

# Flight Surgeon Waiver Guide

*This manual, TRADOC Pamphlet TP 600-4 The Soldier's Blue Book: The Guide for Initial Entry Soldiers August 2019, is the guide for all Initial Entry Training (IET) Soldiers who join our Army Profession. It provides an introduction to being a Soldier and Trusted Army Professional, certified in character, competence, and commitment to the Army. The pamphlet introduces Soldiers to the Army Ethic, Values, Culture of Trust, History, Organizations, and Training. It provides information on pay, leave, Thrift Saving Plans (TSPs), and organizations that will be available to assist you and your Families. The*

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*Soldier's Blue Book is mandated reading and will be maintained and available during BCT/OSUT and AIT. This pamphlet applies to all active Army, U.S. Army Reserve, and the Army National Guard enlisted IET conducted at service schools, Army Training Centers, and other training activities under the control of Headquarters, TRADOC.*

*This report provides guidance on how Indonesia can consolidate gains in access to basic education and develop an education system that will support an economy in transition towards high-income status. "This is the first book to provide scientific analysis of creatine supplementation on exercise performance and athlete health and safety."--BOOK JACKET.*

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*"Experts Melvin Williams, Richard Kreider, and David Branch provide a detailed analysis of the history of creatine supplementation, how it affects an athlete's body and performance, and legal and ethical considerations."--BOOK JACKET.*

*Pilot Mental Health Assessment and Support*

*Fundamentals of Aerospace Medicine*

*Airplane Simulator Qualification*

*Extending the Frontiers of Flight*

*Fundamentals of Flight*

*Flight Surgeon's Manual*

*This volume of the Textbook of Military Medicine addresses the delivery of mental health services*

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*during wartime. The foreseeable future of the U.S. military includes the potential for involvement in a variety of conflicts, ranging from peace-keeping missions to massive deployments of personnel and materiel and possible nuclear, biological, and chemical threats as was seen in the Persian Gulf War. The medical role in wartime is critical to success of the mission. For the mental health disciplines, this role encompasses identification and elimination of unfit personnel, improvement of marginal personnel to standards of acceptability, prevention of psychiatric casualties, and their*

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*treatment when prevention fails. All of these efforts must be guided by past experience and sound principles of human behavior.*

*The presentation of mental illness at work has different implications and consequences depending on the specific nature of the job, work context, regulatory framework and risks for the employee, organisation and society. Naturally there are certain occupational groups where human factors and/or mental illness could impair safety and mental acuity, and with potentially devastating consequences. For pilots, the medical criteria for crew licensing are stipulated*

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*by regulatory aviation authorities worldwide, and these include specific mental illness exclusions. The challenge of assessment for mental health problems is, however, complex and the responsibility for psychological screening and testing falls to a range of different specialists and groups including AMEs (authorised aviation medical examiners), GPs and physicians, airline human resources departments, psychologists, human factor specialists and pilots themselves. Extending and developing the ideas of Aviation Mental Health (2006), which described a range of psychological issues and problems that may*

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*affect pilots and the consequences of these, this book presents an authoritative, comprehensive and practical guide to modern, evidence-based practice in the field of mental health assessment, treatment and care. It features contributions from experts in the field drawn from several countries, professions and representing a range of aviation-related organisations, displaying a range of different skills and methods that can be used for the clinical assessment of pilots and in relation to specific mental-health problems and syndromes.*

*This title was first published in 2002: This field*

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*guide assesses two views of human error - the old view, in which human error becomes the cause of an incident or accident, or the new view, in which human error is merely a symptom of deeper trouble within the system. The two parts of this guide concentrate on each view, leading towards an appreciation of the new view, in which human error is the starting point of an investigation, rather than its conclusion. The second part of this guide focuses on the circumstances which unfold around people, which causes their assessments and actions to change accordingly. It shows how to "reverse*



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*engineer" human error, which, like any other component, needs to be put back together in a mishap investigation.*

*A History of the 45Th Avn Bn (Sp Ops) and Okarng Aviation*

*The First 24 Hours*

*FAA-H-8083-2*

*X-15*

*Reviews of National Policies for Education*

*Education in Indonesia Rising to the Challenge*

*Risk Management Handbook*

*1. A new science / 2. A hypersonic research airplane / 3. Conflict and innovation / 4.*

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*The million-horsepower engine / 5. High range and dry lakes / 6. Preparations / 7. The flight program / 8. The research program. The psychological well-being of servicemen and women returning from war is one of the most discussed and contemplated mental health issues today. Media programs debate the epidemic of PTSD in returning veterans and the potential fallout of a less-than-adequate veteran mental health system. This public discussion is only a small glimpse into the field of military psychology. One of the most diverse specialties within psychology, it is a sector positioned and equipped to influence*

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*such concepts as psychological resilience, consequences of extended family stress, the role of technology in mental healthcare delivery, and how to increase human performance under harsh conditions. Military Psychologists' Desk Reference is the authoritative guide in the field of military mental health, covering in a clear and concise manner the depth and breadth of this expanding area at a pivotal and relevant time. Moore and Barnett, former military psychologists, bring together the field's top experts to provide concise and targeted reviews of the most salient aspects of*

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*military mental health and present the material in an easily digestible manner. Chapters cover important topics such as military culture, working with Special Operations Forces, professional issues and ethical challenges, women in combat, posttraumatic stress, anxiety and sleep disorders, psychologists' involvement in interrogations, and how to build and sustain a resilient Force, to name but a few. Authors consist of a combination of current and former military psychologists, psychiatrists, social workers and Chaplains, experts from the Department of Veterans Affairs, prominent*

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*academicians, and representatives from other governmental and civilian organizations. This comprehensive resource is a must for every military psychologist, as well as for non-military clinicians, researchers, counselors, social workers, educators, and trainees who increasingly need to be familiar with this specialized area of psychology.*

*Lists citations with abstracts for aerospace related reports obtained from world wide sources and announces documents that have recently been entered into the NASA Scientific and Technical Information Database.*

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*A practitioner's guide*

*A History of Nasa's Pioneering Digital Fly-by-Wire Project*

*Occupational Health and the Service Member Airman*

*A Guide for Personnel of the U. S. Navy*

***This book provides comprehensive, clinically relevant information on the wide-ranging field of aerospace medicine. It addresses all medical and public health issues involved in the care of crews, passengers, and support personnel of aircraft and space vehicles. It covers the physiology of the***

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*human body under flight conditions, clinical medicine as practiced in the unique aerospace community, and the impact of the industry on community health. Every day in the United States, over two million men, women, and children step onto an aircraft and place their lives in the hands of strangers. As anyone who has ever flown knows, modern flight offers unparalleled advantages in travel and freedom, but it also comes with grave responsibility and risk. For the first time in its history, the Federal Aviation Administration has put together a set of easy-to-understand guidelines and principles that will help*

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*pilots of any skill level minimize risk and maximize safety while in the air. The Risk Management Handbook offers full-color diagrams and illustrations to help students and pilots visualize the science of flight, while providing straightforward information on decision-making and the risk-management process. Members of the naval service will find that at all points in their careers they can expect to be involved to some extent in the planning and execution c~official ceremonies and social events. Protocol is a code of established guidelines on proper etiquette and precedence which, when followed, lays the*



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*foundation for a successful event. From this foundation, the host should consider the facets which make a particular situation unique, and from there, use imagination to design a memorable occasion. The most important consideration in planning should always be the comfort of one's guests. A clever host/hostess is able to reach a proper mixture of protocol and common sense that will enable guests to enjoy themselves completely. If this is accomplished, an event is truly successful.*

*Combat Anesthesia*

*Clinical Aviation Medicine*

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*TRADOC Pamphlet TP 600-4 The Soldier's Blue Book*

*Implementation of the Health Insurance Portability and Accountability Act*

*AGARD Conference Proceedings*

*United States Air Force Academy Cadet Health Education Guide*

This manual is intended for use by all Army crewmembers in meeting requirements set forth in Army Regulation 95-1, Training Circular 1-210, and other appropriate aircrew training manuals. Lessons learned from previous military conflicts and recent contingency

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operations have caused changes in Army aviation doctrine. With the development of more sophisticated aircraft and weapons systems, Army crewmembers must be capable of operating these systems around the clock, in austere environments, and under adverse conditions. The hazards of stress and fatigue in combat operations and concept of operations will eventually take a toll in aircrew performance and could jeopardize mission accomplishment unless crewmembers are trained to recognize and understand these hazards. Proper training prepares crewmembers and prevents stress and fatigue from reducing mission effectiveness, thereby increasing their chances of survival. Training Circular 3-04.93

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provides crewmembers with an understanding of the physiological responses that can occur in the aviation environment. It also describes the effects of the flight environment on individual mission accomplishment. In addition, this publication outlines essential aeromedical training requirements (in Chapter 1) that assist commanders and flight surgeons in conducting aeromedical education for Army crewmembers. Subject areas addressed are by no means all inclusive but are presented to assist crewmembers in increasing performance and efficiency. This publication applies to the Active Army, the Army National Guard/Army National Guard of the United States, and the United States Army

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Reserve unless otherwise stated.

This book will relate the history of occupational health efforts in each of the military services and describe the current programs, including discussion of the occurrence and prevention of occupational threats to service members and civilians from the environment and military equipment. Individual chapters will focus on: medical evaluations, workers' compensation, surveillance, ergonomics, hearing protection, radiation, specific hazardous substances, and particular environments such as aerospace and underseas. It is a revised, updated, and expanded version of the occupational health Textbook of Military Medicine published in 1993.

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Developed by UK and US anesthetists with extensive experience in theater, this book describes the latest anesthesia techniques, practices, and equipment used in current combat and humanitarian operations. Includes chapters on topics such as injuries and physiology, team members, protocols, vascular access, airway management, burns, imaging, pain management and medications, regional anesthesia, ventilation, and postoperative management.

Calendar Year ... Report

The Field Guide to Human Error Investigations

Clinical and Organizational Practice

United States Standard for Terminal Instrument

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Procedures

Military Psychologists' Desk Reference

Rising to the Challenge

**This expert compendium surveys the current state of military psychology across the branches of service at the clinical, research, consulting, and organizational levels. Its practical focus examines psychological adjustment pre- and post-deployment, commonly-encountered conditions (e.g., substance abuse), and the promotion of well-being,**

**sleep, mindfulness, and resilience training. Coverage pays particular attention to uses of psychology in selection and assessment of service personnel in specialized positions, and training concerns for clinicians and students choosing to work with the military community. Chapters also address topics of particular salience to a socially conscious military, including PTSD, sexual harassment and assault, women's and LGBT issues, suicide**



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**prevention, and professional ethics. Among the specific chapters topics covered:**

- **Military deployment psychology: psychologists in the forward environment.**
- **Stress and resilience in married military couples.**
- **Assessment and selection of high-risk operational personnel: processes, procedures, and underlying theoretical constructs.**
- **Understanding and addressing sexual harassment and sexual assault in the US military.**
- **Virtual reality applications for**

**the assessment and treatment of PTSD. Plus international perspectives on military psychology from China, Australia, India, and more. Grounding its readers in up-to-date research and practice, Military Psychology will assist health psychologists, clinical psychologists, psychiatrists, and clinical social workers in understanding and providing treatment for military populations, veterans, and their families, as well as military psychologists in**

**leadership and consulting positions. Prior to 1979, you probably hadnt heard of counterterrorism or Special Operations. Even so, special warriors have been around since Moses sent Joshua to spy out the land of Canaan. In 1986, Colonel Billy R. Wood served as the operations officer of the newly organized 45th Aviation Battalion (Special Operations). This unit was highly classified. The special operations training and missions carried out by the**

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**team were conducted in secret, and members couldnt even tell their wives and families where they were going. These soldiers were called the Lords of Darkness. Prior to its formation, much was written about the failed hostage rescue mission in Iran. The Pentagon leadership implied, Whatever the costs, whatever we do, we can never have another Desert One. Secret exercises were conducted with modified aircraft and soon-to-be-skilled night flyers of**

**Task Force 160, today known as Night Stalkers. What you didnt read about was the other US Army Special Operations Aviation Battalionan Army National Guard unit. Highly classified and therefore less known, it was a mirror image special aviation unit. You didnt realize they existed because you werent supposed to know. These teachers, businessmen, lawyers, salesman, citizen soldiers, and traditional guardsmen were called the Lords of Darkness of the**

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**Oklahoma Army National Guard. The night belonged to them and their hearts belonged to aviation.**

**Over 4,000 total pages ... Just a SAMPLE of the Contents: OBSTETRICS AND NEWBORN CARE I, 185 pages OBSTETRICS AND NEWBORN CARE II, 260 pages Operational Obstetrics & Gynecology The Health Care of Women in Military Settings 2nd Edition (Standard Version), 259 pages Operational Obstetrics & Gynecology The Health Care**

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**of Women in Military Settings 2nd Edition (Field Version), 146 pages**  
**MEDICAL EXAMINATIONS AND STANDARDS, 353 pages**  
**PHYSICAL EXAMINATION TECHNIQUES, 149 pages**  
**GYNECOLOGICAL EXAM presentation, 81 pages**  
**GYNECOLOGICAL INFECTIONS AND ABNORMALITIES presentation, 76 pages**  
**ASSESSMENT OF PREGNANCY AND ESTIMATING DATE OF DELIVERY presentation, 23 pages**  
**REPRODUCTIVE AND DEVELOPMENTAL HAZARDS: A**

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**GUIDE FOR OCCUPATIONAL HEALTH PROFESSIONALS, 136 pages**  
**MEDICAL SURVEILLANCE PROCEDURES MANUAL AND MEDICAL MATRIX (EDITION 7), 354 pages**  
**Sexual Health Primer, 70 pages**  
**Fleet Medicine Pocket Reference 1999, 70 pages**  
**OCCUPATIONAL MEDICINE FIELD OPERATIONS MANUAL, 120 pages**  
**Readiness Guide for Female Airmen, 32 pages**  
**Flight Surgeon's Guide**  
**Aeromedical Psychology**



**(TERPS)**

**Textbooks of Military Medicine: Military Preventive Medicine, Mobilization and Deployment, V. I, 2003**

**Social Usage and Protocol Handbook  
A Guide for Commercial Importers**

*Flight Surgeon's Manual Aeromedical  
Psychology Ashgate Publishing, Ltd.*

*AR 40-562 10/07/2013 IMMUNIZATIONS AND  
CHEMOPROPHYLAXIS FOR THE PREVENTION OF  
INFECTIOUS DISEASES , Survival Ebooks  
Textbooks of Military Medicine. Patrick*

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*Kelley, specialty editor. Explores the various natural and manmade challenges faced by today's soldier upon mobilization and deployment. Offers comprehensive research on a range of topics related to preventive medicine, including a historic perspective on the principles of military preventive medicine, national mobilization and training, preparation for deployment, and occupational and environmental issues during sustainment.*

*Creatine*

*General Medical Officer (GMO) Manual*

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*NCUA Examiner's Guide*

*Lords of Darkness*

*Handbook of Military Psychology*

*Aeromedical Training for Flight Personnel  
(TC 3-04. 93)*

***This edition of Importing Into the United States contains material pursuant to the Trade Act of 2002 and the Customs Modernization Act, commonly referred to as the Mod Act. Importing Into the United States provides wide-ranging information about the importing process and import requirements. We have made every effort to include essential requirements, but it is not***

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***possible for a book this size to cover all import laws and regulations. Also, this publication does not supersede or modify any provision of those laws and regulations. Legislative and administrative changes are always under consideration and can occur at any time. Quota limitations on commodities are also subject to change. Therefore, reliance solely on the information in this book may not meet the "reasonable care" standard required of importers.***

***Over 3,000 total pages ... Contents: FIELD MEDICAL SERVICE OFFICER STUDENT HANDBOOK***

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**FIELD MEDICAL SERVICE TECHNICIAN STUDENT HANDBOOK Version 4.1 Block 1 Student Outlines For Version 4.1 Block 2 Student Outlines For Version 4.1 FIELD MEDICAL SERVICE TECHNICIAN STUDENT HANDBOOK Version 4.0 FIELD MEDICAL SERVICE TECHNICIAN STUDENT HANDBOOK (June 2013) FMST STUDY GUIDE (2015) Fleet Medicine Pocket Reference 2016 MCRP 4-11.1D FIELD HYGIENE AND SANITATION PREVENTION AND TREATMENT OF FIELD RELATED INJURIES STUDENT HANDOUT CASUALTY EVALUATION AND EVACUATION STUDENT HANDOUT COMBAT LIFESAVER / TACTICAL COMBAT CASUALTY CARE**

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***STUDENT HANDOUT Combat Lifesaver / Tactical Combat Casualty Care Instructor Course Student Handbook Command Philosophy My philosophy is basic...provide the highest quality service possible to every person you encounter. We are an institution of higher learning; we need to be the best with everything we do. We are preparing the next generation of heroes for the greatest fighting force on the planet - the 8404 Hospital Corpsman assigned to the United States Marine Corps. They operate at the tip-of-the spear providing combat medicine to our operational forces; they are critical to the***

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***success of the Navy & Marine Corps Medicine Team. What each one of us does on a daily basis matters, regardless of our job. We all contribute to the mission. No one job is more important than the other. If just one link (team member) in this chain fails to perform a portion of the mission to standard, we all fail. You have the ability to make a positive difference in peoples' lives every day. Every member of this team should ask themselves, "Am I living by our core values and making decisions that are consistent with these values when I interact with students, staff and the American public." Key points: -***

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***Know your chain of command and how to use it. You have not exhausted your chain of command at FMTB-West until the issue reaches me. - If you are lacking something to perform your mission, bring it to the attention of leadership so we can promptly address it. - Any safety issue should immediately be brought to leadership. - Continually strive to improve processes; ask for help before it's too late (in all aspects of your life and career). - If you see a problem, fix it or bring it to the attention of someone who can. Don't ignore it. - Supporting each other is just as important as supporting the mission. - Continue***



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***the relentless pursuit of customer satisfaction; feedback is a valuable tool in life and career. - Basic military courtesy should be a part of everyday life. - Always strive to do the right thing, even when no one is looking or when tempted to take the “easy” wrong. As a leader, I believe all members of the team are important. Our civilian shipmates are essential to the success of our mission. As a military leader, I believe, as the Sailor creed says, “I proudly serve my country's Navy combat team with Honor, Courage and Commitment. I am committed to excellence and the fair treatment***

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***of all". I cannot over emphasize the importance of leadership from E-1 to O-6, everyone has a part; I expect officers to lead from the front by setting the example. Be sure that regularly scheduled performance counseling sessions are conducted for military and civilian employees. Cover the good which should be sustained as well as the areas which need improvement. Although I like to be informed, I believe in allowing leaders to lead, managers to manage. A big part of my job is to provide you the support systems necessary for you to accomplish your mission. Tell me what you need and don't worry***

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***how it will be resourced. Let me worry about that.***

***Encompassing all occupants of aircraft and spacecraft—passengers and crew, military and civilian—Fundamentals of Aerospace Medicine, 5th Edition, addresses all medical and public health issues involved in this unique medical specialty. Comprehensive coverage includes everything from human physiology under flight conditions to the impact of the aviation industry on public health, from an increasingly mobile global populace to numerous clinical specialty considerations, including a variety of common***

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***diseases and risks emanating from the aerospace environment. This text is an invaluable reference for all students and practitioners who engage in aeromedical clinical practice, engineering, education, research, mission planning, population health, and operational support.***

***PUBLICATIONS COMBINED: FIELD MEDICAL SERVICE OFFICER STUDENT HANDBOOK, SERVICE TECHNICIAN HANDBOOK (THREE VERSIONS), OUTLINES, FLEET MEDICAL POCKET REFERENCE, FIELD HYGIENE & SANITATION AND MUCH MORE  
The Guide for Initial Entry Soldiers August 2019  
Importing Into the United States***

***Scientific and Technical Aerospace Reports  
Air Force Handbook 1  
Hearing Before the Subcommittee on Health of  
the Committee on Ways and Means, House of  
Representatives, One Hundred Fifth Congress,  
First Session, September 25, 1997***

Aeromedical psychology is that branch of psychology pertaining to the assessment, selection and evaluation of aviation personnel. This book, Aeromedical Psychology, is designed to provide the means for a variety of clinicians to carry out sound assessment and selection procedures, perform informed evaluations and make subsequent

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recommendations regarding flight status and treatment strategies geared to the aviation environment. To facilitate a dynamic understanding of the field, the book emphasizes an integration of applications and theory, case examples and research. The book is divided into three parts. The first presents assessment and selection procedures for aviation personnel (i.e. air traffic controllers, flight officers and pilots) and astronauts and the many ways in which both psychologists and psychiatrists are involved in these roles. In the second part, the waiver standards put forth by both the FAA and the various branches of the military are presented, as well as the waiver decision process. Clinical

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issues unique to aviation - notably fear of flying, motivation to fly and airsickness - are addressed, as well as possible courses of intervention, treatment and disposition. In the final part, more specialized issues pertaining to aeromedical psychology are dealt with, namely the psychopharmacological research and regulations applicable to recreational pilots and aviation personnel, managing the aftermath of aviation mishaps and the psychologist's role in accident investigations.

This handbook implements AFD 36-22, Air Force Military Training. Information in this handbook is primarily from Air Force publications and contains a

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compilation of policies, procedures, and standards that guide Airmen's actions within the Profession of Arms. This handbook applies to the Regular Air Force, Air Force Reserve and Air National Guard. This handbook contains the basic information Airmen need to understand the professionalism required within the Profession of Arms. Attachment 1 contains references and supporting information used in this publication. This handbook is the sole source reference for the development of study guides to support the enlisted promotion system. Enlisted Airmen will use these study guide to prepare for their Promotion Fitness Examination (PFE) or United States Air Force



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Supervisory Examination (USAFSE).

In their efforts to utilize their medical skills and training in the service of their country, women physicians fought not one but two male-dominated professional hierarchies: the medical and the military establishments. In the process, they also contended with powerful social pressures and constraints. Throughout *Women Doctors in War*, the authors focus on the medical careers, aspirations, and struggles of individual women, using personal stories to illustrate the unique professional and personal challenges female military physicians have faced. Military and medical historians and scholars in women ' s studies will

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discover a wealth of new information in Women Doctors in War.

War Psychiatry

Women Doctors in War

The Power Supplement

Computers Take Flight

AR 40-562 10/07/2013 IMMUNIZATIONS AND CHEMOPROPHYLAXIS FOR THE PREVENTION OF INFECTIOUS DISEASES , Survival Ebooks

Manuals Combined: U.S. Army Special Forces And Navy Operational Obstetrics & Gynecology With Physical Exam Techniques