

Hypertensive Urgency And Emergency Signup4

Ideal for medical students, interns and residents, the latest edition of this portable quick-reference—part of the popular Pocket Medicine series, prepared by residents and attending physicians—has been updated with new contributors and information on pediatric disorders and problems encountered in any clinical situation, including the ICU. The book is heavy on bulleted lists, tables, and algorithms, and the small size means it can fit snugly in anyone’s white coat pocket!

The Manual of Hypertension of the European Society of Hypertension reflects emerging concepts that have the potential to impact diagnostic and therapeutic approaches to hypertension. Updating all material, this new edition also delves into a number of areas that have received heightened interest in recent years or have become a matter of debate due to the controversial interpretation of the available data. FEATURES Reflects emerging concepts impacting diagnostic and therapeutic approaches Explores background, history, epidemiology, and risk factors Describes pharmacological, nonpharmacological, and medical treatments Examines hypertension in special populations and treatment

The ultimate guide for anyone wondering how President Joe Biden will respond to the COVID-19 pandemic—all his plans, goals, and executive orders in response to the coronavirus crisis. Shortly after being inaugurated as 46th President of the United States, Joe Biden and his administration released this 200 page guide detailing his plans to respond to the coronavirus pandemic. The National Strategy for the COVID-19 Response and Pandemic Preparedness breaks down seven crucial goals of President Joe Biden’s administration with regards to the coronavirus pandemic: 1. Restore trust with the American people. 2. Mount a safe, effective, and comprehensive vaccination campaign. 3. Mitigate spread through expanding masking, testing, data, treatments, health care workforce, and clear public health standards. 4. Immediately expand emergency relief and exercise the Defense Production Act. 5. Safely reopen schools, businesses, and travel while protecting workers. 6. Protect those most at risk and advance equity, including across racial, ethnic and rural/urban lines. 7. Restore U.S. leadership globally and build better preparedness for future threats. Each of these goals are explained and detailed in the book, with evidence about the current circumstances and how we got here, as well as plans and concrete steps to achieve each goal. Also included is the full text of the many Executive Orders that will be issued by President Biden to achieve each of these goals. The National Strategy for the COVID-19 Response and Pandemic Preparedness is required reading for anyone interested in or concerned about the COVID-19 pandemic and its effects on American society.

Publisher’s Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. An ideal reference for residents, fellows, practitioners, and nurse practitioners, Manual of Cardiovascular Medicine, 5th Edition is a concise, up-to-date overview of key topics in cardiology. Using a practical, outline format, this best-selling title presents evidence-based approaches to cardiovascular diagnosis, diseases, and treatment –perfect for daily practice or exam preparation.

Harrison’s Principles of Internal Medicine

Pharmacology for the Prehospital Professional

Pocket Nephrology

The Lupus Encyclopedia

Looks at ways to prevent and treat such disorders as dyspepsia, reflux disease, irritable bowl syndrome, constipation, and diarrhea.

This edition of Neurosurgical Emergencies is an up-to-date reference covering the most frequently encountered neurosurgical emergencies caused by disease, infection, trauma, and complications. It presents the current surgical guidelines for managing the full range of neurosurgical emergencies including those involving intracranial, spinal, and peripheral nerve pathology, and neurosurgical problems in pediatric patients. Expert specialists present their clinical insights in easy-to-follow protocols. Concise descriptions enable the reader to rapidly gain a firm understanding of pathogenesis of the problem, classification of injury, evaluation, clinical presentation, imaging, surgical indications, surgical approaches, and prognosis. Highlights: New chapters on the assessment of acute loss of consciousness, emergency management of spinal cord injury, and the management of raised intracranial pressure More than 200 illustrations and images demonstrate key concepts This authoritative text is an ideal resource for all neurosurgeons, residents, and specialists in emergency medicine. (A co-publication of Thieme and the American Association of Neurological Surgeons)

The treatment of hypertension has become the most important intervention in the management of all forms of chronic kidney disease. Chronic Kidney Disease and Hypertension is a current, concise, and practical guide to the identification, treatment and management of hypertension in patients with chronic kidney disease. In depth chapters discuss many relevant clinical questions and the future of treatment through medications and or novel new devices. Written by expert authors, Chronic Kidney Disease and Hypertension provides an up-to-date perspective on management and treatment and how it may re-shape practice approaches tomorrow.

Covering the management of critically ill newborns from the first minute of life through the first 72 hours, this practical, evidence-based and clinically-informed guide will provide all members of the pediatric care team with the essential information to save lives and prevent disability. With chapters on neonatal transport, resuscitation, ventilation and ethical issues, the content is further illustrated with case studies illustrating the real-world aspects of identifying critical signs and symptoms, diagnostics and treatment in multiple settings. As well as including numerous clear diagrams and summary tables, the text includes algorithms based on international guidelines to help navigate the reader through the delivery of care, and a comprehensive listing of drugs and dosages, serving as a quick reference guide when making treatment decisions. This is essential reading for pediatric residents, fellows and junior faculty, neonatal intensive care nurses, paramedics, obstetricians, midwives, anesthesiologists and emergency medicine physicians.

5-Minute Clinical Consult 2022

5-Minute Clinical Consult 2021

The Sensitive Gut

In Shock

Cardiovascular Emergencies

Thoroughly revised and updated, the second edition of this pocket-sized handbook provides comprehensive, concise, evidence-based information on diagnosing and treating cardiac disorders. The Little Black Book of Cardiology is a convenient resource offering quick access to vital information and makes a great reference for solving pressing problems on the ward or in the clinic.

The sixth edition of this comprehensive yet concise Rosen & Barkin’s 5 Minute Emergency Medicine Consult pulls together up-to-date and evidence-based practice guidelines for easy use in a busy emergency department. In just two brief, bullet-friendly, clutter-free pages, you can quickly decipher the information you need to confirm your diagnosis, order tests, manage treatment and more!

Offers information on the symptoms, diagnosis, medications, side effects, alternative treatments of lupus along with advice on coping with lupus.

Cardiovascular disease is the leading cause of death in women in the US, with more women dying from heart disease than men. Women may have different presentation from men and often need a different approach to diagnosis and treatment. There are also unique topics of management of heart disease in women, including issues during pregnancy, lactation, and menopause. Many different health care providers, as well as cardiologists are involved in treating these patients. A manual reviewing diagnosis and treatment of cardiac disease in women would help providers without specific cardiology training to deliver care with greater efficiency. A practical and comprehensive guide geared towards these providers would be a highly practical and valuable resource that would be utilized in everyday practice in offices that include urban clinics, general medicine offices, obstetrics and gynecology offices, as well as in the surgical subspecialties. This book will be a highly practical resource that can be directly applied to the issues that arise in everyday practice. There is no available book on the market that focuses on a broader approach to cardiac disease in women or focuses on non-cardiology providers (and their trainees) who have the need to know more about treatment of cardiovascular disease in women.

Neonatal Emergencies

A Clinical Manual

Chronic Kidney Disease and Hypertension

The Relaxation Response

Rosen & Barkin’s 5-Minute Emergency Medicine Consult

Develop top-level guidelines for high-risk and critically ill pregnancy women with AWHONN High-Risk & Critical Care Obstetrics, 4th Edition, an official publication of the Association of Women’s Health, Obstetric & Neonatal Nurses (AWHONN). This comprehensive analysis of critical care obstetrics concepts offers summary of research findings and top-notch clinical expertise. This is the expert guidance you need to navigate complex patient conditions and promote safe, effective perinatal care.

A practical quick-reference handbook in Aviation Checklist format, giving step-by-step instructions for the management of the most common anaesthetic crises encountered in the operating room. 22 crisis management protocols cover the major scenarios requiring immediate therapeutic intervention to prevent a catastrophic outcome. These include life-threatening cardiac,circulatory,airway,respiratory,metabolic and drug induced events.

A riveting first-hand account of a physician who’s suddenly a dying patient, In Shock “searches for a glimmer of hope in life’s darkest moments, and finds it.” —The Washington Post Dr. Rana Awdish never imagined that an emergency trip to the hospital would result in hemorrhaging nearly all of her blood volume and losing her unborn first child. But after her first visit, Dr. Awdish spent months fighting for her life, enduring consecutive major surgeries and experiencing multiple overlapping organ failures. At each step of the recovery process, Awdish was faced with something even more unexpected: repeated cavalier behavior from her fellow physicians—indifference following human loss, disregard for anguish and suffering, and an exacting emotional distance. Hauntingly perceptive and beautifully written, In Shock allows the reader to transform alongside Awdish and watch what she discovers in our carefully-cultivated, yet often misguided, standard of care. Awdish comes to understand the fatal flaws in her profession and in her own past actions as a physician while achieving, through unflinching presence, a crystalline vision of a new and better possibility for us all. As Dr. Awdish finds herself up against the same self-protective partitions she was trained to construct as a medical student and physician, she artfully illuminates the dysfunction of disconnection. Shatteringly personal, and yet wholly universal, she offers a brave road map for anyone navigating illness while presenting physicians with a new paradigm and rationale for embracing the emotional bond between doctor and patient.

"This pocketbook is a meticulously referenced mobile reference to managing ill or injured children. This mobile edition features many new or upgraded guidelines that cover anaphylaxis, hereditary angioedema, head trauma, diabetic ketoacidosis, colic, endocarditis prophylaxis, jaundice, bleeding disorders, oncologic emergencies, hypertension, HIV exposure, and febrile and non-febrile seizures"--

Neurosurgical Emergencies

Pocket Pediatrics

Focus on Adult Health

The Anaesthetic Crisis Manual

Rogers’ Textbook of Pediatric Intensive Care

Concise and easy to read, this popular manual has provided a practical approach to the diagnosis and medical management of problems in the newborn through seven outstanding editions. The Eighth Edition of Cloherty and Stark’s Manual of Neonatal Care maintains that tradition of excellence, offering NICU physicians, neonatal-perinatal fellows, residents, and neonatal nurse practitioners quick access to key clinical information, fully updated to reflect recent advances in the field. Written in an easy-access outline format, this extensively revised edition covers current, practical approaches to the evaluation and management of routine and complex conditions encountered in the fetus and the newborn.

Users will build confidence and reduce anxiety as they prepare for the American Board of Pediatrics certification and recertification exams. Written primarily by distinguished Cleveland Clinic faculty, this detailed and practical review is organized into subspecialty sections, each concluding with a board simulation chapter to build users’ test-taking skills. Numerous bulleted lists, tables, and illustrations improve retention of essential facts. Two practice board exams at the end of the book provide opportunities for self-assessment. Convenient companion website offers the fully searchable text, an image bank, and 100 online-only questions with answers. The Fourth Edition includes new board simulation in sports medicine, detailed rationales for each response, and self-assessment features in all board simulation chapters that let users evaluate their strengths and weaknesses. This is the tablet version which does not include access to the supplemental content mentioned in the text.

This book describes a novel therapy for obesity that associates the traditional procedures of weight-loss lifestyle modification with specific, individualized cognitive behavioral procedures to address some obstacles that have been indicated by recent research to influence weight loss and maintenance. The Cognitive Behavioral Therapy for Obesity (CBT-OB) can be used to treat all classes of obesity, including patients with severe comorbidities and disability associated with obesity, who are not usually included in traditional weight-loss lifestyle modification treatments. The book describes the treatment program in detail, and with numerous clinical vignettes. It also discusses involving significant others in the change process and adapting the CBT-OB for patients with severe obesity, binge-eating disorder, medical and psychiatric comorbidity, and treated with weight-loss drugs or bariatric surgery. Lastly, a chapter is dedicated to the use of digital technology with CBT-OB in order to help patients monitor their food intake and physical activity and to addressing obstacles in real time. Thanks to the description of how to apply the latest, evidence-based CBT-OB to real world settings, this volume is a valuable useful tool for all specialists - endocrinologists, nutritionists, dietitians, psychologists, psychiatrists - who deal with obesity and eating disorders.

Ocular Therapeutics Handbook: A Clinical Manual is directed at the needs of ophthalmists, nurses and primary care physicians and provides succinct, rapid access information for most common ocular problems encountered in a primary care setting. It is divided into three sections: Quick Reference, Ocular Therapeutics and Appendices. The Quick Reference section covers such topics as ocular microbiology, lab tests and procedures, pharmaceutical agents, and side effects of medications. The Ocular Therapeutics section discusses diseases, traumatic injuries, and ocular urgencies and emergencies. The appendices provide a summary of abbreviations, conversion charts, case report sheets and important phone numbers. The chapters have been developed to serve as a snapshot, presenting the clinician with the most relevant information regarding the pathophysiology and etiology of diseases, patient demographics, signs and symptoms, lab tests, and recommended approaches to treatment.

Cleveland Clinic Intensive Review of Pediatrics

Tarascon Pediatric Emergency Pocketbook

National Strategy for the COVID-19 Response and Pandemic Preparedness

January 2021

The Little Black Book of Cardiology

Offers a current and comprehensive review of the pathophysiology, diagnosis, and treatment of pulmonary hypertension and venous thromboembolism. Discusses indepth the pharmacologic and non-pharmacologic therapies used in the treatment of pulmonary vascular disease -- including the benefits and risks of each -- allowing for more informed care decisions.

Listed as the #1 reference book for hypertension by the American Society for Hypertension in 2006, this new edition presents up-to-date, practical, evidence-based recommendations for treatment and prevention of all forms of hypertension.

The Walls Manual of Emergency Airway Management is the world’s most trusted reference on emergency airway management, and is the foundation text in the nationally recognized The Difficult Airway Course: EmergencyTM and The Difficult Airway Course: EMSTM. Its practical, hands-on approach provides all the concrete guidance you need to effectively respond to any airway emergency, whether inside the hospital, emergency department, urgent care setting, or anywhere else where airway emergencies may occur. Apply the latest evidence-based approaches thanks to state-of-the-art coverage that includes new chapters on “The Difficult Airway Cart” and “Human Factors in Emergency Airway Management,” expanded coverage on delayed sequence intubation (DSI), and comprehensive updates throughout. Efficiently overcome any challenge in airway management with the aid of step-by-step instructions, mnemonics, easy-to-follow algorithms, and rich illustrations. Glean expert insights from a brand-new editorial team led by Calvin Brown III, MD, who is Dr. Walls’ colleague and protégé, and consisting of the same experts who teach The Difficult Airway Course: EmergencyTM and The Difficult Airway Course: AnesthesiaTM.

Thoroughly revised and updated, the second edition of this pocket-sized handbook provides comprehensive, concise, evidence-based information on diagnosing and treating illness and injury in the emergency setting. The Little Black Book of Emergency Medicine is a convenient resource offering quick access to vital information and makes a great reference for solving pressing problems on the ward or in the clinic. Also available in PDA format!

Cloherty and Stark’s Manual of Neonatal Care

Management of Cardiovascular Disease in Women

My Journey from Death to Recovery and the Redemptive Power of Hope

Ocular Therapeutics Handbook

The Little Black Book of Emergency Medicine

Each high-quality volume in the esteemed Washington Manual series brings together contributions from faculty and residents at the Washington University School of Medicine in St. Louis. The Washington Manual of Emergency Medicine, the latest addition to the series, focuses on practical content on how physicians actually practice emergency care. Comprehensive and concise, it also acts as a handy quick-reference, delivering need-to-know information at your fingertips, even in point-of-care situations.

Practical and highly organized, The 5-Minute Clinical Consult 2021 is a reliable, go-to resource for primary care physicians, nurse practitioners, and physician assistants. This bestselling title provides rapid access to guidance on diagnosis, treatment, medications, follow-up, and associated factors for more than 540 diseases and conditions. The 5-Minute Clinical Consult 2021 delivers clinical confidence efficiently, allowing you to focus your valuable time on giving your patients the best possible care. Written by esteemed internal medicine and family medicine practitioners and published by the leading publisher in medical content, The 5-Minute Clinical Consult 2021, 29th Edition is your best resource for patient care.

National Strategy for the COVID-19 Response and Pandemic PreparednessJanuary 2021 Simons and Schuster

Fully revised to meet current guidelines, Pharmacology for the Prehospital Professional, Second Edition offers a complete and practical understanding of pharmacology in the prehospital setting.The Second Edition provides a unique problem-based approach to ensure that you, as a prehospital provider, are prepared to effectively administer the drugs your patients need. Clinical scenarios present case information just as you will learn it in the classroom and encounter it in the field. By placing each drug in its relevant context, this text teaches you to identify the proper drug for a specific patient in a specific situation. This Second Edition includes: Contextualized profiles of over 90 drugs used in prehospital care for quick identification at critical moments. Problem-oriented approaches to real scenarios encountered in the field. Step-by-step procedural descriptions of pharmacologic processes commonly performed in the prehospital setting. A Medication Math chapter that strengthens your dosage-calculation skills. Legal Aspects and Risk Management coverage to help you avoid common mistakes made in prehospital care. Review questions that reinforce important chapter concepts and test your understanding.

Pulmonary Vascular Disease

The Walls Manual of Emergency Airway Management

Danforth’s Obstetrics and Gynecology

Manual of Geriatric Anesthesia

Medical-surgical Nursing

Emergency medicine textbook on identifying and treating cardiac emergencies, includes interpretation of ECGs, use of ultrasound in diagnosis, identification of arrhythmias, shock, syncope, post-arrest syndrome and much more.

A core reference for residents and practitioners for more than 40 years, this volume has been thoroughly revised and reorganized to provide complete, authoritative coverage of the modern clinical practice of obstetrics and gynecology.

"After years of battling uncontrollable addiction, I have achieved the supposedly impossible: complete freedom from craving." Dr. Olivier Ameisen was a brilliant cardiologist on the staff at one of America’s top teaching hospitals and running his own successful practice when he developed a profound addiction to alcohol. He broke bones with no memory of falling; he nearly lost his kidneys; he almost died from massive seizures during acute withdrawal. He gave up his flourishing practice and, fearing for his life, immersed himself in Alcoholics Anonymous, rehab, therapy, and a variety of medications. Nothing worked. So he did the only thing he could: he took his treatment into his own hands. Searching for a cure for his deadly disease, he happened upon baclofen, a muscle relaxant that had been used safely for years as a treatment for various types of muscle spasticity, but had more recently shown promising results in studies with laboratory animals addicted to a wide variety of substances. Dr. Ameisen prescribed himself the drug an experimented with increasingly higher dosages until he finally reached a level high enough to leave him free of any craving for alcohol. That was more than five years ago. Alcoholism claims three hundred lives per day in the United States alone; one in four U.S. deaths is attributable to alcohol, tobacco, or illegal drugs. Baclofen, as prescribed under a doctor’s care, could possibly free many addicts from tragic and debilitating illness. But as long as the medical and research establishments continue to ignore a cure for or the most deadly diseases in the world, we won’t be able to understand baclofen’s full addiction-treatment potential. The End of My Addiction is both a memoir of Dr. Ameisen’s own struggle and a groundbreaking call to action—an urgent plea for research that can rescue millions from the scourge of addiction and spare their loved ones the collateral damage of the disease.

Practical and highly organized, The 5-Minute Clinical Consult 2022 provides rapid access to the diagnosis, treatment, medications, follow-up, and associated conditions for more than 540 disease and condition topics to help you make accurate decisions at the point of care. Organized alphabetically by diagnosis, it presents brief, bulleted points in a templated format, and contains more than 100 diagnostic and therapeutic algorithms. This up-to-date, bestselling reference delivers maximum clinical confidence as efficient as possible, allowing you to focus your valuable time on providing high-quality care to your patients. Get quick access to all-new content, including Dystonia, End-Stage Renal Disease, Epilptic Appendagitis, and Xanthelasma. Find the answers you need quickly thanks to an intuitive, at-a-glance format, with concise, bulleted text; hundreds of diagnostic and therapeutic algorithms; ICD-10 codes; DSM-5 criteria; and much more. Make confident decisions aided by current evidence-based designations in each topic. A reliable, go resource for clinicians in primary care, family medicine, emergency medicine, nursing, and pediatrics. Written by esteemed internal medicine and family medicine practitioners and published by the leading publisher in medical content, The 5-Minute Clinical Consult 2022, 30th Edition includes a 10-Day Free Trial to 5MinuteConsult.com, an evidence-based, online workflow tool easily integrated at the point of care. 5MinuteConsult.com provides online-exclusive content, including: More than 1,200 additional topics, including full contents of The 5-Minute Pediatric Consult and The 5-Minute Sports Medicine Consult Online-exclusive topics and algorithms on COVID-19 and Telemedicine Differential diagnosis support from an expanded collection of algorithms Current evidence-based designations highlighted in each topic Thousands of images to help support visual diagnosis of all conditions A video library of procedures, treatment, and physical therapy techniques An A-to-Z Drug Database from Facts & Comparisons(R) Guidance on laboratory test interpretation from Wallach’s Interpretation of Diagnostic Tests More than 3,000 patient handouts in English and Spanish Approximately 100 Diseases and Conditions in Spanish ICD-10 codes and DSM-5 criteria FREE point-of-care CME and CE: 0.5 credits each time you search the site to find the best treatment for your patients. This activity has been reviewed and is acceptable for up to 20 prescribed credits by the AAFP and the ANCC. Consider a subscription to 5MinuteConsult.com, available for 1 year with the purchase of the 5-Minute Clinical Consult Premium 2022: 1-Year Enhanced Online Access + Print, 30th Edition or an online-only subscription, available at www.5MinuteConsult.com Enrich Your eBook Reading Experience Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

Manual of Cardiovascular Medicine

The End of My Addiction

Kaplan’s Clinical Hypertension

A Comprehensive Guide For Patients and Families

AWHONN’s High-Risk & Critical Care Obstetrics

The Manual of Geriatric Anesthesia is a practical guide for physicians, residents, and students interested in the care of the elderly patient undergoing surgery. Although primarily written for anesthesiologists, other perioperative physicians and nurses will also find the information highly valuable. Highlights of the text include concise and clear discussions of preoperative assessment, anesthetic administration, the immediate postoperative care, as well as the more classic ‘geriatric’ topics such as the hip fracture patient, cataract surgery, postoperative delirium, dementia, ethics and end of life care. Clinical geriatric principles are woven into the text so that the reader can develop skills in geriatrics and develop a broader understanding of terminology and principles used in geriatric medicine.

In this time of quarantine and global uncertainty, it can be difficult to deal with the increased stress and anxiety. Using ancient self-care techniques rediscovered by Herbert Benson, M.D., a pioneer in mind/body medicine for health and wellness, you can relieve your stress, anxiety, and depression at home with just ten minutes a day. Herbert Benson, M.D., first wrote about a simple, effective mind/body approach to lowering blood pressure in The Relaxation Response. When Dr. Benson introduced this approach to relieving stress over forty years ago, his book became an instant national bestseller, which has sold over six million copies. Since that time, millions of people have learned the secret—without high-priced lectures or prescription medicines. The Relaxation Response has become the classic reference recommended by most health care professionals and authorities to treat the harmful effects of stress, anxiety, depression, and high blood pressure. Rediscovered by Dr. Benson and his colleagues in the laboratories of Harvard Medical School and its teaching hospitals, this revitalizing, therapeutic tack is now routinely recommended to treat patients suffering from stress and anxiety, including heart conditions, high blood pressure, chronic pain, insomnia, and many other physical and psychological ailments. It requires only minutes to learn, and just ten minutes of practice a day.

Pocket Nephrology is a practical, high-yield reference offering current, evidence-based practices and expert guidance from physicians at the world-renowned Columbia University Medical Center. Featuring an easy-to-use loose-leaf format, it can be used as a portable diagnosis and treatment reference, as a quick dosage check, as a review for complex glomerular diseases and acid-base physiology, and for board preparation.

The purpose of the ‘Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7)’ is to provide an evidence-based approach to the prevention and management of hypertension. The key messages of this report are: in those older than age 50, systolic blood pressure (SBP) of greater than 140 mmHg is a more important cardiovascular disease (CVD) risk factor than diastolic blood pressure (DBP); beginning at 115/75 mmHg, CVD risk doubles for each increment of 20/10 mmHg; those who are normotensive at 55 years of age will have a 90 percent lifetime risk of developing hypertension; prohypertensive individuals (SBP 120–139 mmHg or DBP 80–89 mmHg) require health promoting lifestyle modifications to prevent the progressive rise in blood pressure and CVD; for uncomplicated hypertension, thiazide diuretics should be used in drug treatment for most, either alone or combined with drugs from other classes; this report delineates specific high-risk conditions, which are compelling indications for the use of other antihypertensive drug classes (angiotensin-converting enzyme inhibitors, angiotensin-receptor blockers, beta blockers, calcium channel blockers); two or more antihypertensive medications will be required to achieve goal BP (less than 140/90 mmHg, or less than 130/80 mmHg for patients with diabetes and chronic kidney disease); for patients whose BP is greater than 20 mmHg above the DBP goal or 10 mmHg above the DBP goal, initiation of therapy using two agents, one of which usually will be a thiazide diuretic, should be considered; regardless of therapy or care, hypertension will only be controlled if patients are motivated to stay on their treatment plan. Positive experiences, trust in the clinician, and empathy improve patient motivation and satisfaction. This report serves as a guide, and the committee continues to recognize that the responsible physician’s judgment remains paramount.

CPT Professional 2022

The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure

Manual of Hypertension of the European Society of Hypertension, Third Edition

Treating Obesity with Personalized Cognitive Behavioral Therapy

An Introduction to Clinical Emergency Medicine

CPT(R) 2022 Professional Edition is the definitive AMA-authored resource to help healthcare professionals correctly report and bill medical procedures and services.

Now in vibrant full color throughout, Rogers’ Textbook of Pediatric Intensive Care, 5th Edition, continues its tradition of excellence as the gold standard in the field. For more than 25 years, readers have turned to this comprehensive resource for clear explanations of both the principles underlying pediatric critical care disease and trauma as well as how these principles are applied in clinical practice. In the 5th Edition, more than 250 global contributors bring you completely up to date on today’s understanding, treatments, technologies, and outcomes regarding critical illness in children.

Fully-updated edition of this award-winning textbook, arranged by presenting complaints with full-color images throughout. For students, residents, and emergency physicians.

The Washington Manual of Emergency Medicine