

Essential Guide To Becoming A Doctor Sharkeyeore

THE ESSENTIAL GUIDE TO BECOMING A MASTER STUDENT, 5th Edition, was written with you in mind. Beginning with an introduction to higher education, you will learn about Master Student Qualities -- the attitudes and behaviors that lead to success in the classroom and beyond. Tools such as the Discovery Wheel, the Discovery/Intention Journal Entries, Power Process articles, and the Kolb Learning Style Inventory guide you through self-assessment and discovery, creating a foundation for and building solid strategies for academic growth. This brief text invites you to put new ideas into action immediately and select additional strategies as you plan for your future. The fifth edition includes a new chapter focused on information literacy and how to navigate the constant streams of information you face every day. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

All you need to know about becoming a doctor in the UK This book contains all the help you need to become a doctor. From applying to medical school through to choosing your speciality, you can find out: How to choose a medical school How to apply to medical school How to survive as a medical student All about electives What life is like as a doctor As well as easy to follow information on choosing, getting into - and surviving - medical school, junior doctors in different specialities provide first-hand accounts of what the job is like in real life, to help you plan and decide your future career path. Included in this fully updated third edition is the latest information on admission tests, an admission table with practical details about applying to medical schools (as well as greater coverage of graduate medical schools), making this now even more comprehensive for everyone planning a career in medicine.

Whether it's a crew of two hundred shooting a cast of thousands on horseback, or a crew of twelve filming one person in a room, each and every successful movie production requires a strong First Assistant Director (AD) at its helm. In this new 3rd edition, veteran First AD Liz Gill walks you through the entire filmmaking process through the perspective of the First AD, from pre-production, shoot, wrap, and everything in between. This book provides invaluable insight into working as a First Assistant Director, featuring tricks-of-the-trade for breaking down a script, creating a schedule and organizing test shoots, alongside how to use turnaround time, weather cover, split days, overtime and continuous days to balance a challenging schedule. Most of all, you'll learn most from the cast, crew and the shoot. This new edition has been fully updated and expanded throughout to provide up-to-date coverage on new equipment and software, health and safety considerations and the implications of VFX. This new edition is a guide to becoming a successful First Assistant Director, ideal for professional and aspiring AD's seeking to further their career, students of directing and production looking to gain a better understanding of how this department works and how to manage it on film and TV production. The accompanying eResources provide an expanded selection of sample call sheets, report templates, checklists, and other useful documents.

Just like life in the real world, it pays to have connections. Knowing the right people can help launch careers that may not have gotten off the ground otherwise. Those connections don't just bring opportunities but a wealth of knowledge and experience can be especially helpful when you are entering the foreign world of professional sports for the first time. Having that extra knowledge from either first-hand experience or learning from a family member or friend is invaluable and a significant advantage for those who possess it. And when it comes to an industry where fractions of a second can be the difference between success and failure, you can certainly use any edge you can get. In this book, I aim to help fill in the knowledge gap that first-time athletes and parents of athletes face when entering the sports world for the first time. For those people that do not have the personal experience or connections needed when trying to navigate through the countless challenges with being an aspiring professional athlete. However, this book brings to light some of the most important and unspoken issues within the sports world and is something that even the most seasoned athlete can benefit from reading. Ever wondered about all the things that you can take away from the book. Those few things may save you from years of heartache and pain. Or more importantly those few things may be that fraction of an edge that you need to help you become a successful athlete. I will share tips and tricks that either myself or other professional athletes have learned through first-hand experience to help give the aspiring athlete the best chance of success. Tips that can help athletes gain the advantage in the business side of sports. I know how oh so common pitfalls that so many trip up on during their careers. My primary focus for writing this book is to provide insight into the sports world that lies just outside of the game itself. It is impossible to provide advice that applies to every situation that comes to in game situations, and that is not what I am trying to accomplish here. However, the life that athletes experience outside of the game is incredibly similar no matter what sport they are involved in. And even though athletes will face the same challenges, this still remains to be the one area severely lacking in resources. Knowing how to manage the situations, and people that are entirely unique to the sports world is essential for your success as an athlete, and that is why I want to give you an inside look into the sports world. I will help shed light on situations that involve contracts, agents, coaches, girls, injuries, business, and anything else that hasn't gotten the proper attention it deserves. Because if you want to be successful in your journey then its time to start preparing for the life that lies just beyond the game itself. The examples and information that I have provided are from looking at the sports world with a critical eye. My professional career was without a doubt one of the best of my life, and I wouldn't trade it for the world. However, if I would have had some simple knowledge of the world that lies just beyond the game, then I may have been able to save myself from some big headaches along the way. My intention was to share the knowledge that I have learned during my sports career so that I can help future athletes navigate through the countless challenges that come with being a professional athlete. I want to eliminate the distractions so that the athlete can perform at their best in the sport that they love to play.

The Essential Guide for Hiring and Getting Hired

How to Get a First

50 Facts & Facets of Nationhood

Eight Sessions for Mentoring and Discipleship

Presentation Skills

The Essential Guide to Being Hungarian

Becoming a Master Student

In this informative guide, Thomas Dixon argues that you do not have to be a genius to get a first at university. He sets out to de-mystify first-class degrees in the arts, humanities and social sciences, clearly articulating the difference between the excellent and the merely competent in undergraduate work. This concise, no-nonsense guidebook will give prospective and current students advice on teaching and learning styles that prevail in university and on how to manage their two most important resources - their time and their lecturers. In an accessible and entertaining style, the author looks at subjects such as: making the transition from school to university developing transferable skills making use of lectures and seminars using libraries and the Internet note-taking, essays, seminars and presentations common mistakes to avoid writing with clarity and style revision and examinations. Illustrated with many examples from a range of academic disciplines, How to Get a First is an all-purpose guide to success in academic life. Visit the companion website www.getafirst.com

This book is an indispensable how-to guide on flourishing when studying abroad, and how to use an international education to begin a fulfilling career after graduation. Written in an engaging and accessible style, using many examples, case studies, and links to resources, the book reduces the stress of studying abroad. Covering all aspects of the international student experience - inside and outside the classroom - the book encourages young people to perform their very best and succeed in their new environment. International students preparing for cross-cultural learning and recent graduates looking for employment will find this book both practical and inspiring.

Upon publication, Anita Silvey's comprehensive survey of contemporary children's literature, Children's Books and Their Creators, garnered unanimous praise from librarians, educators, and specialists interested in the world of writing for children. Now The Essential Guide to Children's Books and Their Creators assembles the best of that volume in one handy, affordable reference, geared specifically to parents, educators, and students. This new volume introduces readers to the wealth of children's literature by focusing on the essentials —the best books for children, the ones that inform, impress, and, most important, excite young readers. Updated to include newcomers such as J. K. Rowling and Lemony Snicket and to cover the very latest on publishing and educational trends, this edition features more than 475 entries on the best-loved children's authors and illustrators, numerous essays on social and historical issues, thirty personal glimpses into craft by well-known writers, illustrators, and critics, and invaluable reading lists by category. The Essential Guide to Children's Books and Their Creators summarizes the canon of contemporary children's literature, in a practical guide essential for anyone choosing a book for or working with children.

Helping you take your health info search skills to the next level, this text will teach you valuable strategies and techniques, regardless of your current skill level. A useful interview checklist and examples of librarian-user interactions will help you plan a successful, efficient search.

The Essential Guide on How to be a Hoe

Essential Guide to Becoming a Shipbroker

The Essential Guide to Becoming a Modern Mystic

The Essential Guide to Becoming a Staff Nurse

Your essential guide to an all-round successful life

How to Write It, Sell It, and Market It . . . Successfully

This little book gives short and concise insights into the central areas of activities of professors from the perspective of a university professor who has worked in Germany, Switzerland, and Austria. Many of the aspects emphasized will, however, be relevant and helpful for those who work in countries other than that, especially for those who live outside of Europe but wish to embark on a career as a professor in Europe. The book tells us how things work at European universities, but many of the aspects addressed in it can be transferred to other settings. It presents concrete tips on how to act in individual areas - often in a humorous and entertaining way. This book was writ- ten with several target groups in mind, for which it will be significant on different levels: Professors.... will be inspired to reflect on and optimize their actions. Those who wish to start a career as a professor (especially in Europe) will learn about the exciting and challenging activities that will be part of their core activities (research and teaching) and what goes beyond that (building new structures). Staff of professors will be able to better understand or gauge their boss's actions. Those who are interested in the work of professors, especially in Europe, will gain insights into the tasks and everyday work life of professors. Professors who want to build new structures will receive tips on strategic planning, reflecting on, and optimizing their actions. Those who are affected by new structures will be able to better assess the actions of professors who are building new structures. Those who are interested in building structures outside of university will be inspired to transfer specific strategies to a non-university context. From the book: Third-party funds? Third-party funds! Third-party funds. Optimizing time spent on teaching Don't take things personally Meetings - understanding and applying strategies Formal and informal addresses in research groups The soft light of long-term planning The power of assertion and the power of obstruction Knucklehead bonus Use the chainsaw, not the file Developing the forest instead of obsessing over individual trees

In this fascinating book, Brian J. Frost presents the first full-scale survey of werewolf literature covering both fiction and nonfiction works. He identifies principal elements in the werewolf myth, considers various theories of the phenomenon of shapeshifting, surveys nonfiction books, and traces the myth from its origins in ancient superstitions to its modern representations in fantasy and horror fiction. Frost's analysis encompasses fanciful medieval beliefs, popular works by Victorian authors, scholarly treatises and medical papers, and short stories from pulp magazines of the 1930s and 1940s. Revealing the complex nature of the werewolf phenomenon and its tremendous and continuing influence, The Essential Guide to Werewolf Literature is destined to become a standard reference on the subject.

Bring out the best in your hybrid team with this invaluable resource Work from Anywhere delivers practical strategies and actionable guidance on how to develop a high performing team and business in a remote and distributed environment. Accomplished authors, behavioural experts, and fast-growth business leaders, Alison and Darren Hill, show you how to craft business and culture strategies to bring out the best in your hybrid and remote team members by focusing on both performance and people. You'll learn how to: Understand the unique psychology, methodology, and technology that makes hybrid teams excel Develop strategies for embedding high performance across your team, no matter where they're located Create rhythms and rituals to keep your team highly motivated and on task, and avoid disengagement The ability to work from anywhere is no longer just a HR conversation, it is an Executive conversation. Perfect for business leaders working with hybrid teams, Work from Anywhere is also ideal for organizational development executives, cultural transition leaders, business leaders, and entrepreneurs who are responsible for ensuring that employees consistently perform at their best, regardless of location.

Ellis' BECOMING A MASTER STUDENT, 17th Edition, helps you make the career connection. As you begin your college experience, this proven resource can be your step-by-step guide to setting new goals, embracing a new culture and learning the best tools to successfully bridge the gap between college and career. Tools like Career Connection, Practicing Critical Thinking and the Discovery and Intention Journal System will give you a deeper knowledge of yourself and your power to be successful in college and beyond. The 17th edition has been thoroughly updated with the latest facts and examples, emphasizes health and wellness throughout and incorporates the APA's bias-free and inclusive language recommendations. New chapters on Career and Relationships guide first-year students through strategies to gain career readiness and flourish personally and academically. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The Motivation Station

The Essential Guide

The Essential Guide to Being a First Assistant Director

Becoming a Master Student: Concise

The Essential Scratch & Sniff Guide to Becoming a Wine Expert

50 Facts and Facets of Nationhood

The Essential Guide to Finding the Job That's Right for You

Presents a basic, scent-guided introduction to wines and wine appreciation, detailing wine's basic components to help the reader determine what kind of wine they like best.

The authors offer science-based answers to tough questions about raw foods and raw diets, furnish nutrition guidelines and practical information, and show how to construct a raw diet that meets recommended nutrient intakes simply and easily.

Cathie Black is the wise, funny mentor that every woman dreams of having. She was a pioneer in advertising sales at a time when women didn't sell; served as president and publisher of the fledgling USA Today; and, in her current position as the president of Hearst Magazines, persuaded Oprah to launch a magazine. In 2006 she was named one of Fortune's "50 Most Powerful Women in American Business" for the seventh consecutive year. Now, in the exuberant, down-to-earth voice that is her trademark, Cathie explains how she achieved "the 360° life"—a blend of professional accomplishment and personal contentment—and how any woman can seize opportunity in the workplace. No matter where you are in your career, Basic Black offers invaluable lessons that will help you land the job, promotion, or project you're vying for. At the core of the book are Cathie's candid, personal stories. She walks us through her decision to risk dropping a huge ad agency that handled the USA Today campaign in favor of a small boutique agency run by a wild man. (It was a smash.) She admits that her sometimes brusque style once led to a mutiny of staffers at Ms. (She learned to be more flexible in her managerial style.) She offers a clear-eyed look at what happened during the twenty-eight months between the launch and the close of the much- buzzed-about Talk magazine. And throughout, she offers fascinating glimpses of media and business personalities, such as Rupert Murdoch, Tina Brown, Frank Bennack, Vic Ganzi, former CosmoGirl! editor Atoosa Rubenstein, Bonnie Fuller, and the legendarily difficult Al Neuharth, founder of USA Today. Above all, Basic Black is motivating. It provides a close-up look at the keen judgment, perseverance, and optimism that have propelled Cathie Black to the top of her game, along with the kind of straight-up practical advice you get in a one-on-one session with a career coach. You'll find out how to handle job interviews, which rules to break, and why you should make your life a grudge-free zone. Equally important, you'll be inspired to pursue your passions and achieve your very best.

Written specifically for graduating students and newly registered nurses, this essential handbook will help you navigate the transition from student to registered practitioner. Providing you with the key knowledge to help consolidate your degree course, The Essential Guide to Becoming a Staff Nurse will enable you to become an autonomous and accountable practitioner. Covering everything the newly registered nurse needs to know, this handy book explores: How to get the job you want The role and function of the staff nurse Accountability and delegation Working with patients and their families

Becoming a manager Continuing professional and personal development With activities, practical hints and tips throughout, this accessible aide-memoire will provide indispensable support for newly registered nurses in all fields.

Essential Guide to Becoming a Disciple

Work From Anywhere

How to Be Interesting

An Essential Guide to Emo Culture

The Essential Guide to Academic Success

NLP

Fast Track Your Application, Master Any Interview, and Launch Your Career As a Trainee Shipbroker

The world of work is changing dramatically and jobs for life have become a thing of the past. Even people moving up the corporate ladder are questioning their choices and considering new possibilities, such as work/life balance or portfolio working. If you want to take charge of your career but don't know where to start, change can feel unobtainable - a pipe dream. This action-oriented and pragmatic book will help you overcome the barriers to deciding on a career and changing career, giving you a proven roadmap to achieve your goals. Taking Charge of Your Career will lead you step-by-step through the process of building your career strategy and making it happen. Full of exercises and self-assessment tools to help you make the right choices, it also includes real-life stories of successful career changers.

What is it to be Hungarian? What does it feel like? Most Hungarians are convinced that the rest of the world just doesn't get them. They are right. True, much of the world thinks highly of Hungarians--for reasons ranging from their heroism in the 1956 revolution to their genius as mathematicians, physicists, and financiers. But Hungarians do often seem to be living proof of the old joke that Magyars are in fact Martians: they may be situated in the very heart of Europe, but they are equipped with a confounding language, extraterrestrial (albeit endearing) accents, and an unearthly way of thinking. What most Hungarians learn from life about the Magyar mind is now available, for the first time, in this user-friendly guide to what being Hungarian is all about. The Essential Guide to Being Hungarian brings together twelve authors well-versed in the quintessential ingredients of being Hungarian--from the stereotypical Magyar man to the stereotypical Magyar woman, foods to folk customs, livestock to literature, film to philosophy, politics to porcelain, and scientists to sports. In fifty short, highly readable, often witty, sometimes politically incorrect, but always candid articles, the authors demonstrate that being credibly Hungarian--like being French, Polish or Japanese--is largely a matter of carrying around in your head a potpourri of conceptions and preconceptions acquired over the years from your elders, society, school, the streets, and mass media. Compacting this wealth of knowledge into an irresistible little book, The Essential Guide to Being Hungarian is an indispensable reference that will teach you how to be Hungarian, even if you already are.

Offering practical and constructive advice for students giving presentations, this book presents a detailed explanation of how to conduct a successful presentation and how to feel at ease with public speaking. The book includes: Real-life examples illustrating how to achieve an effective presentation Explains the importance of body language, voice control and the relationship with your audience Demonstrates an awareness of cross-cultural communication a thoroughly up-to-date analysis of new technologies as a medium through which to communicate. Written from a practical perspective, this text will be essential reading for both undergraduate and postgraduate students and researchers, together with students on professional and vocational courses. SAGE Study Skills are essential study guides for students of all levels. From how to write great essays and succeeding at university, to writing your undergraduate dissertation and doing postgraduate research, SAGE Study Skills help you get the best from your time at university. Visit the SAGE Study Skills hub for tips, resources and videos on study success!

What am I committing to when I say I want to follow Jesus? Following the format of his bestselling book Discipleship Essentials, Greg Ogden has created this accessible introduction to Christian life for new believers. Whether you are mentoring one-on-one or in a small group, this essential guide will serve as an ideal on-ramp into the discipleship journey.

The Essential Guide to Becoming a Master Student

Concise: With College Survival Insert

The Essential Guide to Becoming a World-class Hybrid Team

The Medical Library Association Essential Guide to Becoming an Expert Searcher

Taking Charge of Your Career

The Essential Guide to Neuro-Linguistic Programming

Running the Show

The fundamental purpose of the soul is to grow and expand, but if we all just keep growing and expanding without direction, the universe will continue to explode into greater chaos than it already has. Our unifying direction must be our own personal growth. We are capable of wielding powerful forces of light and guarding our galaxy against the forces of lower vibrations. To grow into this power, we must look within ourselves and cultivate love. The New Science of Enlightenment focuses on removing all that is in the way of becoming such a being of light and

love. Using the Kundalini Karma System, it offers a modern-day approach to building an abundant, peaceful, and happy existence, helping you learn to navigate the world of spirit and matter simultaneously. You can attain your goals, understand the true meaning behind the events of your life, overcome the challenges that come your way, and triumph as you take control of your destiny. Become an enlightened and powerful being in the modern world and live a truly magical existence as a modern mystic on your road to God. This guide explores ways to harness the power of your Kundalini energy to get the life you want, allowing you to end the cycle of reincarnation and return to the mind of God.

What is emo? For starters it's a form of melodic, confessional, or EM0tional punk rock. But emo is more than a genre of music—it's the defining counterculture movement of the '00s. EVERYBODY HURTS is a reference book for emo, tracing its angsty roots all the way from Shakespeare to Holden Caulfield to today's most popular bands. There's nothing new about that perfect chocolate and peanut butter combination—teenagers and angst. What is new is that emo is the first cultural movement born on the internet. With the development of early social networking sites like Make Out Club (whose mission is to unite "like-minded nerds, loners, indie rockers, record collectors, video gamers, hardcore kids, and artists through friendship, music, and sometimes even love") outcast teens had a place to find each other and share their pain, their opinions, and above all, their music—which wasn't available for sale at the local record store. Authors Leslie Simon and Trevor Kelley lead the reader through the world of emo including its ideology, music, and fashion, as well as its influences on film, television, and literature. With a healthy dose of snark and sarcasm, EVERYBODY HURTS uses diagrams, illustrations, timelines, and step-by-step instructions to help the reader successfully achieve the ultimate emo lifestyle. Or, alternately, teach him to spot an emo kid across the mall in order to mock him mercilessly.

A brief version of the best-selling BECOMING A MASTER STUDENT, the fourteenth edition of BECOMING A MASTER STUDENT: CONCISE continues to lead the way in meeting the changing needs of today's first-year students. With over 150 less pages than the full edition and 2 fewer chapters, BECOMING A MASTER STUDENT: CONCISE contains the key features and tools of the bigger version, such as interactive journaling, a motivational writing style, the Discovery Wheel, Discovery and Intention Journal Entries, Power Process articles, Master Student Profiles, and the Kolb Learning Style Inventory (LSI), that have helped traditional students and adult learners alike to identify their strengths and weaknesses, set goals, and practice academic and life skills. In this latest edition, students will discover that study skills are really life skills with the renewed emphasis on the master student qualities throughout the book. Students will be challenged to apply the master student qualities to new Practicing Critical Thinking exercises and planning for a career by building an effective resume and learning interviewing strategies they can practice while in college. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. If your main focus is to find love, then find love. If you are looking to have casual sex, say so. People are often surprised at what they find when they are honest about their intentions. The Essential Guide on How to be a Hoe is a modern look on one of the oldest states in the world. The hoe. No, I don't mean the gardening tool. I mean what it takes to become sexually positive and take ownership of our bodies in a world that is constantly violating us with new advice, old ideas, and outdated judgements. People say we can be free but how? This is the problem that this guide attempts to solve, not just logistically, but mentally and spiritually too. This book was not only practical and full of excellent guidance on how to discover oneself and stay safe in a world that is slowly throwing off the chains of sexual oppression, but it also looks at making peace within ourselves, setting boundaries, making sure we are able to identify our liberation from our wounds and treating others with tolerance and respect. It is not afraid to talk about the things that are still considered to be taboo. The narrator is spirited, authentic and hilarious, making difficult topics relatable and understandable

The Essential Guide to Becoming a Professional Athlete

The Essential Guide to Being a University Professor

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An Essential Guide to Becoming an Interesting, Engaging, Charismatic, and Likeable Person

Becoming a Master Student: Making the Career Connection

The Essential Guide to Werewolf Literature

The Essential Guide to Forest School and Nature Pedagogy

Fast track your application, master any interview, and launch your career as a Trainee Shipbroker! Written by ex-Sale and Purchase Shipbroker, Global Trainee Broker Graduate Programme Manager, and Maritime Industry Recruiter, Callum Beaumont. This MUST READ guide is packed with insider TIPS and SECRETS to help EVERY aspiring trainee shipbroker to improve application success, grant access to key decision-makers, ace any trainee broker interview, create the BEST possible first impression, secure a trainee broker job OFFER, and SURVIVE and THRIVE in the wonderful world of shipbroking!

Your essential guide to an all-round successful and happy life. This book will help you build your confidence, discover the powers of body language and persuasion and develop essential business skills to enhance your career. Written by an experienced psychologist, this book comes complete with online support, to provide your ultimate guide to a fulfilling life at work and at home.

This book is a complete guide to Forest School provision and Nature Pedagogy and it examines the models, methods, worldviews and values that underpin teaching in nature. Cree and Robb show how a robust Nature Pedagogy can support learning, behaviour, and physical and emotional wellbeing, and, importantly, a deeper relationship with the natural world. They offer an overview of what a Forest School programme could look like through the year. The Essential Guide to Forest School and Nature Pedagogy provides 'real-life' examples from a variety of contexts, sample session plans and detailed guidance on using language, crafting and working with the natural world. This accessible resource guides readers along the Forest School path, covering topics such as: the history of nature education; our sensory system in nature; Forest School ethos and worldview and playing and crafting in the natural world. Guiding practitioners through planning for a programme, including taking care of a woodland site and preparing all the essential policies and procedures for working with groups and nature, this book is written by dedicated Forest School and nature education experts and is essential reading for settings, schools, youth groups, families and anyone working with children and young people.

THE ESSENTIAL GUIDE TO BECOMING A MASTER STUDENT was written with you in mind. Beginning with an introduction to higher education, you will learn about Master Student Qualities - the attitudes and behaviors that lead to success in the classroom and beyond. Tools such as the Discovery Wheel, the Discovery and Intention Journal Entry System, Power Process articles, and the Kolb Learning Style Inventory guide you through self-assessment and discovery, creating a foundation from which to build solid strategies for academic growth. This 160-page text invites you to put new ideas into action immediately and select additional strategies as you plan for your future. The fourth edition includes the new "Do you have a minute" feature, which provides specific actions that students can take to make a positive change or implement a new skill in just one minute. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Everybody Hurts

Basic Black

The Essential Guide to Being a Man

Lessons from Europe: Tips for New and Experienced Academics

The Essential Guide to Becoming a Doctor

The Essential Guide to Student Life

The New Science of Enlightenment

There are a lot of books out there covering CSS and HTML, but this one stands out from the crowd by combining all the best aspects of reference and tutorial books — it teaches everything you need to know to design great web sites, and moves at a fast pace, eschewing unnecessary theory and obscure details. It is designed so that any level of web designer or developer will find this to be an essential guide. It teaches the basics of CSS and HTML before quickly moving on to cover in depth all of the essential areas of web design, including forms, tables, typography, layout, browser quirks and more.

If you'd like to improve your social skills by becoming more interesting, Engaging, Charismatic, and Likeable in order to be someone that everybody wants to be around, then this book is for you!Everybody wants to be liked and accepted by other people, but it's not as easy as it sounds. The purpose of this book is to help you learn how to become more interesting, engaging, and charismatic, and I'll provide you with lots of information and tips that will help you to understand what actions are beneficial to your cause, and which to avoid. If you are willing to invest a little time to changing yourself for the better, this book will help you improve (not change) your personality to become a person that everybody wants to be around.

Stylishly illustrated by Jack Hughes, The Gentleman's Handbook is the essential guide to living the gentleman's lifestyle. There's never been a tougher time to be a gentleman. In addition to the general vulgarity of the modern world, he has to contend with all manner of things: the dramas of social media, the practicalities of being metrosexual and still taken seriously at work, and juggling his finances in these cash strapped times. Or does he? Who is this man who is seen slipping with ease between the office and the smartest parties, dressed in the most elegant clothes, oozing charisma and cool? Why, he is a man of style and taste. Alfred Tong shares his insider tips with every aspiring gentleman, from what to wear and how to keep your clothes looking in top shape, to which jobs to chase after and how to plan the perfect romantic evening, all without breaking the bank.

Now updated for 2015! The best, most comprehensive guide for writers is now revised and updated, with new sections on ebooks, self-publishing, crowd-funding through Kickstarter, blogging, increasing visibility via online marketing, micropublishing, the power of social media and author websites, and more—making The Essential Guide to Getting Your Book Published more vital than ever for anyone who wants to mine that great idea and turn it into a successfully published book. Written by experts with twenty-five books between them as well as many years' experience as a literary agent (Eckstut) and a book doctor (Sterry), this nuts-and-bolts guide demystifies every step of the publishing process: how to come up with a blockbuster title, create a selling proposal, find the right agent, understand a book contract, and develop marketing and publicity savvy. Includes interviews with hundreds of publishing insiders and authors, including Seth Godin, Neil Gaiman, Amy Bloom, Margaret Atwood, Leonard Lopate, plus agents, editors, and booksellers; sidebars featuring real-life publishing success stories: sample proposals, query letters, and an entirely updated resources and publishers directory.

The Gentleman's Handbook

Becoming Raw: The Essential Guide to Raw Vegan Diets

Brilliant Personal Development

The Essential Guide to CSS and HTML Web Design

The Essential Guide to Studying Abroad

The Essential Guide for Students

The Essential Guide to Getting Your Book Published

The Essential Guide to Becoming a Master StudentCengage Learning

By the team behind the bestselling NLP: The New Technology of Achievement comes an essential new guide to NLP techniques—for self-development and influencing others—in a focused, step-by-step handbook. NLP (Neuro-Linguistic Programming) has already helped millions of people overcome fears, increase confidence, enrich relationships, and achieve greater success. Now, from the company and training team behind NLP: The New Technology of Achievement, one of the bestselling NLP books of all time, comes NLP: The Essential Guide to Neuro-Linguistic Programming \. Written by three NLP Master Practitioners and training coaches, including the president of NLP Comprehensive, with an introduction from the President of NLP Comprehensive, NLP: The Essential Guide to Neuro-Linguistic Programming guides users to peak performance in business and life, and gets specific results. In twelve illuminating sections, NLP: The Essential Guide to Neuro-Linguistic Programming leads you through dozens of “discoveries”—revelations of NLP practice that enable you to explore your own personal thinking patterns, to manage them—and to transform them. Divided into two categories, “All About You” and “All About the Other Guy,” these strategies offer a personal and interpersonal program that frees you to become better at managing your feelings instead of being dominated by them, managing your motivations, being less judgmental, more productive, more confident, more flexible, more persuasive, liked, and respected. Chapters on “Personal Remodeling” (Discovery 9: No inner enemy) and “Secrets of Making Your Point” (Discovery 31: Convey understanding and safety without talking), enhance creativity, collaboration, cooperation, and communication. Through “mind reading” techniques—non-verbal communication, and “hearing what's missing”—learn the secrets of relating with others, understanding how they are thinking—and influencing them. A streamlined all-purpose guide for both newcomers and NLP veterans, NLP: The Essential Guide to Neuro-Linguistic Programming is the new all-in-one, eye-opening blueprint for your own ultimate success.

Being Polish is no joke. For ten million people of Polish ancestry in the United States, as well as many who have settled in the UK since the fall of communism, it is a heartfelt matter -- and amid all the travel guides and guides to Polish language, folklore, and customs, there is no single, comprehensive, reader-friendly and yet ever-informative reference on what it means to be Polish. Enter The Essential Guide to Being Polish -- the go-to concise resource for anyone looking to reconnect with their culture or, indeed, hoping that their friends, children, or colleagues learn something about their heritage. Divided into three sections to make for an easy-to-follow format -- Poland in Context, Poles in Poland, and Poles Abroad -- this guide covers just about everything and does so in a style that is at once entertaining and informative: the country's history and geography, wars, Jews in Poland, the communist past, the post-communist past and present, language, kings and queens, religion/Catholicism (with special focus on Pope John Paul II), holidays, food, and drink. What is a real Polish wedding all about? That, too, is addressed succinctly and with flair in this guide. Other chapters cover literature, music, art, famous scientists, Polish men and Polish women, Poles in America, Poles in the UK, Poles and the EU, and last but not least, Polish pride. From the Trade Paperback edition.

Few people have as much experience helping students cope with college life as Douglas Stone, a long-time Harvard residential adviser and coauthor of Difficult Conversations, and Elizabeth Tippet, recent Harvard graduate and founding director of the university's peer mediation program. In Real College, they join forces to help students deal with nightmare roommates, handle academic pressures, make smart choices about alcohol and sex, communicate with parents, and address all the other big issues that can make college as challenging as it is exciting. Stone and Tippet deliver insightful, pragmatic advice with humor and compassion, in a style that parents and students alike will appreciate. This is one book that no college student should be without.

The Essential Guide to Children's Books and Their Creators

The Essential Guide for Getting Ahead at Work (and in Life)

From Success in the Classroom to a Fulfilling Career

To Becoming a Flight Attendant

Real College

Proven Techniques, Strategies, and Tips for Finding Health Information

The Essential Guide to Being Polish