Fasting And Prayer Key To Breakthrough

The grace of fasting is a gift from God that positions us to experience more of God's power and affections. We fast to encounter God more and to change the world! Done in the right spirit, fasting increases our receptivity to God's voice and His Word. Jesus called His disciples to fast so as to encounter Him as the Bridegroom God (Mt. 9:15).This book explores the rewards and delights that come to those who fast, and is designed to equip believers to embrace the discipline, grace, and joy of fasting, that they might more fully encounter Jesus as their heavenly Bridegroom.

Insightful and heart-warming, this classic book is written for those who seek to know God better. It unfolds life-impacting, biblical truths and has been called a "soul-stirring celebration of the pleasures of knowing God."

This book contains the essence of Gordon Lindsay's teaching on prayer, and is regarded by many in the charismatic world as a classic work on this vital subject.

Become a World-Shaper. The times we are living in are scary, to say the least. The world is unstable. Global politics are volatile. The rate of change we now experience is spiraling out of control. We're uncertain about what will happen tomorrow, and we feel helpless to do anything about it. Yet what we are facing isn't new. In the past, there have been many wars. There have been threats and acts of terrorism. History is spotted with violent episodes of unimaginable carnage and horror. And what did people do about them? The only thing they could do: they prayed! Discover with Derek Prince how your prayers and fasting can change the world. Using experiences from his own life, he illustrates how you can make a difference. You don't have to fight. You don't have to hold high political position. You don't have to be a certain age. You don't even have to have power, money, or influence on earth. What is important is your influence in heaven. Learn to touch the heart of God through prayer—prayer that will change the world!

Keys To Successful Fasting

The Jesus Fast

The Fasting Prayer

Key Principles of Biblical Fasting

SKILL WILL BRING SUCCESS

Opening the Door to a Deeper, More Intimate, More Powerful Relationship with God

The personal study guide leads individuals through the nine fasts described in Dr. Towns's bestselling book Fasting for Spiritual Breakthrough. By the use of questions, the reader is guided through the different purposes and elements of each type of fast. It is for every Christian who is seeking a deeper relationship with God, a strengthened faith, an understanding of the relationship with God, and an understanding of the discipline of fasting. This study can be used by individuals for personal study or as a test for small Bible study groups.

This handbook is a comprehensive guide to an entire fasting course, recipes included. Aage's personal biography, spiritual experiences told through extended allegories, as well as principles and practices, express what he has learned and taught in his more than forty years of Holy Spirit-filled, revolutionary Christian living.

Ready for Revival? It's Time to Relearn Prayer and Fasting. This book is for Christians who are waking up from the uneasy peace churches have made with the way things are. The modern church's contentedness in maintaining membership rolls doesn't compare with the early church's zeal for spreading the gospel far and wide. For Christians ready for revival, it's time to reintroduce serious prayer and fasting--not as sporadic irregularities but as serious habits. Beyond telling us that we need to pray and fast, David Roadcup and Michael Eagle describe how these practices can become part of our daily and weekly rhythms. Christians must be realistic about common hindrances to these practices and receive practical help about how to move forward despite the inhibitions and idolatries which often get in our way. Prayer and Fasting combines biblical teaching, spiritual insight, and scientific research to help us intentionally pursue revival. The power of the Holy Spirit has enflamed disciple-making movements all throughout history as faithful disciple makers have prayed and fasted. To help us powerfully impact our churches, cultures, and countries for Christ, David and Mike have prepared this helpful manual. Let's intentionally and faithfully put their words into practice! -- DR. TONY TWIST, President & CEO, TCM International Institute Every Christian seeking revival needs to read this practical primer on prayer and fasting. Leading disciple-making experts agree that acknowledging the power of the Holy Spirit through prayer and fasting is key for breakthrough. Roadcup and Eagle show us both the "why" and the "how" to this vital element of our faith. -- DR. BOBBY HARRINGTON, Pastor, Author, Point Leader of Renew.org & Discipleship.org DAVID ROADCUP is Professor of Discipleship and Global Outreach Representative for TCM International in Indianapolis, Indiana. He is one of the founding members of Promise Keepers and one of the three founding members of e2: effective elders. Dr. Roadcup has authored numerous articles and authored or co-authored a dozen books. MICHAEL EAGLE is Physician Assistant in Orthopedic Surgery at Vanderbilt University Medical School and previously at Mayo Clinic. He has run eighteen marathons, completed two Ironman events, and has an interest in nutrition, exercise, and fasting. Michael is an elder at Harpeth Christian Church and a graduate of TCM's Discipleship Program.

The Christian life isn't very complicated; but we've made it so through our ignorance of principles central to the Christian walk. There are some basics with which people need to be equipped to live a more victorious Christian life. Tony Evans has heard the people's cry for these sometimes difficult principles to be made simple and explained clearly and succinctly. In his new Tony Evans Speaks Out . . . booklet series, Evans tackles four basic elements of Christianity with a clarity and simplicity characteristic of his popular style.

What on Earth Am I Here For?

Fasting for Spiritual Breakthrough

Experiencing the Power and Affections of God

A 6-Week, No-Homework Bible Study

The Purpose Driven Life

A Handbook for Revolutionary Christian Living

Matthew 17:21 tells us that there are some spirits in a person, region, or nation that cannot be overcome without fasting. Many believers struggle with certain limitations that they cannot seem to break through. A revelation of the power of fasting will result in victories that would not be ordinarily obtained. A life of consistent fasting will cause many victories to manifest. God's will is for every believer to live a life of victory with nothing being impossible. There is freedom from the torment of the enemy! Best-selling author and trusted teacher on deliverance, John Eckhardt reveals strongholds that can be broken including poverty, sickness, witchcraft, sexual impurity, pride, fear, confusion, and marital problems. Fasting will help readers to overcome these manifestations of oppression and break free from their limitations.

The book shares with its readers relevant and biblical insights as it relates to gaining strength through FASTING. Even though FASTING is a key component, yet, its cousin, FAITH places an integral part in the total process.

Discover and fulfill your God-given purpose by joining the more than thirty-five million others who have embarked on a spiritual journey that started with this #1 New York Times bestselling book by Pastor Rick Warren. Before you were born, God knew what your life had in store for you. His hope for you is to discover the life he created just for you--both here on earth, and forever in eternity. Let Rick Warren guide you as you learn to live out your true purpose. The Purpose Driven Life is more than a book; it's a road map for your spiritual journey. Combining thoughtful verses from Scripture with timely stories and perspectives from Warren's own life, The Purpose Driven Life will help you discover the answer to one of life's most important questions: What on earth am I here for? Throughout The Purpose Driven Life, Warren will teach you to spend time getting to know yourself and your creator in order to live your life to the fullest. Unlocking your true purpose will also reduce your stress, simplify your decisions, increase your satisfaction, and, most importantly, prepare you for eternity. Designed to be read over the course of forty-two days, The Purpose Driven Life will help you see the big picture, giving you a fresh perspective on the way that the pieces of your life fit together. Every chapter of The Purpose Driven Life provides a daily meditation and practical steps to help you uncover and live out your purpose, starting with exploring three essential questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? Each copy of The Purpose Driven Life also includes thoughtful discussion questions, audio Bible studies that go along with every chapter, and access to a supportive online community, giving you the opportunity to dive even deeper into each life-changing lesson.

Television host, widely traveled speaker, and communicator Marilyn Hickey reveals the surprising power and rich benefits of fasting in her 21-day program.

The Catholic Gentleman

Learn How to Start Your Personal Journey Resilience Guide to a Successful Deeper Self Love, Faith Challenge and More Powerful Relationship with God to Spiritual Breakthrough

Desiring God

The Key to Releasing God's Power in Your Life

The Power of Prayer and Fasting

DISCOVERING YOUR STRENGTH THROUGH FASTING

Dr. Rosetta Stamp is an international teacher, Author, Motivational Speaker, Lecturer, Businesswoman, Advisor and Minister, teaching the body of Christ how to live a victorious and powerful life in Christ. She accepted Jesus Christ as her Lord and savior at the age of five. Dr. Rosetta Stamp is the President and Founder of Caribbean Theological College (CTC), and Liberty Bible Institute (LBI). She is an International Evangelist and motivation speaker. Her mission is to proclaim Jesus Christ to the nations. Her favorite expression is to God be the Glory Great things he hath done. If you are interested in having Dr. Rosetta Stamp come to your area for conferences or workshops, write, phone or e-mail. Caribbean Theological College P.O. Box 5596 Kingston 6, Jamaica, W.I. Telephone: (876) 538.3623, (876) 770-7182 Email:rosetta.stamp@live.com

Fasting is an important key to successful Christian living. It is found throughout the Bible, yet it has been largely set aside by the church. Discover how to release the power of prayer and fasting in your life with this handbook by Derek Prince. In his clear, easily understood teaching style, he explains that this power is immeasurable when fasting is practiced with right motives and in accordance with the principles of Scripture.

Do you feel stuck? Is there one area of your life that just won't change, no matter how hard you work, believe, and cry out to the Lord? When the enemy holds ground in one part of our life, it tends to consume most of our thoughts. That one area can cost us emotional health, quality relationships, and even the ability to enjoy life. But we don't have to put up with it. It's time to fight back! Fasting is God's secret weapon against the enemy's strongholds. Jesus even said that some evil spirits cannot be cast out except by prayer and fasting. That should tell us a lot about the power of this weapon—it's basically God's nuclear option. The Jericho Fast guides readers through a 7-day fast to achieve breakthrough for the stubborn areas of their lives. Minister and author Rhoda Faye Diehl expertly imparts wisdom and biblical truth throughout the book to help you overcome lies used by the enemy to erect walls in your life. She also provides strong encouragement and exhortation to help readers complete the fast and make it through to their victory. Are you ready for breakthrough? Are you ready for the walls to come down? Let's go!

Has your prayer life stalled? Confused about fasting? Struggling to find a fruitful and fulfilling prayer life? Do you find you don't know what to pray many times? Perhaps you're a new Christian who needs guidance on how to pray?This handbook was written for all Christians, regardless if you have been saved for 50 years or 50 seconds. Regardless of your status, this handbook will energize and invigorate any Christian's prayer and fasting life. The Walk Applied Fasting and Prayer Handbook is sure to help you in your daily walk with Jesus! Rev. Marica's book is loaded with sample prayers and many suggestions as to how to energize and invigorate your prayer life! There's also a discussion on the importance of fasting. Here's the expanded Table of Contents: "Gods Chosen Fast" 1 Fasting should be a customary practice Why we should fast 5 types of fasts Jehosophats great petition How often should we fast? Prayer: The Foundation. 7 Key Principles Of Prayer 9 Key #1: Pray according To His will Key #2: Pray in the name of Jesus Key #3: Pray in faith Key #4: Pray together Key #5: Pray together with your spouse Key #6: Pray scripture Key #7: Believe and expect to receive Key #8: Pray the answer, not the request Key #9: Pray BIG! Key #10: LISTEN! Key #11: Start with 15 minutes a day Key #12: Keep asking, seeking and knocking Key #13: Always bless; never curse Key #14: Bless Israel daily Key #15: Jesus is always the object! Not "prosperity theology"! Some caveats: Prayer Topics We Should Pray 23 Blessing Favor Forgiveness Growth Healing & Peace Hope IncreaseInfluence Jesus Intervention "Position" Provision Praise & Worship Renewal/Recommit Repentance Restoration Revival Praying Continually Via Praise.. 27 On repetitive prayer Suggested Prayers 33 Anointing Blessing Clarity Debt Dedication Faith Favor Finances Future Plans Healing Hope Increase Godly Influence Jesus Intervention Peace Renewal Revelation Revival Supplication Reveal the Truth Wisdom & Discernment Daniel's great prayer of Repentance and Revival Biblical Meditation 41 The "Single Passage" method The "Continual Praise" methodThe Power Of Praying Scripture 47 Examples Of Scripture Prayer 51 Blessing: 1 Chron 4:10-11 Faith: John 14:6 Jeremiah 6:16 Matthew 6:9-13 (The Lord's Prayer) Ps. 23 Ex. 3:6 & Ps 31;3 Ps. 3:3-8 Pr. 16:3 Pr. 16:9 Ps. 37:3-7 Ps. 37:23 Ps. 37:39-40 Favor: Neh. 1:11 Godly Influence: 1 Chr. 4:10 (The prayer of Jabez) Healing: 2 Kings 20:5 Ps. 6:2 Ps. 30:2 Ps. 41:4 Ps. 107:20 Peace Ps. 55 Nu. 6:26 Ps. 4:8 Ps. 29:11 Ps. 34:14 Ps. 85:8 Is. 26:12 Repentance: Ps. 51 Resist Temptation: Ps. 119:133 James 4:7 Submission: Ps. 91 Rom. 12:2-3 Warfare: Eph. 6:13-17 Wisdom: Eph. 1:17 James 1;5-8 Pro. 3:5-6 A Sample Prayer Regimen 63 Your Personal Prayers 75 Your Personal Prayer Journal 81

Fasting

Holy Bible

The Ministry of Fasting and Prayer

How to Break through Walls with Prayer and Fasting

Prayer and Fasting Intimacy

A step by step guide in experiencing extraordinary results through fasting

The theme for this book is a Bible verse from Ecclesiastes 10:10. It says, "If the ax is dull and its edge unsharpened, more strength is needed, but skill will bring success."One of the keys to succeeding in life is you have to be skilled. You could be the hardest working person on the planet. You could be the most sincere person in the world, but if you don't have the right life skills you cannot succeed in life. Moreover, the more skillful you become the more successful you'll be.In this book, Mike Prah draws from the lives of winners like Moses, David, Nehemiah, Joseph, Job, Solomon, Peter and others to present a compelling, actionable prescription for personal growth and success. Mike teaches proven skills you'll need in order to achieve emotional, spiritual, mental, financial, vocational and relational success.Mike gives you actionable steps to lead to your victory. You will be uplifted by his practical presentation of timeless truth in an easy to read, fun style.Come soar with the winners and fly higher than your wildest dreams! PASTOR MIKE KOFI PRAHFollowing after his father (Dr. Isaac Kwesi Prah) and mother's (Rev. Joana Prah) footsteps, Mike felt a call to ministry at an early age of 15 and has been preaching the gospel for over 35 years. Mike's simple goal in ministry is to bring people to Jesus, develop them to Christ-like maturity, and equip them for their life mission to the glory of God.Mike is the founder and teaching pastor of Life and Salvation Church in Maryland, USA. He is a native of Ghana, West Africa and currently resides in Maryland. Mike is happily married to his sweetheart, Mildred. They are blessed with three wonderful daughters, Eliana, Daria, and Abigail.To learn more about Mike and to receive additional resources, please visit www.mikeprah.comTo request Mike to speak at your church or leadership event, please email at mike@mikeprah.comConnect with Mike Prah on Facebook, Twitter, Instagram, and LinkedIn."

This book was written under an inspiration I received from the Lord. By the special grace of God, I have been practicing this ministry of fasting for some time now and this book seeks to help you understand what it means to fast, the proper attitude you need to maintain during a fast, and the proper ways of breaking a fast at any length.

Satan is having a field day, diverting the attention of God's people away from their Lord. The Enemy of our souls is so afraid of our unused power in God that he is trying to confuse us, individually and collectively. Through fasting and prayer, we can access that unused power and can be victorious.

A reasonably priced, quality black hardcover pew and ministry Bible featuring a large 12-point font.

Prayer & Fasting

21 Days That Can Change Your Life

Meditations of a Christian Hedonist

America's Call to Fast, Pray, and "seek God's Face"

The Walk Applied

Nine Keys to Successful Fasting for Spiritual Breakthrough.

Jesus did not say, "If you fast," but rather, "When you fast." As you read Derek Prince's biblical teaching on fasting, you will discover answers to such questions as: Why should I fast? What happens during a fast? What are the rewards of fasting? How long should I fast? How should I break a fast?

Popular pastor Floyd's insights on the often overlooked, always faith-strengthening discipline of prayer and fasting have been revised for this updated edition.

The Coming RevivalAmerica's Call to Fast, Pray, and "seek God's Face"New Life Publications

What it means to be a man or a woman is questioned today like never before. While traditional gender roles have been eroding for decades, now the very categories of male and female are being discarded with reckless abandon. How does one act like a gentleman in such confusing times? The Catholic Gentleman is a solid and practical guide to virtuous manhood. It turns to the timeless wisdom of the Catholic Church to answer the important questions men are currently asking. In short, easy- to-read chapters, the author offers pithy insights on a variety of topics, including • How to know you are an authentic man • Why our bodies matter • The value of tradition • The purpose of courtesy • What real holiness is and how to achieve it • How to deal with failure in the spiritual life

Fasting for Breakthrough and Deliverance

A Hunger for God

The Call to Awaken the Nations

Living Authentic Manhood Today

Breaking Through to Higher Places

There is an appetite for God. And it can be awakened. I invite you to turn from the dulling effects of food and the dangers of idolatry, and to say with some simple fast: "This much, O God, I want you." Our appetites dictate the direction of our lives - whether it be the cravings of our stomachs, the passionate desire for possessions or power, or the longings of our spirits for God. But for the Christian, the hunger for anything besides God can be an arch-enemy. While our hunger for God - and Him alone - is the only thing that will bring victory. Do you have that hunger for Him? As John Piper puts it: "If we don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because we have nibbled so long at the table of the world. Our soul is stuffed with small things, and there is no room for the great." If we are full of what the world offers, then perhaps a fast might express, or even increase, our soul's appetite for God. Between the dangers of self-denial and self-indulgence is this path of pleasant pain called fasting. It is the path John Piper invites you to travel in this book. For when God is the supreme hunger of your heart, He will be supreme in everything. And when you are most satisfied in Him, He will be most glorified in you.

Would You Like To Know God Personally? This phamplet outlines four principles which will help you discover how to know God personally and experience the abundnat life He promised.

A Passionate, Prophetic Summons to Prayer and Fasting We are poised at a key moment in history. Amidst pain and chaos, we can turn the tide of evil in our lands. With excitement and profound insight, seasoned prophetic leader Lou Engle shows how: through bold faith and aggressive, passionate prayer and fasting. Here he equips you with the dynamic, practical tools you need to answer the call of countercultural consecration. Using Jesus as the role model, he reveals that 40 days of prayer and fasting always precede breakthrough, revelations of God's glory, breakage of demonic hindrances, and more. As we join together in fasting and intercession, we'll see victory in the critical issues of our day--and we'll awaken the nations for Christ. Global revival and transformation is imminent. Will you answer the call?

Every day, we hear dozens of outside opinions: from our spouses and our family members to our coworkers and our church community, but how can we shift our focus away from the clamor of other voices so we don't miss what God is trying to tell us? How to Listen to God helps you distinguish God's voice from all the rest. Bestselling author Dr. Charles Stanley shares the lessons he's learned on his own journey to listening to the God who wants to communicate personally with you, including: How God gets your attention Four ways God speaks to you The importance of your own spiritual mindset Scriptural guidelines for recognizing God's voice The joys and fruits from listening to God Ten hindrances to hearing God Along the way, you'll learn firsthand that just a few minutes of sitting before the God who speaks can transform a life, refocus a mind, and reset purpose and direction for eternity. The sad heart is cheered, the confused mind is ordered, the pessimistic outlook is eliminated, the lonely spirit is befriended, the rebellious will is subdued, and the drifting seeker is made steadfast. Join Dr. Stanley as he shows us that we've never been more equipped to confidently hear from God. How to Listen to God will teach you that God's voice waits to be heard and, when we've finally heard it, we're launched into the greatest, most exciting adventure we could ever imagine.

The Master Key to the Impossible

The Ultimate Guide to the Daniel Fast

Atomic Power with God, Through Fasting and Prayer

The Rewards of Fasting

Prayer and Fasting

A Practical Guide to Nine Biblical Fasts

The Ultimate Guide to the Daniel Fast is an inspiring resource for Christians who want to pursue a more intimate relationship with God through the 21-day commitment to prayer and fasting known as the Daniel Fast. As you deny yourself certain foods—such as sugars, processed ingredients, and solid fats—you will not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides 21 thought-provoking devotionals for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time focusing on God. You will also discover that "to fast" means "to feast" on the only thing that truly nourishes?God's powerful Word. For more info, please visit www.ultimatedanielfast.com.

Our nation is in a moral free fall and the Church for the most part is spiritually impotent. What can we do to stop the tragic decline? The only answer is to "seek God's face" through fasting and prayer.

When the author began to study the subject of fasting some years ago he was shocked by the number of biblical references he found referring to it. Clearly fasting was not some biblical "side issue," but a central element of spiritual life. Fasting is a discipline that has been practised by many influential men and women of God throughout church history with dramatic results. The author says, "Fasting has become an essential part of my walk with the Lord. It continues to amaze me that I lived for so long without this key that unlocks so many blessings." Using the metaphor of a key, this book discusses how Fasting will unlock the blessings of God.

Treatise on religious fasting, with many graphic illustrations and diagrams and 100 reasons why we should fast. This book, which provided detailed information on the methods and benefits of fasting, was an immediate success and brought the author considerable fame. According to him, all of the major evangelists began following his fasting regime and miracles erupted everywhere. Many observers of the early revival years agreed, as one said, "Every one of these men down through the years followed Franklin Hall's method of fasting."

God's Gateway to Spiritual Breakthroughs

Would You Like to Know God Personally? PK 25

The Jericho Fast

Tony Evans Speaks Out on Fasting

Shaping History Through Prayer and Fasting

The Coming Revival

" And, behold, I send the promise of my Father upon you: " To obtain the " power, " the commandment given to us by Jesus: " Tarry ye in the city of Jerusalem (your present city) until ye be endued with power from on high " (Luke 24:49) must be obeyed. Many Christians claim the experience of Acts 2:4, but they have not attained the experience provided for in Luke 24:49. The progress so far is fine, but the deceiver still has many of us lulled to sleep, deluded, and self-satisfied, far from the goal Jesus intended for us to reach. I once owned an airplane, but owning an airplane and getting the motor going so it will take off with its own power are two different things. If you have the Holy Spirit, He still may not have sufficient sway in your life for you to have the advanced experience of power and the gifts of the Spirit. Many do not seek God far enough, and in quite the right manner to allow the Holy Spirit to exert His power, even though He has been received. Every evidence points to the fact that the early church and apostles put into practice what the church has failed to do today. Therefore, they had an experience that overshadows ours. Every single new testament church was founded in fasting and prayer. Acts 14:23. After Jesus said, " I send the promise of the Father upon you " He also told them, " Tarry . . . until ye be endued with power. " Where there is a lack of perfection and refinement among God ' s people, as there is today, this power and the gifts of the Holy Spirit cannot very well be received by prayer alone. (If they can be received in this manner, I ask, where are they? Even in the days of the apostles, they too, found it necessary at times to employ this method to arrest the flesh and become refined in order to receive this power. They were in a state of perfection that far exceeded ours today. We believe many put into practice the prophet ' s-length fast and obtained the power and gifts. Without following their example and deeds, we are without their mighty experiences. Consecrated fasting acts as a refining fire to the saint of God, and enables him to become purified and cleansed to such an extent he can obtain the power and the gifts of the Spirit. It actually requires a further process of purification and sanctified living to obtain and retain the gifts of the Spirit than otherwise. The best means of reaching that goal is to do as Paul asked us to do, follow him " in fastings often. " This volume endeavors to take what has generally been overlooked, and reveal, perhaps for the first time in detailed form, the secret of the early church. It is made so simple and easy of accomplishment that anyone can have an experience as dynamic as those of any of the apostles and followers of Jesus Christ.

Arthur challenges readers to live out Jesus's two greatest commands--to love God and other people well. Obeying this simple but challenging call can transform one's attitudes, decisions, and relationships. (Practical Life)

Discover the Purpose and Power of Fasting Do you desire to feel His presence, hear His voice, sense His pleasure? Since ancient times, fasting has been considered an essential means of drawing near to God. But this spiritual discipline involves much more than abstaining from food; it goes right to the heart of genuine faith. Through this invigorating study, you ' ll gain a clear understanding of the principles behind this practice and be equipped to make fasting a key part of your relationship with God.

Fasting And Prayer The Key To Releasing God's Power In Your Life And Destiny This beginner's guide will help you get the spiritual breakthrough you need today by teaching you the discipline of prayer and fasting in easy to follow steps! Prayer and fasting are powerful tools every Christian can use to develop and satisfy a hunger for God! Learn how to effectively practice the 9 types of Biblical fasts and grow spiritually. Yes, fasting is a way to take spiritual warfare to the next level and learn: How to pray strategically Why every Christian should fast The do's and don'ts of fasting What to expect before, during and after a fast Intermittent fasting and so much more... Why not grab this opportunity to manifest your greatest inner deposit and become exactly who you desired to be on earth.

Moving with the Spirit to Renew Our Minds, Bodies, and Churches

How to Listen to God

The Fasting Key

The Heart of True Faith

Fasting & Prayer Handbook

Loving God and Others

This Time-Tested Book Will Strengthen Your Faith, Drawing You Closer to God This comprehensive book is for you if you seek a closer walk with God, whether you wonder how to fast or you've been practicing this spiritual discipline for years. As you learn the clear biblical reasons for fasting, you'll also be introduced to nine biblical fasts that God can use for specific physical and spiritual outcomes. These include · The Disciple's Fast--to free yourself and others from addictions to sin · The Ezra Fast--to solve problems, inviting the Holy Spirit's aid · The Saint Paul Fast--to bring clearer perspective and insight in critical decision-making · The Daniel Fast--to gain a healthier life or healing Each fast includes its purpose and biblical basis, why or when to practice this fast, and a practical step-by-step guide as you prepare for it. Now included in the book are new stories from people who have found spiritual breakthroughs in fasting, study questions for individuals or groups, biblical references to fasting, a fasting glossary, and more.

Fasting can be the most exciting spiritual discipline of a Christians life when done with the expectation of a spiritual breakthrough and the understanding that it draws us into a deeper, more intimate relationship with the Lord as he reveals more of himself to us. Our minds and hearts can be pretty locked up to the idea or concept of fasting. Breaking Through to Higher Places gives a glimpse of the fast that Jesus went through and offers nine keys to open up those ideas or concepts to help you realize how quickly fasting can become feasting. Instead of running away from it, you will find yourself running to it.

A guide to biblical fasting discusses how to choose a fast, the connection between fasting and prayer, the essential components of a successful fast, and what to expect mentally, physically, and spiritually.

Fasting: The Key to Spiritual Wisdom

How to Fast Successfully