

Galdrbok

Compiled from ancient as well as modern sources, this is a unique guide to the practice of witchcraft around the world. From magic stones and herbs to theories and spells, all the forbidden arts are here for anyone interested in magi c--black, white, or gray!

Explores the common ground of shamanic traditions and evaluates the diversity of both traditional indigenous communities and individual Western seekers.

No description available.

De-mystify modern shamanism as we undertake an alchemical healing and transformational journey of sacred self-discovery. Julie Dollman shares her own experiences as she embarks on a difficult, challenging and wondrous journey into the world of shamanism, emerging with some amazing and simple tools, a sense of belonging and most importantly, a wondrous connection to the natural world that we all live in. Living Shamanism will appeal to those who are looking for an alternate way to tackle day-to-day issues they are experiencing and to those that are seriously considering a lifestyle change.

Die Göttermutter: Frigg und Nanna

Trollrún

A Grimoire of the Sabbatic Craft

Northern Mysteries and Magick

The Galdrabók

Contemporary Paganism

Viking and Anglo Saxon Pagan Beliefs

Runework authority and author Edred Thorsson, explores the riddle of the runes. Combing historical lore with a detailed investigation, Runelore focuses on the esoteric aspects of the runic tradition. In Part One, Historical Lore, Thorsson uses archaeological evidence to explain where the runes come from, what they mean, and how they evolved. In Part Two, Hidden Lore, he takes a more psychological view of the runes and looks at the entire cosmology of the Old Norse to explain the role runes played and how they were used over time. Included are specific sections on rune magic and divination, rune poems, runic numerology, and concise explanations of the mysteries of the 24 runes. Reprinted with a newly designed cover, Runelore offers a complete picture of the Runes.

THE GALDRABOK, or Book of Magic, is the most important single document for understanding the practice of magic in late medieval Iceland. In this translation, the author discusses books of the black art, old gods, daemons of hell, runes and magical signs, theory and practice of magic.

Galdrbok Practical Heathen Runecraft, Shamanism and Magic The Wykeham Press

"[This work] explores the interplay between permanence and

impermanence in cultural and artistic practices in the West and elsewhere ... [and] addresses particularly crucial artists, including Robert Smithson and Andy Goldsworthy, as well as a wide variety of historical epochs and cultures, from the destroyed Buddhas at Bamiyan through attempts at preservation and commemoration in the wake of historical catastrophes like 9/11 and the genocide in Cambodia to the current trend toward globalization in contemporary art."--Publisher's description.

SWEET AGONY

Fairycraft

Researching Paganisms

Landscape, Ancestor, Self

Cultures In/out of Time

An Icelandic Grimoire

The Gothic: A Very Short Introduction

Die Reihe Die achtzigbändige Reihe "Die Götter der Germanen" stellt die Gottheiten und jeden Aspekt der Religion der Germanen anhand der schriftlichen Überlieferung und der archäologischen Funde detailliert dar. Dabei werden zu jeder Gottheit und zu jedem Thema außer den germanischen Quellen auch die Zusammenhänge zu den anderen indogermanischen Religionen dargestellt und, wenn möglich, deren Wurzeln in der Jungsteinzeit und Altsteinzeit. Das Buch Wie in allen frühen Kulturen mit einem mythologischen Weltbild hat auch bei den Germanen die Magie eine große Rolle gespielt. Es gab als Grundlage den Atem und die Erweckung der Kundalini sowie die Kenntnis der vier "alten Chakren", also Wurzelchakra, Herzchakra, Scheitelchakra und Drittes Auge. Zu diesen Grundlagen gehören weiterhin die Telepathie, die Intuition, die Symbole und die Verankerung dieser Symbole in der Mythologie - diese Elemente waren auch Teil des Galdrs und des Seidrs. Bei einem kriegerischen Volk wie den Germanen fehlt natürlich auch nicht die Kampfmagie, der Fessel-Zauber und der Fessellösungs-Zauber, das Ritual zum Stumpf-machen der Schwerter der Feinde und als Gegenmittel der "Anti-stumpf-Zauber", und ebensowenig das Anstreben von Unverwundbarkeit und Unsichtbarkeit. Der größte Schadenszauber war der Nid - ein Todesfluch, der von seiner Symbolik her eine inszenierte Bestattung des Verfluchten gewesen ist. Friedenszauber spielen hingegen eine eher untergeordnete Rolle ... Der Nebelzauber diente zum einen dazu, den Feinden die Orientierung zu rauben, und zum anderen dazu, sich selber zu verbergen. Wie bei Seefahrern nicht anderes zu erwarten, gibt es sehr viele Varianten des Windzaubers und auch allgemein der Wetterzauber. Die damalige Holzbauweise hat zur Entwicklung von Sprüchen zum Löschen von Bränden geführt. Die Fruchtbarkeitszauber und die Wohlstandszauber stammen aus dem bäuerlichen Bereich - an den Liebeszaubern haben hingegen alle Interesse gehabt ... Das Verstehen der Vogelsprache ist schließlich vor allem ein mythologisches Motiv gewesen - allerdings ein sehr beliebtes.

A detailed, researched and inspired book on Norse and Anglo Saxon tradition Paganism. This book is written from a different perspective to other books published on aspects of what is known variously as Asatru, The Northern Tradition and Odinism to present a handbook of accumulated data so that people can read and interpret it for themselves, aided by sometimes conflicting or complementary opinions clearly labelled, enabling the reader to develop and adapt their own theories and practices, rather than have them laid out by someone else. Where possible Pete compares more than one source of information. Trying to subjectively observe a movement from within, whilst being a part of it oneself is a delicate path to tread, but in this book Pete does an admirable job, separating them from the historical data being

presented.

Pantheon - The Norse explores the beliefs and practices found within Heathenry including a look at cosmology and various celebrations. It also discusses the gods and spirits that are acknowledged within the belief system giving brief descriptions of each and how they were and are understood. Designed as an introduction to the Norse pantheon, this book will guide beginners into a basic understanding of the beliefs and offer further suggested resources for those who want to dive deeper.

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Tyr in der Unterwelt - Der Zwergenkönig

Die Götter der Germanen - Band 64a

The Runes

The Paganism Reader

Magie und Ritual I - Magie

An Icelandic Book of Magic

A Discourse on Trolldom and Runes in the Northern Tradition

The Pagan tradition celebrates the physical nature of life on earth, blending science with spiritual folklore. Considering the everyday world of food, health, sex, work, and leisure to be sacred, Pagans oppose that which threatens life such as deforestation, overdevelopment, and nuclear power and invoke ancient deities in this struggle for the well-being of the earth and its inhabitants. Contemporary Paganism presents a broad-based introduction to the main trends of contemporary Paganism, revealing the origins and practical aspects of Druidry, Witchcraft, Goddess Spirituality and Magic, Shamanism, and Geomancy, among others. Making use of both traditional history and the movement's more imaginative sources, Harvey reveals how Paganism and its central focus on individual and social lives is evolving and how this "new religion" perceives and relates to more traditional ones. This updated and expanded new edition addresses recent developments among Pagans and includes a new chapter assessing continuing scholarly research about the religion.

13 authors explore the threefold relationship between the landscape, the ancestors and ourselves. By focussing upon the essentials that shape Pagan and Heathen identity, this book reveals the connective pathways where beliefs, actions and metaphors lead to dynamic, practical and spiritual lives. Contributors: Penny Billington (Order of Bards,

Ovates and Druids); Dr. Jenny Blain (Former Senior Lecturer in Sociology, Sheffield Hallam); Paul Davies (Quaker, Independent Druid) Introduction and Editor; Prof. Camelia Elias. (Roskilde University); Prof. Graham Harvey (Reader in Religious Studies OU) Foreword; Sarah Hollingham MSc res. (Geographer, Quaker & Mother); Prof. Ronald Hutton (University of Bristol) Afterword; David Loxley (Chief of Ancient Druid Order); Caitlin Matthews (Teacher and author) Joint Editor; Emma Restall Orr (Author); Philip Shallcrass (Chief of British Druid Order); Prof. Robert Wallis (University of Richmond, London); Dr. Luzie U. Wingen (Quantitative Geneticist at the John Innes Centre). This Ancient Heart is essential reading for people with an interest in earth spirituality, our shared ancestors, sacred landscapes, shamanism, anthropology, archaeology, religion and heritage studies.

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Explores the Norse system of runes, known as Futhark, explaining the meanings of each rune, offering methods of interpretation, and discussing some of the feminine mysteries of the Norse pantheon

The Ninth Arch

The Complete Book of Magic and Witchcraft

Shamans/neo-Shamans

Unveiling the Mystery

A Grounding in Northern Magic

Die Götter der Germanen -

Historical Dictionary of Shamanism

Die Reihe Die achtzigbändige Reihe "Die Götter der Germanen" stellt die Gottheiten und jeden Aspekt der Religion der Germanen anhand der schriftlichen Überlieferung und der archäologischen Funde detailliert dar. Dabei werden zu jeder Gottheit und zu jedem Thema außer den germanischen Quellen auch die Zusammenhänge zu den anderen indogermanischen Religionen dargestellt und, wenn möglich, deren Wurzeln in der Jungsteinzeit und Altsteinzeit. Daneben werden auch jeweils Möglichkeiten gezeigt, was eine solche alte Religion für die heutige Zeit bedeuten kann - schließlich ist eine Religion zu einem großen Teil stets der Versuch, die Welt und die Möglichkeiten der Menschen in ihr zu

beschreiben. Das Buch Frigg ist die oberste Göttin, die Sonnenmutter, die Jenseitsgöttin und eine der vielen germanischen Erdgöttinnen. Am bekanntesten ist sie als die Mutter des Baldur, in dessen Mythe sie auch am aktivsten auftritt. Sie ist ursprünglich mit Freya identisch gewesen. Nanna ist die Frau des Baldur. Ihr Name, der "Mutter" bedeutet, zeigt, dass sie wie Frigg und Freya ursprünglich die Muttergöttin gewesen ist.

2009 reprint of 1932 First edition. Manly Palmer Hall (1901-1990) was a Canadian-born author and mystic. He is perhaps most famous for his work *The Secret Teachings of All Ages: An Encyclopedic Outline of Masonic, Hermetic, Qabbalistic and Rosicrucian Symbolical Philosophy*, published in 1928 when he was 27 years old. In 1934, Hall founded the Philosophical Research Society (PRS) in Los Angeles, California, dedicating it to an idealistic approach to the solution of human problems. The PRS claims to be non-sectarian and entirely free from educational, political, or ecclesiastical control, and the Society's programs stress the need for the integration of philosophy, religion, and science into one system of instruction. The PRS Library, a public facility devoted to source materials in obscure fields, has many rare and scarce items now impossible to obtain elsewhere. In his over 70-year career, Hall delivered approximately 8,000 lectures in the United States and abroad, authored over 150 books and essays, and wrote countless magazine articles.

The Gothic is wildly diverse. It can refer to ecclesiastical architecture, supernatural fiction, cult horror films, and a distinctive style of rock music. It has influenced political theorists and social reformers, as well as Victorian home décor and contemporary fashion. Nick Groom shows how the Gothic has come to encompass so many meanings by telling the story of the Gothic from the ancient tribe who sacked Rome to the alternative subculture of the present day. This unique Very Short Introduction reveals that the Gothic has predominantly been a way of understanding and responding to the past. Time after time, the Gothic has been invoked in order to reveal what lies behind conventional history. It is a way of disclosing secrets, whether in the constitutional politics of seventeenth-century England or the racial politics of the United States. While contexts change, the Gothic perpetually regards the past with fascination, both yearning and horrified. It reminds us that neither societies nor individuals can escape the consequences of their actions. The anatomy of the Gothic is richly complex and perversely contradictory, and so the thirteen chapters here range deliberately widely. This is the first time that the entire story of the Gothic has been written as a continuous history: from the historians of late antiquity to the gardens of Georgian England, from the mediaeval cult of the macabre to German Expressionist cinema, from Elizabethan Revenge Tragedy to American consumer society, from folk ballads to vampires, from the past to the present. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Researchers of Paganism from a variety of disciplines examine how they have been affected by their contact with this nontraditional religion, how this religion has been affected by academic researchers and what this reveals about participative research methods.

Living With Honour

Pantheon - The Norse

A Companion to Old Norse-Icelandic Literature and Culture

A True Relation of What Transpired Between Frater Ashen Chassan, His Scryer
Benn Mac Stiofán and the Spirits

A Pagan Ethics

Zos Speaks!

Der neue Göttervater - Odin Teil 1

A controversial examination of the influence and presence of the Norse god Odin in contemporary history and culture • Documents Odin's role in the rise of Nazi Germany, the 1960s counterculture revolution, nationalist and ecological political movements, and the occult revival • Examines the spiritual influence of Odin in relation to Jesus Christ • Profiles key individuals instrumental in the rise of the modern pagan renaissance Exploring the influence of the Norse god Odin in the modern world, Richard Rudgley reveals Odin's central role in the pagan revival and how this has fueled a wide range of cultural movements and phenomena, including Nazi Germany, the 1960s counterculture revolution, the Lord of the Rings, the ecology movement, and the occult underground. Rudgley argues that it is Odin and not Jesus Christ who is the single most important spiritual influence in modern Western civilization. He analyzes the Odin archetype--first revealed by Carl Jung's famous essay on Wotan--in the context of pagan religious history and explains the ancient idea of the Web--a cosmic field of energies that encompasses time, space, and the hidden potentials of humanity--the pagan equivalent to the Tao of Eastern tradition. The author examines the importance of the concept of wyrd, which corresponds to "fate" or "destiny," exploring techniques to read destiny such as the Runes as well as the existence of yoga in prehistoric and pagan Europe, which later produced the Norse Utisetá, an ancient system of meditation. Rudgley documents how the Odin archetype came into play in Nazi Germany with the rise of Hitler and the pagan counterculture of the 1960s. He examines how the concept of subterranean and mythic realms, such as the Hollow Earth, Thule, and Agartha, and mysterious energies like Vril were manifested in both occult and profane ways and investigates key occult figures like Madame Blavatsky, Guido von List, and Karl Wiligut. He provides pagan analyses of Tolkien and the Lord of the Rings and documents the impact the Odin archetype has had on nationalist and fascist groups in America and Europe. Examining pagan groups in Europe and America that use the Norse template, Rudgley reveals true paganism as holistic and intimately connected with the forces at work in the life of the planet. Showing how this "green" paganism can be beneficial for dealing with the adverse consequences of globalization and the ongoing ecological crisis, he explains how, when repressed, the Odin archetype is responsible for regressive tendencies and even mass-psychosis--a reflection of the unprecedented chaos of Ragnarok--but if embraced, the Odin archetype makes it possible for like-minded traditions to work together in the service of life.

In TROLLRÚ N: A Discourse on Trolldom and Runes in the Northern Tradition, Nicholaj de Mattos Frisvold opens the door to landscapes

little known outside of Scandinavia. These landscapes are populated by mythical beings and land spirits which offer a quite different approach to the Northern Tradition than what is usual. Here the Aesir have taken a backseat in favour of discussions on the wider tapestry of Northern wisdom, such as trolldom, seidr and the legacy left by the Black Books of magic under the larger theme of 'What the Trolls Told', comprising the first part of TROLLRÚN. This is followed by a presentation of the Elder runes, runology, and rune magic, all rooted in Scandinavian ideas of the use of runes and their magic. TROLLRÚN views this landscape through the eyes of the cunning arts, where the ice, the frost, the midnight sun, and the majestic mountains and fjords become the orchestra of TROLLRÚN's wisdom, drenched in the powerful atmosphere of the magical north.

This major survey of Old Norse-Icelandic literature and culture demonstrates the remarkable continuity of Icelandic language and culture from medieval to modern times. Comprises 29 chapters written by leading scholars in the field. Reflects current debates among Old Norse-Icelandic scholars. Pays attention to previously neglected areas of study, such as the sagas of Icelandic bishops and the fantasy sagas. Looks at the ways Old Norse-Icelandic literature is used by modern writers, artists and film directors, both within and outside Scandinavia. Sets Old Norse-Icelandic language and literature in its wider cultural context.

An in-depth manual for practicing Fairy Witchcraft including theology, fairy lore, rituals, holidays, and magical practices. This book aims to pick up where Pagan Portals - Fairy Witchcraft leaves off and teach interested people the comprehensive practice of this system of honoring the Fair Folk and liminal Gods by blending the old Fairy Faith with modern paganism.

Practical Heathen Runecraft, Shamanism and Magic
Encounters with Austin Osman Spare

Der Donnergott Thor

Man: The Grand Symbol of the Mysteries: Essays in Occult Anatomy
This Ancient Heart

Golden Dawn Rituals and Commentaries

Runic Amulets and Magic Objects

What are the Runes, and are they actually good for magic? In *The Runes: A Grounding in Northern Magic* author, illustrator and artist James Flowerdew brings together a lifetime of learning and experiences with the Runes. Complete with a unique set of illustrations, *The Runes* is a great beginner's guide to this writing system, which was also and can still be used for magical purposes. Full of direct references to genuine ancient texts - as well as ripping yarns, poignant anecdotes and a good dose of humour - this book attempts to demonstrate not just the surface of Rune magic, but the underlying principles and culture that inform them alongside some general magical practice. The Runes are much more than a historical alphabet. They are a key to the wisdom of the ancient peoples who used them in language, life and magic, with these surviving writings not only clarifying these uses, but providing at least the bones of what you need to use them yourself today. A

mixture of elegant and coarse, gentle and gritty, sombre and witty, the Runes are not to everyone's taste - but they echo a very real and relatable cosmology. A world view that doesn't hide the warts, but that finds plenty worth loving at the same time. Step into the world of the Runes on steady feet, and start a spiritual journey from which you may never wish to turn back.

Most books about Kung Fu or Karate deal with techniques or history. Few examine the underlying purpose of these arts, or approach them as a tool for spiritual, rather than physical, development. Barefoot Zen is a brave new approach to the martial arts, which clearly demonstrates that the traditional movements of both Kung Fu and Karate, contained in the solo choreographed sequences of movements known as forms (or kata), grew out of the spiritual practices of the Shaolin order of Buddhist monks and nuns. Nathan Johnson explains that this mystical and non-violent teaching is a profound and beautiful expression of Chan (Zen) Buddhism and its pursuit of wisdom, peace, and enlightenment. Contrary to popular assumption, he contends that it was never intended to be an actual means of self-defense. Barefoot Zen bridges the gap between Kung Fu and Karate, and reveals their common origin through the disclosure of vital research material on three of the world's most important Karate kata. Part I explains the spiritual disciplines that contributed to what we know as the martial arts. Part II explains the creation of the art along with practical instruction for performing kata. Part III explains the formation of many of the world's Kung Fu styles. We learn that the original "empty hand art" was used as a method of kinetic meditation between pairs and was designed as a practical tool to assist practitioners in transcending the fear and insecurity of everyday living. Barefoot Zen makes the legacy of the Shaolin way accessible to all, releasing the art from the clutches of popular images and painful concerns about self-defense. The legendary courage of the Shaolin (Chan/Zen) order was not developed by fighting with enemies, but by not fighting! The Shaolin teaching was designed to free us from fear, the only true enemy. Robert J. Wallis explores the interface between the 'new' and prehistoric shamans of popular culture and anthropology, drawing on interviews with a variety of practitioners, particularly contemporary pagans in Britain and north America.

Paganism is one of the world's fastest-growing religions, practised in a huge variety of ways. The Paganism Reader provides a definitive collection of key sources in Paganism, ranging from its ancient origins to its twentieth-century reconstruction and revival. Chronologically organized sections include extracts from ancient Greek, Norse and Celtic literature, inspirational texts from the early twentieth-century, writings by leaders of the Pagan revival, and newer perspectives showing the diversity of Paganism today. Witchcraft, nature religion, shamanism and goddess worship are considered, as is the influence of environmental and feminist movements. Fully introduced, with editors' prefaces to all extracts and suggestions for further reading, this comprehensive book is an invaluable guide to Paganism and critical issues in its study.

Religions of the Earth from Druids and Witches to Heathens and Ecofeminists

Heathen Paths

The Return of Odin

The Shaolin Roots of Kung Fu and Karate

This Novel Won an Arthur Koestler Literary Award

Strange Attractor

Following The Path Of Fairy Witchcraft

This is not another beginner book on Magick that so many large publishing companies tend to print. This book was designed for the intermediate and advanced practitioner of the Order of the Golden Dawn. Pat Zalewski was fortunate enough to work with original members of the Stella Matutina and was taught the inner secrets of the Adepts. Now for the first time, these secrets are being published so that those who could benefit from this knowledge will learn as Zalewski had done with his mentor, Jack Taylor. Also being released for the first time is the connection between the Admission Badges and the Temple floor diagrams. Zalewski also discusses in-depth the God-form assumption technique he learned. Many significant lessons are contained in this book that you will not get from any other source.

A remarkable array of people have been called shamans, while the phenomena identified as shamanism continues to proliferate. This second edition of the Historical Dictionary of Shamanism contains with examples from antiquity up to today, and from Siberia (where the term "shaman" originated) to Amazonia, South Africa, Chicago and many other places. Many claims about shamans and shamanism are contentious and all are worthy of discussion. In the most widespread understandings, terms seem to refer particularly to people who alter states of consciousness or enter trances in order to seek knowledge and help from powerful other-than-human persons, perhaps "spirits". But this says only a little about the artists, community leaders, spiritual healers or hucksters, travelers in alternative realities and so on to which the label "shaman" has been applied. This second edition contains a chronology, an introduction, and extensive bibliography. The dictionary contains over 500 cross-referenced dictionary entries on individuals, groups, practices and cultures that have been called "shamanic". This book is an excellent access point for students, researchers, and anyone wanting to know more about Shamanism.

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Religion zu einem großen Teil stets der Versuch, die Welt und die Möglichkeiten der Menschen in ihr zu beschreiben. Das Buch Der Donnergott Thor ist einer der bekanntesten germanischen Götter - ein großer Teil der erhaltenen mythologischen Lieder beschreibt seinen Kampf gegen die Riesen. Er ist der starke Beschützer der Götter und der Menschen. Aber Thor hat auch noch andere Seiten: Er ist der Regengott und der Beschützer der Ernten - es ist kein Zufall, dass seine Mutter die Erdgöttin ist und seine Frau Sif die Korngöttin. Und sein Hammer trägt den Namen "Mahlstein" ... Die Reichhaltigkeit der Überlieferung zu dem Gott Thor wird nur noch von der zu Odin übertroffen. Auch bei den Indogermanen insgesamt ist der Donnergott sehr beliebt gewesen. Die Entwicklung des Thor lässt sich bis zu der großen Dürre um 6000 v.Chr. zurückverfolgen - zu dieser Zeit ist der Regen- und Donnergott entstanden. Der starke Gott sollte den Regen zurückzuholen, den die Regengräuberschlange im Sommer in der Unterwelt festhielt. Aus dem Kampf zwischen diesen beiden ist dann später Thors Kampf mit Jörmungandr entstanden. Thor ist stark und ein Krieger - aber er ist auch seiner Sippe eng verbunden, für die er alles tut ... Der Donnergott der Germanen ist das Wikinger-Ideal gewesen: der Sieger in (fast) allen Kämpfen.

As Contemporary Paganism continues to grow and establish its identity and place on the global religious landscape, new angles of inquiry about it have emerged and are discussed by Pagan Studies scholars of varying disciplines in this collection.

Handbook of Contemporary Paganism

Living Shamanism

Contested Ecstasies, Alternative Archaeologies, and Contemporary Pagans

The A to Z of Shamanism

The Magic, History, and Hidden Codes of the Runes

The Modern Renaissance of Pagan Imagination

"Galdrbok" ('spell-book') straddles the divide between the academic and the inspirational to provide arguably the most comprehensive and practical 'system' of Northwest European 'Heathen Shamanism' thus far in print. Nine years in preparation and painstakingly constructed by two practicing Heathen shamans, "Galdrbok" explores the magic of Migration Age Northwest Europe and outlines a complete self-study program of Heathen Runecraft. "Galdrbok" introduces the essential techniques of Scrying ('to descry'/'foresee'/crystal gaze), and Galdr (magical chants or sung spells), and other powerful techniques involving Runes (whispered secrets and magical letters) for inducing the 'altered states' necessary to enter and explore the nine magical worlds of 'Yggdrasill' - the Heathen World Tree. The book also includes an impressively thorough bibliography for sourcing essential reading on Heathenry, Paganisms and related occult subjects.

A provocative, articulate and uncompromising exploration of how Paganism can provide the philosophical guidance to live honourably in a twenty-first Western society. This is a new translation and edition of the book of Icelandic magic first published by Samuel Weiser in 1989. The book has been out of print for several years, and this

second edition includes a completely revised translation and the explanatory notes have been doubled. The text consists of a substantial topical introduction that covers the history, theory and practice of magic in Iceland in the medieval and early modern periods. This is followed by the translation of the Galdrabók itself with copious explanatory notes. There are also a number of appendices which contain magical material from other Icelandic books of magic as well as spells from other Germanic areas.

Gateways Through Light and Shadow is the second book by Bryan Garner, known to his fellow ceremonial magicians as Frater Ashen Chassan, and in it we are again offered the illuminating opportunity to observe and learn from a practicing magus engaged in his Work. Once more he offers instruction in the processes of grimoric ceremonial magic and shares the insights he has gained from his ongoing research and operations. However, what may be most extraordinary about Gateways is that it allows us access to the detailed magical journal records of the communications received by Ashen Chassan and his gifted scryer, Benn mac Stiofán, during the evocations of such profound Spiritual beings as the seven Planetary Archangels, the seven Olympic Planetary Spirits, the four Spirit Kings of the Cardinal Directions, and the Supercelestial Angels Sandalphon and Metatron. Gateways Through Light and Shadow is illustrated throughout with two-color line art of the talismanic magical implements used in the evocations, including sigils, seals, lamens, pentacles, and magic circles, along with new implements created by the magician under the guidance of the Archangels, as well as new portraits of the evoked Spirits. "This book is a major contribution to the study and practice of Western ceremonial ritual magic. This is a book that no serious practitioner of magic should be without." --from the Foreword by Dr. Stephen Skinner

Runelore

Barefoot Zen

The Azoetia

Galdrbok

(Im)permanence

Gateways Through Light and Shadow