Essentials Of Lifespan Development 2nd Ed Author Santrock

For courses in Lifespan Development Help students understand how culture impacts development -- and why it matters Human Development: A Cultural Approach leads students to examine all stages of development through the engaging lens of culture. Jeffrey Jensen Arnett and new coauthor Lene Arnett Jensen integrate cross-cultural examples throughout the narrative to reveal the impact of cultural factors both in the US and around the world. The 3rd Edition includes thoroughly updated research and data for a learning experience that best prepares students to face challenges in our diverse and globalized world -- whether they travel the globe or remain in their hometowns. Human Development: A Cultural Approach, 3rd Edition is also available via Revel(tm), an interactive learning environment that enables students to read, practice, and study in one continuous experience.
NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab & Mastering products, you may also need a Course ID, which your instructor will provide. Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's MyLab & Mastering products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. Discovering the Lifespan provides a broad overview of the field of human development and features a strong balance of research and application. In a unique departure from traditional lifespan development texts, each chapter is divided into three modules, and in turn, each module is divided into several smaller sections. Consequently, students encounter material in smaller, more manageable chunks that optimize learning.
“Ellen Galinsky—already the go-to person on interaction between families and the workplace—draws on fresh research to explain what we ought to be teaching our children. This is must-reading for everyone who cares about America’s fate in the 21st century.” — Judy Woodruff, Senior Correspondent for The PBS NewsHour Families and Work Institute President Ellen Galinsky (Ask the Children, The Six Stages of Parenthood) presents a book of groundbreaking advice based on the latest research on child development.
ESSENTIALS OF PSYCHOLOGY: CONCEPTS AND APPLICATIONS, 5th Edition retains the hallmark features and pedagogical aids that have made this text unique in presenting the foundations of psychology in a manageable, reader-friendly format. Students gain a broad view of psychology and see applications of the knowledge gained from contemporary research to the problems and challenges we face in today's world. Nevid's comprehensive learning system, derived from research on memory, learning, and textbook pedagogy, is featured throughout. This model incorporates the Four E's of Effective Learning -- Engaging Student Interest, Encoding Information, Elaborating Meaning, and Evaluating Progress. Thoroughly updated with recent research developments, this edition also features an expanded focus on psychology in the digital world -- a topic students are sure to find fascinating and relevant. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.
Human Development
Social and Emotional Perspectives
The Successful Internship
Essentials of Psychology: Concepts and Applications
Gregg Shorthand Series 90 -Trans. Tapes

Lifespan Development is the first textbook on this topic to be targeted to the high school student. In it, students learn about the different stages of development that people pass through as they age. From newborn to older adulthood, people continue to develop and change physically, cognitively, socially, and emotionally. Features covering cultural diversity, health, and safety are included throughout the text. Core Skills activities reinforce writing, speaking, math, and career readiness skills. The developmental theories of Erikson, Piaget, Vygotsky, and Kohlberg are highlighted. A unit is dedicated to career paths in education and training and human services. Case studies are included in every chapter to help students relate classroom learning to the real world. "

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. Transforming the Workforce for Children Birth Through Age 8 explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

Bridging the gap between the entertainment-focused “pop psychology” on television and the dry academic research that is published in journals, The Handy Psychology Answer Book helps answer why humans do what we do through accurate scientific data presented in a lively, accessible, and engaging way. It covers the fundamentals and explains the psychology behind how people deal with money, sex, morality, family, children, aging, addiction, work, and other everyday issues. Fully revised to reflect the latest scientific research—such as the current DSM-5 (Diagnostic and Statistical Manual of Mental Disorders, published by the American Psychiatric Association); the latest neurobiological theories; and the changing face of marriage—this timely reference has expanded to include information sections on the biology and evolution of emotions; technology and adolescence; bisexuality; optimism; autism; as well as a full section on the law, eyewitness testimony and police shootings. Featuring more than 1,500 answers to questions concerning how the human mind and the science of psychology really work such as: How have other cultures addressed psychological issues? Why was Freud so focused on sex? How can I maintain a healthy brain? Is it normal to argue during marriage? Does religion make people happier? How do we reduce social prejudice?

Essentials of Life-Span DevelopmentMcGraw-Hill Ryerson
Motor Learning and Development 2nd Edition
Aging and Development
ACSM's Complete Guide to Fitness & Health
A Topical Approach
Essential Health

"Life: The Essentials of Human Development 2e will engage your students intellectually and encourage the application of psychological concepts to everyday life. It addresses the major periods of development and focuses on the important biological, psychological, and social forces driving change, highlighting theoretical distinctions, research findings, and new directions in the field"--

Award-winning author Tara L. Kuther presents Lifespan Development in Context, a topically organized version of her bestselling Lifespan Development text that provides a panoramic view of the many influences that shape human development. Kuther ’ s student-friendly narrative guides the reader through immersive video cases and real-world examples to illustrate how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change throughout our lives. Three core themes resonate throughout each chapter: the centrality of context, the importance of research, and the value of applied developmental science. Foundational theories and classic studies are combined with contemporary research and culturally diverse perspectives for a modern introduction to the field that is both comprehensive and concise. Visual overviews, case studies, and critical thinking questions encourage self-reflection and class discussion, ensuring students have the tools they need to apply course concepts to their lives and future careers.

Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ €"which includes all primary caregiversâ €"are at the foundation of children's well- being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

By combining the best of topical and chronological approaches, this text presents life-span development as a motion picture rather than as a series of individual snapshots.

Essentials of Personnel Assessment and Selection
A Cultural Approach
Lives in Context
Exploring Lifespan Development
Lifespan Development in Context

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.
ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 2nd Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a readable account of human development across the life span; conceptual foundations that enable students to become critical interpreters of developmental information; and an introduction to relevant research and its application to key issues. The text also emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related to psychology or areas such as education, health, and human sciences. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.
Why are you assigning or considering a brief Human Development text? Is it because your students do not complete the reading in a comprehensive text? Do you run out of time trying to cover the entire lifespan over the course of a few months? Do your students struggle to retain the sheer volume of information in the course? Instructors across the country, looking for a streamlined text that captures the core concepts of life-span development are excited for John Santrock's Essentials of Life-Span Development, 3e. Essentials of Life-Span Development 3e was developed to help meet the ever-changing needs of students in the lifespan course. Knowing that students do not often read the text and have poor study skills, Essentials introduces LearnSmart, McGraw-Hill's adaptive study tool, that helps students know what they know, and more importantly what they don't know, to become more efficient and effective learners. Based on hallmark features: its expert contributors, updated research, and focus on applications, Santrock provides the most dependable and current presentation of life-span development available, and he does so in a briefer format with LearnSmart, helping to ensure that your students will read and appreciate the material while seeing the applications to their everyday life. McGraw-Hill's new Milestones video and assessment program helps bring the course material to life, so your students can witness development as it unfolds.
A brief, topical overview of life span development Life Span Development: A Topical Approach helps students to see the "big picture" of development across the entire life span. Throughout this brief version of his hallmark text Development Across the Life Span, author Robert Feldman employs a modular framework that offers instructors maximum flexibility to teach the course however they envision. Concise coverage of all key principles helps instructors cover the whole of the field within a standard term, while a topical approach makes it easier for students to understand the scope of development within particular areas (such as social or personality development) across the entire life span. Thoroughly updated with the latest data and contemporary examples, the Third Edition helps students to better see the relevance of developmental science. Also available with MyPsychLab® This title is also available with MyPsychLab -- an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Within its structured environment, students practice what they learn, test their understanding, and pursue a personalized study plan that helps them better absorb course material and understand difficult concepts. Students, if interested in purchasing this title with MyPsychLab, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. Life Span Development: A Topical Approach, Third Edition is also available via REVEL(tm), an interactive learning environment that enables students to read, practice, and study in one continuous experience. Note: You are purchasing a standalone product; MyLab(tm) & Mastering(tm) does not come packaged with this content. Students, if interested in purchasing this title with MyLab & Mastering, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the physical text and MyLab & Mastering, search for: 0134495950 / 9780134495958 Life Span Development: A Topical Approach plus MyPsychLab with eText -- Access Card Package, 3/e Package consists of: 0134225902 / 9780134225906 Life Span Development: A Topical Approach, 3/e 0205206514 / 9780205206513 MyPsychLab with eText Access Card
Life-Span Development
A Unifying Foundation
Life-span Human Development
Discovering the Lifespan
Mind in the Making

This second edition provides managers and students the nuts and bolts of assessment processes and selection techniques. With this knowledge, managers learn to make informed personnel decisions based on the results of tests and assessments. The book emphasizes that employee performance predictions require well-formed hypotheses about personal characteristics that may be related to valued behavior at work. It also stresses the need for developing a theory of the attribute one hypothesizes as a predictor—a thought process too often missing from work on selection procedures. Topics such as team-member selection, situational judgment tests, nontraditional tests, individual assessment, and testing for diversity are explored. The book covers both basic and advanced concepts in personnel selection in a straightforward, readable style intended to be used in both undergraduate and graduate courses in Personnel Selection and Assessment.

The psychology of aging usually focuses upon cognitive changes, with a particular focus on dementia and other forms of cognitive decline. But getting older is about more than simply changes to the brain and related health issues. Changes to our social and emotional lives are also hugely significant as we adapt across our lifespan. The second edition of Aging and Development is the only textbook available that responds to the growing interest in social, personal and emotional development in older age. Ideally suited to complement texts on cognitive change, the book provides a holistic developmental perspective on aging. It highlights a range of issues, including the development of personal meaning and spirituality, improvements in emotional control, uses of reminiscence and life review, the importance of healthy attitudes to aging, as well as the maintenance of close personal relationships. It does not avoid the difficult issues of late life decline, but illustrates how even in circumstances of physical and mental frailty a positive sense of self can be created and enhanced. Fully updated to provide the most cutting-edge overview on this burgeoning topic of interest, Aging and Development includes a glossary and list of useful websites both on the study of gerontology and the psychology of aging. It will be essential reading for all students of developmental psychology, as well as anyone either training to work or already working with older people.

Social Development, 2nd Edition provides psychologists with a comprehensive, scholarly, engaging, and up-to-date treatment of theoretical insights and empirical findings in the field of social development. It conveys the excitement of recent advances along with the accumulated knowledge that forms the basis of the field. Psychologists will gain a better understanding of cultural variation, both among societies around the world and within our own society.

Lifespan Development, Third Australasian edition, explores human physical, cognitive and social development within an Australian and New Zealand context. Building on the successful first and second editions, the resource's comprehensive theory coverage includes the latest local and international research in this ever-evolving field, and is perfectly complemented by numerous physical and mental health applications within local psychological, allied health and educational settings. This edition includes enhanced coverage of developmental theories, and increased integrated coverage of cross-cultural and Indigenous issues unique to the multicultural societies of Australia and New Zealand. It is an ideal resource offering for undergraduate students in both countries in order to enhance understanding of human development -- from conception through to the end of life.

The Definitive Classic in Adult Education and Human Resource Development
The Essentials of Human Development
Supporting Parents of Children Ages 0-8
The Essentials of Lifespan Development
Social Development

Connecting Research & Results As a master teacher, Santrock connects students to current research and real world application. His integrated, personalized learning program gives students the insight they need to study smarter and improve performance. Connect with Life-Span Development and connect with success! Informed and driven by research. At McGraw-Hill Education, we have spent thousands of hours with you and your students, working to understand the key needs and concerns you face in Human Development courses. The most common topics raised include managing the vast amount of content inherent to this course and ensuring the dependability of the assigned material—is it current and accurate? The result of this research is John Santrock’s Life-Span Development. Life-Span Development ensures students complete and understand the assigned material in a number of ways: Santrock’s hallmark Learning Goals pedagogy provides a comprehensive roadmap to the text material, clearly pointing out the core concepts fundamental to students’ learning and performance. Our LearnSmart Advantage adaptive study tools increase students’ efficiency in studying by identifying what they know, and more importantly what they don’t know, providing immediate remediation for the areas in which they are struggling. At the same time, instructors have access to powerful visual reports allowing them to quickly see where students’ strengths and weaknesses lie. Connect Lifespan takes your instruction and your students’ learning experience to the next level without requiring hours of setup whether you are teaching face-to-face, online, or in a hybrid setting. The 15th edition continues with the connections theme to help students better understand the concepts among the different aspects of human development. This recurring theme of connections—Developmental Connections, Topical Connections, Connecting Development to Life, Connecting with Careers, and Connections through Research—ties together concepts from across chapters to reinforce the learning process and connects the material to students’ everyday lives and future aspirations. Our Milestones of Development video series helps bring the course material to life, allowing students to witness development as it unfolds. And of course, all of the text material is informed by Life-Span Development’s unique board of expert consultants—a who’s who of developmental psychology—who make sure the material is as accurate and up-to-date as possible.
Santrock, Essentials of Life-Span Development, First Canadian Edition is an exciting new resource that offers essential content in a student-friendly format. Featuring shorter chapters and interactive study modules, Santrock 1ce covers all periods of the human life-span chronologically from the prenatal period through late adulthood and death. Santrock, Essentials of Life-Span Development, First Canadian Edition is ideal for one-semester Life-Span Development courses at both colleges and universities, or for any learner eager to explore the essentials of life-span development.
Chronologically organized, The Essentials of Lifespan Development examines the ways in which contexts—culture, society, socioeconomic status, home, family, and even community—impact each stage of a person’s life.
What are health and wellness? What does it mean to be healthy? Maybe you have some ideas about the answers to these questions, or maybe these questions are new altogether. Either way, Essential Health can help you navigate the path to a healthy life. Up-to-date, accessible, and exciting, Essential Health is a new high school textbook program that addresses the adolescent health and wellness issues most important to today's students. The text will help you answer your health questions, including questions related to nutrition, fitness, mental health, and avoiding hazardous substances. Essential Health provides current, reliable content supported by classroom-tested activities to help you develop the health and wellness skills you need to lead a healthy life.
Psychology 2e
The Adult Learner
ISE Life: the Essentials of Human Development
The Handy Psychology Answer Book
New Zealand Perspectives

How do you tailor education to the learning needs of adults? Do they learn differently from children? How does their life experience inform their learning processes? These were the questions at the heart of Malcolm Knowles’ pioneering theory of andragogy which transformed education theory in the 1970s. The resulting principles of a self-directed, experiential, problem-centred approach to learning have been hugely influential and are still the basis of the learning practices we use today. Understanding these principles is the cornerstone of increasing motivation and enabling adult learners to achieve. The 9th edition of The Adult Learner has been revised to include: Updates to the book to reflect the very latest advancements in the field. The addition of two new chapters on diversity and inclusion in adult learning, and andragogy and the online adult learner. An updated supporting website. This website for the 9th edition of The Adult Learner will provide basic instructor aids. For each chapter, there will be a PowerPoint presentation, learning exercises, and added study questions. Revisions throughout to make it more readable and relevant to your practices. If you are a researcher, practitioner, or student in education, an adult learning practitioner, training manager, or involved in human resource development, this is the definitive book in adult learning you should not be without.
Offers a strong balance between research and applications. Robert Feldman offers students a chronological overview of physical, cognitive, social, and emotional development--from conception through death with his text Development Across the Life Span. This best-selling text presents up-to-date coverage of theory and research, with an emphasis on the application of these concepts by students in their personal--and future professional--lives. The text taps into students' inherent interest in the subject of human development, encouraging them to draw connections between the material and their own experiences. MyDevelopmentLab is an integral part of the Feldman program. Key learning applications include, MyDevelopmentLab video series, MyVirtualLife, and MyVirtualChild. Teaching & Learning Experience Personalize Learning -- MyDevelopmentLab is an online homework, tutorial, and assessment program. It helps students prepare for class and instructor gauge individual and class performance. Improve Critical Thinking --Review and Apply sections -- Consist of short recaps of the chapters' main points, followed by questions designed to provoke critical thinking. Engage Students --Chapter Opening Prologues --Describe an individual or situation that is relevant to the basic developmental issues being addressed in the chapter. Explore Research -- From Research to Practice boxes -- Describe a contemporary developmental research topic. Support Instructors --A number of Instructor Resources including PowerPoint Presentations, MyTest Test Bank, and Instructor's Manual. 0205940749 / 9780205940745 Development Across the Lifespan Plus NEW MyDevelopmentLab with eText -- Access Card Package Package consists of: 0205206522 / 9780205206520 NEW MyDevelopmentLab with Pearson eText -- Valuepack Access Card 0205940072 / 9780205940073 Development Across the Life Span
Essentials of Human Behavior combines Elizabeth D. Hutchison’s two best-selling Dimensions of Human Behavior volumes into a single streamlined volume for understanding human behavior. The text presents a multidimensional framework integrating person, environment, and time to show students the dynamic, changing nature of person-in-environment. In this Third Edition, Hutchison is joined by new co-author Leanne Wood Charlesworth, who uses her practice and teaching experience to help organize the book’s cutting-edge research and bring it into the classroom. The text will thoroughly support students´ understanding of human behavior theories and research and their applications to social work engagement, assessment, intervention, and evaluation across all levels of practice. This title is accompanied by a complete teaching and learning package. Contact your SAGE representative to request a demo. Digital Option / Courseware SAGE Vantage is an intuitive digital platform that delivers this text’s content and course materials in a learning experience that offers auto-graded assignments and interactive multimedia tools, all carefully designed to ignite student engagement and drive critical thinking. Built with you and your students in mind, it offers simple course set-up and enables students to better prepare for class. Assignable Video with Assessment Assignable video (available with SAGE Vantage) is tied to learning objectives and curated exclusively for this text to bring concepts to life. Watch a sample video now. LMS Cartridge: Import this title’s instructor resources into your school’s learning management system (LMS) and save time. Don’t use an LMS? You can still access all of the same online resources for this title via the password-protected Instructor Resource Site. Learn more.
Organized around the 2016 Council for Accreditation of Counseling and Related Educational Programs (CACREP) Standards, Counseling Individuals Through the Lifespan introduces readers to the fundamentals of the counseling process during each stage of human development. Topics such as the client-counselor relationship, counseling theory, research, and interventions are addressed with a focus on caring for the total person within their environment and culture in today’s diverse world. Emphasizing the importance of self-reflection, chapters include case illustrations and guided practice exercises to further the development of successful, ethical 21st century counselors. Included with this title: The password-protected Instructor Resource Site (formally known as SAGE Edge) offers access to all text-specific resources, including a test bank and editable, chapter-specific PowerPoint® slides. Learn more.
Essentials of Life-Span Development
An applied approach
Essentials of Psychology
Life Span Development
Lifespan Development

THE SUCCESSFUL INTERNSHIP: PERSONAL, PROFESSIONAL, AND CIVIC DEVELOPMENT, 4th Edition, offers you more than just a resource for how to find a position or how to interview. It addresses the concerns, emotions, needs, and unique personal challenges that are the essence of an internship or field experience, and focuses on the internship as a vehicle for your development as a civic professional. The authors describe in detail the path of change you'll find yourself embarking on and the challenges you'll face along the way. A four-stage model of the internship process--anticipation, exploration, competence, and culmination--places the material in a meaningful framework that lends structure to your understanding of the work you'll be doing. Available with InfoTrac Student Collections http://gocengage.com/infotrac. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This package contains the following components: -0205748597: Exploring Lifespan Development -0205690335: MyVirtualChild -- Standalone Access Card

Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, Lifespan Development: Lives in Context offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

Motor Learning and Development, Second Edition With Web Resource, provides a foundation for understanding how humans acquire and continue to hone their movement skills throughout the life span.

Human Development: A Life-Span View
Development Across the Life Span
Essentials of Human Development: A Life-Span View
Developmental and Educational Psychology for Teachers
Parenting Matters

Essentials of Psychology introduces contemporary psychological research and caters to the varied needs of students and instructors. The book is composed of 14 basic chapters, which provide comprehensive coverage of theories and research within each of the traditional areas of psychology. Chapters are dedicated to topics that discuss the major divisions of psychology; the physiological basis of behavior; the ways people change and the ways they stay the same over time; personality and behavior assessment; and treatment of psychological problems. Psychologists, students, and teachers of psychology will find this textbook very invaluable.
Here is the ultimate resource for maximizing your exercise and nutrition efforts. In this new edition of ACSM's Complete Guide to Fitness & Health, you have an authoritative reference that allows you to apply research-based guidance to your unique health and fitness needs. With a focus across the life span, this resource shows you how to pursue optimal health and fitness now and throughout the years to come. The American College of Sports Medicine, the largest and most respected sport science and medicine organization in the world, has created this book to bridge the gap between science and the practice of making personal lifestyle choices that promote health. This new edition contains age-specific advice within the framework of the latest research, thus helping you to avoid the lure of fads, unfounded myths, and misinformation. You will learn these strategies: • Incorporate the latest guidelines for physical activity and nutrition into your daily routine to improve your fitness and overall health. • Optimize your weight and increase strength, flexibility, aerobic fitness, and functional fitness. • Improve health and manage conditions such as diabetes, cardiovascular disease, cancer, depression, osteoporosis, arthritis, pregnancy, and Alzheimer’s disease through exercise and nutrition. • Monitor, evaluate, and tailor your exercise program for optimal results. Featuring step-by-step instructions and full-color photos for the most effective exercises, sample workouts, practical advice, age-specific physical activity and dietary guidelines, and strategies for incorporating exercise and healthy nutrition choices into even the busiest of lifestyles, ACSM’s Complete Guide to Fitness & Health is a resource that belongs in every fitness enthusiast’s library.
Developmental and Educational Psychology for Teachers brings together a range of evidence drawn from psychology to answer a number of critical educational questions, from basic questions of readiness – for example, when is a child ready for school, through to more complex matters, such as how does a teacher understand and promote good peer relationships in their classroom? The answers to these and other questions discussed draw here on the interplay between a teachers’ craft expertise and their knowledge of evidence and theory from developmental and educational psychology. Presenting a range of classic theories and contemporary research to help readers understand what the key issues are for teachers and other professionals, this book aides informed educational decisions in situations such as: inclusion, ability grouping, sex differences, developing creativity, home and peer influences on learning, and developing effective learners. Teachers in early years, primary and secondary settings are routinely faced with questions regarding the development of children. This not only relates to the planning and delivery of lessons, but also to the mental and physical wellbeing of the children and adolescents that they teach. The pedagogical features of this book are accessible and clearly presented, including focus questions that direct the reader’s attention to key issues, activity posts that point the reader to meaningful and relevant research and show the practical applications of material covered, and extension material that gives depth to many of the topics covered. This book aims to inform the practice of both in-service and trainee teachers, addressing issues that are relevant to their practice. With no other detailed and accessible text presenting this evidence and theory specifically for an audience of practicing and trainee teachers currently on the market, this book will be of essential reading to practicing and trainee teachers for early years, primary and secondary education and other related educational contexts such as educational psychologists, counsellors, paediatric and child doctors and nurses.
Provides the most Support for Student Learning and Success Lifespan Development, 7/e by Denise G. Boyd and Helen L. Bee thoroughly and accessibly addresses the most critical concepts of development. Through their engaging writing style, the authors have made more abstract material about developmental theories approachable to students. Readers will appreciate both the applied nature of this title and the clarity of the authors' presentation of current research. Students will emerge from your course with a thorough understanding of developmental science and will be able to apply this understanding to their own lives. MyPsychLab is an integral part of the Boyd/Bee program. Engaging activities and assessments provide a teaching and learning system that will help students master life span development. New features include the updated MyPsychLab Video Series for Lifespan Development, which contains a rich assortment of video clips including sketchnote-style tutorials as well as cross-cultural footage and segments featuring real students sharing their experiences. MyPsychLab also contains MyVirtualLife, an engaging variable-based simulation that allows students to experience lifespan development firsthand. This title is available in a variety of formats - digital and print. Pearson offers its titles on the devices students love through Pearson's MyLab products, CourseSmart, Amazon, and more.
Transforming the Workforce for Children Birth Through Age 8
Counseling Individuals Through the Lifespan
Integrating Person, Environment, and the Life Course
Essentials of Human Behavior