

Fearless And Free How Smart Women Pivot And Relaunch Their Careers

Body image expert Dr Charlotte Markey helps girls aged 9-15 to understand, accept, and appreciate their bodies.

Jamie Winship spent nearly 30 years living and working in conflict zones, and during that time he has learned an important truth: all human conflict originates from fear, and fear originates from a false view of God, ourselves, and others. Until we exchange what's false for what's real, we will never experience being fully alive, fully human, and fully free. Unpacking the power of knowing our true identity in Christ, Winship takes us on a journey of telling ourselves the truth, changing our mindsets, and experiencing actual life transformation that leads to radical courage in the face of all that life throws at us. With humor, clarity, and real-life practicality, *Living Fearless* is your invitation to listen closely to what God is trying to say to you about himself, about the person he created you to be--and also about all those other people he created and loves. If you want to discover the incredible difference abiding in Christ will make in your life and faith, get ready to do "a new thing" with God.

Women tend to be inherently cautious, to the point of overthinking their every move. This may help them stay safer than their male counterparts, but it also keeps them stuck in the action-first, fake-it-til-you-make-it ethos celebrated in the tech world shaking up the workforce today. What if women embraced the startup spirit? What if they had the confidence to take chances, even if they knew they may fail first? What if instead of agonizing over which step to take, they leapt forward quickly? These are the traits that helped Silicon Valley redefine our culture, and not surprisingly, these are the same lessons that can help all women succeed in all stages of their careers. In *Fearless and Free*, author Wendy Sachs has provided what *O, The Oprah Magazine* has called "pithy, invaluable guidance to women stymied in the workplace." With lessons learned from a wide range of women who faced down fears, roadblocks, and failures to reinvent themselves, Sachs's invaluable resource teaches women how to: □ Boost their confidence □ Sell their story □ Capitalize on their skills and expand them □ Nurture their network □ Brand themselves--without bragging □ Reposition themselves for reentering the workforce □ And much more! By taking the disruptive methods that helped Silicon Valley send shockwaves across industries, *Fearless and Free* seeks to empower women in the workforce, showing them how to lean into their strengths, increase confidence, and make their impact known loud and clear.

An emboldening, exquisitely illustrated picture book of reimagined fairy tales with a feminist twist, perfect for fans of the classic stories, Disney lovers, and readers of *Goodnight Stories for Rebel Girls*! They may be small, but they're big of heart— kind and cheerful, brave and smart. And so with courage, hope, and laughter they make their own "happily ever after." In this treasury of modern fairy tales, the heroines make their own way to happily ever after, and there isn't a damsel in distress in sight! Rapunzel, Little Red Riding Hood, Cinderella, and Thumbelina don't let fear or self-doubt hold them back. Using their wits, bravery, honesty, and kindness, they problem-solve their way out of tricky situations. See how Rapunzel invents her way out of her tower or Red Riding Hood outsmarts the wolf! Each story has a modern twist, a different illustrator, and all the charm of a classic storybook. This sweet and accessible book is perfect for young princes and princesses learning to have courage and follow their hearts.

Brag Better

The Fearless Rise and Powerful Resonance of Alexandria Ocasio-Cortez

52 Stories of Fearless Daredevils, Adventurers, and Rebels

An Autobiography

Fearless

Live Fearless

Compelling Solutions to Free Your Brain in the Age of Information Overload

Are you tired of the comparison game and trying to keep up? Are you worried that people will discover the real you and be disappointed? Sadie Robertson, New York Times bestselling author, has an important message for her generation: you don't have to be held back by fear, anxiety, or loneliness anymore. In *Live Fearless*, Sadie takes you on a liberating journey out of fear and into freedom and a life of passion and purpose! No matter who you are, where you come from, or what your fears are, freedom is available to you in Jesus. The Bible is full of encouraging verses and stories to equip and inspire you in your daily battle against your fears. Sadie invites teens and young adults to set aside fear, anxiety, and comparison so they can become the joy-filled person God created them to be believe they are seen and known recognize and resolve FEAR—False Evidence Appearing Real be an agent of change by choosing compassion, connection, and acceptance Inside *Live Fearless* you'll find interactive opportunities as Sadie asks you questions, presents challenges, delivers encouragement, and invites you to pray fun lists and practical ways to make changes, such as "7 Steps to Exhale Your Ugly" inspirational thoughts on how living fearlessly can change everything *Live Fearless* is the perfect gift for young Christian women on birthdays, for graduation, or as a "just because" gift to encourage self-care and confidence. It's time to fight your fears and live fearless. Sadie is a wholesome and trusted role model and enthusiastic voice for her generation, reaching millions of teens, young adults, and parents through her books, social platforms, and hit podcast, *WHOA That's Good*. Look for additional inspirational, bestselling books from Sadie: *Live Fearless Live on Purpose Who Are You Following? Who Are You Following? Guided Journal* *Mayim Bialik, Jeopardy!* host and star of *The Big Bang Theory*, puts her Ph.D. to work as she talks to teens about the science of growing up and getting ahead. A must-have book for all teenage girls. Growing up as a girl in today's world is

no easy task. Juggling family, friends, romantic relationships, social interests and school...sometimes it feels like you might need to be a superhero to get through it all! But really, all you need is little information. Want to know why your stomach does a flip-flop when you run into your crush in the hallway? Or how the food you put in your body now will affect you in the future? What about the best ways to stop freaking out about your next math test? Using scientific facts, personal anecdotes, and wisdom gained from the world around us, Mayim Bialik, the star of *The Big Bang Theory*, shares what she has learned from her life and her many years studying neuroscience to tell you how you grow from a girl to a woman biologically, psychologically and sociologically. And as an added bonus, *Girling Up* is chock-full of charts, graphs and illustrations -- all designed in a soft gray to set them apart from the main text and make them easy to find and read. Want to be strong? Want to be smart? Want to be spectacular? You can! Start by reading this book. Praise for *Girling Up*: "Bialik is encouraging without being preachy . . . many teens will be drawn to this engaging and useful book." --Booklist "Ultimately, the author stresses that 'Girling Up' does not end with adulthood—it is a lifelong journey. Thanks to Bialik, readers have a road map to make this trip memorable." --School Library Journal "Written in conversational style . . . the tone remains understanding, supportive, and respectful of the reader's individuality throughout the text." --VOYA

Make the most of your creative and intellectual gifts by overcoming the unique challenges they bring with this guide by the author of *Natural Psychology*. Many smart and creative people experience unique challenges as a result of their valuable gifts. These can range from anxiety and over-thinking to mania, depression, and despair. In *Why Smart People Hurt*, creativity coach Dr. Eric Maisel pinpoints these often-devastating challenges and offers solutions based on the groundbreaking principles and practices of natural psychology. Are you still searching for meaning after all these years? Many smart people struggle with reaching for or maintaining success because, after all of the work they put into attaining it, it still seems meaningless. In *Why Smart people Hurt*, Dr. Maisel will teach you how to stop searching for meaning and create it for yourself. In *Why Smart People Hurt*, you will find: · Evidence that you are not alone in your struggles · Strategies for coping with a brain that goes into overdrive at the drop of a hat · Questions that will help you create your own personal roadmap to a calm and meaningful life

What Smart Women Know is a straightforward and honest guide from women who have learned the hard way how to be smart about men.

Girling Up

The Story of Daphne Caruana Galizia

The Fearless Organization

Living Fearless

What Smart Women Know

Master the Art of Fearless Self-Promotion

How She Really Does It

The True Story of Brittany Moser: Discovering Life in the Midst of Loss I am writing this book to tell our story, of how Brittany's short life truly made a difference to me and many others. She taught us: How precious the one life we have is and how we can affect the people around us. How keeping an open mind and a positive attitude can inspire us to do things we never thought possible. How to move out of what makes us comfortable and into a challenging existence which can turn every day into an exciting gift to be explored. How not to be controlled by fear, but to use our untouched abilities to seek unique, positive, and inspiring adventures we could never have imagined. To embrace change as a natural part of life. To enjoy every moment because there are no guarantees in this world. And finally, we won't be remembered by our things or our savings accounts, but how we made people feel when we interacted with them. This is a story about the life of Brittany, our spirited, happy-go-lucky child who enjoyed every moment and has helped me to live my life to its fullest. She taught me how to laugh, to love, and to live in a way I never dreamed possible. This book is not about the grief of losing a child, but about making the most out of what we are given and living our lives positively and not out of fear. Brittany inspired me, an ordinary farm boy, to explore life, to climb mountains, and to write a book. Her story must be told. It's the just right thing to do. A portion of the proceeds from each sale of this book will be donated to the National Adrenal Disease Foundation (NADF) to help support those with Addison's Disease.

Live vibrantly, love openly, and embody kindness with daily devotions from New York Times bestselling author Victoria Osteen! Victoria Osteen wants you to start your day by daringly moving in the right direction. In this new and empowering devotional, *Fearless and Free*, you will find inspiration that will equip you to live boldly, courageously and fully confident in who God created you to be. Victoria provides you with new insights that will inspire you to anticipate good things and know that God has given you the strength for every battle. Live every day knowing you are fearless, free, and fully prepared for the life God meant for you to live.

"A marvelous addition to the literature of inspirational sports stories." - Booklist (Starred Review) "This remarkable and inspiring story shines." - Publishers Weekly (Starred Review)

"Crossing the Line will not just leave you with hope, but also ideas on how to make that hope transferable" - New York Times bestselling author Wes Moore An inspiring memoir of defying the odds from Kareem Rosser, captain of the first all-black squad to win the National Interscholastic Polo championship. Born and raised in West Philadelphia, Kareem thought he and his siblings would always be stuck in "The Bottom", a community and neighborhood devastated by poverty and violence. Riding their bicycles through Philly's Fairmount Park, Kareem's brothers discover a barn full of horses. Noticing the brothers' fascination with her misfit animals, Lezlie Hiner, founder of The Work to Ride stables, offers them their escape: an after school job

in exchange for riding lessons. What starts as an accidental discovery turns into a love for horseback riding that leads the Rossers to discovering their passion for polo. Pursuing the sport with determination and discipline, Kareem earns his place among the typically exclusive players in college, becoming part of the first all-Black national interscholastic polo championship team—all while struggling to keep his family together. *Crossing the Line: A Fearless Team of Brothers and the Sport That Changed Their Lives Forever* is the story of bonds of brotherhood, family loyalty, the transformative connection between man and horse, and forging a better future that comes from overcoming impossible odds.

An Indie Next Pick! Avie Reveare has the normal life of a privileged teen growing up in L.A., at least as normal as any girl's life is these days. After a synthetic hormone in beef killed fifty million American women ten years ago, only young girls, old women, men, and boys are left to pick up the pieces. The death threat is past, but fathers still fear for their daughters' safety, and the Paternalist Movement, begun to "protect" young women, is taking over the choices they make. Like all her friends, Avie still mourns the loss of her mother, but she's also dreaming about college and love and what she'll make of her life. When her dad "contracts" her to marry a rich, older man to raise money to save his struggling company, her life suddenly narrows to two choices: Be trapped in a marriage with a controlling politician, or run. Her lifelong friend, student revolutionary Yates, urges her to run to freedom across the border to Canada. As their friendship turns to passion, the decision to leave becomes harder and harder. Running away is incredibly dangerous, and it's possible Avie will never see Yates again. But staying could mean death. From Catherine Linka comes this romantic, thought-provoking, and frighteningly real story, *A Girl Called Fearless*, about fighting for the most important things in life—freedom and love.

Love Yourself and Grow Up Fearless

Motivational Notebook, Journal, Diary (110 Pages, Blank, 6 X 9)

Adventures in Love and War

How Smart Women Pivot—and Relaunch Their Careers

Proven Tools to Help You Raise Smart and Savvy Online Kids

A Fearless Team of Brothers and the Sport That Changed Their Lives Forever

Fearless and Free Six Lessons

Now a major motion picture starring Cole Sprouse and Haley Lu Richardson! Goodreads Choice Winner, Best Young Adult Fiction of 2019 In this #1 New York Times bestselling novel that's perfect for fans of John Green's *The Fault in Our Stars*, two teens fall in love with just one minor complication—they can't get within a few feet of each other without risking their lives. Can you love someone you can never touch? Stella Grant likes to be in control—even though her totally out of control lungs have sent her in and out of the hospital most of her life. At this point, what Stella needs to control most is keeping herself away from anyone or anything that might pass along an infection and jeopardize the possibility of a lung transplant. Six feet apart. No exceptions. The only thing Will Newman wants to be in control of is getting out of this hospital. He couldn't care less about his treatments, or a fancy new clinical drug trial. Soon, he'll turn eighteen and then he'll be able to unplug all these machines and actually go see the world, not just its hospitals. Will's exactly what Stella needs to stay away from. If he so much as breathes on Stella she could lose her spot on the transplant list. Either one of them could die. The only way to stay alive is to stay apart. But suddenly six feet doesn't feel like safety. It feels like punishment. What if they could steal back just a little bit of the space their broken lungs have stolen from them? Would five feet apart really be so dangerous if it stops their hearts from breaking too?

NAMED ONE OF AUGUST'S BEST NEW BOOKS BY CNN | ON Cosmo's LIST OF 12 BOOKS YOU'LL BE DESPERATE TO READ THIS SUMMER | ONE OF Autostraddle's 60 QUEER & FEMINIST BOOKS COMING YOUR WAY THIS SUMMER | A 2020 TITLE TO WATCH BY Library Journal | LISTED ON Marie Claire's POLITICAL BOOKS TO READ With a preface by Keegan-Michael Key In the vein of Notorious RBG, seventeen writers explore the multiple meanings of a young Latina politician who has already made history. From the moment Alexandria Ocasio-Cortez beat a ten-term incumbent in the primary election for New York's 14th, her journey to the national, if not world, stage, was fast-tracked. Six months later, as the youngest Congresswoman ever elected, AOC became one of a handful of Latina politicians in Washington, D.C. Just thirty, she represents her generation, the millennials, in many groundbreaking ways: proudly working class, Democratic Socialist, of Puerto Rican descent, master of social media, not to mention of the Bronx, feminist—and a great dancer. AOC investigates her symbolic and personal significance for so many, from her willingness to use her imperfect bi-lingualism, to why men are so threatened by her power, to the long history of Puerto Rican activism that she joins. Contributors span a wide range of voices and ages, from media to the arts and politics: Keegan-Michael Key — Preface Lynda Lopez — Introduction: "The Meaning of AOC" Jennine Capó Crucet — "An Open Letter to Congresswoman Ocasio-Cortez" Andrea González-Ramírez — "Women Like Me Aren't Supposed to Run for Office" Patricia Reynoso — "'The First Latina to . . .'" Pedro Regalado — "'Pa' lante!': The Long History of Puerto Rican Activism in New York City" Rebecca Traister — "The Imagined Threat of a Woman Who Governs Like a Man" Natalia Sylvester — "In No Uncertain Terms" Erin Aubry Kaplan — "The Center Will Not Hold. Alexandria Ocasio-Cortez Is Counting on It" Tracey Ross — "A Just Society" Carmen Rita Wong — "Latinas Are So Money" Mariana Atencio — "AOC the Influencer" Wendy Carrillo — "What AOC and I Learned at Standing Rock" Nathan J. Robinson — "The Democratic Socialism of AOC" Prisca Dorcas Mojica Rodriguez — "On Being an Indignant Brown Girl" Elizabeth Yeampierre — "Making the Green New Deal the Real Deal" María Cristina "MC" González Noguera — "The Hustle"

Instagram superstar and New York Times bestselling author of *Juno Valentine* and *the Magical Shoes* Eva Chen shines a spotlight on 20 amazing women—including Megan Rapinoe, Sonia Sotomayor, Shirley Chisholm, Greta Thunberg and more!—in *3 2 1 Awesome!* a sassy and fun counting board book, perfect for the youngest of budding feminists. Why stick to counting on fingers and toes when you can count: 3 straight sets for Billie Jean King's historic win... 2 groundbreaking suffragettes named Susan B. Anthony and Elizabeth Cady Stanton... 1 singular, sensational YOU! With Derek Desierto's bold and vibrant art, Eva fans and readers of all ages will be transported through "herstory."

A brilliant, inclusive collection of traditional tales from around the world featuring amazing women and girls. Once upon a time, there was a handsome prince who – no, that's not right! Once upon a time, there were strong, fierce women who plotted, schemed, took action, showed kindness, used magic and trickery, and made their own destiny. From the long-haired Petrosinella who escaped the tower and broke the spell that the ogress had cast over her and Nana Miriam who beat a hippo using politeness and magic, to Kate Crackernuts who tried to save her stepsister from her mother's curse, these are stories of girls doing it for themselves! With stories drawn from all over the world, including China, Scotland, Armenia, Italy and Nigeria, Lari Don presents heroine stories that don't leave girls sitting around waiting to be saved by the handsome prince.

20 Fearless Women Who Dared to Be Different

Fearless. Free

AOC

A Guide for the Bright, the Sensitive, and the Creative

A Girl Called Fearless

Discover Your Original Fearless Self

Inspirational Thoughts to Set Your Attitude and Actions for a Great Day!

Conquer the most essential adaptation to the knowledge economy **The Fearless Organization: Creating Psychological Safety in the Workplace for Learning, Innovation, and Growth** offers practical guidance for teams and organizations who are serious about success in the modern economy. With so much riding on innovation, creativity, and spark, it is essential to attract and retain quality talent—but what good does this talent do if no one is able to speak their mind? The traditional culture of “fitting in” and “going along” spells doom in the knowledge economy. Success requires a continuous influx of new ideas, new challenges, and critical thought, and the interpersonal climate must not suppress, silence, ridicule or intimidate. Not every idea is good, and yes there are stupid questions, and yes dissent can slow things down, but talking through these things is an essential part of the creative process. People must be allowed to voice half-finished thoughts, ask questions from left field, and brainstorm out loud; it creates a culture in which a minor flub or momentary lapse is no big deal, and where actual mistakes are owned and corrected, and where the next left-field idea could be the next big thing. This book explores this culture of psychological safety, and provides a blueprint for bringing it to life. The road is sometimes bumpy, but succinct and informative scenario-based explanations provide a clear path forward to constant learning and healthy innovation. Explore the link between psychological safety and high performance Create a culture where it's “safe” to express ideas, ask questions, and admit mistakes Nurture the level of engagement and candor required in today's knowledge economy Follow a step-by-step framework for establishing psychological safety in your team or organization Shed the “yes-men” approach and step into real performance. Fertilize creativity, clarify goals, achieve accountability, redefine leadership, and much more. The Fearless Organization helps you bring about this most critical transformation.

Women have been doing amazing, daring, and dangerous things for years, but they're rarely mentioned in our history books as adventurers, daredevils, or rebels. This new compilation of brief biographies features women throughout history who have risked their lives for adventure—many of whom you may not know, but all of whom you'll WANT to know, such as: • Annie Edson Taylor, the first person who dared to go over Niagara Falls in a barrel • Valentina Tereshkova, the first woman who dared to fly in space • Helen Gibson, the first woman who dared to be a professional stunt person • And many more! This is the perfect read for anyone who wants to know what it means to explore, discover, play, climb, and fight like a girl!

6 week Walking with Purpose women's bible study. Would you like to be rooted and grounded in a love that will never fail you? Do you long to live FEARLESS AND FREE? Life isn't easy, even when we are doing the right thing. Suffering can slam into us from left field, leaving us reeling. We can feel great one day, and down on the mat the next. Join speaker, author and WWP Founder Lisa Brenninkmeyer to hear how you can gain a firm foundation to stand on no matter what life throws your way. Experience being grounded in truth while wrapped in the embrace of the One who loves you completely and without end. WAKEN to the reality of who you are in Christ, and that there's an enemy who seeks to steal your true identity. WRESTLE with the battle in your mind, bringing your thoughts in captivity to Christ. Be strengthened as a WARRIOR so that you can move forward in life, not just surviving, but flourishing. The story, in words and pictures, of the brave and indefatigable woman journalist who exposed the crooked and criminal dealings of leading figures in her home country of Malta. Murdered by the men who could not silence her, Daphne Caruana Galizia has become a hero-figure across the world for everyone who treasures honesty, truth and justice. Daphne Caruana Galizia had a happy childhood with her family on the small island of Malta, loving books, stories and writing. As she grew older, her ambition was to become a journalist and write news stories. And when she started working for newspapers she discovered that there was much to write about in her home country, where greedy and corrupt politicians were making themselves rich rather than working for the good of their people. Fearlessly Daphne exposed criminal and dishonest activities in government through her newspaper articles and she also joined protest marches and made speeches. Her enemies responded with threats and insults and Daphne was imprisoned but she never faltered. Finally her heroic struggle led to her tragic death in a car bomb explosion in October 2017. But since then Daphne has become a hero and an inspiration for everyone,

young and old, across the world, who cares about standing up for truth, honesty and justice.

Why Smart People Hurt

Secrets of Successful Stay-at-Work Moms

Girls in myths and legends from around the world

ANTHEM

Fearless Focus

A Novel

The Courage to Be Free

Are YOU ready to own your power? Imagine yourself three months from today. The fog around your desires and intentions has lifted, and the skies are clear. You are in the driver's seat. You are driven by your mission, connected to your purpose, and feel clear about your vision you want to create. You are living each day on your own terms, and are totally lit up - because you're finally living the life you were meant to live. Sound amazing? It is! But you're not there yet. You're feeling stuck, confused, and burned out. You're ready to make a change, but have no idea where to begin. THIS BOOK IS FOR YOU! Own Your Power is your guide to finally getting clear on what you want to do, be, and create in your life - and then putting that knowledge into action so you can actually CREATE that life! Bailey Frumen's proven process will guide you through the feelings, beliefs, and behaviors that have been holding you back, and show you a new way of being that will skyrocket your success. You will live like the force of nature you are: powerful, fearless, and free. To learn more, visit: www.BaileyFrumen.com

Yes, some women are opting out of their careers, taking an "off-ramp," and heading home to raise their babies. But millions of us cannot make that choice. And millions more choose to work because we love our careers. So how are women holding on to financially necessary, stimulating and rewarding careers and still being engaged mothers? Wendy Sachs, journalist and mother of two, set out to find what's happening at the intersection of motherhood and work today. Based on her in-depth interviews with mothers from diverse backgrounds, *Really Does It* explores the creative and courageous ways in which stay-at-work moms are making it happen. Here are the moms next door as lawyers, doctors, entrepreneurs, fashion designers, journalists, and television personalities-who are navigating the everyday work/home conflicts, and, yes, dealing with the guilt. Through it all, they are empowered career women and caring, present mothers. A modern woman's survival guide, *How She Really Does It* will give you hope that even if you can't have it all, you can have at least some of it all. The creator of the groundbreaking Fearless Living program shows readers how to overcome unrealistic expectations and live a life based on instinct and intention rather than fear, clinging, and regret. Reprint.

I am strong I am kind I am beautiful I am smart I am important I am fearless I am amazing Positive Motivation Notebooks creates mainly high quality notebooks which inspire and gives motivation for our customers , our products also can be useful as a diary. Besides our products, you have a place to keep your daily to-do lists, shopping and grocery lists etc. You can keep notes , write down your thoughts and important things like date of meeting or essential exam , and much more! . Our notebooks cover contain flowers composition , mountain and water landscape and inspiring photos . Every product has a different unique message, motivational quotes ,and design. Little journal notebook to write in , for journaling , for writing , for creation of lists , for Scheduling . For Organizing and Recording your way of thinking and thoughts. Makes an excellent gift for birthdays, Christmas Time , promotion , graduation or any special occasion. -Greatly well-made sized at 6x 9 -110 page -Softcover book -Flexible paperback

I Am Strong I Am Kind I Am Beautiful I Am Smart I Am Important I Am Fearless I Am Amazing

Fairy Tales of Fearless Girls

Fearless Living

Fearless Fighter

Women in Sports

Think Smart, Be Fearless

On Becoming Fearless...in Love, Work, and Life

Fearless and FreeHow Smart Women Pivot--and Relaunch Their CareersAMACOM

Hailed by The New York Times as "a compelling dystopian look at paranoia from one of the most unique and perceptive writers of our time," this brief, captivating novel offers a cautionary tale. The story unfolds within a society in which all traces of individualism have been eliminated from every aspect of life – use of the word "I" is a capital offense. The hero, a rebel who discovers that man's greatest moral duty is the pursuit of his own happiness, embodies the values the author embraced in her personal philosophy of objectivism: reason, ethics, volition, and individualism. Anthem anticipates the themes Ayn Rand explored in her later masterpieces, *The Fountainhead* and *Atlas Shrugged*. Publisher's Weekly acclaimed it as "a diamond in the rough, often dwarfed by the superstar company it keeps with the author's more popular work, but every bit as gripping, daring, and powerful." Anthem is a dystopian fiction novella by Ayn Rand, written in 1937 and first published in 1938 in England. It takes place at some unspecified future date when mankind has entered another dark age characterized by irrationality, collectivism, and socialistic thinking and economics. Technological advancement is now carefully planned (when it is allowed to occur at all) and the concept of individuality has been eliminated.

Author, syndicated columnist, occasional actress, and businesswoman Ariana Huffington examines the ways in which fear affects the lives of women, and the steps anyone can take to conquer fear. Observing that her own teenage daughters were beginning to experience some of the same fears that had once burdened her -- How attractive am I? Do people like me? Do I dare speak up? -- Arianna Huffington was compelled to look at the subject and impact of fear. In stories drawn from her own experiences and with contributions from Nora Ephron, Diane Keaton and many others, she points toward the moments of extraordinary strength, courage, and resilience that result from confronting and overcoming fear. Her book shows us how to become bold from the inside out: from feeling comfortable in our own skin, to getting what we want in love and at work, to changing the world.

New York Times bestseller Rachel Ignotofsky's *Women in Sports* comes to the youngest readers in board format! Highlighting the pioneering efforts of women athletes, this board book edition of the original bestseller features simpler text and Rachel Ignotofsky's signature beautiful illustrations reimagined for younger readers to introduce the perfect role models for inspiring a love of sports. The collection includes diverse women across various sports, time periods, and geographic location. The perfect gift for every future athlete!

The Fight for Freedom, Equality, and Sisterhood

The Body Image Book for Girls

Creating Psychological Safety in the Workplace for Learning, Innovation, and Growth

Proud and Fearless Lion

A Call to Power, Passion, and Purpose

Free and Fearless

Live Without Excuses and Love Without Regret

Do you spend hours on your device, only to look up and wonder where the heck the time went? Do you have trouble focusing on your goals or to-do list? Do you value your time but aren't sure if you're using it wisely? In a world of constant distraction, you NEED the most

efficient solutions possible to maximize your focus and get your mind right. Fearless Focus cuts through the information overload and attention stealers to ask: what exactly are you focused on? Fearless Focus provides simple yet effective solutions that will help you: - Effortlessly improve your self-awareness - Conquer your mindset and habits - Focus intensely towards your goals - Better understand how the brain works - Become conscious of your technological distractions - Reclaim your brain from the stimuli fighting for your attention - Live your life with intention Enjoy this quick read that will shift your thinking and brighten your outlook in an instant. Scroll up and click Buy Now!

“ A gift from a master teacher . . . that will help calm your anxieties, allay your fears, and help you live a more present, precious life. ” —Daniel G. Amen, MD #1 New York Times The End of Mental Illness We were not born with the persistent negative, self-doubting, self-limiting thoughts and feelings most of us carry around. Those limitations are not part of our “ original equipment. ” In the words of bestselling author and beloved teacher Guy Finley, “ When you realize no else on this earth can be like you . . . that no other soul may know the beauty, sorrow, light and darkness you alone are given to see, then you will no longer want to be like anyone else on this earth. You will, at last, be the fearless individual your heart of hearts has called you to be. ” There is a world of wisdom in this small gem of a book. Guy Finley is a master at opening our eyes, ears, and hearts to the plain and simple truths of this life. We are not our sense of inadequacy, our compulsions, our defeated thoughts and feelings. We can choose the fearless path because we were, in fact, born fearless. “ Another brilliant book by Guy Finley which calls us to awaken and stop hiding from ourselves . . . for those who truly want freedom from fear, worry and doubt and the keys to a life that currently appears illusive. ” —DeDe Murcer Moffett, CEO, Snap Out of It! Women ’ s Network “ A source of inspiration and hope, Guy Finley ’ s Courage to Be Free is recommended for anyone—everyone—navigating life ’ s tricky roads. ” —Jordan Rich, former host of The Jordan Rich Show

How can we protect our kids online—and teach them to protect themselves? Do you feel overwhelmed with technology in your home? Do headlines about this app or that website make you feel anxious and undecided as a parent? Do you get advice from many experts—but still feel unclear on what to do? The book unpacks the “ 3 Ms ” of parenting in the digital age, a proven approach used with thousands of parents through the work of Digital Respons-Ability and its founder, Carrie Rogers-Whitehead. When Carrie first started working in the field of digital citizenship, she found significant gaps in how digital parenting was taught. Not only were parents not informed enough around technology, they also didn ’ t understand child developmental stages. Parents ’ expectations for their children were unrealistic because they didn ’ t know how online responsibility changes at different ages, as children ’ s brains change. From this realization, Carrie developed the 3 Ms—three approaches to digital parenting, based on specific age ranges: Model (ages 0-8) Manage (ages 8-13) Monitor (ages 13-18) By teaching parents how to change their approach to digital responsibility based on the developmental stage of their child, she has seen significant success in fostering happier and healthier relationships between parents and kids, as well as safer tech use by kids at all ages. This book presents Carrie ’ s approach in an accessible, easy-to-implement manner, giving all parents the opportunity to develop better tech use in their own homes and families, and to parent confidently and without fear.

"A gorgeously illustrated children's biography of Bill Gates, from his childhood through his days at Microsoft. This is the second book in Little Bigfoot's new Growing to Greatness series on notable people from the Pacific Northwest"--

Exchanging the Lies of the World for the Liberating Truth of God

Experiencing Healing and Wholeness in Christ

3 2 1 Awesome!

Shutterbabe

Fierce, Fearless and Free

Fearless Females

Five Feet Apart

NATIONAL BESTSELLER • The remarkable memoir of an ambitious young photojournalist who went off to war as a twenty-two-year-old girl—and came back, four years and many adventures later, a woman “Eloquent and well observed, not only about the memoirist, but about the world: war, death, photojournalism and, of course, the worldwide battle between the sexes.” —The Washington Post Book World In 1988, fresh out of Harvard, Deborah Copaken Kogan moved to Paris with a small backpack, a couple of cameras, the hubris of a superhero, and a strong thirst for danger. She wanted to see what a war would look like when seen from up close. Naïvely, she figured it would be easy to filter death through the prism of her wide-angle lens. She was dead wrong. Within weeks of arriving in Paris, after begging to be sent where the action was, Kogan found herself on the back of a truck in Afghanistan, her tiny frame veiled from head to toe, the only woman—and the only journalist—in a convoy of rebel freedom fighters. Kogan had not actually planned on shooting the Afghan war alone. However, the beguiling French photographer she’d entrusted with both her itinerary and her heart turned out to be as dangerously unpredictable as, well, a war. Kogan found herself running from one corner of the globe to another, each linked to the man she was involved with at the time. From Zimbabwe to Romania, from Russia to Haiti, Kogan takes her readers on a heartbreaking yet surprisingly hilarious journey through a mine-strewn decade, her personal battles against sexism, battery, and even rape blending seamlessly with the historical struggles of war, revolution, and unfathomable abuse it was her job to record. In the end, what was once adventurous to the girl began to weigh heavily on the woman. Though she had finally been accepted into photojournalism’s macho fraternity, her photographs splashed across the front pages of international newspapers and magazines, Kogan began to feel there was something more she was after. Ultimately, what she discovered in herself was a person—a woman—for whom life, not death, is the one true adventure to be cherished above all.

Vera Chirwa's story is one of betrayal, imprisonment, torture and exile. Yet it is also a story of hope, inspiration and extraordinary bravery. Born in Malawi under British colonial rule, even as a child she was aware of the injustice meted out to her as an African and a girl. While struggling for her education, she met and fell in love with Orton Chirwa, a charismatic teacher and activist. From then on their fates became intertwined with the politics of their country after independence. As a campaigner, politician, lawyer, wife and mother, Chirwa has left an indelible mark on Malawian politics. Her life embodies African struggles against colonialism and corruption. In Fearless Fighter Chirwa talks about her past with immense courage and humour. This powerful and moving book celebrates her achievements and calls for greater awareness of the risks faced by human rights defenders everywhere.

In seventeenth-century England, eleven-year-old Digory becomes an apprentice to the architect Henry Winstanley, who built a lighthouse on the treacherous Eddystone Reef -- the very rocks that sank Digory's grandfather's ship years before. This effortless and unapologetic approach to self-promotion will manage your anxiety and allow you to champion yourself. Does talking about your accomplishments feel scary or icky because you're worried people will think you're "obnoxious"? Does it feel more natural to "put your head down and do the work"? Are you tired of watching the loudest people in your industry get disproportionate praise and rewards? If you answered "yes" to any of the above, you might be self-sabotaging. You need to learn to Brag Better. Meredith Fineman has built a career working with "The Qualified Quiet": smart people who

struggle to talk about themselves and thus go underestimated or unrecognized. Now, she shares the surefire and anxiety-proof strategies that have helped her clients effectively communicate their achievements and skillsets to others. Bragging Better doesn't require false bravado, talking over people, or pretending to be more qualified than you are. Instead, Fineman advocates finding quiet confidence in your opinions, abilities, and background, and then turning up the volume. In this book, you will learn the career-changing tools she's developed over the past decade that make bragging feel easy, including:

- Get remembered by focusing your personal brand and voice on key adjectives (like "effective, subtle, and edgy")
- Practice explaining what you do in simple, sticky terms to earn respect and recognition from the public and people at work.
- Eliminate words that undermine your work and find better ones--like your bio saying you're "trying" or "attempting" to do something instead that you ARE doing it. If you're ready to begin Bragging Better--to telling the truth about your accomplishments with grace and confidence--this book is for you.

The 3 Ms of Fearless Digital Parenting

A Biography of Bill Gates

How to Be Strong, Smart and Spectacular

Women Who Dared

Your Guide to Feeling Powerful, Fearless, and Free

Fearless Athletes Who Played to Win

The oncology intern looked at me with compassion. "Our scans show the cancer has spread. That means it is metastatic and it's incurable." An ominous foreboding gripped my heart as a wave of nausea took my breath away. A thousand thoughts raced through my head: "If only I had-" But somewhere in the depths of my soul, a voice echoed: "Who says it's incurable? This is not too big for me." On the roller coaster of life, many people will at some point experience a shock that hits them out of nowhere, leaving them scrambling to survive. Fearless and Free describes one woman's transformation from devastating fear to victorious freedom. This memoir compiles two decades of learned strategies for not just surviving but thriving after being shackled with a cancer diagnosis. Joy can be found in any journey, from sickness and loss to a worldwide pandemic. Trials are our greatest source of growth, and we have a God who still delights in doing miracles. Find hope and inspiration in the pages of this book to tackle whatever you are facing with courage.

In February 2010 an armed robbery made headlines in South Africa. The couple who were robbed, Louis and Hettie Britz, were well-known in Christian circles. The first headline blurted out the sour note: Gospel singer's wife raped. The next day's lampposts added: Jesus speaks during rape. Louis and Hettie claimed they weren't angry and had already forgiven the robbers and rapist. Hettie also claimed that Jesus spoke comforting words to her before and during the rape. This stirred up some questions: What kind of a God allows these things?

Theologians, psychologists, racists and the mothers of other rape victims soon typed up a flurry of emotional letters. A year later Louis and Hettie started telling the whole story candidly, answering even the most intimate questions about the impact of the robbery and rape on them and their children by revealing parts of the story never mentioned in the newspapers. They share insights and principles for all who long to live a life free of fear and bitterness. Fearless. Free leaves the reader longing for an encounter with the God who is close when our world is at its darkest. It gives hope that even the most broken among us can be made whole again and the most sinful can be forgiven.

6 Lesson Walking with Purpose women's bible study. Would you like to be rooted and grounded in a love that will never fail you? Do you long to live FEARLESS AND FREE? Life isn't easy, even when we are doing the right thing. Suffering can slam into us from left field, leaving us reeling. We can feel great one day, and down on the mat the next. Join speaker, author and WWP Founder Lisa Brenninkmeyer to hear how you can gain a firm foundation to stand on no matter what life throws your way. Experience being grounded in truth while wrapped in the embrace of the One who loves you completely and without end. WAKEN to the reality of who you are in Christ, and that there's an enemy who seeks to steal your true identity. WRESTLE with the battle in your mind; bringing your thoughts in captivity to Christ. Be strengthened as a WARRIOR so that you can move forward in life; not just surviving, but flourishing.

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Fearless and Free

The Amazing Impact of One Precious Life

Own Your Power

Living with Peace and Joy Through Stage 4 Cancer

Crossing the Line