 2013,  
David Graeber  
asked this  
question in a  
playful,  
provocative essay  
titled “ On the  
Phenomenon of

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Bullshit Jobs.” It  
went viral. After  
one million online

views in

seventeen

different

languages, people

all over the world

are still debating

the answer. There

are hordes of

people—HR

consultants,

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Excuses That Are  
Holding You Back

communication  
coordinators,  
telemarketing

researchers,  
corporate  
lawyers—whose  
jobs are useless,  
and, tragically,  
they know it.

These people are  
caught in bullshit  
jobs. Graeber  
explores one of

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Excuses That Are  
Holding You Back

society ' s most  
vexing and deeply  
felt concerns,

indicting among  
other villains a  
particular strain of  
finance capitalism  
that betrays ideals  
shared by  
thinkers ranging  
from Keynes to  
Lincoln. “ Clever  
and charismatic ”

Read Book Dont  
Bullsh T Yourself  
Crush The  
(The New  
Yorker), Bullshit  
Jobs gives  
individuals,  
corporations, and  
societies  
permission to  
undergo a shift in  
values, placing  
creative and  
caring work at the  
center of our  
culture. This book

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Excuses That Are  
Holding You Back

is for everyone  
who wants to turn  
their vocation

back into an  
avocation and “ a  
thought-provoking  
examination of our  
working lives ”

(Financial Times).

New York Times

Bestseller and

Wall Street

Journal

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Crush The  
Excuses That Are  
Holding You Back

Bestseller! Bar  
Rescue's Jon  
Taffer presents a

new guide to  
getting what you  
want in life and  
business--to stop  
making excuses  
so you can get  
back to winning.  
During his many  
years as an  
entrepreneur,



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Crush The  
Excuses That Are  
Holding You Back

consultant, and  
star of the  
Paramount  
Network's hit  
show Bar Rescue,  
Jon Taffer has  
witnessed the  
destruction that  
results when  
people bullsh\*t  
themselves.

Excuses are the  
root cause of

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

nearly every  
business and  
personal problem,

but fortunately,  
Jon knows how to  
fix your excuse  
habit for good.

This book is  
almost as good as  
having Jon in your  
face on Bar  
Rescue, telling  
you the hard

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Crush The  
Excuses That Are  
Holding You Back

truths you've been  
avoiding. Don't  
Bullsh\*t Yourself!

is Jon Taffer's  
brutally honest, no-  
nonsense guide to  
help you kick  
those excuses to  
the curb. If you  
can stop  
bullsh\*tting  
yourself and  
address your real

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Crush The  
Excuses That Are  
Holding You Back

issues, you will  
gain the power to  
turn your life

around

completely. Taffer

breaks excuses

down into six

major categories,

illustrating them

with real-life

examples such as

Marcus Luttrell,

the lone survivor

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Holding You Back

of a SEAL team mission in Afghanistan who barely escaped Taliban territory, and Christine King, founder and CEO of Your Best Fit, who, despite being paralyzed in a horrific boating accident, went on to build a

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Bullsh T Yourself  
Crush The  
successful fitness  
Excuses That Are  
company. These  
Holding You Back  
inspiring stories,  
combined with  
Taffer's own  
experiences, will  
give you the  
confidence to  
identify and face  
your own excuses  
head-on. It's  
Taffer Time!  
Time to stop

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
bullsh\*tting  
yourself and start  
crushing it!

The Subtle Art of  
Not Giving a F\*ck:  
A Counterintuitive  
Approach to  
Living a Good Life  
To Love Jason  
Thorn  
How to Date Men  
When You Hate  
Men

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Crush The  
Excuses That Are  
Holding You Back  
The No-Bullshit  
Guide to Stop  
Doubting Yourself,  
Be Who You Are,  
and Do What You  
Want

Paper Towns

A Theory

Not You It's Me

Longlisted for the  
National Book

Award for Young  
People's Literature!



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Crush The  
Excuses That Are  
Holding You Back

From the New York  
Times and USA  
Today bestselling

author of the Shatter  
Me series comes a  
powerful,  
heartrending  
contemporary novel  
about fear, first love,  
and the devastating  
impact of prejudice.  
It's 2002, a year  
after 9/11. It's an  
extremely turbulent

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Crush The  
Excuses That Are  
Holding You Back

time politically, but especially so for someone like Shirin,

a sixteen-year-old Muslim girl who's tired of being stereotyped. Shirin is never surprised by how horrible people can be.

She's tired of the rude stares, the degrading comments—even the

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Crush The  
Excuses That Are  
Holding You Back

physical  
violence—she  
endures as a result  
of her race, her  
religion, and the  
hijab she wears  
every day. So she's  
built up protective  
walls and refuses to  
let anyone close  
enough to hurt her.  
Instead, she drowns  
her frustrations in  
music and spends

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Excuses That Are  
Holding You Back

her afternoons  
break-dancing with  
her brother. But

then she meets  
Ocean James. He's  
the first person in  
forever who really  
seems to want to get  
to know Shirin. It  
terrifies her—they  
seem to come from  
two irreconcilable  
worlds—and Shirin  
has had her guard

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
up for so long that  
she's not sure  
she'll ever be able  
to let it down.

\*\* #1 Best Selling  
Romantic Comedy  
\*\* Jason Thorn... My  
brother's childhood  
friend. Oh, how  
stupidly in love with  
that boy I was. He  
was the first boy  
that made me blush,  
my first official

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back

crush. Sounds  
beautiful so far,  
right? That  
excitement that  
bubbles up inside  
you, those famous  
butterflies you feel  
for the very first  
time--he was the  
reason for them all.  
But, you only get to  
live in that fairytale  
world until they  
crush your hopes

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
and dreams and  
then stomp on your  
heart for good

measure. And boy  
did he crush my  
little heart into  
pieces. After the  
stomping part he  
became the boy I did  
my best to stay  
away from--and let  
me tell you, it was  
pretty hard to do  
when he slept in the

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Crush The  
Excuses That Are  
Holding You Back

room right across  
from mine. When  
tragedy struck his  
family and they  
moved away, I was  
ready to forget he  
ever existed. Now he  
is a movie star, the  
one who makes  
women of all ages  
go into a screaming  
frenzy, the one who  
makes everyone  
swoon with that



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Crush The  
Excuses That Are  
Holding You Back

dimpled smile of his.  
Do you think that's  
dreamy? I certainly

don't think so. How  
about me coming  
face to face with  
him? Nope still not  
dreamy. Not when I  
can't even manage  
to look him in the  
eye.Me? I'm Olive, a  
new writer. Actually,  
I'm THE writer of the  
book that inspired

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Crush The  
Excuses That Are  
Holding You Back

the movie he is about to star in on the big screen. As of late, I am also referred to as the oh-so-very-lucky girl who is about to become the wife of Jason Thorn. Maybe you're thinking yet again that this is all so dreamy? Nope, nothing dreamy going on here. Not

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Bullsh T Yourself  
Crush The  
even close.

"Born the child of a  
poor farmer in  
Missouri, William  
Stoner is urged by  
his parents to study  
new agriculture  
techniques at the  
state university.  
Digging instead into  
the texts of Milton  
and Shakespeare,  
Stoner falls under  
the spell of the

# Read Book Dont Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

unexpected pleasures of English literature, and

decides to make it his life. Stoner is the story of that life"--Publisher description (January 2007).

#1 New York Times Bestseller Over 10 million copies sold In this generation-defining self-help

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Crush The  
Excuses That Are  
Holding You Back

guide, a superstar  
blogger cuts  
through the crap to

show us how to stop  
trying to be

"positive" all the  
time so that we can  
truly become better,  
happier people. For  
decades, we've

been told that  
positive thinking is  
the key to a happy,  
rich life. "F\*\*k

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Crush The  
Excuses That Are  
Holding You Back

positivity," Mark  
Manson says. "Let's  
be honest, shit is

f\*\*ked and we have  
to live with it." In his  
wildly popular  
Internet blog,  
Manson doesn't  
sugarcoat or  
equivocate. He tells  
it like it is—a dose of  
raw, refreshing,  
honest truth that is  
sorely lacking today.

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Crush The  
Excuses That Are  
Holding You Back

The Subtle Art of  
Not Giving a F\*\*k is  
his antidote to the

coddling, let's-all-  
feel-good mindset  
that has infected  
American society  
and spoiled a  
generation,  
rewarding them with  
gold medals just for  
showing up. Manson  
makes the  
argument, backed

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Crush The  
Excuses That Are  
Holding You Back

both by academic  
research and well-  
timed poop jokes,

that improving our  
lives hinges not on  
our ability to turn  
lemons into  
lemonade, but on  
learning to stomach  
lemons better.

Human beings are  
flawed and  
limited—"not  
everybody can be



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Crush The  
Excuses That Are  
Holding You Back

extraordinary, there are winners and losers in society, and some of it is not fair or your fault."

Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start

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Crush The  
Excuses That Are  
Holding You Back

confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f\*\*k about so we need to figure out which ones really matter,

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Crush The  
Excuses That Are  
Holding You Back

Manson makes  
clear. While money  
is nice, caring about  
what you do with  
your life is better,  
because true wealth  
is about experience.  
A much-needed gra  
b-you-by-the-should  
ers-and-look-you-in-  
the-eye moment of  
real-talk, filled with  
entertaining stories  
and profane,

# Read Book Dont Bullsh T Yourself

Crush The  
ruthless humor, The  
Excuses That Are  
Subtle Art of Not  
Giving a F\*\*k is a

refreshing slap for a  
generation to help  
them lead  
contented,  
grounded lives.

PREPARE TO BE  
BEAKED BY THE  
MAJESTIC EAGLE  
OF HISTORY Most  
of us are familiar  
with the greatest

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Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
hits and legendary  
heroes of US  
history. In George  
Washington Is Cash  
Money, Cory  
O'Brien, author of  
Zeus Grants Stupid  
Wishes, does away  
with the pomp and  
circumstance and  
calls America's  
history what it is:  
one long, violent  
soap opera. In his

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Crush The  
Excuses That Are  
Holding You Back

signature clever,  
crude, and cuss-  
ridden style,  
O'Brien reminds us  
that: · Teddy  
Roosevelt stopped  
bullets with his  
manly chest · Harriet  
Tubman avoided  
danger by having  
prophetic seizures. ·  
Joseph Smith  
invented  
Mormonism by

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Crush The  
Excuses That Are  
Holding You Back

staring into a hat full  
of rocks. · Billy the  
Kid was finally  
defeated by the  
smell of fresh  
bacon. And there's  
plenty more Star  
Spangled stupidity  
where that came  
from.

The Glass Castle  
Do You Mind If I  
Cancel?

Learn Secrets of the

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Crush The  
Excuses That Are  
Holding You Back

Male Mind to Find  
the Man You Want  
and the Love You

Deserve

Declare War on  
Yourself

A Novel

An Action-Based  
Method for  
Maximum Customer  
Reactions

What I Was Doing  
While You Were  
Breeding



# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*

*Most dating books tell you what NOT to do. Here's a book dedicated to telling you what you CAN do. In his book, Get the Guy, Matthew Hussey—relationship expert, matchmaker, and star of the reality show Ready for Love—reveals the secrets of the male mind and the*

# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*  
*fundamentals of  
dating and mating for  
a proven, revolutionary  
approach to help  
women to find lasting  
love. Matthew Hussey  
has coached  
thousands of high-  
powered CEOs,  
showing them how to  
develop confidence  
and build  
relationships that*

## Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Walking You Back*

*translate into  
professional success.  
Many of Matthew's  
male clients pressed  
him for advice on  
how to apply his  
winning strategies  
not to just get the  
job, but how to get  
the girl. As his  
reputation grew,  
Hussey was  
approached by more  
and more women,*

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*Crush The  
Excuses That Are  
Holding You Back*

*eager to hear what he had learned about the male perspective on love and romance. From landing a first date to establishing emotional intimacy, playful flirtation to red-hot bedroom tips, Matthew's insightfulness, irreverence, and warmth makes Get the Guy: Learn*

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*Crush The  
Excuses That Are  
Holding You Back*

*Secrets of the Male  
Mind to Find the Man  
You Want and the  
Love You Deserve a  
one-of-a-kind  
relationship guide  
and the handbook for  
every woman who  
wants to get the guy  
she's been waiting  
for.*

*Networking,  
negotiating,  
communicating,*

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*Crush The  
Excuses That Are  
Holding You Back*

*leading, career  
planning--all skills  
critical to your career  
success. But did  
anyone ever teach  
you these skills? The  
Career Toolkit will  
help you master  
these vital skills and  
yield outsized returns  
for your career and  
your income. Every  
chapter is packed  
with dozens of*

# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*

*actionable principles,  
exercises, and  
practices that will  
accelerate your  
success. It's a  
multivitamin for your  
career! The Career  
Toolkit shows you  
how to design and  
execute your  
personal plan to  
achieve the career  
you deserve,  
including:*

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*Negotiating a job offer. (This alone will pay for the book.)*

*Creating a dynamic career strategy.*

*Building a high-value network. Developing the fundamental leadership skills that matter most.*

*Managing teams effectively, even as an individual contributor.*



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*Crush The  
Excuses That Are  
Holding You Back*

*From the creator of  
the popular website  
Ask a Manager and  
New York's work-  
advice columnist  
comes a witty,  
practical guide to 200  
difficult professional c  
onversations—featuri  
ng all-new advice!*

*There's a reason  
Alison Green has  
been called "the Dear  
Abby of the work*

Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
world.” Ten years as  
a workplace-advice  
columnist have  
taught her that  
people avoid  
awkward  
conversations in the  
office because they  
simply don’t know  
what to say.  
Thankfully, Green  
does—and in this  
incredibly helpful  
book, she tackles the

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Holding You Back

*tough discussions  
you may need to  
have during your  
career. You'll learn  
what to say when •  
coworkers push their  
work on you—then  
take credit for it •  
you accidentally  
trash-talk someone in  
an email then hit  
“reply all” • you're  
being  
micromanaged—or*

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*Crush The  
Excuses That Are  
Holding You Back*

*not being managed  
at all • you catch a  
colleague in a lie •  
your boss seems  
unhappy with your  
work • your  
cubemate's loud  
speakerphone is  
making you  
homicidal • you got  
drunk at the holiday  
party Praise for Ask a  
Manager "A must-  
read for anyone who*

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*Crush The  
Excuses That Are  
Holding You Back*  
works . . . [Alison  
Green's] advice boils  
down to the idea that  
you should be  
professional (even  
when others are not)  
and that  
communicating in a  
straightforward  
manner with candor  
and kindness will get  
you far, no matter  
where you  
work."—Booklist

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*(starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to*

# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*  
improve their work  
experience.”—Library  
Journal (starred  
review) “I am a huge  
fan of Alison Green’s  
Ask a Manager  
column. This book is  
even better. It  
teaches us how to  
deal with many of the  
most vexing big and  
little problems in our  
workplaces—and to  
do so with grace,

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Crush The  
Excuses That Are  
Holding You Back  
confidence, and a  
sense of  
humor.”—Robert  
Sutton, Stanford  
professor and author  
of *The No Asshole  
Rule* and *The Asshole  
Survival Guide* “*Ask a  
Manager* is the  
ultimate playbook for  
navigating the  
traditional workforce  
in a diplomatic but  
firm way.”—Erin



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*Crush The  
Excuses That Are  
Holding You Back*  
Lowry, author of  
*Broke Millennial: Stop  
Scraping By and Get  
Your Financial Life  
Together*

*A steamy debut  
about a love off  
limits, and lines  
destined to be  
crossed—with the wit  
of John Green and the  
heart of Sarah  
Dessen. Tom  
Drummond is the*

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*Crush The  
Excuses That Are  
Holding You Back*  
perfect guy. He reads  
the classics. He tells  
the wittiest jokes.

*Best of all, he  
actually likes Charlie.  
And for a girl used to  
being caught in the  
shadow of her best  
friend, Drummond's  
spotlight warms  
Charlie in a way she  
never thought  
possible. But as their  
relationship grows*

## Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*  
closer, there's one  
detail that remains  
impossible to forget:

*Mr. Drummond is her  
teacher. "Jessica  
Alcott's writing is like  
a very personal  
glimpse into your  
own adolescent diary.  
Raw, uncomfortable,  
but still often  
hilarious." -Harried  
Reuter Hapgood,  
author of The Square*

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Crush The  
Excuses That Are  
Holding You Back

*Root of Summer "The witty repartee among characters is*

*reminiscent of the dialogue in John Green's novels or a Gilmore Girls episode." -School Library Journal*

*"Perfect for fans of Sarah Dessen."*

*-Booklist*

*"But I can't . . ."*

*"There's no way . . ."*

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Crush The  
Excuses That Are  
Holding You Back

*"It's impossible . . ."*  
Enough. Get off your  
ass and make your

*"someday" goals a  
priority—today. After  
years of coaching  
and consulting  
hundreds of startup  
rookies as well as  
seasoned  
entrepreneurs,  
executives, and  
CEOs, Bedros  
Keuilian realized that*

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*Crush The  
Excuses That Are  
Holding You Back*

*most people who  
want to start a  
business, grow an  
existing business,  
author a book, make  
more money, or  
make a bigger impact  
usually take the long,  
slow, painful way to  
get there . . . and  
more than 80 percent  
of entrepreneurs  
never get to their  
desired destination or*

## Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding Me Back*

*achieve their full  
potential in business.  
They treat their  
dream as if it were  
merely a hobby and  
dip their toes in the  
water, but they never  
commit to diving  
in—you get the idea.  
It's time to cut the  
bullshit excuses.  
Everyone has a gift, a  
purpose. It's your  
duty to figure out*

# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*

*what your gift is and  
how you're going to  
share it with the  
world. Man Up: How  
to Cut the Bullshit  
and Kick Ass in  
Business (and in Life)  
is your guide to doing  
exactly that. Keuilian,  
founder and CEO of  
Fit Body Boot Camp  
and known as the  
"hidden genius"  
behind many of the*



Read Book Dont  
Bullsh T Yourself  
Crush The  
Excuses That Are  
Holding You Back  
*most successful  
brands and  
businesses  
throughout multiple  
industries, will show  
you how to break out  
of the sea of  
mediocrity, get  
singularly focused on  
your purpose, and do  
what it takes—not  
only to achieve but  
dominate your goals.  
With Keuilian's no-*

## Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*

*nonsense approach  
in both business and  
personal spheres,  
you'll be able to*

*define your purpose  
and have clarity of  
vision—and a  
plan—to make the  
quantum leap.*

*Whether it's creating  
and growing a  
company, leaving a  
legacy, making a  
difference, or*

# Read Book Dont Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*

*launching a new  
brand, you will  
discover how to use  
your passion,  
purpose, and sheer  
grit to overcome any  
adversity that  
attempts to derail  
your progress. If  
there's an area of  
your life in which you  
need to man up, this  
book will get you  
there.*

Read Book Dont  
Bullsh T Yourself  
Crush The  
A Boston Love Story  
Excuses That Are  
The Power of Conflict  
Holding You Back  
Get the Guy  
The Serpent King  
Build the Damn Thing  
Roxy's Little Black  
Book of Tips and  
Tricks  
The Instant  
New York Times  
Bestseller  
"From "Family

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
Guy" to his  
own Instagram  
account,

Janetti has  
been behind  
some of his  
generation's  
greatest  
comedy. This  
book of essays  
is no  
exception." —

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*The New York  
Times Fans of  
David Sedaris,  
Jenny Lawson,  
and Tina*

*Fey... meet  
your new  
friend Gary  
Janetti. Gary  
Janetti, the  
writer and  
producer for*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
some of the  
most popular  
television

comedies of  
all time, and  
creator of one  
of the most  
wickedly funny  
Instagram  
accounts there  
is, now turns  
his skills to

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*the page in a  
hilarious, and  
poignant book  
chronicling  
the pains and  
indignities of  
everyday life.  
Gary spends  
his twenties  
in New York,  
dreaming of  
starring on*



Read Book Dont  
Bullsh T Yourself  
Crush The  
*soap operas*  
Excuses That Are  
*while in*  
Holding You Back  
*reality*

*working at a  
hotel where he  
lusts after an  
unattainable  
colleague and  
battles a  
bellman who  
despises it  
when people*

Read Book Dont  
Bullsh T Yourself

*Crush The  
Excuses That Are  
Holding You Back*  
actually use a  
bell to call  
him. He

*chronicles the  
torture of  
finding a job  
before the  
internet when  
you had to  
talk on the  
phone all the  
time, and*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back

*fantasizes, as  
we all do,  
about who to  
tell off when  
he finally  
wins an Oscar.*

*As Gary  
himself says,  
“These are  
essays from my  
childhood and  
young*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
adulthood  
about things  
that still

annoy me.”

Original,

brazen, and

laugh out loud

funny, Do You

Mind If I

Cancel? is

something not

to be missed.

Read Book Dont  
Bullsh T Yourself

Crush The  
*The Subtle Art  
of Not Giving  
a F\*ck*  
Excuses That Are  
Holding You Back

*A No-Bullshit  
Guide to the  
United Myths  
of America  
How to Cut the  
Bullsh!t and  
Kick @ss in  
Business (and  
in Life)*

Read Book Dont  
Bullsh T Yourself

Crush The  
Excuses That Are  
Holding You Back  
*How Great  
Entrepreneurs  
Build Their*

*Business and  
Influence—and  
How You Can,  
Too*

*Don't Bullsh\*t  
Yourself!*

*Own Your Power  
to Serve,  
Fight,*

Read Book Dont  
Bullsh T Yourself  
Crush The  
*Protect, and  
Heal*  
Excuses That Are  
Holding You Back  
Crush the  
Excuses That  
Are Holding  
You Back