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Illustrate Passo Dopo Passo

Insalate Deliziose Ricette Illustrate Passo Dopo Passo

'With equal parts of birch wood and passion, we keep the flames alive. We cook all our ingredients over an open fire. Charcoal and smoke are our most powerful tools. No electric griddle, no gas stove – only natural heat, soot, ash, smoke and fire. We have chosen these ways to prepare our food as a tribute to the ancient way of cooking. At Ekstedt it is the flames that are superior.' Through his bold flavours at the eponymous Michelin-starred restaurant, Niklas Ekstedt ignites our primal fire-side instincts. His abandonment of modern technology may be a little difficult to replicate in your own kitchen, but his spirit will convince you to get back to basics where

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you can. The restaurant, Ekstedt, is at the very heart and centre of the book, providing the foundation for Niklas' stories of seasonal, and regional, traditional Swedish cooking. Dishes from the restaurant, and in the pages of this sumptuous book, include braised lamb shoulder with seaweed butter and wild garlic capers, juniper-smoked pike and perch, ember-baked leeks with charcoal cream, pine-smoked mussels, and wood-oven baked almond cake. Stunning photography from David Loftus brings Niklas' recipes and the Nordic seasons to life. ----- Praise for Food From The Fire Best books of 2016 – London Evening Standard 'The Swedish cookbook that's about to set your world – ok – your dinner on fire' – Esquire Magazine A kitchen classic for over 35 years, and hailed by Time magazine as "a minor masterpiece" when it first appeared in 1984, On Food and

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Cooking is the bible which food lovers and professional chefs worldwide turn to for an understanding of where our foods come from, what exactly they're made of, and how cooking transforms them into something new and delicious. For its twentieth anniversary, Harold McGee prepared a new, fully revised and updated edition of *On Food and Cooking*. He has rewritten the text almost completely, expanded it by two-thirds, and commissioned more than 100 new illustrations. As compulsively readable and engaging as ever, the new *On Food and Cooking* provides countless eye-opening insights into food, its preparation, and its enjoyment. *On Food and Cooking* pioneered the translation of technical food science into cook-friendly kitchen science and helped birth the inventive culinary movement known as "molecular gastronomy." Though other books have been written about kitchen science, *On*

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Food and Cooking remains unmatched in the accuracy, clarity, and thoroughness of its explanations, and the intriguing way in which it blends science with the historical evolution of foods and cooking techniques. Among the major themes addressed throughout the new edition are:

- Traditional and modern methods of food production and their influences on food quality
- The great diversity of methods by which people in different places and times have prepared the same ingredients
- Tips for selecting the best ingredients and preparing them successfully
- The particular substances that give foods their flavors, and that give us pleasure
- Our evolving knowledge of the health benefits and risks of foods

On Food and Cooking is an invaluable and monumental compendium of basic information about ingredients, cooking methods, and the pleasures of eating. It will delight and fascinate anyone who has ever cooked,

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savored, or wondered about food.

This Seventh Edition of the best-selling intermediate Italian text, DA CAPO, reviews and expands upon all aspects of Italian grammar while providing authentic learning experiences (including new song and video activities) that provide students with engaging ways to connect with Italians and Italian culture. Following the guidelines established by the National Standards for Foreign Language Learning, DA CAPO develops Italian language proficiency through varied features that accommodate a variety of teaching styles and goals. The Seventh Edition emphasizes a well-rounded approach to intermediate Italian, focusing on balanced acquisition of the four language skills within an updated cultural framework. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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A bitters-making handbook with a beautiful, botanical difference; three scientists present the back-stories and exciting flavours of plants from around the globe, in a range of tasty, healthy tinctures.

On Food and Cooking

Discover a New World of Flavors in Authentic Recipes

Midnight Chicken

Tradition in Evolution. The Art and Science in Pastry

A Compendium of Pairings, Recipes and Ideas for the Creative Cook

Fresh and Light

Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of

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all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear?

Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, *The Book of Disquiet* is a classic of existentialist literature.

A dazzling tribute to Italy's greatest "hidden" regional cuisine by the author of the bestselling

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and groundbreaking cookbook Polpo. Returning to the city of his gastronomic inspiration, Norman Russell immerses himself in the authentic recipes and culinary traditions of Venice and the Veneto in one hundred recipes showcasing the simple but exquisite flavors of La Serenissima. He documents one magical year learning and fine-tuning the specialties and everyday comfort foods of la cucina veneziana in a rustic kitchen in a neighborhood far from the tourist crowds -- where washing hangs across the narrow streets and some houses still rely on

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a communal well for water. Russell lovingly reproduces true Venetian recipes with authentic ingredients very different from the globalized tourist fare in the city's restaurants. The book is structured by season highlighting the ever-changing produce available in Venice's buzzing market stalls throughout the year. Included are Venetian favorites such as asparagus with Parmesan and anchovy butter, butternut risotto, arancini, rabbit cacciatore, warm duck salad with walnuts and beets, scallops with lemon and peppermint, and warm octopus salad. Russell

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also affords a rare and intimate glimpse into Venice: its hidden architectural gems, secret places, embedded history, the color and energy of daily life and the characters that make this city so enchanting.

A career flavor scientist who has worked with such companies as Lindt, Coca-Cola and Cadbury organizes food flavors into 160 basic ingredients, explaining how to combine flavors for countless results, in a reference that also shares practical tips and whimsical observations.

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Foodi&iDrink.

500 Sushi

Simple Dinners

Life in Balance

A Novel

Ekstedt

A Social and Political History

Young art-chefs - your moment has come! The table is set and your ingredients await: an empty plate, color pens and most important of all - your imagination! Now, add a dash of squiggles there, a handful of zig zags for flavor - and voila! - Ninety-four delicious recipes for Italy's answer to fast food.

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- Chef Alessandro Frassica emphasizes the use of fresh ingredients in imaginative combinations. What could be more simple than a pan'ino? Take some bread and butter, slice it through the middle and fill it. Seen in this way, the sandwich is almost an "anti-cuisine", a nomadic shortcut that allows for speed and little thought. But when Alessandro Frassica thinks about his pan'ino, he considers it in a different way, not as a shortcut, but as an instrument for telling stories, creating layers of tales right there between the bread and butter. Because even if the sandwich is simple, it is not necessarily so easy to create. Alessandro searches for ingredients, and in the raw foods he finds people: producer of pecorino cheese from Benevento, anchovies from Cetara

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'nduja spicy salami from Calabria. Then he studies the combinations, the consistencies and the temperature, because a pan'ino is not just a random object; savoury must be complemented by sweet; tapenade softens and provides moisture; bread should be warmed but not dried; thus the sandwich becomes a simple way of saying many excellent things, including finding a complexity of flavours that can thrill in just one bite.

In this series, discover hundreds of delicious recipes for salads, soups and pasta. Each is photographed in hand-decorated bowls that reflect the unique regional designs from which the recipe originates.

THE BASIS FOR THE CANNES FILM FESTIVAL'S

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PALMA D'OR-NOMINATED FILM Set in an upper-middle-class Tel Aviv apartment building, this best-selling and warmly acclaimed Israeli novel examines the interconnected lives of its residents, whose turmoils, secrets, unreliable confessions, and problematic decisions reveal a society in the midst of an identity crisis. On the first floor, Arnon, a tormented retired officer who fought in the First Intifada, confesses to an army friend with a troubled military past how his obsession about his young daughter's safety led him to lose control and put his marriage in peril. Above Arnon lives Hani, known as "the widow," whose husband travels the world for his lucrative job while she stays at home with the two children, increasingly isolated and unstable. When her

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brother-in-law suddenly appears at their door begging her hide him from loan sharks and the police, she agrees in spite of the risk to her family, if only to bring some emotional excitement into her life. On the top floor lives a former judge, Devora. Eager to start a new life in her retirement, Devora joins a social movement, desperately tries to reconnect with her estranged son, and falls in love with a man who isn't what he seems. A brilliant novelist, Eshkol Nevo vividly depicts how the grinding effects of social and political ills play out in the psyche of his flawed yet compelling characters, in often unexpected and explosive ways.

New York Cult Recipes

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Venice: Four Seasons of Home Cooking

The Art and Science of Making Bitters

500 Salads

Pan'ino, the (reduced Price)

Batch Cooking

"All creatures of the world find time to rest. In this lullaby book, countless cozy animals settle down in their beds"--

BENEDETTA PARODI cucina per il marito Fabio e i figli Matilde, Eleonora e Diego, ma anche per tutti i telespettatori che la seguono ogni giorno sugli schermi televisivi e per voi lettori che qui troverete **237 piatti inediti**. Come sempre, sono

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ricette che si cucinano in un attimo con ingredienti semplici ed economici oltre che sfiziosi e facilissimi da trovare. Quest'anno, però, Benedetta ha deciso di accompagnarvi passo dopo passo nella preparazione di pranzi e cene, immaginando per voi oltre 60 menù adatti ai pasti di tutti i giorni ma anche alle occasioni speciali: dalla festa di compleanno dei bimbi alla cena con un amico vegetariano, dallo spuntino davanti alla tv alla serata romantica a lume di candela, dalla cenetta di pesce che costa poco al pranzo perfettino per suocere criticone Sempre "raccontandoli" con il suo consueto stile che

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mescola consigli preziosi e trucchi del mestiere ad aneddoti e ricordi personali. Per la prima volta, inoltre, Benedetta si è cimentata anche con la macchina fotografica immortalando proprio i piatti che lei stessa porta in tavola e che scoprirete sfogliando le pagine illustrate di questo suo nuovo, attesissimo e coloratissimo libro.

The Modern Pantry restaurant serves some of the most exciting food in London. Anna Hansen's flavour combinations are wholly original; her dishes combine the best of seasonal western ingredients with the freshness and spice of Asian

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and Pacific Rim cooking. In this, her first cookbook, Anna introduces the reader to his or her very own 'modern pantry', a global larder of ingredients to use at home. Recipes include snacks and sharing plates like crab rarebit and grilled halloumi and lemon roast fennel bruschetta, salads such as wild rice with charred sweetcorn, avocado, feta and pecan, and delicious main courses like miso-marinated onglet steak. Other highlights are her luscious desserts: honey-roast pear, chestnut and oat crumble and home-made coconut sorbet, and cakes and bakes including date and orange

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scones and banana and coconut upside-down cake. Anna aims to broaden the everyday home cook's ideas of what he or she can prepare, to create simple, inspiring dishes for family and friends. The Modern Pantry Cookbook is stylish and groundbreaking, and the innovative recipes are illustrated with beautiful colour photography.

Getting right to the heart of why Gordon Ramsay is such a celebrated chef, this book shows 50 of his classic recipes presented as they would be in one of his restaurants. It then shows the dishes presented in a domestic situation with full

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recipes and step-by-step instructions to recreate them yourself.

Japanese Cuisine

Revised and Updated

The Whole Fish Cookbook

The Modern Pantry

Modern Japan

I menù di Benedetta

- A book about the pleasure of baking your own bread using natural sourdough and healthy ingredients - Includes 90 taste-tested recipes
Bread making is a skill, but it is also a pleasure,

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rooted in traditions that have nurtured generations. Sourdough, pasta madre in Italian, is one of bread-baking's most popular variations with its signature tang and unique health benefits. It is also one of the easiest and most natural, its starter made from flour, water, and time. Riccardo Astolfi has mastered the art of baking with sourdough and here collects 90 taste-tested recipes for breads, as well as sweets and savories such as brioche, sweet buns, traditional panettone, pancakes, bagels, pizza and more. Each recipe calls for organic

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and locally available ingredients and is tested for the home kitchen. Contents: Introduction; Everyday recipes (breakfast, snacks and pizzas); Festive recipes.

Australia's most trusted home cook is celebrating a fresher approach to eating. These days we're bombarded with so many messages about what to eat more of and what to eat less of and what to give up altogether, it can all get a little confusing and, let's face it, overwhelming. When there are so many passing fads and extreme diets out there, it's a relief to

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turn to a voice of reason, Australia's bestselling and most trusted cook, Donna Hay, for a realistic, sustainable and more balanced approach to fresher, healthier eating. Donna says: 'If there's one thing I've learned about myself, it's that I'm happiest when life is balanced. It rings true in all areas- work and play, friends and family, and, for me especially, food. Diets have never been my thing, I don't like the idea of anyone being on one! But I do love the way food can make me feel, uplifting me with energy, nourishing me with cosy

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goodness, or treating me with a little sweetness. LIFE IN BALANCE is about embracing food and all its benefits. Each chapter, from breakfast to baking, has simple recipes enriched with nature's superfoods - think leafy greens, bright fresh berries, creamy nuts and nourishing grains. Plus, I've profiled all my power pantry staples for you, like chia seeds, coconut sugar and raw cacao. Let this book help you find your own perfect balance, while enjoying every bite.' In a gorgeous new user-friendly square paperback format,

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featuring tactile paper stock and stunning photography, Donna packs in a wealth of ideas and information that you can trust, and flavours and tastes that will inspire you. From new ideas for power dinners to tempting grills, from super-charged breakfasts to low-carb options, LIFE IN BALANCE is full of super-satisfying recipes - nourishing, virtuous and delicious. And because we all need the occasional treat, there's also a few yummy better-for-you sweets. The only kind of diet that works, after all, is the balanced diet - the one you can

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sustain long term. And when your life is in balance, you feel great and it shows - from the inside out.

Presents original recipes for cooking pork, and includes insight into the history of the pig and those who raise them, and offers alternatives for hard-to-find ingredients.

The life and times of the Great British Pudding, both savoury and sweet - with 80 recipes re-created for the 21st century home cook Jamie Oliver says of *Pride and Pudding* 'A truly wonderful thing of beauty, a very tasty

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masterpiece!' BLESSED BE HE THAT INVENTED PUDDING The great British pudding, versatile and wonderful in all its guises, has been a source of nourishment and delight since the days of the Roman occupation, and probably even before then. By faithfully recreating recipes from historical cookery texts and updating them for today's kitchens and ingredients, Regula Ysewijn has revived over 80 beautiful puddings for the modern home cook. There are ancient savoury dishes such as the Scottish haggis or humble beef pudding,

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traditional sweet and savoury pies, pastries, jellies, ices, flummeries, junkets, jam roly-poly and, of course, the iconic Christmas pudding. Regula tells the story of each one, sharing the original recipe alongside her own version, while paying homage to the cooks, writers and moments in history that helped shape them.

Sourdough

Botany at the Bar

Pride and Pudding

An Illustrated Guide

New ways to cook, eat and think

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Hitchhiking Japan

500 Sushi provides the home chef with everything needed to make delicious, authentic sushi at home. Making these flavorsome bites is easy with this exhaustive collection of recipes! Following the expert advice from the founder of Moshi Moshi Sushi, you will learn how to choose fresh fish and other ingredients and fuse them into delicious combinations. From toppings and fillings to seasonings and accompaniments, this book gives you the tips and knowledge you

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need to make this popular Japanese dish. Ranging from the Tokugwa period to the present day, this text provides a concise and fascinating introduction to the social, cultural and political history of modern Japan. Tipton covers political and economic developments and shows how they relate to social themes and developments. Her survey covers traditional political history as well as areas growing in interest: gender issues, labor conditions and ethnic minorities.

Winner of the Guild of Food Writers

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General Cookbook Award 2020 'A manual for living and a declaration of hope' Nigella Lawson 'A moving testimonial to the redemptive power of cooking. Generous, honest and uplifting' Diana Henry There are lots of ways to start a story, but this one begins with a chicken... When the world becomes overwhelming, Ella Risbridger focuses on the little things that bring her joy, like enjoying a glass of wine when cooking, FaceTiming with a friend whilst making bagels, and sharing recipes that are good for the soul. One

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night she found herself lying on her kitchen floor, wondering if she would ever get up - and it was the thought of a chicken, of roasting it, and of eating it, that got her to her feet and made her want to be alive. Midnight Chicken is a cookbook. Or, at least, you'll flick through these pages and find recipes so inviting that you will head straight for the kitchen: roast garlic and tomato soup, uplifting chilli-lemon spaghetti, charred leek lasagne, squash skillet pie, spicy fish finger sandwiches and burnt-butter

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brownies. It's the kind of cooking you can do a little bit drunk, that is probably better if you've got a bottle of wine open and a hunk of bread to mop up the sauce. But if you settle down and read it with a cup of tea (or a glass of that wine), you'll also discover that it's an annotated list of things worth living for - a manifesto of moments worth living for. This is a cookbook to make you fall in love with the world again. Featuring an entire chapter on storecupboard recipes. 'Risbridger is the most talented British

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*debut writer in a generation' Sunday Times
'A big old massive heart exploding love
story' The Times*

*It had never been done before. Not in
2,000 years of Japanese recorded history
had anyone followed the Cherry Blossom
Front from one end of the country to the
other. Nor had anyone hitchhiked the
length of Japan. But, heady on sakura and
sake, Will Ferguson bet he could do both.
The resulting travelogue is one of the
funniest and most illuminating books ever
written about Japan. And, as Ferguson*

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learns, it illustrates that to travel is better than to arrive.

*& Other Recipes Worth Living For
Salads*

Da capo

Italian Made Simple

Three Floors Up

The Only Sushi Compendium You'll Ever Need

Donna's groundbreaking book, THE INSTANT COOK, now comes in a beautiful paperback edition. Showcasing fuss-free recipes, Donna's trademark modern photography and styling - plus her tips on how to get the best results out of whatever you're making for cooking -

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this is the book to turn to when asked "what's for dinner?". Whether you need to whip up busy midweek fare for a famished family or present something chic and easy for a casual weekend dinner with friends, time is on your side with Donna Hay's moreish collection of over 190 inspiring recipes. Donna gives her readers the know-how and confidence to create great meals that are filling and substantial at short notice: soup; salads; pasta; rice & noodles; chicken; meat; fish + seafood; vegetables; sweets. Each chapter also includes a new feature; in which Donna shows you one essential sauce or dish with three very clever twists for you to then create three very fresh and original meals and concludes with her ever-popular "short order" ideas: quick dishes

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to serve on the side or as meals on their own; using simple methods and flavour combinations.

Recipes and stories to learn all about Japan's food culture. Recipes, anecdotes, histories and stories, maps, techniques, stylings, utensils, native ingredients -- this is a colorful invitation to discover the look and aromas and flavors of Japan. How to make sushi? What is the traditional method of making miso soup? How do you make a full Japanese meal? What are the most frequently cooked dishes in the izakaya? How do you garnish and pack a bento box? Here are the answers in a charmingly, and beautifully, illustrated paperback book. From how to use Japanese knives, chopsticks and cooking vessels, to familiar and unusual seafood (and seaweed!), Japanese

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vegetables, fruits and soy, the illustrations are clear, atmospheric and empowering. The text runs from ingredients and places to buy them, to simple dishes and whole meals. The design is really fun, and this is a handbook every cook will want to own -- or give to friends and family.

Cooking in large batches is the perfect way to save time and money. It also often turns out to be the healthier option – saving you from ready-meals and take-out; allows you to cook your produce when it's most fresh; and reduces how much food you throw away. In *Batch Cooking*, Keda Black shows you how to get ahead of the game by using just two hours every Sunday to plan what you are eating for the week ahead and get most of your

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prep out of the way. By Sunday evening, you are looking forward to five delicious weeknight meals, and enjoying an overwhelming sense of calm about the week ahead. The book covers thirteen menus, with an easy-to-follow shopping list and a handy guide for how to tweak your plans for the season or your dietary requirements. Each menu is broken down into the Sunday preparation time and a day-by-day method to finishing the recipe. Recipes include a heartening Lemongrass, Coconut, Coriander and Ginger Soup, a delightful Green Shakshuka with Feta and an astoundingly easy Pear Brownie.

Whether you are planning a romantic Italian getaway, packing a knapsack for your junior year abroad, or just want to engage your Italian business associate in

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everyday conversation, Italian Made Simple is the perfect book for any self-learner. Void of all the non-essentials and refreshingly easy to understand, Italian Made Simple includes: * basics of grammar * vocabulary building exercises * pronunciation aids * common expressions * word puzzles and language games * contemporary reading selections * Italian culture and history * economic information * Italian-English and English-Italian dictionaries Complete with drills, exercises, and answer keys for ample practice opportunities, Italian Made Simple will soon have you speaking Italian like a native.

Salt and Pepper

Fresh and Easy Meals in Minutes

Ramsay 3 Star

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Modern Classics

101 Asian Dishes You Need to Cook Before You Die

The History of British Puddings, Savoury and Sweet

*A full range of salad recipes provide for every taste and appetite. Chapters include classic salads, light salads, warm salads, grain & bean salads, pasta salads, slaws & shredded salads, main course salads, and fruit salads.

Fall in love with the addictive, suspenseful love story between a teenage girl and a vampire with the book that sparked a "literary phenomenon" and

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redefined romance for a generation (New York Times). Isabella Swan's move to Forks, a small, perpetually rainy town in Washington, could have been the most boring move she ever made. But once she meets the mysterious and alluring Edward Cullen, Isabella's life takes a thrilling and terrifying turn. Up until now, Edward has managed to keep his vampire identity a secret in the small community he lives in, but now nobody is safe, especially Isabella, the person Edward holds most dear. The lovers find themselves balanced

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precariously on the point of a knife -- between desire and danger. Deeply romantic and extraordinarily suspenseful, Twilight captures the struggle between defying our instincts and satisfying our desires. This is a love story with bite. It's here! #1 bestselling author Stephenie Meyer makes a triumphant return to the world of Twilight with the highly anticipated companion, Midnight Sun: the iconic love story of Bella and Edward told from the vampire's point of view. "People do not want to just read Meyer's books; they want to climb

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inside them and live there." -- Time "A literary phenomenon." -- The New York Times

The full potential of salt and pepper as seasonings for main meals, appetizers and desserts is explored in this cookbook.

Well-illustrated with color photographs throughout the book also includes recipes for rubs, marinades and preserves.

Fresh and Light is Donna Hay's answer to finding the perfect balance. Designed to complement her hugely popular existing repertoire, it is full of new recipes that

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combine fresh and flavoursome ingredients. Ditch the diet and find the balance - Fresh and Light is mindful of fat and carbohydrates, but focuses on flavour and variety, without the guilt. With chapters divided by meals, Fresh and Light offers a multitude of recipes for those times when you're seeking something a little more virtuous. Start your day the right way with five-grain porridge or asparagus, tomato and feta egg-white omelette. Store up an array of go-to recipes for fast but healthy weekday dinners such as lemon and

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goat's cheese roasted chicken, red quinoa, kale and haloumi salad or thai green curry chicken skewers. Treat yourself but feel a little more innocent doing it with Donna's chocolate, pistachio and almond biscotti or berry and ricotta slice. Donna shares her fool-proof recipes for light breakfasts, tasty lunch tips and fast dinner solutions to give you ideas for every time of the day. This book is the answer to that constant juggle for the perfect balance, with a focus on ease and flavour, but always leaving room for the

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little indulgences in life.

The Big Book of Slumber

180+ New Recipes and Flavour-packed Ideas
to Find the Perfect Balance

The Science and Lore of the Kitchen

Insalate. Deliziose ricette illustrate
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The Book of Disquiet

Twilight

**Renowned for recipes that make food
look gorgeous and taste great yet
require minimal effort, Donna Hay's**

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cookbooks have become international successes. "Modern Classics" is no different. Chapters, including soups, salads, pastas, and pies, begin with a "basic" recipe. Step-by-step photos allow cooks to create increasingly sophisticated variations from this starter recipe.

Paris may be the capital of haute cuisine, but expat Marc Grossman craves the food he grew up with in New York and Brooklyn. So he has lovingly recreated

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those iconic recipes, from blintzes, bialys, and black & white cookies to pork buns, matzo ball soup, and everything in between. Grossman zooms in on particular neighborhoods and their special fare, even including addresses of his favorite restaurants.

Enjoy authentic Italian Insalata in every season! Salads introduces you to the authentic flavors of Italian cuisine in all its glory - the highest quality fresh ingredients, the subtle balance of

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tradition and innovation, and, above all, a joyous spirit. From the world-famous Insalata Caprese to the classic seafood salad of Naples, here are 50 sensational salads to savor.

Celebrity chef, Asian cooking expert and TV personality Jet Tila has compiled the best-of-the-best 101 Eastern recipes that every home cook needs to try before they die! The dishes are authentic yet unique to Jet--drawn from his varied cooking experience, unique heritage and

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travels. The dishes are also approachable--with simplified techniques, weeknight-friendly total cook times and ingredients commonly found in most urban grocery stores today.

Hokkaido Highway Blues

The Flavor Thesaurus

The New Cuisine

50 Easy Recipes

The Instant Cook

The Nordic Art of Analogue Cooking

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The Whole Fish Cookbook is the bestselling cookbook that has changed the way we think about fish. Jamie Oliver called Josh Niland one of the most impressive chefs of a generation and Yotam Ottolenghi voted the book one of his favourites – ever. Add to that a swag of awards, including: The Australian Book Industry Association 's Illustrated Book of the Year in 2020; André Simon Food Book Award 2019; and two James Beard awards in 2020 – Restaurant and Professional and the prestigious Book of the Year. The Whole Fish Cookbook was also shortlisted as debut cookbook of the year in the Fortnum & Mason food & drink awards in 2020 and longlisted as Booksellers ' choice in the adult non-fiction category by the Australian Booksellers ' Association. As well, photographer Rob Palmer won the

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National Photographic Portrait Prize in 2020 with a stunning photo of Josh from the book. 'My cookbook of the year.' – Yotam Ottolenghi, The Guardian 'A mind-blowing masterpiece from one of the most impressive chefs of a generation.' – Jamie Oliver 'Josh Niland is a genius.' – Nigella Lawson We all want to eat more fish, but who wants to bother spending the time, effort and money cooking that same old salmon fillet on repeat when you could be trying something new and utterly delicious? In The Whole Fish Cookbook, Sydney 's groundbreaking seafood chef Josh Niland reveals a completely new way to think about all aspects of fish cookery. From sourcing and butchering to dry ageing and curing, it challenges everything we thought we knew about the subject and invites readers to see fish for

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what it really is – an amazing, complex source of protein that can, and should, be treated with exactly the same nose-to-tail reverence as meat. Featuring more than 60 recipes for dozens of fish species ranging from Cod Liver Pate on Toast, Fish Cassoulet and Roast Fish Bone Marrow to – essentially – the Perfect Fish and Chips, *The Whole Fish Cookbook* will soon have readers seeing that there is so much more to a fish than just the fillet, and that there are more than just a handful of fish in the sea.

140+ New Recipes, Clever Ideas and Speedy Solutions for Every Day

Doodle Cook

Prep and Cook Your Weeknight Dinners in Less Than 2 Hours

The Only Salad Compendium You'll Ever Need

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