

Free The Essential World History 7th Edition

Completely updated, the best book on the topic available anywhere has just gotten better! A necessary resource for anyone interested in alternative approaches to healing and lifestyle, this new edition contains more than 800 easy-to-follow recipes for essential oil treatments. No one has provided more thorough and accurate guidance to the home practitioner or professional aromatherapist than Valerie Ann Worwood. In her clear and positive voice, Worwood provides tools to address a huge variety of health issues, including specific advice for children, women, men, and seniors. Other sections cover self-defense against microbes and contaminants, emotional challenges, care for the home and workplace, and applications for athletes, dancers, travelers, cooks, gardeners, and animal lovers. Worwood also offers us her expertise in the use of essential oils in beauty and spa treatments, plus profiles of 125 essential oils, 37 carrier oils, and more. Since the publication of the first edition of this book 25 years ago, the positive impact of essential oil use has become increasingly recognized, as scientific researchers throughout the world have explored essential oils and their constituents for their unique properties and uses.

Renowned Homer scholar Barry B. Powell has already given the world powerful new translations of the Iliad and the Odyssey. Now his Homer's Iliad and Odyssey: The Essential Books brings together his translations of the most important books and passages from these two great poems in one handy volume. Accessible, poetic, and accurate, Barry Powell's translations are an excellent fit for today's students. With swift, transparent language that rings both ancient and modern, Powell exposes students to all of the rage, pleasure, pathos, cunning, and humor that are Homer's Iliad and Odyssey. Both the translations and the introductions are informed by the best recent scholarship. FEATURES * Uses well-modulated verse and accurate English that is contemporary but never without dignity * Powell's introduction sets the poems in their philological, mythological, and historical contexts * Features unique on-page notes, facilitating students' engagement with the poems * Embedded illustrations accompanied by extensive captions provide Greek and Roman visual sources for key passages * Maps provide geographic context for the poems' many place names * Audio recordings (read by Powell) of important passages are available on the book's Companion Website and indicated in the text margin by an icon

For more than four thousand years, Chinese scholars and medical practitioners have documented ways of maintaining health and treating illness, from theories of yin-yang and the zang-fu organs to the use of herbs and acupuncture. The Essential Book of Traditional Chinese Medicine marks the first time such concepts have been made accessible to Westerners in a comprehensive form.

As a modern new music artist do you want to know how to give your songs the greatest chance of release success? How to promote your brand of music and get the right fans that make your music career sustainable? Then if you have always wanted answers to these questions along with helpful advice on how the music business will deal with your songs, then you need to read How to Release Songs Successfully. I know what you're thinking, I've got my songs and my music, after all the hard work, all the energy, time and money spent I am due hit song after hit song. And you're right, that's why now is not the time to falter! You want to give your creations all the help you can. How to Release Songs Successfully is the music book that will give you all the information you need for success in music. This is a no-nonsense concise guide book packed full of helpful and useful tips. Here's what you'll discover in How to Release Songs successfully Making final preparations for your song release How to become confident in building your release correctly Music promotion dos and don'ts Spotify tips Getting radio airplay You'll also learn about other music industry topics like Dealing with song reviews Making affordable videos Music career sustainability Building your fanbase to get the right fans So say it! My songs and my music deserve success! Therefore, give them every chance to be the hit songs you want them to be! Don't leave success in music to chance, get results with How to Release Songs Successfully.

The Law for Comic Book Creators
Administrator's Guide to VMware Virtual SAN

Essential Virtual SAN

Your Essential Cookbook for Everyday Meals, Snacks, and Sweets

Report of the Secretary of the Treasury

Gluten-Free Baking for Beginners

Essentials of Music Theory: Elementary

When you start the gluten free or wheat free diet, you notice that almost every package at the grocery store contains wheat in it. You become frustrated and start missing your favorite foods. You begin to wonder if you can have a normal life with your favorite foods. I know this is possible since I have been at that point in my life. I have included in this cookbook recipes for biscuits, onion rings, corndogs, eggplant parmesan, meatloaf, chicken fried steak, chicken nuggets, chicken noodle soup, fish sticks, sweet and sour pork, and more.

It can be upsetting and overwhelming to learn that you can't eat gluten, or that you need to cook for someone who can't. Gluten-Free 101 is the guide to help make the transition a simple and positive change. It explains how to select and work with the best g-free foods from a now extensive (and sometimes confusing) product shelf, how to continue eating healthfully, and how to master basic gluten-free cooking techniques, such as cooking g-free pasta and rolling g-free dough.

There are 175 simple recipes for everyday favorites like pancakes, pizza, fried chicken, sandwich bread, and cupcakes, with more than twenty-five beautiful recipe photos. Going gluten-free can be fun and delicious!

Provides guidelines for United States Democrats to connect moral values to important policies, using practical tactics to guide political discourse away from extreme positions.

Since the creation of the comic book, cases of legal conflict and confusion have often arisen where concepts such as public domain, unincorporated entities and moral rights are involved. As a result, comics creators are frequently concerned about whether they are protecting themselves. There are many questions and no single place to find the answers--that is, until now. Entertaining as it instructs, this book seeks to provide those answers, examining the legal history of comics and presenting information in a way that is understandable to everyone. While not seeking to provide legal advice, this book presents the legal background in plain English, and looks at the stories behind the cases. Every lawsuit has a story and every case has lessons to be learned. As these lessons are explored, the reader will learn the importance of contracts, the basics of copyright and trademark, the precautions necessary when working with public domain characters and the effects of censorship.

The Complete Book of Essential Oils and Aromatherapy, Revised and Expanded

Over 200 Aromatherapy Remedies For Common Ailments

The Big Book Of Essential Oil Recipes For Healing & Health

Free Will

Essential Elements for Jazz Ensemble

Simply Gluten Free Essentials Cookbook

The Essentials of Spirituality

Understand and implement VMware Virtual SAN: the heart of tomorrow's Software-Defined Datacenter (SDDC) VMware's breakthrough Software-Defined Datacenter (SDDC) initiative can help you virtualize your entire datacenter: compute, storage, networks. SDCC is VMware Virtual SAN (VSAN): a fully distributed storage architecture seamlessly integrated into the hypervisor and capable of scaling to meet any enterprise storage requirement. Now, the leaders of VMware's wildly popular Virtual SAN previews have taken this pivotal technology. You'll learn what Virtual SAN is, exactly what it offers, how to implement it, and how to maximize its value. Writing for administrators, consultants, and architects, Cormac Hogan and Duncan Epping show how Virtual SAN implements a policy platform that simplifies VM storage placement. You'll learn how Virtual SAN and vSphere work together to dramatically improve resiliency, scale-out storage functionality, and control over QoS. Both an up-to-the-minute reference and hands-on tutorial, examples to demonstrate Virtual SAN's most powerful capabilities. You'll learn how to plan, architect, and deploy Virtual SAN successfully, avoid gotchas, and troubleshoot problems once you're up and running. Coverage includes Understanding the key goals of Storage and Virtual SAN technology Meeting physical and virtual requirements for safe Virtual SAN implementation Installing and configuring Virtual SAN for your unique environment Using Storage Policy Based Management to control availability, performance, and deployment with VM Storage Policies Discovering key Virtual SAN architectural details: caching I/O, VASA, witnesses, pass-through RAID, and more Ensuring efficient day-to-day Virtual SAN management and maintenance Interoperating with other VMware features and sizing Virtual SAN clusters Troubleshooting, monitoring, and performance optimization

This anthology includes carefully chosen selections from her best-selling books, including Wickedness, Beast and Man, Science and Poetry and The Myths We Live By. An unrivalled introduction to a great philosopher, and includes a.

Upon publication, Anita Silvey's comprehensive survey of contemporary children's literature, Children's Books and Their Creators, garnered unanimous praise from librarians, educators, and specialists interested in the world of writing for children. Now The Essential Children's Books and Their Creators assembles the best of that volume in one handy, affordable reference, geared specifically to parents, educators, and students. This new volume introduces readers to the wealth of children's literature by focusing on the essentials: what to read, how to read, and how to discuss. Inform, impress, and, most important, excite young readers. Updated to include newcomers such as J. K. Rowling and Lemony Snicket and to cover the very latest on publishing and educational trends, this edition features more than 475 entries on the best of children's literature, including numerous essays on social and historical issues, thirty personal glimpses into craft by well-known writers, illustrators, and critics, and invaluable reading lists by category. The Essential Guide to Children's Books and Their Creators summarizes the canon of children's literature and provides a practical guide essential for anyone choosing a book for or working with children.

Break Free From Over-Functioning, Over-Delivering, People-Pleasing, and Ignoring Your Own Needs So You Can Finally Live the Life You Deserve! Most of us were never taught how to effectively express our preferences, desires or deal-breakers. Instead, we have learned to be aggressive behavior, deny our own truths, or push our emotions down until we get depressed or so frustrated that we explode, potentially destroying hard-won trust and relationships. The most successful and satisfied people on the planet have one thing in common: they communicate clear, healthy boundaries. This ability is, hands down, the biggest game changer when it comes to creating a healthy, happy, self-determined life. In Boundary Boss, psychotherapist Terri Cole reveals a specific set of skills that can help you stop people-pleasing, stop giving to others (without guilt or drama) and get empowered to consciously take control of every aspect of your emotional, spiritual, physical, personal, and professional life. Since becoming a Boundary Boss is a process, Cole also offers actionable strategies, scripts, and exercises to help you, at any moment, whenever you need them. You will learn: How to recognize when your boundaries have been violated and what to do next How your unique "Boundary Blueprint" is unconsciously driving your boundary behaviors, and strategies to redesign it Powerful techniques you will know what to say How to manage "Boundary Destroyers"--including emotional manipulators, narcissists, and other toxic personalities Where you fall on the spectrum of codependency and how to create healthy, balanced relationships This book is for anyone who has ever felt like they're not giving, overdoing, and even over-feeling. If you're getting it all done but at the expense of yourself, give yourself the gift of Boundary Boss.

The Essential Guide to Children's Books and Their Creators

Essential Guide for Dis-Ease Free Living

Homer's Iliad and Odyssey

The Philosophy of Free Will

Learn Complete Milling and Baking Techniques, Includes 100 Recipes

Essential Concepts and Applications

Transmitting a Report from the Director of Statistics on the Commerce and Navigation of the United State

When does love become an obsession? What are the warning signs? What does it take to guard against it and prevent it from taking over one's life? A psychotherapist who specializes in this condition and a survivor of obsessive love team up to answer these questions and many others in the most current and important book on this phenomenon. With fascinating and helpful advice drawn from real-life case studies and personal experience, this expert team discusses: ? The difference between healthy love and obsessive love. ? The psychological and societal causes of obsessive love. ? Obsessive love from both the obsessor's and the obsessee's points of view. ? Proven techniques to avoid falling into the obsessive love cycle. ? Concrete steps to break the cycle.

A philosopher considers whether the scientific and philosophical arguments against free will are reason enough to give up our belief in it. In our daily life, it really seems as though we have free will, that what we do from moment to moment is determined by conscious decisions that we freely make. You get up from the couch, you go for a walk, you eat chocolate ice cream. It seems that we're in control of actions like these; if we are, then we have free will. But in recent years, some have argued that free will is an illusion. The neuroscientist (and best-selling author) Sam Harris and the late Harvard psychologist Daniel Wegner, for example, claim that certain scientific findings disprove free will. In this engaging and accessible volume in the Essential Knowledge series, the philosopher Mark Balaguer examines the various arguments and experiments that have been cited to support the claim that human beings don't have free will. He finds them to be overstated and misguided. Balaguer discusses determinism, the view that every physical event is predetermined, or completely caused by prior events. He describes several philosophical and scientific arguments against free will, including one based on Benjamin Libet's famous neuroscientific experiments, which allegedly show that our conscious decisions are caused by neural events that occur before we choose. He considers various religious and philosophical views, including the philosophical pro-free-will view known as compatibilism. Balaguer concludes that the anti-free-will arguments put forward by philosophers, psychologists, and neuroscientists simply don't work. They don't provide any good reason to doubt the existence of free will. But, he cautions, this doesn't necessarily mean that we have free will. The question of whether we have free will remains an open one; we simply don't know enough about the brain to answer it definitively.

Carl E. Gardner was an American percussionist, drum maker, and method book author. source This book gives teachers and students a foundational understanding of music theory that they can implement when working on instrumental or vocal techniques.

Sugar chains (glycans) are often attached to proteins and lipids and have multiple roles in the organization and function of all organisms. "Essentials of Glycobiology" describes their biogenesis and function and offers a useful gateway to the understanding of glycans.

The Essential Guide to Getting Your Book Published

Python Data Science Handbook

Free Our Markets

Your Essential Guide to Living a Grain-Free Lifestyle

Gluten-Free 101

Colonial Administration, 1800-1900

What's the one thing that plant-based, paleo, and several whole food diets all agree on? Eating dairy free! For millions of people, this one simple change—cutting out milk and other dairy products—has resolved most, if not all, of their adverse health symptoms and helps to reduce the risk of many common medical concerns, including allergies, skin conditions, and even cancer. And it's easier than you might think. Eat Dairy Free is the cookbook you've been craving to enjoy a dairy-free diet without special substitutes. Alisa Fleming, author of the bestselling dairy-free guide and cookbook Go Dairy Free, shares more than 100 recipes for satisfying yet nutritious dairy-free breakfasts, lunches, dinners, snacks, and healthier desserts that use regular ingredients. Completely free of milk-based ingredients, including casein, whey, and lactose, these recipes are safe for those with milk allergies and other dairy-related health issues. And for those with further special diet needs, every recipe has fully tested gluten-free and egg-free options, and most have soy- and nut-free preparations, too. Inside, discover delectable dishes such as: • Mushroom-Pesto Pizza • Shake & Bake Buttermilk Chicken • Peanut Power Protein Bars • Chocolate Banana Split Muffins • Southwestern Sunrise Tacos • Mylk Chocolate Cupcakes • Cheesy Twice-Baked Potatoes • Strawberry Cheeseshakes Live well and eat dairy free!

The many benefits of home flour milling include taste and flavor and the appeal of making a healthy food that tastes good and is seriously nutritious. Home ground flour milling can also save countless dollars just in the cost of bread alone, especially for those with special dietary needs and restrictions, and improved health leads to reduced medical costs. This comprehensive how-to details the whole process behind home flour milling with features such as: The history of whole grains and grain anatomy Benefits of commercially milled flour vs home milled flour Tools and equipment for home flour milling Baking basics including mixing methods and techniques -- the importance of gluten and moisture Going with the grains -- a thorough description of grains such as barley, rye, kamut and buckwheat Nut flours such as almond Baking with freshly milled grains. There are also 100 recipes for tasty quick breads, rolls and buns, muffins, pancakes, coffee cakes, biscuit and scones, cookies, brownies and pastries, plus others that are gluten-free, dairy-free and vegan. The Home Ground Flour Book is ideal for anyone who wants to create their own flours.

The Essential Guide to Getting Your Book PublishedHow to Write It, Sell It, and Market It . . . SuccessfullyWorkman Publishing Company

Specifically designed to teach jazz basics to students with 1 or 2 years playing experience, but with no prior experience playing jazz. Great for individual or classroom use. Teaches the basics of swing style in a step-by-step approach using well-known songs. Improvisation is made easy starting with simple 2-measure phrases. Scales and basic theory are introduced in a simple and easy to understand approach. 2 CD's are included with recordings of all exercises and arrangements. Other features: 7 full band arrangements, sample solos, jazz history and people.

Special Report on the Customs-tariff Legislation of the United States

The Book

The Essential Book of Traditional Chinese Medicine

Essentials of Glycobiology

Modeling with UML, OCL, and IFML

Essentials of Diseases of the Skin

The Essential Books

When it comes to alternative medical treatment, essential oils are indispensable for every home. They are natural, inexpensive and 100 effective for optimum healing and health. Synthetic substances contained in expensive drugs merely cover up symptoms but damage vital organs in the name of side effects. Essential oils are not like that. Proven to be 50 times stronger than herbs, essential oils heal at a cellular level, passing through the skin and straight into the circulatory system and cells to bring lasting healing and restoration without side effects.

There are over 200 recipes in this big book to help you cure everyday ailments. From simple Coughs and Colds, headaches, fevers to pains, digestive problems and emotional issues, you will never have to spend lots of money on medications anymore. What's more, there are also plenty of information on essential oils to help you benefit immensely from their diverse usage. As a matter of fact, everything you need to know about essential oil for healing and health can be found in this big book. It's worth every penny!

The spiritual life depends on self-recollection and detachment from the rush of life: it depends on facing frankly the thought of death; it is signalized, especially, by the identification of self with others, even of the guiltless with the guilty. Spirituality is sometimes spoken of as if it were a kind of moral luxury, a work of supererogation, a token of fastidiousness and over-refinement. It is nothing of the sort. Spirituality is simply morality carried to its farthest bounds; it is not an airy bauble of the fancy, it is of "the tough fibre of the human heart." Felix Adler (1884 - 1963) was an accomplished American screenwriter whose career spanned over 30 years. He is best known for his work with the Three Stooges.

DigiCat Publishing presents to you this special edition of "Essentials of Diseases of the Skin" (Including the Syphilodermata Arranged in the Form of Questions and Answers Prepared Especially for Students of Medicine) by Henry Weightman Stelwagon. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

The book as object, as content, as idea, as interface. What is the book in a digital age? Is it a physical object containing pages encased in covers? Is it a portable device that gives us access to entire libraries? The codex, the book as bound paper sheets, emerged around 150 CE. It was preceded by clay tablets and papyrus scrolls. Are those books? In this volume in the MIT Press Essential Knowledge series, Amaranth Borsuk considers the history of the book, the future of the book, and the idea of the book. Tracing the interrelationship of form and content in the book's development, she bridges book history, book arts, and electronic literature to expand our definition of an object we thought we knew intimately. Contrary to the many reports of its death (which has been blamed at various times on newspapers, television, and e-readers), the book is alive. Despite nostalgic paeans to the codex and its printed pages, Borsuk reminds us, the term "book" commonly refers to both medium and content. And the medium has proved to be malleable. Rather than pinning our notion of the book to a single form, Borsuk argues, we

should remember its long history of transformation. Considering the book as object, content, idea, and interface, she shows that the physical form of the book has always been the site of experimentation and play. Rather than creating a false dichotomy between print and digital media, we should appreciate their continuities.

Grain-Free Cookbook for Beginners

As Applied to Modern Problems of Industry and Public Policy

Essentials of the Earth

The Essential Home-Ground Flour Book

The Essential Guide to Overcoming Obsessive Love

The Little Blue Book

The Essential Mary Midgley

The freer the markets people live in, the better they flourish. Free Our Markets explains why, in terms of foundational economic principles. Dr. Baetjer aims to show readers that liberty, not the force of government, is the means to achieve the goals we all have for humanity-high and rising standards of living, increasing security and abundance for all. In this book Baetjer presents the principles of spontaneous economic order and explains why, for practical economic reasons, free markets produce better results than even the best intended and most carefully crafted government interventions.

The problem of free will is one of the great perennial issues of philosophy and has been discussed and debated over many centuries. The issues that arise in this sphere cover both metaphysics and morals and concern matters of central importance not only for philosophy but also for law, theology, psychology and the social sciences. What is at stake here is nothing less than our self-image as responsible moral agents who are in control of our own destiny and fate. The investigations and findings of modern science are judged by many to put skeptical pressure on this self-image and may challenge its credibility. During the past few decades the free will controversy has developed and evolved in exciting and significant ways. All the major parties involved in this debate have had to revise and amend their core positions with a view to responding to the sophisticated and searching arguments put forward by their critics and opponents. The papers collected in this volume represent the most essential and indispensable contributions to the contemporary debate. The specific topics covered include: moral luck, skepticism and naturalism, the consequence argument, alternate possibilities, libertarian metaphysics, compatibilism and reason-responsive theories, illusionism and revisionism, optimism and pessimism, and the phenomenology of agency, as well as contributions relating to neuroscience and experimental philosophy. The collection is arranged in a way that presents the topics covered in a structured and organized manner. The general aim is to provide an effective guide for students and readers who are new to the field, as well as a useful collection for those who are already familiar with the topics and contributions. The contributors include many of the leading and most distinguished figures in the field, along with a number of younger scholars who have already had an impact and produced significant work.

Partly reprinted from various sources.

For many researchers, Python is a first-class tool mainly because of its libraries for storing, manipulating, and gaining insight from data. Several resources exist for individual pieces of this data science stack, but only with the Python Data Science Handbook do you get them all—IPython, NumPy, Pandas, Matplotlib, Scikit-Learn, and other related tools. Working scientists and data crunchers familiar with reading and writing Python code will find this comprehensive desk reference ideal for tackling day-to-day issues: manipulating, transforming, and cleaning data; visualizing different types of data; and using data to build statistical or machine learning models. Quite simply, this is the must-have reference for scientific computing in Python. With this handbook, you'll learn how to use: IPython and Jupyter: provide computational environments for data scientists using Python NumPy: includes the ndarray for efficient storage and manipulation of dense data arrays in Python Pandas: features the DataFrame for efficient storage and manipulation of labeled/columnar data in Python Matplotlib: includes capabilities for a flexible range of data visualizations in Python Scikit-Learn: for efficient and clean Python implementations of the most important and established machine learning algorithms

Essential Tools for Working with Data

Mayo Clinic Going Gluten Free

Essentials of Economic Theory

Boundary Boss

Essentials in Conducting

Essential Guide to Managing Celiac Disease and Other Gluten-Related Conditions

Including the Syphilodermata Arranged in the Form of Questions and Answers Prepared Especially for Students of Medicine

New from Mayo Clinic—the essential guide to living gluten-free. Whether diagnosed with celiac disease or just deciding if a gluten-free diet is right for you, Mayo Clinic Going Gluten-Free will help you create and maintain a gluten-free lifestyle. Both authoritative and approachable, the book includes core medical information on celiac disease in addition to focusing on practical, everyday issues, such as: --Determining if gluten-free is right for you --Common signs, symptoms and myths of celiac --Dealing with celiac if you are newly diagnosed --Maintaining a gluten-free lifestyle while traveling, during the holidays, on-the-go and at college --Helping your child manage a gluten-free diet --Properly reading and understanding food labels --A few recipes and meals to jumpstart your gluten-free life

There are few scientists of the twentieth century whose life's work has created more excitement and controversy than that of physicist David Bohm (1917-1992). For the first time in a single volume, The Essential David Bohm offers a comprehensive overview of Bohm's original works from a non-technical perspective. Including three chapters of previously unpublished material, and a forward by the Dalai Lama, each reading has been selected to highlight some aspect of the implicate order process, and to provide an introduction to one of the most provocative thinkers of our time.

Discover how easy it can be to go grain-free There are many advantages to going grain-free--like losing weight, alleviating autoimmune symptoms, and managing blood sugar, to name a few. This cookbook explores what it means to be grain-free and offers straightforward recipes anyone can make--and everyone will love. Learn about the grain-free lifestyle--Get clear guidance on going grain-free with a primer on which foods to eat and which to avoid, along with an overview of the diet's health benefits. Enjoy an easy transition--Jump-start your grain-free journey with a convenient 14-day meal plan--complete with curated shopping lists. Indulge in a range of recipes--Whip up a variety of simple recipes sure to satisfy for any meal, from zesty Crispy Citrus Salmon to decadent Espresso Chocolate Pie. Learn how to adjust your diet and still love what you eat with the Grain-Free Cookbook for Beginners.

Object-Oriented Analysis and Design for Information Systems clearly explains real object-oriented programming in practice. Expert author Raul Sidnei Wazlawick explains concepts such as object responsibility, visibility and the real need for delegation in detail. The object-oriented code generated by using these concepts in a systematic way is concise, organized and reusable. The patterns and solutions presented in this book are based in research and industrial applications. You will come away with clarity regarding processes and use cases and a clear understand of how to expand a use case. Wazlawick clearly explains clearly how to build meaningful sequence diagrams. Object-Oriented Analysis and Design for Information Systems illustrates how and why building a class model is not just placing classes into a diagram. You will learn the necessary organizational patterns so that your software architecture will be maintainable. Learn how to build better class models, which are more maintainable and understandable. Write use cases in a more efficient and standardized way, using more effective and less complex diagrams. Build true object-oriented code with division of responsibility and delegation.

A Comprehensive Method for Jazz Style and Improvisation. Clarinet

How to Release Songs Successfully

Essential Readings from the Contemporary Debates

A Citizens' Guide to Essential Economics

The Essential David Bohm

Go Natural

With Appendixes

Now updated for 2015! The best, most comprehensive guide for writers is now revised and updated, with new sections on ebooks, self-publishing, crowd-funding through Kickstarter, blogging, increasing visibility via online marketing, micropublishing, the power of social media and author websites, and more—making The Essential Guide to Getting Your Book Published more vital than ever for anyone who wants to mine that great idea and turn it into a successfully published book. Written by experts with twenty-five books between them as well as many years' experience as a literary agent (Eckstut) and a book doctor (Stierry), this nuts-and-bolts guide demystifies every step of the publishing process: how to come up with a blockbuster title, create a selling proposal, find the right agent, understand a book contract, and develop marketing and publicity savvy. Includes interviews with hundreds of publishing insiders and authors, including Seth Godin, Neil Gaiman, Amy Bloom, Margaret Atwood, Leonard Lopate, plus agents, editors, and booksellers; sidebars featuring real-life publishing success stories; sample proposals, query letters, and an entirely updated resources and publishers directory.

Become a gluten-free baker with this easy introductory guide You don't have to be an experienced baker to make gluten-free versions of the baked goods you know and love. Gluten-Free Baking for Beginners is filled with guidance and a selection of sweet and savory gluten-free recipes for whipping up familiar favorites and creative new flavor combinations. Simple, dependable recipes--Dive into a collection of gluten-free recipes that use affordable, easy-to-find ingredients to make cookies, cakes, breads, muffins, and more. Recipe tips and tricks--For each recipe, learn what you need to know before you get started to help ensure baking success. Gluten-free flour recipes--Make your own flour blends with quick recipes for all-purpose, whole-grain, and bread flours to suit all your gluten-free baking needs. Learn to make baked goods that will tempt any palate, with help from Gluten-Free Baking for Beginners.

Sessional Papers

The Essential Beginner's Guide to Easy Gluten-Free Cooking

How to Write It, Sell It, and Market It . . . Successfully

The Essential Guide for Today's New Music Artists: Build Anticipation, Get More Fans, Earn More Money

The Essential Guide to Thinking and Talking Democratic

An Encyclopedia of Oils, Blends and Applications

The Essential Guide to Talk True, Be Seen, and (Finally) Live Free