

Read Online How To Be  
Parisian Wherever You Are

## **How To Be Parisian Wherever You Are**

The author of the bestselling *French Women Don't Get Fat* shares the secrets and strategies of aging with attitude, joy, and no surgery. With her signature blend of wit, no-nonsense advice, and storytelling flair, Mireille Guiliano returns with a delightful, encouraging take on beauty and aging for our times. For anyone who has ever spent the equivalent of a mortgage payment on anti-aging lotions or

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procedures, dressed inappropriate for their age, gained a little too much in the middle, or accidentally forgot how to flirt, here is a proactive way to stay looking and feeling great, without resorting to "the knife"-a French woman's most guarded beauty secrets revealed for the benefit of us all!

With playful wit, worldly advice and savvy observation, the bestselling authors of How to Be Parisian tackle the Parisian art of growing up. Caroline de Maigret

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and Sophie Mas are back to amuse you, saying what you don't expect to hear, just the way you want to hear it. But this time they reveal how they are modifying their favourite bad girl habits and mischievous mindsets now they are more 'madame' than 'mademoiselle'. These iconoclastic, bohemian Parisiennes advise on love, seduction, fashion and dating as well as family, work, living alone and accepting imperfections. Both poignant and laugh-out-loud funny, this gorgeous,

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tongue-in-cheek guide astutely illuminates what it means to be a fully-fledged woman.

If you think Brazilian is a nationality, that PJ's are pyjamas and that Beyond is somewhere far away, then you have never met a Bergdorf Blonde. Plum Syke's heroine is British but has moved to America, working for a glossy magazine. She takes us with her into the glamorous world of Park Avenue Princesses who careen through New York in search of the ever elusive 'Fiance,' the perfect fake

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tan and that Chanel from the sample sale. In a fabulously witty style, Plum Sykes makes us root for her glorious heroine all the way from New York to the South of France and back by PJ (private jet.) She will get her Harry Winston and her Vera Wang wedding dress yet!

"From three generations of French beauty experts, *Ageless Beauty the French Way* is the ultimate book of tips, products, practices and French beauty secrets in ten categories such as Hair, Skin, Makeup, Sleep, and

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Perfume"--Provided by  
publisher.

The Girlboss Workbook

How to Be Parisian

Wherever You Are

Practising Parisienne

The New Parisienne

French Women Don't Get Fat

Life, love and fashion in

the great city by the

Seine

Why French Women Wear

Vintage

Frenchwomen's Secrets for

Timeless Beauty, Style,

and Substance

What can you uniquely give the

world? We often sell ourselves

short with self-limiting beliefs,

but most of us would be amazed

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**and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering**

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**your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to:**

- Recognize your innate strengths**
- Acquire the skills needed to nurture your best self**
- Identify and navigate past societal limitations often placed upon women**
- Strengthen your brand both personally and professionally**
- Build a supportive and healthy community**
- Cultivate effortless style**
- Enhance your everyday meals with seasonal fare**
- Live with less, so that you can live more fully**
- Understand how to make a successful fresh start**
- Establish and mastermind your financial security**
- Experience**



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**great pleasure and joy in relationships - Always strive for quality over quantity in every arena of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everyday as much as the grand occasions. As you learn to live well in your everyday, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a**

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**unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.**

**Sophia Amoruso, the bestselling author of #GIRLBOSS, shares her favorite tips, checklists, and fill-in-the-blanks that will help you become your best Girlboss yet. Filled with whimsical illustrations, exercises, and plenty of scribble room, The Girlboss Workbook is designed for both the dreamer and the doer. It invites you—hell, implores you—to get in there and mess it up a little. Write in the blank spaces and in between them. #GIRLBOSS started as Sophia's story, but The Girlboss**

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**Workbook is your story. Use it as a diary, a mood board, a stress ball. Use it in class or at work for daydreaming and doodling. Use it to figure out what makes your freak flag fly -- and then go for it. Whatever you do, take this book, and your path, into your own hands. No need to handle it with care and no need to live a typical, cookie-cutter life. Sophia's has been anything but. "If the Internet could create its version of the perfect girl, Jeanne Damas would probably be her. . . . She's nailed that French girl je ne sais quoi." --Vogue A window on the world's most stylish city, with more than 100 full-color photos and profiles**

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of 20 diverse and inspiring Parisian women, by "the coolest, most beautiful French girl in France" (GQ) and a former editor in chief of French Elle "We've always been crazy in love with this city. . . . We love its arrogance, its clumsiness, its simplicity. And especially the women who live here." Two quintessential Parisian women--model and fashion designer Jeanne Damas and journalist Lauren Bastide--shine a spotlight on twenty real-life women of Paris, dispelling the myth that there's only one type of Parisian woman and introducing us to the city that real Parisiennes live in. They're

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**booksellers, singers, writers, activists, and antique dealers; they live in small studios, spacious apartments, or houseboats; their ages range from fourteen to seventy . . . and all embody the effortless chic and insouciant spirit of the legendary Parisian woman. In Paris takes us into these women's lives, telling us about their careers, families, favorite nightlife spots, shopping habits, and beloved books and films. Full-color photos taken by Jeanne herself accompany charming lists of advice on the French art de vivre--from the best places to people-watch with a glass of wine after work to the**

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**perfect Parisian playlist to the ten things that a French woman would never, ever post on Instagram. Witty, elegant, and modern, In Paris is an ode to Paris through the eyes of its eternally cool women--for everyone who has ever dreamed of one day living in Paris.**

**Clark examines the book of hours in the context of medieval culture, the book trade in Paris, and the role of Paris as an international center of illumination. 64 illustrations, 40 in color.**

**The Spitz Master**

**What Should I Wear Today?**

**Capture Your Style**

**About Love, Sex, and Other**

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### **Matters of the Heart and Mind One American Learns the High Art of Being Everyday French Forever Chic Lifestyle Secrets from the City of Lights Transform Your Instagram Photos, Showcase Your Life, and Build the Ultimate Platform**

À la carte wisdom from the international bestseller *Bringing Up Bébé* In *BRINGING UP BÉBÉ*, journalist and mother Pamela Druckerman investigated a society of good sleepers, gourmet eaters, and mostly calm parents. She set out to learn how the French achieve all this, while telling the story of her own young family in Paris. *BÉBÉ DAY BY DAY* distills the lessons of *BRINGING UP BÉBÉ* into an easy-to-

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read guide for parents and caregivers. How do you teach your child patience? How do you get him to like broccoli? How do you encourage your baby to sleep through the night? How can you have a child and still have a life? Alongside these time-tested lessons of French parenting are favorite recipes straight from the menus of the Parisian crèche and winsome drawings by acclaimed French illustrator Margaux Motin. Witty, pithy and brimming with common sense, *BÉBÉ DAY BY DAY* offers a mix of practical tips and guiding principles, to help parents find their own way.

In the tradition of the New York Times bestseller *Stuff White People Like*, a tongue-in-cheek homage to Parisians. To be mistaken for a



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Parisian, readers must buy the newspaper Le Monde, fold it, and walk. Then sit at a café and make phone calls. Be sure to order San Pellegrino, not any other kind of fizzy water. They shouldn't be surprised when a waiter brings out two spoons after they order le moelleux au chocolat- it is understood that the dessert is too sinfully delicious not to share. Go to l'île Saint-Louis-all Parisians are irredeemably in love with that island. Feel free to boldly cross the street whenever the impulse strikes- pedestrian crosswalks are too dangerous. If they take a cruise on the Seine, they will want to stand outside, preferably with their collar popped up. If they want to decorate, may we suggest the photographs of Robert Doisneau? To truly be cool

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in Paris, own an iPhone, wear Converse sneakers, and order sushi. And as they stroll through the Luxembourg Gardens, remember-they can't go wrong wearing black.

'In public or on stage, it's different. I'm fine. I have no bother talking to three hundred people, and sharing my feelings. But when I'm in a room on a one-to-one basis, I get lost. I can never find the right word.

Except for that phrase - hold me.' Michael Harding's wife has departed for a six-week trip, and he has been left alone in their home in Leitrim. Faced with the realities of caring for himself for the first time since his illness two years before, Harding endeavours to tame the 'elephant' - an Asian metaphor for the unruly mind. As he does, he finds himself

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finally coming to terms with the death of his mother - a loss that has changed him more than he knows. Funny, searingly honest and profound, Hanging with the Elephant pulls back the curtain and reveals what it is really like to be alive.

Sick of striving? Giving up on grit? Had enough of hustle culture? Daunted by the 10,000-hour rule? Relax: As the French know, it's the best way to be better at everything. In the realm of love, what could be less seductive than someone who's trying to seduce you? Seduction is the art of succeeding without trying, and that's a lesson the French have mastered. We can see it in their laissez-faire parenting, chic style, haute cuisine, and enviable home cooking: They barely seem to be

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trying, yet the results are world-famous--thanks to a certain je ne sais quoi that is the key to a more creative, fulfilling, and productive life. For fans of both Mark Manson's *The Subtle Art of Not Giving a F\*ck* and Alain de Botton's *How Proust Can Change Your Life*, philosopher Ollivier Pourriol's *The French Art of Not Trying Too Hard* draws on the examples of such French legends as Descartes, Stendhal, Rodin, Cyrano de Bergerac, and Françoise Sagan to show how to be efficient à la française, and how to effortlessly reap the rewards. A PENGUIN LIFE TITLE

How To Be Parisian Wherever You Are

A Parisian Book of Hours

How to be a Parisian Wherever You are

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From the Authors of How to Be Parisian Wherever You Are In Color

From the authors of How To Be Parisian

What French Women Know  
Parisian Chic Look Book

For any woman who last saw forty on her speedometer comes a sparkling new primer for aging—the French way—with grace and style.

Frenchwomen of a certain age (over forty) are captivating and complex.

They appear younger than their years and remain stylish throughout their lives. They look at birthdays as a celebration of a life well-lived and perhaps a good reason to go shopping before they dress to perfection for a celebration of another anniversaire.

American-born journalist and blogger

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Tish Jett has lived among the French for years and has studied them and stalked them to learn their secrets. Exploring how their wardrobe, beauty, diet, and hair rituals evolve with time and how some aspects of their signature styles never change, Jett shows how Frenchwomen know their strengths, hide their weaknesses, and never talk about their fears, failures, or flaws. After all, in France, beauty, style, and charm have no expiration dates!

How to be a Parisian Wherever You are  
Ebury Press

A gourmand's guide to the slim life shares the principles of French gastronomy, the art of enjoying all edibles in proportion, arguing that the secret of being thin and happy lies in

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the ability to appreciate and balance pleasures, not in deprivation, in a guide that includes inspirational true-life stories, simple advice, and dozens of delectable recipes. Reprint.

Bring a Parisian *je ne sais quoi* to your style, wherever you live. *Dress Like a Parisian* is a wise and witty guide to finding your personal style, taking inspiration from how real Parisian women dress. With personal stylist and fashion blogger Aloïs Guinut as your guide, you can explore which colors, shapes and styles work best for you, whatever the occasion. Aloïs reveals Parisian style secrets, rejects restrictive fashion rules and shares her favorite shops and brands, demonstrating how you can use fashion to enhance your personality rather than shaping your

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personality to fashion. In the words of the patron saint of Parisian women, Yves St. Laurent, 'fashions fade, style is eternal.' This book is illustrated with photography shot on the streets of Paris plus illustrations by acclaimed fashion illustrator, Judith van den Hoek, who has worked with Elle, Hermes, Vogue, Prada and Grazia.

How to Live, Love, and Eat the Italian  
Way

Stuff Parisians Like

Monsieur Mediocre

20 Women on Life in the City of Light

Paris on Air

Love Style Life

The Women & Ideas Shaping Paris

Love Stories from StoryCorps

New York Times Bestseller

From Instagram star Aimee



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Song, creator of the popular fashion blog Song of Style, comes the very first how-to Instagram guide, breaking down the essentials to taking gorgeous photos and building your brand and following. With over three million Instagram fans, Aimee Song knows a thing or two about taking the perfect Instagram photo. And Instagram is so much more than a platform for pretty pictures. It's the fastest-growing social media network with an engaged community, a major marketing tool for brands, a place where Beyoncé drops her albums, and a hub where products can be bought

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with a simple double tap. Including everything from fashion, travel, food, décor, and more, Aimee includes insider tips on curating a gorgeous feed and growing an audience. In this ultimate how-to Instagram guide, you'll learn:

- How to brighten, sharpen, and filter your photos
- The best apps and filters
- How to prop and style food and fashion photos
- Ways to craft your voice and story on Instagram
- How to gain more Instagram followers
- Secrets behind building a top Instagram brand
- How to transform an Instagram hobby into a successful business

## Read Online How To Be Parisian Wherever You Are

Tips for driving revenue based on your following Capture Your Style will empower you to become your own master mobile photographer, whether you're looking to launch an e-commerce business or simply sharing a gorgeous meal with your friends, turning even the most mundane moment into Instagold. This is a must-have reference for anyone interested in the ins and outs of stylish personal branding. Four fabulous, smart, savvy French women offer up their highly amusing insider take on Parisian life, love and liberty. How to Be a Parisian brilliantly deconstructs the French

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woman's views on culture, fashion and attitude. Unlike other books on French style, this illustrated handbook is full of wit and self-deprecating humour. Authors - Anne Berest, Audrey Diwan, Caroline De Maigret and Sophie Mas - are bohemian free-thinkers and iconoclasts, and they are not afraid to cut through some of the myths. They say what you don't expect to hear, just the way you want to hear it. They are not against smoking in bed, and all for art, politics and culture, making everything look easy, and going against the grain. Including 80 black and white and colour pictures,

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many taken by the authors, How to Be a Parisian explains those confusing subjects of clothes, makeup, men, culture and lifestyle as only a true Parisienne can. On the style front- You don't always have to be made up, but you should always be well dressed. Your look should always have one thing left undone - the devil is in the detail. Either go all grey hair or no grey hair. Salt and pepper is for the table. Or on how to answer the phone when he finally calls- The Parisienne lets the phone ring. (She's not waiting by the phone.) She feigns surprise upon hearing his voice. (She wasn't

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expecting his call.) She asks if she can call him back in five minutes. (She's in the middle of something.) The thing is, she's not alone... (Et oui- you should never have kept her waiting.) What the Parisian won't let near her wardrobe- Logos. You are not a billboard. Ugg Boots. Enough said. Don't even ask. Skimpy top. Because you're not fifteen anymore. The fake designer bag. Like fake breasts, you can't fix your insecurities through forgery. The ideal man to be seen with- He's not muscular (You'd rather think of him reading a book than lifting weights) He's unshaven (Just enough so that

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you never fully see the man behind the stubble) He's funny (Until he disappears) He's got something special (And it's not a car) There are many books on a Parisian's bookshelf- The books you claim you've read so many times that you actually believe you have. The books you read in school of which you only remember the main character's name. The books that you've been promising yourself you'll read next summer...for the past ten years. The books that you think make you cool. The books you keep for your children, just in case you ever have any. The books you own simply because

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you must and, taken together, form intangible proof that you are well read.

Join award-winning podcaster Oliver Gee on this laugh-out-loud journey through the streets of Paris. He tells of how five years in France have taught him how to order cheese, make a Parisian person smile, and convince anyone you can fake French (even if, like Oliver, you speak the language like an Australian cow). A fresh voice on the Paris scene, he shares the soaring highs and crushing lows that come with following your dreams to the French capital. He also befriends the city's too-



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cool-for-school basketballers, chases runaway crocodiles, and goes on a mammoth honeymoon trip around France on his little red scooter.

NEW YORK TIMES BESTSELLER

- “The guardian of all style” (The New York Times Magazine) shares stories on life, love, style, and career, from Paris to New York, and inspires readers to cultivate an effortless chic that is all their own. Garance Doré, the voice and vision behind her eponymous blog, has captivated millions of readers worldwide with her fresh and appealing approach to style through storytelling. This

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gorgeously illustrated book takes readers on a unique narrative journey that blends Garance's inimitable photography and illustrations with the candid, hard-won wisdom drawn from her life and her travels. Infused with her Left Bank sensibility, the eclecticism of her adopted city of New York, and the wild, passionate spirit of her native Corsica, *Love Style Life* is a backstage pass behind fashion's frontlines, peppered with French-girl-next-door wit and advice on everything from mixing J.Crew with Chanel, to falling in love, to pursuing a life and career that is the perfect

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reflection of you. Praise for Garance Doré and *Love Style Life* “The most elegant, funny, truthful book on style, love and life. Garance is an original with the cutest French accent.”—Jenna Lyons, president and creative director, J.Crew “This charming book by fashion blogger Doré is part memoir and part style guide, gathered together in a chic, Gallic-inflected package.”—Publishers Weekly “One of blogdom’s most compelling storytellers.”—The New York Times “Doré’s mix of portrait photography, illustrations, collages, and stream-of-consciousness

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writing . . . has given the fashion world en masse a girl crush.”—Interview “Garance Doré embodies effortless French style.”—Martha Stewart

Living

Living the Simply Luxurious  
Life

The Secret of Aging with Style  
& Attitude

Wherever You Are

Parisian Chic Encore

In Paris

The Dawn Breakers

A Story of Love, Loss and  
Meditation

Hanging with the Elephant

'Even if you don't find yourself booking a one-way Eurostar ticket to the

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capital like Marissa, this book might just be the key to finally nailing that elusive Parisian je ne sais quoi.' Penny Goldstone, Fashion Editor, Marie Claire 'A delightful, down-to-earth guide . . . complete with insider fashion tips, beauty tricks and dating advice from Marissa's own personal experience, plus interviews with many modern iterations of the ever-elusive Parisienne herself.' Monica de La Villardière, journalist and co-founder of the Fashion No Filter podcast To be Parisian is to have a certain attitude and outlook on life. In Practicing Parisienne,

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British journalist and blogger Marissa Cox decodes this seemingly nebulous *je ne sais quoi*, explaining what she has learned since moving to France eight years ago, and how and why the reader can and should adopt a more Parisian lifestyle. She reveals how she learnt to live her best life in this iconic city, what it means to be Parisian and in turn inspire you to make positive changes in your own lives, however big or small. Covering everything from style, fashion, beauty and wellbeing to chic interiors and food and wine, as well as advice about dating and friendship, each section

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also contains interviews with well-known Parisians and Francophiles who inspire us to live better. Because, as we know, Paris is ALWAYS a good idea. 'Practising Parisienne is a celebration of the City of Lights and an ode to the pleasures in life. Marissa Cox effortlessly mixes practical tips, personal stories and inspiring conversations in this charming guide to living well the Parisian way.' Miranda York, author of *At the Table* and *The Food Almanac* 'With appreciation, honesty, a deep understanding and access to leading figures, *Practising Parisienne* reads like a

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who's who and what's what when it comes to everything Parisian.' Hannah Almassi, Editor in Chief, Who What Wear UK

"The sustainable fashion revolution has begun, and we must all be part of it." - Aloïs Guinut Stylish women everywhere are realizing the environmental damage of fast fashion and looking for new ways to dress that don't involve cramming their wardrobe with clothes that may never get worn. As Paris-based style-coach Aloïs Guinut explores in this invaluable book, French women have a lot to teach us about how to cherish the planet without sacrificing



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your style: - Know what works for you. - Buy less and buy better. - Mix vintage items with a few wisely chosen modern pieces. - Optimize your closet. - Look after what you have and make it last. - Seek out quality fabrics that don't poison the environment.

“Tramuta sweeps away the tired clichés of the Parisian woman with her vivid profiles of the dynamic and creative ‘femmes’ now powering the French capital.” —Eleanor Beardsley, NPR Paris correspondent The New Parisienne focuses on one of the city's most prominent features, its women. Lifting

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the veil on the mythologized Parisian woman—white, lithe, ever fashionable—Lindsey Tramuta demystifies this oversimplified archetype and recasts the women of Paris as they truly are, in all their complexity. Featuring 50 activists, creators, educators, visionaries, and disruptors—like Leïla Slimani, Lauren Bastide, and Mayor Anne Hidalgo—the book reveals Paris as a blossoming cultural center of feminine power. Both the featured women and Tramuta herself offer up favorite destinations and women-owned businesses, including beloved shops, artistic venues, bistros, and more.

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The New Parisienne showcases “Parisianness” in all its multiplicity, highlighting those who are bucking tradition, making names for themselves, and transforming the city. “With stunning photographs and inspiring profiles, Lindsey Tramuta tramples the myths and takes us into the lives of real Parisiennes. Bravo!”—Pamela Druckerman, New York Times—bestselling author of *Bringing Up Bébé* “Like the subjects of her book, Lindsey Tramuta is a force. The New Parisienne is the go-to chronicle of the joyful, progressive, pioneering women of a city that Tramuta understands with deep

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intelligence.” –Lauren Collins, New York Times–bestselling author of When in French “Tramuta’s new book posits that Parisian women have been ahead of these radically changing times. But rather than being trendsetters in the stylish sense, they qualify as visionaries and agents of change across spheres of diversity, tech, culture, politics, and more.” –Vogue

The Los Angeles Times bestseller! "A Gallic prescription for living a life that is richer, more sensual, messier, and a lot more fun" (Boston Globe)  
It's not the shoes, the

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scarves, or the lipstick that gives French women their allure. It's this: French women don't give a damn. They don't expect men to understand them. They don't care about being liked or being like everyone else. They accept the passage of time, celebrate the immediacy of pleasure, embrace ambiguity and imperfection, and prefer having a life to making a living. In *What French Women Know*, Debra Ollivier goes beyond stale ooh-la-la stereotypes, challenging ingrained notions about sex, love, marriage, motherhood, and everything in between. With savvy, provocative

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thinking from French mistresses and maidens alike, Ollivier presents a refreshing counterpoint to the tired love dogma of our times, and offers realistic, liberating alternatives from the land that knows how to love.

All There Is

Dress Like a Parisian

Parisian Chic

My Paris Dream

The French Art of Not Trying Too Hard

Lessons from Madame Chic

How To Be Parisian wherever you are

100 Keys to French Parenting

**When Kate Betts graduated from Princeton, she was desperate to**

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stand on her own two feet and discover who she really was. Kate decided to take a leap of faith and move to Paris where she would throw herself into Parisian culture, master French and find a job that would give her a reason to stay. After a series of dues-paying jobs, she began a magnificent apprenticeship at Women's Wear Daily and was initiated into the high fashion world at a moment that saw the last glory of the old guard and the explosion of a new generation of talent. From a woozy yet enchanting Yves Saint Laurent to the mischievous and commanding Karl Lagerfeld, to the riotous, brilliant young guns -- Martin Margiela,

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Helmut Lang, and John Galliano -- who were rewriting the rules of fashion, Betts gives us a view of what it looked like to a young woman, finding herself, falling in love, and exploring this dazzling world all at once. Rife with insider information about restaurants, shopping, travel, and food, Betts's memoir brings the enchantment of France to life -- from the nightclubs of Paris where she learned to dance Le Rock, to the lavender fields of Provence and the forests of le Bretagne -- in an unforgettable memoir of coming-of-age. Char is regarded as one of the most important modern French poets. Associated with the surrealist



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movement, he wrote poetry which confronts the major twentieth century moral, political, and artistic concerns with a simplicity of vision and expression that owes much to the poet-philosophers of ancient Greece.

From the bestselling authors of *How to be Parisian*—”a book to read late at night in one go and then buy for your girlfriends” (*Vogue UK*) about what smart, savvy, fabulous women think, feel, and advise about growing older. *Older, but Better, but Older* has the playful wit, self deprecation and worldly advice we have come to expect from these bestselling authors, but now that advice is focused on the French

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woman's mindset as she hurtles towards forty. Caroline de Maigret and Sophie Mas are back to amuse you with how they find they are modifying their favorite bad-girl behavior as they address beauty, love, seduction as well as lifestyle, family, work, and living alone. They are still bohemian iconoclasts saying what you don't expect to hear. They will tell you things aren't what they used to be--when a thirty-year-old guy arrives at a party and does not even glance at you; when you wake up feeling great and everyone tells you how tired you look; you know you're an adult when you're excited just to go home. Neuroses vs. confidence, resistance vs.

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acceptance, passion vs. serenity, de Maigret and Mas through spirited short stories capture the different stages of ageing--as nostalgic but modern Parisian women. From the privately absurd to the strangely universal, this book captures moments of everyday life that will make the reader nod, cringe, and laugh out loud.

**NEW YORK TIMES**

**BESTSELLER** Celebrity model Inès de la Fressange shares the well-kept secrets of how Parisian women maintain effortless glamour and a timeless allure. Inès de la Fressange—France's icon of chic—shares her personal tips for living with style and charm, gleaned

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from decades in the fashion industry. She offers specific pointers on how to dress like a Parisian, including how to mix affordable basics with high-fashion touches, and how to accessorize. Her step-by-step do's and don'ts are accompanied by fashion photography, and the book is personalized with her charming drawings. Inès also shares how to bring Parisian chic into your home, and how to insert your signature style into any space—even the office. The ultrachic volume is wrapped with a three-quarter-height removable jacket and features offset aquarelle paper and a ribbon page marker. Complete with her favorite

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addresses for finding the ultimate fashion and decorating items, this is a must-have for any woman who wants to add a touch of Paris to her own style.

Discovering the Quoi in the Je Ne Sais Quoi

Older, but Better, but Older

Secrets from Three Generations of French Beauty Editors

and other secrets of sustainable style

Love, Style, and Bad Habits

A Style Guide by Ines de la

Fressange

A Style Guide

20 Stylish Secrets I Learned While

Living in Paris

A brand-new book of

fashion secrets by New

## Read Online How To Be Parisian Wherever You Are

York Times best-selling author, model, and Parisienne extraordinaire, Ines de la Fressange. Ines de la Fressange's personal style is chic yet relaxed in every situation. While a navy-and-white-striped nautical top with slim, cropped jeans and flats is a classic French look, it's harder to pinpoint how Parisians unfailingly blend elegance and allure with such ease. In this sequel to her best

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seller Parisian Chic, the world's favorite style icon demonstrates how to achieve her quintessentially Parisian look throughout the year. Her style secrets start with the building blocks of wardrobe staples--an LBD that can be dressed up or down, timeless riding boots you'll wear for a lifetime, or the perfect pair of jeans--which she combines with panache to suit every situation, adding seasonal items like costume bangles, a

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top in this season's on-trend color, or the right shade of lip color.

"My ideal type of armchair travel: immersive, insightful, seductive. In *Bella Figura*, Kamin Mohammadi takes us to the year in Florence that changed her life, and gives us the tools to bring the grace of the Italian lifestyle to our own lives." —National Bestselling Author Stephanie Danler "She walks down the street



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with a swing in her step and a lift to her head. She radiates allure as if followed by a personal spotlight. She may be tall or short, slim or pneumatically curvaceous, dressed discreetly or ostentatiously—it matters not. Her gait, her composure, the very tilt of her head is an ode to grace and self-possession that makes her beautiful whatever her actual features reveal." This is the *bella figura*, the

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Italian concept of making every aspect of life as beautiful as it can be, that Kamin Mohammadi discovered when she escaped the London corporate media world for a year in Italy. Following the lead of her new neighbors, she soon found a happier, healthier, and more beautiful way of living. The bella figura knows:

- That the food that you eat should give you pleasure while eating it. Pause for meals, and

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set a place, even if you are eating alone. • To seize any opportunity to get moving—be it taking the stairs, doing a coffee run at work, or dancing with abandon. • To drink a spoonful of excellent-quality extra-virgin olive oil four times a day. • To seek out nature, be it a city park, a tree on your street, or some wild place. • And to love yourself. The bella figura—occupies her space, emotionally and physically, with style

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and entitlement.

A hilarious, candid account of what life in France is actually like, from a writer for Vanity Fair and GQ Americans love to love Paris. We buy books about how the French parent, why French women don't get fat, and how to be Parisian wherever you are. While our work hours increase every year, we think longingly of the six weeks of vacation the French enjoy, imagining them at the seaside in stripes

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with plates of fruits de mer. John von Sothen fell in love with Paris through the stories his mother told of her year spent there as a student. And then, after falling for and marrying a French waitress he met in New York, von Sothen moved to Paris. But fifteen years in, he's finally ready to admit his mother's Paris is mostly a fantasy. In this hilarious and delightful collection of essays, von Sothen walks us through real life in

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Paris--not only myth-busting our Parisian daydreams but also revealing the inimitable and too often invisible pleasures of family life abroad. Relentlessly funny and full of incisive observations, *Monsieur Mediocre* is ultimately a love letter to France--to its absurdities, its history, its ideals--but it's a very French love letter: frank, smoky, unsentimental. It is a clear-eyed ode to a beautiful, complex,

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contradictory country from someone who both eagerly and grudgingly calls it home.

As seen in The New York Times -- discover what French women know about embracing that irresistible joie de vivre We all know that French women don't get fat. But their famous je ne sais quoi comes from more than just body type--something anyone can master: the old-fashioned art cultivating our inner beauty, confidence, and

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unique personal style, at any age. From savoring the everyday beauty around you to engaging in captivating conversations, playing dress-up, hosting impromptu dinner parties under the stars, and of course mastering the art of French flirting, the lively and inspiring lessons in this “syllabus” will help you rediscover your beautiful, fierce, romantic, engaging best self—to attract the best of everything into your



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life. Ready to embark on  
the adventure of your  
life? Parisian Charm  
School is in session....

Ageless Beauty the  
French Way

How To Be Parisian  
Older but Better, but  
Older

Bergdorf Blondes

French Women Don't Get  
Facelifts

Bébé Day by Day

Parisian Charm School

Bella Figura

***Inspired by Paris, this  
lighthearted and deceptively  
wise contemporary memoir  
serves as a guidebook for***

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**women on the path to adulthood, sophistication, and style. Jennifer Scott's self-published success is now a beautifully packaged and fully illustrated gift book, perfect for any woman looking to lead a more fulfilling, passionate, and artful life. Paris may be the City of Light, but for many it is also the City of Transformation. When Jennifer Scott arrived in Paris as an exchange student from California, she had little idea she would become an avid fan of French fashion, lifestyle, and sophistication. Used to a casual life back home, in Paris she was hosted by a woman she calls "Madame Chic," mistress of a grand**

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***apartment in the Sixteenth Arrondissement. Madame Chic mentors Jennifer in the art of living, with elegance and an impeccably French less-is-more philosophy. Three-course meals prepared by the well-dressed Madame Chic (her neat clothes covered by an apron, of course) lure Jennifer from her usual habit of frequent snacks, junk food, sweatpants, and TV. Additional time spent with "Madame Bohemienne," a charming single mother who passionately embraces Parisian joie de vivre, introduces readers to another facet of behind-closed-doors Parisian life. While Francophiles will appreciate***

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***this memoir of a young woman's adventure abroad, others who may not know much about France will thrill to the surprisingly do-able (yet chic!) hair and makeup lessons, plus tips on how to create a capsule wardrobe with just ten useful core pieces. Each chapter of Lessons from Madame Chic reveals the valuable secrets Jennifer learned while under Madame Chic's tutelage—tips you can master no matter where you live or the size of your budget. Embracing the classically French aesthetic of quality over quantity, aspiring Parisiennes will learn the art of eating (deprive yourself not; snacking is not chic),***

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***fashion (buy the best you can afford), grooming (le no-makeup look), among other tips. From entertaining to decor, you will gain insights on how to cultivate old-fashioned sophistication while living an active, modern life. Lessons from Madame Chic is the essential handbook for a woman that wants to look good, live well, and enjoy that Parisian je ne sais quoi in her own arrondissement. How To Be Parisian brilliantly deconstructs the French woman's views on culture, fashion and attitude. Bohemian free-thinkers and iconoclasts, Anne Berest, Caroline De Maigret, Audrey Diwan and Sophie Mas cut***

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***through the myths in this gorgeous, witty guide to Parisienne savoir faire. These modern Parisiennes say what you don't expect to hear, just the way you want to hear it. They are not against smoking in bed, and all for art, politics and culture, making everything look easy, and going against the grain. They will take you on a first date, to a party and through a hangover. They will tell you how to be mysterious and sensual, make your boyfriend jealous, the right way to approach weddings and the gym, and they will share their address book in Paris for where to go at the end of the night, for a birthday, for a***

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***smart date, for vintage finds and much more. Full of wit and self-deprecating humour, How To Be Parisian explains those confusing subjects of clothes, makeup, men, culture and lifestyle as only a true Parisienne can.***

***From four stunning and accomplished French women—a charming bestseller about how to slip into your inner cool and be a Parisienne. In short, frisky sections, these Parisian women give you their very original views on style, beauty, culture, attitude and men. The authors—Anne Berest, Audrey Diwan, Caroline de Maigret, and Sophie Mas—unmarried but***

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***attached, with children—have been friends for years. Talented bohemian iconoclasts with careers in the worlds of music, film, fashion and publishing, they are untypically frank and outspoken as they debunk the myths about what it means to be a French woman today. Letting you in on their secrets and flaws, they also make fun of their complicated, often contradictory feelings and behavior. They admit to being snobs, a bit self-centered, unpredictable but not unreliable. Bossy and opinionated, they are also tender and romantic. You will be taken on a first date, to a party, to some favorite***



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***haunts in Paris, to the countryside, and to one of their dinners at home with recipes even you could do -- but to be out with them is to be in for some mischief and surprises. They will tell you how to be mysterious and sensual, look natural, make your boyfriend jealous, and how they feel about children, weddings and going to the gym. And they will share their address book in Paris for where to go: At the End of the Night, for A Birthday, for a Smart Date, A Hangover, for Vintage Finds and much more.***

***"[A] collection of gems . . . All There Is made me verklempt a ridiculous amount of times."***

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**—Boston Globe “Heart-poundingly good . . . There's just one word for the book: lovely.” —The Huffington Post**

**A celebration of love from StoryCorps In All There Is, StoryCorps founder David Isay shares stories from the revolutionary oral history project, revealing the many remarkable journeys that relationships can take. In these pages we discover that love is found in unexpected places: a New York tollbooth, a military base in Iraq, an airport lounge. We encounter love that survives discrimination, illness, poverty, distance—even death. Carrying us from the excitement and anticipation**

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***of courtship to the deep connection of lifelong commitment, All There Is enriches our understanding of love and of the resilience of the human spirit. Dave Isay's latest book, Callings, published in 2016 from Penguin Press.***

***Tory Burch***

***Making Your Everyday  
Extraordinary and Discovering  
Your Best Self***

***An Interactive Journal for  
Winning at Life***

***Liebe, Stil und Lässigkeit à la  
française - Deutsche Ausgabe***

***The Debutante Divorcee  
French Secrets for Cultivating  
Love, Joy, and That Certain je  
ne sais quoi***

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The delicious New York Times bestselling follow up to *Bergdorf Blondes*, a chic and witty tale of marriage, friendship, and divorce, that moves from New York to London, the Alps to Moscow, now back in print in a gorgeous, eye-catching package. Newly married Sylvie Mortimer has found bliss with her Divine New Husband, Hunter. But her perfect Town & Country life is about to be rocked by a divine and dangerous predator—her new friend, the very rich, very young, very thin, very pretty, and very divorced Lauren Blount. New York's most

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reckless and glamorous Debutante Divorcee, Lauren is also the city's most eager Husband Huntress. And now she's got her sights on a new man: Sylvie's Divine New Husband. . . .

Tory Burch sees the world in color, inspired by people, places, and ideas—all of which influence her brand, synonymous with print and color. In her first book, she explores what living in color means to her. The book is organized by color, each one brought to life through images of her own collections and travels; how she entertains; style icons; the works of

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artists, authors, and interior designers she admires; and the advice of business leaders—many of whom are interviewed within. The book also offers a glimpse into the more personal moments in Tory's life, such as family trips with her boys or the indelible ways in which her parents, Buddy and Reva Robinson, influenced her collection, company, and philosophy. The foreword is written by Anna Wintour, artistic director of Condé Nast and editor-in-chief of Vogue, and the cover features Damien Hirst's Beautiful Primal Urges Rug, © Damien Hirst and Science

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Courtesy of Other Criteria.  
100% of the gross proceeds  
received by Tory Burch LLC  
from the sale of this book will  
benefit the Tory Burch  
Foundation.

In this extensively updated and  
augmented new edition of the  
New York Times best-selling  
Parisian Chic, Ines de la  
Fressange, the iconic  
Parisienne, and Sophie  
Gachet, Paris's fashion  
authority, share their personal  
style and beauty tips—gleaned  
from decades in the fashion  
industry—with humor and  
verve. This ultrachic volume

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with ribbon page marker includes new photography featuring Ines in her signature looks, easy-to-recreate advice, and extensive addresses—in Paris and online—to source all you need for chic Parisian fashion, beauty, and interiors. From killer outfits to Parisian wardrobe essentials, or from Ines's 10-minute beauty routine to her countdown to a perfect Parisian dinner party, this elegant volume is replete with inspiration à la Parisienne and is a must-have for any woman who wants to infuse her own style with the essence of Parisian chic.