

Growing Up Its A Girl Thing

You have questions? We have answers to everything you need to know for growing up you! Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Girl's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a girl might have. Topics covered include: * From hair care to high heels, a head-to-toe guide to what's happening with your changing body * Dealing with your friends, even when they don't want to deal with you - and how to handle "Mean Girls," bullies, and cyberbullies * The care and keeping of parents, teachers, brothers, and sisters * Finding out what you like (from sports to art to music), and learning to like who you are * And so much more!

Advice from Girls' Life magazine in a hip and honest guide to growing up.

A totally modern, easy-to-read, upbeat guide to girls' growing up issues, now updated to include online and smartphone safety. The Girl Files offers age-appropriate advice, practical tips and support to help girls navigate the physical and mental rollercoaster of puberty. From periods and body hair to bras, boys, sexting and cyber bullying, The Girl Files' chatty, big-sisterly style is a fantastic, feel-good reference source for 'tweens and young teens, and places a strong emphasis on the importance of self esteem, and maintaining a positive attitude. Chapters: P is for puppies, pink and... puberty From hips to zits The news on boobs Periods, pads and PMS All change! Mates and dates Staying safe Get connected! The Boy Files by Alex Hooper-Hodson is the partner title to The Girl Files, offering puberty advice and support for boys. Alex has also written the popular teen self-help resources: 52 Teen Girl Problems and How to Solve Them and 52 Teen Boy Problems and How to Solve Them. Every smart girl knows when to ask for advice, and this book is an indispensable companion to growing up. Addressing all those cringey questions about periods, boys and boobs that adults squirm at answering, Anita Ganeri's sensible, light-hearted advice will calm the fears of any worried young woman.

A New York Times and Washington Post Notable Book A Best Book of 2021 by BuzzFeed and Real Simple A "beautiful, tragic, and inspiring" (Publishers Weekly, starred review) memoir about three Black girls from the storied Bronzeville section of Chicago that offers a penetrating exploration of race, opportunity, friendship, sisterhood, and the powerful forces at work that allow some to flourish...and others to falter. They were

three Black girls. Dawn, tall and studious; her sister, Kim, younger by three years and headstrong as they come; and her best friend, Debra, already prom-queen pretty by third grade. They bonded—fervently and intensely in that unique way of little girls—as they roamed the concrete landscape of Bronzeville, a historic neighborhood on Chicago’s South Side, the destination of hundreds of thousands of Black folks who fled the ravages of the Jim Crow South. These third-generation daughters of the Great Migration come of age in the 1970s, in the warm glow of the recent civil rights movement. It has offered them a promise, albeit nascent and fragile, that they will have more opportunities, rights, and freedoms than any generation of Black Americans in history. Their working-class, striving parents are eager for them to realize this hard-fought potential. But the girls have much more immediate concerns: hiding under the dining room table and eavesdropping on grown folks’ business; collecting secret treasures; and daydreaming about their futures—Dawn and Debra, doctors, Kim a teacher. For a brief, wondrous moment the girls are all giggles and dreams and promises of “friends forever.” And then fate intervenes, first slowly and then dramatically, sending them careening in wildly different directions. There’s heartbreak, loss, displacement, and even murder. Dawn struggles to make sense of the shocking turns that consume her sister and her best friend, all the while asking herself a simple but profound question: Why? In the vein of *The Other Wes Moore* and *The Short and Tragic Life of Robert Peace*, *Three Girls from Bronzeville* is a piercing memoir that chronicles Dawn’s attempt to find answers. It’s at once a celebration of sisterhood and friendship, a testimony to the unique struggles of Black women, and a tour-de-force about the complex interplay of race, class, and opportunity, and how those forces shape our lives and our capacity for resilience and redemption.

What Girls on the Autism Spectrum Need to Know!

All About Puberty & Growing Up

Growing Up Between Black and White, Rich and Poor

Growing a Girl

The Truth on Growing Up, Being Real, and Making Your Teen Years Fabulous!

Growing Up in the Remote Dolpo Region of Nepal

Seven Strategies for Raising a Strong, Spirited Daughter

A straight-talking book explaining puberty and the emotional, psychological and physical changes girls go through. Covers everything girls want to find out about, including moods and feelings, periods, what happens to boys, diet, eating disorders, exercise, body image, sex and relationships, contraception, self-confidence, drink and drugs, exam stress, and cyberbullying.

A guide for pre-adolescent girls to the changes that puberty brings to their bodies, including information about menstruation. Presents a guide for girls with intellectual disabilities as an introduction to the physical and emotional changes they will encounter during puberty. 'This book is not only reassuring; it is inspiring, and bursting with ideas and achievable strategies. The authors write with authority and conviction, and tackle even the most difficult and delicate of topics. If ever you needed to be convinced that girls with ASD can overcome the difficulties and challenges of puberty and adolescence, have successful friendships and relationships and enjoy a healthy sexuality, then take the time to read this book - it is a must-have for families, teachers and therapists alike.' -Sarah Attwood, author of *Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome* Growing up isn't easy, and the trials and tribulations of being a teenager can be particularly confusing for girls with Autism Spectrum Disorders (ASDs). This book covers all the concerns commonly faced by girls with ASDs and their parents, from periods and puberty to worries over friendships and 'fitting in'. Taking a good look at these adolescent issues, and many more, within the context of specific areas of difficulty for girls with ASDs, the authors provide families with the knowledge and advice they need to help their daughters - and the whole family - through the teenage years. This book addresses core issues such as cognition, communication, behavior, sensory sensitivities, and social difficulties; it gives candid and realistic advice on a wide range of important teenage topics. Providing professional perspectives alongside personal experiences from mothers, daughters and educators, this is a unique and indispensable guide for families and their daughters with ASDs, as well as the teachers and professionals who work with them.

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Choices & Changes in the Tween Years

Me and Earl and the Dying Girl (Movie Tie-in Edition)

Growing Up a Girl

Supercool Puberty Book for Girls Ages 9-12

Three Girls from Bronzeville

Changing Bodies, Periods, Relationships, Life Online

The Growing Up Guide for Girls is a one-stop guide for young girls on the autism spectrum explaining all they need to know about puberty and adolescence. The pre-teen and teenage years are a bumpy time when bodies change, emotions are high and peers are developing at different paces. Using simple, literal language and delightful colour illustrations, this book explains the facts about body changes such as growing hair in new places, periods, wearing a bra and keeping spots away! It gives cool tips on what makes a real friend, what it means to have a crush on somebody, and how to stay safe online. Most importantly, it explains that every body is beautiful and unique and encourages young girls with autism to celebrate difference! Perfect preparation for the teenage years for girls aged 9-14.

An updated edition of a best-selling reference for younger adolescents shares practical, expert advice on topics ranging from hair care and healthy eating to menstruation and acne. Original.

The "What's Happening to My Body?" Book for Girls Written by experienced educator and her daughter in a reassuring and down-to-earth style, *The "What's Happening to My Body?" Book for Girls* gives sensitive straight talk on: the body's changing size and shape; the growth spurt; breast development; the reproductive organs; the menstrual cycle; body hair; diet and exercise; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on anorexia and bulimia, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up is an essential puberty education and health book for all girls ages 10 and up.

Provides a close-up look at such issues as the physical and emotional changes that puberty brings, friendship, boys, families, and other changes in their lives

The essential girl guide to growing up! Girls Only! focuses on the practicalities, social and personal implications of starting your period, and the physical and emotional developments in puberty. It tells you what happens and when, what you need to know and how to prepare. It answers all the questions girls are dying to ask, but daren't, in a clear, friendly way, using real-life examples. It's the perfect first book about periods for girls from primary school age and upwards, with a reassuring tone and fun, quirky illustrations. The perfect first book about periods for girls of primary school age, information at the right level. Family Interest Parenting

It's a Girl Thing

The Period Book

The Girls' Guide to Growing Up

Growing Up in the Great Migration

A History of Growing Up Female in America

A Girl's Guide to Life

The Growing Up Guide for Girls

Ashley Dartnell's mother was a glamorous American, her father a dashing Englishman, each trying to slough off their past and upgrade to a more romantic and exotic present in Iran. As the story starts, Ashley is eight years old and living in Tehran in the 1960s: the Shah was in power, life for Westerners was rich and privileged. But somehow it didn't all add up to a fairytale. There were bankruptcies and prisons, betrayals and lovers, lies and evasions. And throughout it all, Ashley's passionate and strong-willed mother, Genie. Stories of mothers and daughters are some of the most compelling in contemporary memoir, from *The Liar's Club* and *The Glass Castle* to *Don't Let's Go to the Dogs Tonight* and *Bad Blood*. *Farangi Girl* deserves to be in their company. It's an honest and endlessly recognisable portrait of a mother by a daughter who loved her (and was loved in return). Against this extraordinary background, Ashley's journey into adulthood was more helter-skelter than most and this portrait of a bewitching and endlessly inventive

mother is surprising and deeply moving.

'Wise and kind' - Sali Hughes 'Every young teen needs this book' - Nadia Sawalha 'Brilliant, accessible, sensitive and funny' - Emily Maitlis 'Funny, kind and wise' - Daisy Buchanan
Going through puberty? Thinking about puberty? Worried about growing up? This book is for you! Puberty isn't just about what's going on in your body, but also your brain, your emotions and the world around you. Knowledge is power! All the information you need is here, plus advice, wisdom and lots of questions from girls like you: - Body-basics (like breasts, spots and periods) - Life's big mysteries. Is how you look important? Is a crush ever wrong? Is it bad to be jealous of your friends? - Clear, empowering info on emotions, sex, sexuality and gender - Staying safe and having fun online - Plenty of space for your own notes and doodles

Traces the history of growing up female in America as told by the girls themselves in journals, household manuals, letters, slave narratives, and other primary sources. By the author of Rosie the Riveter. Reprint.

Growing Up It's a Girl Thing : Straight Talk about First Bras, First Periods, and Your Changing Body Knopf Books for Young Readers

This charmingly illustrated guide for girls is full of facts and advice about growing up, puberty, body image, friendship, crushes and more! Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for girls with autism aged 9 to 14.

Everything You Need to Know for Growing Up YOU

The Girls' Guide to Growing Up Great

For Younger Girls

Everything You Need to Know for Growing Up You

The Girls' Life Guide to Growing Up

The Boy's Body Book

Growing Up for Girls

A boy sets out on a journey, full of wonder. He comes across an empty box and imagines all the things he can do with it. But when the path he is on splits, the boy must make a decision: to follow the advice of others or to follow his own heart.

Specially created for readers aged 5--9 Excellent as a teaching tool for the six comprehension strategies: (1) making connection, (2) asking questions, inferring, (4) visualising, (5) determining importance and (6) summarising Explores the complex

issues of growing up and making choices, and demonstrates the importance of being true to yourself

A friendly, reassuring and positive guide for girls as they approach puberty, explaining the changes that will happen to their bodies as they grow up and how these changes might make them feel. Covering everything from periods and breast development to body hair and personal hygiene, puberty and parenting expert Anita Naik addresses any worries that girls may have relating to what is 'normal'. She reassures readers and boosts their confidence, encouraging them to feel positive about the changes they will experience as they go through puberty. The book also includes lifestyle advice on topics like healthy eating and exercise, and information on how puberty affects boys. Topics covered: What is puberty? Your puberty timeline Breasts and bras Same age, different stage Skin changes Sweat, smells and personal hygiene Hair in new places Down there What are periods? The practical side of periods Coping with periods Sex explained Making babies New feelings Managing your moods Healthy eating The power of exercise Self-esteem and body image Privacy and your body Puberty for boys Boys have worries, too Celebrating over twenty years in print, this best-selling, essential illustrated guidebook for adolescent girls is now available as a refreshed edition, with new and updated content. With over 400,000 copies sold, this appealingly illustrated guidebook to puberty--now updated with new content relevant to today's kids--is the perfect companion for girls and parents preparing for this important milestone. Written in consultation with preteen girls, this guide offers a supportive, practical approach, providing clear and sensitive answers to common questions on periods, as well as advice dealing with pimples and mood swings. This revised edition features new sections on: - getting braces - bra sizing - shaving - relatable anecdotes from real girls - changing friendships - romantic feelings - dealing with sexual harassment both on social media and in real life Complete with charming and informative interior illustrations, The Period Book is a trusty friend that can help girls feel confident about this new phase of their lives.

Body image expert Dr Charlotte Markey helps girls aged 9-15 to understand, accept, and appreciate their bodies.

American girls undergoes lots Puberty changes. although this is common to millions of young girls, the changes each person experiences is unique. The Supercool menstrual cycle book for girls ages 8-12 book will help you understand how to handle this changes. When you order a copy of the supercool period book for girls, the author explained in simple language with pictures. Find out everything girls need to know about breasts

and bras, their period, hair here and there, feelings and friends, and so much more. Your body is special and unique .! Supercool ways expressed have been medically proven to yeild results. and its among the top bestsellers puberty books for girls ages 8, 9, 10, and above. In this book you will find questions and answers that girls have about puberty. if you are an american girl then read this sex education guide. Facts about your body and what to expect when you are on your period. Now You can read this book with your parents.(dad and mum) be informed and be empowered for change. Parents, school teachers and Guidian Counsellors will also find this book useful. ORDER A COPY now click the buy now button and see amazing results .

Growing Up Female and Ambitious

Girls Body Book

Growing Up

Revised Edition

Love Yourself and Grow Up Fearless

South Side Girls

The Body Image Book for Girls

CONGRATS! YOU HAVE FOUND "THE BOOK"! Filled with facts, tips, advice, and illustrations, BUNK 9'S GUIDE TO GROWING UP is the girl-powered puberty book you'll actually want to read. Written in the voice of the counselors in training at the fictional Camp Silver Moon, it's like having your best friend or older sister share everything there is to know about being comfortable in your changing body. From periods, bras, and hormones to nutrition, exercise, and sleep—to crushes, that first kiss, and ALL the feels—it's the head-to-toe guide to not only surviving puberty but totally, 100% owning it! GUARD THIS BOOK WITH YOUR LIFE AND USE ITS SECRETS WISELY. The Top Three Tips for the Best Puberty Ever A Field Guide to Breasts Acne: Self-Care and Skin Care The 'No-Smell' Basics Rocking Your First Period Why Sleep? Boys: They're Changing, Too Crushing It

In this fun and interactive book from bestselling author Nancy Rue, all the questions girls 8 to 12 ask about their changing bodies and growing up are answered, along with advice and health tips designed to help you become the confident, beautiful young woman God created you to be. Whether you're noticing new curves and hair growing where it never did before, or feel like your emotions are always on the surface, you likely have a lot of questions about what is going on inside you ... and what it means. No matter how big the question or how embarrassing it may sound, Nancy Rue is here with answers.

Inside You! A Christian Girl's Guide to Growing Up, you'll discover: honest answers to your changing-body questions health and beauty tips quizzes and journaling space to help you figure out where you are in your puberty journey medical and spiritual facts on the things you wonder about advice from girls like you who have been where you are Most importantly, you'll discover the true beauty that is revealed as you grow closer to God, and all the things you're going through are actually part of his plan for the beautiful, confident, grown-up you! You! A Christian Girl's Guide to Growing Up: can be used as a supplement to school health classes looks at puberty from a Christian perspective helps make adolescence understandable and manageable for young girls features a conversational tone and fun features

In this poignant and timely memoir—written with the searing power of Beautiful Struggle and Born a Crime—Degrassi Junior High star Anais Granofsky contemplates the lingering impact of a childhood spent in two opposite and warring worlds. Though recognized around the world for her role as Lucy Hernandez on the hit show Degrassi, Anais Granofsky's true childhood story is largely unknown. Growing up, Anais was caught between two vastly different worlds: her father, Stanley, came from a wealthy, prominent, white Jewish family in Toronto. Her mother, Jean, was one of 15 children from a poor Black Methodist family in Ohio directly descended from freed Randolph slaves. When Anais's parents met at Antioch College in the early 1970s and soon had their first child, they didn't anticipate being cut off by the wealthy Granofskys, or that Stanley would find his calling in the spiritual teaching of Bhagwan Shree Rajneesh, change his name to Fakeer, and leave his family for an ashram in India. Young Anais and her mother teetered on the abyss of poverty, sharing a mattress in a single room in social housing in Toronto, while her grandparents lived in a mansion that was 20 minutes away. As Anais grew up, she spent weekends with her wealthy Granofsky grandparents. On Saturdays and Sundays she would wear expensive clothes and eat lunch by the pool. In the weeks between, she and her mother lived day by day penniless, rarely knowing where their next meal would come from. From her earliest youth, Anais realized that if she wanted to be loved, she had to keep her two lives separate, learning to code switch between her Jewish identity on the weekend and her Black one during the week. Her life was compartmentalized, until at age

12, Anais was cast in the internationally successful television show *Degrassi Junior High*. *The Girl in the Middle* is a tale of two vastly different families and the granddaughter they shared and clashed over. Compassionate and vivid, Anais's story is a powerful lens revealing two divided families and the systematic, generational oppression that separated them. As Anais shares her experiences growing up in opposing worlds, she offers a heart-wrenching exploration of generational trauma, love, shame, grief, and prejudice—and essential insight for healing and acceptance.

Throughout the de-industrialized world, huge transformations are taking place in the social fabric, leaving few lives untouched. The shift from a manufacturing base to service and communications industries is accompanied by the decreased participation of men and the increased number of women in the labour market. Girls growing up today face huge changes in the organization of family, education and work.

Johnny's Girl the nationally acclaimed memoir of growing up in Alaska's underworld as the only child of gambler John F. "Johnny" Rich and exotic dancer, Frances "Ginger" Rich. It chronicles Alaska's mean streets and her parent's tragic lives that were cut short. Kim Rich was an ordinary girl trapped in an extraordinary childhood, someone who dreamed of going to parties and getting good grades while living in an after-hours hell of gamblers, pimps, and con men. She longed for normalcy, yet she was inescapably her father's child, and she had no choice but to grow up fast. Her mother, who suffered from mental illness, was a stripper and B-girl: her father was a major player in the underworld of Anchorage, Alaska in the sixties, a city flush with newfound oil money. Only after her father was gruesomely murdered when she was 15, and Kim became a journalist, was she able to fill in the missing pieces of one American dream gone horribly wrong. Kim's true story is a tale of a woman's search for her parent's secrets. What she finds is both shocking and tragic, but in the end she's able to discover her true self amid the remnants of her parents' lost lives.

Bunk 9's Guide to Growing Up

Girls Growing Up on the Autism Spectrum

What Parents and Professionals Should Know About the Pre-Teen and Teenage Years

Girls

How to Stay Healthy, Safe, and in Charge

You! A Christian Girl's Guide to Growing Up

Girls Only! All About Periods and Growing-Up Stuff

Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Girl's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a girl might have.

The author offers a chronicle of growing up in a small town in America's heartland, offering portraits of her family and her encounters with the complexities of the adult world, romance, and small-town life during the 1960s and 1970s.

Provides effective guidelines to help parents raise daughters, explaining how to avoid sexual stereotypes, widen opportunities, enhance learning, and cultivate strong, spirited, and caring young women. Original.

In *South Side Girls* Marcia Chatelain recasts Chicago's Great Migration through the lens of black girls. Focusing on the years between 1910 and 1940, when Chicago's black population quintupled, Chatelain describes how Chicago's black social scientists, urban reformers, journalists and activists formulated a vulnerable image of urban black girlhood that needed protecting. She argues that the construction and meaning of black girlhood shifted in response to major economic, social, and cultural changes and crises, and that it reflected parents' and community leaders' anxieties about urbanization and its meaning for racial progress. Girls shouldered much of the burden of black aspiration, as adults often scrutinized their choices and behavior, and their well-being symbolized the community's moral health. Yet these adults were not alone in thinking about the Great Migration, as girls expressed their views as well. Referencing girls' letters and interviews, Chatelain uses their powerful stories of hope, anticipation and disappointment to highlight their feelings and thoughts, and in so doing, she helps restore the experiences of an understudied population to the Great Migration's complex narrative.

The book that inspired the hit film! Sundance U.S. Dramatic Audience Award Sundance Grand Jury Prize This is the funniest book you'll ever read about death. It is a universally acknowledged truth that high school sucks. But on the first day of his senior year, Greg Gaines thinks he's figured it out. The answer to the basic existential question: How is it possible to exist in a place that sucks so bad? His strategy: remain at the periphery at all times. Keep an insanely low profile. Make mediocre films with the one person who is even sort of his friend, Earl. This plan works for exactly eight hours. Then Greg's mom forces him to become friends with a girl who has cancer. This brings about the destruction of Greg's entire life. Fiercely funny, honest, heart-breaking—this is an unforgettable novel from a bright talent, now also a film that critics are calling "a touchstone for its generation" and "an instant classic." Includes a discussion with Jesse Andrews and an annotated excerpt from the screenplay! STARRED REVIEW "One need only look at the chapter titles ("Let's Just Get This Embarrassing Chapter Out of the Way") to know that this is one funny book." –Booklist, starred review STARRED REVIEW "Though this novel begs inevitable thematic comparisons to John Green's *The Fault in Our Stars* (2011), it stands on its own in inventiveness, humor and heart." –Kirkus Reviews, starred review New York Times bestseller! Capitol Choices 2013 - Noteworthy Titles for Children and Teens Cooperative Children's Book Center (CCBC) Choices 2013 list - Young Adult Fiction YALSA 2013 Quick Picks for Reluctant Young Adult Readers YALSA 2013 Best Fiction for Young Adults YALSA 2014 Popular Paperbacks for Young Adults

A Daughter's Memoir of Growing Up In Alaska's Underworld

Farangi Girl

The Girl Files

The Care and Keeping of You Journal 1

Where the Girls Are

Growing Up Female With the Mass Media

A Girl Named Zippy

*This unusual memoir immerses us in the fascinating story of a spirited girl in a remote, undeveloped region of Nepal near the border of Tibet, a place made known to the world in Peter Matthiessens *The Snow Leopard*. Life above 13,000 feet in Upper Dolpooften called the last paradise because of its breathtaking snow-capped peaks, untouched beauty, and hand-irrigated green pastures was one of constant risk and harsh survival. Dorje's life centered around the care of her numerous younger brothers and sisters and the family's sheep, goats, and yaks. At age five she began herding and was soon taking the animals high in the mountains, where she fought off predatory wolves and snow leopards. Covering her first ten years, the story takes Dorje from her primitive mountain village to the bewildering city of Kathmandu, and finally to a new home in America, where she receives life-saving surgery. With humor, soul, and insightful detail, the author gives us vividly told vignettes of daily life and the practice of centuries-old Tibetan traditions. This wonderful and surprising tale of survival, loss, and self-reflection offers us entry to this difficult, yet magical, place.*

The Boy's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have about growing up.

*A principal sends a girl home from school for not wearing a bra, A manager fires a woman at work because she questions the difference in pay between herself and her male counterpart. The public ignores a female athlete's accomplishments and instead scrutinizes her for how she looks. There are many differences between the female and male experience in American society today, *The Being Female in America* series draws out the biases, double standards, and discriminatory attitudes embedded in American culture and considers their impact on women nationwide, Prepare to engage meaningfully In the conversation through *Being Female in America*.*

*The companion to our bestselling book, *The Care & Keeping of You*, received its own all-new makeover! This updated interactive journal allows girls to record their moods, track their periods, and keep in touch with their overall health and well-being. Tips, quizzes, and checklists help girls understand and express what's happening to their bodies - and their feelings about it.*

*Just A Girl is the sensitive, personal story of the author's ambition to become and succeed as a scientist during the "white man in power" era of the 1950s to 2010s. In the male-dominated science world, she struggles from girlhood unworthiness to sexist battles in jobs on the farms and in the restaurants of America, in academia's laboratories and field research communities, and in the executive corner office. Jackson overcomes pain, shame, and self-blame, learns to believe in herself when others don't, and becomes a champion for others. The turbulent legal and social background of sexual harassment and sexism in America over seven decades is delivered as "history with emotion." *Just a Girl* is also a call to action: it identifies the court cases and lawsuits that helped advance the cultural changes we see today; outlines the pressing need for a Boys and Men Liberation (BAML) movement; highlights new approaches by parents; advocates for changes in our universities; and suggests a different direction for corporate America to take to stop the cycle of sexual harassment. Eye-opening and inspiring, it points the way to a brighter future*

for women everywhere.

It's a Girl Thing : Straight Talk about First Bras, First Periods, and Your Changing Body

A Uniquely American Memoir of Race, Fate, and Sisterhood

Yak Girl

The Smart Girl's Guide To Growing Up

Growing Up Small in Mooreland, Indiana

The Body Book for Younger Girls

Growing Up Girl

A scholar and media critic takes a provocative look at the portrayal of women in American popular culture from the 1950s to the present day and assesses the impact of such images on women's real lives

A Girl's Guide to Growing Up

What's Happening to My Body? Book for Girls

The Boy and the Box

The Girl in the Middle

Secrets, Tips, and Expert Advice on the Good, the Bad, and the Awkward

Psycho-Social Explorations of Gender and Class

Growing Up and Sex Education Guide For 8 - 12 Year Olds