

## ***Hikikomori Adolescence Without End***

From computer games to figurines and maid cafes, men called “otaku” develop intense fan relationships with “cute girl” characters from manga, anime, and related media and material in contemporary Japan. While much of the Japanese public considers the forms of character love associated with “otaku” to be weird and perverse, the Japanese government has endeavored to incorporate “otaku” culture into its branding of “Cool Japan.” In *Otaku and the Struggle for Imagination in Japan*, Patrick W. Galbraith explores the conflicting meanings of “otaku” culture and its significance to Japanese popular culture, masculinity, and the nation. Tracing the history of “otaku” and “cute girl” characters from their origins in the 1970s to his recent fieldwork in Akihabara, Tokyo (“the Holy Land of Otaku”), Galbraith contends that the discourse surrounding “otaku” reveals tensions around contested notions of gender, sexuality, and ways of imagining the nation that extend far beyond Japan. At the same time, in their relationships with characters and one another, “otaku” are imagining and creating alternative social

worlds.

"First published in Japan in 1998 by PHP Institute, Inc. [as Shakaiteki hikikomori: owaranai shishunki]."

This book examines the phenomenon of social withdrawal in Japan, which ranges from school non-attendance to extreme forms of isolation and confinement, known as hikikomori. Based on extensive original research including interview research with a range of practitioners involved in dealing with the phenomenon, the book outlines how hikikomori expresses itself, how it is treated and dealt with and how it has been perceived and regarded in Japan over time. The author, a clinical psychologist with extensive experience of practice, argues that the phenomenon although socially unacceptable is not homogenous, and can be viewed not as a mental disorder, but as an idiom of distress, a passive and effective way of resisting the many great pressures of Japanese schooling and of Japanese society more widely.

This is the first English translation of a controversial Japanese best seller that made the public aware of the social problem of hikikomori, or "withdrawal"—a phenomenon estimated to

involve approximately one million Japanese adolescents and young adults. Drawing on his own clinical experience with hikikomori patients, Saito Tamaki creates a working definition of social withdrawal and explains its development.

Life Course, Happiness and Well-being in Japan

A Spiritual Journey Through Life and Death

A Novel

Encounters with Aging

A Genealogy of Television, Animation, and Game Media

Japanese Atmospheres of Self

AN INDIE NEXT PICK! From the #1 bestselling author in Japan comes a celebration of books, cats, and the people who love them, infused with the heartwarming spirit of *The Guest Cat* and *The Travelling Cat Chronicles*. Bookish high school student Rintaro Natsuki is about to close the secondhand bookstore he inherited from his beloved bookworm grandfather. Then, a talking cat appears with an unusual request. The feline asks for—or rather, demands—the teenager's help in saving books with him. The world is full of lonely books left unread and unloved, and the cat and Rintaro must liberate them from their neglectful

owners. Their mission sends this odd couple on an amazing journey, where they enter different mazes to set books free. Through their travels, the cat and Rintaro meet a man who leaves his books to perish on a bookshelf, an unwitting book torturer who cuts the pages of books into snippets to help people speed read, and a publishing drone who only wants to create bestsellers. Their adventures culminate in one final, unforgettable challenge—the last maze that awaits leads Rintaro down a realm only the bravest dare enter . . . An enthralling tale of books, first love, fantasy, and an unusual friendship with a talking cat, *The Cat Who Saved Books* is a story for those for whom books are so much more than words on paper. Translated from the Japanese by Louise Heal Kawai. "Cats, books, young love, and adventure: catnip for a variety of readers!" –Kirkus

Lost in Transition tells the story of the 'lost generation' that came of age in Japan's deep economic recession in the 1990s. The book argues that Japan is in the midst of profound changes that have had an especially strong impact on the young generation. The country's renowned 'permanent employment system' has unraveled for young workers, only to be replaced by temporary

and insecure forms of employment. The much-admired system of moving young people smoothly from school to work has frayed. The book argues that these changes in the very fabric of Japanese postwar institutions have loosened young people's attachment to school as the launching pad into the world of work and loosened their attachment to the workplace as a source of identity and security. The implications for the future of Japanese society - and the fault lines within it - loom large.

Depression, once a subfield of neurosis, has become the most diagnosed mental disorder in the world. Why and how has depression become such a topical illness and what does it tell us about changing ideas of the individual and society? Alain Ehrenberg investigates the history of depression and depressive symptoms across twentieth-century psychiatry, showing that identifying depression is far more difficult than a simple diagnostic distinction between normal and pathological sadness - the one constant in the history of depression is its changing definition. Drawing on the accumulated knowledge of a lifetime devoted to the study of the individual in modern democratic society, Ehrenberg shows that the phenomenon of modern

depression is not a construction of the pharmaceutical industry but a pathology arising from inadequacy in a social context where success is attributed to, and expected of, the autonomous individual. In so doing, he provides both a novel and convincing description of the illness that clarifies the intertwining relationship between its diagnostic history and changes in social norms and values. The first book to offer both a global sociological view of contemporary depression and a detailed description of psychiatric reasoning and its transformation - from the invention of electroshock therapy to mass consumption of Prozac - *The Weariness of the Self* offers a compelling exploration of depression as social fact.

"Elegant representations of nature and the four seasons populate a wide range of Japanese genres and media. In *Japan and the Culture of the Four Seasons*, Haruo Shirane shows how, when, and why this practice developed and explicates the richly encoded social, religious, and political meanings of this imagery.

Shirane discusses textual, cultivated, material, performative, and gastronomic representations of nature. He reveals how this kind of 'secondary nature,' which flourished in Japan's urban

environment, fostered and idealized a sense of harmony with the natural world just at the moment when it began to recede from view. Illuminating the deeper meaning behind Japanese aesthetics and artifacts, Shirane also clarifies the use of natural and seasonal topics as well as the changes in their cultural associations and functions across history, genre, and community over more than a millennium. In this book, the four seasons are revealed to be as much a cultural construction as a reflection of the physical world."--Back cover.

Youth, Work, and Instability in Postindustrial Japan

HOW TO RECOVER FROM NARCISSISTIC ABUSE AND TOXIC RELATIONSHIPS

Landscapes of Fear

Neo-Simulation and Gaming Toward Active Learning

Wild Child

Adolescence Without End

**"The best introduction to the dynamics of Japanese interpersonal relations. It is truly indispensable reading." --Choice "This accurate, sensitive, perceptively analytical and stimulating study deserves to become the standard work in its field." --Journal of the American Oriental Society Exploring how the figure of the "wild child" in contemporary fiction**

**grapples with contemporary cultural anxieties about reproductive ethics and the future of humanity In the eighteenth century, Western philosophy positioned the figure of “the child” at the border between untamed nature and rational adulthood. Contemporary cultural anxieties about the ethics and politics of reproductive choice and the crisis of parental responsibility have freighted this liminal figure with new meaning in twenty-first-century narratives. In *Wild Child*, Naomi Morgenstern explores depictions of children and their adult caregivers in extreme situations—ranging from the violence of slavery and sexual captivity to accidental death, mass murder, torture, and global apocalypse—in such works as Toni Morrison’s *A Mercy*, Cormac McCarthy’s *The Road*, Lionel Shriver’s *We Need to Talk about Kevin*, Emma Donoghue’s *Room*, and Denis Villeneuve’s film *Prisoners*. Morgenstern shows how, in such narratives, “wild” children function as symptoms of new ethical crises and existential fears raised by transformations in the technology and politics of reproduction and by increased ethical questions about the very decision to reproduce. In the face of an uncertain future that no longer confirms the confidence of patriarchal humanism, such narratives displace or project present-day apprehensions about maternal sacrifice and paternal protection onto the wildness of children in a series of hyperbolically violent scenes. Urgent and engaging,**

**Wild Child offers the only extended consideration of how twenty-first-century fiction has begun to imagine the decision to reproduce and the ethical challenges of posthumanist parenting.**

**The world's second-wealthiest country, Japan once seemed poised to overtake America. But its failure to recover from the economic collapse of the early 1990s was unprecedented, and today it confronts an array of disturbing social trends. Japan has the highest suicide rate and lowest birthrate of all industrialized countries, and a rising incidence of untreated cases of depression. Equally as troubling are the more than one million young men who shut themselves in their rooms, withdrawing from society, and the growing numbers of "parasite singles," the name given to single women who refuse to leave home, marry, or bear children. In *Shutting Out the Sun*, Michael Zielenziger argues that Japan's rigid, tradition-steeped society, its aversion to change, and its distrust of individuality and the expression of self are stifling economic revival, political reform, and social evolution. Giving a human face to the country's malaise, Zielenziger explains how these constraints have driven intelligent, creative young men to become modern-day hermits. At the same time, young women, better educated than their mothers and earning high salaries, are rejecting the traditional path to marriage and motherhood, preferring to spend their**

**money on luxury goods and travel. Smart, unconventional, and politically controversial, Shutting Out the Sun is a bold explanation of Japan's stagnation and its implications for the rest of the world.**

**Machine generated contents note: -- Contents -- Introduction: Television Animation and Infrastructure Ecology -- Part I. The Screen-Brain Apparatus -- 1. Population Seizure -- 2. Neurosciences and Television -- 3. This Stuff Called Blink -- 4. A Thousand Tiny Blackouts -- Part II. A Little Social Media History of Television -- 5. Media Genealogy and Transmedia Ecology -- 6. A Little History of Japanese Television -- 7. Television and New Media -- 8. Sociality or Something Like It -- 9. Platformivity and Ontopower -- Part III. Infrastructure Complexes -- 10. The Family Broadcast Complex -- 11. The Home Theater Complex -- 12. The Game Play Complex -- 13. The Portable Interface Complex -- Conclusion: Signaletic Animism -- Notes --**

**Bibliography**

**Close Encounters of the Worst Kind**

**The Rental Sister**

**Hikikomori**

**GASLIGHTING**

**Beautiful Fighting Girl**

**Ambient Media**

*This book constitutes the refereed proceedings of the 8th International Conference on Well-Being in the Information Society, WIS 2020, held in Turku, Finland, in August 2020. Due to the COVID-19 pandemic the conference was held online. The 19 revised full papers presented were carefully reviewed and selected from 25 submissions. The submitted papers present academic contributions on the topics of intersection of health, ICT and fruits of respect as seen from different directions and contexts. The papers are organized in the following topical sections: improving quality and containing cost in health care and care for the elderly by using information technology; collecting the fruits of respect in entrepreneurship and management of organizations; friend or foe: society in the area of tension between free data movement and data protection; bridging the digital divide: strengthening (health-) literacy and supporting trainings in information society. This is the first English translation of a controversial Japanese best seller that made the public aware of the*

social problem of "hikikomori," or OC withdrawalOC00Coa phenomenon estimated to involve approximately one million Japanese adolescents and young adults. Drawing on his own clinical experience with hikikomori patients, Saito Tamaki creates a working definition of social withdrawal and explains its development.

This book reviews research on psychology and crime in Japan, and compares the findings with similar research conducted in Western industrialised countries. It examines explanations for crime and antisocial behaviour in Japan using research and theories from a psychological perspective. Topics covered include cultural explanations, developmental and life-course criminology, family violence and family risk factors, youth crime and early prevention, school factors and bullying, mental disorders, biosocial factors, psychopathy and sexual offending. In some parts, it challenges and refines the prevailing belief that Japan is a society characterised by low crime and little antisocial behaviour. This original project is the most up-

*to-date work on crime in Japan, and advances the important field of psychological criminology.*

*James Van Praagh has touched the lives of millions through his extraordinary ability to communicate with the next world. Widely known through his regular appearances on NBC, his first book Talking to Heaven became an international bestseller. In REACHING TO HEAVEN, Van Praagh takes us on a journey to show what happens at death, what the spirit world is like, how a soul chooses to be reborn, and how the process of reincarnation works. Through simple exercises and meditations REACHING TO HEAVEN will help you to rediscover your true spiritual nature and achieve greater self-awareness and inner peace.*

*How Japan Created Its Own Lost Generation*

*Freud in Oz*

*Alex Ryan, Stop That!*

*Hello Kitty's Trek Across the Pacific*

*Mythologies of Menopause in Japan and North America*

*The Illuminated Heart*

Estranged from the husband who cloistered himself in his bedroom three years earlier after a devastating tragedy, Silke hires a young Japanese woman to draw him back into the world by establishing a deeply intimate relationship with him.

A Harvard psychologist explains how our once-helpful instincts get hijacked in our garish modern world. Our instincts—for food, sex, or territorial protection— evolved for life on the savannahs 10,000 years ago, not in today’s world of densely populated cities, technological innovations, and pollution. We now have access to a glut of larger-than-life objects, from candy to pornography to atomic weapons—that gratify these gut instincts with often-dangerous results. Animal biologists coined the term “supernormal stimuli” to describe imitations that appeal to primitive instincts and exert a stronger pull than real things, such as soccer balls that geese prefer over eggs. Evolutionary psychologist Deirdre Barrett applies this concept to the alarming disconnect between human instinct and our created environment, demonstrating how supernormal stimuli are a major cause of today’s most pressing problems, including obesity and war. However, Barrett does more than show how unfettered instincts fuel dangerous excesses. She also reminds us that by exercising self-control we can rein them in, potentially saving ourselves and civilization.

Essential reading for students of Japanese society, *An Introduction to Japanese Society* now enters its third edition. Here, internationally renowned scholar, Yoshio Sugimoto, writes a sophisticated, yet highly readable and lucid text, using both English and Japanese sources to update and expand upon his original narrative. The book challenges the traditional notion that Japan comprises a uniform culture, and draws attention to its subcultural diversity and class competition. Covering all aspects of Japanese society, it includes

chapters on class, geographical and generational variation, work, education, gender, minorities, popular culture and the establishment. This new edition features sections on: Japan's cultural capitalism; the decline of the conventional Japanese management model; the rise of the 'socially divided society' thesis; changes of government; the spread of manga, animation and Japan's popular culture overseas; and the expansion of civil society in Japan.

Tracing the global circulation and consumption of Hello Kitty, Christine R. Yano analyzes the spread of Japanese "cute-cool" culture, which she sees as combining kitsch with an ironic self-referentiality.

Well-Being in the Information Society. Fruits of Respect

A Psychological Perspective

Psychoanalytic Perspectives on Puberty and Adolescence

Multiethnic Asian American Identities

Lost in Transition

Japan and the Culture of the Four Seasons

**A wise guy gets wise The school year is almost over, and Alex Ryan still has plenty of pranks to pull and jokes to tell. Then his dad attends the meeting about the seventh-grade outdoor education trip. Alex knows nothing good can come of this -- Mr. Ryan is a jester, too, and the butt of his funny stories is often Alex. Still, Alex is not prepared for the comment that mortifies him in front of pretty, popular Marcia Faitak, his friend Dave**

**Barnett, and the rest of his classmates. When Marcia tries to comfort him, Alex pounces on her. Marcia crumples, and Alex sets out to make up for his remark, even as he struggles to understand what impelled it. When all his attempts at reconciliation fail, Alex conceives a plan, to be executed during the outdoor ed trip. A surefire attention-getter, this should bring Marcia around, entertain Dave, and impress Alex's father. But is this really what Alex wants to do? In the fourth book about the kids at West Creek Middle School, readers will root for Alex Ryan as he discovers his true self, and the wisest way to handle the most oppressive person in his life -- his own father. A Junior Library Guild Selection**

**Close Encounters is a comprehensive, compassionate and supportive guide to understanding the unique and complex nature of narcissistic abuse and the emotionally crippling syndrome that results from it. This groundbreaking book gives narcissistic abuse survivors the most complete and trustworthy road map to guide them through the healing process, into recovery, and ultimately to the freedom and happiness they deserve. Narcissistic abuse survivors, concerned supporters, and helping professionals will find the most up-to-date information on the psychological, emotional and physical effects of NPD abuse. Readers also**

**learn how narcissistic abuse infiltrates various settings including work, family-of-origin, friendships and romantic relationships. Written in a non-labeling, non-judgmental style, survivors will find this book highly educating and empowering. To those people in your life who cannot possibly understand what you have endured, you no longer have to explain. Just hand them this book.**

**From Cutie Honey and Sailor Moon to Nausicaä of the Valley of the Wind, the worlds of Japanese anime and manga teem with prepubescent girls toting deadly weapons. Sometimes overtly sexual, always intensely cute, the beautiful fighting girl has been both hailed as a feminist icon and condemned as a symptom of the objectification of young women in Japanese society. In Beautiful Fighting Girl, Sait? Tamaki offers a far more sophisticated and convincing interpretation of this alluring and capable figure. For Sait?, the beautiful fighting girl is a complex sexual fantasy that paradoxically lends reality to the fictional spaces she inhabits. As an object of desire for male otaku (obsessive fans of anime and manga), she saturates these worlds with meaning even as her fictional status demands her ceaseless proliferation and reproduction. Rejecting simplistic moralizing, Sait? understands the otaku's ability to eroticize and even fall**

**in love with the beautiful fighting girl not as a sign of immaturity or maladaptation but as a result of a heightened sensitivity to the multiple layers of mediation and fictional context that constitute life in our hypermediated world—a logical outcome of the media they consume. Featuring extensive interviews with Japanese and American otaku, a comprehensive genealogy of the beautiful fighting girl, and an analysis of the American outsider artist Henry Darger, whose baroque imagination Sait? sees as an important antecedent of otaku culture, Beautiful Fighting Girl was hugely influential when first published in Japan, and it remains a key text in the study of manga, anime, and otaku culture. Now available in English for the first time, this book will spark new debates about the role played by desire in the production and consumption of popular culture. Margaret Lock explicitly compares Japanese and North American medical and political accounts of female middle age to challenge Western assumptions about menopause. She uses ethnography, interviews, statistics, historical and popular culture materials, and medical publications to produce a richly detailed account of Japanese women's lives. The result offers irrefutable evidence that the experience and meanings—even the endocrinological changes—associated with female**

midlife are far from universal. Rather, Lock argues, they are the product of an ongoing dialectic between culture and local biologies. Japanese focus on middle-aged women as family members, and particularly as caretakers of elderly relatives. They attach relatively little importance to the end of menstruation, seeing it as a natural part of the aging process and not a diseaselike state heralding physical decline and emotional instability. Even the symptoms of midlife are different: Japanese women report few hot flashes, for example, but complain frequently of stiff shoulders. Articulate, passionate, and carefully documented, Lock's study systematically undoes the many preconceptions about aging women in two distinct cultural settings. Because it is rooted in the everyday lives of Japanese women, it also provides an excellent entree to Japanese society as a whole. Aging and menopause are subjects that have been closeted behind our myths, fears, and misconceptions. Margaret Lock's cross-cultural perspective gives us a critical new lens through which to examine our assumptions.

**The Cat Who Saved Books**

**Diagnosing the History of Depression in the Contemporary Age**

**The Inner Worlds of Teenagers and their Parents**

**Perspectives on East-West Psychology and Thought**

## **Morita Therapy and the True Nature of Anxiety-Based Disorders (Shinkeishitsu)**

### **Supernormal Stimuli: How Primal Urges Overran Their Evolutionary Purpose**

**Winner of the Akutagawa Prize, *The Hole* is by turns reminiscent of Lewis Carroll, David Lynch, and *My Neighbor Totoro*, but is singularly unsettling. Asa's husband is transferring jobs, and his new office is located near his family's home in the countryside. During an exceptionally hot summer, the young married couple move in, and Asa does her best to quickly adjust to their new rural lives, to their remoteness, to the constant presence of her in-laws and the incessant buzz of cicadas. While her husband is consumed with his job, Asa is left to explore her surroundings on her own: she makes trips to the supermarket, halfheartedly looks for work, and tries to find interesting ways of killing time. One day, while running an errand for her mother-in-law, she comes across a strange creature, follows it to the embankment of a river, and ends up falling into a hole—a hole that seems to have been made specifically for her. This is the first in a series of bizarre experiences that drive Asa deeper into the mysteries of this rural landscape filled with eccentric characters and unidentifiable creatures, leading her to question her role in this world, and eventually, her sanity.**

**Much of the existing literature on happiness in Japan has been produced in the field of economics and psychology and is quantitative in nature. Here, for the first time, a group of anthropologists and sociologists jointly analyze the state of happiness and unhappiness in Japan among varying social groups in its physical, interpersonal, existential and structural dimensions, offering new insights into fundamental issues. This book investigates the connections between sociostructural aspects, individual agency and happiness in contemporary Japan from a life course perspective. The contributors examine quantitative and qualitative empirical data on the processes that impact how happiness and well-being are envisioned, crafted, and debated in Japan across the life-cycle. Therefore, the book discusses the shifting notions of happiness during people's lives from birth to death, analyzing the age group-specific experiences while taking into consideration people's life trajectories and historical changes. It points out recent developments in regards to demographic change, late marriage, and the changing labor market and focuses on their significant impact on the well-being of Japanese people. In particular it highlights the interdependencies of lives within the family and how families are collaborating for the purpose of maintaining or enhancing the happiness of its members. Broadening our understanding of the multidimensionality of happiness in Japan, this book will be of interest to students and scholars of Japanese Studies, Anthropology, and**

## **Sociology.**

**An exploration of cosplay and its relationship with the realms of its global fandom, performance, and the modes of fictional existence Flourishing far beyond its Japanese roots, cosplay has become an international phenomenon with fervid fans who gather at enormous, worldwide conventions annually. Here, author Frenchy Lunning offers an intimate, sensational tour through cosplay's past and present, as well as its global lure. Through a culmination of years of personal research on cosplay, and growing out of Lunning's wealth of scholarship, conference presentations, and cosplayer interviews, Cosplay is a unique and necessary examination of identity, performance, play, and otaku fandom and culture in relation to contemporary theories. With discussions covering construction, masquerades, and community through performance, Lunning presents cosplay as a dynamic and ever-evolving global practice. She combines the fascinating viewpoints of cosplayers with observational, in-depth research on cosplay history and practice, and a deep dive into critical theory involving the modes of fictional existence, in order to understand its global expansion. Augmented with beautiful photographs, this is an engrossing, lively read that explores a complicated and often misunderstood history and meditates on how cosplay allows its participants to create and construct meaning and identity. In this book, Jock McKeen and Bennet Wong distill a lifetime's**

**investigation of the theory and practice of Western psychology and classical Chinese philosophy and medicine. They trace the personalities and ideas from East and West that have influenced their own lives and their work with people in North America, Asia and around the globe. In so doing, they describe their vision of a world in which people can learn to appreciate diversity and experience the fullness of contact, understanding and empathy.**

**Values, Religion, and Culture in Adolescent Development**

**An Introduction to Japanese Society**

**Intensive Parenting and Posthumanist Ethics**

**Non Stop Inertia**

**Cosplay**

**Nature, Literature, and the Arts**

Ambient Media examines music, video art, film, and literature as tools of atmospheric design in contemporary Japan, and what it means to use media as a resource for personal mood regulation. Paul Roquet traces the emergence of ambient styles from the environmental music and Erik Satie boom of the 1960s and 1970s to the more recent therapeutic emphasis on healing and relaxation. Focusing on how an atmosphere works to reshape those dwelling within it, Roquet shows how ambient aesthetics can provide affordances for reflective drift, rhythmic attunement, embodied security, and urban coexistence. Musicians, video artists, filmmakers, and novelists in Japan have expanded on Brian Eno ' s notion of the ambient as a style generating “ calm, and a space to think, ” exploring what it means to cultivate an

ambivalent tranquility set against the uncertain horizons of an ever-shifting social landscape. Offering a new way of understanding the emphasis on “reading the air” in Japanese culture, Ambient Media documents both the adaptive and the alarming sides of the increasing deployment of mediated moods. Arguing against critiques of mood regulation that see it primarily as a form of social pacification, Roquet makes a case for understanding ambient media as a neoliberal response to older modes of collective attunement—one that enables the indirect shaping of social behavior while also allowing individuals to feel like they are the ones ultimately in control.

Emerging adulthood has been identified as an important developmental stage, characterised by identity exploration, instability and open possibilities, in which young people are no longer adolescents but have not yet attained full adult status. This ground-breaking edited collection is the first book to offer a comprehensive overview of emerging adulthood in a European context, which includes a comparison of findings in 9 different European countries and the USA.???

Each chapter, written by a leading European researcher, describes the socio-demographic characteristics of emerging adults, reviews the state of the field, synthesises new findings, and provides suggestions for how to move forward in research, interventions, and policy. The book examines how the traditional domain markers of adulthood, such as finishing education and caring for children, have changed. It also highlights how different factors such as gender, working status, living arrangements, romantic status and parental educational background affect the importance assigned to each set of adulthood criteria. The theory of emerging adulthood is further developed by considering how Arnett’s emerging adulthood, Erikson’s early adulthood, and Robinson’s theory of early adult crisis fit together, and data is provided to

support the new framework given. The book will be of great interest to researchers interested in these developmental transitions, and to advanced students of Emerging Adulthood on developmental psychology and lifespan courses, and related disciplines.

A theoretical investigation into the culture of precarious work, digital consumption and personal flexibility, calling for a counter-discourse of resistance.

Shows how the acceptance of psychoanalysis owes a notable debt to the rise of “ kid lit ”

Weariness of the Self

At the Intersections of Psychoanalysis and Children's Literature

The Fictional Mode of Existence

When Half Is Whole

A Research Agenda For DSM V

Reaching to Heaven

***To be human is to experience fear, but what is it exactly that makes us fearful? Landscapes of Fear—written immediately after his classic Space and Place—is renowned geographer Yi-Fu Tuan’s influential exploration of the spaces of fear and of how these landscapes shift during our lives and vary throughout history. In a series of linked essays that journey broadly across place, time, and cultures, Tuan examines the diverse manifestations and causes of fear in individuals and societies: he describes the horror created by epidemic disease and supernatural visions of witches and ghosts; violence and fear in the country and the city; fears of drought, flood, famine, and***

*disease; and the ways in which authorities devise landscapes of terror to instill fear and subservience in their own populations. In this groundbreaking work—now with a new preface by the author—Yi-Fu Tuan reaches back into our prehistory to discover what is universal and what is particular in our inheritance of fear. Tuan emphasizes that human fear is a constant; it causes us to draw what he calls our “circles of safety” and at the same time acts as a foundational impetus behind curiosity, growth, and adventure.*

*This volume presents multidisciplinary perspectives on the role of cultural values and religious beliefs in adolescent development.*

*"I listen and gather people's stories. Then I write them down in a way that I hope will communicate something to others, so that seeing these stories will give readers something of value. I tell myself that this isn't going to be done unless I do it, just because of who I am. It's a way of making my mark, leaving something behind . . . not that I'm planning on going anywhere right now." So explains Stephen Murphy-Shigematsu in this touching, introspective, and insightful examination of mixed race Asian American experiences. The son of an Irish American father and Japanese mother, Murphy-Shigematsu uses his personal journey of identity exploration and discovery of his diverse roots to illuminate the journeys of others. Throughout the book, his reflections are interspersed among portraits*

*of persons of biracial and mixed ethnicity and accounts of their efforts to answer a seemingly simple question: Who am I? Here we meet Norma, raised in postwar Japan, the daughter of a Japanese woman and an American serviceman, who struggled to make sense of her ethnic heritage and national belonging. Wei Ming, born in Australia and raised in the San Francisco of the 1970s and 1980s, grapples as well with issues of identity, in her case both ethnic and sexual. We also encounter Rudy, a "Mexipino"; Marshall, a "Jewish, adopted Korean"; Mitzi, a "Blackinawan"; and other extraordinary people who find how connecting to all parts of themselves also connects them to others. With its attention on people who have been regarded as "half" this or "half" that throughout their lives, these stories make vivid the process of becoming whole.*

*In the ongoing quest to improve our psychiatric diagnostic system, we are now searching for new approaches to understanding the etiological and pathophysiological mechanisms that can improve the validity of our diagnoses and the consequent power of our preventive and treatment interventions -- venturing beyond the current DSM paradigm and DSM-IV framework. This thought-provoking volume -- produced as a partnership between the American Psychiatric Association, the National Institute of Mental Health, the National Institute on Alcohol Abuse and Alcoholism, and the National Institute on Drug*

*Abuse -- represents a far-reaching attempt to stimulate research and discussion in the field in preparation for the eventual start of the DSM-V process, still several years hence. The book Explores a variety of basic nomenclature issues, including the desirability of rating the quality and quantity of information available to support the different disorders in the DSM in order to indicate the disparity of empirical support across the diagnostic system. Offers a neuroscience research agenda to guide development of a pathophysiologically based classification for DSM-V, which reviews genetic, brain imaging, postmortem, and animal model research and includes strategic insights for a new research agenda. Presents highlights of recent progress in developmental neuroscience, genetics, psychology, psychopathology, and epidemiology, using a bioecological perspective to focus on the first two decades of life, when rapid changes in behavior, emotion and cognition occur. Discusses how to address two important gaps in the current DSM-IV: (1) the categorical method of diagnosing personality disorders and their relationship with Axis I disorders, and (2) the limited provision for the diagnosis of relational disorders -- suggesting a research agenda for personality disorders that considers replacing the current categorical approach with a dimensional classification of personality. Reevaluates the relationship between mental disorders and disability, asserting that*

*research into disability and impairment would benefit from the diagnosis of mental disorders be uncoupled from a requirement for impairment or disability to foster a more vigorous research agenda on the etiologies, courses, and treatment of mental disorders as well as disabilities and to avert unintended consequences of delayed diagnosis and treatment. Examines the importance of culture in psychopathology and the main cultural variables at play in the diagnostic process, stating that training present and future professionals in the need to include cultural factors in the diagnostic process is a logical step in any attempt to develop comprehensive research programs in psychology, psychiatry, and related disciplines. This fascinating work, with contributions from an international group of research investigators, reaches into the core of psychiatry, providing invaluable background and insights for all psychology and psychiatry professionals -- food for thought and further research that will be relevant for years to come.*

*8th International Conference, WIS 2020, Turku, Finland, August 26–27, 2020, Proceedings*

*Japanese Patterns of Behavior*

*The Narcissistic Abuse Survivors Guide to Healing and Recovery*

*Otaku and the Struggle for Imagination in Japan*

*Shutting Out the Sun*

***Mental Health and Social Withdrawal in Contemporary Japan***

This book provides tips to teachers for moving toward active learning by using simulation and gaming. The book is a rare reference for teachers who wish to initiate active learning by applying many real experiences from world experts in simulation and gaming. This cumulative wisdom comes from cutting-edge trials reported at the 49th International Simulation and Gaming Association's annual conference in Thailand 9-13 July 2018. The importance of changing teachers' one-way lecture approach to that of active learning has been commonly understood for several decades and has been promoted especially in recent years in Asian universities. Simulation and gaming meets the requirements of such teaching programs, especially for active learning, but there are few books or references on how to gamify a lecture. This book serves as a guide to facilitate that change. The author recognizes the duty to provide readers with fixed directions toward simulation and gaming in the next generation, which have still not been fully elucidated. Developing a simulation and gaming culture and making it sustainable in the next decade are the purpose of this book.

Puberty is a time of tumultuous transition from childhood to adulthood activated by rapid physical changes, hormonal development and explosive activity of neurons. This book explores puberty through the parent-teenager relationship, as a "normal state of crisis", lasting several years and with the teenager oscillating between childlike tendencies and their desire to become an adult. The more parents succeed in recognizing and

experiencing these new challenges as an integral, ineluctable emotional transformative process, the more they can allow their children to become independent. In addition, parents who can also see this crisis as a chance for their own further development will be ultimately enriched by this painful process. They can face up to their own aging as they take leave of youth with its myriad possibilities, accepting and working through a newfound rivalry with their sexually mature children, thus experiencing a process of maturity, which in turn can set an example for their children. This book is based on rich clinical observations from international settings, unique within the field, and there is an emphasis placed by the author on the role of the body in self-awareness, identity crises and gender construction. It will be of great interest to psychoanalysts, psychotherapists, parents and carers, as well as all those interacting with adolescents in self, family and society.

Beyond the Hikikomori Spectrum

The Anime Ecology

Pink Globalization

Crime in Japan

Emerging Adulthood in a European Context

The Hole